



**POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS
SECTOR-11, CHANDIGARH 2020-2021**



Abha

SCALING NEW HEIGHTS

Stellar Achievements



- NAAC Accredited 'A' Grade with CGPA 3.52, in its second cycle, is the highest among all tricity colleges.
- Conferred with the Green Champion Award by the Mahatma Gandhi National Council of Rural Education, Dept. of Higher Education, Ministry of Education, GoI for its contribution to the Swachhta Action Plan.
- Prakriti, the Environment Society of the college was awarded as the Best Environment Society among all the city colleges under the National Green Corps Programme by the Chief Conservator, Forests.
- First institution in the city to have been selected under Unnat Bharat Abhiyan by the Ministry of Human Resource Development, Govt. of India.
- Our institution is now a recognized Social Entrepreneurship, Swachhta and Rural Engagement Cell (SES REC) Institution by Government of India.
- Ranked sixth amongst all government institutions of higher learning in the country by the Ministry of Human Resource Development in the Swachhta Rankings 2017.
- Ranked in band 100-150 in the National Institutional Ranking Framework (NIRF) 2019-2020.
- The college was certified as the first "Eat Right Campus" of Chandigarh. An inspection team appointed by the Food Safety and Standards Authority of India (FSSAI) found that all the college canteens were compliant with national standards of hygiene and conferred the title on PG-GCG-11- another first among all the tricity colleges.
- It is matter of pride for the institution that MoE, Government of India has selected PGGCG-11, Chandigarh to establish an Institution Innovation Council to promote innovations, start-ups and entrepreneurship

Stellar Achievements



amongst students. The Institution's Innovation Council aims at conducting various innovation and entrepreneurship-related activities. The MoE, Government of India granted **Four Star Rating** to the college based on performance parameters.

- Chosen by the Department of Industries, Chandigarh Administration to conduct **Entrepreneurship Development Programmes**.
- **First** college in the city to sign a **Memorandum of Understanding with ICMR Centre of Innovation and Bio Design (CIBioD)**, PGIMER, Chandigarh with an aim to promote innovation in medical sciences and instruments for recognising the importance of Research and Development. In the first stage, **ten students** successfully completed the **Short-term Attachment Programme** wherein they worked on topical scientific issues like healthcare synchronisation in the COVID era, Artificial Intelligence etc.
- **Winner of Overall Trophy** for **seven consecutive years** in the Panjab University Zonal Youth and Heritage Festival.
- A semi-circular **multimedia room**, equipped with the latest digital devices has been constructed to conduct seminars, conferences, meetings, interactions etc.
- A **Research Block** for Ph.D. students and faculty is near completion.
- The **Windrow Composting system** is fully operational, wherein all food waste from the college food service operations is collected and compost is generated.
- The college also boasts of a **state-of-the-art indoor gymnasium** for the benefit of our students.
- PGGCG 11 has 33 smart classrooms equipped with the latest audio-visual aids making, effective use of technology **and creating a unique learning experience**.

FROM THE PRINCIPAL'S DESK



Dear Girls

The whole world is facing mammoth challenges to cope with the current uncertain Covid times. The attack of the deadly corona virus is a colossus situation to deal with but one can still be in control, stay focused and look for novel techniques to keep up with learning and marching ahead. This horrific time has re-enforced the age old wisdom of unpredictability of life and the need to remain prepared to withstand disasters. The key lesson learned from the sudden outbreak of virus is the importance of planning. One should keep more than one plan to deal with critical situations, to prioritise and to implement it with utmost fortitude. The pandemic has also taught us the significance of development of analytical, clear, rational problem solving skills, along with flexibility, to pull through the crisis. One must develop resilience to cope with unforeseeable catastrophes. Emergencies and pandemic can create a lot of chaos and anxieties, hence it is important to study the situation closely and with due assiduity keep life in balance amidst such calamities.

It is relevant to point out that one must take cognisance of the fact that this isn't the first time that a pandemic has forced virtual classes upon unaware students. Many famous inventions, for e.g. Newton's Law of Gravity developed during the Great Plague of 1665 which kept the students out of college for more than a year. Natural crisis can spark our motivation for the acquisition of advanced creative observations and experimentations. The shifting realities of current times have made focus on research and classes arduous for many, but it has also made clear that this is the new normal and the sooner we adjust, the better it would be.

Big goals may appear unassailable currently but setting of realizable small goals would go a long way to help us stay focused on the right track. It is necessary to understand that these aren't normal times and nobody's life is normal right now. Everything is fluid, in a state of transition. Stress levels are at an all time high and mind is full of apprehension. Mental health should be a top priority during this emotionally taxing time. Stay informed but refrain from getting wrapped up in round the clock news coverage. Staying focused, productive and occupied can help us charter out of dismal times towards a more hopeful future.

Covid has drastically altered various facets of the human beings and the global society. A central characteristic of alteration is advanced digitization, expansion of online portal that facilitate learning and business. Much has been done to harness the potential of technology. Human enterprise has motivated everyone to swiftly adapt to the changed scenario. It wouldn't be wrong to predict that we are virtually at the apex of astounding developments in customised digitization. One must keep up the tempo to invent sophisticated digital models to build a robust IT infrastructure that will work towards the welfare of everyone. Change and innovation are the need of the hour. We are left with no other alternative than to adapt to the new normal, to be dynamic and to move with the flow.

Remain Strong! Remain Hopeful!

Prof. (Dr.) Anita Kaushal

EDITORIAL

The question of what defines an educated person is a complex one to answer, but the most important to be asked and contemplated upon. The word education has its origin in the Latin language word '*educatio*' that means 'to bring up, to rear', it implies the enhancement of one's inner innate abilities so as to become highly accomplished and experienced, to solve challenging social issues. The learning experience is an immersion of the learner in an ocean of notions, perceptions and provocations. College turns students into educated citizens. They are taught how to fit into the world, nurture creativity, develop problem solving skills, hone entrepreneurship, boost resilience, acquire knowledge so as to improve themselves and the world around them. An evolved educated person has a duty towards the society that nurtures and invests into his education by ensuring basic facilities and infrastructure. The passion to leave the world a better place than one lives in, needs to be a never ending pursuit. To enhance one's knowledge and potential in a way that results in prosperity of the society is the mark of an educated person.



The learning that college opens to students is about the infinite options available to recognize the enormity of the world and negotiate smoothly through the most formidable passages. It helps one to see more, reflect more, appreciate more and connect more. College is not about earning more, although there is no denying the fact that in today's competitive consumerist world it raises the earnings of all the degree holders. College is about broadening the vision to indulge in adventure, to gain deeper insights, to build character. It is more about expanding the mind than just securing a job.

For a civilised society the foundation of education has to be strong. An exhaustive training of mind and heart, designed to translate acquired theoretical knowledge into practical use, so that the actions match the aspirations, is the real purpose of education. Years spent in college provide beneficial avenues to widen our joint perceptions of how to tune our senses to the limitless wonders and talents that constitute the world around us. It stimulates the ability to minutely look at complex reality and put it to practical use for the betterment of the society. Education through teaching, research, and dialogue module is the most effective model to inculcate harmony, compassion, equality and peace in the world. The prime duty of an educated person is to play a more pro-active role in furthering the enduring ethical values, richer understanding, clearer perceptions in themselves as well as others.

Wishing you all the best for brilliant careers and successful lives!

Gurdamanjit
Associate Prof.
Dept. of English

USP of the College



- ♦ **Academics:** Our students virtually bag all the top positions in the exams conducted by Panjab University, Chandigarh. Guided by our dedicated staff, we secure 100 % results in the majority of the disciplines.
- ♦ **Co-curricular Activities:** Winners of the **Overall Trophy for seven consecutive years** in the P.U. Zonal Youth and Heritage Festival reflects the excellence in co-curricular activities of our students, maintaining a winning streak in everything ranging from literary competitions to performing arts.
- ♦ The college offers **Research Centres for Ph.D. in five disciplines.**
- ♦ The college has more than **ten departmental and inter-disciplinary** societies and clubs which ensure and generate a community centric spirit in the students. Each student is required to be a part of at least two societies.
- ♦ PGGCG-11 is the only college to have **eight NSS units** comprising of 800 volunteers.
- ♦ The college also has an active **NCC Army Wing** and **Air Wing** wherein students attend various State and National level camps.
- ♦ It is a matter of honour for the institution that **Capt. Preeti Chaudhary** of 140 Air Defence Regiment, who **led the Schilka Weapon System in the Republic Day parade** in Delhi on 26th January 2021, has been an NCC Air Wing Cadet of the college.
- ♦ **Mentorship Programme:** PGGCG -11 organises **regular tutorials** wherein each teacher is assigned 30 students for the entire academic session. They meet regularly and discuss a wide range of issues from academics to mental health and personality development.



Dignitaries who graced our Institution



EXCELLENCE IN PROGRESS

Prospect

Student Achievers (Academics)



POONAM KUMARI SHARMA
1st Position
M.Sc. Chemistry 3rd Sem
December 2020



SIMRANPREET KAUR
1st Position
MA(Music Inst) 3rd Sem
December 2020



PRACHITA DINESH
1st Position
M.A. II Public Admin.
May 2020



AFSAN KHAN
1st Position
M.A. II Sociology
May 2020



AASTHA MEHTA
1st Position
M.Sc. II Zoology
May 2020



TANYA JINDAL
1st Position
M.Sc. Botany II
May 2020



SIBA
1st Position
MA(Music Inst) 3rd Sem
December 2020



ANKITA VERMA
1st Position
MA(Music Inst) 1st Sem
December 2020



NOORSHA
1st Position
M.A. Music (I) II
May 2020



SONALIKA VERMA
1st Position
M.A. Music (V) II
May 2020



NAMITA
2nd Position
MA Music Vocal 3rd Sem
December 2020



GUNJAN
2nd Position
M. Sc. Zoology 3rd Sem
December 2020



CHANDNI DEVI
2nd Position
MA(Music Inst) 3rd Sem
December 2020



NISHA GAROTRA
2nd Position
MA(Music Inst) 3rd Sem
December 2020



YASHODA RANI
2nd Position
MA(Music Inst) 1st Sem
December 2020

Student Achievers (Academics)



SHARU GOYAL
2nd Position
B.A. III (Psychology Hons.)
May 2020



ANKITA JAIN
2nd Position
M.Sc. II Zoology
May 2020



PRIYANKA YADAV
3rd Position
B.A. III (Psychology Hons.)
May 2020



POOJA
3rd Position
MA(Music Inst) 1st Sem
December 2020



AARTI RANA
3rd Position
M. Sc. Botany 3rd Sem
December 2020



VARSHA JASROTIA
3rd Position
M.Sc. Botany II
May 2020



MANSI
3rd Position
MA(Music Inst) 3rd Sem
December 2020



ANANYA
3rd Position
M.Sc. Botany II
May 2020



POOJA RANI
3rd Position
M.Sc.II Zoology
May 2020



HITASHU SHARMA
3rd Position
M. Sc. Botany 3rd Sem
December 2020



PRABHDEEP KAUR
3rd Position
M. Sc. Botany 3rd Sem
December 2020



RADHIKA SHARMA
3rd Position
MA Music Vocal 3rd Sem
December 2020



KUNDALATA DEYOL
3rd Position
M. Sc. Botany 3rd Sem
December 2020



TRIPTI
4th Position
M.Sc. Botany II
May 2020



CHAMPA DEVI
4th Position
M.A. Music (I) II
May 2020

Student Achievers (Academics)



RAJNI DOGRA
4th Position
M.A. Music (V) II
May 2020



VARTIKA BISHT
4th Position
M.Com II
May 2020



SIMRAN BILL GILL
4th Position
M.A. Music (V) II
May 2020



GARGI CHAUHAN
4th Position
M. Sc. Zoology 1st Sem
December 2020



NAINA SHARMA
5th Position
MA Fine Arts 3rd Sem
December 2020



GAURI SEGAN BAKSHI
5th Position
M.A. (Fine Arts) II
May 2020



DEETI KAUSHIK
5th Position
MA Music Vocal 3rd Sem
December 2020



NISHU SHARMA
5th Position
M.A. Music (V) II
May 2020



NIMRAT KAUR
5th Position
M. Sc. Botany 3rd Sem
December 2020



RAMANPREET
5th Position
M.A. II Public Admin.
May 2020



CHETNA MALHOTRA
5th Position
M.Sc. II Zoology
May 2020



KAMALDEEP KAUR
5th Position
M. Sc. Botany 3rd Sem
December 2020



ARUSHI
5th Position
M. Sc. Chemistry 1st Sem
December 2020



MANHEER KAUR MALHOTRA
6th Position
M. Sc. Zoology 1st Sem
December 2020



LAIBA PARVEEN
6th Position
M. Sc. Zoology 1st Sem
December 2020

Student Achievers (Academics)



MAYA DEVI
6th Position
MA(Music Inst) 1st Sem
December 2020



ISHU
6th Position
M.Sc. Botany II
May 2020



KANIKA BANSAL
6th Position
M.Sc. (Chemistry) II
May 2020



AMANPREET KAUR
6th Position
M.A I Psychology
May 2020



SUSHEEL
6th Position
Bachelor of Commerce
December 2020



SWATI
6th Position
M. Sc. Zoology 3rd Sem
December 2020



KRITIKA JINDAL
6th Position
M.Sc. II Zoology
May 2020



GAGANPREET KAUR
6th Position
M. Sc. Botany 3rd Sem
December 2020



VANSHIKA
6th Position
M. Sc. Chemistry 1st Sem
December 2020



PRABHJOT KAUR
7th Position
M.Sc. (Chemistry) II
May 2020



MANPREET KAUR
7th Position
M.A. Music (V) II
May 2020



NISHA SINGH
7th Position
M.A. II Public Admin.
May 2020



HAOBAM ROSY
7th Position
M.A. II Sociology
May 2020



ASHMEET JOLLY
6th Position
M.A. Psychology II
May 2020



MONIKA
6th Position
M. Sc. Chemistry 1st Sem
December 2020

Student Achievers (Academics)



AENA MEHTA
7th Position
M.Sc. II Zoology
May 2020



RUPALI
7th Position
M. Sc. Botany 3rd Sem
December 2020



JHANVI SINGLA
7th Position
M. Sc. Chemistry 1st Sem
December 2020



DIKSHA
7th Position
B.Com. III
May 2020



JASPREET KAUR
8th Position
M.A I Psychology
May 2020



SUKHPREET KAUR
8th Position
M.A II Psychology
May 2020



GAURI VASHISHT
8th Position
M.A I Psychology
May 2020



RACHNA THAKUR
8th Position
M.Sc. Botany II
May 2020



SIMRAN
8th Position
M. Sc. Zoology 3rd Sem
December 2020



SULEKHA
8th Position
MA Fine Arts 3rd Sem
December 2020



SWEETY BISLA
8th Position
M. Sc. Botany 3rd Sem
December 2020



ARSHDEEP
8th Position
MA Public Admn 3rd Sem
December 2020



SURBHI KASHYAP
8th Position
M. Sc. Botany 3rd Sem
December 2020



SHRIYA SHARMA
8th Position
M.A. II Public Admin.
May 2020



HITESHI VAIDYA
9th Position
M. Sc. Zoology 3rd Sem
December 2020

Student Achievers (Academics)



ASHITA GUPTA
9th Position
M.A II Psychology
May 2020



AKSHITA KUMARI
9th Position
M. Sc. Botany 1st Sem
December 2020



AARZOO MUNJAL
9th Position
M.Com II
May 2020



SONALI KAINTH
9th Position
MA Fine Arts 3rd Sem
December 2020



RUKMANI BHARDWAJ
9th Position
MA Music Vocal 3rd Sem
December 2020



KASHISH BAINS
9th Position
M. Sc. Chemistry 1st Sem
December 2020



ISHA
9th Position
M.A. II Public Admin.
May 2020



POOJA SIKRI
10th Position
MA Economics 3rd Sem
December 2020



GURPREET KAUR
10th Position
M. Sc. Botany 3rd Sem
December 2020



RAJBIR KAUR
10th Position
M.A. (Fine Arts) II
May 2020



PRACHI GUPTA
10th Position
M. Sc. Zoology 3rd Sem
December 2020



ARSHITA JAIN
10th Position
MA Public Admn 3rd Sem
December 2020



DIVYA BHATT
10th Position
MA Music Vocal 1st Sem
December 2020



MONIKA
10th Position
B.Sc.III
May 2020



SHEFALI MIDHA
10th Position
M.A II Psychology
May 2020

Student Achievers



Meghna
M.Sc. Chemistry
Qualified GATE
2020



Abhivyakti
M.Sc. Chemistry
Qualified CSIR-NET
June-2020



Abhilasha Sabharwal
M.Sc. Chemistry
Qualified GATE 2021



Poonam Kumari Sharma
CSIR-SRTP 2020 from
CSIR-IICT Hyderabad



Jayanshi
M.Sc. Chemistry
CSIR-SRTP 2020 from
CSIR-NEIST Assam
DST Inspire Scholar



Sheetal Shalini Pebam
UGC-NET JUNE 2020
GATE 2021



Sukhandeep
M.Sc. Chemistry
Qualified CSIR NET
June-2020



Damini Sharma
M.Sc. Chemistry
NEIST Assam Hyderabad



Priyanka Arora
CSIR-UGC NET
JUNE 20



Pooja Saini
M.Sc. Zoology
Qualified UGC NET
Qualified GATE 2020



Parul
M.Sc. Zoology
Qualified CSIR JRF
November 2020



Mridul Sharma
M.Sc. Zoology
Qualified GATE 2021



Sapna Yadav
M.Sc. Zoology
Qualified GATE 2021



Tripti
CSIR-UGC NET
JUNE 20



Simran
CSIR-UGC NET
JUNE 2020



Damini
CSIR-UGC NET
JUNE 20



Sweety Bisla
Graduate Aptitude Test
in Engineering-Life
Sciences
(GATE-21)

Student Achievers



Tanu
B.A III
Third Place in Haryana
Powerlifting (Bench-
Press & Dead-Lift)



Perna Garg
B.Com. I
Has registered herself in India
Book of Records for mirror writ-
ing 17 Words in 30 Seconds



Anshu
B.Com. I
1st Position in Cartooning
at Parwaaz-Inter College
competition



Monalika Rani
B.Com. II
1st Prize in Eco-Rangoli Competi-
tion at "Akshay Urja Diwas"



Mehak Sood
M.Sc. Chemistry
CSIR-SRTP 2020 from CSIR-NEIST
Assam



Anshika Vohra
B.Sc. I (Non Medical)
1st prize in Inter-
College Extempore



Samiksha Tomar
B.Sc. I (Non Medical)
1st position in Inter-
College Collage making
competition



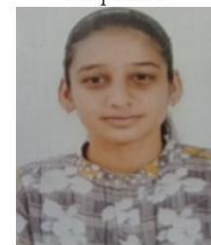
Anjali Sharma
B.Sc. I (Non Medical)
2nd position in Collage Making
Competition



Anshika Walia
B.Sc. I (Non Medical)
3rd prize in Inter-College Poster
Making Competition on topic
"Save Wildlife"



Vandana
B.Sc. I (Non Medical)
3rd prize in Presentation Making
Competition on Ozone Day.



Sakshi Sharma
B.Sc. I (Non Medical)
3rd position in Inter-
College Quiz Competition



Shruti
B.Sc. II (Medical)
1st prize in inter college essay
writing competition.



Diksha Jindal
B.Sc. II (Medical)
2nd prize in slogan writing
competition



Samiksha Malik
B.Sc. III (Non Medical)
1st position in inter-college
declamation contest on the
occasion of 74th Independence
day celebration



Sonam Rani
B.Sc. II (Non Medical)
First prize in oral presentation
competition

Student Achievers



Nidhi Singh
M.Sc. Chemistry
3rd Prize in Inter college Just a Minute Contest held on Akshay Urja Diwas 2020



Aman Pabla
B.Sc. III (Non Medical)
1st position in inter college short film making competition



Pranjal Thakur
B.Sc. III (Non Medical)
3rd position in inter-college photography event of parwaaz



Barbika
B.Sc. III (Non Medical)
2nd prize in inter-college poster making under "Wildlife Conservation Week 2020"



Koshika
B.Sc. III (Non Medical)
1st prize in inter-college wildlife photography competition



Sakshi
B.Sc. III (Non Medical)
2nd position in inter-college PPT making competition



Devanshi
B.Sc. III (Non Medical)
1st position in state level online physics quiz competition



Isha Gaur
B.Sc. III (Non Medical)
3rd position in inter-college handwriting competition conducted by 'The literacy and Debating society'



Naina
B.Sc. III (Non Medical)
2nd position in Inter-college quiz competition



Nikhita
B.Sc. III (Medical)
3rd position along with cash prize of Rs 1000 in National level essay writing competition



Mamta Pathak
M.A II
First Prize in Folk Dance at Inter College Teej Competition



Anmol Arora
B.A III
Second Prize in Classical Dance



Sanjana
Class : Bsc II (NM)
3rd position in inter college Video Making Competition on World environment day



Sakshi Sharma
B.sc Non medical 1
3rd in Inter college quiz competition



Samiksha Malik
BSc III (Non medical)
1st position in inter-college declamation contest on the occasion of 74th the Independence day celebration

Student Achievers



ISHMITA MARYA
BCA II
1st Position in Hamara
Tiranga online art
competition



YASHVI NAMDEV
BCA II
1st Position on
Poster making
competition



SOMSSI PATHANIA
BCA II
2nd Position in
Techzeal- Extempore



DIVYA
BCA I
1st Position in Meme
Competition



SAPNA THAYAT
BCA II
3rd Prize in Mehendi
competition



Harshita Panwar
BSc 2 C.S
2nd position in
online essay writing
competition



Deepasha
B.Sc.-3(NM)
2nd prize in poster
making



Shruti
Bsc Non Med-2
3rd prize In inter
college competition



Anshika Vohra
B.Sc. Non Medical
First position in inter
college Extempore
Competition



Ayushi
Bsc-2 (NM)
3rd prize in inter-
college video making
contest



Isha Gaur
3rd position in handwriting
competition held by "The Lit-
erary and Debating Society"



Nitisha
BSc-3 (Non medical)
3rd position in inter-
college video making



Tanvi Verma
BSc II (NM)
3rd Position in inter
college Video Making
Competition on Word
Environment Day



Apoorva Pant
B.Sc. C.S 2nd year
2nd position in short film
making competition on
AKSHAY URJA



Anjali
BSc 2 Non med
3rd prize in category 2 of
National Graphic Design
and Caption Writing
Contest 2021



Mandeep kaur
B.Sc II (N.M.)
3rd position in video
making competition on
world Environment Day



Barbika
B.Sc-3
2nd prize in poster
making under Oct.
2020



Student Achievers (Sports)



Ashima Sharma
B.A. I

Gold Medal in Nationals of Inline Hockey held at Skating Ring, Sector 10, Chandigarh from April 1-April 10 2021
Silver medal in State Championship Inline hockey held at Skating Ring, Sector-10 Chandigarh from Feb 26-Feb 28 2021.



Jyoti Maurya
B.A. III

Senior State 01 Silver Medal Chandigarh State Sub Junior, Cadet, Junior & Senior Championship 2020-21 organized by Amateur Judo Association of Chandigarh from 26-28 Feb 2021 held at Multipurpose hall, Sports complex, Sector 34, Chandigarh.



Ritu Bissyan
B.A. III

Junior State 01 Gold Medal Chandigarh State Sub Junior, Cadet, Junior & Senior Championship 2020-21 organized by Amateur Judo Association of Chandigarh from 26-28 Feb 2021 held at Multipurpose hall, Sports complex, Sector 34, Chandigarh.



Shivani
B.A. II

Junior & Senior State 02 Bronze Medals Chandigarh State Sub Junior, Cadet, Junior & Senior Championship 2020-21 organized by Amateur Judo Association of Chandigarh from 26-28 Feb 2021 held at Multipurpose hall, Sports complex, Sector 34, Chandigarh



Nidhi
B.A. III

Bronze Medal Senior at State Netball championship held at Khalsa college sector-26 Chandigarh (17-19 Jan 2021)



Rupali Dhanta
B.A. III

Bronze Medal Senior at State Netball championship held at Khalsa college sector-26 Chandigarh (17-19 Jan 2021)

NSS Achiever

Latika, NSS Volunteer of Third Year selected for Republic Day Parade on 26th January, 2021.



ENGLISH SECTION

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- Ms Kamaldeep Kaur

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-- Khushman Toor

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Alien(ation) Interfaces - Trishala vardhan

Off Happiness 2020 - Kiran Joshi

Close your Eyes - Shreeya Rampal

The Forever that Matters - Shreeya Rampal

Lockdown Tales - Hardika Narang

Depression - Rashim Gill

Positive Lockdown - Deepti Yadav
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Twinkle in my Mother's Eyes - Divya

Blue Butterfly - Shweta Chhachi

Brown Skin and Bright Eyes - Aanchal

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Letter to my Future Daughter - Shreeya Rampal

Power of Meditation - Anshu

Relation with Self - Bhavnika Teji

Travel Within - Suhani

Open Letter - Hardika Narang

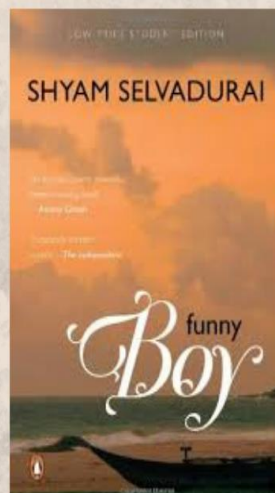
THE ALARMING ATMOSPHERE

- Hardika Narang

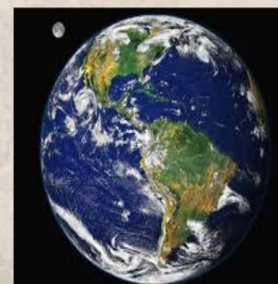


SPOTLIGHT

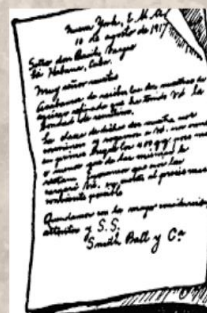
THE FUTURE OF THE TRAVEL INDUSTRY



BOOK REVIEWS



ALARMING ATMOSPHERE



OPEN LETTERS

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SPOTLIGHT

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TRAVELING DOWN THE MEMORY LANE

Journey in College - Aditi

What's left in a Rejuvenating Smile? - Riya

INVENTIONS AND MORE

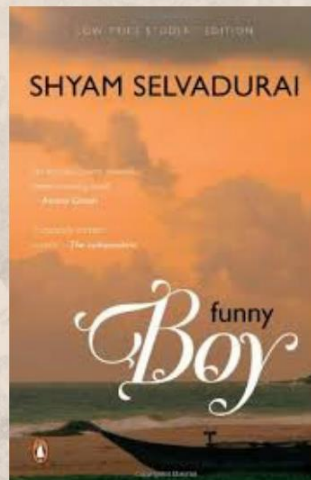
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Learning a new language - Suhani

REVIEW OF TELEVISION SHOW -

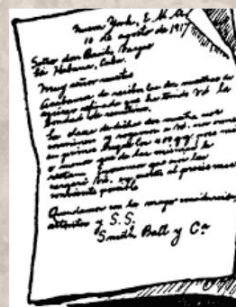
Trishala Vardhan



BOOK REVIEWS



ALARMING ATMOSPHERE



OPEN LETTERS

STAFF EDITORIAL



From the Editor's Desk

Greetings to one and all and congratulations to Team *Abha* for yet another edition of the annual magazine of PGGCG Sector 11, Chandigarh. This year, understandably, the pandemic pervades in all the entries submitted for the magazine- whether prose or poetry. And why not? The coronavirus epidemic has realigned our priorities, has brought about unprecedented change in education, medicine, entertainment and every possible sphere of life. While it brought about abject misery to some people, many others saw in it an opportunity to help humanity. It threw up unlikely heroes/ sheroes from the film industry and civil society. There were heartwarming stories about NGOs and common people running charity kitchens and providing food to the starving migrants on their long walk home. In the middle of a crisis, when the state failed its poorest of the poor, there were people who rose to the occasion to ensure that they do not suffer. But perhaps our doctors and allied staff deserve the greatest applause as they battled personal crisis and professional ones to care for and save the lives of millions. It is to them, as a nation, that we owe an unrepayable debt.

Crises like these are a reminder to the human race that there is a power greater than us, that we can never take anything for granted. Nature, ever so bountiful and abundant can snatch everything as easily as it gives and turn the world upside down within the blink of an eye. And we, like Ozymandias, can be reduced to fragments on the shore of eternal time.

Ms Kamaldeep Kaur
(Staff Editor – English Section)
Department of English
PGGCG Sector 11, Chd.

STUDENT EDITORIAL



I extend my warm greetings to one and all. Life, as we know now, was an enigma to us a few months ago. In the blink of an eye, we were catapulted from one world to another, to a world in which the mighty knelt in front of a microscopic entity- the coronavirus. Everything slammed shut, the globe came to a halt and so, of course, did all the educational institutions. All of us have been moved, affected and have lost our wits, at some point or the other in this journey. However, I would like to believe that each one of us has brought to our conscious so many things we were unaware of like nature's bounty, little blessings, smiles without masks, fear of not being able to find the essential products and food items and have realised that there are some people who live in such devastating conditions everyday. This, I say with confidence because while going through the writings that came in for Abha, I could see glimpses of a never-seen-before wisdom and thankfulness in my fellow mates.

As the curtain falls over another year, I would like to encourage everyone to multiply their gratitude by leaps and bounds, to lend a helping hand to anyone who is unable to unite their fingers into a fist and fight the atrocities inflicted upon them. I encourage my fellow empowered women to never let any girl's cries become whispers and descend into an empty cavern. I encourage my fellow youth to rededicate themselves to maintaining harmony, peace and brotherhood in the country. Let us introspect about how we have fared so far, and in which direction we are moving. What has brought us thus far will take us further ahead. But we will have to learn to adjust our sails, quickly and deftly to the winds of change. Lastly, let us always remember to bloom each day and not just simply leaf through the book of life.

Khushman Toor
(Student Editor - English Section)

You, detached, solitary, dry like a winter tree.

You, lively, fresh, frolicsome like a marmot.

RHYTHM OF RHYMES

In the Latticework of Light

"Live lightly, child," they tell me.

But if there is a life in which I do not leave fault-lines
In the ground where my feet used to be--I do not know
it.

If there is a life in which I am not anchored in place by
my history--by the people I have loved and lost and
found again--I have not lived it.

I wish I knew how to feed myself light, how to breathe
Luminous and gleaming--how to illuminate the empty
Space between my bones, but all I know is heaviness:
the furrows my fingers leave as I wrench away from the
weight of this life-- as the weight of this life is wrenched
away from me. "Lightly, child, Lightly," they say
again--but I am so heavily, heavily human.

I cannot simply pass from one moment to another-- I do
not even know this much--am I passing through time,
or is time passing through me?

Does what I love become the center of my universe, or
Does the universe itself realign?

Even if I did know--would it make a difference? Would
it help this heavy humanness?

"Lightly, child"--but there is no light.

Trishala Vardhan

MA II English

Alien(ation) Interfaces

all too often, I become consumed with the reality of

just how **lonely humans are**, as a species.

we see faces everywhere, in places they never once
existed—settling instead like dust on the foothills of our
minds.

we have stories of beings living in the things, (amongst
the things) of our world, tucked away just a little out of

reach-out of companionship, that go back long before
legends were even born-or breathed.

we've been sending our lanterns and our dances, our
songs and our secrets seeking safe harbor, up to
the sky for millennia— and when we discovered
that there lay somethingbeyond our sky- we sent
parts of our soul up there too.

we even sent our bodies.

We tell each other of 'seelies' and 'sirens' and 'selkies' and worlds
webbed under

the skin of our own. We name our robots as if to filament life into their wires,
we Search for personality in code.

we've been taming dogs to fulfil friendship for
centuries, and now we dream about aliens—vast and
all-encompassing existences.

we see life everywhere, but why isn't our own enough?

what is it, exactly, that we're trying to replace?

what void is it, exactly, that we're trying to refill?

What left us alone in the first place.

Trishala Vardhan

MA II English

Off Happiness 2020

Frozen eyes, dejected hearts
Ceased walks, startled arches
Once liberated, restrained again
No bully master ,still refrained.

Neither H-bomb nor a weapon,
Alas! Still hard to profess
What obstinate acts, stripped
2020 off happiness?

One step out, it grapples your breath
Two steps out,
your darlings are trapped
Few more steps and
your area is nabbed.
Corona rules outside,
Traps you behind doors
Dull roofs, stodgy floors.
Alas! Yet hard to guess. ...
What hidden obscure mess...
Stripped 2020 off happiness?
Casting penumbra like witch's trees
Assembly made curse, isolation a blessing.
The aches here,
Refuse to pause
Misery, torment smeared claws.
Amphan painted Elegiac Black Sky
Locusts gave the funeral cry.
Half-year elapsed,
Half yet to pass
Absurd appear days, life mere farce.
Alas! Still hard to profess...
What obstinate acts stripped
2020 off happiness ?

Close Your Eyes

Close your eyes and picture the blue skies

Close your eyes and listen to the sound of the gushing water against huge rocks

Green leaves, as lush as could be, against the hue of the blue sky

Butterflies, with specks of gold on their wings, resembling the specks of gold in our eyes

With a glint of black in them,

As black as the sand beneath our feet, leaving a print not only on the soft soil but our souls as well

Close your eyes and feel the flow of the water between your toes

Close your eyes and listen to the flow of the water against the stones,

Picture a grasshopper, the colour of stone.

Close your eyes and cleanse your soul as you feel your feet sink in.

Close your eyes and feel the raindrops on your skin

Close your eyes and leave your world forever therein.

Shreeya Rampal

BA III

The Forever That Matters

As we relished the chilly water slipping through our toes,

on the burning sand,

Our shadows smiled

the rug of sand swept from under our feet,

Much like the view in front of us made us feel,
Dazed. -
Dusting off dirt from the flower petals,
we heard the ocean bubbling with laughter
Waiting for us to play with it
Maybe to sweep us off our feet, quite literally
And we gave into it's woos
Dancing in its ripples
Our worries and thoughts flowing away with the waves,
We left our footprints etched in the sand ,
For fleeting seconds
Until the ocean washed them away
But the memories etched in our heart,
the ocean gleaming in our eyes,
Forever.
The only forever that ever mattered.

Shreeya Rampal
BA III

Lockdown Tales

"No time" was the constant excuse
"Now is the time" nature replied to amuse me.

While the world replenishes,
Let us sit back,
Gather all the calm that we say we lack,
And think over nature's messages.

Art supplies or cooking manuals or personal diaries or old album redecoration or that unfinished book,

Now is the time to rediscover,
Now is the time for our due makeover,
Connect with old forgotten mates and our grudges, let's overlook.

Reflect upon yourself,
Take care of your mental health and find bliss,
Try to spend time with people close by and forget about all the old social life you miss,
Get those negative feelings off the shelf.

Virtual parties are the new trend,
Masks, sanitizers, hand gloves are your new accessories,
Take into account the home remedies,
And together pray and work for this pandemic's end.

Laugh while you can,
And celebrate with all you have.

Hardika Narang
BA I

Depression

There is another me inside me,
Who is cruel , unjust and a beast ,
Who is always convincing me
to destroy myself and to search
For ways to die,
It always argue with me
to prove me worthless
and convince me to never begin
my story from a new address,

The other me is a monster ,
who is eating me from within,
Finishing me from the inside

to weaken me and win ,
The other me never gets tired,
It's awake the whole day and
The whole night,
I am tired of fighting with it,
I try to make it quiet
But it again persuades me to quit,
I am sinking in my guilt,
where no one can reach and save me,
I am already drowned half in it
and shortly I'll be completely gone,
I breathe to live the death
and suffocate to die at once,
the other me inside me
everyday learns new ways to reach my end.

Rashim Gill

BA I

Positive Lockdown

On the globe of fakeness,
On the globe of darkness,
We are living in a world,
Where most of the people are heartless.
I always say I am close to my parents;
Lockdown made me even closer to them.
The love I got was sweeter than any gem.
I got to know about many new things.
Everyday learning something new,
gave me new skills.
Mutual understanding started existing in my house.
I got to know that my father is a very good chef indeed.
Authentic and genuine happiness comes from parents and siblings,
Who always support us and give the opportunities to fly with our
invisible wings.
Being alone gives us the opportunity to focus on ourselves better,
We get enough time to identify our hidden strength,
Instead of making our talent go waste.
We covered the earth with plastic and made it filthy,
Now, it's earth's turn to take revenge from us.
But at the same time,
I hope for peace and for the ending of this pandemic.
And death of all the crimes.
May God give us the strength in every adverse situation,
To stay happy with our family
and spread peace in our nation.
To celebrate with our family,
Even the smallest of occasions.
We all are sure that life after lockdown will be different than before,
After suffering from one of the biggest storms,
We will be more disciplined and responsible for sure, for sure.

Deepti Yadav
BAI

Facing Fadeness

I've been sitting here, under the sky
wondering about all the luxuries of my life.

Getting all the essentials at the count of nine,
Oh wait, are all our countrymen fine?
Aren't they starving and dying ?

Comparing two different sights:
One waiting for his flight, another sleeping light.
Our politicians showing off their might
And here we are burning candles to fight.
Some roaming hopelessly for their destination
And some longing for vacations.
Isn't this a kind of discrimination?
Or is it just my imagination?

Ankita Marya
BA III

Twinkle in my Mother's Eyes

When I was born,
My mother seemed to be born again.
My family described to me the smile on her face
and the twinkle in her eyes.
When I was eight,
My mother was my mate.
We used to share a very good bond
I could feel the happiness in her smile
and see the twinkle in her eyes.

When I was growing up,
She was also reliving her moments
With every achievement of mine
Came the proof of happiness as a smile on her face
and the twinkle in her eyes.

When I was an adult
She was in her thirties
It was the day of my graduation
And I stood first
My family was elated
But there was a unique
Twinkle in my mother's eyes.

Divya
BCom I

Blue Butterfly

Thee was quite quaint blue butterfly,
I badly did want to hold.
While 'mongst the crimson maple leaves,
mine heart lies breathless and cold
Stranded, and so, so cold.

Did want to touch
As softly as could
But afraid might thee loose thy glitters
and be left, highline in woods
with wings toned hazelwood.

I clapp'd mine eyes on thee and waited
and waited till she trusted me whole.
So in our red faith thread, lies nay knot
without any coax, cajole
soldering our souls.

After a while,
Thee cameth beside mine eye
Haply'd noticed mine teardrop falling
tooketh a wee deoch an' doris to gratify
Guzzl'd all mine sufferings, while winds did sing lullaby.

Thee tooketh french leave, anon did fade
Leaving mine head 'mongst the clouds.
Hurricane in me 'd calm down.
I'm on the loose, out of the bounds
Far, far away from sick herds and crowds.

Shweta Chhachhi

BSc III (Non med)

Pantoum Poetry

Brown Skin And Bright Eyes

Brown skin and bright eyes
Sparkling with all might
Making her future right
Creating own world of light

Sparkling with all might
Making herself alright
Creating own world of light
Focusing on her dreams all night

Making herself alright
Taking all her pain away
Focusing on her dreams all night
Carrying herself right

Taking all her pain away
Making her future right
Carrying herself right
Brown skin and bright eyes.

Aanchal
BA II

Dear You

You, calm, serene, palliate like mid October.
You, lonesome, gloomy, untrue like a reverie.
You, hide all malaise, beneath those mellow smiles.
You, turn all "how are you's" down with factitious replies.
You, sing songs which are upbeat, you roam and you laugh.
You, let people stay and go, let fallacies remain fallacious.
You, admit the wrongs, accept the failures, the fait accompli.
You, listen to everyone's sorrows, rants, accusations.
You, select good people, good vibes, good conversations.
You, make life better.
You, make sunsets prettier.
You, breathe, smile and let it be.
You swim, swim and swim in the seamless sea.

Ayushi
BA I

Teenage

Follow the path of age and time, it will address,
Blissful ignorance, sentiments youth once possessed.
Follow leaders of power for we can't discern,
Greed, arrogance, authority often does churn.
Follow large masses, amongst the crowded we'll stand,
Misguided, off-course, stripping away our own stance.
Follow the logic of wisdom and then we'll see;
That not everything is what it appears to be.
Follow the unfortunate and terminal lives,
Ask what they desire? Nothing, just to survive.
Follow your heart when you're lost and a flounder;
Know you have choices, support from those around you.
Face these reflections, mirrors can only foresee;
The one looking back is who you are meant to be.

Anshu

BCom I

LIFE LESSONS

Letter to my future daughter

Delhi,

India.

Dear Khyati,

How are you? I'm writing this letter to the future you, as you play fetch with Muffy, your little fluffy companion. The setting sun has put me in a retrospective mood, making me write this letter. I want you to be aware of the demons and the angels that exist in our world. I don't want the innocence you possess to be shattered or for you to feel lost when you enter the real world. You will meet all kinds of people-sometimes bad more than good, other times, good more than bad. In any case, you must not lose hope. Society will hurl numerous stereotypes at you, sexist remarks, perhaps even use racial slurs, try to go against everything you stand for, but you should not lose hope. Always, always-stand your ground- like you do even now, for whatever you believe in. Refuse to believe anyone who tells you that any role is gender specific because it is not. However, don't have opinions so strong that you refuse to believe you can learn something new and change your perspective. It's okay to not have enough knowledge or for your opinion to be wrong. At every step in your life, you will learn something new. It's never too late to learn at any stage of life, about anything. There are so many things in the world which are waiting to be discovered. Knowledge is infinite, and something nobody can take away from you, so keep learning and growing every chance you get. There are so many things I want to tell you but you'll learn them with experience. I want to emphasize that you should go after your dream, no matter how hard it is, or how impossible it seems or how unorthodox it is in the eyes of the society.

People will tell you that because you're a girl there are some things you can or cannot do. Never give them that power. You take that power in your hands but, in the right way. It shouldn't harm you either. When society tells you to get married or have children at a specific age, ignore them. It's completely fine if you don't want to do either of those things. They're just systems established by society, perhaps to find a purpose or for a sense of security. Do what makes you happy. Never ever sacrifice or compromise on your happiness for someone else. If you're happy alone, stay alone. You alone are responsible for your happiness. Don't depend on others for it. Your life is in your hands. You steer its wheel. You let God, life and experience guide you.

Traditions and cultures, though important, do not define your life or who you are. Do not sit still and listen if someone insults you, rather strike back. Do not tolerate injustice at any cost; many will tell you "ladkiyon ko bardasht karna padta hai"- why? Aren't they human? Where is it written? It's all hogwash. People who have no significance in your life just flur it in the air. I do hope that the situation that I see today is much better than what you see when you read this letter. I, for one, will always support what you stand for, let you learn your lessons on your own and guide you the best I can. I, at times wish, someone had said all this to me. This is the best I could do to sum up all that I had to tell you. Do remember, life isn't all work and no play. One thing I'll teach you for sure is how to have fun. I know you'll always be the confident, empathetic, loving, strong person that you are today. Even if you falter, I'll love you all the same. Always here for you.

Yours,

Shreeya. (also known as mom) (not that cool)

Shreeya Rampal

BA III

Power of Meditation

Stay calm in difficult times: start meditating

When we look around, everything seems to be spinning out of control. The 24-hour news cycle keeps us entangled in the ongoing turmoil. Our hearts break while looking at the world's suffering. We cannot put an end to life's challenges. We have no control over the ways of the world universe. We cannot say for certain that we will not lose our job, home, savings or a loved one. Problems and setbacks often take a toll on us.

Medical research has indicated a link between certain illnesses and our state of mind and emotional condition. When we undergo mental stress, emotional pain or depression, our physical resistance to disease drops. We become more susceptible to catching a disease because our ability to keep our immune system strong decreases.

What can we do to face these challenges with a sense of fearlessness so that we are not incapacitated by fear and despair? We yearn for a place where we can retreat from the problems of the world and find peace and solace.

There is a place of safety, a refuge from the sorrows of life. It is within us, and we find it when we sit in silence, while meditating . When we meditate on the inner light and sound of God, we come in contact with God's love within us, which fills us with peace, joy, bliss and happiness. This experience takes our attention away from the stress and pain of the outer world. As we spend time in meditation, we create a calm haven in which we restore equilibrium and peace to our mental functioning.

We gain control of our reactions and maintain an even keel in the face of conflict, in the midst of turmoil and strife. It also gives us a private retreat of bliss and peace within which we can retreat to anytime we wish. This refuge helps take our attention away from the suffering outside and gives us another mechanism by which we can reduce stress in our lives.

Another benefit of meditation is the change in our perspective. As we experience God's love, we find there is more to our existence than what goes on in the physical world. We become more detached from events and problems that might have bothered us in the past and see the larger picture of life, and over time, develop mental equilibrium to function more effectively and peacefully.

God is always with us – helping, guiding, and protecting us at every moment of our existence. The most effective way to pass unaffected through the inevitable vicissitudes of life is by focusing our attention on God.

Through the process of meditation, when we invert our attention within, we are able to tap into the perennial source of permanent peace, bliss, and joy that is God. Once we directly experience divine love in meditation, we are convinced of divinity in our lives. It is this personal experience that strengthens our faith, and helps us face the ups and downs of life

Spending regular time in meditation is an effective means to help reduce stress and increase a sense of calm, equilibrium and peace in our lives. In meditation, we focus on our soul, the source of strength, peace and upliftment within that carries us through the passing storms of life.

Anshu

BCom I

Relation with Self

In this race of life, we often underrate the most important relation of our life and that is with our own selves. If I ask you to think of any one person you love the most, whom would that be? Maybe I guessed it wrong but, most of you might have thought of someone from your family or any friend of yours. How many of you had your own name as the answer? If I am not wrong, hardly anyone would be there. Do you know the reason? It's the feeling of not being good enough. How many among us truly believe that "we are enough"? Right from our birth we are taught that we aren't good enough. From our parents to our teachers, from relatives to friend circle, this society has always nourished us with hundreds of values but doesn't teach us the importance of self-love, self worth and the feeling of being good enough. Advertisements, movies, songs, social media or the quotes we come across one day or the other condition us to need things or people to complete us. Education is of no use if we don't believe in ourselves or have no confidence to put forward our opinions. We need to understand that we are complete. We are what we have been looking for. The happiness we desire is within us. We seek happiness from the outer world, but often forget that this is temporary and won't last forever. If we really wish to be happy, we should try to be so from within. Why crave for love and still not give it to your own self? . Before loving someone else, we should start loving our own self. Fill your jar before filling others' because no one can ever love you the way you can love yourself. To love yourself, you need to accept yourself. We all have flaws, we should accept them and don't let them define us. If we can accept others with flaws and heal them, then this is our own life. Imagine how beautiful we can make it. To accept yourself, you need to know yourself. When you'll know yourself, you'll be mindful of your thoughts and understand what you actually deserve and will not settle for anything less. You are the driver of your car and you decide where you have to take it – bad path or a good path. Put your life in your own hands and set boundaries around you.

Bhavnika Teji

BA II

Travel Within

We all love to go out and explore .We like to take a break from the routine and discover the unknown. Yet ,the most special journey is the one you take to discover your own self. It starts with you and ends at you. That's how it should be .That's how life is meant to be. You are the centre of your own universe. We often find ourselves lost, don't we? We ask others for directions when on the road. Who do you go to when you feel lost in life? Yes! Right back within. All your questions mostly have the answers hidden, waiting to be unlocked. One can never be disappointed at what you find when you take a look inside rather than looking for help outside. It gets you closer to your own self , to your reality. It is easy to get distracted by all that's happening outside and all that you need to be aware of . But before you focus your energy elsewhere, it makes perfect sense to go on a stroll within. The outside world can wait. It will surely make better sense once you have a sense of self. Again ,it's about 'going beyond'. We don't forget to charge, recharge and reset our phones. Consider doing that to yourself once and see how well you can start manifesting your dreams.

Suhani

BA III

Open letter on mental health, life lessons and self enhancement

Dear stranger,

If you, at times, feel under confident, jealous or disheartened then trust me you're absolutely okay and are not at all alone in this.

What actually matters is that these thoughts don't trouble you for long. It seems easier to say and harder to achieve but at least try to start.

These unusual circumstances have left such deep and major impacts on our lives that it would take time for us to get over them but soon, together, we will.

For one thing that's certain, is everything just goes on. So why do we need to stick and whine over our thoughts?

Let's try by aiming not for too much and gradually move forward. It won't be easy to fall down 7 times and get up the 8th time but it would always be worth it.

Have faith in yourself and in the universe for it reciprocates what you feel and deeply wish for. Even if put to test, your reasons to smile will surely outweigh your reasons to be upset by great margins.

It does feel hard at times to be a grown up and deal with the irritation, anger, frustration, anxiety and trying to cope up with everything calmly but , remember these are our emotions and we can strike a peaceful balance with them.

Maybe catching up with some old friends or rewatching that favourite movie could help?

Or maybe a walk with some good music could?

It could be anything, for something will surely soothe you.

Sending you all the positivity dear stranger!

Hardika Narang

BA II

ALARMING ATMOSPHERE

With 2020 taking the whole world on a wild ride, we are forced to sit back and rethink our deeds.

From the wildfires, tsunamis, explosions and gas leaks to the major pandemic, we have a lot to pay heed to.

Was this world already a chaos or is it we who made it chaotic? It's high time now that we give thought to it.

Time always passes, good or bad, and thus, this pandemic too shall pass and we humans being so flexible and reckless shall forget the disasters.

Just as history remembers the war but forgets the blood, we humans ,as is our nature ,shall remember corona but forget the cause.

It wouldn't be wrong to say that if we don't realise the value of choices we make, we soon will be getting caught in more severe and disastrous circumstances.

My appeal to every citizen is to realise the importance of responsible consumption i.e., to use only those resources that are required and to keep a check on their quantity as well. We cannot afford overuse now.

Due to the overuse of resources carried out by the rich, affluent and powerful countries, the entire world has to bear the brunt. Nature doesn't discriminate; it punishes all for the crimes against it.

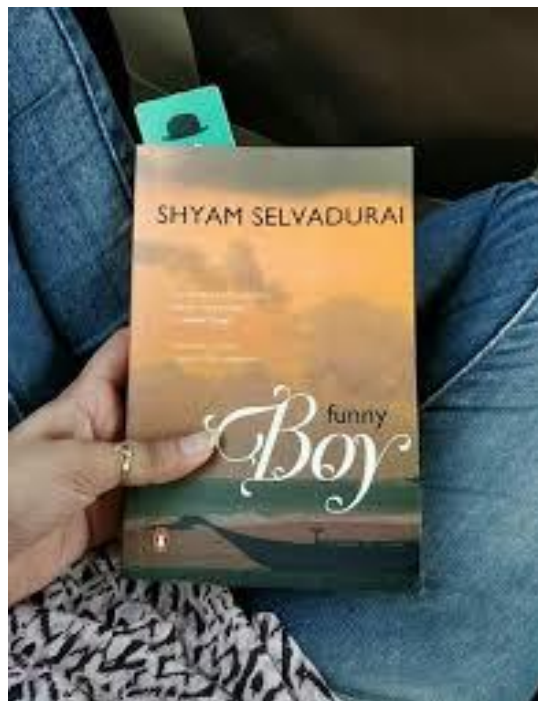
If we still do not switch our ways then the bigger lions like climate change, antibiotic-resistance, desertification, ecological imbalance and such endless other hazards are waiting at our doors.

We need to move towards a fresh world order and it is always better to do it while you have a choice lest someone should force you. If we still adamantly stick to our current ways, ignoring the warnings, then my friend the apocalypse isn't too far!

Hardika Narang

BA II

BOOK REVIEW



Name of the book - Funny Boy

Author - Shyam Selvadurai

My journey of reading classics is not very advanced. However, the ones I chose were brilliant.

'Funny Boy' was the first classic I ever read. I must say, it has left an indelible imprint on me.

Sometimes I wonder why I have an attachment with this novel. My subconscious mind has several answers for it, for instance, may be because it was my first classic or may be because it wears a silhouette of timelessness.

'Funny Boy' is an award winning male gay-fiction by the renowned Sri Lankan author, Shyam Selvadurai. It comprises of six poignant chapters dealing with biases, homosexuality orthodoxies and Tamil-Sinhala riots. The best thing about the novel is that ,even though every chapter has an open end , the entire novel seems complete in itself.

It brings out honest and sincere voices from the have-nots of the society. The ubiquitous theme of the novel is the inculcation of the disparity between the dominant castes (Sinhala) and the submissive caste (Tamils). These caste differences lead to a woebegone incident near the end of the novel, when the protagonist ,Arjie's grandparents, became the victim of this disparity.

This book is not only a piece of fiction rather, is a way to educate people about discrimination on the basis of one's sexuality and how a young boy discovers his homosexuality. It has a heart-warming story whose intensity can make you cry, the whimsical comments can make you chuckle and most importantly, it drives you to- think.

If anyone wants to begin reading classics, you must begin with 'Funny Boy' because Selvadurai uses intriguing and understandable vocabulary.

Nandita
BA III

TECHNOLOGY AND US

Are we too dependent on computers?

Computers- there is hardly any person in this era unfamiliar with this word. Be it a student, youngster, old man or woman, any professional in the fields of medicine, teaching, science, philosophy, etc , computers have raided the lives of everyone. With access to the Internet, the screen time of millennials has hit five hours a day. It is said, "To err is to humans, but to really foul things up you need a computer." (Paul R. Ehrlich) The share of households with a personal computer in developed countries exceeds 80%. Nevertheless, computers are doing more harm than good.

There are many reasons behind the over dependence on computers and the first cause is hectic life routines. The hectic routines have led to tasks being limited to be completed

within a time constraint that leaves no time to explore and sift through the abundant printed material. Second, with the availability of information one click away, the brain has become more inclined towards the easy task that is, direct searching material via google. Third reason is, we are living in a tech savvy world where more and more things are becoming computer oriented such as shopping, education, medicine, etc. Hence, the dependency is not considered as an issue but , in my opinion, it is in many ways.

First, in the life of a student, computers have become a panacea. They seek all their answers from google and other search engines. Earlier there were no computers and students had to go to the library for their assignments and notes. In addition, nowadays, computers have given them easy access to the relevant study material within minutes. This is seriously affecting the brain and its retention capacity. Pen and paper seem outdated to the students of the technological era. With the advent of search engines, the retention capacity has decreased, and the barrage of distractions has made it difficult to focus on the goals. Hence, this panacea is turning into a slow poison.

Not only the students but also the elders and children are more active on social media while not in social life. The virtual meetings have overshadowed the bliss of live meetings. Especially, in times of the ongoing pandemic, people are taking it as a savior, but it is not so. More is the exposure to social media , more are parents losing their connectivity to their wards. Vast exposure to the world where only first rankers are celebrated, the inferiority complex is breeding too much that sometimes results in suicides and other mental health issues. Therefore, there should be a sagacious use of social media and more one to one meetings should be there.

Finally, when it comes to different professions, every profession is bowing to the computerized and mechanical approach whether they are teachers, doctors, journalists, scientists, etc. The teachers use various apps for correcting the papers they conduct but they forget that the computer does not have an intelligence quotient to understand various and creative writing styles. This way they are making the students mechanical learners. That is why Bill Gate pointed out, "Technology is just a tool. In terms of getting the kids working together and motivating them, the teacher is the most important." Medical professionals are venturing more and more into telemedicine; however, it is undeniably well known that there are issues that cannot be shared online. Therefore, there is a requirement of live meetings too that are averted by professionals because it is easier for them to conduct meetings on their personal computers. The wakeup call of over dependence must be heeded by all the sections of society and professionals.

The ill effects of this overdependence on computers is not only affecting the social functioning as a whole but is also affecting the personal health and relationships of people. Extensive screen time and sitting hours are leading to eye, bone, heart, and sleep disorders. In view of one's own health, one should not forget that life is not just limited to the screens but there is life beyond it which requires physical movement.

In conclusion, technology came into existence to ease the life of humans but it has turned humans into slaves, as they are getting too dependent on it for even the smallest tasks and meetings that are ultimately destroying their retention capacity, harmony in relationships, and health at a fast rate. It is high time to acknowledge the fact that excess of everything in life is bad. Hence, computers should be used wisely to maintain its stature of boon and save it from falling to the strata of curse.

CONTEMPORARY ISSUES

The Pandemic of Patriarchy

Not so respected patriarchy,

How are you? Still blooming and flourishing as I've heard. I'm surprised you're still alive. It really is a great achievement as to how you've managed to survive through all these years with all the awareness and development against you that has happened around the globe. I applaud you. You're still standing strong.

I'd warn you to be careful now for it is going to be the end of your reign soon. There are far too many people who want to murder you than there are those who want to nourish you.

I applaud your achievement, it's amazing how you've managed to delude everyone into thinking how good of a ruler you are, all you've ever worked on is intimidation.

It is not all your fault though. It is the society that has incorporated these thoughts in your mind and has let you act on it, it is women who have allowed you to act so, elders who have given you the right to do so, and the people around you who have fooled you into thinking that what you're actually doing is right.

When one has been brought up thinking that women are inferior to men, one is bound to think that what's happening is right

It is important to fight patriarchy at an individual level so that it can make a difference as a whole. It is the state of mind that has to be changed, the way that children see others being treated around them is what they're going to learn. The idea of what is considered normal for a man to act like and a woman to act like are nothing but stereotypes.

Slowly but surely, your head will be severed off for we want to live in a democratic world, one where patriarchy doesn't wear the crown. Also, let me tell you, empires do fall down.

Never truly yours,

Equality.

Shreeya Rampal

BA III

ow to exist with someone who doesn't read the same book as you?

Flashes of green, red, white and saffron. All I can think of is the chanting of mantras, ringing of bells, lighting candles, and ultimately, silence. Since when do we relate colours to religion?

When you look up at the unfathomable lengths of the sky, do you realise that you do indeed share the same sky with others? These others, that you choose to hate, all because of some book they live their lives by?

If you were the second last person on this earth, with a person belonging to another religion, would you still be fighting with them? Hopefully, the answer is no. Maybe because at that time you will realise that it doesn't matter.

Religion is nothing but an illusion made by man. It's a way to give people hope. You will see people blindly fighting for their religion, when they barely know what it stands for. All religion is, is beliefs of different people who looked at things from different points of view. In a world where we all lay so much emphasis on respecting others' point of view, why can't we respect other religions as well?

Is it really that hard to exist with someone who hasn't read the same book as you?

Shreeya Rampal

BA III

Act of Sacrilege

Superstitions are neither a vital part of belief, faith and religion, nor are they crucial to our survival. Most superstitions stand in the way of social progress and spiritual evolution. They hinder rather than engender progress to higher dimensions.

Some superstitions could have started off as protective measures, like not walking under a ladder to avoid getting hurt, or to not keep a cracked mirror at home to rule out risk of injury. But when superstitions acquire a life of their own and are followed irrationally, they become unscientific and dangerous. These superstitious practices need to be discarded totally, like that of feeding wild birds, for instance, being touted by quack faith healers among the vulnerable and the ignorant, as a cure for serious illness.

Kilos of rice and other grain are scattered on rooftops, verandas and public spaces, to feed wild birds. Pigeons and parrots come swooping down to eat their fill. Since this is not part of their natural diet, their digestive systems get compromised; they get fat and lazy; they forget how to forage for worms and seeds and worse, they tend to excrete in copious quantities. There's more. Leftover grain is eaten by squirrels and rats who also nibble at cables and wires that crisscross rooftops and balconies. There are reports of exposed electrical wires that are hazardous, causing fires and creating risk to life.

In the garb of performing an act of compassion or charity, by feeding birds food they are not meant to eat and in large quantities on a daily basis, what are superstitious offenders achieving, both for themselves and for the birds? The birds are easy prey, as they do not have the power of discrimination that human beings have, and so will happily eat food that is being made available to them easily, abundantly and regularly. Since they are too full with grain to eat the varied diet they are otherwise used to, they become malnourished. There has been evidence of unnatural territorial aggression as well.

The bird feeding frenzy causes a great deal of inconvenience and poses health risks to neighbours and the general public as bird excreta is concentrated in these spots and could give rise to bacterial infections. The increase in rodents, insects and other pest traffic could pose further health risk as they are potential carriers of disease transmitted through the body fluids they leave behind.

Cats are stoned when they cross one's path, birds are tortured in the name of charity – all because of ignorance and superstitious beliefs – and people's lives are placed at risk, and sanitation and hygiene are ignored. These are important enough reasons to educate the ignorant and create public awareness, especially in dense urban areas, about the need to let wildlife live their lives the way they were meant to, without human interference. And to not romanticise the fact that scores of beautiful parrots assemble on one's terrace, whereas a great disservice is being done to the birds.

As for the belief that the sick get well by feeding wild birds, there is no scientific evidence to support this belief. Perhaps "compassion" to birds can take the form of rejuvenating water bodies like tanks, ponds and rivers, so that birds get access to clean drinking water which is now increasingly in short supply.

Anshu

BCom I

TRAVELING DOWN THE MEMORY LANE

Journey in College

Life is like a roller coaster, full of twists and turns, ups and downs and of surprises. When life's journey is smooth, it is beautiful. Our college life is just as exciting, where we experience ups and downs like being on a roller coaster ride. There were exciting moments along with stressful, anxious, nervous, frightening and victorious moments. The college years are genuinely surprising and a wonderful point in life where we take mature steps towards our future, meeting many friends, choosing our majors, finalising our careers and preparing for the challenges of the real world. So, with a few days left to be in college and to enjoy college life, I longingly look back at the three years gone by. I have gone through a lot of bumps during the first few semesters, but I've also enjoyed the journey. This has been an amazing ride, no matter the struggle I have faced. Many a time, I hear people complain about college life, saying that they could have done much more, but in my case, it is the best experience I could have had. I still remember the first day of college, wandering hither and thither surrounded by strangers. I felt I was Alice in wonderland, so much to see, so much to explore, full of fears, and unsure of the future. In these three years of our college life, we have come across lots of struggles, be it working towards good grades, or adjusting with the environment and new friends. There were times when we had faced problems such as learning to submit assignments online, presentations, presenting seminar papers and being stressed for semester exams. At times we complained and said we missed our high school life. As the roller

coaster went higher, we also had to deal with many challenges, obstacles and difficulties to get to our destination and goals with the passage of time. However, I learned to find the silver lining. Everyone has problems in their life. I learned from Virginia Woolf's novel, Mrs Dalloway to never give up! When I inculcated that, everything began to get interesting; spending time with friends, enjoying the mess food , at times bunking lectures, debating with friends over silly questions, doing assignments, working together with friends as a team and winning it. College life is not as easy as we think it is. We need to be fully prepared to accept the challenges and tough situations that come our way. These experiences show us how to lose gracefully and enjoy the wins. They have taught us how to have faith in our ideas and to believe in one self. They have taught and prepared us to face the real world, and strive for excellence no matter what happens. In order to enjoy the ride, one should know how to accept the fears and challenges that come our way. We should always be positive, no matter what the twist and turns. Enjoy the rise, the falls and everything in between. I have had the time of my life, and I can't wait to soar into the world of infinite possibilities.

Aditi Sharma

BA I

What's left in a rejuvenating smile ?

Being born in a family who is an intense believer of Krishna and Rama , I sometimes really want to complain about all the worst that happens to me and also request to change my so-called destiny but when I thought deeply it made me realize that they did not change their destiny ,why should I expect to change mine ?

Our beloved Krishna who is known for being cheerful and brave had to leave his biological mother soon after birth and then his biological father . Being raised by his adoptive mother and father , he had to leave them in another stage of his life .Not only this , he had to leave his beloved village Gokul , his friends in Gokul and his lady love , Radha . I really wonder how he felt when he had to leave so much . Leaving Gokul , he went to Mathura and had to soon leave Mathura also . In his journey of life , when he had to leave most of his beloved ones , had we been in his place , we would have shattered and would never have had the courage to smile again. The life of Rama wasn't much better , he had to leave his father just to get the news of him dying out of love for him . He had to struggle in dense forests for fourteen years despite being born to a king . Not only this , he had to abandon his wife who wasn't at fault and whom he loved immensely and also had to live away from his kids for so many years . He had to punish his most beloved brother Lakshman who wasn't at fault. He also had to face so many difficult times but he is still remembered as one of the greatest kings of history and is even remembered for his soothing smile which had so much pain hidden within. Though being driven by hardships of life , they had a rejuvenating smile , godliness and intense love within them . They, having the power to change their destiny did not do so , then why do we wish to change our destiny because of just a few hardships . We definitely do not have godliness within us but we do have humaneness to retain in us .

Life being a struggle will pose challenges but at the end , we need to discover that life changing smile and humaneness within us . A way forward is that whenever you feel your life is too hard , just read our Krishna or Rama's journey.

Riya

BCom I

Travel Diaries

I want to share with you all a mesmerizing experience .This year has been very difficult owing to the lockdown imposed because of the pandemic . The fact that I could not go on a vacation made me curse the Covid-19 virus even more. Last year I went to Badrinath . You would suppose it to be just a religious trip but it is incredibly important to me . We began our journey from Haridwar , a famous sacred place of Uttarakhand where the holy river Ganga flows through . The journey began early in the morning with birds chirping , adding to the excitement . Till afternoon , I could see huge mountains with lots and lots of trees . In the late evening , I got a glimpse of snow and high waterfalls . It was lovely watching them . It would be funny but I also saw a tree with purple flowers rumoured to be brought from heaven .We finally reached there late at night . The next morning , I witnessed snow mountains with sunlight falling over them . How wonderful the scene was , I lack words to describe it. The next day we went to the very famous , one of the four dharmas , Badrinath temple , a multicoloured temple whose visitors line stretched to about 5 kilometers . Isn't it surprising to have so many visitors in a single day ? The Badrinath temple is situated between two mountain chains, referred to as Nar (embodiment of Arjuna , the famous archer and Krishna devotee) and the other one as Narayan (embodiment of Vishnu). Most of the visitors before going to the temple take a dip in the holy hot spring in the premises of the temple . I wonder how the water could be so hot when the place had temperatures below 0 degree celsius throughout the year. We were blessed to have visited beautiful places of worship , every brick of the temple reflected in it , its royalty and godliness . The temple is a very huge one .There's a bridge that connects the temple to the main city , with river Alaknanda flowing beneath it. The splashing of the mighty waves could be heard kilometers away. So powerful is its flow that even bulldozers could be flown away. The day after that we went to Mana village (the last village within Indian borders alongside China) . On its way , I saw houses with sliding roofs and sky high rock mountains along with many glaciers and waterfalls. The village had significant Hindu temples namely Vyasa gufa (Vyasa Cave) and many small shops which served extremely delicious noodles. I saw the coniferous trees and women plucking tea leaves and some of them weaving . At the very end is a big stone known as Bhimshila (referred in Mahabharat) and also a Saraswati temple . Just a few meters away from Bhim Shila is a rock mountain with a big opening from where the river Saraswati originates . Just near that opening was a point from where water was flowing . It is said that the water is from the Mansarovar lake of Kailash mountains . I wished I could go within the mountains and check if it's really so but to my gloom , I am not that blessed . About 5 kilometers from Saraswati temple was a waterfall namely Vasundhara Falls which is immensely beautiful . The way forward to Vasundhara waterfall is said to be the way to heaven through which Pandavas travelled . At the opposite side of the waterfall is the great Sangam . Sacred river Bhagirathi with its brown water meets river Alaknanda with its blue water and river Saraswati with its white water . It was 5 kilometers away but from the temple but still clearly visible . Throughout my stay there , I saw helicopters passing above me, so clearly visible . A few kilometers from the Badrinath temple is a cave which bears the footsteps of Lord Vishnu which is known to very few people . There are so many small shops there which have a variety of things along with all the necessities. I also saw a Yak and a lake . I witnessed military cantonments and army men as well as women around . I was lucky enough to click a picture with them . The best part is there is no internet there. I haven't visited Srinagar which is called heaven on earth but I would definitely say that Badrinath is also not less than heaven . It is once in a lifetime experience . On the river Alaknanda , we had

many adventure lovers who were river rafting . Somewhere you could see frozen rivers indeed . This journey was so special because I witnessed that the visitors were only devotees , nor were they tamilians neither punjabis or biharis . The other interesting thing I found was that locals living there lived in immense poverty . When I was bluffed

with jackets , I saw an infant walking without slippers but they still had no complaints and they didn't even beg . All they had were their faces with intensely welcoming smiles . The satisfaction that smile gave is as difficult to describe as the beauty of this charisma . After this account , you may think of planning your trip , do carry jackets because it rains everyday after the afternoon and indeed snowfall if it rains continuously for 2 – 3 days . Also take note to carry a good amount of cash and credit cards because everything is expensive over there because of extra incurred transportation costs . I also have a warning , Please don 't walk and fall into the river foolishly gazing at the mountains because it is located at a very higher level from the sea level and the narrow roads will make you realize how heartbeat increases when the tires of your vehicles are just centimeters away from the gorge . Traffic jams are a problem but the experience will make you forget all your fears , worries , hatred . You may come with a black heart but you will definitely go back with a serene heart.

Riya

BCom I

INVENTIONS AND MORE

The Hyperloop



“Today's science is tomorrow's technology” - Edward Teller

Hyperloop is a futuristic transport technology. Its potential pace would be 700 mph, thereby minimizing travel time. In 2012, the famous entrepreneur Elon Musk officially unveiled a hyperloop design. It is "open - sourced" and invites people to foster innovation. Several companies and multi-disciplinary student-led teams are focusing on bringing technology to reality.

Hyperloop is an enclosed metallic low-pressure tube system in which the pod can ride considerably free and it resembles a vactrain design that technically reduces air resistance or friction by way of maglev trains in tubes that are evacuated or partly evacuated by tunnels. However, the massive prices of magnetic levitation(maglev) and the challenge of sustaining a vacuum over large distances have stopped the implementation of this kind of project. Only Virgin Hyperloop successfully completed the first human trial at a speed of 107 mph. The suggested routes in India are between Chennai and Bengaluru, Amaravati and Vijayawada, Mumbai and Pune.

Hyperloop would have resistance to earthquakes and extreme weather, but would still face scrutiny, as it would be an enticing target for criminals, disrupted by constant mud, grime, and a single point of failure will be tragic for the whole system. It's going to be pretty hard to travel in a windowless pod in a steel tunnel. Like it is said, it's not just about the destination, it's about the journey.

Preyanshi Sharma

BSc II

Chai Latte

Indians irked with the concept of 'chai latte'

If there is anything Indians are obsessed with other than Sharma ji ka beta and fair skin, it certainly is the 'adrak wali chai' . We make it desi and we won't have it any other way. As the chef Manish Mehrotra says , "It's a daily drink, so there's a sense of ownership on it. There's a variant of tea according to every individual in this country, and every variant is unique in its own way". A recent 'chai latte recipe' video shared by WebMD received a lot of attention on social media. The recipe for homemade chai latte needs various spices, unsweetened coconut milk and maple syrup. A combination of ingredients that are definitely not used while making chai in a desi household.

Restaurateurs are united with the people and believe that chai latte is bound to fail in India, if it ever makes it to the country, that is.

Twitterati, in no time, tore apart the recipe . It refused to accept this foreign concept. From referring to it as 'chai curry' to calling it a recipe for Biryani, Chai Latte was completely knocked down. Social media saw all sorts of reactions. Offended Indians left no stone unturned to mock the recipe put forward. All in all, there is no way you can make Indians part ways with their good old kadak chai.

Suhani

BA III

Is there a specific age till one can learn a new language?

Brooding upon this, the phrase 'cut-off' strikes my mind in connection to the admission criterion of Delhi University. To my surprise, scientists have also given us a cut-off age to learn a new language.

They say the ideal window is 2 to 13 years of age. Research claims that there are advantages to start learning early as the raw brain is particularly good when it comes to learning a new language. Not just that, it is proposed that there is a 'language acquisition device' in the brain which gets switched off as you grow older. Thus, exposure to new languages at an early stage makes a big difference. It is grasped quicker and retained better.

It is said that after the age of 18, language-learning ability declines. People may no longer reach the level of proficiency that native speakers have.

On the other hand, we see how we have entire industries devoted to 'helping' adults learn new languages 'the easy way'. Though there isn't an easy way and you shouldn't be looking for one in the first place, as different people have different capacities and ways to learn. If kids can simply acquire the language, it is adults who have acquired skills all through their lives. They have problem-solving and greater linguistic experience to their advantage. In other words, older learners tend to already know quite a lot about themselves and the world. They can use this knowledge to process new information.

'A different language is a different vision of life'-Federico Fellini

These words can help us fathom why adults may find it harder to pick up another language. As we age, we find it difficult to part with our old vision, ideas, and perspectives. This may become a roadblock to all that is waiting to be explored. However, there is a choice. There is a choice in every case for that matter, except your first language. Firsts are not chosen but they lead you to the greatest of things.

All in all, different life stages give us an edge in learning a new language. We need not limit ourselves at any point of our lives because of our age because it is nothing but a number. The more motivated you are to learn the new language, the more efficient you will be! Let's open another window to look at the world. Which window are you opening today?

Suhani

BA III

REVIEW OF TELEVISION SHOW

Notes on "Normal People"

"_BBC's television show 'Normal People' , adapted from Sally Rooney's best-selling novel of the same name, is a true piece of pandemic media - a true and tender testament to the magnitude and magic of personal bonds and personal touch, relayed through the richly - textured relationship between the 20 year old protagonists, Connell and Marianne, with the rolling hills and reprieve of Ireland as it's backdrop."

- to sum up one's feelings about a show such as normal people is.....

difficult, to say the least.

emotions; for the most part, (and for most people), prove themselves incapable of being neatly compartmentalized,

or agreeably encompassed into pithy paragraphs---

much as though writers have loved to try,

over the centuries.

- which is, of course, exactly what normal people are about.

calling it a show about love would be.....

correct, i suppose, but far too simplistic to be sincere.

love, yes of course---

but a love that you choke on---

and yet it still remains love.

but a love that is no less loving,

for the fact that it needs to keep coming up for air.

- we imagine, of course, after having been force-fed all the free-range delicacies pop culture has to offer,

that mainstream y/a fiction has to offer---

that love can sand away all your sharp edges---

but the reality, as it often is,

(as it always is)

is that when you love someone enough to link your life into theirs,
all your crooked little corners,
all the serrated sides of you,
of them---
of the amorphous, unwieldy entity that the two of you become, separately and together:
all of that,
all of them,
all of you,
clash against each other, create friction in the roughest way possible---
and it takes a lifetime to be able to grow into each other's grooves.
sometimes not even then.

- which is, naturally, the story normal people chooses to tell:

of marianne and connell, of the myriad, manifold ways they find, lose and re-
encounter each other--
and themselves.

- we seem to think love holds all the answers nestled deep into the pockets of the universe: but it doesn't.

it simply asks more questions.

normal people, with no artifice, and absolutely no affectation, is a testament to the same---

to the mundane magnificence of an ordinary life,
with all its muted chaos
and hastily murmured melancholy,
all its technicolor urban sadness,
all its heartbreaks that are no less of any heartbreaks,
even when no one can hear the pieces fall.

- so much we ask of love

so much we demand,

so much we yearn:

people pray for the perfect partner:

boys who are tall and smart and remember to bring cake on anniversaries,
girls with artfully flowing hair and discreet little dimples--
but what if that just isn't what life is going to give you?
more often than not, people aren't pretty or pristine or even put together,
more often than not, they are broken apart by their past and their pain and their present
(the three turning so inseparable, it becomes hard to tell which came first)
and the whole world can keep wishing to find someone whole and perfect and pre-
packaged like a box under a tree on christmas eve,
but since when has life ever been that kind?

- normal people, in many ways, is not kind to the viewer either---

(but it takes so much more than kindness to heal:
it takes grit,
it takes the ability to look life in its ravaged face and love it anyway,
and normal people does,
oh it does)
it is rich,
and raw---
and utterly true to reality in a way that manages to find tangible resonance.

- neither connell nor marianne are particularly good people---

not particularly kind,
not particularly considerate--
(we carry ourselves at all times,
wherever we go, whatever we do---
we carry ourselves inside love too).
marianne and connell are fundamentally flawed people in a fundamentally flawed
world---
So is it any wonder that their love is fundamentally flawed as well?
(the poets say to love is to be free at last,
to be able to leap headlong and laughing, into its forgiving depths:
but do the shackles of our trauma not trail us down that free-fall?
does that not still, in the strangest sense of synergy, render that love doubly

sacrosanct?)

Does love set you free? or does it tie you down, make you loyal to something other than your own happiness?

- this is the love that normal people remains loyal to:

love that wraps its tendrils past the cracks and the cruelty and the crumbling communication---

love,

that most durable of all daisies:

pushing past the concrete,

each season,

each year,

without fail.

- this is love,

in the truest sense of the word,

that normal people steadfastly commits itself to:

love unsanitized and very much soiled by the vessels it inhabits.

what normal people achieves with perfect humility,

is expose love,

unearth it,

exhume love,

both for what it is, and what it is not.

to hope time really does heal all wounds,

without ever once claiming,

that it erases them.

- to deny love that exposure,

that airing of wounds long borne,

to bandage it over with the syrup-slick veneer mainstream mass media so evidently adores to bestow,

is to deny love its very human-ness,

its struggle,
its complexity,
it is to deny love any room to fail
(and therefore, any room to grow).

- normal people takes this on,
takes all of this on with the most unconscious of all graces:
it is beautiful precisely because it does not shy away from ugliness--
in love,
in life,
in sex,
in existence,
unvarnished entirely,
and therefore:
utterly uncomfortable--
but necessarily so.

- one is so easily able to consume sexual content because most of it is aestheticized,
glorified, vilified, accessorized---
diluted,
winnowed away from the real husk of human connection,
thrice removed from reality,
distanced from any genuine depth,
so stylized---
and as such,
so easy to stomach.
normal people, though---
it rips that sense of removal away when it shows us marianne and connell in that
manner:
there is no gloss to hide behind,
no glamour to slip on like a blanket,
(neither for the characters,

nor for the actors that embody them,
or for us as viewers)
what remains is only human---
only love in the most basic of all its demonstrations,
an intimacy so careless,
so casual,
(in the way only the young know how to be,)
an intimacy so viscerally, crushingly tender,
it cuts the eyes to see.
a step into something so sacred,
it feels profane to look at.

- no coincidence,
that normal people found fame during a time the world was locked in quarantine,
during a time the world turned itself inside out---
rummaged inside the lining of its own fabric hoping to find hope,
only to find new viruses,
new fears, new bravery,
new everything---
for what else is this show,
except a personified reminder of how everything is a delicate touch away from
changing entirely?
of finality so fragile and flimsy a concept,
that reaching the ending of normal people,
feels like reaching the close of a sentence expecting to see a period -
only to find a comma instead?
what really ends in life except life itself?
what state of the self,
(of two selves together in a tenuous universe,)
is ever eternal?

- no coincidence either,

that audiences across the world chose this show, and not any other,
this show,
to skyrocket to popularity, while isolated,
robbed of the banality of the simplest brilliances:
the inability to feel someone's smile curve against your cheek,
the inability to feel the warm tinge of touch,
a stray curl of hair brushing past your finger,
a fond tap on your shoulder to say 'hello,'
to say 'i see you,'
the inability to prevent being reduced to pixelated screens across houses,
across neighborhoods,
across countries,
the inability to do anything at all,
except look at each other
across that distance,
just to feel less alone.
because isn't that
in the end,
the cornerstone of all human connection?
to be seen.

- The greatest thing you can do for someone is bear witness to who they are.

and that,
across the many-textured hues of the love they choose to show,
is the stroke that normal people brings out the brightest:
across school, across college,
across hands linked and unlinked along the interstices of time,
marianne and connell learn,
over and over,
to bear witness---
to themselves,
and to each other.
across every version they grow into and out of,

(callous, brittle,
gauze thin, cement sure,
brokenhearted, bold,
splintered into a million different points of strength)
shifting and unfurling and sometimes even curling back at the roots,
Connell and Marianne never lose sight of each other.
of who they are.
whether together or apart,
or even standing on the sidelines silently watching the other reinvent themselves to truly
become themselves,
it is their greatest act of devotion:
(it is the greatest act of devotion)
to see each other.
(to be seen).

• to be seen is to feel sane,
which is to say
I think love and sanity are the same thing.
which is to say
a fundamentally flawed world only makes sense to two fundamentally flawed people
when they fundamentally fall
into fundamental love.

which is to say
that normal people,
from the book whence it was born,
to the show it finally became,
is symptomatic of the generation that produced it---
a generation that needed to be shown to believe:
that impermanence is never insignificance,
that if someone brings good to your life,
it belongs to you long after the person doesn't.
that love is no less loving,
for the fact that it may not
(does not)
last.

EDUCATION FROM FAR AWAY

Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests

PG Department of Sociology

PG GOVT COLLEGE FOR GIRLS, SECTOR 11, CHANDIGARH

Invites you for a

Guest Lecture

By



Dr. PANKAJ SRIVASTAVA
Department of Philosophy
Panjab University, Chandigarh

Topic

Understanding phenomenology
(With special reference to Edward Husserl)

On

3rd February 2021 at 12 noon

Prof Dr Anita Kaushal
Principal

Ms Monica Vij Sikka
Head of the Department

Dr Manoj Kumar
Convenor

(Google meet link will be sent 10 minutes before the lecture)



**Post Graduate Government College for Girls,
Sector 11, Chandigarh**

(NAAC Accredited Grade 'A' CGPA 3.52)

Department of Philosophy

invites you to

Extension Lecture

Celebrating International Women's Day – 2021

"Women in Stories and Stories in Women: Some Critical Reflections"

04th March, 2021 (Thursday) at 4:00 p.m.

Event Link: <https://meet.google.com/vnk-grwb-ijw>



Google Meet

Resource Person



Dr. Rajesh Kumar Jaiswal
Department of English
University School of Open Learning,
Panjab University,
Chandigarh

Patron

Prof. (Dr.) Anita Kaushal
Principal

Convener

Philosophical Society

Coordinator

Dr. Ambuj Sharma
(Head, Dept. of Philosophy)

Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests



Post Graduate Government College for Girls,
Sector 11, Chandigarh
(NAAC Accredited Grade 'A' CGPA 3.52)
Department of Philosophy

invites you to

National Webinar

"Relevance of Philosophy in the Times of Pandemic"

30th July, 2020 (Thursday) at 11:30 a.m.

Event Link: <https://meet.google.com/ffv-zwax-quv>



Google Meet

Resource Person



Professor, Bhagat Dinam,
Centre for Philosophy,
Jawaharlal Nehru University,
New Delhi

Patron



Prof. (Dr.) Anita Kaushal
Principal

Convener
Philosophical Society

Coordinator
Dr. Ambuj Sharma (Head, Dept. of Philosophy)



Post Graduate Government College for Girls,
Sector 11, Chandigarh
(NAAC Accredited Grade 'A' CGPA 3.52)
Department of Philosophy

invites you to

Release of Wall Magazine "REFLOSOPHY" (2019-2020)



Date : 09th October, 2020

Time: 2:45p.m. onwards Plat Form Google Meet Link: <https://meet.google.com/dbk-pvog-tjr>

Chief Guest



Prof. (Dr.) Anita Kaushal
Principal

Reflosophy: Our aim for the wall-magazine was reflection and that led to the formation of the word REFLOSOPHY. This edition of our wall-magazine deals with "reflection" and our current feature reflects upon the best of movies and books that students of the Philosophy Department have come across. We aim to portray reflections of the contributors they developed while reading a book or a magazine.

Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests

**POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS
SECTOR-11, CHANDIGARH**

COURAGE TO KNOW
NAAC ACCREDITED
GRADE 'A' CGPA 3.52

Organizing
**Awareness talk on Waste Segregation and
Management to achieve Sustainable Zero waste
future
with
Stakeholders
(Non-Teaching Employees)**

Distinguished Speaker
Prof.(Dr) Anita Kaushal
on
February 17, 2021

**Platform: College Auditorium
12pm Onwards**

POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS, SECTOR 11, CHANDIGARH
NAAC accredited grade 'A' (CGPA 3.52)

**PRAKRITI - THE ENVIRONMENT SOCIETY
Celebrates**

WORLD OZONE DAY 2020
Ozone for life: 35 years of ozone layer protection

PLEDGE

On the Occasion of World Ozone Day, we, students and faculty members of PGGCG 11, Chandigarh pledge to make efforts for the preservation of the Ozone Layer. We, further resolve to be Ozone friendly citizens and promote use of Ozone friendly goods and services. We shall make all efforts to restrict and control the emission of Ozone Depleting Substances to the atmosphere and protect and save all forms of life on the Earth. We hereby pledge to protect the mother Earth, save ourselves and protect and conserve natural resources for the future generations.

Dr. Sangeeta Mehtani Dr. Sadhana Verma Prof(Dr) Anita Kaushal
CONVENER "PRAKRITI" CO-CONVENER "PRAKRITI" PRINCIPAL

**POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS,
SECTOR - 11, CHANDIGARH**

**EXPERT TALK ON
PERSPECTIVES OF
ABNORMAL
BEHAVIOUR**

DR. KRISHAN SONI
ASSISTANT PROFESSOR
DEPARTMENT OF PSYCHIATRY
PGIMER, CHANDIGARH

August 27, 2020
12:30 p.m.
on Google Meet

**ORGANIZED BY:
DR. VIJAY KUMAR
DEPARTMENT OF PSYCHOLOGY**

**Post Graduate Government College for Girls
Sector 11 Chandigarh**
**Botany Department
Organises
National Campaign
on
Plantation and Geo-Tagging**
Theme: If you Plant a tree, you plant a life

**To Celebrate
Van Mahotsav Day
July 16-30, 2021**

Registration Link: <https://docs.google.com/forms/d/e/1FAIpQLSfC6LEF>
Platform: C-Suite

Coordinator
Dr Vishal Sharma

Principal
Prof(Dr) Anita Kaushal

Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests

https://meet.google.com/...
na - is presenting

Studies in utilization of oleo-chemical industry by-products for biosurfactant synthesis

GARIMA
Regd. No. PCH 1102
DEPARTMENT OF CHEMISTRY,
SLIET, LONGOWAL


Supervisor I
Prof. Harish Kumar Chopra
Supervisor II
Dr. Seemant Singh Cameotra
Department of Microbial Technology,
Chandigarh

“Discoveries of Nobel Laureates”

Participants:

- garima
- Sarjey Mahant
- Harpreet Kaur
- GURJEET GUR...
- ADHY 12867
- POORNAM 12853
- ARUSHI 2609
- SWATI 2621
- NAVDEEP 2608
- RASHMI 2623

Virtual Products

 **Post Graduate Government College for Girls**
Sector-11, Chandigarh

“DEPARTMENT OF CHEMISTRY”
Webinar on Domestic Violence
Welcomes

Dr. Garima
Ex. Research Associate, DRDO Chandigarh,
Alumna – PGGCG 11

For A TALK ON

“Natural Products”

Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests

POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS
SECTOR-11, CHANDIGARH

PATRON



Prof. (Dr.) Anita Kaushal
Principal,
Post Graduate Govt. College for Girls,
Sector-11, Chandigarh

NAAC ACCREDITED GRADE 'A' (CGPA 3.52)

DEPARTMENT OF ZOOLOGY

Organizing Virtual Workshop
on

**Apiculture:
Insect Industry of
Eco-Friendly & Socio-
Economic Enterprise**




Monday, 5th April, 2021
Time: 11:30 A.M. onwards

KEYNOTE SPEAKER



Prof. (Dr.) V.K. Mattu
Emeritus Fellow (UGC),
Department of Biosciences,
Himachal Pradesh University,
Shimla (H.P.)

INVITED TALK



Dr. Sajad H. Parey
Assistant Professor,
Department of Zoology,
School of Biosciences and Biotechnology,
Baba Ghulam Shah Badshah University,
Rajouri (J & K)

CONVENER
Mrs. Simmi Sharma
Head, Department of Zoology

CO-CONVENER
Dr. Umesh Bharti
Associate Professor, Department of Zoology

COORDINATOR
Dr. Simarjit Kaur
Assistant Professor, Department of Zoology

COMMITTEE MEMBERS
Dr. Shivani Gupta
Dr. Ravneet Kaur
Dr. Sandaldeep Kaur

Join us on 

POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS
SECTOR-11, CHANDIGARH
Botany Department

Organises

**COLLOQUIUM-AN ACADEMIC INTERACTION
SERIES-4**

ON

**ROLE OF BIOTECHNOLOGY IN CONSERVATION OF
BIOLOGICAL MATERIALS**

Distinguished Speaker

Prof. Raj Kumar Salar
Professor
Department of Biotechnology, Chaudhary Devi Lal
University, Sirsa

ON

MAY 22, 2021 (SATURDAY)

3 PM - 4 PM

Joining link: <https://meet.google.com/awc-dkiz-ycj>
Platform: Google-Meet

Coordinator
Dr. Vishal Sharma

Patron
Prof. (Dr.) Anita Kaushal

2/4

POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS,
SECTOR 11, CHANDIGARH
NAAC accredited grade 'A' (CGPA 3.52)

PRAKRITI-THE ENVIRONMENT SOCIETY

Webinar on

WORLD WETLAND DAY 2021

THEME: "WETLAND AND WATER"

organised
Under SAP (Swachhta Action Plan) (Live Talk & Discussion)
2nd February, 2021 | 12.30PM

SPEAKER



Dr. K.S Bath
Joint Director
Science, Technology, Innovation
Transfer and Facilitation Division
Punjab State Council for Science
and Technology
MGSIPA Complex, Sector-26, Chd

Patron



Prof. (Dr.) Anita Kaushal
Principal
PGGC-11

Dr. Sangeta Mehtani
Coordinator

Dr. Sadhana Verna
Co-Coordinator

Organizing Committee

Dr. Pankaj Viki
Assistant Professor
9988400035

Dr. Rinky
Assistant Profes
950155410

Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests

Post Graduate Government College For Girls
Sector-11, Chandigarh
NAAC ACCREDITED
GRADE 'A' CGPA 3.52

Virtual National Seminar
on
Science and Technology for Human welfare and its effects on Conservation

JUNE 14, 2020

Distinguished Speakers

			
Prof. Promila Pathak Botany Deptt., PU Chd	Prof. Alok Srivastava Chemistry Deptt., PU Chd	Dr. Mukesh Jewariya CSIR-National Physical Laboratory, New Delhi	Dr. Archana Chauhan Zoology Deptt., PU Chd

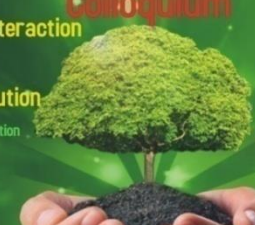
Registration Link: <https://docs.google.com/forms/d/e/1FALPQLScccjzuAEDwvH6zwa2ulHvvtz>
Platform: CISCO-WEBEX

Coordinator
Dr Vishal Sharma

Principal
Prof(Dr) Anita Kausha

Post Graduate Government College For Girls
Sector-11, Chandigarh

Colloquium
An Academic interaction
on
Encash Pollution
Harvest from Pollution



Tuesday, June 30
Theme: Conservation and Sustainability
Our Solutions are in nature


Meeting Link: <https://meetingsapac23.webex.com/meetingsapac23/j.php?MTID=mesaf4114efc8c10c605044469716b115>
Platform: Cisco-Webex
3PM onwards

Coordinator
Vishal Sharma

Principal
Prof(Dr) Anita Kausha

Post Graduate Government College for Girls
Sector-11 Chandigarh
NAAC ACCREDITED
GRADE 'A' CGPA 3.52

Botany Department Organises
Tree Plantation
on



World Ozone Day
September 16, 2020

Coordinator
Vishal Sharma

Principal
Prof(Dr) Anita Kausha

POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS
SECTOR-11, CHANDIGARH
Botany Department
Celebrating
World Habitat Day
Organizing a Talk on

COVID-19 IN RELATION TO ENVIRONMENT

Distinguished Speaker
Prof. Daizy R. Batish
Chairperson
Department of Botany, Panjab University
Chandigarh
on
October 5, 2020

Platform: Google Meet
12pm Onwards

Coordinator
Vishal Sharma

Principal
Prof.(Dr) Anita Kausha

Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests



POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS SECTOR – 11, CHANDIGARH

Department of Home Science cordially invites Faculty and Students to a



International Webinar on "LIFESTYLE STRATEGIES TO COMBAT PANDEMIC"

on Friday July 17, 2020 11:00 AM – 12:30 PM (IST)

PATEON : PROF. (DR.) ANITA KAUSHAL
PRINCIPAL
P.G. GOVT. COLLEGE FOR GIRLS
SECTOR 11, CHANDIGARH



Dr. KIRAN BAINS
Professor and Head,
Dept. of Food and Nutrition
Punjab Agricultural University,
Ludhiana



Dr. MADHU SHARAN
Professor and Head,
Dept. of Clothing & Textiles
Maharaja Sayajirao University Of Baroda,
Vadodara



Dr. DEEPA SHARMA
Consultant
Manchester Global Foundation,
United Kingdom

CONVENER : DR. M. DHRAKSHAYANI
HEAD, DEPT. OF HOME SCIENCE
P.G. GOVT. COLLEGE FOR GIRLS
SECTOR 11, CHANDIGARH



PLATFORM – "GO TO MEETING"



Registration Link : <https://forms.gle/aZcSHvXH75rpSaPL8>

SECTOR 11 CHANDIGARH

Community Hygiene and Public Health Society
And
PRAKRITI – The Environment Society



Theme

जल है तो कल है

celebrates

WORLD WATER DAY: 22ND MARCH 2021

Inter-College Slogan Writing Competition



Rules:

- Each participant must upload their selfie picture with slogan written on placard/A4 sheet
- The SLOGAN must be visible and clear in display
- Best three entries will be awarded.

Send your entries latest by **17th March 2021** in the form below: <https://forms.gle/xhJaPUVgFeMmbMmZ7>



Prof. (Dr.) Anita Kaushal
Principal
PGGCG -11, Chandigarh

Dr. Sangeeta Mehtani
Mrs. Simmi Sharma
CONVENERS

Dr. Sadhana Verma
Dr. Umesh Bharti
CO-CONVENERS

Committee Members
Dr. Shivani Gupta **Dr. Parul Virk** **Dr. Rinky**
Dr. Simarjit Kaur **Dr. Ravneet Kaur** (9780228267)
Dr. Sandaldeep Kaur (9915843969)

Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests

POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS
SECTOR-11, CHANDIGARH


 NAAC ACCREDITED
 GRADE 'A' CGPA 3.52

Botany Department
Organises

VIRTUAL RALLY
ON

MOTIVATING ACTIONS TO MITIGATE PLASTIC POLLUTION

MAY 20, 2021
11.45 AM ONWARDS

I pledge "In order to play a part in environmental conservation, I pledge to refrain from using any plastic container, plastic bags and cutlery for my take-away meals. I also pledge to bring my own recycle bags for grocery shopping"

Joining link: <https://meet.google.com/avc-dkiz-ycj>
 Platform: G-Suite

Coordinator
Dr Vishal Sharma

Patron
Prof.(Dr.) Anita Kaushal

POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS
SECTOR-11, CHANDIGARH


 NAAC ACCREDITED
 GRADE 'A' CGPA 3.52

Department of Botany
Organizing

Declamation Contest
To Celebrate


 WORLD ENVIRONMENT DAY
 5TH JUNE

World Environment Day
Theme: Ecosystem Restoration

on
June 8, 2021
3 pm onwards

Joining Link: <https://meet.google.com/ofh-ripc-bvr>
 Platform: G-Suite


Coordinator
Dr Vishal Sharma


Principal
Prof.(Dr.) Anita Kaushal


POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS,
SEC 11, CHANDIGARH
NAAC credited grade 'A' (CGPA 3.52)
PRAKRITI - THE ENVIRONMENT SOCIETY
Celebrates

WORLD HEALTH DAY
(7th APRIL 2021)

THEME - "BUILDING A FAIRER, HEALTHIER WORLD"



 WISDOM OF NATURE


 Green Globe "Eco-Club"


Prof (Dr.) Anita Kaushal
PRINCIPAL PGGCG11
CHANDIGARH

EVENTS

1. A TALK ON AWARENESS ON CORONA VACCINATION
 On 7th April 2021 at 12.00 noon <https://meet.google.com/bct-bskm-gsx>
2. INTRA COLLEGE POWER POINT SLIDE MAKING COMPETITION
 (Send your entry by 6th April 2021 in form <https://forms.gle/1EypMGt4nDOXmeJ8>)
3. Pledge


KEYNOTE SPEAKER
Dr. Rachana Srivastva
 Woman Scientist
 Department of Community
 Medicine and School of
 Public Health, PGIMER,
 Chandigarh


Dr. Parul virk 9646800035
Dr. Rinky 9501554108
Committee members

Dr. Sangeeta Mehtani
CONVENER

Dr. Sadhana Verma
CO-CONVENER

Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests

 **POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS**
SECTOR 11, CHANDIGARH

Expert Talk: Prof. Vidhu Mohan


7th & 9th
September,
2020

12:30
PM

Google meet- <https://meet.google.com/iyb-cwec-ink>

Topic- Counselling:
Approaches and Techniques

Under the Able Guidance of
Prof.(Dr) Anita Kaushal
Principal
PGGCG-11, Chandigarh



Certified Trained Counsellor
Former Professor and Head,
Department of Psychology,
Panjab University, Chandigarh

Dr. Neelam Rathee
Head, Psychology Department,
PGGCG-11, Chandigarh

Organised By:
Dr. Bani Narula
Assistant Professor,
Department of Psychology,
PGGCG-11, Chandigarh

 **POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS. SECTOR 11.**
CHANDIGARH
NAAC accredited grade 'A' (CGPA 3.52)

PRAKRITI - THE ENVIRONMENT SOCIETY
And
DEPARTMENT OF ZOOLOGY
Celebrate

WORLD WILDLIFE WEEK
(2ND OCT- 8TH OCT)
THEME: SUSTAINING ALL LIFE ON EARTH

MIMICRY COMPETITION
POSTER MAKING COMPETITION
LOGO DESIGN COMPETITION
SLOGAN WRITING COMPETITION
WILD LIFE PHOTOGRAPHY COMPETITION

Sangeeta Mehtani
Simmi Sharma
VENERS

Dr. Sadhana Verma
Dr. Umesh Bharti
CO-CONVENERS

Prof(Dr) Anita Kaushal
PRINCIPAL
PGGCG 11, CHANDIGARH

Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests

POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS SECTOR 11, CHANDIGARH



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BOTANY DEPARTMENT
LAUNCHED
VIRTUAL WALL MAGAZINE
"NEW SCIENTIST-A PERIODICAL"



ON
JULY 17, 2020



Coordinator

Dr Vishal Sharma

Made with PosterMyWall.com

Principal

Prof(Dr)Anita Kaushal

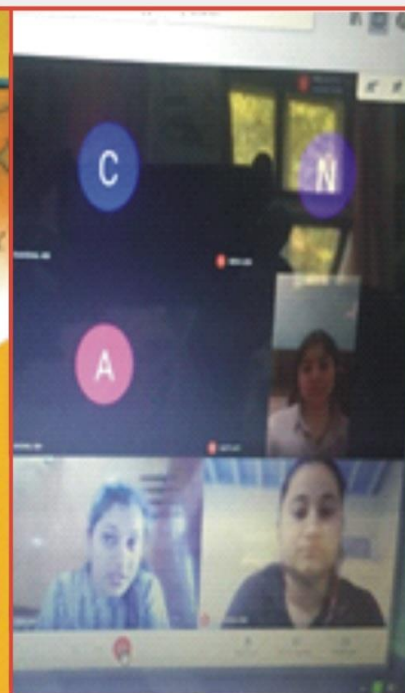
Post Graduate Government College for Girls
Sector 11, Chandigarh

Department
of
Geography
Welcomes
Pallavi Dhir
Geomatics Certified India and International
Teacher Expert (Alumni- PGCCG-11)

For a Talk On
"Geo Sealing in Cartography"
Join with Google meet


CARTOGRAPHY

SATURDAY
FEBRUARY
20TH
12:00 PM



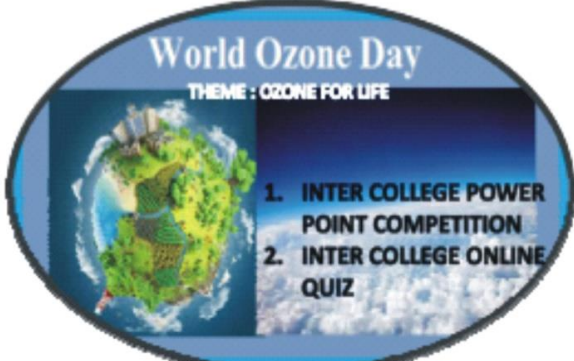
Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests



POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS, SECTOR 11, CHANDIGARH
NAAC accredited grade 'A' (CGPA 3.52)

PRAKRITI - THE ENVIRONMENT SOCIETY
Celebrates



World Ozone Day
THEME : OZONE FOR LIFE

1. INTER COLLEGE POWER POINT COMPETITION
2. INTER COLLEGE ONLINE QUIZ

Send your entries by 16.09.2020 through google form <https://forms.gle/U9zXgxvJDJAR7aFD8>
Declaration of Result : 20th September 2020
For any query contact Dr. Parul Virk (9646400035) or Dr. Rinky (9501554108)

Dr. Sangeeta Mehtani
CONVENER "PRAKRITI"

Dr. Sadhana Verma
CO-CONVENER "PRAKRITI"

Prof(Dr) Anita Kaushal
PRINCIPAL



POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS, SECTOR 11, CHANDIGARH
NAAC accredited grade 'A' (CGPA 3.52)

PRAKRITI - THE ENVIRONMENT SOCIETY
Celebrates



AKSHAY URJA DIWAS 2020
Theme : "Renewable Energy for a Brighter Future"

EVENTS:

1. INTER COLLEGE JUST A MINUTE CONTEST
2. INTER COLLEGE ECO-RANGOLI MAKING COMPETITION
3. INTER COLLEGE SHORT FILM MAKING COMPETITION

Send your entries till 19.08.2020 in form <https://forms.gle/Zb9ymjdugmi8n2a6>
Result Declaration: 22nd august 2020 by email/ phone
For any query contact Dr. Parul Virk (9646400035) or Dr. Rinky (9501554108)

Dr. Sangeeta Mehtani
CONVENER "PRAKRITI"

Dr. Sadhana Verma
CO-CONVENER "PRAKRITI"

Prof(Dr) Anita Kaushal
PRINCIPAL

Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests



Courage to Know

Series of Expert Talks

Organized By:

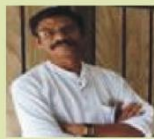
Dept. of Psychology

P.G. Govt. College for Girls Sector-11, Chandigarh, India



Invited Speakers

Dr. Bal Nagarao Rakshase
Tata Institute of
Social Science, Bombay



Social Determinants
of Health
8th Feb, 2021
11.00 AM
[meet.google.com/
wgw-tkzh-dcu](https://meet.google.com/wgw-tkzh-dcu)

Dr. S.N. Ghosh
Professor of Psychology
H.P. University, Shimla



Understanding & Management
of Stress Process
9th Feb, 2021
12.00 Noon
[meet.google.com/
hwt-vcyk-gch](https://meet.google.com/hwt-vcyk-gch)

Dr. Afsheen Masood
Dept. of Psychology
The University, of Punjab, Lahore



Psychological Distress and
Interpersonal Relationship
During Post COVID-19
10th Feb, 2021
11.00 AM
[meet.google.com/
cix-egnd-cww](https://meet.google.com/cix-egnd-cww)

Chief Patron

Prof. (Dr.) Anita Kaushal, Principal

Patron

Dr. Neelam Rathee



Coordinator

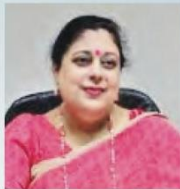
Dr. Ritu Sekhri



POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS, SECTOR - 11, CHANDIGARH

ONLINE NATIONAL SEMINAR

Tuesday, June 30, 2020



Patron:
Prof. (Dr.) Anita Kaushal
PRINCIPAL
P.G. Govt. College for Girls,
Sector-11, Chandigarh



Reshaping Education amidst Corona: Psychosocial Concerns



10 am - 4.30 pm

Organised by:

DEPARTMENT OF PSYCHOLOGY



Presidential Address:
Prof. Rajbir Singh
Former Dean Student Welfare &
Head, Dept of Psychology, MDU.
Professor, Faculty of Behavioural
Sciences, SGT University, Gurugram



Key Note Speaker:
Prof. Girishwar Misra
Former Vice Chancellor
Mahatma Gandhi Antarrashtriya
Hindi Vishwavidyalaya,
Wardha (Maharashtra)

[Click here to Join
Google Meet](#)

[Register
Here](#)



Convenor:
Dr. Neelam Rathee
Head, Department of Psychology
P.G. Govt. College for Girls,
Sector-11, Chandigarh

Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests

POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS



NAAC ACCREDITED
GRADE 'A' CGPA 3.52

SECTOR-11, CHANDIGARH
Botany Department



Organises

COLLOQUIUM-AN ACADEMIC INTERACTION
SERIES-4

ON

ROLE OF BIOTECHNOLOGY IN CONSERVATION OF

BIOLOGICAL MATERIALS

Distinguished Speaker

Prof. Raj Kumar Salar
Professor

Department of Biotechnology, Chaudhary Devi Lal
University, Sirsa

ON

MAY 22, 2021 (SATURDAY)

3 PM - 4 PM

Joining link: <https://meet.google.com/avc-dkiz-yoj>
Platform: Google-Meet

Coordinator

Dr Vishal Sharma

Patron

Prof.(Dr.) Anita Kausha

POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS



NAAC ACCREDITED
GRADE 'A' CGPA 3.52

SECTOR-11, CHANDIGARH
Botany Department



(Under the aegis of the IQAC)

Organises

Web Talk on Full Proof Strategy to Crack the
CSIR-NET Exam

(i) To share success stories of India Rank Holders
Alumni to Strengthen our Mission

(ii) Journey of Practice to Success

on

March 1, 2021 (Monday)

Convenor:

Dr. Vishal Sharma
(HOD, Botany Department)

Organizing Committee:

Dr. Anurita Sharma Dr. Madhumita Bhattacharjee Dr. Harsh Manchanda
Dr. Anju Pehwal Dr. Amit Jakhal Dr. Shikha Sharma

Platform: Google-Meet

11.45 AM onwards

POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS

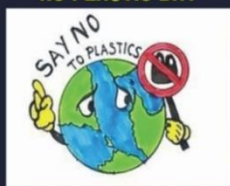


NAAC ACCREDITED
GRADE 'A' CGPA 3.52

SECTOR-11, CHANDIGARH
Department of Botany

Organizing

"NO PLASTIC DAY"



To Celebrate

World Environment Day

Theme: Ecosystem Restoration

ON

June 5, 2021

Joining Link: <https://meet.google.com/ofh-rip-c-bvr>
Platform: G-Suite

Coordinator

Dr Vishal Sharma

Principal

Prof.(Dr.) Anita Kausha

CHANDIGARH GOVERNMENT EDUCATION INSTITUTES



Under The Aegis of Directorate Higher Education, Chandigarh

Organizing

"NO PLASTIC DAY"



To Celebrate

International Plastic Bag Free Day

ON

July 3, 2021

Participating Colleges

Post Graduate Government College for Girls, Sector-11, Chandigarh; Post Graduate Government College for Girls, Sector-11, Chandigarh; Post Graduate Government College for Girls, Sector-42, Chandigarh; Government College, Sector-46, Chandigarh; Government Home Science College, Sector-10, Chandigarh; Govt. College of Yoga Education & Health, Sector-23 A, Chandigarh; Government College for Education, Sector-20 D, Chandigarh; State Council of Educational Research and Training (SCERT), Sector-32, Chandigarh

Principal

Prof.(Dr.) Anita Kaushal

Director

Sh. Rubinderjit Singh Brar

Nodal Officer

Dr Vishal Sharma

Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests



POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS
SECTOR-11, CHANDIGARH



PRAKRITI- The Environment Society

Under the aegis of
MEITY- MINISTRY OF ELECTRONICS AND
INFORMATION TECHNOLOGY DIGITAL INDIA

Under

CLEAN TO GREEN AWARENESS CAMPAIGN

Is Organising

Webinar on Environmental Hazards of Plastics
and Electronic Waste

On 31st May, 2021 at 11.00 am.



Prof. (Dr.) Anita Kaushal
PRINCIPAL

Dr. Sangeeta Mehta
Convener

Dr. Sadhana Verma
Co-Convener

Join Zoom Meeting

<https://us04web.zoom.us/j/79527444134?pwd=Zk5UQjEaDRBUZU5lcFVCUT09>

Meeting ID: 795 2744 4134

Passcode: zgqR3W

Contact:

Dr. Parul Virk

Dr. Rinky

9646800035

8427784948



POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS,
SECTOR-11, CHANDIGARH
NAAC Accredited grade 'A' (CGPA 3.52)



PRAKRITI-THE ENVIRONMENT SOCIETY

Celebrates

WORLD EARTH DAY

(22nd APRIL, 2021)

Theme- "Restore Our Earth"

Events

1. Talk on the Theme- Restore Our Earth
2. Distribution of Plant Saplings
3. Inter College Best Out of Waste Competition



Prof. (Dr.) Anita Kaushal
GCG-11, Chandigarh



KEYNOTE SPEAKER
Dr. Suman Mor
Associate Professor
Department of
Environment Studies
Panjab University
Chandigarh

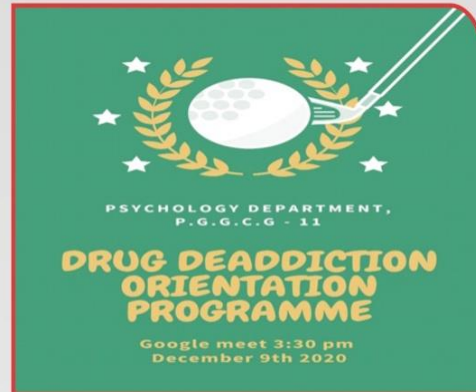
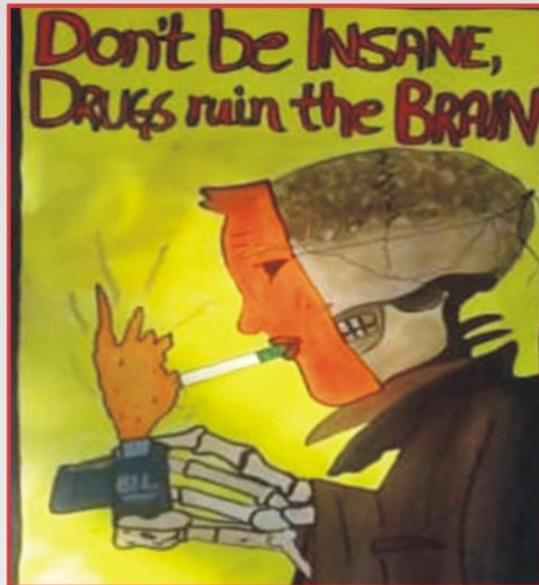
Dr. Sangeeta Mehta
CONVENER

Dr. Sadhana Verma
CO-CONVENER

Dr. Parul Virk
Dr. Rinky
COMMITTEE MEMBERS

Virtual Events


Webinars/ Interactive Sessions/Conferences/ Workshops/Contests



Virtual Events

Webinars/ Interactive Sessions/Conferences/ Workshops/Contests

**POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS
SECTOR 11, CHANDIGARH**
celebrates
International Girl Child Day
and
Invites you to a Webinar on Women's Empowerment under the Beti Bachao Beti Padhao initiative of Government of India.



Invited Speaker:
Dr. Jyoti Sethi (Retd.)
Former Head,
PG Dept. Of Sociology
PG-GGC, Sector 42
Chandigarh



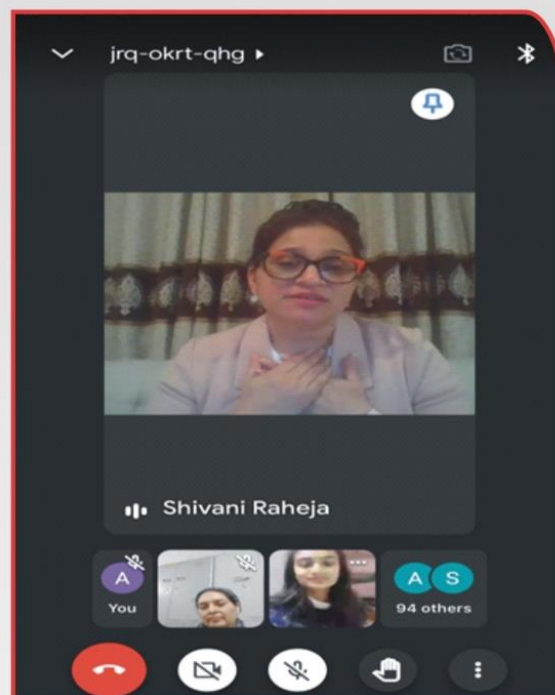
Keynote Speaker:
Ms Gurpreet Kaur Soper (IAS)
Special Secretary-Finance
Punjab



Principal
Prof. (Dr.) Anita Kaushal

Date: 10th October, 2020 Time: 11.30 AM
Link to join: <http://Meet.google.com/ww-rgak-she>

Hum Hain- Gender Equity Society
Ms Gurdamanjit (In-charge)
Ms Kamaldeep (In-charge)



**POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS
SECTOR 11, CHANDIGARH**

Topic: MACRO AND MICRO SKILLS OF COUNSELLING

**Date: 6th and 7th November 2020
Time: 11 am - 12 pm**

Google meet link:
<https://meet.google.com/lookup-hd3voenn17>

Under the Able Guidance of:
Prof. (Dr) Anita Kaushal, Principal, PGGCG-11, Chandigarh
Dr. Neelam Rathee, Head, Psychology Department, PGGCG-11, Chandigarh

Organised by:
Dr Bani Narula, Assistant Professor, Department of Psychology, PGGCG-11, Chandigarh

Expert Talk:
Harshvardan Kaur Chahal, Counselling Psychologist

POST GRADUATE GOVT. COLLEGE FOR GIRLS, Sec 11, CHANDIGARH
NAAC ACCREDITED GRADE 'A' CGPA 3.52

DEPARTMENT OF SOCIOLOGY

**CORDIALLY INVITES
FACULTY MEMBERS AND
STUDENTS FOR A
WEBINAR AND AN
INTERACTIVE SESSION**

ON

**UNDERSTANDING GENDER
SENSITIVITY AND
MAINSTREAMING IN HIGHER
EDUCATION**

GUEST SPEAKER
Prof. Reicha Tanwar

PROF. ANITA KAUSHAL
PRINCIPAL, PGGCG
SECTOR 11,
CHANDIGARH

MS. MONIKA VIJ SIKKA
H.O.D, DEPARTMENT OF SOCIOLOGY,
PGGCG SECTOR 11, CHANDIGARH

**WEDNESDAY
10 JUNE 2020**

12 NOON

ZOOM ID: 419 484 4699
PASSWORD: socio

Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests



INTER COLLEGE POSTER MAKING

1st	Pooja	PGGCG-11, Chandigarh
2nd	Barbika	PGGCG-11, Chandigarh
3rd	Anshika Walia	PGGCG-11, Chandigarh

Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests



Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests



Let's be Friendly
and
Plant Trees
Unconditionally

1ST

Live life cleaner by making
earth greener

3RD

VAN MAHOTSAV 2020

PRIZE WINNING SLOGANS

Take a ride
on the
green side.

2ND

WE, THE STUDENTS OF PRIYATI -THE ENVIRONMENT SOCIETY TAKE
PLEDGE TO



Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests



Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests

**WE, THE STUDENTS OF PRIYATI -THE ENVIRONMENT SOCIETY/DARE
PLEDGE TO**



Virtual Events

Webinars/Interactive Sessions/Conferences/Workshops/Contests



**POST GRADUATE GOVERNMENT COLLEGE FOR
GIRLS, SECTOR 11, CHANDIGARH**
NAAC accredited grade 'A' (CGPA 3.52)

PRAKRITI - THE ENVIRONMENT SOCIETY
Celebrates

AKSHAY URJA DIWAS 2020

Theme : "Renewable Energy for a Brighter Future"

EVENTS:

- 1. INTER COLLEGE JUST A MINUTE CONTEST**
- 2. INTER COLLEGE ECO-RANGOLI MAKING COMPETITION**
- 3. INTER COLLEGE SHORT FILM MAKING COMPETITION**

Send your entries till 19.08.2020 in form <https://forms.gle/Zb8ymjdugm8rxn6>

Result Declaration : 22nd august 2020 by email / phone

For any query contact Dr. Parul Virk (9646400035) or Dr. Rinky (9501554108)

Dr. Sangeeta Mehtani
CONVENER "PRAKRITI"

Dr. Sadhana Verma
CO-CONVENER "PRAKRITI"

Prof(Dr) Anita Kaushal
PRINCIPAL

हिन्दी अनुभाग

क्रम संख्या	विषय	नाम
1.	सम्पादकीय प्राध्यापक- हिन्दी की बढ़ती लोकप्रियता के मायने	डॉ. मोहन लाल जाट
2.	सम्पादकीय छात्रा	नज़मा
3.	बचपन	नज़मा
4.	बेटी	प्राची चौहान
5.	आधुनिक नारी	पल्लवी ठाकुर
6.	हैवानियत	शालू
7.	बेटी हूँ मैं	खुशबू
8.	भारतीय नारी	नज़मा
9.	कोरोना काल में बदलता जीवन	नेहा चौहान
10.	कोरोना महामारी	टंकिता
11.	किसान	रुचि यादव
12.	किसान है वो	नीतू
13.	मिट्टी से जुड़ा किसान	पूजा
14.	भारतीय किसान	दीपिका
15.	कया वो किसान थे	पायल
16.	जिंदगी का सच	जानवी
17.	वापिस लौट चले आओ	जानवी
18.	भारत में बेरोजगारी	खुशबु
19.	ऑनलाइन शिक्षा	प्रभजोत कौर
20.	विश्व हिन्दी दिवस	डॉ. कमल कृष्ण
21.	गुरु नानक साहिब की वाणी में प्रकृति वर्णन	डॉ मीना रानी

हिन्दी की बढ़ती लोकप्रियता के मायने

‘हिन्दी’ हमारे देश में दो सवरूप में प्रचलित भाषा है—एक व्यावहारिक और दूसरा शास्कीय या राजकाज की भाषा। व्यावहारिक रूप में हिन्दी का फलक बहुत व्यापकता लिए हुए है। जम्मू—कश्मीर से लेकर कन्याकुमारी और अरुणाचल प्रदेश से लेकर गुजरात तक हिन्दी विभिन्न भाषाई संस्कारों और बोलियों से अहातों में बोली जाती है। दैनिक बोलचाल की भाषा में, आचार—विचारों को उकेरने में, मान—मर्यादा के प्रकटीकरण में, खान—पान उठने—बैठने के तौर तरीकों में घर—परिवार से लेकर सामुदायिक कार्यक्रमों में, धार्मिक—सांस्कृतिक आयोजनों में, राजनैतिक—गलियारों के चुनावी भाषणों में, रेहड़ी लगाने वाले से लेकर बडबडे ब्रांडेड शॉरूम के मालिकों के लेन—देन या खरीद—फरीख्त में धार्मिक यात्राओं में, जंगली जीवन की सुध लने के लिए रहस्यमय बनकर जाने वाले ऐडवेंचर्स में, कच्चे चूल्हे से लेकर अनुनातन शहरों की ब्रांडेड चिमनियों के नीचे चमचमाते इंडक्शन पर खाना बनाना वाली भारत की गृहणियों में हिन्दी रची—बसी है और शिक्षा के साथ गहनता से भारत की आत्मा को अभी भी पकड़े हुए हैं, जबकि अधुनातन युग में अंग्रेजी के बोलबालों के बीच वह फँसी हुई सी प्रतीत होती है।



हिन्दी का अस्तित्व जन यानि भारतीय जन से है, जो गाँव कस्बे से लेकर चकाचौंध की शहरी दुनिया में अपना—अपना कार्य करते हुए सजल जीवित है। यह इतनी विशाल हृदया है कि कब इसके कलेवर में मौखिकतः अंग्रेजी, तुर्की, अरबी—फारसी, उर्दू, मराठी, दक्षिण भारतीय भाषाओं के प्रचलित शब्द समा गए पता ही नहीं चला शायद यही वजह है कि निजी संस्थानों में अंग्रेजी के वर्चस्व को चुनौति देवी—देवी हिन्दी उन्हीं निजी संस्थानों के मालिकों के घर परिवार में संध मारकर उनके बच्चों, माता—पिताओं और नजदीकी रिश्तेदारों की आपसी बोलचाल में हिन्दी ही हिन्दी है। फराटेदार अंदाज में ऑफिस में भाषण देने अधिकारी भी घर जाकर अपने आत्मीयजनों से हिन्दी में ही बातचीत करते हैं, उन्हें समझाते हैं तथा खुद समझते हैं। यही नहीं बाजारीकरण की इस युग के विज्ञापन, और मार्केटिंग की भाषा भी हिन्दी ही प्रधानतया बनी हुई है। भारत का ऐसा कोई कोना नहीं, जहाँ हिन्दी में छिपे विज्ञापन या टी.वी. मोबाईल में दिखाए गए विज्ञापन किसी की समझ से परे हो। स्थिति संतोषजनक ही नहीं, गौरवान्वित करने वाली भी है कि अंग्रेजी में सारी पढ़ा लिखी के बावजूद आम जतना से रूब—रू होते समय अंग्रेजी का अपने ही वतन की आम बोलचाल वाकी हिन्दी में बात करते और अपने कार्य निपटाते दिखाई देते हैं। लोगों की आशंका है कि हिन्दी लुप्तप्रायः हो जाएगी लेकिन वर्तमान की स्थिति स्पष्ट बताती है कि हिन्दी और तरक्की की राह पर चलकर जन—जन बहुजनप्रिय होगी।

अब बातें करें राजकाज की भाषा हिन्दी की तो, यह भी आगे ही प्रतिशील है। स्वाधीनता के बाद से आज हिन्दी की स्थिति राजकाज में बेहतर है। कार्यालयों में आमजन जाता है अपने कार्य हेतु की स्थिति राजकाज में बेहतर है। कार्यालयों में आमजन जाता है अपने कार्य हेतु, तो सरकारी आदेशानुसार प्रशासन ने हिन्दी अंग्रेजी में सभी प्रारूप छपवा रखे हैं। कहीं—कहीं तो विशेषणतया उत्तर भारतीय राज्यों में हिन्दी ही शासकीय भाषा है जहाँ 100 काम हिन्दी में ही किया जाता है। आदालतों में धीरे—धीरे भारतीय भाषाओं का वर्चस्व और अनुवाद कार्य बढ़ रहा है। जिसमें हिन्दी मुख्यतया शामिल है। आज केंद्र राज्य सरकारों प्रत्येक विभाग में हिन्दी अधिकारी तथा अनुवादक नियुक्त कर ही है ताकि जनकार्य सुविधाजनक रूप में आगे बढ़ सके। उनकी भाषा में जन का कार्य हो सके। यह सब देखकर हम गर्व से कह सकते हैं— “हिन्दी में हम हिन्दी में हम, हिंदी है हम।

वतन है हिन्दुस्तान हमारा।।

डॉ. मोहन लाल जाट

सम्पादकीय
प्रिय छात्राओं,

आज मैं अपने आपको अत्यंत गौरवान्वित अनुभव कर रहा हूँ। कि मुझे आभा पत्रिका का सम्पादन करने का अवसर मिला। सर्वप्रथम आप सभी छात्राओं और नारी शक्ति की अभिनंदन, कि आप उत्तरी भारत के इस महान संस्थान की प्रबुद्ध छात्राएं हैं। यहा कि अधिकतर छात्राएं अपनी मेहनत और योग्यता के बल पर बड़े-बड़े पदों पर आसीन हुई हैं। अर्थात् हमारी छात्राएं इस महाविद्यालय से शिक्षित होकर सम्पूर्ण भारतवर्ष ही नहीं विदेशों में भी अपनी प्रतिभा स्थापित कर चुकी हैं। आप छात्राओं में ही हमारी कल आने वाली महान, लेखिका प्रशासिका, डॉक्टर वकील, महान दार्शनिक, विचारक और चिन्तक, विद्यमान हैं। बस हमें यही अन्वेषण करना है कि आपकी प्रतिभा में कौन सा बीज प्रस्फुटित हो रहा है। आपके शिक्षक इसमें आपका मार्गदर्शन करत हैं परंतु आपने स्वयं भी अपनी क्षता से इसकी खोज करनी हैं। आपका लक्ष्य ऊंचा होना चाहिए और उस लक्ष्य को प्राप्त करने की लगन आपके अन्दर होनी चाहिए फिर आपको आपकी मुंजिल तक पहुंचने से कोई भी नहीं रोक सकता। आपकी लगन और दृढ़ संकल्प ही आपको विपरीत परिस्थितियों से जूझने की शक्ति प्रदान करेगा। सभी छात्राओं में ज्ञान अर्जित करने की प्रवृत्ति, आज का कार्य काल पर ना टालने की आदत, और निरंतर परिश्रम करते रहना ही सफलता के आयाम हैं। क्योंकि महान लक्ष्य सही कार्य पद्धति द्वारा ही संभव हैं।

आप सभी नई उभरती लेखिकाओं और कवयित्रीओं के प्रयास सराहनीय है मेरा आप सभी छात्राओं से यही अनुरोध है कि अपना अभ्यास जारी रखें क्योंकि सतत निरंतर अभ्यास ही आम व्यक्ति को विशिष्ट बनाता है अपने भीतर छिपे अपार संभावनाओं को पहचानें और हमेशा आगे बढ़ती रहे।

शुभकामनाओं सहित!

डॉ. कमल कृष्ण

प्राध्यापक सम्पादक

संपादकीय

सफलता के लिए एक महत्वपूर्ण कुंजी आत्म-विश्वास है और आत्मविश्वास के लिए एक महत्वपूर्ण कुंजी बेहतर तैयारी है। कतहे हैं ना कि 'भरोसा अगर खुद पर है, तो जो लिखा है तकदीर में वही पाओगे। भरोसा अगर खुद पर हैं तो खुदा वही लिखेगा जो आप चाहोगे।

इसलिए उपलब्धियों से अधिक और कोई भी चीज़ आपके अन्दर आत्म-सम्मान और आत्म विश्वास नहीं पैदा कर सकती। अपनी क्षमता को पहचानकर और उस पर विष्वास करके की कोई एक बेहतर दुनिया बना सकता है। हर वो अनुभव जिसमें आप भय का सामना करते हैं वो आपकी शक्ति, साहस और आत्मविश्वास को बढ़ाता है। आशावादिता वो विश्वास है जो उपलब्धि की तरफ ले जाती है। बिना आशा और विष्वास के कुछ भी नहीं किया जा सकता।

जो व्यक्ति खुद पर भरोसा नहीं करते वह सदैव अपने मार्ग में विचलित अवस्था के कारण भटकते रहते हैं तथा कभी सफल नहीं हो पाते। इसलिए खुद पर भरोसा रखो अपनी अपनी क्षमताओं पर विश्वास करो। बिना अपनी शक्तियों में विनम्र लेकिन उचित आत्मविश्वास के तुम सफल या प्रसन्न नहीं हो सकते। जिनमें आत्मविश्वास होता है वे ये कभी नहीं सोचते कि दूसरे उनके विषय में क्या सोचते हैं, क्या राय रखते हैं। उनकी यही सोच उनको आत्मविश्वासी बनाती है।

जैसा आपका आत्मविश्वास होता है वैसी आपकी क्षमता होती है। इसलिए मैं सभी छात्राओं को प्रेरित करते हुए कहतही हूं कि आपका आत्मविश्वास और कठिन परिश्रम ही सफलता की कुंजी हैं।



नज़मा
छात्र सम्पादिका

बचपन

कई किस्से कहानियां, फंसी है
नीम की उस डाली में
बचपन आज भी उलझा है
चांद की उस थाली में
कुछ दिन जो आम फुर्सत के मिले
कोई कह दे जा
बचपन फिर जील ले
फिर भीगे बारिश में
ना हो कोई हिचकिचाहट
आंख मिचौनी का खेल हो
छिपे उन अंधेरे कोनों में
ना हो कोई घबराहट
चल, उन गलियों में फिर दौड़ें
गिरे संभले, घरों में लौटें
लिए धूल में मले कपड़ें
सुबह लड़े, शाम तक म जाए
बैर सारा चुटकी में भूल जाए
गले में हाथ डाल
घूमे साथ फिर
ठमली की चुसकियां
ळो सीढ़ियों पर बैठे बाते फिर
बेच के उस मैदान पर रचे लगोरियां
चढ़े ऊंचे पेड़, चेखे बिनोरियां
हाय! एक कसक—सी उठती है सीने में मेरे
जो याद आते हैं वो दिन सुनहरे
उन पलो का मोल जब समझ आता है,
रेत सा वक्त हाथों से सरक जाता है।

नज़मा
बी.ए

बेटी

कन्यादान हुआ जब पूरा, आया सनम विदाई का।
हंसी खुषी सब काम हुआ था, सारी रस्म आदाई का।
बेटी के उस काटर स्वर से बाबुल की झकझोर दिया।
पूछ रही भी पापा, तुमने, क्या सचमुच में छोड़ दिया।।
अपने आंगन की फुलवारी, मुझको सदा कहा तुमने।
मेरी रानी की पल भर भी, बिल्कुल नहीं सहा तुमने।।

क्या इस आंगन के कौने में, मेरा कुछ स्थान नहीं
अब मेरे रोना का पापा आपको बिल्कुल ध्यान नहीं।
देखी अन्तिम बार देहरी, लोग मुझे पुजवाते हैं। आकर के पापा क्यों इनकी, आप नहीं धमकाते हैं।।

नहीं रोकते चाचा, ताऊ, भैया से भी आस नहीं
ऐसी भी क्या निष्ठुरता है, कोई आता पास नहीं।।

बेटी की बातों को सुन के, पिता नहीं रह सका खड़ा,
उमड़ पड़े आंखों से आंसू, वदहवास सा दौड़ा पड़ा।।
काटर बछिया सी वह बेटी, लिपट पिता से रोती थी।
जैसे यादों के अक्ष रवह अश्रु बिंदसे से धोती थी।।
माँ को लगा गोद से कोई मानी सब कुछ छीन चला।

फूल सभी घर की फूलवारी से कोई ज्यों बीन चलो ।।
छोटा भाई भी कोने में बैठा-बैठा सुबक रहा ।
डसकी कौन करेगा चुप अब, वह कोने में दुबके रहा ।।?
बेटी के जाने पर घर ने, जाने क्या-क्या खोया है ।
कभी न रोने वाला बापप, फूट-फूट कर रोया है ।

प्राची चौहान
बी.ए. तृतीय

आधुनिक नारी

मैं अबला नादान नहीं हूँ, दबी हुई पहचान नहीं हूँ। मैं स्वाभिमान से जाती हूँ
रखती अंदर खुदा हूँ ।।
मैं आधुनिक नारी हूँ।
पुरुष प्रधान जगत में मैंने, अपना लोहा मनवाया ।
जो काम मर्द करते आये, हर काम वो करके दिखलाया
मैं आज स्वर्णिम अतीत सदृश, फिर से पुरुषों पर भारी हूँ
मैं आधुनिक नारी हूँ ।।
मैं सीमा से हिमालय तक हूँ, और खेद मैदानों तक हूँ।
मैं माता, बहन और पुत्री बिजनेस, लेडी, व्यापारी हूँ
मैं आधुनिक नारी हूँ ।।

पल्लवी ठाकुर
कक्षा बी.ए, तृतीय

हैवानियत

हैवानियत इतनी कि इंसानियत शर्मसार हो जाए
अब नहीं देखा जाता दरिंदगी का तांडव
बैटियों का जीवन दुशार न हो जाए
न्याय करो कहीं देश से बैटियों का
नम न मिट जाए ।
छरिंदगी बढ़ चुकी है शहरों और गांव में
फर्क नहीं दिखता अपनो में और गैरों में
जिस्म को नोच खाने वाला शैतान जिंदा है ।
आज भी कहीं ना कहीं दुशासन जिंदा है ।

शालू

बेटी हूँ मैं

कौन हूँ मैं?
आखिर कौन हूँ मैं?
जो कभी सुनी न जा सकी,
एक दबी सी हंसी हूँ,
जे कभी खिलखिला न सकी,
चहा तो बहुत कि सर उठाऊँ मैं,
पर कभी अपनी आवाज़ यूँ उठा न सकी,
कौन हूँ मैं?
आखिर कौन हूँ मैं,

मत चिंता करो मेरी,
खुद को संभाल लूंगी मैं,
ठतनी तो सक्षम हूँ ही,
थक खूद को पाल लूंगी मैं
फहचानप लो न मुझे,
कौन हूँ मैं?
जीवन को बचाती एक कड़ी हूँ मैं,
आस का दीप जलाती एक कड़ी हूँ मैं,
माँ-बाप की आंखों में छुपी आशा हूँ मैं,
आने वाले कल की परिभाषा हूँ मैं,
एक नज़र देखो तो सही,
और कोई नहीं, और कोई नहीं,
एक बेटी हूँ मैं, एक बेटी हूँ मैं।

भारतीय नारी

एक मुस्कान उसकी गमों को भुला देती है।
नारी की कोमलता हर कठोरता को पिघला देती है
अपने सिने से लगाकर सिंचा है नारी ने हर इंसान को
अपनी उंगलियों के सहारे चलना सिखाया इस संसार को
इसका एक स्पर्श ममता का एहसास दिला जाता है
नारी के आंचल में सारा संसार समा जाता है।
कभी जनक की जानकी है ये
तो कभी राम की सता
कभी काली—सा क्रोध है इसमें
तो कभी शंकुतला —सी शीलता
यम को भी हरा दे, ऐसी सावित्री—सी पतिव्रता
महिषासुर वधनी भी है
ये विश्व कीय जननी भी है
छोपदी —सा लोच है इसमें
इसमें धरती की है सहनशीलता
मेनका उर्वशी की सुंदरता भी है
इसमें रानी लक्ष्मीबाई की वीरता भी है
ये गृहणी बन घर को स्वर्ग बनाती है
मैं टेसिसा बन विश्व को दया का पाठ पढ़ाती छै
नारी ममता की परिभाषा है
प्रेम का सागर है
त्याग की मूरत, क्षमता का भंडरा है
क्या नाम दूँ तुझे—नारी
तू आरती, तू पूजा भी
तूफ तृष्णा है, तू ही सरिता
तेरे रूप अनेक हैं
तू किसी एक नाम में कहां समाती है
सूर्य की किरणों की भांति संसार को जीवन देती है।

नज़मा
बी.ए.द्वितीय

कोरोना काल में बदलता जीवन

यह वायरस नहीं कुदरत का कहर हमें सता रहा है,
छेकर यह संकते हमें बता रहा है।
थजततना पैसा कमाने विदेश चले जाओ लेकिन
मुसीबत के वक्त तुम्हें अपने ही घर आना है।
चलो इस वायरस के आने का कुछ फायदा हुआ?
इसके कारण पूरी दुनिया का हर परिवार एक हुआ।
क्योंकि जिंदगी गुजरने लगी है अब तो किश्तों पर
व्यस्त जीवन और मोबाइल जो भारी पड़ गया है सभी रिश्तों पर।
कोरोना को रोकने, में सरकार का साथ दीजिए
इस बीमारी को शंका होने पर टोल फ्री नंबर पर बात कीजिए।
कोरोना वायरस है एक बड़ी महामारी,
इसको फैलने से रोकना हम सबकी जिम्मेदारी।
घर पर रहों, बाहर मत जाओ,
देसी भोजन घर का खाओ,
हाथ दस-बार साफ करो, कहीं भी गंदगी ना करे!
हॉट बाजार से दूर-दूर रहो
लोगों से मिलना दूर करो,
कुछ ही दिन का यह संकट है।
उसके बाद खूब मौज करो।

नेहा चौहान
कला संकाय तृतीय

कोरोना महामारी

देश दुनिया में फैली एक महामारी
कोरोना है यह बीमारी
जिसने बदल कर रख दी जिन्दगानी
कोरोना है यह बीमारी
कोरोना है यह बीमारी ।।
कभी सोचा ना था जिंदगी में एक ऐसा भी
मोड़ उठाया
मनुष्य खुल कर सांस भी न ले पायेगा,
चार दीवारी में बंद होकर रह जाएगा
अपनी गलती पर अब मनुष्य जरूर पछवाएगा
इस काल में पूरी तरह से बदल
चुंकी है जिंदगी
घर से आंगन और आंगन से घर
इसी दायरे में सिमट
चुकी है जिंदगी ।
अब खाली पड़ें हैं स्कूल कॉलेज
सुनसान आंगन, खाली मैदान
सूनी पडी है बेंचे और कोरिडोर विरान ।।
इस महामारी के दौर ने हमें दिखा दिया
है कि जिन्दगी कितनी छोटी है,
इसलिए
छोटी सी जिन्दगी हंस के जिओ,
भूल के गम सारे दिल से जिओ,
यहां अगले ही पल क्या हो जाए किसे पता
इसलिए हर पल को बार—बार जिओ ।।

किसान

कड़ी धूप हो या हो शीतकाल,
हल चलाकर न होता बेहाल !!
रिमझिम करता होगा सेवरा,
इसी आस में न रोता चाल!!
खेती बाड़ी में जुटाता ईमान,
महान पुरुष है, है वो किसान।।
छोटे-छोटे बीज बोता,
वही एक बड़ा खेत होता!!
जिसकी दरकार होती उसे,
बोकर उसे वह तभी सोता।।
खेतों का कण कण है जिसकी जान,
महान पुरुष है, है वो किसान!!

रुचि यादव
बी. ए. तृतीय

किसान है वो!!

गाँव को गाँव ही रहने दो शहर न बनाओ साहब
हमारे मिट्टी के आशियाने को बिल्डिंग न बनाओ साहब
जो सुकून खेत खलिहारनों में है वो शहर के बगीचों में कहा साहब
सुना है शहरों में हर वस्तु की बहुत कीमत है
जरा हमारे रोजी-रोटी के साधन की कीमत बढ़ा के तो देखो
साहब.....
हमारा गाँव ही हमारा जन्मत है
हमारा जन्मत न छीनो साहब
सुना है आप लोगों के वक्त की बहुत कीमत है
कभी हमारे वक्त की कीमत को समझने की कोशिश तो करो साहब.....
कभी सुकून जन्मत की तलाश हो तो हमारे गाँव आकर तो देखो साहब.....
गाँव को गाँव ही रहने दो शहर न बनाओ साहब

नीतू
बी.ए. द्वितीय

मिट्टी से जुड़ा किसान

पेट जो भरता लोगों का
मिट्टी से फसल उगाता है।
उस कि खातिर तो
ये घर ही उसकी माता है।
आलस जरा नमन में रहें
कोई डर न मन में रहें
जितनी सी मुसीबत पड़ती है
बिन बोले वो चुपचाप रहे
बस परिवार की खातिर ही
वो रहता मुस्कुराता है।
उस किसान की खातिर तो
ये घर ही उसकी माता है।
न धूप सताए दिन की उसे
न काली रात डराती है
डटा रहे हर मौसम में
जब तक न फसल पक जाती है
सूरज के उठने से पहले
वो पहुंच खेत में जाता है
उस किसान की खातिर तो
ये घर ही उसकी माता है
मेहनत करता है पूरी और
संयम भी बांधे रहता है

बोझ जिम्मेवारियों का
उसके कंधे ही रहता है।

पूजा
बी.ए. तृतीय

भारतीय किसान

धूप हो या बारिश वह हार नहीं मानता
करता दिन भर मेहनत पर आराम नहीं मांगता,
इच्छा व प्रेम से छोटे-छोटे बीज है बोता,
पर करू करे साहिब किसान कभी हार नहीं मानता ।

खुद के घर की छत टपकती,
लेकिन चिंता जो माथे पर दिखती,
भूख प्यास जो फिर नहीं लगती
मन की इच्छा जो पूरी न होती ।

जो खेती छोड़ दी जमीदारों ने,
वो अन्न कहां से आएगा,
भूखी मर जाएगी दुनिया,
संसार खत्म हो जाएगा ।

जिनकी कृपा से आज भी, चलता है सारा देश,
सरकार उनके बीच में कर रही मतभेद,
मेहरनत किसान की कैसे सब भूल गए,
कर्ज, गरीबी, भुखमरी से फांसी ले किसान मरे ।

जिगरों में दम है अब भी, उठ खड़े हम होंगे आज,
खुदा का हक लेके रहेंगे, चाहे गिर जाए कोई गाज,
कर्जों को हम सहते आए, देदर्द से मेंजर सहते आए,
उन लंबे-लंबे रास्तों ये खुद का हल चलाते आए ।

सूखा-बाढोंत्र जैसे हालात,
मिल-जिल कहते सभी किसान,
जय जवान जय किसान,
किसान बचाओ मंडी बचाओं

दीपिका

वापिस लौट चले जाओ ना.....

बरसो बीत गाय, यादे भी अब तड़पाने आ जाती है,
दिल सा मचलने लगता जब—जब तुम्हारी याद आती है,
तो वापिस लौट चले आओ ना,
हमारा तो रिश्ता भी कोई मामूलि नहीं, कि जल्दी ही भूल जाऊँ, आखिर बचपन से उँगली पकड कर चलना सिखाया, तो इतनी जल्दी कैसे भूल जाँगली पकड कर चलना सिखाया, तो इतनी जल्दी कैसे भूल जाऊँ तो वापिस लौट चलें औओ ना,
जिन्दी का सफर अभी तो अधूरा है, तुम तो पहले ही साथ छोडद्व बैठे, अभी पतंग को बांधा ही था, उड़ान देनी तो बाकी है, तो वापिस लौट चले आओ ना,

आज को कल का इतिहास बनाना भी तो बाकी है,
अपने सपनो को पंख लगाना बाकी है, तो वापिस लौट चले आओ ना,

जानवी
बी.ए.तृतीय

जिन्दगी का सच

जमाने ने हमें उठना सिखाया,
तो जिन्दगी ने परखना।
माँ ने प्यार करना सिखाया,
तो बाप ने कड़ी धूप में मेहनत
सपनों ने हमें जगाना सिखाया
तो लोगो ने गिरना सिखाया
मौके ने दोबारा उठना सिखाया
तो हर शकिसयत ने झुकना सिखाया।
पक्षी न उड़ान भरना सिखाया,
तो जिन्दगी न हर पल जीना सिखाया।

शानवी
बी.ए.तृतीय

क्या वो किसान थे

हिंसा को भड़काने वाले
ये किसान नहीं हो सकते।
जीवन को सुलगाने वाले
ये किसान नहीं हो सकते।
खेतों में जो श्रम का पानी देता है।
फसलों को जो खून की सानी देता है।
फसलों को आग लगाने वाले
ये किसान नहीं हो सकते।
हिंसा को भड़काने वाले
ये किसान नहीं हो सकते।
खुद भूखा रहकर जो औरों को भोजन देता है।
खुद को कष्ट में डाल दूसरों को जीवन देता है।
सड़कों पर दुध बहाने वाले
ये किसान नहीं हो सकते
हिंसा को भड़काने वाले
ये किसान नहीं हो सकते।
कर्ज में डूबे उस किसान की क्या हिम्मत है।
घुट-घुट कर मर जाना उसकी किस्मत है
बच्चों पर पत्थर बरसाने
वाले थे किसान नहीं हो सकते
हिंसा को भड़काने वाले
ये किसान नहीं हो सकते।

पायल
बी. ए. द्वितीय

भारत में बेरोजगारी

स्वतंत्र भारत को जिन समस्याओं से जूझना पड़ रहा है उनमें बेरोजगारी की समस्या सबसे प्रमुख समस्या है। भारत में जनसंख्या की वृद्धि के साथ इस समस्या का विस्तार हो रहा है। बेरोजगारी क्या कुछ नहीं कराती सभी प्रकार के अपराध रोजगार के अभाव में पैदा होती हैं। भूखा मनुष्य हर तरह का पाप करने के लिए तैयार हो जाता है। भारत में बेकारी की समस्या के तीन रूप हैं प्रथम तो वे बेरोजगार हैं जिन्होंने कुछ शिक्षा प्राप्त की है और उनकी शिक्षा के अनुरूप उन्हें रोजगार प्राप्त नहीं है ऐसे व्यक्ति प्रायः तकनीकी शिक्षा प्राप्त नहीं है ऐसे व्यक्ति प्रायः तकनीकी शिक्षा प्राप्त अधिक है दूसरी प्रकार के वे बेरोजगार व्यक्ति हैं जो न तो सामान्य शिक्षा प्राप्त है और न ही किसी प्रकार का तकनीकी प्रशिक्षण ही उन्हें प्राप्त हुआ है ऐसे व्यक्ति केवल मजदूरी कर सकते हैं तीसरी प्रकार की बेरोजगारी कृषि के क्षेत्र में है जहाँ वर्ष में केवल चार या पांच मास ही काम होता है और शेष समय खाली रहते हैं। भारत में बेरोजगारी निरंतर बढ़ती जा रही है। बेरोजगारी की शिक्षित बेरोजगार अधिकतर नगरों में पाए जाते हैं। इस समय लगभग 15 करोड़ व्यक्ति पूर्ण या आंशिक रूप से बेरोजगार हैं जनसंख्या की भारती वृद्धि के कारण देश में बेरोजगारी की संख्या तीव्र गति से बढ़ रही है बेरोजगारी अन्मूलन के लिए आवश्यक है कि हम आर्थिक सुधारों के साथ-साथ कृषि सुधार लघु एवं कुटरी उद्योगों की स्थापना की ओर भी अधिक ध्यान दें। अभिप्राय यह है कि सरकार ऐसी योजनाएं बनाए जिससे कि रोजगार के अवसर भी बढ़ें एवं सामाजिक न्याय की मान्यता भी पूरी की जा सके। बेरोजगारी भारत के माथे पर एक कलंक है।

निबंध ऑनलाइन शिक्षा

भूमिका—शिक्षा हमारे जीवन का सबसे महत्वपूर्ण हिस्सा है। शिक्षा प्राप्त करके ही हम अच्छा करियर चुन सकते हैं और अपने भविष्य को उज्ज्वल बना सकते हैं। आजकल के समय में कोरोना महामारी के कारण ऑनलाइन शिक्षा का दौर है। ऑनलाइन शिक्षा पढ़ाई का एक नया डिजिटल तरीका है जिससे छात्र घर बैठे पढ़ाई कर सकते हैं। ऑनलाइन शिक्षा—शिक्षा की एक ऐसी विधि है जिसके द्वारा विद्यार्थी इंटरनेट के माध्यम से घर बैठे अपने इलेक्ट्रॉनिक उपकरणों जैसे—कंप्यूटर, लैपटॉप स्मार्टफोन और टेबलेट आदि के उपयोग से ऑनलाइन पढ़ाई कर सकते हैं। ऑनलाइन शिक्षा एक ऐसा तरीका है जिसके माध्यम से दुनिया के किसी भी कोने से इंटरनेट के इस्तेमाल से शिक्षिक और छात्र आपस में सम्पर्क स्थापित कर सकते हैं।

ऑनलाइन शिक्षा सुविधाजनक है— ऑनलाइन कक्षा में

शिक्षिक और स्टूडेंट के बीच बहुत अच्छा तालमेल रहता है। ऑनलाइन शिक्षा प्रणाली आप अपनी पसंद के अनुसार शांत जगह चुनकर अपनी ऑनलाइन कक्षा में शामिल होकर सुकून से पढ़ाई कर सकते हैं, इसमें आपको कोई भी परेशानी नहीं होगी। आप ऑनलाइन पढ़ाई अपने टाइम-टेबल के अनुसार कर सकते हैं। ऑनलाइन शिक्षा के लिए आपको कहीं आने जाने की जरूरत नहीं है। आप घर बैठे ही ऑनलाइन कक्षा में शामिल हो सकते हैं इससे जहां आने-जाने का खर्चा बचता है, वहाँ हमारा समय भी बचता है।

ऑनलाइन शिक्षा सस्ती है— ऑनलाइन शिक्षा स्कूल शिक्षा से बहुत सस्ती है। स्कूल या कॉलेज में हमारा आने जाने में बहुत समय खराब होता था इसमें पैसे भी खर्च होते हैं तथा स्कूल के कई अन्य खर्चे भी होते थे। जबकि ऑनलाइन पढ़ाई करने से आपका समय भी बचता है और कोई स्कूल या कॉलेज का खर्चा भी नहीं होता।

यहां तक कि हम अपनी किताबें भी ऑनलाइन प्राप्त कर सकते हैं, जो कि ऑनलाइन से खरीदने से सस्ते दामों में मिल जाती है।

ऑनलाइन शिक्षा सुरक्षित है—कोविड-19 महामारी के समय में सामाजिक दूरी का ख्याल रखते हुए ऑनलाइन शिक्षा सुरक्षित है। जहां लॉकडाउन में सभी स्कूल और कॉलेज बंद हो गए थे और वहीं बच्चों की शिक्षा थम सी गई थी। वहीं ऑनलाइन शिक्षा के कारण इस आपदा के समय में भी अपनी शिक्षा निरन्तर जारी रखें हुए हैं और बच्चों का पाठ्यक्रम भी नहीं पिछड़ा है।

ऑनलाइन शिक्षा समय की बचत —बहुत से विद्यार्थी ऐसे भी होते हैं, जिनके घर की आर्थिक स्थिति ठीक नहीं होती। ऑनलाइन शिक्षा में समय की बचत होती है तथा विद्यार्थी बचे हुए समय में पढ़ाई के साथ कोई जॉब या अपनी दुकान में काम करके घरवालों का आर्थिक रूप से हाथ बंटा सकते हैं।

ऑनलाइन शिक्षा की हानियाँ—भले ही शिक्षा की यह नई विधि हमारे लिए लाभदायक है, वहीं इसकी कुछ हानियाँ भी हैं। ऑनलाइन शिक्षा वैज्ञानिक साधनों पर निर्भर करती है। इस प्रकार से मोबाइल फोन का अनियमित प्रयोग हमारे शरीर के लिए हानिकारक साबित हो सकता है। यदि स्मार्टफोन या कंप्यूटर में खराबी हो जाए तो इलेक्ट्रॉनिक उपकरण के ठीक होने तक हम कक्षा में शामिल नहीं हो सकते। कई बार ऑनलाइन कक्षा को शुरू करके छात्र कक्षा लगाने के बजाय कोई ओर गृह काय करने लग जाते हैं। इस प्रकार वह कक्षा में अनुपस्थित रहते हैं। कई छात्र ऐसे क्षेत्रों में रहते हैं, जहाँ नेटवर्क उपलब्ध नहीं होता इससे छात्रों को कक्षा के दौरान परेशानियों का सामना करना पड़ता है। कई छात्र गरीब होने के कारण स्मार्टफोन या कंप्यूटर नहीं खरीद पाते और वह शिक्षा से दूर हो जाते हैं। इसके इलावा ऑनलाइन शिक्षा की हानियाँ निम्नलिखित हैं—

ओवर एक्सपोजर द स्क्रीन—ऑनलाइन कक्षाओं संचालन के लिए इलेक्ट्रॉनिक स्क्रीन गैजेट्स की आवश्यकता होती है। छात्रों को लम्बे-लम्बे समय तक कभी-कभी 2 से 3 घंटे तक लगातार स्क्रीन पर देखना पड़ता है। इस तरह लम्बे समय तक स्क्रीन के ऊपर देखने के कारण हमारे स्वास्थ्य के प्रतिरोधक क्षमता पर गहरा प्रभाव पड़ता है। इसके कारण कुछ छात्रों में सिरदर्द और आँखों की समस्याएं देखने को मिलती हैं।

व्यवहारिक शिक्षा के आभाव—व्यवहारिक अनुभव को शिक्षा के दृष्टिकोण से महत्वपूर्ण समझा जाता है। स्कूल या कॉलेज में शिक्षक बलैकबोर्ड का इस्तेमाल कर अच्छे से समझा देते थे। ऑनलाइन शिक्षा में वीडियो के माध्यम से ही समझाया जा सकता है। ऑनलाइन कक्षा में गहरे अध्ययन की कमी होती है। कुछ शिक्षा में कमजोर विद्यार्थी किसी टोपिक को एक बार में नहीं समझ पाते।

उत्साह की कमी—छात्रा जिस तरह वास्तविक कक्षा में जो उत्साह का वातावरण होता था, यहाँ उस वातावरण की कमी होती है। एक लाइव क्लास में जो आनंद का माहौल होता है ऑनलाइन क्लास में उस माहौल की कमी होती है। यहाँ पर शिक्षक और छात्र आपस में सीमित समय के लिए पाठ्यक्रम के विषय पर ही बात कर पाते हैं।

निष्कर्ष—ऑनलाइन पढ़ाई शिक्षा और तकनीक का एक संलग्न हैं। यह हमें सीखाती हैं कि हमें नई तकनीक के माध्यम से हम कैसे शिक्षा प्रणाली का लाभ उठा सकते हैं और हम इसमें विकास और सुधार के लिए और अधिक प्रयास कर सकते हैं। भले ही ऑनलाइन शिक्षा की कुछ हानियां हैं, परंतु ऑनलाइन शिक्षा ने कोविड-19 की महामारी में शिक्षा के क्षेत्र में हमें एक नई दिशा दी है। ऑनलाइन शिक्षा यहां तक कि हमारे लिए सुरक्षित भी सिद्ध हुई है।

प्रभजोत कौर
बी.ए.तृतीय

विश्व हिन्दी दिवस

प्रत्येक वर्ष दस जनवरी को विश्व हिन्दी दिवस मनाया जाता है प्रथम विश्व हिन्दी दिवस वर्ष 2006 में मनाया गया था। इसका मुख्य उद्देश्य विश्व में हिंदी के प्रचार-प्रसार के लिए जागरूकता उत्पन्न करना तथा हिन्दी को अन्तर्राष्ट्रीय भाषा के रूप में स्थापित करना है विदेशों में भारत के दूतावासों में इस दिन को विशेष रूप से आयोजित किया जाता है सभी सरकारी कार्यालयों में विभिन्न विषयों पर हिन्दी में व्याख्यान आयोजन किए जाते हैं विश्व में हिन्दी का विकास करने और इसे प्रचारित प्रसारित करने के उद्देश्य से विश्व हिन्दी सम्मेलनों की शुरुआत की गई है और पहला विश्व हिन्दी सम्मेलनों की शुरुआत की गई को है। और पहला विश्व हिन्दी सम्मेलन 10 जनवरी 1975 को नागपुर में आयोजित हुआ था इसकी कारण इस दिन को विश्व हिन्दी दिवस के रूप में मनाया जाता है।

अन्तर्राष्ट्रीय स्तर पर हिन्दी के विविध आयाम

1. विश्व के अनेक विश्वविद्यालय में हिन्दी शिक्षण किया जाता है इसके लिए हिन्दी चैयर्स की भी स्थापना की गई है।
2. संयुक्त राष्ट्र अमेरिका हार सप्ताह विदेश विभाग की ओर से समसामयिक मुद्दों पर हिन्दी में संवाद किया जाता है। अमेरिकी दूतवास से हिन्दी मैजजीन स्पैन प्रकाशित होती है।
3. आज के आधुनिक युग में अमेज़न, गूगल, फेसबुक जैसी विदेशी कम्पनियों ने भी हिन्दी के महत्व को स्वीकार किया है।
4. सम्पूर्ण विश्व में हिन्दी को संपर्क भाषा के रूप में पसंद किया जा रहा है।
5. आग कोरोना काल में भारत का नमस्ते 'पूरी दुनिया में विख्यात हुआ है।
6. यूनिकोट और हिन्दी कम्प्यूटरिंग के क्षेत्र में विकास होना हिन्दी की अन्तर्राष्ट्रीय की पहचान है।
7. सम्पूर्ण विश्व में भारतीय हिन्दी सिनेमा की अपनी एक पहचान है।
8. आज अमेरिका, कनाडा, इंग्लैंड, इटली, नैल्जियम, आस्ट्रेलिया, मारीशस, गुआना, सूरीनाम, नेपाल, श्रीलंका, मलेशिया आदि देशों में हिंदी का परचम लहरा रहा है।

अंतः में सुप्रसिद्ध हिन्दी विचारक फादर कामिल बुल्के के अनुसार हिन्दी भाषा इतनी समृद्ध सक्षम और सरल है कि हमारा सारा कामकाज सुचारु रूप से हिन्दी में किया जा सकता है। यह बड़े दुख की बात है कि हिन्दी भाषियों में भाषा के प्रति स्वाभिमान नहीं जगा, अन्यथा बहुत पहले हिन्दी देशव्यापी स्तर पर प्रचलित हो गई होती अचानक ही हिन्दी में कामकाज होना शुरू होने पर कुछ समस्या आना स्वभाविक है परंतु इनका निराकरण सम्भव है अतः जब हम विश्व पटल पर खड़े होकर देखते हैं तो पता है कि विगत कुल वर्षों से हिन्दी का वैश्विक मंच विशाल और समृद्ध होता जा रहा है। भारत का संयुक्त राष्ट्र संघ में हिन्दी की स्थापना का प्रयास, विश्व हिन्दी सम्मेलनों का आयोजन आदि ऐसे कार्य हैं जिससे हिन्दी की वार्षिक क्षमता का अनुमान सहज ही लगाया जा सकता है अर्थात् आज हिन्दी एकदेशीय नहीं बहुदेशीय भाषा का रूप ले चुकी है।

गुरु नानक साहिब की बाणी में प्रकृति —वर्णन

यह सर्वविदित है कि एक कवि का प्रकृति के साथ अटूट नाता हुआ करता है। वह अपनी भावनाओं एवं विचारों को प्रकृति के उपमानों के माध्यम से अभिव्यक्त देता है। अगर यह कहें कि प्रकृति का साहित्य व मानव के साथ अटूट नाता है तो कोई अतिशयोक्ति न होगी। प्रकृति के कण-कण में परमात्मा का प्रकाश-पुंज विद्यमान है, इसलिए हमारे गुरु साहिबान भी प्रकृति के सौन्दर्य की आंखों से ओझल नहीं कर पाए हैं, बल्कि उन्होंने प्रकृति को माता-पिता का दर्जा देकर गौरवान्वित किया है। श्री गुरु नानक देव जी ने कहा है:

पवणु गुरु पाणी पिता माता धरति महतु ।।

समस्त गुरुबाणी में प्रकृति का अति रम्य, मुग्धकारी, प्रेरक, सौहार्दकमयी, मंगलमयी व कल्याणकारी वर्णन हमारे गुरु साहिबान द्वारा किया गया है। श्री गुरु नानक देव जी वाहिगुरु जी के अवर्णनीय, आश्चर्यजनक व कल्याणकारी स्वरूप का दर्शन जब प्रकृति के सौन्दर्य में निहारते हैं तो मदमस्त हो सुरु में गा उठते हैं:

‘बलिहारी कुदरति बसिआ ।।

तेरा अंतु न जाई लखिआ ।।’

गुरुबाणी का गहनता से अध्ययन करते हुए विदित होता है कि श्री गुरु नानक देव जी संसार के जर्ने-जर्ने में परम पुरख परमात्मा के दर्शन करते हैं। हवा में चंवर की तरह प्रतीत होती है जो परमात्मा को चंवरझुलाती है। सारी वनस्पति फूल चढ़ाती है। सूर्य, चन्द्रमा और नक्षत्र इत्यादि जब उसकी आरती में जलने वाले दीपक तुल्य हैं:

“पवणु चवररो करे सगल बनराइ फूलतं जोती ।।”

अमृत वेले का शांत वातावरण, धीरे-धीरे से चलते हुए निर्मल हवा के झोकों व घास पर पड़ी ओस की बूंदें श्री गुरु नानक देव जी के भाव-प्रबंध में शोभा देती हैं और वे उसी भव्य वातावरण में परमात्मा के सिमरन में जुड़ बैठते हैं तथा कर जोड़ उसका, परमात्मा का धन्यवाद करते हैं।

“भिनी रैणि जिन्हा मनि चाउ ।।

जीवन के अंतिम दिनों में करतारपुर रहते हुए श्री गुरु नानक देव जी रे रावी दरिया के नजारों को प्रत्यक्ष देखा। झंझवात के आने से बेड़ियों का डोलना, डूबना-उतरना और नाविकों द्वारा उनको पार लगाने का प्रयत्न करना श्री गुरु नानक देव जी के लिए प्रणामोत्त बन गया इसी नज़ारे के रूबरू उन्होंने मनुष्य जीवन रूपी नाव को, संसार को मोह-माया के बंधनों में डोलते पाया। मानव बार-बार प्रयत्न कर अपनी जीवन नैया को भवसागर से पार लगाना चाहता है पर असफल रहता है। श्री गुरु नानक देव जी मनुष्य की विकृत भावों से भरी नाव को संसार-सागर से पार लगाने की राह दिखाते हैं।

“झड़ झखड़ ओहाड़ लहरी वहनि लखेसरी ।।

सतिगुरु सिउ आलाइ बेड़े बुबणि नाहि भउ ।।”

रावि नदि के किनारे लगे आमों के बाग और आमों पर बूर लगने पर बोलती कायेल की कू-कू श्री गुरु नानक देव जी परमात्मा के परमात्मा का वियोग प्रतीत होता है उस का कूकूना उन्हें ऐसे प्रतीत होता है जैसे वह विरह में तड़प-तड़प कर अपने प्रियतम से मिलने के लिए तड़प उठते हैं—

“कोकिल होव अंबि बसा सहजि सबद बीचारु ।।

सहजि सुभाइ मेरा सहु मिलै दरसनि रूपि अपारु ।।

सावन के महीने में बादलों की घोर गर्जना सुनकर मोर प्रसन्नता से नाच उठता है। प्रभु की महिमा में रते श्री गुरु नानक देव जी का हृदय भी सावन महीने में आह्लादित हो उठता है।

“उनवि घन छाए बरसु सुभाए मनि तनि प्रेमु सुखावै ।।

ननक बरसै अंग्रित बाणी करि करपि घरि आवै ।।”

‘बारह माह’ में श्री गुरु नानक देव जी सभी ऋतुओं का वर्णन करते हैं। बसंत और चैत्र के महीने में उन्हें सम्पूर्ण प्रकृति खिली-खिली व प्रसन्न दिखाई पड़ती है। भंवरे गुंजार कर रहे हैं, कोयल कू-कूक की मधुर आवाज अपना अनोखा राग अलाप रही है।

“—————चतु बसंतु भला भंवर सुहावड़े ।।

बन फूले मंझ बारि मै पिरु घरि बाहुड़ै ।।

“—कोकिल अंबि सुहावी बौले किउ दुखु अंकि सहीजै ।।

“भवरु भवंता फूली डाली किउ जीवा मरु माए ।।”

श्री गुरु नानक देव जी को ज्येष्ठ-आषाढ़ की कड़कड़ाती धूप भी प्रिय है, चूंकि कंटीले पेड़ पर बैठा पक्षी अपनी तेज आवाज में लगातार टीं-टीं करता रहता है।

आसाडु भला सूरजु गगनि तपै ।।

“रघु फिर छाड़आ धन ताकै टीडू लवै मोह बारै।।”^७

सावन महीने में मेंढकों की आवाज भी उन्हें सुंदर राग प्रतीत होती है। मेघ—मलाओं को देखकर मयूरों का नाचना, बंबीहें का बोलना प्रकृति के सौन्दर्य को और भी बढ़ा देता है। परमात्मा से प्रेम करने वाले हृदय इस दृश्य में आह्लादित हो गा उठते हैं:

“बरसे निसि काली कउि सुखु बाली दादर मोर लवंते।।

प्रिउ प्रिउ चवै बबीहा बोले...।।”

इसी ऋतु में मच्छर, मक्खियां व सांप भी अपने विष से लोगों को तंग करते हैं। परमात्मा से अलगाव झेलती हुई जीव—स्त्री को कुदरत रहता है:

“प्रिउ प्रिउ चवै बबीहा बोले भुइअंगम फिरहि डसंते।।

मछर डंग साइर भर सुभर हरि किउ सुख पाईऐ।।”

पूजा
बी.ए. तृतीय

कोरोना काल में वैदिक एवं लौकिक संस्कृत साहित्य का महत्त्व

वर्तमान समय में व्यक्ति अपने स्वार्थ के लिए प्रकृति का भरपूर दोहन कर रहा है।। पर्यावरण और विकास के बीच समन्वय के अभाव के कारण समाज में असंतुलन उत्पन्न हो जाता है। इसी प्रकार के असंतुलन का परिणाम है। “करोना महामारी”। इस महामारी का प्रभाव पूरे विश्व में देखने को मिला है। कोरोना महामारी चीन के “वुहान” से पूरे विश्व में फैला। इसके कहर से कोई भी क्षेत्र अछूता नहीं रहा। कोरोना महामारी ने अर्थव्यवस्था, स्वास्थ्य, समाज शिक्षा इत्यादि सभी पहलुओं

को प्रभावित किया है।

“डब्लू. एच. ओ”

के अनुसार कोरोना महामारी हमारी जीवन शैली का एक अंग बन गया है, अब मनुष्य को इस बीमारी के साथ जीना सीखना होगा।

इस महामारी को एक संकट की बजाए एक अवसर की तरह देखना चाहिए। भारत और वैदिक और लौकिक संस्कृति का प्रयोग कर इस महामारी का डट कर सामना कर सकता है।

कोरोना महामारी से बचने के लिए सामाजिक दूरी बनाए रखनाय अत्यन्त आवश्यक है भारत की संस्कृति में हाथ जोड़ ‘नमस्ते’ करने की अवधारणा है जिसे आज पूरा विश्व अपना रहा है। वहीं “होम क्वारेंटाईन” जैसी शैली भारतीय संस्कृति में पहले से ही कार्यरत हैं। जैसे:— एक महिला जब नवजात शिशु को जन्म देती हैं, तब उसे 12 दिन के लिए होम क्वारेंटाईन किया जाता है इसी प्रकार भारतीय संस्कृति में चप्पल पहनकर रसोईघर एवं घर में प्रवेश करना निषेध है।

ऑस्ट्रेलिया में शोध के माध्यम से यह पाया गया है कि कोरोना चप्पल के माध्यम से भी फैल रहा है। अंतः विश्व अपने जीवन—शैली में भारतीय संस्कृति की इन आदतों को आत्मसात कर कोरोना वायरस से स्वयं को सुरक्षित रख सकता है।

चार वेदों में से एक वेद “यजुर्वेद” सम्पूर्ण औषधि को समर्पित है। यजुर्वेद में वर्णित इन औषधियों का प्रयोग कर भारत कोरोना वायरस से लड़ने के लिए दवा बनाने में अग्रणी भूमिका निभा सकता है। अपनी प्रतिरोधक क्षमता में वृद्धि करने के लिए “काढ़ा” पीने कीय सलाह दी जा रही है। उपनिषदों में ध्यान, ज्ञान चर्चा, और योग का उल्लेख किया गया है। योग जिसे पूरा विश्व अपना रहा है, भारतीय संस्कृति की ही देन है।

वैदिक काल में नारियों का उच्च स्थान था। “यत्र नार्यस्तु पूजयते, रमयंते तत्र देवता।।” अर्थात् जहाँ नारी पूजी जाती है देवता वही निवास करते हैं। इस कोरोना काल में महिलाओं पर अत्याचार और यौन

उत्पीड़न जैसी समस्याएं बढ़ती जा रही है। इस प्रकार वैदिक संस्कृति से सीख लेकर महामारी के समय में महिलाओं को सुरक्षा प्रदान की जा सकती है।

इस महामारी के दौर में लोगों की आर्थिक स्थिति बहुत कमजोर हुई। कई लोगों का रोजगार छिन गया, भूखमरी से पीड़ित लोग अन्न के एक एक दाने के लिए तरस गए।

“सेवा परमो धर्मः” सर्वे भवन्तु सुखिनः” इत्यादि अवधारणाओं का अनुसरण कर सक्षम व्यक्ति निसहाय और भूखमरी से पीड़ित व्यक्तियों की सहायता कर सकते हैं। महाउपनिषद् सहित कई ग्रन्थों में लिपिबद्ध “वसुधैव कुटुम्बकम्” अर्थात् “धरती एक ही परिवार” है कि विचारधारा को अपनाते हुए पूरा विश्व आपसी समन्वय के माध्यम से इस महामारी का सामना कर सकता है। तथा तकनीक का प्रयोग कर इस महामारी से लड़ने के लिए उपयोग की खोज की जा सकती है। इस कोरोना काल में कई स्थानों पर साम्प्रदायिक भावनाएं भी सिर उठाने लगी हैं। ऐसी नकारात्मक गतिविधियों को रोकने तथा बंधुत्व की भावना का विस्तार करने के लिए “सर्वधर्म समभावना” जैसे विचारधाराओं से नागरिकों को अवगत कराया जाए।

इस समय हमें “महाभारत” से सीख लेते हुए “जीवन को योजनागत” बनाए रखने की आवश्यकता है क्योंकि महामारी एवं कोई आपदा बता कर नहीं आती है इसलिए यदि हम महाभारत से सीख लेते हुए जीवन में योजना को महत्व देते हैं, तो भविष्य में इस प्रकार की महामारी से समाज कम प्रभावित होगा और महामारी के नकारात्मक प्रभावों को भी कम कर सकने में सक्षम होंगे। वैदिक युग में “सात्विक जीवन” की प्रधानता थी। भोजन की शुद्धता अर्थात् “षाकाहारी भोजन” पर विशेष ध्यान दिया जाता है, जिससे मनुष्य जानवरों से होने वाली बीमारी ‘कोरोना चमगादड़ की एक प्रजाति से फैला है। से स्वयं को सुरक्षित रख सकेगा। स्वच्छता को अपनी जीवन शैली का विशेष अंग बनाकर हम इस महामारी को फैलने में रोक सकते हैं।

भारत में सदियों से प्रकृति को पूजने की परम्परा रही है। जैसे— तुलसी तथा पीपल के पेड़ की पूजा करना, नाग पूजन इत्यादि। अंतः भारतीय परम्परा में जीवों की हत्या करने के स्थान पर उन्हें विशेष दर्जा दिया गया है। जिससे पर्यावरण संतुलन बना रह सकता है। भारत में पर्यावरण संतुलन बना रहा सकता है। जैसे भारत में वातावरण को शुद्ध करने के लिए कपूर, पान का पत्ता, लौंग गोबर के उपले, हवन सामग्री इत्यादि का प्रयोग किया जाता है। जिसे आज पूरा विश्व अपनाकर अपने आस-पास के वातावरण को शुद्ध कर रहा है। जैसे— अमेरिका में दो दिन का शांति पाठ करवाया गया था।

महामारी के इस दौर में भारत को चीन पर निर्भरता के कारण भारतीय अर्थव्यवस्था बुरी तरह से प्रभावित हुआ।

चीन से आयातित कच्चे माल के कमी के कारण भारत में विनिर्माण क्षेत्र ठप्प पड़ गया। इस समस्या से निपटने के लिए कृषि क्षेत्र में कई प्रकार के सुधार किए गए अंतः वैदिक काल से सीख लेते हुए हमें कृषि सुधार के साथ “आत्मनिर्भर भारत” की ओर अग्रसर होना चाहिए जिससे समाज से बेरोजगारी, भूखमरी इत्यादि समस्या से निजात मिला सकें। ग्रामीण जीवन आर्थिक रूप से सशक्त होने पर मनुष्य डट कर इस समस्या का सामना कर सकेगा।

उपनिषदों में नैतिक चिंतन का मार्ग सबके लिए खुला है। इस समय लॉकडाउन में घर पर अकेले रहने और समाज से अलगाव के कारण लोगों में चिंता, अवसाद, जीवन के प्रति निरसता में वृद्धि देखी गई। जिससे लोग आत्महत्या करने को विवश हो रहे हैं। इस समय में परिवार की प्रमुख भूमिका होती है जो मनुष्य को मानसिक रूप से मजबूत बनाता है।

भारत में “संयुक्त परिवार” की संरचना है जो मनुष्य को लड़ना सिखाता है समस्या का मिलकर सामना करने की सीख देता है।

कोरोना महामारी से बचने के लिए कई देशों में अपने यहां लॉकडाउन लगाया है व्यक्ति अपने इस समय का सदुपयोग करने के लिए अपनी कला को निखार सकता है जिससे उसके जीवन में सकारात्मकता का प्रवाह बना रहेगा। इसके साथ ही मनुष्य तकनीक का लाभ उठाते हुए विज्ञानिक भाषा ‘संस्कृत’ सीख सकता है भविष्य में जो बहुत सी अवसरों की संभावना में वृद्धि करता है। वैज्ञानिक इस भाषा को कंप्यूटर के लिए सबसे उपयुक्त विज्ञानिक भाषा बताते हैं। इससे संस्कृत भाषा के प्रति लोग जागरूक भी होंगे और व्यवहार में आने से लोगों में इस भाषा के प्रति रुचि भी बढ़ेगी।

निष्कर्षतः “जिस प्रकार संकट में फंसे लोगों को इस संकट से निजात पाने के लिए अपनी भाषा आनी चाहिए” ठीक उसी प्रकार कोरोना महामारी के संकट का सामना करने के लिए हमें हमारी संस्कृति और सभ्यता का ज्ञान होना आवश्यक है। हम जाहिल, दकियानूसी, गंवार नहीं। हम सुसंस्कृत, समझदार, अतिविकसित महान संस्कृति को मानने वाले हैं।

आज हमें गर्व होना चाहिए कि पूरा विश्व हमारी संस्कृति को सम्मान से देख रहा है, वो अभिवादन के लिए हाथ जोड़ रहा है, वो शव जला रहा है। हमें भी भारतीय संस्कृति के महत्त्व को, उनकी बारिकियों को और अच्छे से समझने की आवश्यकता है क्योंकि यही जीवन शैली सर्वात्तम, सर्वश्रेष्ठ और सबसे उच्चतम है, गर्व से कहिये हमारी संस्कृति श्रेष्ठ है।

प्रभजोत कौर
बी.ए.तृतीय

फेडरल ग्रेजुएट कॉलेज का गर्ल स्कूल - 11 की गिनती है, अर्थात् दोसर और तीसरा जूनियर और ओपिंगा (युवक) के विधार्थी हैं, मध्यम कालेस और वयस्क एकुवेन, मध्यम कालेस और आदर्श की स्थापित करने परम अलग जूनियर और जूनियर डिस्ट्रिक्ट मेंमरी के आदर्शकर दोलीन एकुवेन के विधार्थी सेवा के लिए, क्वार्टेटेड हैं ६, कुलीन कुमर यमी को यूटी, कैप्टिवेट में विद्यार्थी सेवा के लिए, अर्थात् दोसरकर मध्यम हैं, उन्पेट जीत सेवा मिल को आदर्शकर हेल्व खरिस में श्वेतरीन सुभाषी के लिए, ओरिंटर रॉडेंट कुमर तैनी को आदर्शकर एव वाइल लक ऑफिस में श्वेतरीन सेवा के लिए, लौटान प्रमोशन अमजोती हिल, सीनियर ऑफिशियल रॉडेंट हिल, विल स्कूल ३ के अर्थात् दोसरकर नाइल, हल इन्पेटेड स्टाइलडि हिल, इन्पेटेड मीर भीर, एसाइड टेक्सेस अफसर मेंमेल तल कुम, दोसरकाइ डिजाइनर के मध्यम कालेस सीनियर सेडरी कुमर में सेवकर मेंमेल कुमर शायद को सेवकर, होमागो मध्यम हिल को सेवकार में विद्यार्थी सेवा, इन्पेटर ओर (सेक्टर 46) को सोलात तौरिस, फेडू यमी (सेक्टर 37 सी) को सीनियर सेवकर, इन्पेटेड का टी लाइड को सीनियर अफसर जेसरा को सोलात सेवकर, एस.सी.एम. डी.ए.सी. के सीनियर अर्थात् दोसरकर को सोलात तलगी को सेवकर, माउन्ट हाडसोम को सीनियर कालेस के मुन्शे लाइड और श्वेतरीन सेवकर, एम.सी.एम. को सीनियर सेवकर के प्रयास



विभिन्न क्षेत्रों में सराहनीय कार्य करने वाले सम्मानित हुए।



75 विद्यार्थियों और 63 फैकल्टी में पोस्टर प्रतियोगिता में दिखाया हु-



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8 नवंबर से अदब
फाउंडेशन का तीन
दिवसीय चंडीगढ़ लिटरेचर
फेस्टिवल शुरू होगा।
शुक्रवार को प्रेस क्लब में
फैस्ट के बारे में जानकारी



है, उन्हें भी इसके लिए लाइसेंस लेना कार्रवाई कर रहे हैं।

**पीजीजीसीजी-11 को मिला
इट राइट कैपस अवॉर्ड**

जास, चंडीगढ़ : पोस्ट ग्रेजुएट गवर्नमेंट कॉलेज फॉर गर्ल्स-11 के नाम एक और उपलब्धि जुड़ गई। पीजीजीसीजी-11 को भारतीय खाद्य सुरक्षा और मानक प्राधिकरण द्वारा ईट राइट कैम्पस अवॉर्ड से सम्मानित किया गया। पीजीजीसीजी-11 ट्राईसिटी का पहला कॉलेज है, जिसे इस अवॉर्ड से सम्मानित किया गया। अवॉर्ड की ऑफिशियल घोषणा चंडीगढ़ फूड सेफ्टी विभाग और एफएसएसएआई द्वारा की गई। कॉलेज के सभी हास्टल्स की मेस, कैटीन और किचनरूक को स्वच्छता, भोजन की गुणवत्ता और



पीजीसीसीजी - 11 को एफएसएआइ की ओर से मिले इंट राइट कैम्पस अवॉर्ड के साथ (बाएं से दाएं) प्रिंसिपल प्रो. अनिता कौशल और असिस्टेंट प्रो. डॉ. सलील शर्मा • जगदण

सेक्टर 11 गर्ल्स कॉलेज की कैटीन
मेस व किचन शहर में सबसे साफ

पहला ईट राइट कैंपस : भारतीय खाद्य सुरक्षा एवं मानक प्राधिकरण ने जारी की रेटिंग

किचन में काम करने वाले कर्मियों के नाखून, हाथ, पैर और सिर मानदंडों पर खरे उतरे

साफ-सुथरा खाद्य पदार्थ बेचने के लिए ईट रखना नामसद है एक मुस्लिम छोड़ रखी है। इसका मामलाद हेलीपड को प्रयोग करना है, ताकि कालेज और स्कूल में विद्यार्थियों को चर्खाटनी और साफ-सुथरा खाद्य पदार्थ मिले, ताकि उनमें अच्छा खाने की आगत विकसित हो। इसी के तहत बेकरी 11 गल्लर कालेज को चुना गया। कालेज का दौरा कर केटीन और मेस की जांच की गई। जो कमियाँ मिलीं, उनसे कालेज प्रशासन को अवगत कराया गया। कमचारियों को ट्रेनिंग देकर उन्हें बेवरा किया गया। एकपक्षपरसदों के माध्यम से



चंडीगढ़ सेक्टर ११ गर्वनर कालेज की अतिथि प्रोफेसर डा. सतिलन शर्मा को एफएचएसएआई का सर्टिफिकेट सौंपते चंडीगढ़ स्वास्थ्य विभाग के निदेशक डा. जी दीवान व विभागाध्यक्ष सुकुमा अधिकारी मुखविंद सिंह। २०११ जून

साइलेंट का 8वां एडिशन जासाज-111 में आयोजित होगा 8 से 10 नवंबर तक



सी.सी.जी.-11 ने 7वीं
वरऑल ट्रॉफी जीती



HC notice on plea for selection criterion

The notice was issued on the petition of Arushi Dubey, a student who...

**13 co-ed colleges participating
in youth fest at GCCBA-50**

WHO WON ON DAY 1

Event	Winning college
Shubud meditation	SACS, Sector 26
Shabd meditation	SACS, Sector 26
Heritage quiz	GGSDS, Sector 26
Heritage quiz	GGSDS, Sector 26
Group folk orchestra	GGSDS, Sector 26

WINNERS OF INDIVIDUAL EVENTS

Event	Winner
On the spot painting	
Photography	Sahil Singh, Sector 26
Photography	Sahil Singh, Sector 26
Collage making	Ananya PGSD, Sector 26
Collage making	Ananya PGSD, Sector 26
Class modelling	Somnata, Sector 26
Class modelling	Somnata, Sector 26
Essay writing	Prerna Saksena, Sector 26

दैनिक भास्कर 6 जून, 2021

पीजीजीसीजी-11 में अब
हर शनिवार को मनाया
जाएगा नो प्लास्टिक डे

सामाजिक उद्यमिता विकास पर हुई ऑनलाइन कार्यशाला

चंडीगढ़। पोस्ट ग्रेजुएट गवर्नमेंट कॉलेज फॉर गर्ल्स- 11 ने सामाजिक उद्यमिता ऑनलाइन कार्यशाला का आयोजन किया। यह कार्यक्रम महात्मा गांधी राष्ट्र ग्रामीण शिक्षा परिषद की सहायता आयोजित करवाया गया। कार्यशाला लगभग 500 छात्राओं और संवसदस्यों ने हिस्सा लिया।

आदित्य राज ने छात्राओं सामाजिक उद्यमिता के बारे में जानकारी दी। सामाजिक उद्यमिता के कार्य

‘वर्ल्ड वॉटलैंड-डे पर हुआ वैबिनार’

चंडीगढ़, 2 फरवरी (आशीष) :

सैक्टर-11 के पोस्ट-ग्रेजुएट गवर्नमेंट कॉलेज फॉर गर्ल्स में द एन्वायरनमेंट सोसायटी पकृति की ओर से वर्ल्ड वॉटलैंड-डे पर वैबिनार का आयोजन किया गया। वैबिनार का विषय वेटलैंड एंड वॉटर था। वैबिनार में प्रिंसिपल प्रो. डॉ. अनीता कौशल, डॉ. देविंदरजीत सेवक डीन, अजय कुमार शर्मा वाइस-प्रिंसिपल, फैकल्टी मेंबर्स और 70 से अधिक स्टूडेंट्स ने हिस्सा लिया।

प्रिंसिपल प्रो. अनीता कौशल ने विशेष रूप से मानवता के लिए आर्द्रभूमि के महत्व और हमारे ग्रह को सामान्य रूप से उजागर किया। उन्होंने इस बात पर भी जोर दिया कि इस साल की वेटलैंड थीम मीठे पानी के स्रोत के रूप में वेटलैंड्स पर केंद्रित है और उन्हें बहाल करने और उनके नुकसान को रोकने में प्रोत्साहित करती है। उन्होंने बताया

जीजीसी- 11 की स्वीटी और शीतल ने उत्तीर्ण की गेट परीक्षा

चंडीगढ़। पोस्ट ग्रेजुएट गवर्नमेंट कॉलेज फॉर गर्ल्स- 11 की दो छात्राओं ने गेट की परीक्षा उत्तीर्ण कर कॉलेज का नाम रोशन किया है।

जीव विज्ञान विभाग की स्वीटी बिस्ला

मक्खी पालन पर ऑनलाइन वर्कशॉप आयोजित

‘विशेषज्ञों ने दिए टिप्स’



आयोजित की गई। वर्कशॉप में स्टूडेंट्स और टीचर्स ने हिस्सा लिया।

इस मौके पर कई विशेषज्ञों ने मधुमक्खी पालन व इससे संबंधित इंडस्ट्री की प्रार्थ व उन्हें पर्यावरण रहित उत्पादन के टिप्स दिए। कोविड-काल में शहद के महत्ता पर प्रकाश डालते मधुमक्खी पालन और शहद इंडस्ट्रीस विशेषज्ञ प्रोफेसर वी.के.

पर्यावरण मुद्दों पर प्रतियोगिता : 500 से अधिक छात्रों-शिक्षकों ने लिया भाग

चंडीगढ़, 6 जून (आशीष): शहर के विभिन्न कॉलेजों में पर्यावरण दिवस के मौके पर पर्यावरण मुद्दों पर प्रतियोगिता का आयोजन किया गया सैक्टर 10 के डी.ए.वी. कॉलेज के जीव विज्ञान विभाग की ओर से वैबिनार का आयोजन किया गया जिसमें 500 से अधिक छात्रों और शिक्षकों ने भाग लिया जिसमें मुख्य अतिथि प्रोफेसर डॉ. प्रमोद सिंह थे।

सैक्टर-11 के पोस्ट ग्रेजुएट गवर्नमेंट कॉलेज और गर्ल्स में पर्यावरण दिवस के मौके पर प्लास्टिक को न कहें अभियान शुरू किया गया कॉलेज में इस विषय पर पोस्टर स्लोगन जैसे विभिन्न गतिविधियों का आयोजन किया गया।



ਸੇਕਟਰ-11 ਕਾਲਜ਼ ਕੋ ਗਰੀਨ ਚੈਂਪੀਅਨ ਅਵਾਰਡ ਮਿਲਾ

ਚੰਡੀਗੜ੍ਹ | ਪੋਸਟ ਗਰੇਜੂਏਟ ਗਵਰਨਮੈਂਟ ਕਾਲਜ਼ ਫਾਰ ਗਰਲਜ਼ ਸੇਕਟਰ 11, ਕੋ ਗਰੀਨ ਚੈਂਪੀਅਨ ਅਵਾਰਡ ਸੇ ਸਮਮਾਨਿਤ ਕੀਆ ਗਯਾ ਹੈ। ਮਹਾਤਮਾ ਗਾਂਧੀ ਨੇਸ਼ਨਲ ਕਾਊਂਸਲ ਆਫ ਰੂਰਲ ਏਜੂਕੇਸ਼ਨ, ਡਿਪਾਰਟਮੈਂਟ ਆਫ ਹਾਯਰ ਏਜੂਕੇਸ਼ਨ ਕੇ ਸਵਚੱਥਤਾ ਏਕਸ਼ਨ ਪਲਾਨ 'ਯੋਜਨਾ' ਤਹਿਤ ਸੇਕਟਰ-11 ਕੋ ਗਰੀਨ ਚੈਂਪੀਅਨ ਅਵਾਰਡ ਮਿਲਾ।



ਗਾਂਧੀ

ਸੇਕਟਰ-11 ਕੋ ਗਰੀਨ ਚੈਂਪੀਅਨ ਅਵਾਰਡ ਮਿਲਾ।

ਜੀਸੀਜੀ-11 ਮੈਂ ਵੇਬਿਨਾਰ ਆਰ ਪਰਤੀਯੋਗਿਤਾ ਕੇ ਸਾਥ 'ਵਨਯ ਜੀਵ ਸਪਟਾਹ' ਕਾ ਸਮਾਪਨ

ਮਾਝੀ ਸਿਟੀ ਰਿਪੋਰਟ

ਚੰਡੀਗੜ੍ਹ | ਸੇਕਟਰ-11 ਸਥਿਤ ਪੋਸਟ ਗਰੇਜੂਏਟ ਗਵਰਨਮੈਂਟ ਕਾਲਜ਼ ਫਾਰ ਗਰਲਜ਼ ਮੈਂ ਵੇਬਿਨਾਰ ਆਰ ਪਰਤੀਯੋਗਿਤਾ ਕੇ ਸਾਥ 'ਵਨਯ ਜੀਵ ਸਪਟਾਹ' ਕੇ ਕਾਰਯਕਰਮਾਂ ਕਾ ਸਮਾਪਨ ਹੁਆ। ਇਸਕੀ ਅਧਯਕਸ਼ਤਾ ਪ੍ਰਾਚਾਰਯ ਪ੍ਰੋ. ਅਨੀਤਾ ਕੌਸ਼ਲ ਨੇ ਕੀ।

ਜੰਤੂ ਵਿਭਾਗ ਕੀ ਸਿਮ੍ਰੀ ਸ਼ਮਾਂ ਨੇ ਵੇਬਿਨਾਰ ਕਾ ਸੰਚਾਲਨ ਕੀਆ। ਇਸ ਮੌਕੇ ਪਰ ਡੀਨ ਡਾ. ਦੇਵਿੰਦਰ ਜੀਤ ਕੌਰ, ਉਪ ਪ੍ਰਾਚਾਰਯ ਅਜਯ ਕੁਮਾਰ ਸ਼ਮਾਂ ਆਰ ਅਨਯ ਸਿਖਸ਼ਕਗੁਣ ਮੌਜੂਦ ਰਹੇ। ਏਕ ਸਪਟਾਹ ਤਕ ਵਨਯ ਜੀਵਾਂ ਪਰ ਪੋਸਟਰ, ਸਲੋਗਨ, ਲੋਗੋ ਡਿਜਾਈਨ, ਮਿਮਿਕਰੀ, ਵਨਯ ਜੀਵ ਫੋਟੋਗ੍ਰਾਫੀ ਡਿਪਾਰਟਮੈਂਟ ਆਫ ਹਾਯਰ ਏਜੂਕੇਸ਼ਨ ਪਰਤੀਯੋਗਿਤਾ ਆਯੋਜਿਤ ਕੀ ਗਈ।

ਏ ਰਹੇ ਪਰਤੀਯੋਗਿਤਾ ਕੇ ਪਰਿਣਾਮ

ਪੋਸਟਰ ਬਨਾਏ ਜੇ ਵਿਜੇਤਾ : ਪ੍ਰਥਮ ਪੁਰਸਕਾਰ ਜੀਸੀਜੀ-11 ਕੇ ਬੀਐਸਸੀ ਨਾਨ ਮੈਡੀਕਲ
ਨਾਨ-ਮੈਡੀਕਲ
ਸਲੋਗਨ ਲਿਖਣ ਵਾਲੇ : ਪ੍ਰਥਮ, 11 ਕੇ
ਲੋਗੋ ਮੈਂ ਪਹਲਾ
ਕੇ ਕੀ
ਵਨਯ ਜੀਵ ਪ੍ਰਥਮ
ਮਿਮਿਕਰੀ ਅਮਰ
ਭਾਗ ਪ੍ਰਥਮ

ਵੇਬਿਨਾਰ ਮੈਂ ਸ਼ਹਦ ਕੇ ਫਾਯਦੇ ਬਤਾਏ

ਚੰਡੀਗੜ੍ਹ | ਪੀਜੀਜੀਸੀਜੀ ਕਾਲਜ਼ ਸੇਕਟਰ- 11 ਮੈਂ ਆਯੋਜਿਤ ਵੇਬਿਨਾਰ ਮੈਂ ਵਿਦਥਾਰਥੀਯੋ ਕੋ ਸ਼ਹਦ ਕੇ ਫਾਯਦੇ ਬਤਾਏ ਗਏ। ਇਸ ਦੌਰਾਨ ਸ਼ਰੀਰ ਕੇ ਲਿਏ ਸ਼ਹਦ ਕਾ ਲਾਭ, ਇਸੇ ਬਨਾਏ ਆਰ ਉਤਪਾਦਾਂ ਕੇ ਬਾਰੇ ਮੈਂ ਜਾਨਕਾਰੀ ਦੀ ਗਈ। ਵੇਬਿਨਾਰ ਕਾ ਸ਼ੁਭਾਰੰਭ ਪ੍ਰਾਚਾਰਯ ਪ੍ਰੋ. ਅਨੀਤਾ ਕੌਸ਼ਲ ਨੇ ਕੀਆ। ਵਾਇਸ ਪ੍ਰਾਚਾਰਯ ਪ੍ਰੋ. ਅਜਯ ਸ਼ਮਾਂ ਨੇ ਭੀ ਸ਼ਹਦ ਉਦਘੋਗ ਕੇ ਬਾਰੇ ਮੈਂ ਬਤਾਯਾ। ਡਾ. ਸਿਮਰਜੀਤ ਕੌਰ ਨੇ ਵਿਸ਼ਯ ਕੇ ਬਾਰੇ ਮੈਂ ਜਾਨਕਾਰੀ ਦੀ। ਹਿਮਾਚਲ ਪ੍ਰਦੇਸ਼ ਵਿਸ਼ਵਵਿਦਥਾਲਯ ਸੇ ਪ੍ਰੋ. ਵੀਕੇ ਸਟੂਟ ਨੇ ਸ਼ਹਦ ਉਦਘੋਗ ਕੇ ਬਾਰੇ ਮੈਂ ਬਤਾਯਾ। ਸਾਥ ਹੀ ਮਧੁਮਕਿਸ਼ਕਯੋਂ ਕੇ ਪ੍ਰਕਾਰ ਕੇ ਬਾਰੇ ਮੈਂ ਜਾਨਕਾਰੀ ਦੀ। ਬ੍ਰੂਸੋ



ਡਾ. ਅਸ਼ਵਨੀ ਕੁਮਾਰ ਭੱਲਾ ਵੈਬੀਨਾਰ ਨੂੰ ਸੰਬੰਧਿਤ ਕਰਦੇ ਹੋਏ।

ਅਸ਼ਵਨੀ ਕੁਮਾਰ ਭੱਲਾ

ਪੋਸਟ ਗਰੇਜੂਏਟ ਸਰਕਾਰੀ ਕਾਲਜ ਵਿਖੇ ਵੈਬੀਨਾਰ

ਚੰਡੀਗੜ੍ਹ, 2 ਅਗਸਤ (ਮਨਜੋਤ ਸਿੰਘ ਜੌਰ) - ਪੋਸਟ ਗਰੇਜੂਏਟ ਸਰਕਾਰੀ ਕਾਲਜ ਲੜਕੀਆਂ, ਸੇਕਟਰ-11 ਦੇ ਪੰਜਾਬੀ ਵਿਭਾਗ ਨੇ 'ਕੋਵਿਡ-19 ਨਾਲ ਭਵਿੱਖ ਦਾ ਤਾਲਾ ਕਿਵੇਂ ਖੋਲ੍ਹੀਏ' ਵਿਖੇ 'ਵੈਬੀਨਾਰ' ਕਰਵਾਇਆ। ਵੈਬੀਨਾਰ 'ਚ ਮੁੱਖ ਬਕਤਾ ਵਜੋਂ ਡਾ. ਅਸ਼ਵਨੀ ਕੁਮਾਰ ਭੱਲਾ, ਪ੍ਰੋਫੈਸਰ ਕਾਮਰਸ, ਸਤੀਸ਼ ਚੰਦਰ ਧਵਨ ਸਰਕਾਰੀ ਕਾਲਜ, ਲੁਧਿਆਣਾ ਦੇ ਪ੍ਰਧਾਨ, ਪੰਜਾਬ ਕਾਮਰਸ ਅਤੇ ਮੈਨੇਜਮੈਂਟ-ਐਸੋਸੀਏਸ਼ਨ ਸਾਮਲ ਹੋਏ। ਕਾਲਜ ਦੇ ਪ੍ਰਿੰਸੀਪਲ ਡਾ. ਅਨੀਤਾ

ਕੋਸ਼ਲ ਨੇ ਸਵਾਗਤੀ ਸ਼ਬਦ ਬੋਲਦਿਆਂ ਕਿਹਾ ਕਿ ਕੋਰੋਨਾ ਸੈਕਟਰ ਛੇਤੀ ਖਤਮ ਹੋਣ ਵਾਲਾ ਨਹੀਂ, ਬਲਕਿ ਸਾਨੂੰ ਇਸ ਦੇ ਨਾਲ ਹੀ ਜਿਊਟਾ ਪਵੇਗਾ। ਵੈਬੀਨਾਰ 'ਚ ਕੋਆਰਡੀਨੇਟਰ ਡਾ. ਰੇਜੂ ਬਾਲਾ ਨੇ 16ਵੀਂ ਸਦੀ ਤੋਂ ਲੈ ਕੇ 20ਵੀਂ ਸਦੀ ਤੱਕ ਦੀਆਂ ਮਹਾਂਮਾਰੀਆਂ ਜਾਂ ਸੈਕਟਾਂ 'ਤੇ ਚਾਨਣਾ ਪਾਉਂਦੇ ਹੋਏ ਕੋਰੋਨਾ ਮਹਾਂਮਾਰੀ ਬਾਰੇ ਵਿਸਥਾਰ ਨਾਲ ਦੱਸਿਆ।

ਡਾ. ਅਸ਼ਵਨੀ ਕੁਮਾਰ ਭੱਲਾ ਨੇ ਆਪਣਾ ਭਾਸ਼ਣ ਅਮਰੀਕੀ ਕਵੀ, ਗਾਇਕ ਤੇ ਮਨੁੱਖੀ ਅਧਿਕਾਰਾਂ ਦੇ

ਕਾਰਕੁੰਨ ਮਾਇਆ ਐਂਜਲ ਦੀ ਸੰਖਰਸ਼ ਪੁਰਨ ਕਹਾਣੀ ਨੂੰ ਖਿਆਨ ਕਰਦਿਆਂ ਦੱਸਿਆ ਕਿ ਆਪਣੀ ਸਾਖਰਤਾ ਤੇ ਸ਼ਬਦਾਂ ਦੀ ਸ਼ਕਤੀ ਨਾਲ ਕਿਵੇਂ ਨਸਲਵਾਦ ਤੇ ਡਿਸਕ੍ਰਿਮੀਨੇਸ਼ਨ ਦੀ ਸ਼ਿਕਾਰ ਨਿਰੂਪੇ ਅੰਤਰ ਬੰਧ ਨਾਲ ਜਿਊਟੇ ਰਹੀ ਐਂਜਲ ਇੱਕ ਸਵੈਮਾਨ ਵਾਲੀ ਡਿਗਨੀਵਾਦੀ ਅੰਤਰ ਵਿਚ ਤਬਦੀਲ ਹੋ ਜਾਂਦੀ ਹੈ। ਵੈਬੀਨਾਰ ਦੇ ਅੰਤ 'ਚ ਕਨਵੀਨਰ ਤੇ ਪੰਜਾਬੀ ਵਿਭਾਗ ਦੇ ਮੁਖੀ ਡਾ. ਦੇਵਿੰਦਰਜੀਤ ਕੌਰ ਨੇ ਸਭ ਦਾ ਧੰਨਵਾਦ ਕੀਤਾ।



College in Headlines

जीसांजा सक्टर- 11 में सु के लिए 10 समूहों का

माई सिटी रिपोर्टर

चंडीगढ़। पोस्ट ग्रेजुएट गवर्नमेंट कॉलेज फॉर गर्ल्स सक्टर-11 ने अपने परिसर में सुविधाएं बढ़ाने व उनमें सुधार के लिए दस समूहों का गठन किया। यह समूह स्वच्छता से लेकर जल प्रबंधन पर कार्य करेंगे।

परिसर को जहां साफ स्वच्छ बनाने में मदद करेंगे, वहीं पानी की बर्बादी को भी रोकने का काम करेंगे। इन समूहों के जरिये विद्यार्थियों को भी बहुत कुछ सीखने का मौका मिलेगा। अपशिष्ट

स्वच्छता, पर्यावरण प्रबंधन आदि

सामुदायिक/ गोद अपने आपने की बात व संरक्षण और हरियाली 19, साथ ही सं समुदाय में संलग्न व पर्यावरण उद्यमशीलता आर भागीदारी पर काम करने क गई। कॉलेज प्राचार्य प्रो. अने ने कहा कि संस्थान हमेशा पर्यावरण संरक्षण की दिश

मनोवैज्ञानिक तनाव की समझ - प्रबंधन पर वार्ता

चंडीगढ़ (हिन्दू) : पीजीसीसी-11 के मनोविज्ञान विभाग द्वारा कोविड-19 के बाद होने वाले मनोवैज्ञानिक तनाव की समझ व प्रबंधन विषय पर तीन दिवसीय वार्ता का आयोजन किया गया जिसमें कई राष्ट्रीय व अंतराष्ट्रीय स्तर के विशेषज्ञों ने भाग लिया। हिमाचल प्रदेश यूनिवर्सिटी के प्रोफेसर एसएन घोष ने कहा कि तनाव को समझने और इससे निपटने की प्रक्रिया एक री-एडजस्टमेंट वाला प्रोसेस है। मजबूत सामुदायिक रिश्ते और आत्मबल के जरिये जीवन में आने वाले किसी प्रकार के दबाव व तनाव से सबसे बेहतर तरीके से निपटा जा सकता है। यूनिवर्सिटी आफ पंजाब लाहौर के प्रोफेसर डॉ. आफसीन मसूद ने कहा कि युनीवर्सिटी से निपटने के लिये हमें भावनात्मक तौर पर मजबूत होना होगा। टाटा इंस्टीट्यूट आफ फंडामेंटल रिसर्च मुंबई के प्रोफेसर बी नागाराव रक्षाशे ने कहा कि भारत में आर्थिक असमानता है। विभाग की सहायक प्रोफेसर डॉ. रितु सेखरी संयोजिका के तौर पर सभी वक्ताओं का स्वागत किया।

गतंत्र दिवस की परेड में भाग लेगी सेक्टर-11 की लतिका

चंडीगढ़। पोस्ट ग्रेजुएट गवर्नमेंट कॉलेज सक्टर 11



की लतिका भारद्वाज एनएसएस की ओर से रिपब्लिक डे परेड में

हस्सा लेंगी। शुरुआती स्तर पर 5 लड़के और 5 लड़कियों को रिपब्लिक डे परेड के लिए चुना गया था, जिनकी ट्रेनिंग राजपुरा रोड पर स्थित है एक निजी यूनिवर्सिटी में हुई थी। फाइनल ट्रेनिंग के बाद दो वॉलंटियर्स को शहर से राजपथ की परेड में शामिल होने का मौका मिलेगा जिनमें से लतिका एक है। कॉलेज की प्रिंसिपल प्रो अनीता क्वेश्चन ने स्टूडेंट को बधाई देते हुए

जीजीसी- 11 की स्वीटी और शीतल ने उत्तीर्ण की गेट परीक्षा

चंडीगढ़। पोस्ट ग्रेजुएट गवर्नमेंट कॉलेज फॉर गर्ल्स- 11 की दो छात्राओं ने गेट की परीक्षा उत्तीर्ण कर कॉलेज का नाम रोशन किया है।

जीव विज्ञान विभाग की स्वीटी बिस्ला ने लाइफ साइंस सेक्शन में ऑल इंडिया रैंक 94 और समाज शास्त्र विभाग की शीतल पेबाम ने सामाजिक विज्ञान सेक्शन में ऑल इंडिया रैंक 117 हासिल की। कॉलेज प्राचार्या प्रो. अनीता कौशल ने छात्राओं और विभाग के अधिकारियों की सराहना की। उन्होंने अन्य स्नातकोत्तर विभागों की छात्राओं को शिक्षा के क्षेत्र में अग्रणी कार्य करने के लिए प्रेरित किया। ब्यूरो

ओजोन दिवस मनाया

चंडीगढ़, 16 सितम्बर (आशीष):

सेक्टर-11 स्थित पोस्ट ग्रेजुएट गवर्नमेंट कॉलेज फॉर गर्ल्स में अंतराष्ट्रीय ओजोन दिवस का आयोजन किया गया। वनस्पति विज्ञान विभाग ने औषधीय और सजावटी 100 से अधिक पौधे



चंडीगढ़, 16 अगस्त

(आशीष): सेक्टर-11 स्थित पोस्ट ग्रेजुएट गवर्नमेंट कॉलेज फॉर गर्ल्स के बाटनी विभाग और से मिलकर स्वतंत्रता मनाया गया। गति



LIFE BEFORE AND AFTER COVID

Time to wonder what we have lost !



Before & After
Time to wonder what have we lost



ਪੰਜਾਬੀ ਵਿਭਾਗ

1.	ਸੰਪਾਦਕੀ	ਡਾ. ਰੰਜੂ ਬਾਲਾ
2.	ਸੁਨਹਿਰੀ ਕਲਮਾਂ ਦੇ ਸੁਨੇਹੇ	ਡਾ. ਦੇਵਿੰਦਰਜੀਤ ਕੌਰ
3.	ਵਿਦਿਆਰਥੀ ਸੰਪਾਦਕ	ਸੰਦੀਪ ਕੌਰ
4.	ਆਨਲਾਈਨ ਕਲਾਸ ਦੇ ਫਾਇਦੇ ਤੇ ਨੁਕਸਾਨ	ਮਨਦੀਪ ਕੌਰ
5.	ਦੁਨੀਆ	ਸੀਮਾ
6.	ਬੇਰੁਜ਼ਗਾਰੀ	ਸ਼ਿਫਾਨੀ
7.	ਕਲਮ ਦੀ ਤਾਕਤ	ਰਾਜਕੌਰ
8.	ਧੀਆਂ	ਮਹਿਕਦੀਪ ਕੌਰ
9.	ਚਾਨਣ ਦੇ ਰਾਹੀ	ਅਵਨੀਤ ਕੌਰ
10.	ਬਸੰਤ	ਨਿਸ਼ਾ
11.	ਪੰਜਾਬੀ ਮਾਂ ਬੋਲੀ	ਬਲਜੀਤ ਕੌਰ
12.	ਮਹਾਂਮਾਰੀ ਦੌਰਾਨ ਲੋਕਡਾਊਨ ਦੇ ਫਾਇਦੇ ਤੇ ਨੁਕਸਾਨ	ਪ੍ਰਿਯਕਾ ਸੈਣੀ
13.	ਇੱਛਾ	ਰਵੀਨਾ
14.	ਕੁਦਰਤ	ਰਸਮੀਤ ਕੌਰ
15.	ਧਰਤੀ ਦੀ ਪੁਕਾਰ	ਜੈਸਮੀਨ ਕੌਰ
16.	ਨਸ਼ਾ	ਮੋਨਿਕਾ
17.	ਪਛਾਣ	ਬਲਜੀਤ ਕੌਰ
18.	ਚਾਨਣ ਕਦੇ ਮਰਨਾ ਨਈ	ਨਵਨੀਤ ਕੌਰ
19.	ਰਿਸ਼ਤਿਆਂ ਦਾ ਨਿੱਘ	ਸਿਮਰਨਜੀਤ ਕੌਰ
20.	ਵੇਲਾ	ਸਨੋਅ ਸਾਦਗੀ
21.	ਮੌਤ	ਰਸਮੀਨ ਕੌਰ ਗਿੱਲ
22.	ਕਾਲਜ ਦੇ ਦਿਨ	ਸੰਦੀਪ ਕੌਰ
23.	ਜ਼ਿੰਦਗੀ ਦਾ ਸਫ਼ਰ	ਰਸਮੀਨ ਕੌਰ ਗਿੱਲ
24.	ਕਿਸਮਤ	ਖੁਸ਼ੀ
25.	ਅੱਖਰ ਨਹੀਂ ਅੰਗਾਰੇ ਆ	ਰਸਮੀਨ ਕੌਰ
26.	ਔਰਤ	ਸੰਦੀਪ ਕੌਰ
27.	ਸਫ਼ਰ	ਬਲਜੀਤ ਕੌਰ
28.	ਅਨਮੋਲ ਵਿਚਾਰ	ਨਵਪ੍ਰੀਤ ਕੌਰ
29.	ਹੱਸ ਗੱਲੇ	ਸੰਜਨਾ
30.	ਹੱਡਬੀਤੀ-ਜੱਗਬੀਤੀ	ਅੰਸ਼ਿਕਾ ਸੱਚਦੇਵਾ
31.	ਭਾਰਤੀ ਕਿਸਾਨ ਦਾ ਜੀਵਨ	ਰਸ਼ਨਪ੍ਰੀਤ ਕੌਰ

ਸੰਪਾਦਕੀ

‘ਆਭਾ’ ਦਾ ਹਥਲਾ ਅੰਕ ਜਗਤ ਗੁਰੂ ਸ੍ਰੀ ਨਾਨਕ ਦੇਵ ਜੀ ਦੇ 551ਵੇਂ ਪ੍ਰਕਾਸ਼ ਪੁਰਬ ਨੂੰ ਸਮਰਪਿਤ ਕਰਦਿਆਂ ਮੈਨੂੰ ਅਥਾਹ ਖੁਸ਼ੀ ਹੋ ਰਹੀ ਹੈ। ਗੁਰੂ ਸਾਹਿਬਾਨ ਦੀਆਂ ਸਿੱਖਿਆਵਾਂ ਜਿੱਥੇ ਸਾਨੂੰ ਜਬਰ ਤੇ ਜ਼ੁਲਮ ਦਾ ਟਾਕਰਾ ਕਰਨ ਲਈ ਪ੍ਰੇਰਿਤ ਕਰਦੀਆਂ ਹਨ, ਉੱਥੇ ਆਪਸੀ ਮਿਲਵਰਤਨ, ਸੰਵਾਦ ਰਾਹੀਂ ਸਮੱਸਿਆਵਾਂ ਦੇ ਸਮਾਧਾਨ, ਔਰਤ ਦੀ ਇੱਜ਼ਤ ਕਰਨ, ਜਾਤ-ਪਾਤ ਤੋਂ ਉੱਪਰ ਉੱਠਣ, ਨਿਮਰਤਾ ਧਾਰਨ ਕਰਨ, ਕਿਰਤ ਕਰਨ, ਨਾਮ ਜਪਣ, ਵੰਡ ਛਕਣ ਤੇ ਸਹਿਣਸ਼ੀਲਤਾ ਦੀ ਭਾਵਨਾ ਜਿਹੇ ਗੁਣਾਂ ਨੂੰ ਪੈਦਾ ਕਰਦੀਆਂ ਹਨ।



ਇਤਿਹਾਸ ਗਵਾਹ ਹੈ ਕਿ ਜਦ ਵੀ ਮਨੁੱਖਤਾ ’ਤੇ ਕੋਈ ਮੁਸੀਬਤ ਆਈ ਹੈ, ਮਨੁੱਖੀ ਸਮਾਜ ਨੇ ਉਸ ਦਾ ਪੂਰੀ ਤਾਕਤ ਤੇ ਹਿੰਮਤ ਨਾਲ ਸਾਹਮਣਾ ਕੀਤਾ ਹੈ ਅਤੇ ਪਹਿਲਾਂ ਨਾਲੋਂ ਹੋਰ ਵੀ ਬੇਹਤਰ ਬਣਕੇ ਸਾਹਮਣੇ ਆਇਆ ਹੈ। ਇਸ ਸਮੇਂ ਜਦੋਂ ਅਸੀਂ ਕਰੋਨਾ ਮਹਾਂਮਾਰੀ ਦੇ ਦੌਰ ਵਿਚੋਂ ਗੁਜ਼ਰ ਰਹੇ ਹਾਂ, ਵਿੱਦਿਅਕ ਸੰਸਥਾਵਾਂ ਵਿਦਿਆਰਥੀਆਂ ਲਈ ਬੰਦ ਹਨ, ਉੱਥੇ ਵਿਦਿਆਰਥੀਆਂ ਵਲੋਂ ਆਪਣੇ ਆਲੇ-ਦੁਆਲੇ ਪ੍ਰਤੀ ਚੇਤਨਤਾ ਤੇ ਸੂਖਮ ਦ੍ਰਿਸ਼ਟੀ ਦਾ ਹੀ ਨਤੀਜਾ ਹੈ ਕਿ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਮਨੁੱਖੀ ਜੀਵਨ/ਸਮਾਜ ਵਿਚਲੇ ਹਰ ਪਹਿਲੂ ਨੂੰ ਆਧਾਰ ਬਣਾ ਕੇ ਰਚਨਾਵਾਂ ਰਚੀਆਂ ਹਨ। ਅਸਲ ਵਿਚ ਵਿਦਿਆਰਥੀ ਜੀਵਨ ਹੀ ‘ਜੀਵਨ’ ਦੀ ਨੀਂਹ ਹੁੰਦਾ ਹੈ। ਇੱਥੇ ਹੀ ਉਸਦੀ ਸੋਚ ਨਵਾਂ ਆਕਾਰ ਲੈਂਦੀ ਹੈ। ਇਸ ਸੋਚ ਨੂੰ ਨਵੀਆਂ ਦਿਸ਼ਾਵਾਂ ਅਤੇ ਦਿਸ਼ਾਵਾਂ ਵੱਲ ਲੈ ਜਾਣ ਦਾ ਉਪਰਾਲਾ ‘ਆਭਾ’ ਮੈਗਜ਼ੀਨ ਕਰ ਰਿਹਾ ਹੈ।

ਸਾਹਿਤ ਦਾ ਮਨੁੱਖੀ ਜੀਵਨ/ਸਮਾਜ ਨਾਲ ਬਹੁਤ ਗੂੜ੍ਹਾ ਸੰਬੰਧ ਹੈ ਜੋ ਕਿ ਕਲਾ ਰਾਹੀਂ ਮੌੜਵੇਂ ਰੂਪ ਵਿਚ ਜੀਵ ਨੂੰ ਪ੍ਰਭਾਵਿਤ ਕਰਦਾ ਹੈ। ਸਮਾਜਿਕ ਸਥਿਤੀਆਂ ਵਿਚਲੀਆਂ ਕਮੀਆਂ ਅਤੇ ਦੇਸ਼ ਪ੍ਰਤੀ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਚਿੰਤਾ ਹੀ ਉਹਨਾਂ ਦੇ ਸੰਵੇਦਨਸ਼ੀਲ ਹੋਣ ਦਾ ਪ੍ਰਮਾਣ ਹੈ। ਇਹੀ ਸੰਵੇਦਨਾ ਹੀ ਉਹਨਾਂ ਨੂੰ ਸਮਾਜ ਵਿਚ ਸੁਧਾਰ ਤੇ ਲੋਕ ਚੇਤਨਾ ਪ੍ਰਤੀ ਜਾਗ੍ਰਿਤ ਕਰਦੀ ਹੈ। ਸੰਵੇਦਨਸ਼ੀਲ ਹਿਰਦੇ ਜਿਸ ਨਜ਼ਰੀਏ ਨਾਲ ਵੇਖਦੇ ਹਨ, ਆਮ ਅੱਖ ਉਸ ਤਰ੍ਹਾਂ ਨਹੀਂ ਦੇਖਦੀ। ‘ਆਭਾ’ ਮੈਗਜ਼ੀਨ ਵਿਚ ਛਪੀਆਂ ਰਚਨਾਵਾਂ ਦੀ ਖੂਬਸੂਰਤੀ ਇਸ ਗੱਲ ਵਿਚ ਹੈ ਕਿ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਸਾਹਿਤ ਦੀ ਹਰ ਵਿਧਾ ਉੱਤੇ ਲਿਖਣ ਦੀ ਕੋਸ਼ਿਸ਼ ਕੀਤੀ ਹੈ। ਇਸ ਕੋਸ਼ਿਸ਼ ਨੂੰ ਬਰਕਰਾਰ ਰੱਖਣ ਲਈ ਇਹ ਮੈਗਜ਼ੀਨ ਉੱਭਰ ਰਹੇ ਸਾਹਿਤ ਸਿਰਜਕਾਂ ਲਈ ਇੱਕ ਮੰਚ ਦਾ ਕਾਰਜ ਕਰ ਰਿਹਾ ਹੈ। ਕਾਲਜ ਮੈਗਜ਼ੀਨ ‘ਆਭਾ’ ਸ਼ਬਦ ਹੀ ਆਪਣੇ ਆਪ ਵਿਚ ਪੂਰੇ ਅਰਥਾਂ ਨੂੰ ਸਮੋਈ ਬੈਠਾ ਹੈ ਜਿਸ ਦੇ ਅਰਥ ਹਨ- ਸ਼ੋਭਾ, ਚਮਕ, ਉਪਮਾ। ਇਹ ਮੈਗਜ਼ੀਨ ਅਧਿਆਪਕ ਦੀ ਸ਼ੋਭਾ ਨੂੰ ਵੀ ਵਧਾ ਰਿਹਾ ਹੈ। ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਪ੍ਰਤਿਭਾ ਨੂੰ ਵੀ ਚਮਕਾ ਰਿਹਾ ਹੈ। ਇਨ੍ਹਾਂ ਦੋਵਾਂ ਦੀ ਉਪਮਾ ਨਾਲ ਕਾਲਜ ਦਿਨੋ-ਦਿਨ ਨਵੀਆਂ ਮੰਜ਼ਿਲਾਂ ਨੂੰ ਵੀ ਛੂਹ ਰਿਹਾ ਹੈ। ਇਸ ਲਈ ਜਿਸ ਸੰਸਥਾ ਦੇ ਮੈਗਜ਼ੀਨ ਦਾ ਨਾਂ ਆਭਾ ਹੋਵੇ, ਉੱਥੋਂ ਦੇ ਵਿਦਿਆਰਥੀ ਆਪਣੇ ਜੀਵਨ ਵਿਚ ਸੂਰਜ ਦੀ ਤਰ੍ਹਾਂ ਚਮਕਦੇ ਹੀ ਰਹਿਣਗੇ।

ਮੇਰੇ ਲਈ ਇਹ ਬੜੇ ਮਾਣ ਦੀ ਗੱਲ ਹੈ ਕਿ ਮੈਨੂੰ ਕਾਲਜ ਮੈਗਜ਼ੀਨ ਦੇ ਪੰਜਾਬੀ ਵਿਭਾਗ ਦੀ ਸੰਪਾਦਕੀ ਦਾ ਮੌਕਾ ਪ੍ਰਦਾਨ ਕੀਤਾ ਗਿਆ। ਇਸ ਲਈ ਮੈਂ ਕਾਲਜ ਦੇ ਸੁਯੋਗ ਤੇ ਸੁਹਿਰਦ ਪ੍ਰਿੰਸੀਪਲ ਮੈਡਮ ਡਾ. ਅਨੀਤਾ ਕੌਸ਼ਲ ਜੀ ਦੀ ਬਹੁਤ ਹੀ ਸ਼ੁਕਰਗੁਜ਼ਾਰ ਹਾਂ ਜਿਹਨਾਂ ਦੀ ਰਹਿਨੁਮਾਈ ਹੇਠ ਕਾਲਜ ਦਿਨ-ਦੁੱਗਣੀ ਤੇ ਰਾਤ-ਚੌਗੁਣੀ ਤਰੱਕੀ ਕਰ ਰਿਹਾ ਹੈ। ਮੈਂ ਵਿਭਾਗ ਦੇ ਮੁਖੀ ਡਾ. ਦੇਵਿੰਦਰਜੀਤ ਕੌਰ ਜੀ ਦੀ ਬਹੁਤ ਹੀ ਸ਼ੁਕਰਗੁਜ਼ਾਰ ਹਾਂ ਜੋ ਸਮੇਂ-ਸਮੇਂ ’ਤੇ ਪੰਜਾਬੀ ਵਿਭਾਗ ਵਿਚ ਵੱਖ-ਵੱਖ ਗਤੀਵਿਧੀਆਂ ਕਰਨ ਤੇ ਕਰਵਾਉਣ ਲਈ ਹੱਲਾਸ਼ੇਰੀ ਦਿੰਦੇ ਰਹਿੰਦੇ ਹਨ। ਪੰਜਾਬੀ ਵਿਭਾਗ ਦੇ ਵਿਦਿਆਰਥੀ ਸੰਪਾਦਕੀ ਮੰਡਲ ਵਿਚ ਸ਼ਾਮਲ ਸੰਦੀਪ ਕੌਰ, ਮਹਿਕਦੀਪ ਕੌਰ ਅਤੇ ਸਿਮਰਨਜੀਤ ਕੌਰ ਦਾ ਯੋਗਦਾਨ ਵਿਸ਼ੇਸ਼ ਤੌਰ ’ਤੇ ਸ਼ਲਾਘਾਯੋਗ ਹੈ। ‘ਆਭਾ’ ਮੈਗਜ਼ੀਨ ਵਿਦਿਆਰਥੀਆਂ ਦੀਆਂ ਕੋਮਲ ਭਾਵਨਾਵਾਂ, ਗੰਭੀਰ ਵਿਚਾਰਾਂ ਤੇ ਸੁਹਜ ਆਨੰਦ ਦਾ ਰਲਗੱਭ ਹੈ। ਭਵਿੱਖ ਵਿਚ ਇਹ ਕਲਮਾਂ ਨਵੀਆਂ ਰਾਹਾਂ/ਨਵੇਂ ਦਿਸ਼ਾਵਾਂ ਸਥਾਪਤ ਕਰਨਗੀਆਂ- ਇਹ ਮੇਰਾ ਵਿਸ਼ਵਾਸ ਹੈ।

ਜ਼ਿੰਦਗੀ ਦੀ ਭਰਪੂਰਤਾ ਲਈ ਸ਼ੁੱਭ ਇੱਛਾਵਾਂ ਨਾਲ।

ਆਮੀਨ।

ਡਾ. ਰੰਜੂ ਬਾਲਾ
ਅਸਿਸਟੈਂਟ ਪ੍ਰੋਫੈਸਰ

- ਸੰਪਾਦਕ ਤਾਂ ਪੜ੍ਹੇ-ਲਿਖੇ ਲੋਕਤੰਤਰ ਦਾ ਬੇਤਾਜ ਬਾਦਸ਼ਾਹ ਹੁੰਦਾ ਹੈ।
- ਵਿਲੀਅਮ ਥਾਮਸ

ਸੁਨਹਿਰੀ ਕਲਮਾਂ ਦੇ ਸੁਨੇਹੇ

ਪੋਸਟ ਗਰੈਜੂਏਟ ਗੋਰਮਿੰਟ ਗਰਲਜ਼ ਕਾਲਜ ਲੜਕੀਆਂ, ਸੈਕਟਰ-11, ਚੰਡੀਗੜ੍ਹ, ਪੰਜਾਬੀ ਵਿਭਾਗ ਵੱਲੋਂ ਵਿਦਿਆਰਥੀਆਂ ਦੀਆਂ ਸੰਵੇਦਨਸ਼ੀਲ ਅਨੇਕਾਂ ਵਿਧਾਵਾਂ ਨਾਲ ਸਿਰਜਿਆ ‘ਆਭਾ’ ਅੰਕ ਪੇਸ਼ ਕਰਦਿਆਂ ਮਾਣ-ਮੱਤਾ ਮਹਿਸੂਸ ਕਰ ਰਿਹਾ ਹੈ। ਅਸੀਂ ਇਸ ਅੰਕ ਨੂੰ ਉਚੇਚੇ ਤੌਰ ‘ਤੇ ਸ੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਦੇ 551ਵੇਂ ਪ੍ਰਕਾਸ਼-ਪੁਰਬ ਨੂੰ ਸਮਰਪਿਤ ਕਰ ਰਹੇ ਹਾਂ। ਵਿਦਿਆਰਥੀ ਜੀਵਨ ਵਿਚ ਕਾਲਜ ਦੇ ਦਿਨਾਂ ਨੂੰ ਸਭ ਤੋਂ ਸੁਨਹਿਰੀ ਸਮਾਂ ਮੰਨਿਆ ਜਾਂਦਾ ਹੈ। ਇਸ ਸਮੇਂ ਦੇ ਦੌਰਾਨ ਕਾਲਜ ਵਿਚ ਨੌਜਵਾਨ ਪੀੜ੍ਹੀ ਜਿਨ੍ਹਾਂ ਦੇ ਮਨਾਂ ਵਿਚ ਅੰਤਾਂ ਦਾ ਜੋਸ਼, ਹੋਸ਼ ਤੇ ਬਹੁਤ ਕੁਝ ਵਿਲੱਖਣ ਤੇ ਕਲਾਤਮਿਕ ਲਿਖਣ ਦੀ ਤਮੰਨਾ ਹੁੰਦੀ ਹੈ। ਇਸ ਸਮੇਂ ਦੌਰਾਨ ਜਿਹੜੇ ਵਿਦਿਆਰਥੀ ਸਾਹਿਤਕ ਰੁਚੀਆਂ ਵਾਲੇ ਹੁੰਦੇ ਹਨ, ਉਹ ਆਪਣੀ ਪੜ੍ਹਾਈ ਦੇ ਨਾਲ-ਨਾਲ ਹੋਰ ਸਾਹਿਤਕ ਕਿਰਤਾਂ ਪੜ੍ਹਨ ਤੇ ਸਿਰਜਣ ਦੀ ਪ੍ਰਤਿਭਾ ਵੀ ਰੱਖਦੇ ਹਨ। ਬਹੁਤ ਵਾਰੀ ਇੰਝ ਵੀ ਵਾਪਰਦਾ ਹੈ ਕਿ ਕਿਸੇ ਵੀ ਭਾਸ਼ਾ ਜਾਂ ਸਾਹਿਤ ਨਾਲ ਸੰਬੰਧਤ ਅਧਿਆਪਕ ਵਿਦਿਆਰਥੀ ਨੂੰ ਸਾਹਿਤ ਦੀ ਜਾਗ ਲਾ ਕੇ ਕਿਸੇ ਸ਼ਾਹਕਾਰ ਲੇਖਕ ਦੀ ਪੈਦਾਇਸ਼ ਕਰ ਜਾਂਦੇ ਹਨ।



ਇਸ ਪ੍ਰਕਾਰ ਹੀ ‘ਆਭਾ’ ਕਾਲਜ ਮੈਗਜ਼ੀਨ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਮੌਲਿਕ ਸਿਰਜਣਾਤਮਿਕਤਾ ਨੂੰ ਉਸਾਰਣ ਵਿਚ ਪ੍ਰੇਰਨਾਮਈ ਉਪਰਾਲਾ ਹੈ। ਕਾਲਜ ਵਿਚ ਵਿਦਿਆਰਥੀਆਂ ਦੀਆਂ ਰੁਚੀਆਂ ਨੂੰ ਉਤਸ਼ਾਹਿਤ ਕਰਨ ਲਈ ਕਵਿਤਾਵਾਂ, ਕਹਾਣੀਆਂ, ਲੇਖ ਤੇ ਵਾਰਤਕ ਵਰਗੀਆਂ ਵਿਧਾਵਾਂ ਨੂੰ ਹੋਰਨਾਂ ਨਾਲ ਸਾਂਝਾ ਕਰਨਾ ਇਸ ਮੈਗਜ਼ੀਨ ਦਾ ਅਹਿਮ ਅੰਗ ਹੈ।

ਅਜਿਹੀਆਂ ਰਚਨਾਵਾਂ ਵਿਚੋਂ ਹੀ ਕਈ ਨਾਮਵਾਰ ਕਵੀ, ਕਵਿੱਤਰੀਆਂ ਤੇ ਕਹਾਣੀਕਾਰ ਪੈਦਾ ਹੁੰਦੇ ਹਨ। ਵਿਦਿਆਰਥੀ ਜੀਵਨ ਦੇ ਖੂਬਸੂਰਤ ਜਜ਼ਬਾਤਾਂ, ਰੀਝਾਂ, ਸੁਨਹਿਰੀ ਸੁਪਨਿਆਂ ਤੇ ਨਵ-ਸਿਰਜਿਤ ਉਡਾਰੀਆਂ ਨੂੰ ਸਾਕਾਰ ਰੂਪ ਵਿਚ ਤੁਹਾਡੇ ਸਾਹਮਣੇ ਪੇਸ਼ ਕਰਦਿਆਂ ਬਹੁਤ ਗੌਰਵਮਈ ਮਹਿਸੂਸ ਕਰਦੀ ਹਾਂ। ਇਸ ਦੇ ਨਾਲ ਹੀ ਇੱਕ ਸੁਨੇਹਾ ਚੱਲ ਰਹੀ ਭਿਆਨਕ ਮਹਾਂਮਾਰੀ ਬਾਰੇ ਵੀ ਦੇਵਾਂਗੀ ਕਿ ਉਸ ਕਾਦਰ ਦੀ ਸਾਜੀ ਕੁਦਰਤ ਨੂੰ ਆਪਾਂ ਸੰਭਾਲੀਏ, ਸਾਜੀਏ, ਰਲ ਹੰਭਲਾ ਮਾਰੀਏ, ਬਚਾਈਏ: -

ਧਰਤੀ ਮਾਂ ਨੂੰ,
ਧਰਤੀ ਦੀ ਧੀ ਰਾਣੀ ਨੂੰ,
ਵਾਤਾਵਰਣ ਤੇ ਪਾਣੀ ਨੂੰ

ਇਸ ਪੈਗਾਮ ਰਾਹੀਂ ਅੱਜ ਦੇ ਯੁੱਗ ਵਿਚ ਆਦਰਸ਼ਕ ਅਤੇ ਕ੍ਰਾਂਤੀਕਾਰੀ ਦ੍ਰਿਸ਼ਟੀ ਰਾਹੀਂ ‘ਸਰਬੱਤ ਦਾ ਭਲਾ’ ਹੀ ਸਭ ਤੋਂ ਮਹਾਨ ਸੁਨੇਹਾ ਹੈ।

ਢੇਰ ਸਾਰੀਆਂ ਦੁਆਵਾਂ ਨਾਲ।

ਡਾ. ਦੇਵਿੰਦਰਜੀਤ ਕੌਰ
ਡੀਨ, ਕਾਲਜ
ਮੁਖੀ, ਪੰਜਾਬੀ ਵਿਭਾਗ

ਪਿਆਰੇ ਵਿਦਿਆਰਥੀ ਸਾਥੀਓ,

ਮੈਂ ਇਹ ਮਾਣ ਮਹਿਸੂਸ ਕਰਦੀ ਹਾਂ ਕਿ ਮੈਨੂੰ ਇਸ ਵਰ੍ਹੇ ਦੇ ਕਾਲਜ ਮੈਗਜ਼ੀਨ 'ਆਭਾ' ਦੇ ਪੰਜਾਬੀ ਵਿਭਾਗ ਦੇ ਵਿਦਿਆਰਥੀ ਸੰਪਾਦਕ ਦੇ ਰੂਪ ਵਿੱਚ ਸੇਵਾ ਕਰਨ ਦਾ ਮੌਕਾ ਮਿਲਿਆ ਹੈ। ਤੁਹਾਡੇ ਅੰਦਰੂਨੀ ਭਾਵਾਂ ਦੀ ਰਹਿਨੁਮਾਈ ਕਰਦਾ ਹੋਇਆ 'ਆਭਾ' ਦਾ ਨਵਾਂ ਅੰਕ ਤੁਹਾਡੇ ਰੂ-ਬ-ਰੂ ਹੋਇਆ ਹੈ। ਬਹੁਤ ਹੀ ਨਾਜ਼ੁਕ ਸੋਚਾਂ ਨੇ ਕਲਮ ਰੂਪੀ ਤਲਵਾਰ ਫੜ ਕੇ ਆਪਣੇ ਭਾਵਾਂ ਨੂੰ ਕਵਿਤਾਵਾਂ, ਕਹਾਣੀਆਂ ਅਤੇ ਲੇਖਾਂ ਆਦਿ ਦਾ ਜਾਮਾ ਪਹਿਨਾ ਕੇ ਇਸ ਮੈਗਜ਼ੀਨ ਦਾ ਸ਼ਿੰਗਾਰ ਬਣਾਇਆ ਹੈ। ਇਸ ਸੰਸਥਾ ਦੇ ਵਿਦਿਆਰਥੀ ਅਕਾਦਮਿਕ, ਸਭਿਆਚਾਰਕ ਖੇਡਾਂ ਤੇ ਕੌਮਲ ਕਲਾਵਾਂ 'ਚ ਮੰਜ਼ਿਲਾਂ ਨੂੰ ਫਤਿਹ ਕਰਨ ਵਿੱਚ ਹਮੇਸ਼ਾਂ ਤਤਪਰ ਰਹਿੰਦੇ ਹਨ ਅਤੇ ਆਪਣੀ ਮੰਜ਼ਿਲ ਨੂੰ ਸਰ ਵੀ ਕਰ ਲੈਂਦੇ ਹਨ ਕਿਉਂਕਿ ਸੁਯੋਗ ਅਤੇ ਸੁਹਿਰਦ ਪ੍ਰਿੰਸੀਪਲ ਜੀ ਦੀ ਅਗਵਾਈ ਉਤਸ਼ਾਹਿਤ ਕਰਦੀ ਹੈ।

ਇਸ ਕਾਲਜ ਦੇ ਵਿਦਿਆਰਥੀ ਕੱਚੀ ਮਿੱਟੀ ਵਾਂਗ ਪ੍ਰਵੇਸ਼ ਕਰਦੇ ਹਨ ਅਤੇ ਸਮਾਂ ਪਾ ਕੇ ਮੰਜ਼ਿਲਾਂ ਨੂੰ ਸਰ ਕਰਦੇ ਹੋਏ ਪੱਕਾ ਭਾਂਡਾ ਬਣ ਕੇ ਨਿਕਲਦੇ ਹਨ। ਉਹ ਬੜੇ ਖੁਸ਼-ਨਸੀਬ ਹਨ ਜਿਨ੍ਹਾਂ ਵਿਦਿਆਰਥੀਆਂ ਅਤੇ ਅਧਿਆਪਕਾਂ ਦੀਆਂ ਰਚਨਾਵਾਂ ਨੂੰ ਇਸ 'ਆਭਾ' ਵਿੱਚ ਥਾਂ ਮਿਲੀ ਹੈ ਅਤੇ ਤੁਹਾਡੇ ਵਡਮੁੱਲੇ, ਵਿਚਾਰਾਂ, ਭਾਵਾਂ ਅਤੇ ਸੋਚ ਨੂੰ ਜਦੋਂ ਕਮਲ ਦੀ ਛੋਹ ਪ੍ਰਾਪਤ ਹੁੰਦੀ ਹੈ ਤਾਂ ਉਹ 'ਆਭਾ' ਦੇ ਰੂਪ ਵਿੱਚ ਤੁਹਾਡੇ ਹੱਥਾਂ ਵਿੱਚ ਆਈ ਹੈ। ਮੈਨੂੰ ਇਸ ਗੱਲ ਲਈ ਮਾਣ ਮਹਿਸੂਸ ਹੋ ਰਿਹਾ ਹੈ ਕਿ ਕਾਲਜ ਦੀਆਂ ਵਿਦਿਆਰਥਣਾਂ ਨੇ ਆਪਣੀਆਂ ਰਚਨਾਵਾਂ ਦੇ ਕੇ 'ਆਭਾ' ਮੈਗਜ਼ੀਨ ਸਫਲ ਬਣਾਉਣ ਵਿੱਚ ਯੋਗਦਾਨ ਪਾਇਆ ਹੈ। ਕਾਮਨਾ ਕਰਦੀ ਹਾਂ ਕਿ ਭਵਿੱਖ ਵਿੱਚ ਵੀ ਉਹਨਾਂ ਨੂੰ ਅਜਿਹੇ ਮੌਕੇ ਪ੍ਰਾਪਤ ਹੁੰਦੇ ਰਹਿਣ।

ਸੰਦੀਪ ਕੌਰ

ਬੀ.ਏ(ਭਾਗ ਤੀਸਰਾ)

ਆਨਲਾਈਨ ਕਲਾਸ ਦੇ ਫਾਇਦੇ ਤੇ ਨੁਕਸਾਨ

ਵਰਤਮਾਨ ਸਮੇਂ ਵਿਚ ਤਕਨੀਕ ਨੇ ਬਹੁਤ ਜ਼ਿਆਦਾ ਪੈਰ ਪਸਾਰੇ ਹੋਏ ਹਨ। ਮਨੁੱਖ ਨਾ ਚਾਹੁੰਦਾ ਹੋਇਆ ਵੀ ਇਸਦੇ ਪ੍ਰਭਾਵ ਤੋਂ ਦੂਰ ਨਹੀਂ ਰਹਿ ਸਕਦਾ। ਉਹ ਇੱਕ ਤਰ੍ਹਾਂ ਨਾਲ ਇਸਦਾ ਗੁਲਾਮ ਬਣ ਕੇ ਰਹਿ ਗਿਆ ਹੈ। ਅੱਜ ਦੇ ਸਮੇਂ ਵਿਚ ਇੱਕੀਵੀਂ ਸਦੀ ਵਿਚ ਤਕਨਾਲੋਜੀ ਭਾਵ 'ਮੋਬਾਈਲ ਫੋਨ' ਦੀ ਮਹੱਤਤਾ ਬਹੁਤ ਜ਼ਿਆਦਾ ਹੋ ਗਈ। ਅੱਜ ਸ਼ਾਇਦ ਕੋਈ ਹੀ 'ਮੋਬਾਈਲ ਫੋਨ' ਤੋਂ ਬਚ ਸਕਿਆ ਹੈ। ਸਕੂਲਾਂ, ਕਾਲਜਾਂ ਅਤੇ ਯੂਨੀਵਰਸਿਟੀਆਂ ਦੇ ਵਿਦਿਆਰਥੀਆਂ ਲਈ ਬਹੁਤ ਹਰਮਨ ਪਿਆਰਾ ਬਣ ਗਿਆ ਹੈ। ਵਰਤਮਾਨ ਸਮੇਂ ਦੀ ਗੱਲ ਕਰੀਏ ਤਾਂ 'ਕਰੋਨਾ' ਜਿਸਨੂੰ 'ਕੋਵਿਡ 19' ਵੀ ਕਿਹਾ ਜਾਂਦਾ ਹੈ, ਕਰਕੇ ਲੋਕਾਂ ਨੂੰ ਬਹੁਤ ਸਾਰੀਆਂ ਮੁਸ਼ਕਿਲਾਂ ਦਾ ਸਾਹਮਣਾ ਕਰਨਾ ਪਿਆ ਹੈ ਅਤੇ ਕਰ ਵੀ ਰਹੇ ਹਨ। ਲੋਕ ਘਰਾਂ ਵਿਚ ਬੰਦ ਹੋ ਕੇ ਰਹਿ ਗਏ ਸਨ। ਇਸ ਮਹਾਂਮਾਰੀ ਤੋਂ ਬਚਣ ਲਈ ਸਰਕਾਰ ਨੇ ਸਕੂਲਾਂ, ਕਾਲਜਾਂ, ਯੂਨੀਵਰਸਿਟੀਆਂ, ਸਿਨੇਮਾ-ਹਾਲ, ਵੱਡੇ-ਵੱਡੇ ਦਫ਼ਤਰ ਆਦਿ ਸਭ ਬੰਦ ਕਰਵਾ ਦਿੱਤੇ ਸਨ। ਜਿਸ ਕਾਰਨ ਅਜਿਹੇ ਸਮੇਂ ਵਿਚ ਲੋਕ ਘਰਾਂ ਵਿਚ ਬੰਦ ਹੋਣ ਕਾਰਨ ਘਰ ਬੈਠੇ ਵਿਦਿਆਰਥੀ ਸਿੱਖਿਆ ਨਾ ਹੋਣ ਕਾਰਨ ਵੀਡੀਓ ਗੇਮਜ਼, ਟੀ.ਵੀ ਦੇਖਦੇ ਰਹਿੰਦੇ ਸਨ ਤੇ ਇਸਨੂੰ ਬਾਰ-ਬਾਰ ਕਰਨ ਨਾਲ ਉਹ ਬੇਰੀਅਤ ਵੀ ਮਹਿਸੂਸ ਕਰ ਰਹੇ ਸਨ। ਇਸ ਨਾਲ ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਸਿੱਖਿਆ 'ਤੇ ਬਹੁਤ ਮਾੜਾ ਪ੍ਰਭਾਵ ਪੈ ਰਿਹਾ ਸੀ। ਉਹ ਬਿਲਕੁਲ ਹੀ ਪੜ੍ਹਾਈ ਤੋਂ ਦੂਰ ਹੋ ਰਹੇ ਸਨ। ਅਜਿਹੇ ਸਮੇਂ ਵਿਚ ਸਰਕਾਰ ਨੇ ਤਕਨੀਕ ਦੁਆਰਾ ਮੋਬਾਈਲ ਫੋਨ ਰਾਹੀਂ ਘਰ ਬੈਠੇ ਹੀ ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਕਰਵਾਉਣ ਦਾ ਫੈਸਲਾ ਕੀਤਾ। ਵਰਤਮਾਨ ਸਮੇਂ ਵਿਚ ਵਿਸ਼ਵ ਵਿਚ ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਪੂਰੇ ਜ਼ੋਰਾਂ 'ਤੇ ਹੈ। ਕਿਹਾ ਜਾ ਰਿਹਾ ਹੈ ਕਿ ਜਿੱਥੇ ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਦੇ ਸਾਨੂੰ ਫਾਇਦੇ ਹੋਏ ਹਨ, ਉੱਥੇ ਬਹੁਤ ਸਾਰੇ ਨੁਕਸਾਨ ਵੀ ਹੋ ਰਹੇ ਹਨ।

ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਦੇ ਫਾਇਦੇ

1. **ਵਰਤਮਾਨ ਸਮੇਂ ਵਿਚ ਚਲ ਰਹੀ 'ਕਰੋਨਾ' ਬਿਮਾਰੀ ਤੋਂ ਰਾਹਤ:-** ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਦੁਆਰਾ ਵਿਦਿਆਰਥੀ ਬਿਨਾਂ ਕਿਸੇ ਨੂੰ ਛੂਹੇ ਘਰ ਬੈਠੇ ਸਿੱਖਿਆ ਹਾਸਲ ਕਰ ਰਹੇ ਹਨ। ਜਿਸ ਨਾਲ ਜ਼ਿਆਦਾ ਪੱਕੇ ਤੌਰ 'ਤੇ ਤਾਂ ਨਹੀਂ ਕਹਿ ਸਕਦੇ ਪਰ ਉਹ ਇਸ ਮਹਾਂਮਾਰੀ ਕਰੋਨਾ ਦੀ ਬਿਮਾਰੀ ਲੱਗਣ ਤੋਂ ਬਚ ਗਏ ਹਨ।

2. **ਸਮੇਂ ਦੀ ਬੱਚਤ:-** ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਦੁਆਰਾ ਜਿੱਥੇ ਵਿਦਿਆਰਥੀ ਵਧੀਆ ਸਿੱਖਿਆ ਹਾਸਲ ਕਰ ਰਹੇ ਹਨ, ਉੱਥੇ ਉਹ ਸਮੇਂ ਦੀ ਬੱਚਤ ਵੀ ਕਰ ਰਹੇ ਹਨ। ਇਸ ਦੁਆਰਾ ਉਹਨਾਂ ਨੂੰ ਘਰ ਤੋਂ ਬਾਹਰ ਜਾ ਕੇ ਕਿਸੇ ਨਿਸ਼ਚਿਤ ਥਾਂ 'ਤੇ ਪੜ੍ਹਨ ਲਈ ਨਹੀਂ ਜਾਣਾ ਪੈਂਦਾ। ਇਸ ਤਰ੍ਹਾਂ ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਦੁਆਰਾ ਉਹਨਾਂ ਦਾ ਘਰ ਤੋਂ ਸਕੂਲ, ਕਾਲਜ ਜਾਂ ਯੂਨੀਵਰਸਿਟੀ ਤੱਕ ਪਹੁੰਚਣ ਦਾ ਸਮਾਂ ਬੱਚ ਜਾਂਦਾ ਹੈ।

3. **ਦੂਰ ਦੁਰਾਡੇ ਬੈਠੇ ਸਿੱਖਿਆ ਹਾਸਲ ਕਰਨਾ:-** ਆਨਲਾਈਨ ਕਲਾਸਾਂ ਲੱਗਣ ਕਰਕੇ ਦੂਰ ਦੁਰਾਡੇ ਬੈਠੇ ਵਿਦਿਆਰਥੀ ਸਿੱਖਿਆ ਹਾਸਲ ਕਰ ਰਹੇ ਹਨ।

4. **ਸਿੱਖਿਆ ਦੇ ਨਾਲ ਨਾਲ ਕੁਝ ਹੋਰ ਚੀਜ਼ਾਂ ਦੀ ਪ੍ਰਾਪਤੀ:-** ਦੇਸ਼ ਭਰ ਵਿਚ ਵਿਦਿਆਰਥੀ ਆਨਲਾਈਨ ਕਲਾਸਾਂ ਨਾਲ ਸਿੱਖਿਆ ਹਾਸਲ ਕਰਨ ਤੋਂ ਇਲਾਵਾ ਹੋਰ ਵੀ ਕਈ ਪ੍ਰਕਾਰ ਦੀਆਂ ਸਿੱਖਿਆਵਾਂ ਹਾਸਲ ਕਰ ਰਹੇ ਹਨ ਜਿਵੇਂ ਕਿ ਫੈਸ਼ਨ ਡਿਜ਼ਾਈਨਿੰਗ, ਕੰਪਿਊਟਰ ਕੋਰਸ, ਸਿਲਾਈ ਕਢਾਈ, ਕੋਚਿੰਗ ਆਦਿ ਹਾਸਲ ਕਰ ਰਹੇ ਹਨ। ਇਸ ਤਰ੍ਹਾਂ ਵਿਦਿਆਰਥੀਆਂ ਨੇ ਖਾਲੀ ਸਮੇਂ ਦੀ ਸਦਵਰਤੋਂ ਕਰਕੇ ਵੱਖ-ਵੱਖ ਪ੍ਰਕਾਰ ਦਾ ਹੁਨਰ ਹਾਸਲ ਕੀਤਾ ਹੈ।

5. **ਰੋਜ਼ਾਨਾ ਕਲਾਸ ਲਾ ਪਾਉਣਾ:-** ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਦਾ ਇੱਕ ਫਾਇਦਾ ਇਹ ਵੀ ਹੋਇਆ ਹੈ ਕਿ ਵਿਦਿਆਰਥੀ ਰੋਜ਼ਾਨਾ ਆਪਣੀਆਂ ਕਲਾਸਾਂ ਲਗਾ ਰਹੇ ਹਨ ਕਿਉਂਕਿ ਜਦੋਂ ਵਿਦਿਆਰਥੀ ਸਕੂਲਾਂ ਕਾਲਜਾਂ ਜਾਂ ਯੂਨੀਵਰਸਿਟੀਆਂ ਵਿਚ ਪੜ੍ਹਨ ਲਈ ਜਾਂਦੇ ਹਨ ਤਾਂ ਉਹ ਮਰਜ਼ੀ ਨਾਲ ਕਦੇ-ਕਦੇ ਕਲਾਸ ਨਹੀਂ ਲਗਾਉਂਦੇ ਜਾਂ ਫਿਰ ਘਰ ਤੋਂ ਕਿਸੇ ਖਾਸ ਵਜ੍ਹਾ ਕਰਕੇ ਦੇਰ ਹੋ ਜਾਂਦੇ ਹਨ ਤਾਂ ਸਕੂਲ ਦੇ ਨਿਯਮ ਅਨੁਸਾਰ ਉਹ ਸਕੂਲ 'ਚ ਦਾਖਲ ਨਹੀਂ ਹੋ ਸਕਦੇ ਜਾਂ ਫਿਰ ਕੁਝ ਵਿਦਿਆਰਥੀ ਤਾਂ ਟਰੈਫਿਕ ਵਿਚ ਹੀ ਫਸੇ ਰਹਿ ਜਾਂਦੇ ਹਨ। ਜਿਸ ਕਾਰਨ ਉਹ ਕਲਾਸ ਮਿਸ ਕਰ ਦਿੰਦੇ ਹਨ ਪਰੰਤੂ ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਦੁਆਰਾ ਕੁਝ ਵਿਦਿਆਰਥੀ ਆਪਣੇ ਮਾਪਿਆਂ ਦੇ ਡਰ ਤੋਂ ਅਤੇ ਕੁਝ ਆਪਣੀ ਮਰਜ਼ੀ ਨਾਲ ਖੁਸ਼ੀ-ਖੁਸ਼ੀ ਬਿਨਾਂ ਕਿਸੇ ਟਰੈਫਿਕ ਦੀਆਂ ਮੁਸ਼ਕਿਲਾਂ ਨੂੰ ਲੱਭਣ ਤੋਂ ਕਲਾਸ ਲਗਾ ਪਾਉਂਦੇ ਹਨ। ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਨੇ ਤਾਂ ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਦਿਲਾਂ ਵਿਚ ਪੜ੍ਹਾਈ ਪ੍ਰਤੀ ਦਿਲਚਸਪੀ ਵਧਾ ਦਿੱਤੀ ਹੈ।

6. **ਪਰਿਵਾਰ ਨਾਲ ਜ਼ਿਆਦਾ ਸਮਾਂ ਬਿਤਾਉਣਾ:-** ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਦੁਆਰਾ ਇੱਕ ਥਾਂ ਤੋਂ ਦੂਜੀ ਥਾਂ 'ਤੇ ਨਾ ਜਾਣ ਕਰਕੇ ਵਿਦਿਆਰਥੀ ਆਪਣਾ ਆਉਣ ਜਾਣ ਵਾਲਾ ਸਮਾਂ ਬਚਾ ਲੈਂਦੇ ਹਨ। ਇਸ ਨਾਲ ਪਰਿਵਾਰ ਵਿਚ ਨੇੜਤਾ ਵਧੀ ਹੈ ਤੇ ਵਿਦਿਆਰਥੀ ਵਧੇਰੇ ਸਮਾਂ ਪਰਿਵਾਰ ਨਾਲ ਬਤੀਤ ਕਰਦੇ ਹਨ।

7. **ਮਾਪਿਆਂ ਦਾ ਬੇਫ਼ਿਕਰ ਹੋਣਾ:-** ਇਸ ਦੁਆਰਾ ਮਾਤਾ-ਪਿਤਾ ਵੀ ਆਪਣੇ ਬੱਚਿਆਂ ਪ੍ਰਤੀ ਬੇਫ਼ਿਕਰ ਹੋਏ ਹਨ। ਇਸਦੇ ਕਈ ਕਾਰਨ ਹਨ। ਇੱਕ ਤਾਂ ਇਹ ਕਿ ਉਹਨਾਂ ਨੂੰ ਆਪਣੇ ਬੱਚਿਆਂ ਨੂੰ ਘਰ ਤੋਂ ਸਕੂਲ, ਕਾਲਜ ਵਿਚ ਛੱਡਣ ਅਤੇ ਲਿਆਉਣ ਦੀ ਜ਼ਰੂਰਤ ਨਹੀਂ ਪੈਂਦੀ। ਉਹ ਘਰ ਬੈਠੇ ਹੀ ਸਿੱਖਿਆ ਹਾਸਲ ਕਰ ਰਹੇ ਹਨ ਤੇ ਉਹਨਾਂ ਦੇ ਬੱਚੇ

ਉਹਨਾਂ ਦੇ ਸਾਹਮਣੇ ਰਹਿੰਦੇ ਹਨ। ਦੂਜਾ ਕਾਰਨ ਇਹ ਹੈ ਕਿ ਉਹਨਾਂ ਦੇ ਬੱਚੇ ਵਰਤਮਾਨ ਸਮੇਂ ਵਿਚ ਚੱਲ ਰਹੀ ਮਹਾਂਮਾਰੀ ਕਰੋਨਾ ਤੋਂ ਬਚੇ ਹੋਏ ਹਨ।

ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਦੇ ਨੁਕਸਾਨ

ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਦੇ ਜਿੱਥੇ ਸਾਨੂੰ ਫਾਇਦੇ ਹੋਏ ਹਨ, ਉੱਥੇ ਨੁਕਸਾਨ ਵੀ ਹੋਏ ਹਨ ਜੋ ਕਿ ਹੇਠ ਲਿਖੇ ਹਨ :

1. **ਇੰਟਰਨੈੱਟ ਦੀ ਸਮੱਸਿਆ:**—ਭਾਰਤ ਸਰਕਾਰ ਨੇ ਦੇਸ਼ ਨੂੰ ਡਿਜੀਟਲ ਬਣਾਉਣ ਦਾ ਬੀੜਾ ਚੁੱਕਿਆ ਹੋਇਆ ਹੈ ਪਰ ਅਜੇ ਤੱਕ ਵੀ ਬਹੁਤ ਸਾਰੇ ਪੇਂਡੂ ਖੇਤਰਾਂ ਵਿਚ ਇੰਟਰਨੈੱਟ ਦਾ ਸਹੀ ਅਤੇ ਲੋੜੀਂਦਾ ਸੰਪਰਕ ਉਪਲਬਧ ਨਹੀਂ ਹੈ। ਇੰਟਰਨੈੱਟ ਦੀ ਸਮੱਸਿਆ ਆਨਲਾਈਨ ਕਲਾਸਾਂ ਵਿਚ ਬਹੁਤ ਵੱਡੀ ਸਮੱਸਿਆ ਹੈ ਕਿਉਂਕਿ ਇੰਟਰਨੈੱਟ ਨਾ ਹੋਣ ਕਾਰਨ ਬੱਚੇ ਆਪਣੀਆਂ ਕਲਾਸਾਂ ਨਹੀਂ ਲਗਾ ਪਾਉਂਦੇ। ਇਸ ਨਾਲ ਉਹਨਾਂ ਦੀ ਪੜ੍ਹਾਈ ਉੱਤੇ ਬੁਰਾ ਅਸਰ ਪੈਂਦਾ ਹੈ। ਕਦੇ ਨੈੱਟ ਆਉਂਦਾ ਹੈ। ਕਦੇ-ਕਦੇ ਤਾਂ ਕਲਾਸ ਨਾਲੋਂ ਹੀ ਲਿੰਕ ਟੁੱਟ ਜਾਂਦਾ ਹੈ ਤੇ ਦੁਬਾਰਾ ਕਲਾਸ ਲਗਾਉਣ 'ਚ ਮੁਸ਼ਕਲ ਆਉਂਦੀ ਹੈ। ਪਿੰਡਾਂ ਵਿਚ ਤਾਂ ਨੈਟਵਰਕ ਦੀ ਬਹੁਤ ਹੀ ਗੰਭੀਰ ਸਮੱਸਿਆ ਹੈ ਜਿਸ ਨਾਲ ਵਿਦਿਆਰਥੀ ਆਨਲਾਈਨ ਕਲਾਸ ਤੋਂ ਵੀ ਵਾਂਝੇ ਰਹਿ ਜਾਂਦੇ ਹਨ।

2. **ਘਰ ਵਿਚ ਇੱਕ ਤੋਂ ਵੱਧ ਬੱਚੇ ਹੋਣਾ :**—ਜਿਨ੍ਹਾਂ ਘਰਾਂ ਵਿਚ ਇੱਕ ਤੋਂ ਵੱਧ ਵਿਦਿਆਰਥੀ ਹਨ, ਉਨ੍ਹਾਂ ਲਈ ਹੋਰ ਵੀ ਸਮੱਸਿਆ ਹੈ ਕਿਉਂਕਿ ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਲਈ ਹਰ ਬੱਚੇ ਕੋਲ ਸਮਾਰਟ ਫੋਨ ਹੋਣਾ ਲਾਜ਼ਮੀ ਹੈ। ਸਰਕਾਰ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਲਈ ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਪੜ੍ਹਨ ਲਈ ਸਮਾਰਟ ਫੋਨ, ਲੈਪਟਾਪ ਤਾਂ ਦਿੱਤੇ ਹਨ ਪਰ ਆਧੁਨਿਕ ਯੁੱਗ ਵਿਚ ਆਬਾਦੀ ਇੰਨੀ ਜ਼ਿਆਦਾ ਹੋ ਗਈ ਹੈ ਕਿ ਹਰ ਕਿਸੇ ਨੂੰ ਪ੍ਰਾਪਤ ਨਹੀਂ ਹੋਏ ਹਨ ਜਿਸ ਨਾਲ ਉਹ ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਤੋਂ ਵਾਂਝੇ ਹਨ। ਗਰੀਬ ਵਿਅਕਤੀ ਜਿਹੜਾ ਸਿਰਫ਼ ਆਪਣੇ ਘਰ ਦਾ ਗੁਜ਼ਾਰਾ ਹੀ ਬੜੀ ਮੁਸ਼ਕਿਲ ਨਾਲ ਕਰਦਾ ਹੈ ਉਹ ਆਪਣੇ ਘਰ ਵਿਚ ਆਪਣੇ ਸਾਰੇ ਬੱਚਿਆਂ ਨੂੰ ਸਮਾਰਟ ਫੋਨ ਕਿੱਥੋਂ ਲੈ ਕੇ ਦੇਵੇਗਾ। ਜਿਸ ਕਰਕੇ ਕੁਝ ਬੱਚਿਆਂ ਕੋਲ ਸਮਾਰਟ ਫੋਨ ਨਾ ਹੋਣ ਕਰਕੇ ਉਹ ਸਿੱਖਿਆ ਤੋਂ ਵਾਂਝੇ ਰਹਿ ਗਏ ਹਨ।

3. **ਇਨਸਾਨੀ ਕਦਰਾਂ-ਕੀਮਤਾਂ :-** ਸਿੱਖਿਆ ਦਾ ਮੰਤਵ ਬੱਚੇ ਦੀ ਸੰਪੂਰਨ ਸ਼ਖ਼ਸੀਅਤ ਦਾ ਵਿਕਾਸ ਕਰਨਾ ਹੁੰਦਾ ਹੈ। ਸਕੂਲਾਂ, ਕਾਲਜਾਂ ਵਿਚ ਵਿਦਿਆਰਥੀਆਂ ਦਾ ਚਰਿੱਤਰ ਨਿਰਮਾਣ, ਗਿਆਨ ਨੈਤਿਕ ਕਦਰਾਂ-ਕੀਮਤਾਂ ਨੂੰ ਘੜਨ ਵਿਚ ਅਧਿਆਪਕ ਅਤੇ ਹੋਰ ਸਮਾਜਿਕ ਗਤੀਵਿਧੀਆਂ ਅਹਿਮ ਭੂਮਿਕਾ ਨਿਭਾਉਂਦੀਆਂ ਹਨ। ਵਰਤਮਾਨ ਸਮੇਂ ਵਿਚ ਸਭ ਕੁਝ ਮਸ਼ੀਨੀ ਬਣ ਰਿਹਾ ਹੈ। ਜਿਸ ਕਰਕੇ ਵਿਦਿਆਰਥੀ ਦੀਆਂ ਭਾਵਨਾਵਾਂ ਅਤੇ ਸੰਵੇਦਨਾਵਾਂ ਮਰ ਰਹੀਆਂ ਹਨ ਜਿਨ੍ਹਾਂ ਦੀ ਬੱਚਿਆਂ ਨੂੰ ਖਾਸ ਜ਼ਰੂਰਤ ਹੁੰਦੀ ਹੈ।

4. **ਸਰੀਰ ਉੱਤੇ ਅਸਰ :-** ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਦੁਆਰਾ ਵਿਦਿਆਰਥੀ ਸਿੱਖਿਆ ਤਾਂ ਹਾਸਲ ਕਰ ਰਹੇ ਹਨ ਪਰ ਜ਼ਿਆਦਾ ਦੇਰ ਤੱਕ ਮੋਬਾਇਲ ਫੋਨ ਜਾਂ ਲੈਪਟਾਪ 'ਤੇ ਪੜ੍ਹਾਈ ਕਰਨ ਨਾਲ ਉਹਨਾਂ ਦੀਆਂ ਅੱਖਾਂ ਉੱਤੇ ਬੁਰਾ ਪ੍ਰਭਾਵ ਪੈ ਰਿਹਾ ਹੈ। ਕੇਵਲ ਐਨਾ ਹੀ ਨਹੀਂ ਸਗੋਂ ਲਗਾਤਾਰ ਹੈੱਡਫੋਨ ਲਾਉਣ ਨਾਲ ਕੰਨਾਂ ਉੱਤੇ ਵੀ ਮਾੜਾ ਅਸਰ ਦੇਖਣ ਨੂੰ ਮਿਲ ਰਿਹਾ ਹੈ। ਸਕੂਲਾਂ, ਕਾਲਜਾਂ ਜਾਂ ਯੂਨੀਵਰਸਿਟੀਆਂ ਵਿਚ ਜਾਂਦੇ ਸਮੇਂ ਜਾਂ ਇੱਕ ਕਲਾਸ ਤੋਂ ਦੂਜੀ ਕਲਾਸ ਤੱਕ ਜਾਣ ਸਮੇਂ ਉਹਨਾਂ ਦੀ ਸਰੀਰਕ ਗਤੀਵਿਧੀ ਵੀ ਹੁੰਦੀ ਸੀ ਜੋ ਕਿ ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਦੁਆਰਾ ਖ਼ਤਮ ਹੋ ਚੁੱਕੀ ਹੈ। ਇਸ ਤਰ੍ਹਾਂ ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਸਰੀਰ ਉੱਤੇ ਮਾੜਾ ਪ੍ਰਭਾਵ ਪੈ ਰਿਹਾ ਹੈ।

5. **ਆਲਸੀਪਣ :-** ਆਨਲਾਈਨ ਪੜ੍ਹਾਈ ਦਾ ਨੁਕਸਾਨ ਇਹ ਵੀ ਹੈ ਕਿ ਵਿਦਿਆਰਥੀ ਇਸ ਨਾਲ ਆਲਸੀ ਬਣ ਰਹੇ ਹਨ। ਉਹ ਆਪਣੇ ਮੋਬਾਇਲ ਫੋਨ 'ਤੇ ਆਨਲਾਈਨ ਕਲਾਸ ਸਟਾਰਟ ਕਰਕੇ ਇੱਧਰ-ਉੱਧਰ ਘੁੰਮਦੇ ਰਹਿੰਦੇ ਹਨ। ਉਹ ਸਕੂਲ, ਕਾਲਜਾਂ ਜਾਂ ਯੂਨੀਵਰਸਿਟੀ ਜਾਣ ਸਮੇਂ ਫਿਕਰਮੰਦ ਹੁੰਦੇ ਸਨ ਪਰ ਹੁਣ ਉਹ ਦਿਨੋ-ਦਿਨ ਆਲਸੀ ਬਣਦੇ ਜਾ ਰਹੇ ਹਨ।

6. **ਘਰ ਸਕੂਲ ਨਹੀਂ ਬਣ ਸਕਦੇ :-** ਮਾਪਿਆਂ ਦਾ ਕਹਿਣਾ ਹੈ ਕਿ ਲਾਕਡਾਊਨ ਦੌਰਾਨ ਸਾਰਾ ਪਰਿਵਾਰ ਘਰ ਅੰਦਰ ਬੰਦ ਹੈ। ਇਸ ਲਈ ਘਰ ਵਿਚ ਸਕੂਲ ਵਰਗਾ ਮਾਹੌਲ ਨਹੀਂ ਬਣ ਸਕਦਾ। ਛੋਟੇ ਘਰਾਂ ਵਾਲੇ ਬੱਚਿਆਂ ਲਈ ਇੱਕ ਬਹੁਤ ਵੱਡੀ ਸਮੱਸਿਆ ਹੈ। ਗਰੀਬ ਜਨਤਾ ਕੋਲ ਤਾਂ ਇਕ ਕਮਰੇ ਵਾਲਾ ਹੀ ਘਰ ਹੈ। ਦੂਜਾ ਸਰਕਾਰੀ ਸਕੂਲਾਂ ਵਿਚ ਪੜ੍ਹਨ ਵਾਲੇ ਬੱਚਿਆਂ ਦੇ ਬਹੁਤੇ ਮਾਪੇ ਅਨਪੜ੍ਹ ਹੀ ਹਨ। ਨਾ ਤਾਂ ਬਹੁਤੇ ਪੜ੍ਹੇ ਲਿਖੇ ਹਨ ਤੇ ਨਾ ਹੀ ਆਰਥਿਕ ਤੌਰ 'ਤੇ ਸਮਰੱਥ ਹਨ।

ਮਨਦੀਪ ਕੌਰ
ਬੀ.ਏ(ਭਾਗ ਦੂਜਾ)

ਦੁਨੀਆ

ਕਿਉਂ ਕੁੜੀਆਂ ਨੂੰ ਜੰਮਣ ਤੋਂ ਘਬਰਾਉਂਦੀ ਹੈ ਦੁਨੀਆ?
ਕਿਉਂ ਮੁੰਡਿਆਂ ਨੂੰ ਲੋਰੀ ਤੇ ਕੁੜੀਆਂ ਨੂੰ ਖਰੀ ਖੋਟੀ ਸੁਣਾਉਂਦੀ ਹੈ ਦੁਨੀਆ?
ਕਿਉਂ ਮੁੰਡਿਆਂ ਨੂੰ ਲਾਡਲਾ ਤੇ ਕੁੜੀਆਂ ਨੂੰ ਬੋਝ ਦੱਸਦੀ ਹੈ ਦੁਨੀਆ ?
ਕਿਉਂ ਮੁੰਡਿਆਂ ਨੂੰ ਖਿਡੌਣੇ ਤੇ ਕੁੜੀਆਂ ਨੂੰ ਹੰਝੂ ਦਿੰਦੀ ਹੈ ਦੁਨੀਆ?
ਕਿਉਂ ਮੁੰਡਿਆਂ ਦੇ ਜੰਮਣ 'ਤੇ ਖੁਸ਼ੀਆਂ
ਤੇ ਕੁੜੀਆਂ ਦੇ ਜੰਮਣ 'ਤੇ ਮਾਤਮ ਮਨਾਉਂਦੀ ਹੈ ਦੁਨੀਆ?
ਕਿਉਂ ਮੁੰਡਾ, ਬੇਟਾ, ਵਾਰਿਸ ਹਰ ਵੇਲੇ ਇਹੀ ਗੁਣ ਗਾਉਂਦੀ ਹੈ ਦੁਨੀਆ?
ਕਿਉਂ ਕੁੜੀਆਂ 'ਤੇ ਹੀ ਹਜ਼ਾਰਾਂ ਬੰਧਨ ਲਗਾਉਂਦੀ ਹੈ ਦੁਨੀਆ?
ਮੁੰਡਿਆਂ ਤੋਂ ਵੀ ਅੱਗੇ ਵੱਧਦੀਆਂ ਨੇ ਕੁੜੀਆ,
ਫੇਰ ਕਿਉਂ ਇਨ੍ਹਾਂ ਨੂੰ ਹੀ ਸਤਾਉਂਦੀ ਹੈ ਦੁਨੀਆ?
ਮਤਲਬ ਹੀ ਨਾ ਪਤਾ ਹੋਏ,
ਕੀ ਸਿਰਫ ਮੁੰਡਿਆਂ ਤੋਂ ਹੀ ਚਲ ਪਾਉਂਦੀ ਹੈ ਦੁਨੀਆ?

ਸੀਮਾ
ਬੀ.ਏ (ਭਾਗ ਤੀਜਾ)

ਬੇਰੁਜ਼ਗਾਰੀ

ਇੱਕ ਹੱਥ ਕਿਤਾਬ
ਦੂਜੇ ਹੱਥ ਕੁਹਾੜੀ।
ਕਿਸੇ ਨੇ ਘਰ ਛੱਡਿਆ
ਕਿਸ ਘਰ 'ਚ ਗੁਜ਼ਾਰੀ।
ਹਾਲੇ ਬਚਪਨ ਵੀ ਨਾ ਲੰਘਿਆ
ਪੈ ਗਈ ਜ਼ਿੰਮੇਵਾਰੀ ਭਾਰੀ।
ਵਧ ਰਹੀ ਆਬਾਦੀ ਨਾਲ
ਵਧ ਰਹੀ ਏ ਲਾਚਾਰੀ।
ਜਿਸ ਤਰ੍ਹਾਂ ਆਤਮ ਹੱਤਿਆ ਨੇ ਕਿਸਾਨ ਮਾਰਿਆ
ਕੁਝ ਇਸ ਤਰ੍ਹਾਂ ਸਾਨੂੰ ਮਾਰ ਰਹੀ ਹੈ ਬੇਰੁਜ਼ਗਾਰੀ।

ਸ਼ਿਫਾਨੀ
ਬੀ.ਏ (ਭਾਗ ਦੂਜਾ)

ਕਲਮ ਦੀ ਤਾਕਤ

ਕਲਮ ਚਾਹੇ ਕੋਈ ਹੋਵੇ
ਦੁਨੀਆ ਨੂੰ ਇਸ ਦੀ ਤਾਕਤ ਦਿਖਾ ਦੇਈਏ।
ਇਹਨਾਂ ਕਲਯੁੱਗੀ ਲੋਕਾਂ ਨੂੰ ਹਥਿਆਰਾਂ ਬਦਲੇ,
ਪਿਆਰ ਭਰੇ ਲਫਜ਼ਾਂ ਨਾਲ ਸਮਝਾ ਦੇਈਏ।
ਕੁਝ ਅਜਿਹੇ ਅਣ ਛੂਹੇ ਜਜ਼ਬਾਤਾਂ ਨੂੰ,
ਕੋਰੇ ਵਰਕੇ 'ਤੇ ਵਿਛਾ ਦੇਈਏ।
ਚਲੋ ਰਲਕੇ ਇਸ ਦੁਨੀਆ ਨੂੰ,
ਮਾਂ ਬੋਲੀ ਦੀ ਅਹਿਮੀਅਤ ਸਮਝਾ ਦੇਈਏ।
ਸਮਾਂ ਹੁੰਦਾ ਹੈ ਬੜਾ ਬਲਵਾਨ
ਹਰੇਕ ਨੂੰ ਕਦਰ ਕਰਨੀ ਸਿਖਾ ਦੇਈਏ।

ਰਾਜਕੌਰ
ਬੀ.ਏ (ਭਾਗ ਤੀਜਾ)

ਧੀਆਂ

ਧੀਆਂ ਤੋਂ ਬਣਦੇ ਜੀਅ।
ਤਾਂਹੀ ਰੱਬ ਨੇ ਬਣਾਈ ਧੀ।
ਜੇ ਧੀਆਂ ਨੂੰ ਮਾਰ ਮੁਕਾਉਣਾ।
ਫਿਰ ਪੁੱਤਾਂ ਨੂੰ ਕਿੱਥੋਂ ਵਿਹਾਉਣਾ।
ਗੱਲ ਸੋਚਣ ਵਾਲੀ ਲੋਕੋ।
ਨਾ ਰੱਬ ਦੇ ਕਾਰਜ ਰੋਕੋ।
ਉਸ ਰੱਬ ਦਾ ਸ਼ੁਕਰ ਮਨਾਓ।
ਧੀਆਂ ਦੇ ਪੁੰਨ ਕਮਾਓ।

ਮਹਿਕਦੀਪ ਕੌਰ
ਬੀ.ਏ (ਭਾਗ ਤੀਜਾ)

ਚਾਨਣ ਦੇ ਰਾਹੀ

ਕਾਲਜ ਵਿਚ ਮੇਰਾ ਪਹਿਲਾ ਸਾਲ ਸੀ। ਖਾਲੀ ਪੀਰੀਅਡ ਮੈਂ ਲਾਇਬਰੇਰੀ ਜਾ ਬੈਠਦੀ। ਉੱਥੇ ਰਮਨ ਮੈਨੂੰ ਅਕਸਰ ਮਿਲਦੀ। ਹੱਥ ਵਿਚ ਪੁਸਤਕ, ਚਿਹਰੇ 'ਤੇ ਸਕੂਨ। ਪੜ੍ਹਨ ਦੀ ਰੁਚੀ ਨੇ ਉਸ ਨਾਲ ਬੋਲਾਂ ਦੀ ਸਾਂਝ ਬਣਾਈ। ਉਹਦੀਆਂ ਗੱਲਾਂ ਵਿਚ ਸਿਆਣਪ ਦਾ ਰੰਗ ਹੁੰਦਾ। ਉਹ ਅਕਸਰ ਹੀ ਤਰਕਸ਼ੀਲ ਅੰਕਲ ਦਾ ਜ਼ਿਕਰ ਕਰਦੀ ਤੇ ਦੱਸਦੀ ਕਿ ਆਹ ਪੁਸਤਕਾਂ ਨਾਲ ਦੋਸਤੀ ਦਾ ਗੁਣ ਉਹਨਾਂ ਦੀ ਹੀ ਦੇਣ ਹੈ। ਜੇ ਉਹ ਨਾ ਮਿਲਦੇ ਤਾਂ ਸ਼ਾਇਦ ਮੈਂ ਤੈਨੂੰ ਏਥੇ ਨਾ ਮਿਲਦੀ।

ਇੱਕ ਦਿਨ ਉਹ ਆਪਣੀ ਹੱਡ ਬੀਤੀ ਸੁਣਾਉਣ ਲੱਗੀ। ਮੈਂ ਛੋਟੇ ਕਿਸਾਨ ਦੀ ਧੀ ਹਾਂ। ਸਾਡੀ ਗੁਜ਼ਾਰੇ ਜੋਗੀ ਜ਼ਮੀਨ ਹੈ। ਬਚਪਨ ਤੋਂ ਹੀ ਮੈਂ ਆਪਣੇ ਘਰ ਤੰਗੀਆਂ ਤੁਰਸ਼ੀਆਂ ਵੇਖੀਆਂ। ਪਾਪਾ ਖੇਤਾਂ ਵਿਚ ਸਖ਼ਤ ਮਿਹਨਤ ਕਰਦੇ। ਫਿਰ ਵੀ ਘਰ ਦੀਆਂ ਲੋੜਾਂ ਮਸਾਂ ਪੂਰੀਆਂ ਹੁੰਦੀਆਂ। ਕੋਈ ਖੁਸ਼ੀ ਦਾ ਮੌਕਾ ਆਉਂਦਾ ਤਾਂ ਸਾਨੂੰ ਭੈਣਾਂ-ਭਰਾਵਾਂ ਨੂੰ ਚਾਅ ਚੜ੍ਹ ਜਾਂਦਾ। ਪਾਪਾ ਲਈ ਹੋਣ ਵਾਲੇ ਖਰਚ ਦੀ ਮੁਸ਼ਕਲ ਆ ਖੜ੍ਹਦੀ। ਉਹ ਲਗਾਤਾਰ ਸਿਰ ਚੜ੍ਹ ਰਹੇ ਕਰਜ਼ੇ ਤੋਂ ਪ੍ਰੇਸ਼ਾਨ ਰਹਿੰਦੇ। ਆਖਦੇ, ਜੇ ਜ਼ਮੀਨ ਵਿਕ ਗਈ ਤਾਂ ਜੀਵਾਂਗੇ ਕੀਹਦੇ ਆਸਰੇ? ਮਾਂ ਪਾਪਾ ਨਾਲ ਸਹਿਮਤ ਤਾਂ ਹੁੰਦੀ ਪਰ ਨੱਕ ਨਮੂਜ਼ ਦਾ ਵਧੇਰੇ ਖਿਆਲ ਰੱਖਦੀ।

ਇੱਕ ਸਾਲ ਖੇਤ ਵਿਚ ਫ਼ਸਲ ਘੱਟ ਹੋਈ। ਪਾਪਾ ਜੀ ਨੂੰ ਬੈਂਕ ਤੋਂ ਕਰਜ਼ਾ ਚੁੱਕਣਾ ਪਿਆ। ਆਰਥਿਕ ਤੰਗੀ ਕਾਰਣ ਘਰ ਦੇ ਮਾਹੌਲ ਵਿਚ ਤਲਖੀ ਆਉਣ ਲੱਗੀ। ਨੌਕ ਝੋਕ ਲੜਾਈ ਵਿਚ ਬਦਲਣ ਲੱਗੀ। ਪੈਸਿਆਂ ਦੀ ਤੰਗੀ ਕਰਕੇ ਵੱਡੀ ਭੈਣ ਨੂੰ ਪੜ੍ਹਾਈ ਵਿਚੋਂ ਛੱਡਣੀ ਪਈ। ਅਜਿਹੇ ਮਾਹੌਲ ਦੇ ਚੱਲਦਿਆਂ ਇੱਕ ਦਿਨ ਮਾਂ ਅਚਾਨਕ ਬੇਹੋਸ਼ ਹੋ ਗਈ। ਫਿਰ ਇਹ ਬੇਹੋਸ਼ੀ ਨਿੱਤ ਦਿਨ ਦੇ ਦੌਰਿਆਂ ਵਿਚ ਬਦਲ ਗਈ। ਡਾਕਟਰੀ ਇਲਾਜ ਕਰਵਾਇਆ। ਟੈਸਟਾਂ ਵਿਚ ਕੋਈ ਬਿਮਾਰੀ ਨਹੀਂ ਆਈ। ਮਜ਼ਬੂਰੀ ਵਿਚ ਬਾਬਿਆਂ ਕੋਲ ਜਾਣ ਲੱਗੇ। ਅਸੀਂ ਮਾਂ ਦੇ ਇਲਾਜ ਲਈ ਚੌਂਕੀਆਂ 'ਤੇ ਰੁਲਣ ਲੱਗੇ। ਉਹ ਆਖਦੇ, ਇਸਨੂੰ ਵੱਡ-ਵਡੇਰਿਆਂ ਦੀ ਔਹਰ ਹੈ। ਉਹ ਆਪਣੀ ਮੰਨਤਾ ਮੰਗਦੇ ਹਨ। ਵਡੇਰਿਆਂ ਦੀਆਂ ਮੰਨਤਾਵਾਂ ਪੂਰੀਆਂ ਕਰਦਿਆਂ ਪੈਸਾ ਪਾਣੀ ਵਾਂਗ ਵਹਿਣ ਲੱਗਾ। ਕਿਸੇ ਰਿਸ਼ਤੇਦਾਰ ਨੇ ਪੈਸੇ-ਟੱਕੇ ਪੱਖੋਂ ਮਦਦ ਨਾ ਕੀਤੀ। ਮੁਸ਼ਕਲਾਂ ਸਿਰ ਆ ਚੜ੍ਹੀਆਂ। ਬੈਂਕ ਦੇ ਕਰਜ਼ੇ ਦੀਆਂ ਕਿਸ਼ਤਾਂ ਜੁੜਨ ਲੱਗੀਆਂ। ਆਪਣੇ ਆਪ ਨੂੰ ਬੇਵੱਸ ਸਮਝਦਿਆਂ ਪਾਪਾ ਜੀ ਨੇ ਇਸ ਔਖੇ ਸਮੇਂ ਵਿਚ ਸ਼ਰਾਬ ਦਾ ਸਹਾਰਾ ਤੱਕ ਲਿਆ। ਉਹ ਦੇਰ ਰਾਤ ਪੀ ਕੇ ਘਰ ਮੁੜਦੇ ਤਾਂ ਮਾਂ ਬੋਲਦੀ। ਮਾਂ ਦੀ ਹਾਲਤ ਸੁਧਰਨ ਦੀ ਬਜਾਏ ਵਿਗੜਦੀ ਗਈ। ਰਾਤ ਨੂੰ ਉੱਠ ਕੇ ਬੈਠ ਜਾਂਦੀ, ਰੋਣ ਲੱਗਦੀ। ਉਹਨਾਂ ਨੂੰ ਠੀਕ ਕਰਨ ਦੇ ਸਾਡੇ ਯਤਨ ਸਫ਼ਲ ਨਾ ਹੋਏ। ਕੋਈ ਰਾਹ ਨਹੀਂ ਸੀ ਨਜ਼ਰ ਆ ਰਿਹਾ। ਘਰ ਉਜੜਨ ਕਿਨਾਰੇ ਹੀ ਸੀ। ਇੱਕ ਦਿਨ ਪਾਪਾ ਨੂੰ ਪਿੰਡ ਦੇ ਇੱਕ ਭਲੇ ਬੰਦੇ ਨੇ ਤਰਕਸ਼ੀਲ ਅੰਕਲ ਦੀ ਦੱਸ ਪਾਈ।

ਛੁੱਟੀ ਵਾਲੇ ਦਿਨ ਉਹ ਦੋ ਜਣੇ ਸਾਡੇ ਘਰ ਆਏ। ਅਸੀਂ ਵੇਖ ਕੇ ਹੈਰਾਨ ਸਾਂ। ਉਹ ਸਾਡੇ ਵਰਗੇ ਹੀ ਸਨ, ਸਾਦ ਮੁਰਾਦੇ। ਮੈਂ ਸੋਚਿਆ, ਉਹ ਮਾਂ ਦਾ ਇਲਾਜ ਕਿਵੇਂ ਕਰਨਗੇ? ਉਹਨਾਂ ਕੋਲ ਕੋਈ ਚੇਲਿਆਂ/ਬਾਬਿਆਂ ਵਾਂਗ ਕੋਈ ਚਿਮਟਾ, ਚਿੱਪੀ ਜਿਹਾ ਸਮਾਨ ਤਾਂ ਨਹੀਂ ਸੀ। ਚਾਹ ਪਾਣੀ ਪੀ ਉਹਨਾਂ ਸਾਰਿਆਂ ਨਾਲ ਗੱਲ-ਬਾਤ ਕੀਤੀ। ਸਾਥੋਂ ਤਿੰਨੋਂ ਭੈਣ-ਭਰਾਵਾਂ ਤੋਂ ਘਰੇ ਵਾਪਰੀ ਨਿੱਕੀ ਨਿੱਕੀ ਗੱਲ ਪੁੱਛੀ। ਮਾਂ ਤੇ ਪਾਪਾ ਜੀ ਨਾਲ ਕਈ ਘੰਟੇ ਬੈਠੇ ਰਹੇ। ਮੈਨੂੰ ਤੇ ਪਾਪਾ ਨੂੰ ਕੋਲ ਬਿਠਾ ਕੇ ਮਾਂ ਨੂੰ ਸੰਮੋਹਨ ਵਿਚ ਸੁਝਾਅ ਦਿੱਤੇ। ਜਾਂਦੇ ਵਕਤ ਉਹ ਘਰ ਪਏ ਸਾਰੇ ਧਾਗੇ, ਤਵੀਤ, ਟੂਣੇ ਚੁੱਕ ਕੇ ਨਾਲ ਲੈ ਗਏ। ਪੜ੍ਹਨ ਲਈ ਪੁਸਤਕਾਂ ਦਾ ਸੈੱਟ ਤੇ ਮੈਗਜ਼ੀਨ ਦੇ ਗਏ। ਕੁਝ ਹੀ ਦਿਨਾਂ ਵਿਚ ਮਾਹੌਲ ਬਦਲਣ ਲੱਗਾ। ਪਾਪਾ ਨੇ ਸ਼ਰਾਬ ਦਾ ਸਹਾਰਾ ਤਿਆਗ ਦਿੱਤਾ। ਦੋ ਕੁ ਮਹੀਨਿਆਂ ਵਿਚ ਖੁਸ਼ੀ ਘਰੇ ਦਸਤਕ ਦੇਣ ਲੱਗੀ। ਮਾਂ ਦੇ ਦੌਰੇ ਬੰਦ ਹੋ ਗਏ। ਦੁੱਧ ਦਾ ਕੰਮ ਸ਼ੁਰੂ ਕਰਨ ਲਈ ਪਾਪਾ ਦੋ ਮੱਝਾਂ ਹੋਰ ਖਰੀਦ ਲਿਆਏ। ਮਾਂ ਤੇ ਵੱਡੀ ਭੈਣ ਨੇ ਮੱਝਾਂ ਦੀ ਸਾਂਭ-ਸੰਭਾਲ ਦਾ ਕੰਮ ਹੱਥ

ਲੈ ਲਿਆ। ਘਰ ਦਾ ਦੁੱਧ ਡੋਅਰੀ 'ਤੇ ਜਾਣ ਲੱਗਾ। ਸਾਲ ਵਿਚ ਹੀ ਘਰ ਪੈਰਾਂ ਸਿਰ ਹੋ ਗਿਆ। ਬੈਂਕ ਦੀਆਂ ਕਿਸ਼ਤਾਂ ਸਮੇਂ ਸਿਰ ਮੁੜਨ ਲੱਗੀਆਂ।

ਪਾਪਾ ਦੱਸਦੇ, ਆਪਾਂ ਤਰਕਸ਼ੀਲਾਂ ਅਨੁਸਾਰ ਚੱਲ ਕੇ ਹੀ ਸੁਖਾਲੇ ਹੋਏ ਹਾਂ। ਉਹਨਾਂ ਆਪਣੇ ਬਲਬੂਤੇ ਹਿੰਮਤ ਕਰਕੇ ਮੁਸ਼ਕਲਾਂ ਨਾਲ ਸਿੱਝਣ ਦਾ ਰਾਹ ਦੱਸਿਆ। ਸੁੱਖ ਵਿਚ ਸੰਜਮ, ਦੁੱਖ ਵਿਚ ਹਿੰਮਤ ਤੇ ਹਰ ਵੇਲੇ ਮਿਹਨਤ ਅਧਿਐਨ ਦੀ ਅਨੂਠੀ ਜਾਂਚ ਦੱਸੀ। ਰਮਨ ਦੀ ਗਾਥਾ ਸੁਣ ਮੇਰੇ ਮੂੰਹੋਂ ਸਹਿਜ ਸੁਭਾਅ ਇਹ ਬੋਲ ਨਿਕਲੇ। ਫਿਰ ਉਹ ਅੰਕਲ ਤੇ ਚਾਨਣ ਦੇ ਰਾਹੀਂ ਹੋਏ। ਸੁੱਤਿਆਂ ਨੂੰ ਜਗਾਉਣ ਵਾਲੇ। ਭਟਕਿਆਂ ਨੂੰ ਰਾਹ ਪਾਉਣ ਵਾਲੇ। ਇਹ ਤੇ ਚੰਗੇਰੀ ਜ਼ਿੰਦਗੀ ਦਾ ਰਾਹ ਹੈ। ਮੈਂ ਮਨ ਹੀ ਮਨ ਉਹਨਾਂ ਦੇ ਕਰਮ ਨੂੰ ਸਿਜਦਾ ਕਰਦਿਆਂ ਸੋਚ ਰਹੀ ਸਾਂ, ਕਿੰਨਾ ਚੰਗਾ ਹੋਵੇ ਜੇ ਇਹ ਸੋਚ ਸਾਡੇ ਜੀਵਨ ਦਾ ਹਿੱਸਾ ਬਣ ਜਾਵੇ।

ਅਵਨੀਤ ਕੌਰ
ਬੀ.ਏ, (ਭਾਗ ਪਹਿਲਾ)

ਬਸੰਤ

ਝੂਮ ਰਹੀ ਏ
ਟਹਿਣੀ-ਟਹਿਣੀ
ਚਹਿਕ ਰਹੀ ਏ
ਚਿੜੀ-ਚਿੜੀ।

ਆਈ ਰੁੱਤ
ਬਸੰਤ ਦੀ
ਪੀਲੀ-ਪੀਲੀ
ਸਰੋਂ ਖਿੜੀ।

ਰੁੱਖਾਂ ਹੇਠਾਂ
ਧੁੱਪ ਕਿਵੇਂ
ਛਾਂ ਦੇ ਨਾਲ
ਖੇਡ ਰਹੀ।

ਨੀਲੇ-ਨੀਲੇ
ਅੰਬਰ 'ਤੇ
ਪੀਲੀ ਕੋਈ
ਪਤੰਗ ਚੜ੍ਹੀ।

ਵੰਨ-ਸੁਵੰਨੇ
ਫੁੱਲ ਖਿੜੇ
ਬਾਗ ਬਗੀਚੀ
ਹਰੀ-ਹਰੀ।

ਨਿਸ਼ਾ
ਬੀ.ਏ (ਭਾਗ ਦੂਜਾ)

ਪੰਜਾਬੀ ਮਾਂ ਬੋਲੀ

ਪੰਜਾਬੀ ਵੀ ਪੜ੍ਹਿਓ-ਲਿਖਿਓ
ਅੰਗਰੇਜ਼ੀ 'ਤੇ ਨਾ ਡੁੱਲ ਜਾਇਓ।

ਹੈਲੋ-ਹੈਲੋ ਕਰਦੇ ਨਾ ਕਿਤੇ
ਫਤਿਹ ਬੁਲਾਉਣੀ ਭੁੱਲ ਜਾਇਓ।

ਆਪਣੇ ਵਿਰਸੇ ਦੀ ਵੀ ਦਿਲ
ਵਿਚ ਥਾਂ ਰੱਖਣਾ ।

ਇੱਕ ਮਿੱਟੀ ਆਪਣੀ ਭੁੱਲਿਓ ਨਾ
ਦੂਜੇ ਚੇਤੇ ਆਪਣੀ ਮਾਂ ਰੱਖਣਾ।

ਬਲਜੀਤ ਕੌਰ
ਬੀ.ਏ(ਭਾਗ ਦੂਜਾ)

ਮਹਾਂਮਾਰੀ ਦੌਰਾਨ ਲੋਕਡਾਊਨ ਦੇ ਫਾਇਦੇ ਤੇ ਨੁਕਸਾਨ

ਅਸੀਂ ਸਾਰੇ ਜਾਣਦੇ ਹੀ ਹਾਂ ਕਿ ਪੂਰਾ ਵਿਸ਼ਵ ਇਸ ਸਮੇਂ ਕਰੋਨਾ ਮਹਾਂਮਾਰੀ ਨਾਲ ਜੂਝ ਰਿਹਾ ਹੈ। ਇਹ ਮਹਾਂਮਾਰੀ ਛੂਹਣ ਨਾਲ ਫੈਲਦੀ ਹੈ। ਇਸ ਬਿਮਾਰੀ ਦੀ ਹੁਣ ਤੱਕ ਕੋਈ ਵੀ ਦਵਾਈ ਨਹੀਂ ਬਣੀ ਹੈ। ਕਰੋਨਾਵਾਇਰਸ ਨੂੰ ਫਰਵਰੀ 2020 ਦੇ ਨਾਂ ਨਾਲ ਵੀ ਜਾਣਿਆ ਜਾਂਦਾ ਹੈ। ਵਿਸ਼ਵ ਸਿਹਤ ਸੰਗਠਨ ਨੇ ਕਰੋਨਾ ਵਾਇਰਸ ਨੂੰ ਮਹਾਂਮਾਰੀ ਘੋਸ਼ਿਤ ਕਰ ਦਿੱਤਾ। ਇਹ ਵਾਇਰਸ ਹੁਣ ਤੱਕ ਕਈ ਦੇਸ਼ਾਂ ਵਿਚ ਫੈਲ ਚੁੱਕਾ ਹੈ। ਇਹ ਵਾਇਰਸ ਸਭ ਤੋਂ ਪਹਿਲਾਂ ਚੀਨ ਵਿਚ ਫੈਲਿਆ। ਇਸ ਵਾਇਰਸ ਨਾਲ ਹੁਣ ਤੱਕ ਬਹੁਤ ਮੌਤਾਂ ਹੋ ਚੁੱਕੀਆਂ ਹਨ। ਇਸ ਬਿਮਾਰੀ ਤੋਂ ਬਚਣ ਲਈ ਸਾਨੂੰ ਦਿਨ ਵਿਚ ਕਈ ਵਾਰ ਹੱਥਾਂ ਨੂੰ ਸਾਬਣ ਨਾਲ ਧੋਣਾ ਚਾਹੀਦਾ ਹੈ। ਅਲਕੋਹਲ ਆਧਾਰਿਤ ਸੇਨੇਟਾਈਜ਼ਰ ਨਾਲ ਹੱਥ ਸਾਫ਼ ਕਰਨੇ ਚਾਹੀਦੇ ਹਨ ਅਤੇ ਆਪਸੀ ਦੂਰੀ ਬਣਾ ਕੇ ਰੱਖਣੀ ਚਾਹੀਦੀ ਹੈ।

ਇਹ ਵਾਇਰਸ ਛੂਹਣ ਨਾਲ ਫੈਲਦੀ ਹੈ। ਇਸ ਲਈ ਕਈ ਦੇਸ਼ਾਂ ਵਿਚ :ਰਫਾਦਰਮਅ ਲਗਾ ਦਿੱਤਾ ਗਿਆ। :ਰਫਾਦਰਮਅ ਨੂੰ ਪੰਜਾਬੀ ਵਿਚ ਤਾਲਾਬੰਦੀ ਕਹਿੰਦੇ ਹਨ। ਤਾਲਾਬੰਦੀ ਦਾ ਅਰਥ ਹੈ ਸਭ ਕੁਝ ਬੰਦ। ਆਉਣ-ਜਾਣ ਦੇ ਸਾਰੇ ਸਾਧਨ ਬੰਦ ਕਰ ਦਿੱਤੇ ਗਏ। ਸਾਰੇ ਕੰਮ-ਧੰਦੇ ਬੰਦ ਕਰ ਦਿੱਤੇ ਗਏ। ਬੱਚਿਆਂ ਦੇ ਸਕੂਲ, ਕਾਲਜ ਬੰਦ ਕਰ ਦਿੱਤੇ ਗਏ। ਅਚਾਨਕ ਸਰਕਾਰ ਦੇ ਇਸ ਫੈਸਲੇ ਕਰਕੇ ਲੋਕਾਂ ਦੇ ਜੀਵਨ 'ਤੇ ਬਹੁਤ ਪ੍ਰਭਾਵ ਪਿਆ। ਇਸ ਤਾਲਾਬੰਦੀ ਦੇ ਕੁਝ ਪ੍ਰਭਾਵ ਚੰਗੇ ਅਤੇ ਕੁਝ ਮੰਦੇ ਹਨ ਜੋ ਕਿ ਹੇਠ ਲਿਖੇ ਅਨੁਸਾਰ ਹਨ :-

ਚੰਗੇ ਪ੍ਰਭਾਵ : ਤਾਲਾਬੰਦੀ ਕਾਰਨ ਹੋਏ ਚੰਗੇ ਪ੍ਰਭਾਵ ਇਸ ਤਰ੍ਹਾਂ ਹਨ :-

1. **ਗਿਣਤੀ ਵਿਚ ਘੱਟ ਪੋਜ਼ਿਟਿਵ ਕੇਸ :-** ਤਾਲਾਬੰਦੀ ਦੇ ਕਾਰਨ ਕਰੋਨਾ ਪਾਜ਼ਟਿਵ ਕੇਸਾਂ ਦੀ ਗਿਣਤੀ ਘੱਟ ਹੋ ਗਈ ਜਾਂ ਹੋਰ ਪਾਜ਼ਟਿਵ ਕੇਸ ਨਹੀਂ ਆਏ। ਲੋਕੀ ਆਪਣੇ ਘਰਾਂ ਵਿਚ ਹੀ ਸਨ ਜਿਸ ਕਰਕੇ ਕੋਈ ਵੀ ਕਿਸੇ ਨੂੰ ਨਾ ਮਿਲ ਸਕਿਆ ਅਤੇ ਲੋਕੀ ਇੱਕ-ਦੂਜੇ ਦੇ ਸੰਪਰਕ ਵਿਚ ਘੱਟ ਆਉਣ ਕਰਕੇ ਕਰੋਨਾ ਪਾਜ਼ਟਿਵ ਕੇਸਾਂ ਦੀ ਗਿਣਤੀ ਵਿਚ ਵਾਧਾ ਨਾ ਹੋ ਸਕਿਆ।

2. **ਆਪਸੀ ਪਿਆਰ ਵਿਚ ਵਾਧਾ:-** ਤਾਲਾਬੰਦੀ ਕਾਰਨ ਲੋਕ ਆਪਣੇ ਘਰ ਵਿਚ ਹੀ ਸਨ। ਜਿਸ ਕਰਕੇ ਉਹ ਇੱਕ ਦੂਜੇ ਨਾਲ ਜ਼ਿਆਦਾ ਸਮਾਂ ਬਤੀਤ ਕਰ ਰਹੇ ਸਨ। ਉਹਨਾਂ ਵਿਚ ਆਪਸੀ ਪਿਆਰ ਵਧਿਆ ਸੀ। ਬੱਚੇ ਆਪਣੀ ਦਾਦਾ-ਦਾਦੀ ਨਾਲ ਗੱਲਾਂ-ਬਾਤਾਂ ਕਰਦੇ ਸਨ। ਇਕੱਠੇ ਬੈਠ ਕੇ ਖਾਣਾ-ਖਾਣਾ, ਟੀ.ਵੀ ਦੇਖਣਾ, ਰਲ ਕੇ ਬੈਠਣਾ ਆਦਿ ਨਾਲ ਸਿਹਤ ਵਿਚ ਸੁਧਾਰ ਹੋਇਆ। ਪੁਰਾਣਿਆਂ ਖੇਡਾਂ ਵੀ ਵਾਪਸ ਮੁੜ ਆ ਗਈਆਂ ਜਿਵੇਂ ਸਟੈਪੂ, ਲੁਕਣ-ਮੀਚੀ, ਗੁੱਲੀ ਡੰਡਾ ਅਤੇ ਤਾਸ ਆਦਿ। ਸਾਰਿਆਂ ਨੂੰ ਆਪਣਾ ਬਚਪਨ ਫਿਰ ਤੋਂ ਜਿਉਣ ਦਾ ਮੌਕਾ ਮਿਲਿਆ ਜਿਵੇਂ ਅੱਜ ਕੱਲ ਦੇ ਬੱਚੇ ਹਰ ਵਕਤ ਮੋਬਾਇਲ ਫੋਨ ਵਿਚ ਗੇਮਾਂ ਖੇਡਦੇ ਸਨ ਉਹ ਵੀ ਇਹ ਸਾਰੀ ਖੇਡ ਖੇਡ ਰਹੇ ਸਨ। ਇਸ ਤਰ੍ਹਾਂ ਤਾਲਾ ਬੰਦੀ ਕਾਰਨ ਆਪਸੀ ਪਿਆਰ ਵਿਚ ਵਾਧਾ ਹੋਇਆ।

3. **ਮਾਨਵਤਾ :-** ਤਾਲਾਬੰਦੀ ਕਾਰਨ ਜਦੋਂ ਬਹੁਤ ਸਾਰੇ ਲੋਕਾਂ ਦੇ ਕੰਮ ਰੁਕ ਗਏ ਸਨ ਤਾਂ ਗਰੀਬਾਂ ਨੂੰ ਰੋਟੀ ਪਹੁੰਚਾਉਣ ਲਈ ਕਈ ਸੰਸਥਾਵਾਂ ਅੱਗੇ ਆਈਆਂ। ਬਹੁਤ ਲੋਕਾਂ ਨੇ ਨਿੱਜੀ ਤੌਰ 'ਤੇ ਲੋਕਾਂ ਦੀ ਮਦਦ ਕੀਤੀ। ਜਿਹੜੇ ਲੋਕੀ ਰੋਜ਼ ਕਮਾਉਂਦੇ ਅਤੇ ਖਾਂਦੇ ਸਨ ਉਹ ਭੁੱਖ ਨਾਲ ਨਾ ਮਰਨ, ਬਹੁਤ ਸਾਰੇ ਲੋਕ ਉਹਨਾਂ ਦੀ ਮਦਦ ਕਰਨ ਲਈ ਅੱਗੇ ਆਏ। ਉਹਨਾਂ ਲੋਕਾਂ ਨੇ ਮਾਨਵਤਾ ਦੀ ਮਿਸ਼ਾਲ ਪੇਸ਼ ਕੀਤੀ। ਸਿੱਖੀ ਕੌਮ ਨੇ ਇਸ ਵਿਚ ਵੱਧ ਚੜ੍ਹ ਕੇ ਹਿੱਸਾ ਲਿਆ। ਇਸ ਤੋਂ ਪਤਾ ਚਲਦਾ ਹੈ ਕਿ ਮਨੁੱਖ ਹੀ ਮਨੁੱਖ ਦੇ ਕੰਮ ਆਉਂਦਾ ਹੈ। ਸਿੱਖ ਭਰਾਵਾਂ ਨੇ ਆਪਣੇ ਧਨ ਦੀ ਪ੍ਰਵਾਹ ਨਾ ਕਰਦੇ ਹੋਏ ਮਾਨਵਤਾ ਦੀ ਬਹੁਤ ਸੇਵਾ ਕੀਤੀ। ਘਰ-ਘਰ ਰੋਟੀ ਪਹੁੰਚਾ ਕੇ ਇੱਕ ਮਿਸਾਲ ਪੇਸ਼ ਕੀਤੀ।

4. **ਪ੍ਰਦੂਸ਼ਣ ਵਿਚ ਘਾਟ:-** ਤਾਲਾਬੰਦੀ ਹੋਣ ਕਾਰਨ ਵਾਤਾਵਰਨ ਵਿਚੋਂ ਪ੍ਰਦੂਸ਼ਣ ਬਹੁਤ ਘੱਟ ਹੋ ਗਿਆ। ਆਸਮਾਨ ਸਾਫ਼ ਹੋ ਗਿਆ ਅਤੇ ਹਵਾ, ਪਾਣੀ ਸੁੱਧ ਹੋ ਗਏ। ਆਕਸੀਜਨ (+2) ਦਾ ਸਤਰ ਵੱਧ ਗਿਆ। ਹਰਿਆਲੀ ਵਿਚ ਵਾਧਾ ਹੋਇਆ। ਹਵਾ ਪ੍ਰਦੂਸ਼ਣ ਅਤੇ ਧੁਨੀ ਪ੍ਰਦੂਸ਼ਣ ਘੱਟ ਹੋ ਗਿਆ। ਪੰਛੀਆਂ ਦੀ ਸੁਰੀਲੀ ਆਵਾਜ਼ ਨਾਲ ਸਾਰਾ ਵਾਤਾਵਰਣ ਭਰ ਗਿਆ। ਬੱਸਾਂ, ਟਰੱਕਾਂ ਤੇ ਗੱਡੀਆਂ ਦੇ ਧੂੰਏਂ ਕਾਰਨ ਹੋਣ ਵਾਲਾ ਪ੍ਰਦੂਸ਼ਣ ਵੀ ਘੱਟ ਹੋ ਗਿਆ। ਫੈਕਟਰੀਆਂ ਨਾ ਚੱਲਣ ਕਾਰਨ ਵੀ ਧੂੰਏਂ ਘੱਟ ਹੋਇਆ। ਹਵਾ ਦੇ ਸੁੱਧ ਹੋਣ ਕਾਰਨ ਪਹਾੜਾਂ ਦਾ ਦ੍ਰਿਸ਼ ਨਜ਼ਰ ਆਉਣ ਲੱਗਾ।

ਇਹਨਾਂ ਚੰਗੇ ਪ੍ਰਭਾਵਾਂ ਤੋਂ ਇਲਾਵਾ ਤਾਲਾ ਬੰਦੀ ਕਾਰਨ ਮੰਦੇ ਪ੍ਰਭਾਵ ਵੀ ਵੇਖਣ ਨੂੰ ਮਿਲਦੇ ਹਨ।

ਮੰਦੇ ਪ੍ਰਭਾਵ : -

1. **ਜ਼ਰੂਰੀ ਸਮਾਨ ਦੀ ਘਾਟ :-** ਤਾਲਾਬੰਦੀ ਕਾਰਨ ਸਭ ਤੋਂ ਮੰਦਾ ਪ੍ਰਭਾਵ ਜ਼ਰੂਰੀ ਸਮਾਨ ਦੀ ਘਾਟ ਹੋਈ। ਆਵਾਜਾਈ ਦੇ ਸਾਧਨ ਬੰਦ ਹੋਣ ਕਰਕੇ ਜ਼ਰੂਰੀ ਸਮਾਨ ਲੋਕਾਂ ਤੱਕ ਨਾ ਪਹੁੰਚ ਸਕਿਆ ਜਿਸ ਕਾਰਨ ਉਸ ਦੀ ਘਾਟ ਹੋ ਗਈ ਸੀ। ਜੇ ਵੀ ਸਮਾਨ ਮਿਲਦਾ ਸੀ, ਉਹ ਮਹਿੰਗਾ ਮਿਲਦਾ ਸੀ। ਦੁੱਧ, ਸਬਜ਼ੀ, ਫਲ ਆਦਿ ਚੀਜ਼ਾਂ ਦੇ ਰੇਟ ਵੱਧ ਗਏ।

2. ਕੰਮ ਧੰਦੇ ਮੰਦੇ ਹੋਣਾ ਜਾਂ ਖ਼ਤਮ ਹੋਣਾ :- ਤਾਲਾਬੰਦੀ ਕਾਰਨ ਲੋਕਾਂ ਦੇ ਕੰਮ-ਧੰਦੇ 'ਤੇ ਮਾੜਾ ਅਸਰ ਦੇਖਣ ਨੂੰ ਮਿਲਿਆ। ਲੋਕਾਂ ਦੇ ਕੰਮ-ਧੰਦੇ ਮੰਦੇ ਹੋ ਗਏ। ਛੋਟੇ ਕਾਗ਼ਗਰ, ਮਜ਼ਦੂਰ, ਰਿਕਸ਼ਾ-ਚਾਲਕ ਵਾਲਾ ਤਾਂ ਬਿਲਕੁਲ ਬੇਰੁਜ਼ਗਾਰ ਹੋ ਗਿਆ। ਤਾਲਾਬੰਦੀ ਵਿਚ ਰੋਜ਼ ਕਮਾਉਣ ਅਤੇ ਖਾਉਣ ਵਾਲੇ ਵਾਲਿਆਂ ਦਾ ਜੀਵਨ ਜ਼ਿਆਦਾ ਪ੍ਰਭਾਵਿਤ ਹੋਇਆ। ਗਲੀ-ਗਲੀ ਵਿਚ ਘੁੰਮ-ਘੁੰਮ ਕੇ ਸਮਾਨ ਵੇਚਣ ਵਾਲਿਆਂ ਦਾ ਸਾਰਾ ਵਪਾਰ ਠੱਪ ਹੋ ਗਿਆ। ਨੌਕਰੀ ਕਰਨ ਵਾਲਿਆਂ ਦੀਆਂ ਨੌਕਰੀਆਂ ਚਲੀਆਂ ਗਈਆਂ। ਵੱਡੀਆਂ ਮਿੱਲਾਂ ਤੇ ਫੈਕਟਰੀਆਂ ਵੀ ਇਸ ਮਾਰ ਤੋਂ ਬੱਚ ਨਹੀਂ ਸਕੀਆਂ। ਵੱਡੇ ਲੋਕੀ ਵੀ ਇਸ ਤੋਂ ਨਾ ਬਚ ਸਕੇ। ਉਹ ਵੀ ਆਪਣੇ ਕਾਰਖਾਨੇ ਚਲਾਉਣੇ ਅਸਮਰੱਥ ਹੋ ਗਏ। ਲੋਕਾਂ ਨੇ ਇੱਕ-ਦੂਜੇ ਨੂੰ ਉਧਾਰ ਦੇਣਾ ਬੰਦ ਕਰ ਦਿੱਤਾ ਸੀ। ਪੈਸਿਆਂ ਦੀ ਘਾਟ ਕਾਰਨ ਲੋਕਾਂ ਦੇ ਰੋਜ਼ਾਨਾ ਜੀਵਨ 'ਤੇ ਵੱਡਾ ਪ੍ਰਭਾਵ ਪਿਆ। ਜਿਸ ਕਾਰਨ ਸ਼ੇਅਰ ਬਜ਼ਾਰ ਦੀ ਸਥਿਤੀ ਮਾੜੀ ਹੋ ਗਈ।

3. ਆਲਸੀਪਨ :- ਤਾਲਾਬੰਦੀ ਕਾਰਨ ਘਰਾਂ ਵਿਚ ਰਹਿਣ ਕਾਰਨ ਬਹੁਤ ਸਾਰੇ ਲੋਕੀ ਆਲਸੀ ਹੋ ਗਏ। ਲੋਕ ਪਹਿਲਾਂ ਜਿਸ ਤਰ੍ਹਾਂ ਰੋਜ਼ ਜਲਦੀ ਉੱਠ ਕੇ ਕੰਮ ਕਰਦੇ ਸਨ। ਹੁਣ ਉਹ ਦੇਰ ਨਾਲ ਉੱਠਦੇ ਹਨ ਅਤੇ ਉਹਨਾਂ ਦਾ ਹਰ ਕੰਮ ਦੇਰੀ ਨਾਲ ਹੁੰਦਾ ਹੈ।

4. ਦੇਸ਼ ਦੀ ਅਰਥਵਿਵਸਥਾ ਨੂੰ ਨੁਕਸਾਨ :- ਤਾਲਾਬੰਦੀ ਕਾਰਨ ਦੇਸ਼ ਦੀ ਅਰਥਵਿਵਸਥਾ ਨੂੰ ਬਹੁਤ ਨੁਕਸਾਨ ਪਹੁੰਚਿਆ। ਲੋਕਾਂ ਲਈ ਆਮ ਕਰਕੇ ਅਦਾ ਕਰਨ ਲਈ ਪੈਸੇ ਨਹੀਂ ਸਨ। ਕੇਂਦਰ ਸਰਕਾਰ ਦੁਆਰਾ ਆਰਥਿਕ ਵਿਵਸਥਾ ਕਾਇਮ ਰੱਖਣ ਲਈ 20 ਲੱਖ ਕਰੋੜ ਦਾ ਰਾਹਤ ਪੈਕੇਜ ਦੇਣ ਦਾ ਐਲਾਨ ਕੀਤਾ ਗਿਆ। ਵੱਖ-ਵੱਖ ਅਦਾਰਿਆਂ ਨੂੰ ਇਹ ਨਿਯਤ ਰਕਮ ਦਿੱਤੀ ਗਈ।

5. ਪੜ੍ਹਾਈ ਦਾ ਨੁਕਸਾਨ :- ਸਕੂਲ ਅਤੇ ਕਾਲਜ ਬੰਦ ਹੋਣ ਕਾਰਨ ਵਿਦਿਆਰਥੀ ਦੀ ਪੜ੍ਹਾਈ ਦਾ ਬਹੁਤ ਨੁਕਸਾਨ ਹੋਇਆ। ਬੱਚੇ ਜੋ ਕੁਝ ਸਕੂਲ ਅਤੇ ਕਾਲਜ ਵਿਚ ਸਿੱਖ ਸਕਦੇ ਹਨ ਉਹ ਘਰ ਰਹਿ ਕੇ ਤੇ ਫੋਨ ਉੱਤੇ ਕਲਾਸਾਂ ਲਾ ਕੇ ਨਹੀਂ ਸਿੱਖ ਸਕਦੇ।

6. ਕਰੋਨਾ ਯੋਧਾ ਦੀਆਂ ਮੌਤਾਂ :- ਲੋਕਾਂ ਨੂੰ ਕਰੋਨਾ ਤੋਂ ਬਚਾਉਣ ਲਈ ਡਾਕਟਰਾਂ, ਪੁਲਿਸ ਕਰਮਚਾਰੀਆਂ ਅਤੇ ਸਫ਼ਾਈ ਕਰਮਚਾਰੀਆਂ ਦਾ ਕੰਮ ਲਗਾਤਾਰ ਚਲਦਾ ਰਿਹਾ। ਨਾ ਡਾਕਟਰਾਂ ਨੇ ਆਪਣੀ ਡਿਊਟੀ ਛੱਡੀ ਨਾ ਹੀ ਪੁਲਿਸ ਕਰਮਚਾਰੀਆਂ ਨੇ। ਖ਼ਬਰਾਂ ਪਹੁੰਚਾਉਣ ਵਾਲੀਆਂ ਰਿਪੋਰਟਾਂ ਨੇ ਵੀ ਆਪਣੀ ਜਾਨ ਜ਼ੋਖਿਮ ਵਿਚ ਪਾ ਕੇ ਖ਼ਬਰਾਂ ਦਿੱਤੀਆਂ। ਇਸ ਤਰ੍ਹਾਂ ਬਹੁਤ ਕਰਮਚਾਰੀ ਕਰੋਨਾ ਪਾਜੀਟਿਵ ਹੋ ਗਏ ਅਤੇ ਕਈਆਂ ਦੀ ਤਾਂ ਮੌਤ ਵੀ ਹੋ ਗਈ। ਕਰੋਨਾ ਯੋਧਾ ਸਾਡੀ ਜਾਨ ਬਚਾਉਣ ਲਈ ਆਪਣੀ ਜਾਨ ਵਾਰ ਗਏ।

- 1) ਅਜੇ ਪਤਾ ਨਹੀਂ ਕਦੋਂ ਤੱਕ ਇਹ ਕਰੋਨਾ ਬਿਮਾਰੀ ਰਹਿਣੀ ਹੈ। ਜਦੋਂ ਤੱਕ ਇਸ ਬਿਮਾਰੀ ਦੀ ਦਵਾ ਨਹੀਂ ਬਣ ਜਾਂਦੀ ਉਦੋਂ ਤੱਕ ਏਦਾਂ ਹੀ ਇੱਕ ਦੂਜੇ ਤੋਂ ਦੂਰੀ ਬਣਾ ਕੇ ਰੱਖਣਾ ਤੇ ਹੱਥ ਧੋਣੇ ਜ਼ਰੂਰੀ ਹੈ।
- 2) ਤਾਲਾਬੰਦੀ ਸਰਕਾਰ ਵਲੋਂ ਚੁੱਕਿਆ ਇੱਕ ਮਹੱਤਵਪੂਰਨ ਕਦਮ ਸੀ। ਇਸ ਨੂੰ ਸਫ਼ਲ ਬਣਾਉਣਾ ਸਾਡੀ ਜ਼ਿੰਮੇਵਾਰੀ ਸੀ। ਸਰਕਾਰਾਂ ਨੇ ਸਿਰਫ਼ ਨਿਯਮ ਲਾਗੂ ਕਰਨੇ ਹੁੰਦੇ ਹਨ। ਉਹਨਾਂ ਦੀ ਪਾਲਣਾ ਕਰਨਾ ਸਾਡਾ ਕੰਮ ਹੈ। ਜੇ ਅਸੀਂ ਇਹ ਲੜਾਈ ਮਿਲ ਕੇ ਲੜਾਂਗੇ ਤਾਂ ਜਿੱਤ ਜਾਵਾਂਗੇ। ਤਾਲਾਬੰਦੀ ਕਾਰਨ ਬੇਸ਼ੱਕ ਨੁਕਸਾਨ ਜ਼ਿਆਦਾ ਹੋਇਆ ਹੈ ਪਰ ਇਹ ਜ਼ਰੂਰੀ ਸੀ। ਇਸ ਤਾਲਾਬੰਦੀ ਕਾਰਨ ਕਈ ਜਾਨਾਂ ਬਚੀਆਂ ਹਨ। ਸਰਕਾਰ ਦਾ ਤਾਲਾਬੰਦੀ ਦਾ ਇਹ ਫੈਸਲਾ ਤਾਂ ਕਾਬਿਲ-ਏ-ਤਾਰੀਫ਼ ਹੈ।
- 3) ਹੁਣ ਤਾਂ ਅਸੀਂ ਸਿਰਫ਼ ਇਹ ਉਮੀਦ ਕਰ ਸਕਦੇ ਹਾਂ ਕਿ ਬਿਮਾਰੀ ਜਲਦੀ ਤੋਂ ਜਲਦੀ ਖ਼ਤਮ ਹੋਵੇ ਅਤੇ ਅਸੀਂ ਪਹਿਲਾਂ ਦੀ ਤਰ੍ਹਾਂ ਹੀ ਖੁਸ਼ਹਾਲ ਜੀਵਨ ਬਤੀਤ ਕਰੀਏ।

ਪ੍ਰਿਯਕਾਸ਼ੈਣੀ ਬੀ.ਏ(ਭਾਗ ਦੂਜਾ)

ਇੱਛਾ

ਨਾ ਮੰਗਾਂ ਜਾਇਦਾਦ 'ਚੋਂ ਹਿੱਸਾ, ਨਾ ਮੰਗਾਂ ਕੋਈ ਗਹਿਣਾ।
ਨਾ ਮੰਗਾਂ ਮੈਂ ਸੂਟ ਰੇਸ਼ਮੀ, ਸਾਦ-ਮੁਰਾਦੇ ਰਹਿਣਾ।
ਰੀਝ ਮੇਰੇ ਦਿਲ ਦੀ ਪੁਰਾ ਦੇ ਮਾਏ ਮੇਰੀਏ

ਮੈਂ ਜਦੋਂ ਤੱਕ ਪੜ੍ਹੰਗੀ, ਪੜ੍ਹਾਦੇ ਮਾਏ ਮੇਰੀਏ।

ਕਾਲਾ ਅੱਖਰ ਭੈਂਸ ਬਰਾਬਰ ਕਹਿਗੇ ਲੋਕ ਸਿਆਣੇ।
ਵਿੱਦਿਆ ਤੀਜਾ ਨੇਤਰ ਹੁੰਦਾ ਸਾਰੀ ਦੁਨੀਆ ਜਾਣੇ।
ਮੋਹਰ ਸੱਚੀ ਸੋਚ 'ਤੇ ਤੂੰ ਲਾ ਦੇ ਮਾਏ ਮੇਰੀਏ

ਮੈਂ ਜਦੋਂ ਤੱਕ ਪੜ੍ਹੰਗੀ.....

ਕਿਤਾਬਾਂ ਦੇ ਪੰਨੇ ਪੜ੍ਹ-ਪੜ੍ਹ ਰੋਸ ਬਥੇਰਾ ਆਵੇ।
ਅਨਪੜ੍ਹ ਔਰਤ ਤਨ ਆਪਣੇ 'ਤੇ ਕਿੰਨਾ ਜੁਲਮ ਹੰਢਾਵੇ।
ਜ਼ਖ਼ਮਾਂ ਤੇ ਮੱਲ੍ਹਮ ਲਗਾਦੇ ਮਾਏ ਮੇਰੀਏ

ਮੈਂ ਜਦੋਂ ਤੱਕ ਪੜ੍ਹੰਗੀ.....

ਕਰ ਖੁਆਇਸ਼ ਪੂਰੀ ਅੰਮੀਏ, ਰੱਜ-ਰੱਜ ਪੜ੍ਹਨਾ।
ਨੌਕਰੀ 'ਤੇ ਲੱਗ ਕੇ ਆਪਣੇ ਪੈਰਾਂ ਉੱਤੇ ਖੜ੍ਹਨਾ।
ਮੇਰੀ ਜ਼ਿੰਦਗੀ 'ਚ ਆਪਣਾ ਯੋਗਦਾਨ ਪਾ ਦੇ ਮਾਏ ਮੇਰੀਏ

ਮੈਂ ਜਦੋਂ ਤੱਕ ਪੜ੍ਹੰਗੀ

ਕੁੜੀਆਂ, ਚਿੜੀਆਂ, ਗਊਆਂ, ਕਾਮੇ ਬਹੁਤ ਪੁਰਾਣੀਆਂ ਗੱਲਾਂ।
ਹੁਣ ਤਾਂ ਕੁੜੀਆਂ ਹਰ ਖੇਤਰ ਵਿਚ ਮਾਰ ਰਹੀਆਂ ਨੇ ਮੱਲ੍ਹਾਂ।
ਮੇਰੀ ਵੀ ਤੇ ਦੁਨੀਆ ਦੇ ਵਿਚ ਕਦਰ ਪਵਾ ਦੇ ਮਾਏ ਮੇਰੀਏ

ਮੈਂ ਜਦੋਂ ਤੱਕ ਪੜ੍ਹੰਗੀ, ਪੜ੍ਹਾਦੇ ਮਾਏ ਮੇਰੀਏ।

ਰਵੀਨਾ
ਬੀ.ਏ (ਭਾਗ ਦੂਜਾ)

ਕੁਦਰਤ

ਕੁਦਰਤ ਕਰਵਾਏ
ਸੁਭਾਵਾਂ ਦੇ ਮੇਲ
ਪਸੰਦਾਂ ਦੇ ਮੇਲ
ਅਦਾਵਾਂ ਦੇ ਮੇਲ
ਰੀਝਾਂ ਦੇ ਮੇਲ
ਰੁਝਾਵਾਂ ਦੇ ਮੇਲ
ਤੇ ਭਾਵਾਂ ਦੇ ਮੇਲ।
ਕੁਦਰਤ ਕਰਵਾਏ
ਪਹਾੜਾਂ ਦੇ ਦਰਸ਼ਨ
ਝੀਲਾਂ ਦੇ ਦਰਸ਼ਨ
ਉਜਾੜਾਂ ਦੇ ਦਰਸ਼ਨ
ਟਿੱਬਿਆਂ ਦੇ ਦਰਸ਼ਨ
ਫੁੱਲਾਂ ਦੇ ਦਰਸ਼ਨ
ਪੱਤੀਆਂ ਦੇ ਦਰਸ਼ਨ
ਤੇ ਸੂਲਾਂ ਦੇ ਦਰਸ਼ਨ।
ਕੁਦਰਤ ਨੇ ਦਿੱਤੇ
ਕਿੰਨੇ ਰੰਗ ਆ
ਕਿਸੇ ਕੋਲ ਕਮੀ ਆ
ਕਿਸੇ ਕੋਲ ਬੇਅੰਤ ਆ
ਕਿਸੇ ਕੋਲ ਭੁੱਖ ਆ
ਕਿਸੇ ਕੋਲ ਸਭ ਕੁਝ ਆ
ਫਿਰ ਵੀ ਅੰਤ ਆ।
ਕਿਸੇ ਕੋਲ ਕਲਾ ਹੈ
ਕਿਸੇ ਨੂੰ ਚੱਜ ਨਹੀਂ
ਇਹ ਤੌਰ ਕੁਦਰਤ ਦੀ
ਅਨੋਖੀ ਹੀ ਚੱਲਦੀ
ਕਿਸੇ ਦੇ ਹੋਣ ਦਾ ਚਾਅ ਨਾ
ਤੇ ਕਮੀ ਹੈ ਖਲਦੀ
ਕਿਸੇ ਕੋਲ ਵਿਹਲ ਹੈ
ਕਿਸੇ ਕੋਲ ਝਮੇਲੇ
ਕੁਦਰਤ ਕਰਵਾਏ ਸਬੱਬਾਂ ਦੇ ਮੇਲੇ
ਸਬੱਬਾਂ ਦੇ ਮੇਲੇ

ਰਸ਼ਮੀਤ ਕੌਰ
ਬੀ.ਏ (ਭਾਗ ਦੂਸਰਾ)

ਧਰਤੀ ਦੀ ਪੁਕਾਰ

ਮੈਂ ਧਰਤੀ ਅੱਜ ਪੁੱਛਦੀ ਤੁਹਾਨੂੰ
ਕੀ ਤੁਸੀਂ ਇਨਸਾਨ ਹੋ ?
ਮੇਰੀ ਨਜ਼ਰ ਤੋਂ ਦੇਖੋਗੇ,
ਇਨਸਾਨ ਨਹੀਂ, ਸ਼ੈਤਾਨ ਹੋ।

ਇਮਾਰਤਾਂ ਉੱਚੀਆਂ ਖੜਾਉਣ ਲਈ,
ਮੇਰੇ ਜੰਗਲ ਸਾੜ ਦਿੱਤੇ।
ਜ਼ਰੂਰਤਾਂ ਆਪਣੀਆਂ ਪੁਗਾਉਣ ਖਾਤਿਰ,
ਭੋਲੇ ਜਾਨਵਰ ਮਾਰ ਦਿੱਤੇ।
ਜ਼ੁਲਮ ਕਰਕੇ ਬਣਦੇ ਭਗਵਾਨ ਹੋ,
ਤੁਸੀਂ ਇਨਸਾਨ ਨਹੀਂ, ਸ਼ੈਤਾਨ ਹੋ ।

ਦੁਨੀਆ ਕਾਲੀ ਕਰ ਬੈਠੇ,
ਹਰਿਆਲੀ ਤੁਹਾਨੂੰ ਭਾਉਂਦੀ ਨਹੀਂ।
ਮੇਰੇ ਉੱਤੇ ਕਰਦੇ ਲੱਖ ਸਿਤਮ,
ਤੇ ਮੇਰੀ ਯਾਦ ਹੀ ਆਉਂਦੀ ਨਹੀਂ।
ਦਿਮਾਗ ਨਿੱਕੇ 'ਤੇ ਬਣਦੇ ਜਵਾਨ ਹੋ,
ਤੁਸੀਂ ਇਨਸਾਨ ਨਹੀਂ, ਸ਼ੈਤਾਨ ਹੋ।

ਖ਼ਤਮ ਹੋ ਰਹੇ ਪੇੜ-ਪੌਦੇ,
ਕਦੇ ਤਾਂ ਇਸ ਗੱਲ ਦਾ ਜ਼ਿਕਰ ਕਰੋ।
ਹਾਲੇ ਬੇਰ ਡੁੱਲ੍ਹੇ ਨਹੀਂ,
ਆਉਣ ਵਾਲੇ ਸੰਸਾਰ ਦਾ ਫ਼ਿਕਰ ਕਰੋ।
ਚਲੋ ਹੁਣ ਇੱਕਠੇ ਖੜੋ,
ਅੱਜ ਤੋਂ ਬੱਸ ਇਨਸਾਨ ਬਣੋ।

ਜੈਸਮੀਨ ਕੌਰ
ਬੀ.ਏ (ਭਾਗ ਪਹਿਲਾ)

ਨਸ਼ਾ

ਖਾ ਗਿਆ ਇਹ ਨਸ਼ਾ ਮੇਰੇ ਪੰਜਾਬ ਨੂੰ।
ਕੌਣ ਪੂਰਾ ਕਰੇ ਮਾਂ ਦੇ ਦੁੱਧ ਦੇ ਹਿਸਾਬ ਨੂੰ।
ਉੱਚੀ-ਉੱਚੀ ਰੋਣ ਨਾਲੇ ਕੀਰਨੇ ਨੇ ਪਾਉਂਦੀਆਂ
ਬੱਸ ਕਰ ਵੇ ਵੈਰੀਆ, ਮਾਵਾਂ ਹੱਥ ਜੋੜ ਰੋਂਦੀਆਂ ।

ਲਾਲ ਖੂਨ ਨੂੰ ਤੂੰ ਚਿੱਟਾਂ ਕਾਹਤੋਂ ਕੀਤਾ ਏ।
ਛੋਟੇ-ਛੋਟੇ ਬੱਚਿਆਂ ਨੂੰ ਹੱਥੀ ਰੋਲ ਦਿੱਤਾ ਏ।
ਬੁੱਢੀਆਂ ਮਾਈਆਂ ਪੂੰਝੇ ਦਰੀਆਂ ਵਿਛਾਉਂਦੀਆਂ
ਬੱਸ ਕਰ ਵੇ ਵੈਰੀਆ, ਮਾਵਾਂ ਹੱਥ ਜੋੜ ਰੋਂਦੀਆਂ ।

ਮੋਨਿਕਾ
ਬੀ.ਏ (ਭਾਗ ਤੀਸਰਾ)

ਪਛਾਣ

ਇਹ ਦੁਨੀਆ ਸਾਹ ਸਵਾਰਾਂ ਦੀ,
ਅਣਖੀ, ਸੂਰਮੇ, ਸਰਦਾਰਾਂ ਦੀ।

ਇੱਥੇ ਅਨਪੜ੍ਹ ਨੂੰ ਕੋਈ ਪੁੱਛਦਾ ਨਹੀਂ,
ਕੀਮਤ ਪੈਂਦੀ ਹੈ ਫਨਕਾਰਾਂ ਦੀ।

ਜਿਹਨਾਂ ਨੂੰ ਆਦਤ ਹੈ ਜ਼ਖ਼ਮ ਕੁਰੇਦਣ ਦੀ,
ਉਹ ਪਰਵਾਹ ਨਹੀਂ ਕਰਦੇ ਖਾਰਾਂ ਦੀ।

‘ਬਲਜੀਤ’ ਇੱਥੇ ਉਹ ਹੀ ਸੋਨਾ ਬਣਦਾ ਹੈ,
ਜੋ ਭੱਠੀ ਤਪੇ ਅੰਗਿਆਰਾਂ ਦੀ ।

ਬਲਜੀਤ ਕੌਰ
ਬੀ. ਏ (ਭਾਗ ਦੂਜਾ)

ਚਾਨਣ ਕਦੇ ਮਰਨਾ ਨਈ

ਜ਼ਾਲਮਾਂ ਦੇ ਜ਼ੁਲਮ ਤੋਂ, ਇਨਸਾਨੀਅਤ ਹਰਨਾ ਨਈਂ।
ਹਨੇਰ ਦੇ ਵਣਜਾਰਿਓ, ਚਾਨਣ ਕਦੇ ਮਰਨਾ ਨਈਂ।
ਮਾਰੂਥਲਾਂ ਦੇ ਹਰਿਆਲੇ ਰੁੱਖ ਹਾਂ,
ਹਾੜ੍ਹ ਦੀਆਂ ਧੁੱਪਾਂ ਵਿਚ ਸੜਨਾ ਨਈਂ।
ਕੰਡਿਆਂ ਦੇ ਵਿਚ ਖਿੜਨਾ ਹੈ ਸਿੱਖਿਆ,
ਪੱਤਝੜਾਂ ਵਿਚ ਇਹ ਫੁੱਲ ਝੜਨਾ ਨਈਂ।
ਝੱਖੜਾਂ 'ਚ ਜਗਣ ਵਾਲੇ ਦੀਪ ਹਾਂ,
ਰੰਗ ਨੂਰ 'ਤੇ ਹਨੇਰ ਦਾ ਚੜ੍ਹਨਾ ਨਈਂ।
ਸੱਚ ਦੇ ਪਰਚਮ ਝੁਲਦੇ ਰਹਿਣਗੇ,
ਅਸਲ ਸਾਹਵੇਂ ਕੁਫ਼ਰ ਨੇ ਖੜ੍ਹਨਾ ਨਈਂ।
ਸੀਤ ਲਹਿਰਾਂ ਵਿਚ ਵੀ ਆਕਾਸ਼ੀ ਉੱਡਦੀਆਂ,
ਕਹਿਰ ਬਾਜ਼ ਦਾ ਹੁਣ ਚਿੜੀਆਂ ਨੇ ਜਰਨਾ ਨਈਂ।
ਭੇਖ ਗੋਬਿੰਦਾ ਦਾ ਵਾਰਿਸ ਔਰੰਗ ਦੇ,
ਸੁਰਖ ਜਲ ਤੋਂ ਢਿੱਡ ਥੋਡਾ ਭਰਨਾ ਨਈਂ।
ਤੁਸੀਂ ਦਾਤੀ ਬਣ ਕੇ ਮਨੂੰ ਦੀ ਸਾਨੂੰ ਵੱਢਦੇ ਰਹੇ,
ਅਸੀਂ ਰਣ ਸੂਰਿਆਂ ਦਾ ਖਾਲੀ ਕਰਨਾ ਨਈਂ।
ਇੰਤਹਾ ਤੇਰੇ ਜ਼ੁਲਮਾਂ ਵਾਲੀ ਜਰਲਾਂਗੇ,
ਤੇਰੇ ਚਰਨੀ ਸਿਰ ਕਦੇ ਧਰਨਾ ਨਈਂ।
ਜ਼ਾਲਮਾਂ ਦੇ ਜ਼ੁਲਮ ਤੋਂ, ਇਨਸਾਨੀਅਤ ਹਰਨਾ ਨਈਂ,
ਹਨੇਰ ਦੇ ਵਣਜਾਰਿਓ, ਚਾਨਣ ਕਦੇ ਮਰਨਾ ਨਈਂ।

ਨਵਨੀਤ ਕੌਰ
ਬੀ. ਏ (ਭਾਗ ਦੂਜਾ)

ਬਦਲਾਅ

ਬਦਲਾਅ ਇਸ ਸੰਸਾਰ ਦਾ ਅਟੱਲ ਨਿਯਮ ਹੈ ਭਾਵ ਪੁਰਾਣੇ ਵਿਚਾਰਾਂ, ਰੀਤੀ-ਰਿਵਾਜ਼ਾਂ, ਵਿਸ਼ਵਾਸਾਂ ਤੇ ਵਸਤਾਂ ਦਾ ਖ਼ਤਮ ਹੋਣਾ ਅਤੇ ਉਹਨਾਂ ਦੀ ਥਾਂ ਨਵਿਆਂ ਦਾ ਆਉਣਾ ਇੱਕ ਸਦੀਵੀ ਸੱਚਾਈ ਹੈ। ਸਾਨੂੰ ਸਾਰਿਆਂ ਨੂੰ ਹੀ ਬਦਲਾਅ ਨੂੰ ਖਿੜੇ ਮੱਥੇ ਸਵੀਕਾਰ ਕਰਨਾ ਚਾਹੀਦਾ ਹੈ। ਕੁਦਰਤੀ ਨਿਯਮਾਂ ਦੇ ਮੁਤਾਬਿਕ ਸਮੇਂ ਦੇ ਨਾਲ ਹਰ ਇੱਕ ਨੇ ਬਦਲਣਾ ਹੈ। ਉਤਪਤੀ, ਵਿਕਾਸ ਅਤੇ ਵਿਨਾਸ਼ ਦਾ ਨਿਯਮ ਸੰਸਾਰ ਦੇ ਹਰ ਖੇਤਰ ਵਿਚ ਸਦਾ ਹੀ ਚੜ੍ਹਦਾ ਰਹਿੰਦਾ ਹੈ ਜਿਵੇਂ ਹਰ ਰੋਜ਼ ਦਿਨ ਚੜ੍ਹਦਾ ਹੈ, ਦੁਪਹਿਰ ਹੁੰਦੀ ਹੈ, ਦਿਨ ਢਲ ਕੇ ਸ਼ਾਮ ਪੈਂਦੀ ਹੈ ਅਤੇ ਅੰਤ ਵਿਚ ਰਾਤ ਹੋ ਜਾਂਦੀ ਹੈ। ਇਹੀ ਜੀਵਨ ਦੇ ਹਰ ਪਹਿਲੂ ਉੱਪਰ ਲਾਗੂ ਹੁੰਦਾ ਹੈ।

ਮਨੁੱਖ ਦੇ ਜੀਵਨ ਵਿਚ ਹਰ ਘੜੀ ਬਦਲਾਅ ਆਉਂਦਾ ਰਹਿੰਦਾ ਹੈ। ਬਚਪਨ, ਜਵਾਨੀ, ਬੁਢਾਪੇ ਦੇ ਪੜਾਵਾਂ ਨੂੰ ਪਾਰ ਕਰਦਾ ਹੋਇਆ ਕਈ ਤਬਦੀਲੀਆਂ 'ਚੋਂ ਲੰਘਦਾ ਹੋਇਆ ਹਰ ਵਿਅਕਤੀ ਆਪਣੀ ਜੀਵਨ ਯਾਤਰਾ ਨੂੰ ਪੂਰੀ ਕਰਦਾ ਹੈ।

ਤਾਜ਼ਗੀ ਅਤੇ ਨਵੀਨਤਾ ਲਈ ਅਦਲਾ-ਬਦਲਾ ਬਹੁਤ ਜ਼ਰੂਰੀ ਹੈ। ਵਗਦਾ ਪਾਣੀ ਸਵੱਛ ਹੁੰਦਾ ਹੈ। ਇੱਕ ਥਾਂ ਖੜ੍ਹਾ ਪਾਣੀ ਮੁਸ਼ਕ ਜਾਂਦਾ ਹੈ। ਜਿਹੜੇ ਲੋਕ ਸਮਾਜ ਦੀਆਂ ਪੁਰਾਣੀਆਂ ਸੋਚਾਂ ਤੇ ਰਸਮਾਂ ਨੂੰ ਨਹੀਂ ਛੱਡਦੇ ਨਿਰਸੰਦੇਹ ਪਿਛਾਹ ਖਿੱਚੂ ਹਨ। ਸਮਾਜ ਦੀ ਤਰੱਕੀ ਦੇ ਰਾਹ ਉੱਤੇ ਰੋੜਾ ਅਟਕਾ ਰਹੇ ਹਨ। ਅਜਿਹੇ ਲੋਕ ਨਾ ਆਪ ਢੰਗ ਨਾਲ ਜੀਵਨ ਜਿਉਣਾ ਚਾਹੁੰਦੇ ਹਨ, ਨਾ ਦੂਸਰਿਆਂ ਨੂੰ ਚੈਨ ਨਾਲ ਜ਼ਿੰਦਗੀ ਬਤੀਤ ਕਰਨ ਦਿੰਦੇ ਹਨ ਸਗੋਂ ਲਕੀਰ ਦੇ ਫਕੀਰ ਬਣੇ ਹੋਏ ਆਉਣ ਵਾਲੇ ਸਮੇਂ ਨੂੰ ਨਰਕ ਬਣਾ ਦਿੰਦੇ ਹਨ।

ਸਮਾਂ ਤੇਜ਼ੀ ਨਾਲ ਉੱਡ ਰਿਹਾ ਹੈ। ਸਾਨੂੰ ਸਮੇਂ ਦੇ ਨਾਲ ਚੱਲਣ ਦੀ ਲੋੜ ਹੈ, ਨਹੀਂ ਤਾਂ ਅਸੀਂ ਪੱਛੜ ਜਾਵਾਂਗੇ। ਸਮਾਜ ਨੂੰ ਘੁਣ ਵਾਂਗ ਲੱਗੀਆਂ ਪੁਰਾਣੀਆਂ ਰਸਮਾਂ, ਸੋਚਾਂ ਨੂੰ ਬਦਲਣ ਦੇ ਲਈ ਆਪਣੇ ਅੰਦਰ ਦ੍ਰਿੜਤਾ ਤੇ ਭਰੋਸਾ ਜਮਾਉਣਾ ਪਵੇਗਾ ਤਾਂ ਹੀ ਅਸੀਂ ਤੇਜ਼ ਰਫ਼ਤਾਰ ਨਾਲ ਵਕਤ ਦੇ ਕਦਮਾਂ ਨਾਲ ਕਦਮ ਮਿਲਾ ਕੇ ਚੱਲ ਸਕਾਂਗੇ।

ਈਸ਼ੀਤਾ ਨਾਰੰਗ
ਬੀ.ਏ (ਭਾਗ ਦੂਜਾ)

ਰਿਸ਼ਤਿਆਂ ਦਾ ਨਿੱਘ

ਮੁਸਕਰਾਉਂਦੇ ਹੋਏ ਚਿਹਰੇ ਨਾਲ ਹਰਪ੍ਰੀਤ ਉੱਠੀ ਅਤੇ ਕਾਲਜ ਜਾਣ ਲਈ ਤਿਆਰ ਹੋਣ ਲੱਗੀ। ਜਦੋਂ ਤੱਕ ਉਹ ਤਿਆਰ ਹੋ ਕੇ ਬਾਹਰ ਆਈ ਉਦੋਂ ਤੱਕ ਹਰਪ੍ਰੀਤ ਦੀ ਮੰਮੀ ਨੇ ਉਸਦੇ ਨਾਸ਼ਤੇ ਵਾਲਾ ਟਿਫਨ ਤਿਆਰ ਕਰ ਦਿੱਤਾ। ਮੰਮੀ ਪਾਪਾ ਦੀ ਲਾਡਲੀ ਧੀ ਹੁਣ ਉਹ ਕਾਲਜ ਜਾਣ ਲਈ ਘਰੋਂ ਨਿਕਲ ਗਈ। ਹਰਪ੍ਰੀਤ ਅੱਜ ਕਾਲਜ ਨਾ ਪਹੁੰਚੀ। ਹਰ ਰੋਜ਼ ਕਾਲਜ ਪਹੁੰਚ ਕੇ ਹਰਪ੍ਰੀਤ ਘਰ ਫੋਨ ਕਰਦੀ ਸੀ ਪਰ ਅੱਜ ਉਸਦਾ ਫੋਨ ਨਾ ਆਇਆ। ਉਸਦੀ ਮੰਮੀ ਨੇ ਉਸਦੇ ਪਾਪਾ ਨੂੰ ਦੱਸਿਆ ਕਿ ਅੱਜ ਹਰਪ੍ਰੀਤ ਦਾ ਫੋਨ ਨਹੀਂ ਆਇਆ। ਉਸਦੇ ਪਾਪਾ ਨੇ ਕਿਹਾ- 'ਸ਼ਾਇਦ ਅੱਜ ਉਹ ਭੁੱਲ ਗਈ ਹੋਵੇਗੀ'।

ਉਸਦੇ ਪਾਪਾ ਦਫ਼ਤਰ ਚੱਲੇ ਗਏ ਪਰ ਉਸਦੀ ਮੰਮੀ ਨੂੰ ਉਸਦੀ ਫ਼ਿਕਰ ਹੋ ਰਹੀ ਸੀ। ਹਰਪ੍ਰੀਤ ਦੀ ਮੰਮੀ ਨੇ ਉਸਨੂੰ ਫੋਨ ਕੀਤਾ ਪਰ ਉਸਦਾ ਫੋਨ ਨਾ ਲੱਗਿਆ। ਪੂਰਾ ਦਿਨ ਬੀਤ ਗਿਆ। ਹੁਣ ਸ਼ਾਮ ਦੇ ਚਾਰ ਵਜ ਗਏ ਸਨ। ਹਰਪ੍ਰੀਤ ਘਰ ਨਾ ਪਹੁੰਚੀ। ਹਰ ਰੋਜ਼ ਹਰਪ੍ਰੀਤ ਤਿੰਨ ਵਜੇ ਘਰ ਆ ਜਾਂਦੀ ਸੀ। ਹਰਪ੍ਰੀਤ ਦੀ ਮੰਮੀ ਨੇ ਉਸਦੀਆਂ ਸਹੇਲੀਆਂ ਨੂੰ ਫੋਨ ਕੀਤਾ ਤੇ ਉਹਨਾਂ ਨੇ ਦੱਸਿਆ ਕਿ ਅੱਜ ਹਰਪ੍ਰੀਤ ਕਾਲਜ ਨਹੀਂ ਆਈ ਜਦੋਂ ਉਸਦੀ ਮੰਮੀ ਨੂੰ ਇਹ ਪਤਾ ਲੱਗਿਆ ਕਿ ਹਰਪ੍ਰੀਤ ਕਾਲਜ ਨਹੀਂ ਗਈ ਤਾਂ ਉਸਦੀ ਮੰਮੀ ਨੇ ਉਸਦੇ ਪਾਪਾ ਨੂੰ ਫੋਨ ਕਰਕੇ ਸਾਰੀ ਗੱਲ ਦੱਸੀ। ਉਸਦੇ ਪਾਪਾ ਨੇ ਕਿਹਾ, 'ਮੈਂ ਪਤਾ ਕਰਦਾ ਹਾਂ'। ਥੋੜ੍ਹੀ ਦੇਰ ਬਾਅਦ ਉਸਦੇ ਪਾਪਾ ਘਰ ਆਏ ਤੇ ਉਹਨਾਂ ਦੇ ਚਿਹਰੇ 'ਤੇ ਉਦਾਸੀ ਸੀ। ਉਹ ਕਿਹਾ ਕਿ ਹਰਪ੍ਰੀਤ ਦਾ ਕੁਝ ਪਤਾ ਨਹੀਂ ਲੱਗਿਆ। ਉਹ ਦੋਵੇਂ ਉਦਾਸ ਮਨ ਨਾਲ ਹਰਪ੍ਰੀਤ ਦੇ ਕਮਰੇ ਵਿਚ ਜਾ ਕੇ ਬੈਠ ਗਏ। ਅਚਾਨਕ ਉਸਦੀ ਮੰਮੀ ਦੀ ਨਜ਼ਰ ਉਸ ਚਿੱਠੀ 'ਤੇ ਜਾਂਦੀ ਹੈ ਜਿਹੜੀ ਹਰਪ੍ਰੀਤ ਉਹਨਾਂ ਦੇ ਲਈ ਛੱਡ ਕੇ ਗਈ ਸੀ। ਉਸ ਚਿੱਠੀ ਵਿਚ ਹਰਪ੍ਰੀਤ ਨੇ ਲਿਖਿਆ ਸੀ ਕਿ "ਮੈਂ ਇੱਕ ਮੁੰਡੇ ਨੂੰ ਪਸੰਦ ਕਰਦੀ ਹਾਂ ਜੋ ਸਾਡੀ ਜਾਤ ਦਾ ਨਹੀਂ। ਅੱਜ ਮੈਂ ਉਸ ਨਾਲ ਵਿਆਹ ਕਰਨ ਲੱਗੀ ਆ"। ਹਰਪ੍ਰੀਤ ਦੇ ਮੰਮੀ ਤੇ ਪਾਪਾ ਨੂੰ ਇਹ ਪੜ੍ਹ ਕੇ ਬਹੁਤ ਦੁੱਖ ਹੋਇਆ। ਉਹ ਆਪਣੇ ਮੰਮੀ ਤੇ ਪਾਪਾ ਦੀ ਲਾਡਲੀ ਤੇ ਇਕਲੌਤੀ ਧੀ ਸੀ। ਹਰਪ੍ਰੀਤ ਨੇ ਕਾਲਜ ਨਾ ਜਾ ਕੇ ਆਪਣੇ ਪ੍ਰੇਮੀ (ਮਨਵੀਰ) ਨਾਲ ਕੋਰਟ ਵਿਚ ਜਾ ਕੇ ਵਿਆਹ ਕਰਾ ਲਿਆ।

ਜਦ ਮਨਵੀਰ ਉਸਨੂੰ ਆਪਣੇ ਘਰ ਲੈ ਕੇ ਗਿਆ ਤਾਂ ਮਨਵੀਰ ਦੇ ਮਾਤਾ-ਪਿਤਾ ਨੇ ਉਸਨੂੰ ਘਰੋਂ ਕੱਢ ਦਿੱਤਾ ਤੇ ਬਹੁਤ ਗੁੱਸੇ ਹੋਏ। ਥੋੜੇ ਮਹੀਨੇ ਮਨਵੀਰ ਹਰਪ੍ਰੀਤ ਨੂੰ ਲੈ ਕੇ ਆਪਣੇ ਦੋਸਤ ਦੇ ਘਰ ਰਹਿੰਦਾ ਰਿਹਾ। ਹੁਣ ਉਹ ਆਪਣੇ

ਕਿਰਾਏ ਦੇ ਫਲੈਟ ਵਿਚ ਚਲੇ ਗਏ। ਉਹ ਦੋਵੇਂ ਵਿਆਹ ਤਾਂ ਕਰਵਾ ਲੈਂਦੇ ਹਨ ਪਰ ਪੂਰੀ ਤਰ੍ਹਾਂ ਖੁਸ਼ ਨਹੀਂ ਸਨ। ਹਰਪ੍ਰੀਤ ਕਈ ਵਾਰ ਆਪਣੇ ਮੰਮੀ-ਪਾਪਾ ਨੂੰ ਬਹੁਤ ਯਾਦ ਕਰਦੀ ਤੇ ਰੋਣ ਲੱਗ ਪੈਂਦੀ। ਇੱਕ ਸਾਲ ਬੀਤ ਗਿਆ। ਹਰਪ੍ਰੀਤ ਮਾਂ ਬਣ ਗਈ। ਹਰਪ੍ਰੀਤ ਤੇ ਮਨਵੀਰ ਦੀ ਇੱਕ ਬੇਟੀ ਹੁੰਦੀ ਹੈ ਗੁਰਸੀਰਤ। ਇੱਕ ਦਿਨ ਸ਼ਾਮ ਨੂੰ ਹਰਪ੍ਰੀਤ ਨੂੰ ਫੋਨ ਆਉਂਦਾ ਹੈ ਕਿ ਮਨਵੀਰ ਦੀ ਇੱਕ ਸੜਕ ਹਾਦਸੇ ਵਿਚ ਮੌਤ ਹੋ ਗਈ ਹੈ। ਇਹ ਸੁਣ ਕੇ ਹਰਪ੍ਰੀਤ ਉੱਚੀ-ਉੱਚੀ ਰੋਣ ਲੱਗ ਪੈਂਦੀ ਹੈ। ਹਰਪ੍ਰੀਤ ਰੋਂਦੀ-ਰੋਂਦੀ ਆਪਣੀ ਮਹੀਨੇ ਦੀ ਬੇਟੀ ਨੂੰ ਲੈ ਕੇ ਹਸਪਤਾਲ ਜਾਂਦੀ ਹੈ। ਉਹ ਮਨਵੀਰ ਦੇ ਪਰਿਵਾਰ ਨੂੰ ਫੋਨ ਕਰਦੀ ਹੈ ਤੇ ਉਹ ਸਾਰੇ ਹਸਪਤਾਲ ਵਿਚ ਆ ਜਾਂਦੇ ਹਨ। ਫਿਰ ਮਨਵੀਰ ਦਾ ਸੰਸਕਾਰ ਕੀਤਾ ਜਾਂਦਾ ਹੈ। ਮਨਵੀਰ ਦੇ ਪਰਿਵਾਰ ਵਾਲੇ ਹਰਪ੍ਰੀਤ ਨੂੰ ਬੁਰਾ ਭਲਾ ਬੋਲਦੇ ਹਨ ਕਿ 'ਤੇਰੇ ਕਰਕੇ ਸਾਡਾ ਮੁੰਡਾ ਅੱਜ ਸਾਡੇ ਤੋਂ ਦੂਰ ਹੋ ਗਿਆ।' ਹਰਪ੍ਰੀਤ ਬਹੁਤ ਦੁਖੀ ਹੁੰਦੀ ਹੈ। ਉਹ ਉਸਦੇ ਪਰਿਵਾਰ ਨੂੰ ਕਹਿੰਦੀ ਹੈ ਕਿ ਤੁਸੀਂ ਮੈਨੂੰ ਆਪਣੇ ਘਰ ਰੱਖ ਲਵੋ, ਮੇਰੀ ਬੇਟੀ ਵੀ ਬਹੁਤ ਛੋਟੀ ਹੈ ਪਰ ਉਹ ਹਰਪ੍ਰੀਤ ਨੂੰ ਘਰੋਂ ਬਾਹਰ ਕੱਢ ਦਿੰਦੇ ਹਨ।

ਇੱਕ ਦਿਨ ਇਹ ਖ਼ਬਰ ਹਰਪ੍ਰੀਤ ਦੇ ਮੰਮੀ ਤੇ ਪਾਪਾ ਨੂੰ ਪਤਾ ਲੱਗਦੀ ਹੈ ਤੇ ਉਹ ਹਰਪ੍ਰੀਤ ਦੇ ਘਰ ਜਾਂਦੇ ਹਨ ਤੇ ਘਰ ਦੀ ਘੰਟੀ ਵਜਾਉਂਦੇ ਹਨ ਤਾਂ ਹਰਪ੍ਰੀਤ ਦਰਵਾਜ਼ਾ ਖੋਲਦੀ ਹੈ। ਜਦ ਉਹ ਆਪਣੇ ਮੰਮੀ ਪਾਪਾ ਨੂੰ ਵੇਖਦੀ ਹੈ ਤਾਂ ਉਹ ਉਹਨਾਂ ਦੇ ਗਲ ਲੱਗ ਕੇ ਬਹੁਤ ਰੋਂਦੀ ਹੈ। ਉਹ ਸਾਰੀ ਆਪ-ਬੀਤੀ ਉਹਨਾਂ ਨੂੰ ਦੱਸਦੀ ਹੈ। ਉਸਦੇ ਮੰਮੀ ਪਾਪਾ ਉਸਨੂੰ ਆਪਣੇ ਘਰ ਲੈ ਜਾਂਦੇ ਹਨ। ਹਰਪ੍ਰੀਤ ਹੁਣ ਆਪਣੇ ਮੰਮੀ ਪਾਪਾ ਕੋਲ ਰਹਿੰਦੀ ਹੈ। ਹਰਪ੍ਰੀਤ ਨੂੰ ਆਪਣੀ ਗ਼ਲਤੀ ਦਾ ਅਹਿਸਾਸ ਹੁੰਦਾ ਹੈ।

ਇਹ ਇੱਕ ਸੱਚੀ ਘਟਨਾ ਹੈ। ਜੇਕਰ ਮਾਤਾ-ਪਿਤਾ ਆਪਣੀਆਂ ਧੀਆਂ ਨੂੰ ਬਾਹਰ ਪੜ੍ਹਨ ਭੇਜਦੇ ਹਨ ਤਾਂ ਧੀਆਂ ਨੂੰ ਵੀ ਆਪਣੇ ਮਾਤਾ-ਪਿਤਾ ਦੀ ਇੱਜ਼ਤ 'ਤੇ ਦਾਗ਼ ਨਹੀਂ ਲਗਾਉਣਾ ਚਾਹੀਦਾ। ਭਾਵੇਂ ਸਾਰੀ ਦੁਨੀਆਂ ਸਾਥ ਛੱਡ ਦੇਵੇ ਪਰ ਮਾਤਾ-ਪਿਤਾ ਕਦੇ ਸਾਥ ਨਹੀਂ ਛੱਡਦੇ। ਉਹ ਹਮੇਸ਼ਾਂ ਆਪਣੇ ਬੱਚਿਆਂ ਨਾਲ ਖੜ੍ਹਦੇ ਹਨ। ਮਾਪੇ ਕਦੇ ਵੀ ਕੁ-ਮਾਪੇ ਨਹੀਂ ਬਣਦੇ। ਧੀਆਂ ਨੂੰ ਆਪਣੇ ਪਿਓ ਦੀ ਪੱਗ ਨੂੰ ਦਾਗ਼ ਨਹੀਂ ਲਾਉਣਾ ਚਾਹੀਦਾ। ਕਦੇ ਵੀ ਆਪਣੇ ਮਾਂ-ਬਾਪ ਦੇ ਦਿਲ ਨੂੰ ਠੇਸ ਨਹੀਂ ਪਹੁੰਚਾਉਣੀ ਚਾਹੀਦੀ।

ਸਿਮਰਨਜੀਤ ਕੌਰ
ਬੀ.ਏ (ਭਾਗ ਦੂਜਾ)

ਵੇਲਾ

ਇਹ ਵੇਲਾ
ਸਹਿਮ ਦਾ ਵੇਲਾ
ਔਖ ਦਾ ਵੇਲਾ
ਘਰਾਂ 'ਚ ਰਹਿਣ ਦਾ ਵੇਲਾ
ਹੱਲ ਇੱਕੋ ਇੱਕ ਇਹੋ.....

ਇਹ ਉਹੀ ਵੇਲਾ
ਜਦੋਂ ਜਾਣਨੈ ਇਹ
ਕਿਸ ਗੱਲੋਂ ਹੱਸਣਾ ਅਸੀਂ
ਕਿਸ ਗੱਲੋਂ ਰੋਣਾ.....

ਇਹ ਉਹੀ ਵੇਲਾ
ਜਦੋਂ ਅਸੀਂ ਮਿਲਨਾ
ਆਪਣੇ ਆਪ ਨੂੰ
ਬਦਲਣਾ ਜ਼ਰੂਰ
ਬਹੁਤਾ ਭਾਵੇਂ ਥੋੜ੍ਹਾ.....

ਇਹ ਵੇਲਾ ਅਰਦਾਸ ਦਾ ਵੇਲਾ
ਕੁਦਰਤ ਨਾਲ ਇਕਮਿਕ ਹੋਣ ਦਾ ਵੇਲਾ
ਪਰਵਾਸ ਦਾ ਵੇਲਾ.....

ਅੰਬਰ ਹੋ ਗਿਆ ਸੋਹਣਾ
ਪਾਣੀ ਨਦੀਆਂ ਦਾ ਨਿਰਮਲ
ਪੰਛੀ ਪਰਤ ਆਏ ਵਾਪਸ
ਜਾਨਵਰਾਂ ਨੇ ਲਿਆ ਸਾਹ ਸੁਖ ਦਾ....

ਬਿਨ ਕਿਆਸਿਆ, ਬਿਨ ਸੋਚਿਆ
ਸਮਾਂ ਜੋ ਇਹ ਔਖਾ ਆਇਆ
ਇੱਕ ਦਿਨ ਇਹ ਵੀ ਨੀ ਰਹਿਣਾ
ਇਹ ਉਹੀ ਵੇਲਾ।

ਸਨੋਅ ਸਾਦਗੀ
ਬੀ.ਏ (ਭਾਗ ਦੂਜਾ)

ਮੌਤ

ਇੱਕ ਵਿਚਾਰ ਹੈ ਤੂੰ
ਇੱਕ ਡਰ ਹੈ ਤੂੰ
ਇੱਕ ਅਸਲੀਅਤ ਹੈ ਤੂੰ
ਅਖੀਰਲਾ ਘਰ ਹੈ ਤੂੰ।

ਇੱਕ ਹੁਕਮ ਹੈ ਤੂੰ
ਇੱਕ ਖੌਫ਼ਨਾਕ ਵਰ ਹੈ ਤੂੰ
ਤੂੰ ਉਡੀਕ ਹੈ ਅੰਤ ਦੀ
ਤੇ ਬਿਲਕੁਲ ਸਥਿਰ ਹੈ ਤੂੰ।

ਜਨਮ ਤੋਂ ਹੀ ਕੋਈ ਰਸੀਦ ਹੈ ਤੂੰ
ਕੱਚੇ ਜਾਂ ਪੱਕੇ, ਤੂੰ ਸਾਥੀ ਹਰ ਰਾਹ ਦੀ ਹੈ।

ਹਰ ਲਮਹਾ ਮੌਜੂਦ,
ਹੋ ਕੇ ਵੀ ਨਾ ਦਿਸਦੀ
ਪਲ ਪਲ ਜ਼ਿੰਦਗੀ
ਲੱਗਦਾ ਜਾਂਦੀ ਹੈ ਰਿਸਦੀ ।

ਤੂੰ ਵਹਿਮ ਵੀ ਏ
ਤੂੰ ਯਕੀਨ ਵੀ ਏ
ਤੂੰ ਕੌੜ ਵੀ ਏ
ਤੂੰ ਹਕੀਮ ਵੀ ਏ।

ਤੂੰ ਸਦਾ ਜੀਵੰਤ ਹੈ
ਤੇਰੀ ਹੋਂਦ ਹਰ-ਹਾਲ ਏ
ਤੇਰਾ ਸੱਚ ਅਮਰ ਹੈ
ਜ਼ਿੰਦਗੀ ਤਾਂ ਚਾਲ ਏ।

ਰਸਮੀਨ ਕੌਰ ਗਿੱਲ
ਬੀ.ਏ (ਭਾਗ ਦੂਜਾ)

ਕਾਲਜ ਦੇ ਦਿਨ

ਛੱਡ ਜਾਣਾ ਕਾਲਜ ਅਸੀਂ, ਕਈ ਨਵੇਂ ਪੈਰ ਪਾਉਣਗੇ।
ਕਾਲਜ ਦੇ ਦਿਨ ਸਾਨੂੰ ਬੜੇ ਚੇਤੇ ਆਉਣਗੇ।

ਆਉਣਗੇ ਯਾਦ ਦੋਸਤ ਜੋ ਜਾਨੋ ਵੱਧ ਪਿਆਰੇ ਨੇ।
ਤਿੰਨ-ਸਾਲ ਜਿਹੜੇ ਇਕੱਠਿਆਂ ਗੁਜ਼ਾਰੇ ਨੇ।
ਉਹਨਾਂ ਦੇ ਹੀ ਝੋਰੇ ਸਾਨੂੰ ਵੱਢ-ਵੱਢ ਖਾਣਗੇ
ਕਾਲਜ ਦੇ ਦਿਨ.....

ਬੈਠ ਕੇ ਕੰਟੀਨ 'ਚ ਲਗਾਈਆਂ ਸੀ ਜੋ ਮਹਿਫਲਾਂ।
ਗੱਲਾਂ-ਗੱਲਾਂ ਵਿਚ ਰੁੱਖਾਂ ਦੀ ਵੀ ਢਲ ਜਾਂਦੀ ਸੀ ਛਾਂ।
ਸੁਪਨੇ ਉਹਨਾਂ ਦੇ ਸਾਨੂੰ ਰਾਤੀ ਤੜਫਾਉਣਗੇ
ਕਾਲਜ ਦੇ ਦਿਨ.....

ਕਾਲਜ ਹੀ ਬਣਾਏ ਸਾਨੂੰ ਖਾਸ ਹਸਤੀ।
ਕਾਲਜ ਜਿਹੀ ਨਾ ਮਿਲਣੀ, ਕਦੇ ਮੌਜ-ਮਸਤੀ ।
ਕਾਲਜ ਪੜ੍ਹੇ ਨਾ ਜਿਹੜੇ ਬੜਾ ਪਛਤਾਉਣਗੇ
ਕਾਲਜ ਦੇ ਦਿਨ.....

ਕਾਲਜ ਦਾ ਨਾਮ ਸਦਾ ਅੰਬਰਾਂ 'ਤੇ ਲਿਖਣਾ।
ਐਸਾ ਲਿਖਣਾ ਜਿਹੜਾ ਕਦੇ ਨਹੀਂ ਓ ਮਿਟਣਾ।
ਕਲਮ ਮੇਰੀ ਨੂੰ ਯਾਦਾਂ ਦੇ ਬੁੱਲ੍ਹੇ ਸਦਾ ਛੋਹਣਗੇ
ਕਾਲਜ ਦੇ ਦਿਨ ਸਾਨੂੰ ਬੜੇ ਚੇਤੇ ਆਉਣਗੇ।

ਸੰਦੀਪ ਕੌਰ
ਬੀ.ਏ (ਭਾਗ ਤੀਜਾ)

ਜ਼ਿੰਦਗੀ ਦਾ ਸਫ਼ਰ

ਭਰ ਕੇ ਝੋਲੀ ਖਵਾਬਾਂ ਦੀ,
ਜ਼ਿੰਦਗੀ ਦੇ ਸਫ਼ਰ 'ਤੇ ਤੁਰ ਪਏ ਆਂ।
ਮੁਸਾਫ਼ਿਰ ਬਣ ਕੇ ਉਮੀਦਾਂ ਦੇ,
ਪਾਣੀ 'ਚ ਲੂਣ ਵਾਂਗੂ ਖੁਰ ਗਏ ਆਂ।

ਕਿੰਨੇ ਰਾਹ 'ਚ ਮਿਲੇ ਮੁਸਾਫ਼ਿਰ,
ਮੰਜ਼ਿਲ ਤੱਕ ਕੋਈ ਵਿਰਲੇ ਦਾ ਸਾਥ ਰਿਹਾ।
ਅੱਡ ਰਾਹ 'ਤੇ ਛੱਡ ਤੁਰ ਗਏ ਕਈ,
ਕਿਸੇ ਵਿਰਲਿਆਂ ਦਾ ਬਰੋਬਰ ਵਾਟ ਰਿਹਾ।

ਅਸੀਂ ਹਨੇਰੇ ਦੀ ਉਡੀਕ 'ਚ ਰਹੇ,
ਜਦੋਂ ਰੁਸ਼ਨਾਉਣਾ ਸੀ ਚੰਦ ਬਣ ਕੇ।
ਸੂਰਜ ਉੱਗਣ 'ਤੇ ਫੇਰ ਤੁਰ ਪਏ ਸੀ,
ਚਰਖੇ 'ਤੇ ਤੰਦ ਬਣ ਕੇ।

ਝੁੱਲਦੀ ਹਨੇਰੀ 'ਤੇ ਵੀ ਓ ਨੱਚਦੇ ਸੀ,
ਤੇ ਆਏ ਵਰਖਾ ਗਾਏ ਗੀਤ ਜਿਨ੍ਹਾਂ।
ਭਰ-ਭਰ ਝੋਲੀ ਖਵਾਬਾਂ ਦੀ,
ਜੋ ਤੁਰ ਗਏ ਕਰ ਚੌੜਾ ਸੀਨਾ।

ਤੁਰ ਪਏ ਪਾਂਧੀ ਸਫ਼ਰ ਉੱਤੇ,
ਮੰਜ਼ਿਲ ਦਾ ਰਾਹ ਹਵਾ ਜਾਣੇ।
ਜਾ ਜਾਣੇ ਰੋਸ਼ਨੀ ਅੰਬਰਾਂ ਦੀ,
ਜਾਂ ਲੰਘਦਾ ਸਮਾਂ ਜਾਣੇ।

ਮੁਸਾਫ਼ਿਰ ਬਣੇ ਉਮੀਦਾਂ ਦੇ,
ਸਾਡੇ ਲੰਮੜੇ ਹੋਏ ਟਿਕਾਣੇ।
'ਗਿੱਲਾ' ਤੂੰ ਬੱਸ ਤੁਰਦਾ ਚੱਲ
ਪੁੱਜਣਾ ਹੈ ਜਾਂ ਨਹੀਂ ਇਹ ਅੱਲਾ ਜਾਣੇ।

ਰਸਮੀਨ ਕੌਰ ਗਿੱਲ
ਬੀ.ਏ (ਭਾਗ ਦੂਜਾ)

ਕਿਸਮਤ

ਮੈਂ ਜੂਨ ਦੀਆਂ ਛੁੱਟੀਆਂ ਵਿਚ ਆਪਣੇ ਨਾਨਕੇ ਪਿੰਡ ਗਈ ਹੋਈ ਸੀ। ਅਸੀਂ ਸ਼ਾਮ ਨੂੰ ਸਾਰੇ ਇੱਕਠੇ ਬੈਠੇ ਸੀ। ਮੇਰੇ ਨਾਨਾ ਜੀ, ਨਾਨੀ ਜੀ, ਮਾਮਾ ਜੀ, ਮਾਮੀ ਜੀ, ਮੇਰੇ ਮਾਤਾ ਜੀ ਤੇ ਅਸੀਂ ਸਾਰੇ ਬੱਚੇ ਇੱਕਠੇ ਬੈਠੇ ਗੱਲਾਂ ਕਰ ਰਹੇ ਸੀ। ਗੱਲਾਂ ਕਰਦੇ-ਕਰਦੇ ਕਿਸਮਤ ਬਾਰੇ ਗੱਲਾਂ ਹੋਣ ਲੱਗੀਆਂ। ਨਾਨਾ ਜੀ ਕਹਿਣ ਲੱਗੇ ਕਿ ਸਭ ਦੀ ਆਪਣੀ-ਆਪਣੀ ਕਿਸਮਤ ਹੁੰਦੀ ਹੈ। ਇਹ ਨਹੀਂ ਪਤਾ ਹੁੰਦਾ ਕਿ ਪਰਮਾਤਮਾ ਕਿਸੇ ਬੰਦੇ ਨੂੰ ਕਦੋਂ ਅਤੇ ਕਿੱਥੇ ਪਹੁੰਚਾ ਦੇਵੇ। ਕਈ ਵਾਰ ਤਾਂ ਅਜਿਹਾ ਕੁਝ ਵੀ ਹੋ ਜਾਂਦਾ ਹੈ, ਜੋ ਇਨਸਾਨ ਨੇ ਕਦੇ ਸੋਚਿਆ ਵੀ ਨਹੀਂ ਹੁੰਦਾ। ਫਿਰ ਉਹਨਾਂ ਨੇ ਆਪਣੇ ਪਿੰਡ ਦੀ ਇੱਕ ਔਰਤ ਦੀ ਗੱਲ ਸੁਣਾਈ। ਉਹਨਾਂ ਨੇ ਦੱਸਿਆ ਕਿ ਇਹ ਗੱਲ ਭਾਰਤ ਤੇ ਪਾਕਿਸਤਾਨ ਦੀ ਵੰਡ ਵੇਲੇ ਦੀ ਹੈ ਜਦੋਂ ਭਾਰਤ ਤੇ ਪਾਕਿਸਤਾਨ ਦੀ ਵੰਡ ਹੋਈ, ਉਦੋਂ ਮੁਸਲਮਾਨਾਂ ਨੂੰ ਪਾਕਿਸਤਾਨ ਤੇ ਹਿੰਦੂ, ਸਿੱਖਾਂ ਨੂੰ ਹਿੰਦੁਸਤਾਨ ਭੇਜਿਆ ਜਾਣ ਲੱਗਿਆ। ਮੁਸਲਮਾਨ ਹਿੰਦੂਆਂ ਨੂੰ ਅਤੇ ਹਿੰਦੂ ਮੁਸਲਮਾਨਾਂ ਨੂੰ ਨਫਰਤ ਕਰਨ ਲੱਗ ਪਏ ਸਨ। ਲੋਕ ਧਰਮ ਦੇ ਨਾਂ 'ਤੇ ਇੱਕ ਦੂਜੇ ਦੇ ਦੁਸ਼ਮਣ ਬਣ ਗਏ ਸਨ। ਮੇਰੇ ਨਾਨਕਿਆਂ ਦੇ ਨਾਲ ਵਾਲੇ ਪਿੰਡ ਵਿਚ ਗੁਰਮੁਖ ਸਿੰਘ ਨਾਮ ਦਾ ਇੱਕ ਸਿੱਖ ਰਹਿੰਦਾ ਸੀ। ਇੱਕ ਰਾਤ ਉਹ ਆਪਣੇ ਪਰਿਵਾਰ ਨਾਲ ਸੌਂ ਰਿਹਾ ਸੀ। ਕਰੀਬ ਦੋ ਕੁ ਵਜੇ ਉਹਨਾਂ ਨੂੰ ਕਿਸੇ ਦੇ ਕੁਰਲਾਉਣ ਦੀ ਆਵਾਜ਼ ਆਈ। ਕੋਈ ਦਰਦ ਨਾਲ ਤੜਫ਼ ਰਿਹਾ ਸੀ। ਉਹਨਾਂ ਨੇ ਘਰੋਂ ਬਾਹਰ ਨਿਕਲ ਕੇ ਦੇਖਿਆ ਤਾਂ ਕੁਝ ਕੁ ਕਦਮ ਦੂਰ ਇੱਕ ਟੋਆ ਸੀ। ਉਸ ਵਿਚ ਇੱਕ ਔਰਤ ਡਿੱਗੀ ਪਈ ਸੀ। ਉਹਨਾਂ ਨੇ ਕੋਸ਼ਿਸ਼ ਕਰਕੇ ਉਸ ਔਰਤ ਨੂੰ ਬਾਹਰ ਕੱਢਿਆ। ਉਹ ਕੋਈ ਵੀਹ ਕੁ ਸਾਲਾਂ ਦੀ ਗਰਭਵਤੀ ਔਰਤ ਸੀ। ਉਸਦੇ ਸੱਟਾਂ ਵੱਜੀਆਂ ਹੋਈਆਂ ਸਨ। ਗੁਰਮੁਖ ਸਿੰਘ ਜੀ ਉਸਨੂੰ ਆਪਣੇ ਘਰ ਲੈ ਗਏ ਤੇ ਉਸਨੂੰ ਰੋਟੀ ਖੁਆਈ। ਉਹਨਾਂ ਦੀ ਪਤਨੀ ਨੇ ਉਸ ਔਰਤ ਨੂੰ ਸਾਫ਼-ਸੁਥਰੇ ਕੱਪੜੇ ਪੁਆਏ। ਅਗਲੇ ਦਿਨ ਉਸ ਤੋਂ ਉਸਦੇ ਬਾਰੇ ਪੁੱਛਿਆ। ਉਸਨੇ ਆਪਣਾ ਨਾਂ ਜਵੇਦਾ ਦੱਸਿਆ। ਉਸਨੇ ਦੱਸਿਆ ਕਿ ਉਸਦਾ ਪਰਿਵਾਰ ਉਸ ਤੋਂ ਵਿਛੜ ਗਿਆ ਹੈ। ਉਸਨੂੰ ਮਾਰਨ ਲਈ ਕੁਝ ਲੋਕ ਕੱਲ੍ਹ ਰਾਤ ਉਸਦੇ ਪਿੱਛੇ ਪਏ ਹੋਏ ਸਨ। ਬਚਣ ਲਈ ਉਸਨੇ ਟੋਏ ਵਿਚ ਛਾਲ ਮਾਰ ਦਿੱਤੀ ਤੇ ਉਸਦੇ ਕਾਫ਼ੀ ਸੱਟਾਂ ਲੱਗ ਗਈਆਂ। ਉਹ ਬਹੁਤ ਰੋਈ ਤੇ ਕਹਿਣ ਲੱਗੀ ਕਿ ਉਸਨੂੰ ਤਾਂ ਇਹ ਵੀ ਨਹੀਂ ਪਤਾ ਕਿ ਉਸਦੇ ਪਰਿਵਾਰ ਦੇ ਜੀਅ ਜਿਉਂਦੇ ਹਨ ਜਾਂ ਉਹਨਾਂ ਨੂੰ ਮਾਰ ਦਿੱਤਾ ਗਿਆ ਹੈ। ਮੈਂ ਹੁਣ ਉਹਨਾਂ ਨੂੰ ਕਿੱਥੇ ਲੱਭਾਂਗੀ ਤੇ ਉਹ ਫੁੱਟ-ਫੁੱਟ ਕੇ ਰੋਣ ਲੱਗ ਪਈ। ਗੁਰਮੁਖ ਸਿੰਘ ਗੁਰਸਿੱਖ ਪਰਿਵਾਰ ਤੋਂ ਸਨ। ਉਹਨਾਂ ਨੇ ਉਸਨੂੰ ਦਿਲਾਸਾ ਦਿੱਤਾ ਤੇ ਕਿਹਾ ਕਿ ਮੈਨੂੰ ਰੱਬ ਨੇ ਦੋ ਬੇਟੀਆਂ ਨਹੀਂ ਅੱਜ ਤੋਂ ਮੇਰੀਆਂ ਤਿੰਨ ਬੇਟੀਆਂ ਹਨ। ਉਹਨਾਂ ਨੇ ਜਵੇਦਾ ਨੂੰ ਮੁਸਲਮਾਨ ਪਰਿਵਾਰ ਤੋਂ ਹੁੰਦੇ ਹੋਈ ਵੀ ਆਪਣੀ ਬੇਟੀ ਬਣਾ ਲਿਆ ਤੇ ਉਸਦਾ ਨਾਂ ਨਸੀਬ ਕੌਰ ਰੱਖ ਦਿੱਤਾ। ਅਗਲੇ ਕਈ ਦਿਨਾਂ ਤੱਕ ਕੁਝ ਹਿੰਦੂ ਲੋਕ ਜਵੇਦਾ ਨੂੰ ਲੱਭਣ ਲਈ ਆਉਂਦੇ ਰਹੇ ਅਤੇ ਉਸ ਬਾਰੇ ਪੁੱਛਦੇ ਰਹੇ ਪਰ ਗੁਰਮੁਖ ਸਿੰਘ ਨੇ ਉਹਨਾਂ ਨੂੰ ਕਹਿ ਦਿੱਤਾ ਕਿ ਉਹਨਾਂ ਨੇ ਇਹੋ ਜਿਹੀ ਕਿਸੇ ਔਰਤ ਨੂੰ ਨਹੀਂ ਦੇਖਿਆ। ਤਕਰੀਬਨ ਪੰਜ ਮਹੀਨੇ ਤੱਕ ਉਹਨਾਂ ਨੇ ਜਵੇਦਾ ਨੂੰ ਆਪਣੇ ਘਰ ਦੀ ਕੋਠੜੀ ਵਿਚ ਲੁਕਾ ਕੇ ਰੱਖਿਆ ਤੇ ਉਸਨੇ ਉੱਥੇ ਹੀ ਇੱਕ ਪੁੱਤਰ ਨੂੰ ਜਨਮ ਦਿੱਤਾ। ਹੁਣ ਤੱਕ ਬਾਹਰ ਵੀ ਲੜਾਈਆਂ ਝਗੜਿਆਂ ਵਾਲਾ ਮਾਹੌਲ ਸ਼ਾਂਤ ਹੋ ਚੁੱਕਾ ਸੀ। ਲੋਕ ਇੱਕ-ਦੂਜੇ ਨੂੰ ਬਾਹਰ ਮਿਲਣ ਗਿਲਣ ਲੱਗ ਗਏ ਸਨ। ਇੱਕ ਦਿਨ ਗੁਰਮੁਖ ਸਿੰਘ ਨੂੰ ਉਹਨਾਂ ਦਾ ਇੱਕ ਮਿੱਤਰ ਮਿਲਣ ਆਇਆ। ਗੁਰਮੁਖ ਸਿੰਘ ਨੇ ਉਹਨਾਂ ਨੂੰ ਜਵੇਦਾ ਬਾਰੇ ਦੱਸਿਆ। ਗੁਰਮੁਖ ਸਿੰਘ ਦੇ ਮਿੱਤਰ ਨੇ ਉਹਨਾਂ ਨੂੰ ਕਿਹਾ ਕਿ ਉਸਦਾ ਛੋਟਾ ਭਰਾ ਹੈ ਜਿਸਦਾ ਅਜੇ ਵਿਆਹ ਨਹੀਂ ਹੋਇਆ ਹੈ। ਜੇਕਰ ਉਹ ਚਾਹੇ ਤਾਂ ਉਸਦੇ ਭਰਾ ਨਾਲ ਨਸੀਬ ਕੌਰ ਦਾ ਵਿਆਹ ਕਰ ਦੇਣ। ਗੁਰਮੁਖ ਸਿੰਘ ਬਹੁਤ ਖੁਸ਼ ਹੋਇਆ ਕਿਉਂਕਿ ਉਹ ਆਪਣੇ ਮਿੱਤਰ ਦੇ ਭਰਾ ਨੂੰ ਜਾਣਦਾ ਸੀ ਜੋ ਕਿ ਬਹੁਤ ਮਿਹਨਤੀ ਸੀ। ਘਰ-ਬਾਰ ਵੀ ਚੰਗਾ ਸੀ। ਗੁਰਮੁਖ ਸਿੰਘ ਨੇ ਨਸੀਬ ਕੌਰ ਨਾਲ ਇਸ ਬਾਰੇ ਗੱਲ ਕੀਤੀ। ਉਹ ਖੁਸ਼ੀ-ਖੁਸ਼ੀ ਵਿਆਹ ਲਈ ਰਾਜੀ ਹੋ ਗਈ ਤੇ ਵਿਆਹ ਕੇ ਨਾਲ ਦੇ ਪਿੰਡ ਆਪਣੇ ਸਹੁਰੇ ਘਰ ਚਲੀ ਗਈ। ਬੰਤ ਸਿੰਘ ਨੇ ਉਸਦੇ ਨਾਲ ਉਸਦੇ ਪੁੱਤਰ ਨੂੰ ਵੀ ਅਪਣਾ ਲਿਆ ਤੇ ਬੰਤ ਸਿੰਘ ਤੇ ਨਸੀਬ ਕੌਰ ਖੁਸ਼ੀ-ਖੁਸ਼ੀ ਰਹਿਣ ਲੱਗ ਪਏ। ਵਕਤ ਦੇ ਨਾਲ-ਨਾਲ ਉਹਨਾਂ ਦੇ ਘਰ ਇੱਕ ਹੋਰ ਪੁੱਤਰ ਨੇ ਜਨਮ ਲਿਆ। ਹੁਣ ਤਾਂ ਪਿੰਡ ਦੇ ਲੋਕ ਵੀ ਕਹਿਣ ਲੱਗੇ ਕਿ ਨਸੀਬ ਕੌਰ ਦੇ ਆਉਣ ਨਾਲ ਬੰਤ ਸਿੰਘ ਦਾ ਨਸੀਬ ਵੀ ਜਾਗ ਪਿਆ। ਵਧੀਆ ਉਮਰ ਭੋਗ ਕੇ ਪਹਿਲਾਂ ਬੰਤ ਸਿੰਘ ਤੇ ਕੁਝ ਕੁ ਸਾਲਾਂ ਬਾਅਦ ਨਸੀਬ ਕੌਰ ਅਕਾਲ ਚਲਾਣਾ ਕਰ ਗਈ ਪਰ ਅੱਜ ਉਹਨਾਂ ਦੇ ਪੁੱਤ ਤੇ ਪੋਤਰੇ ਆਪਣੇ ਪਰਿਵਾਰਾਂ ਨਾਲ ਬਹੁਤ ਚੰਗਾ ਜੀਵਨ ਬਤੀਤ ਕਰ ਰਹੇ ਹਨ। ਇਹ ਸਭ ਤੋਂ ਬਾਅਦ ਤਾਂ ਮੈਨੂੰ ਵੀ ਵਿਸ਼ਵਾਸ ਹੋ ਗਿਆ ਕਿ ਕਿਸਮਤ ਇਨਸਾਨ ਨੂੰ ਕਿੱਥੋਂ ਤੇ ਕਿੱਥੇ ਤੱਕ ਪਹੁੰਚਾ ਦਿੰਦੀ ਹੈ, ਬੰਦੇ ਨੂੰ ਖੁਦ ਵੀ ਪਤਾ ਨਹੀਂ ਹੁੰਦਾ।

ਖੁਸ਼ੀ

ਬੀ.ਏ (ਭਾਗ ਪਹਿਲਾ)

ਅੱਖਰ ਨਹੀਂ ਅੰਗਾਰੇ ਆ

ਇਹ ਅੱਖਰ ਤਾਂ ਨਹੀਂ,
ਇਹ ਭਾਂਬੜ ਜੋ ਬਲਣਗੇ ਹੱਡਾ ਤਾਈਂ,
ਇਹ ਸਾਹਾਂ ਦੇ ਵਿਗੜੇ ਕਾਰੇ ਆ,
ਇਹ ਅੱਖਰ ਤਾਂ ਨਹੀਂ ਅੰਗਾਰੇ ਆ ।

ਇਹ ਬਹਾਦਰ ਸਿਪਾਹੀਆਂ ਦੀਆਂ ਫੌਜਾਂ ਨੇ,
ਇਹ ਹਿੰਮਤਾਂ ਦੇ ਹੀ ਖੜੇ ਸਹਾਰੇ ਆ,
ਜਿੰਨ੍ਹੀ ਕੁ ਮੈਨੂੰ ਸਮਝ ਆ,
ਇਹ ਅੱਖਰ ਤਾਂ ਨਹੀਂ ਅੰਗਾਰੇ ਆ ।

ਜੋ ਲੁਫ਼ਤ ਮੰਨਣ ਸਜਾਵਾਂ ਦੀ,
ਦਗਾ ਚੋਟ ਦੇ ਦਰਦ ਤੋਂ ਵੀ ਵੱਡਾ ਹੈ।
ਜਰ ਕੇ ਹਨੇਰੀ ਝੱਖੜ ਨੂੰ
ਇਹਨਾਂ ਲਈ ਚੁੱਪ ਰਹਿਣਾ ਖ਼ਤਰਾ ਵੱਡਾ ਹੈ।
ਹੌਂਸਲੇ ਵੱਡੇ ਇਨ੍ਹਾਂ ਦੇ,
ਜੋ ਮਰੇ ਆਪ ਨਹੀਂ ਗਏ ਮਾਰੇ ਆ,
ਜਿੰਨ੍ਹੀ ਕੁ ਸੁੱਧ ਬੁੱਧ ਮੈਨੂੰ ਆ ,
ਇਹ ਅੱਖਰ ਤਾਂ ਨਹੀਂ ਅੰਗਾਰੇ ਆ ।

ਮਾਂ ਲਾਡਾਂ ਨਾਲ ਖਿਡਾਵੇ ਬੱਚਿਆਂ ਨੂੰ,
ਤੇ ਕਈ ਮਾਵਾਂ ਨੇ ਪੁੱਤ ਵੀ ਵਾਰੇ ਆ,
ਜਿੰਨ੍ਹੀ ਕੁ ਮੈਨੂੰ ਸੁੱਧ ਬੁੱਧ ਆ,
ਇਹ ਅੱਖਰ ਤਾਂ ਨਹੀਂ ਅੰਗਾਰੇ ਆ ।

ਤੜਫ਼ ਜਿਵੇਂ ਸੱਟ 'ਤੇ ਲੂਣ ਡੁੱਲ੍ਹੇ,
ਤੱਤੀ ਰੇਤ 'ਚ ਪੀਡੇ ਜਿਹਨਾਂ ਬਾਲੇ ਆ,
ਧਰਤੀ 'ਚ ਲਹੂ ਰਚਿਆ ਸੀ,
ਅਜੇ 84 ਦੇ ਬਦਲ ਵੀ ਉਧਾਰੇ ਆ।
ਜਿੰਨ੍ਹੀ ਕੁ ਮੈਨੂੰ ਸੁੱਧ ਬੁੱਧ ਆ,
ਇਹ ਅੱਖਰ ਤਾਂ ਨਹੀਂ ਅੰਗਾਰੇ ਆ ।

ਰਸ਼ਮੀਨ ਕੌਰ
ਬੀ.ਏ (ਭਾਗ ਦੂਜਾ)

ਔਰਤ

ਫੁੱਟੀ ਲੋਅ ਸਵੇਰਾ ਹੋਇਆ।
ਚਾਨਣ ਚਾਰ ਚੁਫੇਰਾ ਹੋਇਆ।

ਤੁਰ ਪਈ ਮੁਟਿਆਰ ਕੱਲੀ।
ਪੈਸਾ ਪੈਸਾ ਮੰਗਣ ਚੱਲੀ।

ਤੱਕਣ ਉਸਨੂੰ ਨੈਣਾਂ ਵਾਲੇ।
ਧੀਆਂ ਵਾਲੇ, ਭੈਣਾਂ ਵਾਲੇ।
ਲੱਗਦੀ ਸੀ ਉਹ ਹੀਰ ਸਲੇਟੀ।
ਹੈ ਪਰ ਲੀਰਾਂ ਵਿਚ ਪਲੇਟੀ।

ਮੰਦਿਰ ਅੱਗਿਓ ਲੰਘਣ ਲੱਗੀ।
ਇੱਕ ਬਾਬੂ ਤੋਂ ਮੰਗਣ ਲੱਗੀ।
ਬਾਬੂ ਜੀ ਇੱਕ ਪੈਸਾ ਦੇ ਦੋ।
ਪੈਸਾ ਦੇ ਦੋ, ਪੈਸਾ ਦੇ ਦੋ।

ਪੈਰ ਉਸਦੇ ਫੜ ਕੇ ਬਹਿ ਗਈ।
ਪੇਟ ਦੀ ਖਾਤਿਰ ਅੜ ਕੇ ਬਹਿ ਗਈ।

ਮਨ ਦੇ ਵਿਚ ਬਾਬੂ ਲਲਚਾਇਆ।
ਮੋਢਿਆਂ ਫੜ ਉਸਨੂੰ ਉਠਾਇਆ।

ਸਿਰ ਤੋਂ ਲੈ ਕੇ ਪੈਰਾਂ ਤਾਹੀਂ ਤੱਕਿਆ।
ਫਿਰ ਥੋੜ੍ਹਾ ਜਿਹਾ ਹੱਸਿਆ।

ਪੈਸੇ ਦੇ ਲਾਲਚ ਵਿਚ ਆ ਗਈ।
ਮੰਦਰ ਦੇ ਪਿਛਵਾਤੇ ਆ ਗਈ।
ਮੰਦਰ ਵਿਚ ਕੋਈ ਸੰਖ ਵਜਾਵੇ।
ਰਾਮ ਨਾਮ ਦੇ ਸੋਹਲੇ ਗਾਵੇ।
ਪੂਜਾ ਕਰੇ ਸਮੱਗਰੀ ਪਾਵੇ।
ਉਧਰ ਸੀਤਾ ਲੁੱਟੀ ਜਾਵੇ।
ਜਿਨ੍ਹਾਂ ਸਾਡੇ ਸੰਸਾਰ ਨੂੰ ਜਣਿਆ।
ਨਾਨਕ ਜਿਹੇ ਅਵਤਾਰ ਨੂੰ ਜਣਿਆ।

ਊਧਮ ਤੇ ਕਰਤਾਰ ਨੂੰ ਜਣਿਆ।
ਭਗਤ ਸਿੰਘ ਸਰਦਾਰ ਨੂੰ ਜਣਿਆ।

ਐਸਾ ਜਬਰ ਤੇ ਗੁੱਸਾ ਖਾ ਗਈ।
ਭੱਜ ਗਈ ਗੱਡੀ ਥੱਲੇ ਆ ਗਈ।
ਫੁੱਲ ਗਈ ਉਹ ਜਾਨ ਦੇ ਉੱਤੇ।
ਲਾਹਨਤ ਹੈ ਹਿੰਦੋਸਤਾਨ ਦੇ ਉੱਤੇ।

ਸੰਦੀਪਕੌਰ
ਬੀ.ਏ (ਭਾਗ ਤੀਜਾ)

ਸਫ਼ਰ

ਫੁੱਲਾਂ ਦੀ ਮਹਿਕ ਲੈਣੀ ਜੇ
ਕੰਡਿਆਂ ਵਿੱਚ ਰੁੱਲਣਾ ਪੈਂਦਾ ਏ।
ਕਿਸੇ ਦੂਜੇ ਨੂੰ ਸਮਝਾਣ ਲਈ
ਪਹਿਲਾਂ 'ਮੈਂ' ਨੂੰ ਭੁੱਲਣਾ ਪੈਂਦਾ ਏ।

ਬੁੱਲ੍ਹੇ ਸ਼ਾਹ ਇੱਥੇ ਸਭ ਮੁਸਾਫ਼ਿਰ
ਕਿਸੇ ਨਾ ਇੱਥੇ ਰਹਿਣਾ
ਆਪੋ ਆਪਣੀ ਵਾਟ ਮੁਕਾ ਕੇ
ਸਭ ਨੂੰ ਮੁੜਨਾ ਪੈਣਾ।

ਬਲਜੀਤ ਕੌਰ
ਬੀ.ਏ (ਭਾਗ ਦੂਜਾ)

ਅਨਮੋਲ ਵਿਚਾਰ

- ❖ ਇਹ ਮਹੱਤਵ ਨਹੀਂ ਰੱਖਦੀ ਕਿ ਤੁਹਾਡੀ ਉਮਰ ਕਿੰਨੀ ਹੈ। ਮਹੱਤਵਪੂਰਨ ਤਾਂ ਇਹ ਹੈ ਕਿ ਤੁਸੀਂ ਕਿਸ ਉਮਰ ਵਾਲੀ ਸੋਚ ਰੱਖਦੇ ਹੋ।
- ❖ ਚੰਗਾ ਦੋਸਤ ਉਹ ਨਹੀਂ ਹੁੰਦਾ ਜਿਹੜਾ ਤੁਹਾਡੇ ਲਈ ਮਰਨ ਵਾਸਤੇ ਤਿਆਰ ਹੋਜੇ, ਸਗੋਂ ਉਹ ਹੁੰਦਾ ਜੋ ਤੁਹਾਨੂੰ ਵੀ ਮਰਨ ਤੋਂ ਬਚਾ ਲਵੇ।

ਨਵਪ੍ਰੀਤ ਕੌਰ
ਬੀ.ਏ (ਭਾਗ ਦੂਜਾ)

ਹੱਸ ਗੁੱਲੇ

- ❖ ਹਵਾਲਦਾਰ : ਜਨਾਬ, ਅਸੀਂ ਸ਼ਰਾਬ ਨਾਲ ਭਰਿਆ ਟਰੱਕ ਫੜ ਲਿਆ ਹੈ।

ਇੰਸਪੈਕਟਰ : ਸ਼ਾਬਾਸ਼! ਬਹੁਤ ਵਧੀਆ।

ਹਵਾਲਦਾਰ : ਅੱਗੇ ਕੀ ਹੁਕਮ ਹੈ, ਜਨਾਬ ?

ਇੰਸਪੈਕਟਰ : ਹੁਣ ਇੱਕ ਟਰੱਕ ਸੋਢੇ ਅਤੇ ਇੱਕ ਟਰੱਕ ਨਮਕੀਨ ਦਾ ਵੀ ਫੜ ਲੋ।

- ❖ ਚਾਹੇ ਮਹਿਮਾਨ ਨਾਲ ਜਿੰਨੀਆਂ ਗੱਲਾਂ ਘਰ ਵਿਚ ਕਰ ਲਵੋ ਪਰ ਜਦੋਂ ਤੱਕ ਦਰਵਾਜ਼ੇ (ਗੇਟ) ਫੜ ਕੇ, ਸੜਕ ਤੇ ਖੜ੍ਹੇ ਹੋ ਕੇ
ਅੱਧਾ ਘੰਟਾ ਗੱਲ ਨਾ ਕਰੋ ਉਦੋਂ ਤੱਕ ਮਹਿਮਾਨ ਨਵਾਜ਼ੀ ਅਧੂਰੀ ਹੀ ਰਹਿੰਦੀ ਹੈ।
- ❖ *ਭਾਈ ਭੈਣ ਦਾ ਰਿਸ਼ਤਾ ਹੀ ਅਲੱਗ ਹੁੰਦਾ ਹੈ”
ਇੱਕ ਦੂਸਰੇ ਨੂੰ ਕਿਡਨੀ ਦੇ ਦੇਣਗੇ
ਪਰ ਟੀ.ਵੀ ਦਾ ਰਿਮੋਟ ਨਹੀਂ ਦੇਣਗੇ ।

ਸੰਜਨਾ
ਬੀ.ਏ (ਭਾਗ ਦੂਜਾ)

ਹੱਡਬੀਤੀ-ਜੱਗਬੀਤੀ

1947 ਦੀ ਵੰਡ ਸੁਣਕੇ ਰੂਹ ਕੰਬ ਉੱਠਦੀ ਹੈ। ਸਦੀਆਂ ਤੋਂ ਜਿੱਥੇ ਰਹਿੰਦੇ ਸੀ ਲੋਕ ਉਹ ਜਗ੍ਹਾ ਪਲਾਂ ਵਿਚ ਪਰਾਈ ਹੋ ਗਈ। ਨਾ ਹਿੰਦੂ, ਨਾ ਮੁਸਲਮਾਨ, ਕਿਸੇ ਨੂੰ ਇਹ ਵੰਡ ਮਨਜ਼ੂਰ ਨਹੀਂ ਸੀ। ਇਤਿਹਾਸ ਦੇ ਪੰਨੇ ਗਵਾਹ ਹਨ ਕਿ ਜਦ-ਜਦ ਵੀ ਰਾਜਨੀਤਿਕ ਲੜਾਈਆਂ ਹੋਈਆਂ ਅਕਸਰ ਆਮ ਲੋਕ ਹੀ ਪਿਸਦੇ ਰਹੇ ਹਨ। ਮੇਰੇ ਨਾਨੀ ਮੈਨੂੰ ਅਕਸਰ ਉਸ ਵੇਲੇ ਦੀਆਂ ਕਹਾਣੀਆਂ ਸੁਣਾਉਂਦੇ ਹੁੰਦੇ ਹਨ ਕਿਵੇਂ ਨਾਨੀ ਦੇ ਮਾਤਾ-ਪਿਤਾ ਅਤੇ ਹੋਰ ਰਿਸ਼ਤੇਦਾਰ ਉਸ ਦੌਰ ਵਿਚੋਂ ਗੁਜ਼ਰੇ ਸਨ। ਇਸ ਪੰਨੇ ਤੇ ਮੈਂ ਆਪਣੀ ਨਾਨੀ ਦੀਆਂ ਗੱਲਾਂ ਜ਼ਰੂਰ ਉਤਾਰਨਾ ਚਾਹੁੰਦੀ ਹਾਂ, ਜੋ ਉਹਨਾਂ ਨੇ ਮੈਨੂੰ ਕਈ ਵਾਰੀ ਸੁਣਾਈਆਂ ਹਨ।

ਮੇਰੇ ਨਾਨੀ ਅਤੇ ਉਨ੍ਹਾਂ ਦਾ ਪਰਿਵਾਰ 1947 ਈ. ਦੀ ਵੰਡ ਤੋਂ ਪਹਿਲਾਂ ਸੁਲਤਾਨ ਸ਼ਹਿਰ ਵਿਖੇ ਰਹਿੰਦੇ ਸਨ। ਮੇਰੀ ਨਾਨੀ ਦੇ ਤਾਇਆ ਜੀ ਦਾ ਪਰਿਵਾਰ ਅਤੇ ਹੋਰ ਰਿਸ਼ਤੇਦਾਰ ਜ਼ਿਲ੍ਹਾ ਡੰਗ ਇਸਮਾਇਲ ਥਾਂ ਦੇ ਇੱਕ ਪਿੰਡ ਪਨਿਆਲਾ ਵਿਖੇ ਰਹਿੰਦੇ ਸਨ। ਉਹ ਸਭ ਦੇ ਮਹੀਨੇ ਪਹਿਲਾਂ ਹੀ ਜਦੋਂ ਕੋਈ ਦੰਗੇ ਫਸਾਦ ਵੀ ਨਹੀਂ ਹੋਏ ਸਨ, ਅੰਮ੍ਰਿਤਸਰ ਆ ਗਏ ਸਨ ਤੇ ਮੇਰੇ ਪੜਨਾਨਾ ਜੀ ਉਸ ਸਮੇਂ ਫੌਜ ਵਿਚ ਭਰਤੀ ਸਨ। ਸਮਾਂ ਰਹਿੰਦੇ ਹੀ ਸੁਲਤਾਨ ਸ਼ਹਿਰ ਵਿਚੋਂ ਨਿਕਲ ਨਹੀਂ ਪਾ ਰਹੇ ਸਨ। ਮੇਰੀ ਨਾਨੀ ਜੀ ਕੇਵਲ ਉਸ ਸਮੇਂ ਅੱਠ ਮਹੀਨਿਆਂ ਦੇ ਸਨ। ਉਸੇ ਅਗਸਤ ਮਹੀਨੇ ਦਾ ਦੌਰ ਚੱਲ ਰਿਹਾ ਸੀ। ਰਾਤ ਦੇ ਨੌਂ ਵਜੇ ਹੋਏ ਸੀ। ਮੇਰੀ ਨਾਨੀ ਦੇ ਪਰਿਵਾਰ ਨੇ ਅਜੇ ਰੋਟੀ ਹੀ ਖਾਧੀ ਸੀ ਕਿ ਬਾਹਰੋਂ ਗੋਲੀ ਚੱਲਣ ਦੀ ਆਵਾਜ਼ ਆਈ ਤੇ ਇੱਕੋ ਦਮ ਭਾਜੜਾਂ ਪੈ ਗਈਆਂ। ਜਿੰਨਾ ਜਲਦੀ ਹੋ ਸਕੇ ਹਿੰਦੂ ਤੇ ਸਿੱਖ ਭਾਰਤ ਲਈ ਨਿਕਲ ਜਾਓ। ਗੁੰਡੇ ਤੇ ਡਕੈਡੀ ਆਮ ਲੋਕਾਂ ਦੇ ਖੂਨ ਦੇ ਪਿਆਸੇ ਹੋ ਗਏ ਸਨ। ਇਸ ਖ਼ਤਰਨਾਕ ਮਾਹੌਲ ਵਿਚੋਂ ਸਹੀ ਸਲਾਮਤ ਨਿਕਲਣਾ ਮੇਰੇ ਨਾਨੀ ਦੇ ਪਰਿਵਾਰ ਲਈ ਜ਼ਿੰਦਗੀ ਦੀ ਸਭ ਤੋਂ ਵੱਡੀ ਚੁਣੌਤੀ ਸੀ। ਮੇਰੀ ਪੜਨਾਨੀ ਨੇ ਆਪਣਾ ਦਸ ਤੋਲੇ ਸੋਨੇ ਦਾ ਹਾਰ ਪਹਿਲਾਂ ਹੀ ਰਜਾਈ ਵਿਚ ਸਿਉਂਕੇ ਰੱਖਿਆ ਹੋਇਆ ਸੀ। ਉਨ੍ਹਾਂ ਨੇ ਸੋਚਿਆ ਘੱਟ ਤੋਂ ਘੱਟ ਕੱਪੜੇ ਤਾਂ ਲੈ ਕੇ ਹੀ ਜਾਵਾਂਗੇ ਪਰ ਉਹ ਰਜਾਈ, ਉਹ ਰਾਤ ਜਿੱਥੇ ਸੀ ਉੱਥੇ ਹੀ ਰਹਿ ਗਈ। ਮੇਰੇ ਨਾਨੀ ਦੇ ਵੱਡੇ ਵੀਰ ਉਸ ਸਮੇਂ 12 ਸਾਲਾਂ ਦੇ ਸਨ। ਉਨ੍ਹਾਂ ਨੇ ਬੜੇ ਚਾਵਾਂ ਨਾਲ ਤੋਤਾ ਪਾਲਿਆ ਹੋਇਆ ਸੀ। ਘਰ ਵਿਚ ਉਠ ਬੰਨ੍ਹਿਆ ਹੋਇਆ ਸੀ। ਮੱਝਾਂ-ਗਾਵਾਂ ਸਭ ਘਰ ਬੰਨੀਆਂ ਹੀ ਰਹਿ ਗਈਆਂ। ਲਾਹੌਰ ਤੋਂ ਅੰਮ੍ਰਿਤਸਰ ਲਈ ਰੇਲ-ਗੱਡੀ ਚੱਲਦੀ ਸੀ। ਨਾਨੀ ਜੀ ਦਾ ਪਰਿਵਾਰ ਦੋ ਦਿਨ ਤੱਕ ਚਰੀਆਂ (ਖੇਤਾਂ) ਵਿਚ ਲੁਕਿਆ ਰਿਹਾ। ਖੂਨ ਦੀਆਂ ਨਦੀਆਂ ਵੱਗ ਰਹੀਆਂ ਸੀ। ਪਾਣੀ ਦੇ ਖੂਹ ਉੱਪਰ ਤੱਕ ਲਾਸ਼ਾਂ ਨਾਲ ਭਰੇ ਪਏ ਸਨ। ਮੇਰੇ ਪੜਨਾਨਾ ਜੀ ਦੀ ਤਰ੍ਹਾਂ ਹੋਰ ਫੌਜੀ ਵੀ ਆਪਣੇ ਪਰਿਵਾਰ ਦੀ ਸੰਭਾਲ ਵਿਚ ਰੁੱਝੇ ਹੋਏ ਸਨ। ਉਸ ਸਮੇਂ ਬਹੁਤ ਸਾਰੇ ਸੀਨੀਅਰ ਪੁਲਿਸ ਅਫ਼ਸਰ ਵੀ ਛੁੱਟੀ 'ਤੇ ਸਨ ਅਤੇ ਹਾਲਾਤ ਵੀ ਇੰਨੇ ਜ਼ਿਆਦਾ ਖਰਾਬ ਹੋ ਚੁੱਕੇ ਸਨ ਕਿ ਫੌਜੀਆਂ ਲਈ ਵੀ ਸੰਭਾਲਣਾ ਔਖਾ ਹੋ ਗਿਆ ਸੀ। ਮੇਰੇ ਨਾਨੀ ਦੇ ਵੱਡੇ ਵੀਰ ਜੀ ਦੇ ਕੇਸ ਰੱਖੇ ਹੋਏ ਸਨ। ਪੜਨਾਨੀ ਨੇ ਤੌਲੀਏ ਨਾਲ ਉਨ੍ਹਾਂ ਦੇ ਕੇਸਾਂ ਨੂੰ ਲੁਕੋਇਆ ਹੋਇਆ ਸੀ ਕਿਉਂਕਿ ਡਕੈਤੀ ਸਿੱਖਾਂ ਦੇ ਸਿਰ ਵੱਢ ਰਹੇ ਸਨ। ਇਨ੍ਹਾਂ ਹਾਲਾਤਾਂ ਵਿਚੋਂ ਨਿਕਲ ਕੇ ਪਰਿਵਾਰ ਨੇ ਰੇਲਗੱਡੀ ਫੜੀ। ਉਨ੍ਹਾਂ ਕੋਲ ਖਾਣ ਨੂੰ ਕੁਝ ਵੀ ਨਹੀਂ ਸੀ। ਬੂਟ ਪਾਲਸ ਵਾਲੀ ਡੱਬੀ ਵਿਚ ਗੰਦੇ ਖੂਨ ਵਾਲਾ ਪਾਣੀ ਪੀ-ਪੀ ਕੇ ਗੁਜ਼ਾਰਾ ਕੀਤਾ। ਰੇਲਗੱਡੀ ਵਿਚ ਕੁਝ ਸ਼ਰਾਰਤੀ ਅਤੇ ਇਨਸਾਨੀਅਤ ਦੇ ਦੁਸ਼ਮਣ ਲੋਕ ਕੱਦੂ ਅਤੇ ਸੰਤਰਿਆਂ ਵਿਚ ਜ਼ਹਿਰ ਦੇ ਟੀਕੇ ਲਾ ਕੇ ਹਿੰਦੂ ਅਤੇ ਸਿੱਖਾਂ ਨੂੰ ਦਿੰਦੇ ਸਨ। ਕਈ ਆਮ ਲੋਕੀ ਭੁੱਖ ਨਾਲ ਮਰ ਗਏ ਅਤੇ ਕਈ ਜ਼ਹਿਰ ਭਰੇ ਫਲ ਖਾ ਕੇ। ਰੇਲ ਗੱਡੀ ਦੀ ਹਾਲਤ ਬਹੁਤ ਮਾੜੀ ਸੀ। ਨਾਨੀ ਜੀ ਦੇ ਪਰਿਵਾਰ ਨੇ ਦੋ ਦਿਨਾਂ ਦਾ ਰੇਲਗੱਡੀ ਦਾ ਸਫ਼ਰ ਦਸ ਦਿਨਾਂ ਵਿਚ ਪੂਰਾ ਕੀਤਾ। ਮੇਰੀ ਨਾਨੀ ਨੂੰ ਪੜਨਾਨੀ ਨੇ ਬਹੁਤ ਮੁਸ਼ਕਿਲ ਨਾਲ ਬਚਾਇਆ। ਉਸ ਸਮੇਂ ਹਾਲਾਤ ਇੰਨੇ ਜ਼ਿਆਦਾ ਵਿਗੜ ਗਏ ਸਨ ਕਿ ਕਈ ਲੋਕਾਂ ਨੇ ਆਪਣੀਆਂ ਨਵ-ਜੰਮੀਆਂ ਬੱਚੀਆਂ ਸੁੱਟ ਦਿੱਤੀਆਂ ਸਨ। ਨਾਨੀ ਜੀ ਦਾ ਪਰਿਵਾਰ ਦੁਸ਼ਹਿਰੇ ਵਾਲੇ ਦਿਨ ਅੰਮ੍ਰਿਤਸਰ ਪਹੁੰਚਿਆ। ਦੋ ਮਹੀਨਿਆਂ ਤੱਕ ਉਹ ਕੈਂਪ ਵਿਚ ਰਹੇ। ਇਸ ਤੋਂ ਬਾਅਦ ਉਨ੍ਹਾਂ ਨੂੰ ਨਵੇਂ ਕੋਰਟ, ਡੈਮ ਗੰਜ ਦੀ ਪਹਿਲੀ ਗਲੀ ਵਿਚ ਪਹਿਲਾ ਮਕਾਨ ਮਿਲਿਆ ਸੀ। ਪੜਨਾਨਾ ਜੀ, ਜੋ ਪਾਕਿਸਤਾਨ ਵਿਚ ਇੱਕ ਫੌਜੀ ਸਨ, ਨੇ ਅੰਮ੍ਰਿਤਸਰ ਆ ਕੇ ਦਰਜੀ ਦਾ ਕੰਮ ਸ਼ੁਰੂ ਕਰ ਲਿਆ। ਨਾਨੀ ਜੀ ਨੇ ਦੱਸਿਆ ਕਿ ਸੁਲਤਾਨ ਵਿਖੇ ਉਨ੍ਹਾਂ ਪਰਿਵਾਰ ਦੀ ਆਰਥਿਕ ਸਥਿਤੀ ਬਹੁਤ ਵਧੀਆ ਸੀ। ਉਨ੍ਹਾਂ ਕੋਲ ਚੰਗੀ ਜ਼ਮੀਨ ਸੀ। ਨੌਕਰੀ ਸੀ। ਮੱਝਾਂ-ਗਾਵਾਂ ਸਨ ਪਰ ਦੇਸ਼ ਦੀ ਵੰਡ ਤੋਂ ਬਾਅਦ ਸਭ ਉੱਥੇ ਹੀ ਛੁੱਟ ਗਿਆ। ਉਨ੍ਹਾਂ ਨੂੰ ਇੱਕ ਨਵੀਂ ਸ਼ੁਰੂਆਤ ਕਰਨੀ ਪਈ ਜੋ ਕਿ ਸੌਖੀ ਨਹੀਂ ਸੀ। ਨਾਨੀ ਜੀ ਨੇ ਇਹ ਵੀ ਦੱਸਿਆ ਕਿ ਉਹਨਾਂ ਨੇ ਦੱਸ ਤੋਂ ਜ਼ਿਆਦਾ ਦਿਨ ਇਕੋ ਜੇੜੀ ਕੱਪੜੇ

ਪਹਿਨ ਕੇ ਗੁਜ਼ਾਰਾ ਕੀਤਾ। ਸਭ ਪਸੀਨੇ ਨਾਲ ਭਿੱਜੇ ਹੋਏ ਸਨ। ਕੱਪੜਿਆਂ ਵਿਚੋਂ ਬਹੁਤ ਗੰਦੀ ਬਦਬੂ ਆ ਰਹੀ ਸੀ। ਮੇਰੇ ਪੜਨਾਨਾ ਜੀ ਲਈ ਆਪਣਾ ਜੱਦੀ ਘਰ ਛੱਡਣਾ ਬਹੁਤ ਔਖਾ ਲੱਗਿਆ। ਇੱਕ ਪਲ ਵਿਚ ਉਹ ਸਭ ਕੁਝ ਪਰਾਇਆ ਹੋ ਗਿਆ ਸੀ ਜੋ ਕਦੇ ਉਹਨਾਂ ਨੇ ਬੜੀ ਮਿਹਨਤ ਨਾਲ ਸਜਾਇਆ ਸੀ।

ਅੰਸ਼ਿਕਾ ਸੱਚਦੇਵਾ
ਬੀ.ਏ (ਭਾਗ ਪਹਿਲਾ)

ਭਾਰਤੀ ਕਿਸਾਨ ਦਾ ਜੀਵਨ

***ਜਾਣ-ਪਛਾਣ :-** ਭਾਰਤ ਖੇਤੀਬਾੜੀ ਪ੍ਰਧਾਨ ਦੇਸ਼ ਹੈ। ਇਸਦੇ 80× ਲੋਕ ਪਿੰਡਾਂ ਵਿਚ ਵੱਸਦੇ ਹਨ ਅਤੇ ਖੇਤੀਬਾੜੀ ਉੱਤੇ ਨਿਰਭਰ ਹਨ। ਭਾਰਤੀ ਕਿਸਾਨ ਸਾਰੇ ਦੇਸ਼ ਦੇ ਲੋਕਾਂ ਲਈ ਅੰਨ ਉਪਜਾਉਂਦਾ ਹੈ। ਉਹ ਬੜਾ ਮਿਹਨਤੀ ਜੀਵਨ ਗੁਜ਼ਾਰਦਾ ਹੈ। ਉਹ ਬਹੁਤ ਸਵੇਰੇ ਉੱਠਦਾ ਹੈ ਅਤੇ ਤਾਰਿਆਂ ਦੀ ਲੋਅ ਵਿਚ ਆਪਣੇ ਬਲਦਾਂ ਨੂੰ ਲੈ ਕੇ ਖੇਤਾਂ ਵਿਚ ਹੱਲ ਚਲਾਉਣ ਲਈ ਪਹੁੰਚ ਜਾਂਦਾ ਹੈ। ਉਹ ਸਾਰਾ ਦਿਨ ਖੇਤਾਂ ਵਿਚ ਕੰਮ ਕਰਦਾ ਹੈ। ਕਿਸੇ ਵੇਲੇ ਹੱਲ ਚਲਾਉਂਦਾ ਹੈ। ਕਿਸੇ ਵੇਲੇ ਗੋਡੀ ਕਰਦਾ ਹੈ। ਕਿਸੇ ਵੇਲੇ ਖੇਤਾਂ ਨੂੰ ਪਾਣੀ ਦਿੰਦਾ ਹੈ। ਕਿਸੇ ਵੇਲੇ ਖਾਦ ਪਾਉਂਦਾ ਹੈ। ਕਿਸੇ ਵੇਲੇ ਖੇਤਾਂ ਦੀਆਂ ਵੱਟਾਂ ਪੋਚਦਾ ਹੈ। ਉਸਨੂੰ ਦੁਪਹਿਰ ਵੇਲੇ ਘਰ ਜਾ ਕੇ ਰੋਟੀ ਖਾਣ ਦਾ ਵੀ ਵਿਹਲ ਨਹੀਂ ਮਿਲਦਾ। ਉਸ ਲਈ ਦੁਪਹਿਰ ਦਾ ਭੋਜਨ ਉਸਦੀ ਵਹੁਟੀ ਜਾਂ ਸੀਰੀ ਲੈ ਕੇ ਆਉਂਦਾ ਹੈ। ਉਹ ਸਾਰਾ ਦਿਨ ਕੰਮ ਕਰਕੇ ਸ਼ਾਮੀ ਘਰ ਜਾਂਦਾ ਹੈ ਤਾਂ ਆਪਣੇ ਡੰਗਰਾਂ ਲਈ ਘਾਹ ਦੀ ਪੰਡ ਸਿਰ 'ਤੇ ਚੁੱਕ ਕੇ ਲੈ ਜਾਂਦਾ ਹੈ।

***ਕਰੜੀ ਮਿਹਨਤ ਪਰ ਗਰੀਬੀ ਵਾਲਾ ਜੀਵਨ:-** ਇੰਨੀ ਸਖ਼ਤ ਮਿਹਨਤ ਕਰਨ ਉੱਤੇ ਵੀ ਭਾਰਤੀ ਕਿਸਾਨ ਬੜਾ ਗਰੀਬੀ ਵਾਲਾ ਜੀਵਨ ਬਿਤਾਉਂਦਾ ਹੈ। ਉਹ ਹਮੇਸ਼ਾਂ ਕਰਜ਼ੇ ਦੇ ਭਾਰ ਥੱਲੇ ਦੱਬਿਆ ਰਹਿੰਦਾ ਹੈ। ਪਿੰਡ ਦੇ ਜ਼ਿੰਮੀਦਾਰਾਂ ਜਾਂ ਬੈਂਕ ਤੋਂ ਕਰਜ਼ਾ ਲਏ ਬਿਨਾਂ ਉਸਦਾ ਗੁਜ਼ਾਰਾ ਨਹੀਂ ਹੁੰਦਾ। ਉਸ ਦੀ ਫਸਲ ਦੀ ਅੱਧ ਤੋਂ ਅੱਧ ਕੀਮਤ ਵੱਟ ਕੇ ਕਰਜ਼ੇ ਦਾ ਸੂਦ ਚੁਕਾਉਣ 'ਤੇ ਲੱਗ ਜਾਂਦੀ ਹੈ ਪਰ ਕਰਜ਼ਾ ਉਸ ਦੇ ਸਿਰ ਉੱਤੇ ਰਹਿੰਦਾ ਹੈ। ਜੇਕਰ ਕਿਸੇ ਸਮੇਂ ਫਸਲ ਖਰਾਬ ਹੋ ਜਾਏ ਤਾਂ ਉਸ ਕੋਲੋਂ ਉਸ ਸਾਲ ਦਾ ਸੂਦ ਵੀ ਨਹੀਂ ਚੁਕਾਇਆ ਜਾਂਦਾ।

***ਆਧੁਨਿਕ ਤਕਨੀਕ ਜ਼ਿਆਦਾ ਜ਼ਮੀਨ ਵਾਲੇ ਕਿਸਾਨ ਲਈ ਲਾਹੇਵੰਦ :-** ਇਹ ਠੀਕ ਹੈ ਕਿ ਭਾਰਤ ਦੇ ਕੁਝ ਕਿਸਾਨਾਂ ਨੇ ਖੇਤੀਬਾੜੀ ਦੇ ਨਵੇਂ ਤਰੀਕੇ ਵਰਤ ਕੇ ਆਪਣੀ ਹਾਲਤ ਕੁਝ ਸੰਵਾਰ ਲਈ ਹੈ ਪਰ ਆਧੁਨਿਕ ਤਰੀਕੇ ਕੇਵਲ ਉਹੀ ਕਿਸਾਨ ਵਰਤ ਸਕਦੇ ਹਨ ਜਿਨ੍ਹਾਂ ਕੋਲ ਕਾਫੀ ਜ਼ਮੀਨ ਹੈ ਜਦਕਿ ਇਹੋ ਜਿਹੇ ਕਿਸਾਨ ਭਾਰਤ ਵਿਚ ਬਹੁਤ ਘੱਟ ਹਨ।

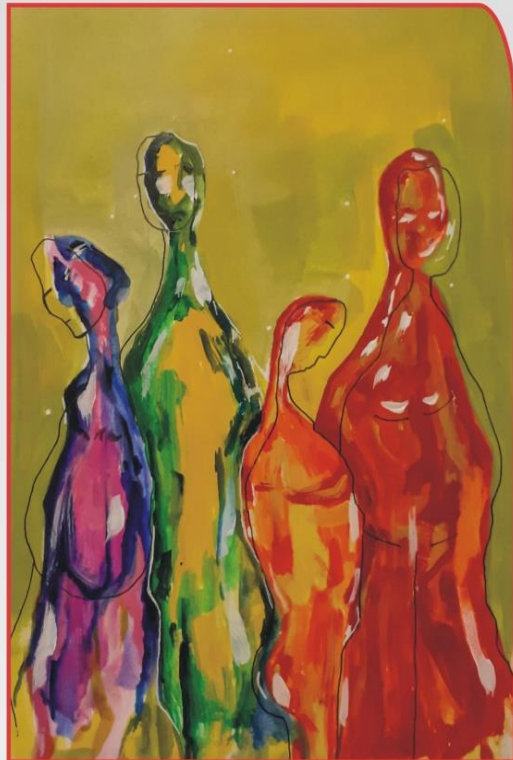
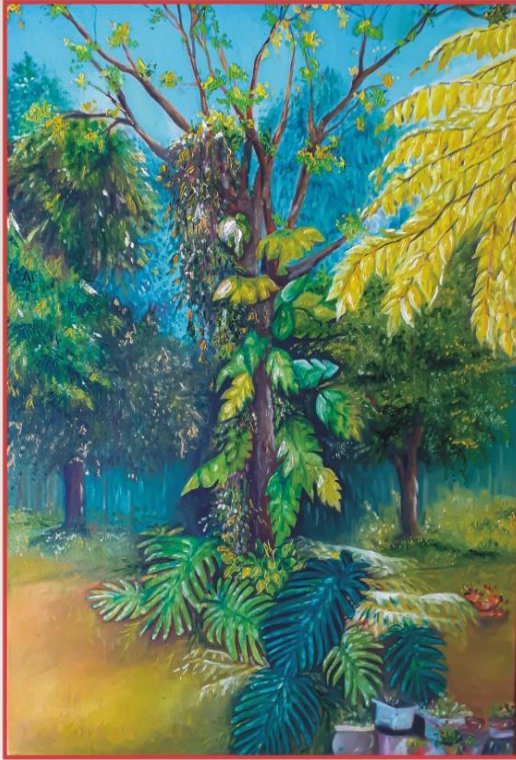
***ਆਧੁਨਿਕ ਤਕਨੀਕ ਵਰਤਣ ਵਾਲਾ ਗਰੀਬ ਕਿਸਾਨ :-** ਜਿਹੜਾ ਕਿਸਾਨ ਖੇਤੀਬਾੜੀ ਦੇ ਆਧੁਨਿਕ ਤਰੀਕੇ ਵਰਤਦਾ ਹੈ। ਉਹ ਵੀ ਅੱਜ ਗਰੀਬ ਹੀ ਹੈ। ਉਸਨੂੰ ਬੜੀ ਮਹਿੰਗੀ ਖਾਦ ਆਪਣੇ ਖੇਤਾਂ 'ਚ ਪਾਉਣੀ ਪੈਂਦੀ ਹੈ। ਟਿਊਬਵੈੱਲ ਲਈ ਬਿਜਲੀ ਦੇ ਖਰਚੇ ਕਰਨੇ ਪੈਂਦੇ ਹਨ। ਕਿਸਾਨ ਬੁਰੀਆਂ ਆਦਤਾਂ ਨਾਲ ਹੋਰ ਵੀ ਗਰੀਬ ਹੁੰਦਾ ਹੈ। ਭਾਰਤੀ ਕਿਸਾਨ ਜਿੱਥੇ ਗਰੀਬ ਹੈ, ਉੱਥੇ ਉਹ ਕਈ ਬੁਰੀਆਂ ਆਦਤਾਂ ਵਿਚ ਫਸ ਕੇ ਹੋਰ ਗਰੀਬ ਹੁੰਦਾ ਜਾ ਰਿਹਾ ਹੈ। ਉਹ ਸ਼ਰਾਬ ਅਤੇ ਹੋਰ ਨਸ਼ਿਆਂ ਦਾ ਸ਼ਿਕਾਰ ਹੋ ਚੁੱਕਾ ਹੈ।

***ਜ਼ਮੀਨਾਂ ਦੇ ਝਗੜੇ :-** ਭਾਰਤੀ ਕਿਸਾਨਾਂ ਨੂੰ ਜ਼ਮੀਨਾਂ ਦੇ ਝਗੜੇ ਵੀ ਨਹੀਂ ਛੱਡਦੇ। ਉਹ ਜ਼ਮੀਨ ਦੇ ਥੋੜੇ ਜਿਹੇ ਝਗੜੇ ਪਿੱਛੇ ਜਾਂ ਖੇਤ ਨੂੰ ਪਾਣੀ ਲਾਉਣ ਦੀ ਵਾਰੀ ਪਿੱਛੇ ਇੱਕ ਦੂਜੇ ਦਾ ਕਤਲ ਵੀ ਕਰ ਦਿੰਦੇ ਹਨ।

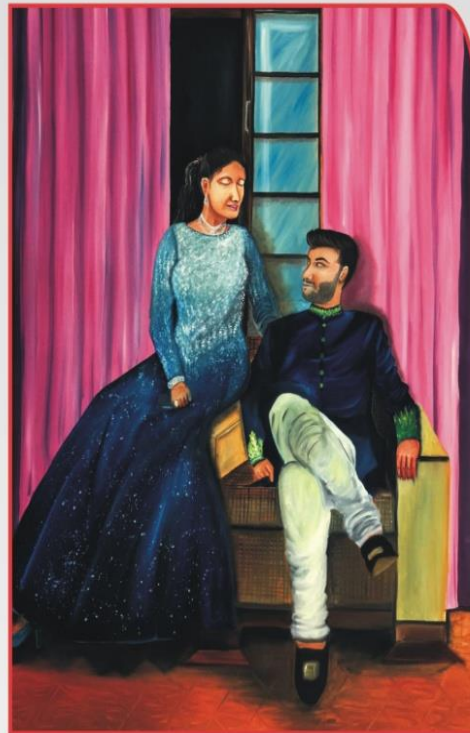
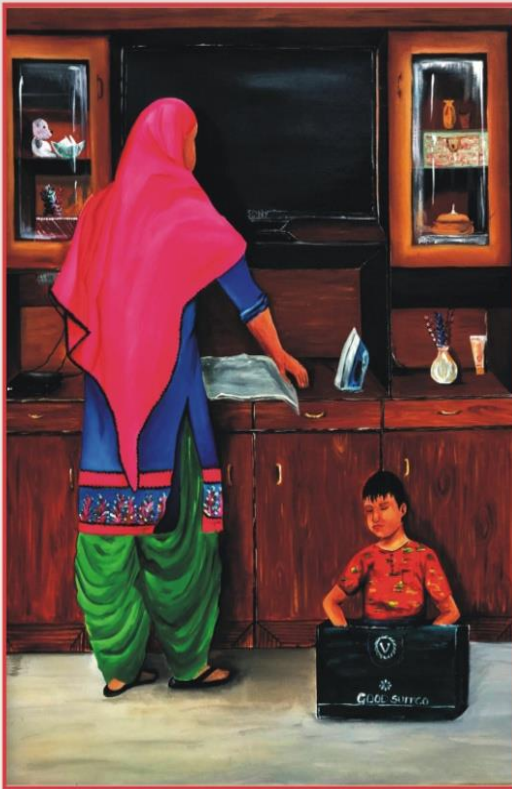
***ਸਰਕਾਰ ਅਤੇ ਲੋਕਾਂ ਦੇ ਫਰਜ਼ :-** ਭਾਰਤ ਸਰਕਾਰ ਅਤੇ ਦੇਸ਼ ਦੇ ਸਭ ਲੋਕਾਂ ਦਾ ਫਰਜ਼ ਹੈ ਕਿ ਉਹ ਕਿਸਾਨਾਂ ਦਾ ਜੀਵਨ ਸੁਧਾਰਨ ਅਤੇ ਉਨ੍ਹਾਂ ਦੀ ਮਾੜੀ ਹਾਲਤ ਚੰਗੀ ਬਣਾਉਣ ਦਾ ਯਤਨ ਕਰਨ। ਸਰਕਾਰ ਵੱਲੋਂ ਉਨ੍ਹਾਂ ਦੀਆਂ ਜ਼ਮੀਨਾਂ ਦਾ ਮਾਮਲਾ ਘਟਾਇਆ ਜਾਵੇ। ਸਰਕਾਰ ਉਨ੍ਹਾਂ ਨੂੰ ਚੰਗੇ ਬੀਜ ਅਤੇ ਚੰਗੀ ਖਾਦ ਘੱਟ ਰੇਟ ਉੱਤੇ ਦੇਣ ਦਾ ਪ੍ਰਬੰਧ ਕਰਨ। ਕਿਸਾਨ ਦੇਸ਼ ਦਾ ਅੰਨਦਾਤਾ ਹੈ। ਕਿਸਾਨ ਆਪ ਭੁੱਖਾ ਨਾ ਮਰੇ।

ਰਸ਼ਨਪ੍ਰੀਤ ਕੌਰ
ਬੀ.ਏ (ਭਾਗ ਦੂਜਾ)

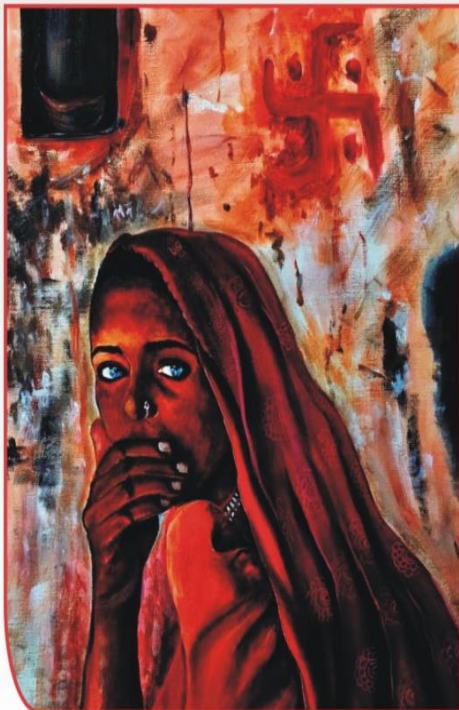
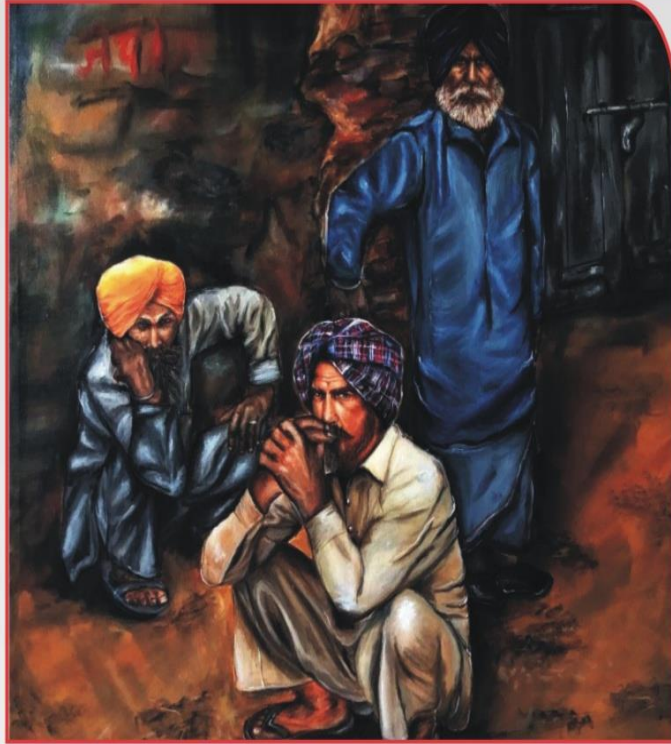
Aesthetic Expressions



Aesthetic Expressions



Aesthetic Expressions



संस्कृत विभाग

विषयानुक्रमिका

क्रम सं.	विषय	लेखक
1	सबला कर्मबला अस्मि	सिल्की
2	संगीतम्	यशश्री
3	चल चल मा तिष्ठ तिष्ठ	कविता
4	संस्कृतभाषायाः वैशिष्ट्यम्	यशश्री
5	गीताया अमूल्यवचनानि	प्रीति
6	संस्कृत भाषा की वर्तमान प्रासंगिकता	माधवी शुक्ला
7	सुभाषितानी	मोहिनी
8	कोरोना काल के संघर्ष में वैदिक एवं लौकिक संस्कृत साहित्य की उपयोगिता	माधवी शुक्ला
9	कोरोना काल में वैदिक एवं लौकिक संस्कृत साहित्य का महत्त्व	कविता
10	कोरोना काल में वैदिक व लौकिक संस्कृत साहित्य में वर्णित जीवन पद्धति का महत्त्व	सिल्की

गुरु शिष्य सम्बन्ध

ॐ सह नावतु ।

सह नौ भुनक्तु ।

सह वीर्यं करवावहै ।

तेजस्वि नावधीतमस्तु ।

मा विद्विषावहै ।



ॐ शान्तिः शान्तिः शान्तिः ॥ (कठोपनिषद्)

अर्थात् सर्वरक्षक परमेश्वर हम (आचार्य) और शिष्य दोनों के साथ—साथ रक्षा करे । हम दोनों का साथ—साथ पालन करे । हम दोनों का साथ—साथ पढ़ा हुआ अध्ययन तेजस्वी हो । हम द्वेष न करें । विविध ताप (आध्यात्मिक, आधिदैविक, आधिभौतिक) की शान्ति हो ।

May God Protect us both together;

May God nourish us both together;

May we work conjointly with great energy;

May our study be vigorous and effective;

May we not mutually dispute;

डॉ. करुणा लेखा

प्राध्यापक सम्पादिका

छात्र सम्पादिका
संगीतम्

जीवनस्य प्रत्येक क्षणे अस्ति संगीतम् ।
हृदयस्य स्पन्दने, नद्याः जले,
पक्षिणः बाणयाम्, अस्माकं हसने,
सर्वस्मिन् अस्ति संगीतम् ।
गायनं वादनं नृत्यं च अस्ति संगीतम् ।।
मेघस्य गर्जने अस्ति संगीतम् ।
वर्षायाः बिन्दुषु अस्ति संगीतम् ।।
जलप्रपाते अस्ति संगीतम् ।
हृदयस्य भाषा अस्ति संगीतम् ।।
जीवने सुखस्य गीतम् अस्ति संगीतम् ।
सर्वस्मिन् वसति संगीतम् ।



यशश्री

बी.ए. II

कोरोना काल में वैदिक एवं लौकिक संस्कृत साहित्य का महत्व

आज के इस वैज्ञानिक युग में मानवीय मूल्यों में बढ़ते क्षण से मानव समाज एवं संस्कृति के समक्ष अनेकों समस्याएं उत्पन्न हो गयी हैं। उतएव मानव-मूल्यों के प्रति उपेक्षा समाज का सबसे बड़ा संकट बना हुआ है। वेद पृथ्वी पर मानव को दिया वह अमूल्य वरदान है जिसमें ज्ञान—विज्ञान के समस्त सम्पदा निहित हैं। मनु ने वेद की महत्ता प्रदर्शित किया है। वेद साखात ब्रह्मा की वाणी है जो मानव जीवन के नैतिक नियमों व मूल्यों को बताता है। वेद हमें जीवन के सार्थक रूप को परिलक्षित करते हैं। वैदिक उद्घात भावनाएं सत्य, आशावाद आदि अनेकों परिकल्पनाएं वेदों में हैं जो मानव को उच्च जीवन जीने की ओर प्रेरित करती हैं, वेद मानव मात्रा के प्रकाश स्तम्भ हैं और शक्ति व ज्ञान के स्रोत हैं जहां वेदों की ज्योति है वहां प्रकाश है सुख है शान्ति है उन्नति और सतत विकास है। वेदों का अध्ययन प्रत्येक व्यक्ति समाज राष्ट्र तथा विश्व की उन्नति का साधन है। विश्व बधुत्व का प्रेरक है और विश्वधर्म का संस्थापक है वेद भारतीय संस्कृति तथा दर्शन का मूल्य स्रोत है वेद मानव मात्र के कर्तव्यबोध का सबसे प्रमाणिक और महत्वपूर्ण धर्मग्रंथ है जिसमें व्यक्ति के कर्तव्य—अकर्तव्य, गुरु शिष्य माता—पिता, पुत्र—पुत्री, व्यक्ति—समष्टि, पाप पुण्य, दया परोपाकर सत्कर्म तथा अतिथि सत्कार आदि को विस्तृत ज्ञान प्राप्त होता है समाज के सभी व्यक्ति सद्भाव, समृद्धि एवं सुखपूर्वक जीवन—यापन कर कसे। इन सबके आधार पर ही शास्त्र और संहिताएं बनीं जो हमारे। सनातन धरोहर हैं। हमारी वाणी सर्वे भवन्तु सुखिनः का उद्देश्य है सभी प्राणी स्वस्थ एवं सुखी हो सबका कल्याण हो।

विद्या हवै ब्राम्हणमाजगाम्।

गोपाय मा शेवधिष्टेदुहमस्मि॥

वर्तमान समय में समग्र विश्व कोरोना महामारी से लड़ रहा है ऐसे में सभी व्यक्ति को इस जग से लड़कर इसको हराना चाहिए, इस महामारी से बचाव के लिए हम स्वयं को अपने परिवार तथा समाज को अनेकों तरह की सावधानियों को अपने जीवनचर्या में शामिल करके कर सकते हैं। आज जब सिर पर घूमता रहा वायरस हमारी मौत बनकर बैठ गया है, तब हम अपने घरों में कैद होने के लिए बाध्य हैं इस महामारी का सबसे अच्छा बचाव सामाजिक दूरी, स्वयं को क्वारेंटाइन करना आदि के साथ—साथ मास्क चेहरे पर पहनकर रखना ताकि संक्रमण से बचे रहे। मास्क द्वारा आपनी नाक तथा मुंह को अच्छे से ढके 20–30 मिनट के बाद 20 सेकन्तक साबुन या पानी से अच्छे से अपने हाथों को धोएं। लोगों से कम से कम 6 फीट की दूरी का अवश्य ध्यान रखें। इन सावधानियों का उपयोग करे हम स्वयं की तथा बाकि लोगों की इस महामारी से रक्षा कर सकते हैं। इन सावधानियों के साथ ही हम अपने ग्रंथों तथा वेदों के मंत्रों का भी उच्चारण करके इसको हम हरा सकते हैं। इसके लिए महामृत्युंजय मंत्र का जाप उपयोगी है जैसे:—

ॐ हौं जूं सः। ॐ भूः भवः स्वः।

ॐ त्रयम्बक यजामहे सुगन्धिं

पुष्टिर्वर्धनम् उर्वारुक भिवं

बन्धनान्मृत्योर्मुक्षीय माऽमृतात्।

स्वः भुवः भवूः ॐ। सः जूं हौं ॐ॥

वैश्विक महामारी के हमेशा मानव जाति को आग्रह किया है कि विश्व प्रकृति के साथ खिलवाड़ न करें। वैश्विक महामारी हमें अपनी पुरानी संस्कृति और सभ्यता की याद दिलाती है। भारतीय संस्कृति में प्रकृति को पूजा जाता है। इस समय विश्व कोरोना महामारी से परेशान है। जिसकी वजह से लॉकडाउन को बहुत से देशों में लागू किया गया। इस लॉकडाउन से प्रकृति पर बहुत अच्छा प्रभाव पड़ है। हवा शुद्ध हुई, पानी शुद्ध हुआ पृथ्वी शुद्ध हुई, आकाश तथा अग्नि भी शुद्ध हुए, पूरे विश्व का पर्यावरण ही स्वच्छ तथा निर्मल हो गया।

द्यौः शान्तिरन्तरिक्षं शान्तिः पृथिवी शान्ति रापः

शानित रोषधयः शान्ति।

वनस्पतयः शान्तिविश्वेदेवा शान्तिर्ब्रह्मं शान्तिः

सर्वशान्तिदेव शान्तिः सामा शान्तिरेधि ।

कोरोना महामारी की वजह से लोग हाथ ही मिला रहे, गले नहीं मिल रहे, साफ सफाई का ध्यान खख रहे, और नमस्ते प्रणाम को अपना रहें हैं। प्रत्येक धर्म के लोगों को अपने —अपने ईश्वर के प्रति आस्था बढ़ रही है। इस महामारी ने लोगों के मध्य ईश्वर के प्रति लगाव तथा धर्म गंधों जैसे वेद, पुराण, रामायण महाभारत, कृष्णलीला, गीता आदि के प्रति लोगों का बड़े स्तर पर झुकाव तथा जागरूकता बढ़ी है। भारत के प्रधानमंत्री श्री नरेंद्र मोदी जी के आह्वान पर सर्वप्रथम लोगों ने डॉक्टरों नर्सों, सफाई कर्मचारियों के धन्यवाद हेतु ताली, थाली घंटी, शंख आदि की ध्वनि से 5 मिनट तक अभिवादन किया। इसके पश्चात 05 अप्रैल 2020 रविवार को सभी लोगों ने रात्रि 9 बजे 9 मिनट तक अपने घरों के दरवाजे बालकनी, खिड़की, छत आदि जगहों पर दिया जलाकर टोर्च जलाकर मौमबती जलाकर कोरोना के खिलाफ सेवा दे रहे लोगों का आभार प्रकट किया। ताकि इस बीमारी की जंग को जीती जा सके। भारत के पूर्व प्रधानमंत्री स्व अटल बिहारी वाजपेयी जी की कविता “आओ दिया जलाएं” को लोगों ने सब गुनगुनाया तनाव नकारात्मकता का प्रतीक है। तनाव अंधकारा पान के लिए ही दीपमाला की गई थी।?

असतो माँ सदगमय तमसो मा ।

ज्योतिर्गमय । मृत्योर्मांमृतं गमय ।

इस जंग से जीत के लिए लगातार अनथक प्रयास किए जा रहे इस वैश्विक महामारी से समग्र विश्व प्रभावित है। इससे हमें डरना नहीं बल्कि डँटकर मुकाबला करना है ताकि लोगों का साहब बढे। इस बायरस के नियमों का पालन करो, घरों में रहो सुरक्षित रहो। सावधानियां बरतों इस जंग से जीत के लिए लोगों को जागरूक करो, उत्साह बढ़ाओं तथा इसके खिलाफ तत्पर रहो।

कविता

सबला कर्मबला अस्मि

अबला अबला मा वद

सबला कर्मबला अस्मि

तव चरणापादुका नास्मि

तव करक्रीडनकं नास्मि

पित्रोः अभिमानधना असिम

त्वं न जानासि मम शक्तिः

कदाचित् पार्वती कदाचित् च काली अस्मि

दिने संघर्षे कृतवती रात्रौ रोदिमि

कङ्कणं धरयामि तर्हि किम्

निर्बला तेजहीना नास्मि

सबला कर्मबला अस्मि ।

सीलकी
बी.ए-II

चल चल मा तिष्ठ तिष्ठ

तव सर्वे स्वपनाः त्वाम् एव मिलिष्यन्ति,
तव मानवः सर्वे संदेहाः गमिष्यन्ति,
विपत्सु अपि पन्थानः मिलिष्यन्ति,
चल चल मा तिष्ठ मा तिष्ठ ।
एकस्मिन् दिवसे इदं पुष्पमपित विकसिष्यति,
नील गगनस्य उन्नतिः अपि न्यूनाः भविष्यन्ति,
सागरस्य निम्नताः अपि न्यूनाः भविष्यन्ति,
मनसि आत्मविश्वासः वृद्धिगतः भविष्यन्ति,
चल चल मा तिष्ठ मा तिष्ठ ।
यत् पथः विपदः अपि न्यूनाः भविष्यन्ति,
भयंकरी कृष्णा रजनी गमिष्यति,
जीवनस्य नवसुप्रभातम् आगमिष्यति,
चल चल मा तिष्ठ मा तिष्ठा ।

कवीता

बी.ए-II

गीताया: अमूल्यवचनानि

1. नैनं छिन्दन्ति शस्त्राणि नैनं दहति पावकः ।

न चैनं कलेदयन्त्यापो न शोषयति मारुतः ।।2.23।।

अर्थ—आत्मा को न शस्त्र काट सकते हैं, न आग उसे जला सकती है । न पानी उसे भिगो सकता है, न हवा उसे सुखा सकती है ।

2.कर्मज्ञयेवाधिकारस्ते मा फलेषु कदाचन ।

मा कर्मफलहेतुर्भूर्मा तो सङ्गोऽत्वकर्मणि ।।2.47।।

अर्थ— कर्म पर ही तुम्हारा अधिकार है, लेकिन कर्म के फलों में कभी नहीं, इसलिए कर्म को फल के लिए मत करो और न ही काम करने में तुम्हारी अशाक्ति हो ।

3. क्रोधाद्धवति संमोहः संमोहात्स्मृतिविभ्रमः ।

स्मृतिभ्रंशाद् बुद्धिनाशो बुद्धिनाशात्प्रणश्यति ।।2.63।।

अर्थ—क्रोध से मनुष्य की मति मारी जाती है यानी मूढ़ हो जाती है जिससे स्मृति भ्रमित हो जाती है । स्मृति—भ्रम हो जाने से मनुष्य की बुद्धि नष्ट हो जाती है और बुद्धि का नाश हो जाने पर मनुष्य ,खुद को अपना ही नाश कर बैठता है ।

4. यदा यदा हि धर्मस्य ग्लानिर्भवति भारत ।

अभ्युत्थानमधर्मस्य तदाऽऽमानं सृजाम्यहम् ।।4.7।।

अर्थ— हे भारत, जब—जब धर्म का लोप होता है और अधर्म में वृद्धि होती है, तब तब मैं धर्म के कल्याण के लिए अवतार लेता हूँ ।

5.परित्राणाय साधूनां विनाशाय च दुष्कृताम् ।।

धर्मसंसीपनार्थाय संभवामि युगे युगे ।।4.8।।

अर्थ— सज्जन पुरुषों के कल्याण के लिए और दुष्कर्मियों के विनाश के लिए और धर्म की स्थापना के लिए मैं प्रत्येक युग में जन्म लेता आया हूँ ।

प्रीति

बी.ए—II

संस्कृत भाषा के महत्त्व पर प्रकाश डालिए

“सर्वासु भाषासु संस्कृत भाषा प्राचीनतना अस्ति” हमारी जड़ों से जुड़ी संस्कृत भाषा जो बहेद मधुर, सरल एवं सुंदर भाषा भी है। हमारे समाज व संस्कृति के निर्माण में इसका योगदान महत्वपूर्ण है जब हम दस हजार पुरानी “भारतीय सभ्यता” की बात करते हैं तो संस्कृत उसका प्रमाण है। हमारे अतीत के ज्ञान चाहे वह धर्म ग्रंथों, आयुर्वेद, चाणक्य की अर्थशास्त्र या चिकित्सा खंगोल, नक्षत्र विद्य इत्यादि का स्रोत संस्कृत ही है। इस भाषा की सहायता के बिना हम अपने अमृत रूपी उस “कैवल्य ज्ञान” को कभी नहीं पा सकते हैं।

जब हम आज के युगों में संस्कृत भाषा के महत्त्व की बात करते हैं तो इस समझने के लिए हमें विभिन्न पहलुओं की ओर देखना होगा। हमें यह समझना होगा कि हमारे जीवन में संस्कृत का कितना महत्त्व है।

संस्कृत के महत्त्व के बारे में “बाबा साहेब भीमराव अम्बेडकर” ने कहा था, “संस्कृत पूरे भारत को भाषाई एकता के सूत्र में बांध सकने वाली झकलौती भाषा हो सकती है” संस्कृत एक वैज्ञानिक भाषा है। वैज्ञानिकों ने यह सिद्ध कर दिया है कि विश्व की विभिन्न भाषाओं में से एक संस्कृत भाषा कम्प्यूटर के सर्वाधिक उपयुक्त भाषा है। हमारे देश की संस्कृत भाषा से ही गणित और विज्ञान की उत्पत्ति हुई है।

संस्कृत भाषा की देवनागरी लिपि में स्वर व्यंजनों का क्रम अत्यन्त वैज्ञानिक है। उन्हें उच्चारण करते समय मुख के जिस अंग का प्रयोग होता है, उन्हें क्रमबद्ध उन्हीं श्रेणियों में रखा गया है। संस्कृत साहित्य मानव सभ्यता के प्राचीन इतिहास से जुड़ी विश्व की प्राचीन भाषा है जो कि आधुनिक भाषा के रूप में सर्वथा सार्थक है।

इस भाषा का प्रभाव प्रकृतिपर सीधे पड़ता है। कहा तो यह भी जाता है कि इस भाषा के द्वारा पूरे ब्रह्मांड के जोड़ा जा सकता है। हमारे उन्नत वेद, मंत्र, उपनिषद् इत्यादि से ज्ञान प्राप्त करने के लिए संस्कृत भाषा का ज्ञान होना आवश्यक है। वर्तमान समय में विदेशों में भी इस भाषा के प्रति लोगों की रुचि बढ़ रही है।

इसलिए इस क्षेत्र में करियर के उत्तम अवसर दिख रहे हैं। संस्कृत भाषा से ही अन्य भाषाओं की उत्पत्ति हुई है। इसलिए अन्य भाषाओं को जानने के संस्कृत भाषा का ज्ञान होना आवश्यक है। संस्कृत भाषा के शब्दों के उच्चारण से हमारे मुख का व्यायाम भी होता है।

“अमृतं संस्कृतं मित्र!

सरसं सरलं वचः।।

एकतामूलक राष्ट्रं

ज्ञानविज्ञानपोषकम्।।”

निष्कर्षतः संस्कृत भाषा के महत्त्व को देखते हुए विलुप्त होती संस्कृत भाषा के प्रति लोगों को जागरूक करे इसके महत्त्व को बताते हुए इस भाषा को अपनाने के लिए उन्हें अभिप्रेरित करे। जिस प्रकार प्राचीन भारत में योग होते हुए भी इसके प्रति तब हम जागरूक हुए जब पाश्चात्य देशों ने इसे अपनाया उसी प्रकार वर्तमान में संस्कृत भाषा मूल रूप से हमारी देश के होते हुए भी पाश्चात्य देशों में फूली भूत हो रही है। इसलिए समय रहते इस भाषा का महत्त्व जानते हुए हमें इससे लाभान्वित होना चाहिए।

माधवी शुक्ला

बी.ए. II

प्रेरणादायक संस्कृत श्लोक

अधमाः धनामिच्छन्ति धनं मानं च मध्यमाः

उत्तमाः मानमिच्छन्ति मानो हि महाताम् धनम्।।

अर्थ: निम्न कोटि के लोगों को सिर्फ धन की इच्छा रहती है, ऐसे लोगों को सम्मान से मतलब नहीं होता एक मध्यम कोटि का व्यक्ति धन और सम्मान दोनों की इच्छा करता है वही एक उच्च कोटि के व्यक्ति के समान ही मायने रखता है सम्मान धन से अधिक मूल्यवान है।

यस्तु सत्त्वरते देशान् सवेवते यस्तु पण्डितान्।

तस्म किस्तारिता बुद्धिस्त्रैलबिन्दुरिवाम्भासि।।

अर्थ— वह व्यक्ति जो अलग-अलग जगहों या देशों में घूमता है और विद्वानों की सेवा करता है उसकी बुद्धि उसी तरह से बढ़ती है जैसे तेल का बूँ पानी में गिरने के बाद फैल जाता है।

आलस्यं हि मनुष्याणां शरीरस्थो महान् सिः।

नास्त्युधमसमो बन्धुः कृत्वा यं नावसीदति।।

अर्थ: मनुष्य का सबसे बड़ा शत्रु आलस्य है मनुष्य का सबसे बड़ा मित्र परिश्रम होता है क्योंकि करने परिश्रम करने वाला कभी दुखी नहीं रहता।

यथा होकेन चक्रेण श्चस्य गतिश्चवेत्।

एवं परुषकारेण विना दैवं न सिद्धाति।।

अर्थ— जिस तरह बिना एक पहिये के रथ नहीं चल सकता ठीक उसी तरह से बिना पुरुषार्थ किये किस का भाग्य सिद्ध नहीं हो सकता।

बलागनप्यशक्तोऽसौ धनवानपि निर्धनः।।

श्रुतवानीय मूर्खो सौ यो धर्मविमुखो जनः।

अर्थ—जो व्यक्ति अपने कर्तव्य से विमुख हो जाता है वह व्यक्ति बलवान होने पर भी असमर्थ धनवान होने पर भी निर्धन व ज्ञानी होने पर भी मूर्ख होता है।

विद्यां पदाति विनयं विनयाद यानि पात्रताम्

पात्रत्वात् धनमामोनि धनात् धर्म ततः सुखम्।।

अर्थ: विद्या हमें विनम्रता प्रदान करती है, विनम्रता से योग्यता मानी है व योग्यता से हमें धन प्राप्त होता है और इस धन से हम धर्म के कार्य करते हैं और सुखी रहते हैं।

सुखार्थिनः कुतोविद्या नास्ति विधार्गिनः सुखम्।

सुखार्थी वा त्यजेद् विद्यां विद्यार्थी वा त्याजेत् सुखम्।।

अर्थ:— सुख चाहने वाले को विद्या नहीं मिल सकती है वही विद्यार्थी को सुख नहीं मिल सकता। इसलिए सुख चाहने वालों को विद्या का और विद्या चाहने वालों को सुख का त्याग कर देना चाहिए।

त्रैगवां च मछाषंर ब्रह्मविष्णुमहेश्वशम्।

म्हापापंहरं देवे तं सूर्यं प्रणमाम्यहम्।

अर्थ— जो त्रिगुणमाय

ब्रह्मा विष्णु और स्वरूप है, उन महापापहारी, महान वीर सूर्यदेव को मैं प्रणाम करता हूँ।

वाणी रसवती यस्य, यस्य श्रमवती क्रिया।

लक्ष्मीः दानवती यस्य, सफलं करने में प्रयोग जीवन सफल है।

कर्मणये वाधिकारस्ते मां फलेषु कदाचन।

मां कर्मफलहेतुर्भूः मांते संडगोस्त्ववकर्मणि ।।

अर्थ— आपको सिर्फ कर्म करने का अधिकार है, लेकिन कर्म का फल देने का अधिकार भगवान का है, कर्म फल की इच्छा से कभी काम कमत करो। और न ही आपकी कर्म न की प्रवर्ती होनी चाहिए।

व्यायामात् लभते स्वास्थ्य दीर्घायुष्यं बलं सुखं ।

आरोग्यं परमं आंग्यं स्वास्थ्य सर्वार्थसाधनम् ।।

अर्थ— व्यायाम से स्वास्थ्य लम्बी आयु बल और सुख की प्राप्ति होती है। निरोगी होना परम भाग्य है और स्वास्थ्य से अन्य सभी कार्य सिद्ध होते हैं।

पृथ्व्यां त्रीणि रणनाति जलसन्नाम सुभाषिते

मूदेः पाधानखंडेषु रतन्संज्ञा विधीयते

अर्थ— इस धरती पर तीन रत्न हैं

जल, अन्न और शुभ वाणी पर मूर्ख लोग पत्थर के टुकड़े को रत्न की संज्ञा देते हैं।

कश्चि कस्ययिन्मित्रं, न कश्चि कस्यचित् रियुः ।

अर्थस्तु तिबध्यन्ते, मित्राणी रिपवस्तथा ।।

अर्थ— न कोई किसी का मित्र है और न ही शत्रु कार्यावश ही लोग मित्र और शत्रु बनते हैं।

यो ध्रुवाष्ठा परित्यज्य अध्रुवाणि निषेवतो ।

ध्रुवाणि तस्यं नश्यन्ति अध्रुवर्षण नष्टोव हि ।।

अर्थ— जो निश्चित को छोड़कर अनिश्चित का आश्रय लेते हैं उनका निश्चित भी नष्ट हो जाता है और अतिनिश्चित तो लगाया नष्ट के समान ही है।

न जायते म्रियते वा कादा चित्रायं क्षूत्वा भविता वा नभूयः ।

अजो नित्यं शाश्वतोऽयं पुराणो न हन्यते हन्यमाने शरीरे ।।

अर्थ— आत्मा किसी काल में भी न जन्मता है और न सरता है, न यह एक बार होकर रिफ अभावरूप होने वाला है। आत्मा अजन्मा, तिल्य, शाश्वत और पुरातन है, शरीर के नाश होने पर भी इसका नाश नहीं होता।

मोहिनी

बी.ए. II

कोरोना काल में वैदिक व लौकिक साहित्य का महत्व

आज सारा विश्व कोरोना जैसे महामारी से गुजर रहा है। बस संक्रमण काल में संपूर्ण विश्व में त्राहि-त्राहि मची हुई है। हर तरफ लोग बेचैन व भयभीत हैं। और इस समय में वैदिक व लौकिक साहित्य ने महत्वपूर्ण भूमिका निभाई है। परंतु हमें कोरोनाकाल में वैदिक साहित्य व लौकिक साहित्य के महत्व को जानने से पहले कोरोना को जानना आवश्यक है।

कोरोना— यह वायरस चीन के वुहान मार्केट से फैला जहाँ पर रोजना निर्दोष जीव-जन्तु, पशु, पक्षियों व कीड़े-मकौड़ों को काटा जाता है व बेचा जाता है। हमारे भारतीय साहित्यों में यह बाब बार-बार दोहराई गई है कि जब-जब मनुष्य ने प्रकृति के साथ खिलवाड़ किया है तब-तब उसे संकट का सामना करना पड़ा है। जिसका परिणाम मनुष्य भोग रहा है। हमारे वेदों, पुराणों इत्यादि में मनुष्य भोग रहा है। हमारे वेदों, पुराणों इत्यादि ने मनुष्य की पांच ज्ञान-इंद्रियों का वर्णन किया गया है जिनमे से कोरोना ने दो इंद्रियों पर नियन्त्रण कर लिया है अर्थात् मनुष्य को अपनी नाक का जिल्हा पर से संतुलन खो देता है। आसान शब्दों में कहा जा सकता है कि मनुष्य को सांस लेते व स्वाद में तकलीफ होती है। अथवा गला खराब हो जाता है। कोरोना के इस दौर को ही कोरोनाकाल कहा जा रहा है। या वायरस चमगादड़ का मांस खाने से फैला हो यह वायरस के मध्य दिसंबर में आया। बहुत से लोगों को 2019 निमोनियाय होने लगा और यह देखा गया की

पीड़ित लोगों में से अधिकतर लोग वहुान सी फूड मार्केट में मछलियां और जीवित पशुओं का व्यापार करते हैं। चीनी वैज्ञानिकों ने बाद में कोरोनावायरस की एक नई नस्ल की पहचान की जिसे 2019. बवअपक प्रारंभिक पदनाम दिया गया। इस नए वायरस में कम से कम 70: जीनोम अनुक्रम पाए गए जो खांसी-कोरोनावायरस में पाए जाते हैं। इसकी रोकथाम के लिए भारतीय संस्कृति को विश्व-भर में व्यापक रूप से अपनाया जा रहा है।

भारतीय साहित्य जैसे वैदिक साहित्य व लौकिक साहित्य हमारे लिए कोरोनाकाल में व्यापक रूप से महत्वपूर्ण साबित हुआ है। वैदिक साहित्य व लौकिक साहित्य में कई ऐसे विवरण मिलते हैं जिनका उपयोग हम कोरोनावायरस की रोकथाम के लिए कर सकते हैं। अक्सर हम देखते हैं कि हम किसी बीमारी से दवस्त हैं और उसके ईलाज के लिए हम अनेक प्रकार की दवाएं लेते हैं परंतु कुछ असर नहीं होता जबकि कई बार हमारे देशी नुक्सों काम कर जाते हैं। हमारे जीवन में हमारे वृद्धक साहित्य व लौकिक साहित्य का विशेष महत्व है। वेदों में कई ऐसी उपाय हैं जो आपको स्वस्थ बनाते हैं और आपके शरीर को चुस्त और तंदरुस्त करते हैं।

कोरोना काल में वैदिक साहित्य व वेद

वैदिक काल में साहित्य का विकास अधिक मात्रा में हुआ। हम वैदिक साहित्य में वेदों, ब्राह्मण ग्रंथों, आरण्यको, उपनिषदों, सूत्रों, वेदांगों, उपवेदों, दर्शन, पुराणा महाकाव्यों, धर्मशास्त्र आदि को सम्मिलित करते हैं। हम जानते हैं कि वेद चार हैं ऋग्वेद, सामवेद, यजुर्वेद तथा अथर्ववेद। इन सब वेदों का हमारे जीवन में अत्यधिक महत्व है। ऋग्वेद सबसे पवित्रतम ग्रंथ है। जिसने 1028 सूक्तियों और 10500 मंत्र है। यह अग्नि देवता इन्द्र देव वरुणी देव व अन्न देवताओं को भिन्न संतो व कवियों के परिवारों द्वारा अपिर्त प्रार्थनाओं का समूह है। 'यजुर्वेद' में या से संबंधित विधियां हैं, इसके दो भाग हैं। 'सामवेद' में भारतीय संगीत का इतिहास इसमें 1603 छंद हैं। अथर्ववेद में चिकित्सा से संबंधित ज्ञान है। जिसका महत्व इस कोरोनाकाल में अत्याधिक बढ़ गया है। यह एक ऐसा वेद है जिसमें कई बीमारियों की दवाईयों का वर्णन किया गया है। हम जानते हैं कि अभी तक कोरोना वायरस की दवा ढूंढी नहीं जा सकी है। परंतु भारत में इस वेद अर्थात् अथर्ववेद व आर्युवेद की मदद से बनी दवाई को कोरोना को दूर करने वाली माना जा रहा है। कुछ लोग ऐसी दवाईयों का इस्तेमाल भी कर रहे हैं।

कोरोना काल में वैदिक व लौकिक साहित्य का महत्व

आज का युग अत्याधिक आधुनिक होता जा रहा है और हम अपने मानवीय मूल्यों परंपराओं सभ्यता और संस्कृति को भूलने जा रहे हैं लेकिन अब कोरोनावायरस भयावह महमारी के इस काल में आज पूरा विश्व ही भारतीय संस्कृति को अपना रहा है हमारे वेदों में भी हमारी भारतीय संस्कृति झलकती है। हमारे कई साहित्यों में भी कहा गया है कि जब-जब मनुष्य ने प्रकृति से खिलवाड़ किया है तब -तब मनुष्य को संकट का सामना करना पड़ा है। जिसका परिणाम हमारे सामने है। हम सब ये जानते हैं कि चीन के वुहान मार्केट में कई अमानवीय कार्य होते हैं। जहाँ पर ना-जाने कितने निर्दोष जानवरों को मौत के घाट उतार दिया जाता है और बेचा जाता है। यहां तक कि कीड़े-मकौड़े और पक्षियों को भी नहीं छोड़ा जाता हमें यह बात पता है 'जैसा करोगे वौसा भरोगे- जिसका उदाहरण आज हमारे सामने है। हमारे वेदों में भी यह कहा गया है मनुष्य ने जब जब अधर्म किया है तब -तब उसे विराश का सामना करना पड़ा है हमारे वेदों में अनेकों ऐसी बातें हैं जो मनुष्य स्वस्थ, शांत व सुंदर बनाती हैं। हमारी संस्कृति के इस मंत्र का अत्याधिक महत्व है "सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामया।" अर्थात् सभी सुखी हों, सभी रोगमुक्त रहें। हमारी संस्कृति में सभी के कल्याण की बात की जाती है। हम जानते हैं आज का वातावरण कितना प्रदूषित हो चुका है। 'यजुर्वेद' में यज्ञों का वर्णन किया गया है। कोरोनावायरस के इस काल में यज्ञों का महत्व अत्याधिक बढ़ गया है। हिंदू धर्म में कई सारी परंपराएं सदियों से चली आ रही हैं। इन्हीं में से एक है यज्ञ और हवन। अग्नि के माध्यम से ईश्वर की उपासना करने की प्रक्रिया को हवन या यज्ञ कहते हैं। माना जाता है कि यह हमारे जीवन में सकारात्मकता लेकर आता है। सनातन काल से ही यज्ञ और हवन की परंपरा चली आ रही है। हवन को हिन्दू धर्म में शुद्धिकरण का कर्मकांड माना जाता है। हवन के धुएं का वातावरण पर असर लंबे समय तक बना रहता है और इस अवधि में जहरीले कीटाणु नहीं पनप पाते और वायु शुद्ध हो जाती है। जिसका आपके स्वास्थ्य पर अच्छा प्रभाव पड़ता था। यह यज्ञ व हवन करने से कोरोना के कीटाणु भी मर जाते हैं। जिससे वातावरण कोरोना मुक्त हो सकता है। जहां कोरोना से बचने के लिए दुनिया अलग अलग उपाय ढूँढ रही है वहीं हमारे वैदिक व लौकिक साहित्यों में पहले से ही कोरोना से बचने के लिए विभिन्न प्रकार के संस्कारों का वर्णन किया गया है।

हस्त प्रक्षालन संस्कार— हस्त प्रक्षालन यानी हर पूजा की शुरुआत से पहले हाथ धोने व शुद्धि का संस्कार है।

आचनम् संस्कार— हस्त प्रक्षालन यानी हर पूजा की शुरुआत से पहले हाथ धोने व शुद्धि का संस्कार है।

आचनम् संस्कार— आचनम् यानी यज्ञ, प्रार्थना से पहले शुद्धि के लिए जल पीने के संस्कार है।

स्नानम् संस्कार—स्नान यानी शारीरिक शुद्धि के लिए प्रतिदिन स्नान का संस्कार है।

धूप—दीप का संस्कार— जो वातावरण की शुद्धि व जीवाणुओं के नाश में मदगार होता है और जिससे पर्यावरण साफ।

नमस्कार का संस्कार— किसी भी वायरस के रोकथाम में अभिवादन मदतगार होता है।

उपवास का संस्कार— प्राकृति खाद्य पदार्थों से शरीर की शुद्धि करता है।

ये सभी संस्कार हमारी कोरोना वायरस से बचाव में मदद करते हैं। यह उपाय हमारे देश की प्राचीन संस्कृति एवं जीवनशैली के अभिन्न अंग रहे हैं। प्राचीन ग्रंथों में भी नियमित जीवन शैली तथा स्वस्थ दिनचर्या का विस्तार पूर्वक वर्णन किया गया है। संभवतः प्रामाणिक वैज्ञानिक आधार न होने के कारण और इनके मूलभूत आधार से विकृत होती इन प्रथाओं और सज्ञथ ही सज्ञथ चकाचौंध करती पाश्चात्य सभ्यता से प्रभावित हो कर धीरे धीरे हम इन स्वस्थथ व उपयोगी परंपराओं से विमुख होते चले गए। हम पाश्चात्य सभ्यता से इतना प्रभावित हो चुके हैं कि हम अपनी संस्कृति के पीछे छोड़ते जा रहे हैं। परंतु कोरोनाकाल में सभी को समझ आ गया है कि भारतीय संस्कृति व संस्कार कोरोना वायरस से बचाव में कितने लाभ दायक है। आज सारा विश्व भारतीय लोगों के 'नमस्कार' के संस्कार को अपना रहा है। यहाँ तक कि अमेरिका राष्ट्रपति ने भी नमस्ते जैसे अभिवादन को अपनाया, जिनाक नाम डॉनाल्ड ट्रंप है। ने कोरोना वायरस की रोकथाम के लिए राष्ट्रीय प्रार्थना दिवस के अवसर पर व्हाइट हाऊस के रोजगार्डन से हिंदु विधि —विधान से पवित्र वेदिक शांति पाठ करवाया यह पाठ पुजारी हरीश ब्रह्मभट्ट जी ने करवाया। उन्होंने संस्कृत के श्लोकों को पढ़ा वो यजुर्वेद से ली प्रार्थना थी का अंग्रेजी अनुवाद भी किया। हमारे देश कोरोनाकाल में विश्व भर में प्रसन्नसा की जा रही है। जो लोग अपनी संस्कृति व परम्पराओं को भूलने जा रहे थे, आज वो लोग भी कोरोना वायरस की वजह से अपनी परम्पराओं वेदों, ग्रंथों व उनके संस्कारों को मानने पर मजबूर हो गए हैं। वह हाथ मिलाने व गले मिलने को परंपरा को छोड़कर 'नमस्कार' की परंपरा को अपना रहे हैं। भारतीय साहित्यों में भी अतिथि को हाथ—मुंह धुलवाकर भोजन कराने के लिए कहा गया है क्वारंटाइन जैसी प्रक्रिया भी हमारे भारत में प्राचीन समय से ही मौजूद है। जैसे बच्चा होने पर माँ और बच्चे को कुछ समय के लिए क्वारंटाइन कर दिया जाता था। भारत में लॉकडाउन के समय महाभारत व रामायण जैसे महाकाव्यों का नाट्य रूपांतरण दिखाया गया लोगों को अपने साहित्यों व संस्कृति को समझने का अवसर मिला। और यही नही महाभारत को देखने का डी.डी चैनल पर एक नया विश्व रिकार्ड बना।

'वेदों की और लौटो' यह नारी स्वामी दयानन्द सरस्वती जी ने दिया जोकि कोरोनाकाल में सही प्रतीत होता है। वेदों में कई ऐसे उपाय हैं जो हमें कोरोना से बचाव में सहायता करते हैं। हिन्दू —संस्कृति में कोरोना जैसे संक्रमण से बचाव के लिए जन्मों—जन्मों से शिक्षा दी जाती रही है। आज भारतीय संस्कृति को विश्व भर में व्यापक रूप से अपनाया जा रहा है और इसकी प्रसन्नसा की जा रही है। हाल ही में स्वीजरलैंड ने अपने 14690 फीट ऊँचे 'मैटरहार्न' पर्वत पर रोषनी से भारतीय तिरंगा बनाया जिसमें कोरोना से लड़ने के लिए भारत की कोशिशों का सम्मान किया गया तथा सहानु की। भारत ने अमेरिका को तथा विश्व को 'हाइड्रोक्सीक्लोरोक्वीन' दवाई देकर भारत संस्कृति का मंत्र " सर्वे भवन्तु सुखिनः सर्वे, सन्तु निरामया" का पालन किया है। हमारे ग्रंथों व संस्कृति की कुछ ऐसी विशेषताएं हैं जो सार्वभौमिक हैं व इसे विश्व के घर कोने में माना जाता है।

शिल्पी

बी.ए.।

संस्कृतभाषा

संस्कृतभाषा प्राचीनतमः यु भाषासु एकतमा। वेदाः प्राचीनमात्र विश्वस्य उपलब्धाः ग्रन्थाः सन्ति। एते वेदाः संस्कृत भाषायामेव सन्ति। अस्माकं समस्ता प्राचीना संस्कृतिः संस्कृतभाषायाम् एव। अस्माकं प्राचीना संस्कृतिः वेदेषु, आरण्यकेषु ब्राह्मणेषु, अपनिषत्सु, रामायणे, महाभारते च विद्यते। एते सर्वे ग्रन्थाः संस्कृतभाषायां रचिताः सन्ति। संस्कृतभाषायाः ज्ञानं विना एते ग्रन्थाः बोद्धुम् अशक्याः। संस्कृतभाषा अनेकासां भाषाणां जननी। पलि-प्राकृत अपभ्रंशप्रभृतयः भाषाः संस्कृतभाषाया एव विकसिताः। हिन्दी-पंजाबी -राजस्थानी प्रभृतयः आधुनिक-भारतीय-भाषाणां विकासः अपि एतस्याः भाषायाः एवं जातः अस्ति। संस्कृत नवनवशब्दानां निर्माणे अनुपमा क्षमता। अतः आधुनिकभाषाणां शब्दकोषस्य संवर्धनाय संस्कृतस्य ज्ञानम् अनिवार्यम्। देशो भावात्मकैक्याय संस्कृत परमावश्यकम्। इदानीमपि भारतस्य कोणे-कोणे संस्कृतस्य धार्मिक कार्येषु प्रयोगाः भवन्ति। एषा एव एतादृशो भाषा वर्तते यस्याः दाक्षिणात्याः विरोधं न कुर्वन्ति। हिन्दीम् स्वीकर्तुं ते न उद्यताः। एवम् अनेककारणैः संस्कृतभाषायाः अध्ययनं महत्वपूर्णं वर्तते। संस्कृतभाषायाम् अनेकानि महत्वपूर्णानि पुस्तकानि सन्ति। संस्कृतसाहित्यं हि अति विशालं वर्तते। नानाकविभिः बहूनि महत्वपूर्णानि पुस्तकानि विरचस्य अस्य श्रीः परिवर्धता। संस्कृतसाहित्ये द्वे धरे प्रमुखरूपेण प्राप्येते। एका मनुष्यम् अध्यात्मार्गम् अनुसर्तुं पेरयति द्वितीया च धरा मनोरंजन साकं जीवनाय उपयोगिनम् उपदेशमीप ददाति। यथा नाटकसाहित्यम्। यद्यपि नाटकानि उपरितः मनोरंजन प्रधानानि भवन्ति परं तेषाम् अन्तः एकः महान् उपदेशः अपि निगूढं भवति। एतानि नाटकानि मनुष्यस्य मनसः निराशं दूरकृत्य आशायाः संचारं कुर्वन्ति। सुख-दुखयोः स्थितिं चक्रवात परिवर्तनशीला भवति। एतयोः मध्ये न किमपि स्थायी भवति, नरः दुःखं निरीक्ष्य न कातरो भवते अयं संदेशः एव कविभिः प्रकारान्तररूपेण प्रदीयते। संस्कृतसाहित्यस्य आदिकविः वाल्मीकि, व्यासः कविकुलगुरुः कालिदासः अन्ये च भासभारवि-भवभूत्यादये महाकव्यः स्वकीयैः क ग्रन्थरत्नैः अद्यापि पाठकानां हृदि विराजते। इयं भाषा अस्माभिः मातृसमं सम्माननीया वन्दनीया च, यतो भारतमातुः स्वातन्त्र्यं गौरवम्, अखण्डत्वं सांस्कृतिकमेकत्वञ्च संस्कृतेनैव सुरक्षितं शक्यन्ते। इयं संस्कृतभाषा सर्वासु भाषासु प्राचीनतमा श्रेष्ठा चस्ति। ततः सुष्ठुकम् 'भाषासु मुख्या मधुरा दिव्या गीवर्णभारती- इति।

संस्कृतभाषा विश्वस्य सर्वासु भाषासु प्राचीनतमा सर्वतमसाहित्यसंयुक्ता चस्ति। संस्कृतभाषायाः उपयोगिता एतस्मात् कारणाद् वर्तते यद् एषैव सा भाषाऽस्ति यतः सर्वासा भारतीयानाम् आर्यभाषाणाम् उत्पत्तिर्बभूव। सर्वासामेतांसा भाषाणाम् इयं जननी। प्राचीरने समये एषैव भाषा सर्वसाधारणा आसीत्, सर्वे जनाः संस्कृतभाषाम् एव वदन्ति स्म। अतः ईसवयसंवत्सरात्पूर्वं प्रायः समग्रमीप साहित्यं संस्कृतभाषायामेव उपलभ्यते। संस्कृतभाषाम् एव वदन्ति स्म। अतः ईसवीयसंवत्सरात्पूर्वं प्रायः समग्रमीप साहित्यं संस्कृतभाषायामेव उपलभ्यते। संस्कृतभाषायाः सर्वे जनाः प्रयोगं कुर्वन्ति सम। अस्याः भाषायाः साहित्यम् अपि सुविशालं, परमोन्नतं, विविधं ज्ञान-समन्वितं च अस्ति। भारतस्य प्राचीनाः ग्रन्था-चत्वारः वेदाः संस्कृतभाषायां सन्ति। धर्मशास्त्राणि, अष्टादश पुराणानि, अष्टादश स्मृतयः। षट् दर्शनानि च संस्कृतभाषायाम् एवं लिखिताः सन्ति। सम्पूर्णं कर्मकाण्ड विभागः सम्पूर्णं च आयुर्वेद पद्धतिः एते सर्वे ग्रन्थाः संस्कृतभाषायाम् एवसं निबलाः सन्ति।

एषाम् अध्ययनेन भारमास्य, प्राचीन धर्मस्य आयुर्वेदस्य, तथा अतती सभ्यतयाः पूर्णः पिरचयः प्राप्यते।

एवं संस्कृत वागमय एवं भारतस्य संस्कृतः आध्यात्मिकस्य च ज्ञानस्य विशुद्ध रूपज्ञानाय एक साधनम्। एवम् इयं भाषाः प्राचीनतमा इति रूपज्ञानाय एक साधनम् एवम् इयं भाषाः प्राचीनतमा इति निर्बिवादम् संस्कृतभाषा न केवलम् उच्चारणे वीत्कृष्ट अपितु मधुरा दिव्या च। इयं भाषा आचारशास्त्र शिक्षिका, जीवनोन्नतकारिणी च अस्ति। ये कथयन्ति यत् कर-भाषा कठिना वर्तते, ते न जानन्ति यत् स्वलय प्रयासेनेव संस्कृत पठितं शक्यं। संस्कृतभाषा अस्माकं देशस्य सांस्कृतमाश्रित्य एव अवतिष्ठते। संस्कृतत्याः वाङ्मयेन रहितरस्य राष्ट्र जातेश्च अधः पतनम् अनिवार्यम्। संस्कृतस्य एतादृशं महत्त्वकं दृष्ट्यैव कश्चित् कवना सत्यम् एवम् उक्तम्- 'भारतस्य प्रतिष्ठे है संस्कृत चैव संस्कृतिः।'

संस्कृतभाषायाः अन्यत् नाम देवभाषा, देववाणी, सुरवाणी, गीर्वाणवाणी चाप्यस्ति। एभिः अपि अस्या भाषायाः महत्वं परिवर्धते। संस्कृतभाषा न केवलं भारतवर्षस्य अपितु विश्वस्य अनेकानां भाषाणां जननी अस्ति। भारते संस्कृतभाषायाः प्रतिदिनं विविध संस्काराकार्येषु अपि प्रयोगः भवति। संस्कृतग्रन्थेषु मानवजीवनाय विविधः विषयाः समाविष्टाः सन्ति। महापुरुषाणां मतिः उत्तमजनानां धृतिः सामान्यजनानां जीवनपद्धतिः च वर्णिताः सन्ति। अतः अस्माभिः संस्कृतम् अवश्यमेव पठनीयं येन मनुष्यस्य समाजस्य च परिष्कारः भवेत्।

Independence Day



Republic Day



Constitution Day (26-11-20)



National Voters Day (25-01-21)



COMMERCE SECTION

FROM THE DESK OF STAFF EDITOR



“Challenges are what make life interesting. Overcoming them is what makes them meaningful”

Corona Virus has adversely affected life around the globe in many ways to which children and adolescents are no exception. This pandemic has resulted in isolation, contact restrictions and economic shutdowns. Consequently, there is complete change in the psycho-socio environment all around. The pandemic has taught us that everything is unpredictable and we need to be ready to face unforeseen challenges.

This outbreak posed a challenge to the education system, forcing the educational institutions to bring out new alternatives to traditional academic delivery. Implementation of virtual classrooms during this phase helped overcoming this challenge and adapting quickly and effectively to the new normal. Online teaching is no more an option but a necessity now. It has served as a panacea in the time of crisis. Therefore, quality enhancement of online learning is crucial at this stage and the state must strive to upgrade it. Going forward, the “learn from anywhere, anytime” philosophy would renovate the traditional offline teaching methodology.

Dr. Geeta Sukhija

FROM THE DESK OF STUDENT EDITOR



“In ordinary life, we hardly realize that we receive a great deal more than we give, and that is only with gratitude that life becomes rich.”

-Dietrich Bonhoeffer

Gratitude, the word is quite simple and easy to understand. Everyone's grateful for something or the other especially considering the year 2020. Let's begin with something drastic that happened to us all; the lockdown, when I write, I think I do it on behalf of almost everybody in this world; it made us realize the worth of freedom. I for one realized how important little things matter which we tend to ignore very often. I speak from a place of privilege here and I don't shy away from this fact because we weren't the ones who faced the adversity of lockdown, we sat at our homes relishing all the meals complaining about not being able to live the way we were.

Lockdown and covid made us feel grateful for life and the little things that we have in it. But what if covid didn't happen, would I not be grateful for everything that I have? I don't know the answer to it but I know for one that the things that I have in life, the privilege of speaking about things from where I am, the luxuries that I'm being provided for by my parents; I wouldn't have appreciated them as much as I am doing it sitting, writing an article about it. We often take things for granted that deserve our gratitude the most. There are people who don't have the resources to fulfil their basic needs at all times. And so, thinking about that makes me realize that I have a life that I should be appreciating instead of sulking about petty, materialistic things I cannot afford or have.

A teacher once told me “A person with food, a roof over their head and clothes to cover their body is the richest of all.” These words of hers really impacted my way of viewing things in life and introduced me to the concept of gratitude.

Covid and lockdown have impacted us in the worst possible way but I am grateful for all that I could get and all that I have. I saw families getting closer, friends missing each other, students missing going to schools and colleges, people indulging in their forgotten hobbies, kids figuring out ways to be productive, teachers learning new ways to teach, people rooting for social causes and what not.

I am grateful for every single thing that I have. I'm grateful for my family, my friends, my teachers, nature and the time I spent at my home, with a roof over my head during the pandemic.

Be grateful for the moment you're living in and all that you have in it.

Yashvi Dhir

The Power of Healthy Self Confidence in Student's Life

Self-confidence is a combination of a state of mind and a strong feeling of self-belief. It is a bridge between a person's potential and success. A person's relationship with himself should be the most sacred and trustful relationship in the world. So, one must

believe that he can achieve whatever he dreams of or whatever he is great at. The more you think of it, the more you realize that the need of self-confidence is very essential in a student's life because this is the phase where on one hand our eyes shine bright in the overwhelming light of ambitions but on the other hand the constant pressure and fear of expectations and failure may dim that light. Under confidence always leads to self-doubt and restricts the person to take further steps. "What if I fail?", "What will others say?" All these thoughts create hindrance in the way to success. But a confident person always listens to the voice in his head. Irrespective of other's opinion about his potential, he lays focus on expanding his horizons in the fields he feels he is most productive at. External factors have no influence on their own perception about themselves. He never lets societal expectations pierce into his mindset and affect his efforts. The more confident you become, the more you'll be able to calm the voice inside you that says "I can't do it". If practiced in a limited healthy manner, self-confidence is the most important characteristic that can be found in an individual. When you start believing in yourself, you start embracing the struggle while trying to achieve your dreams.

Livanshi

M Com 2

NEVER GIVE UP!

There is a story about a boy from Henryville Indiana. When he was six years old, his father passed away and left him to cook and care for his siblings. In sixth grade, he dropped out of school and started working as a farmhand.

At age 16, he faked his age to enlist in the United State Army. After being honorably discharged after a year, he got hired by the railway as a laborer. However, he got fired for not following orders. While working for the railway, he studied law until he ruined his legal career by getting into another fight. He was forced to leave his mother and get a job selling life insurance. And guess what? Again, he got fired for insubordination.

In 1920, he founded a Ferry boat company. It was a success and later he tried cashing in his Ferry boat business to create a lamp manufacturing company to find out that another company already sold a better version of his lamps.

It wasn't until 40 that he began selling chicken dishes in a service station. As he began to advertise his food, an argument with the competitor led to a deadly shootout. After four years, he bought a motel which got destroyed by fire. Yet this man bought another and ran it until world-war 2 forced him to close down.

Following the war, he tried to franchise his restaurant. His recipe was rejected 1,009 times before anyone accepted it. Sander's 'Secret Recipe' was coined "KENTUCKY FRIED CHICKEN" and quickly became a hit. However, the booming restaurant was crippled when the interstate opened nearby so Sanders sold it and pursued his dream of spreading KFC Franchises and hiring KFC workers all across the country.

After years of failures and misfortunes, Sanders finally hit it big. KFC expanded internationally and he sold the company for two million dollars (\$15.3 million today). Sanders remains central in KFC's branding and his face still appears in their logo.

At age 90, Sanders passed away from Pneumonia. At that time, there were around 6,000 KFC locations in 48 countries.

If you're overwhelmed by rejection or discouraged by setbacks, remember the story of COLONEL HARLAND SANDERS. Fired from multiple jobs, ruined his legal career, was set back by great depression, fire and world-war 2, yet still created one of the largest fast-food chains in the world.

Monalika

B Com 2

Farewell: A Day of Frolic and Emotions

As another academic year ends, the most awaited day for the final year students comes: the farewell.

Every girl looks forward to this day to look their best dressed in sarees and dresses with their hair in place. Everyone is excited to enjoy this day to their fullest. Girls looking their best to compete with each other in the last ramp walk on the college stage. With games like musical chairs, tambola, dart balloons, lucky draw etc. All arranged and the canteen all set to cater the special students. Everyone is very happy to cherish the days spent in college with wonderful teachers and family like friends.

But behind all excitement and happiness there is fear to never see some friends again. All dressed in different colors to say one last goodbye to each other. The smiles soon turn into tears as all sit in the auditorium for the last time to see our journey in the college. The teachers we hardly knew soon became like our parents and the strangers like classmates soon became our chosen gang. The canteen and the classrooms will soon be filled by students again but this time it won't be me and my friends.

As everyone ends this chapter of their lives and begins the new one all take with them the memories of good time spent and the hope to meet each other someday again.

Srishti

B Com 2

E-COMMERCE IN INDIA

•With growing internet penetration and disposable incomes, people of India are experiencing a massive change in their shopping habits. People from all fronts of life are using their smartphones to buy products and items. With the big three— Amazon, Walmart, and Alibaba—entering the E-Commerce sector in India, the market is slowly maturing and expanding its footprint to the most remote locations across the country.

•According to an analysis website, the E-Commerce Industry in India grew from 4% of the total population in 2007 to around 40% in 2017, clearly indicating the rise of the internet era in the world's fastest-growing economy. It is expected to reach around 50-55% by 2020. This internet boom is directly proportional to the emergence of E-commerce in India and other internet-based domains.

•This post analyzes the current scenario and the future of E-Commerce in India.

•This success story started in 2007 with the inception of India's most successful startup, Flipkart. Initially, companies found it tough to encourage people to shop online but with advancing technology, logistics, and payment methods supported by various offers and sales, people slowly drifted to this convenient mode of online shopping. Internet penetration and low data costs were and continue to be the most prominent factors encouraging this trend.

•E-Commerce in India is expected to touch \$200 billion by 2025 from the figure of around \$40 billion in 2017. The internet economy, on the other hand, is expected to double by 2021 to \$250 billion, majorly riding on the E-Commerce wave. Seeing this potential, Amazon, Walmart, and Alibaba are heavily investing in India and building a strong presence. Various domestic players like Snapdeal, ShopClues, Infibeam, etc. are also a part of this organized and exponentially growing E-Commerce segment in India.

•Amazon has expanded its footprints in India by promising to invest \$5 billion, and until now it has already pumped around \$4 billion. These investments are being used for expanding its portfolio by bringing various sellers onto its platform, building and leasing warehouses for storage, improving logistics, offering heavy discounts to acquire new customers, and for foraying into new verticals like grocery and payments wallet.

•In 2017, Amazon's founder Jeff Bezos stated that Amazon's app was the most downloaded shopping app in India. Moreover, the company's loyalty program—Amazon prime—was adapted in India at a much faster rate than any other country. Its international losses as of April 2018 were \$622 million and the revenue was \$14.08 billion, whereas a year back the figures were, \$481 million and \$11.06 billion respectively. Amazon is also focusing on improving its smart AI-based speaker, Amazon Echo. Alexa, Amazon's voice-controlled personal assistant, is being trained to understand Indian dialect and vernacular languages.

•Amazon is also concentrating on its Hindi website and app to conquer customers from tier-2, tier-3, and rural areas where English is not widely used or taught. With a growing focus on improving customer service through setting up various fulfillment centers and faster logistics, Amazon is working to counter its local competitor Flipkart which was recently bought by Walmart and Paytm Mall (which is backed by Alibaba). It is also looking towards providing drone-based delivery. With its increasing investments despite heavy losses, Amazon strongly believes that today's investment of Re.1 will yield returns of Rs.100 tomorrow.

Other E-commerce Players in India

- The third dimension to E-commerce in India is Paytm Mall and other small players. After the fall of Snapdeal, Paytm Mall was quick enough to conquer the third spot in the industry. Focusing on its online to Offline model (O2O model) which allows consumers to avail online discounts and offers in Offline partner stores, it has established a niche in this particular segment.

Conclusion

- Many people from the industry feel that the current E-commerce ecosystem in India (consisting of both the marketplace and inventory type) is less than 5% of its actual potential. With this industry growing exponentially, many small and big players feel that there are more horizontals and verticals which are yet to be explored and organized. The E-commerce segment will be imperative in pumping up the Indian economy and boosting the employment rates.

Heena
B Com 2

RIDDLES

Try some riddles:

- What is it that breaks, once you say its name?
- Which rope cannot be tied?
- What is that which is used once in butter twice in ghee and thrice in cheese?
- What is faster than air?
- What is lighter than a feather yet no man can hold it for very long?

Answers: silence, Europe, letter e, thoughts, breath.

Srishti
B Com 2

Mental health as a central force.

Mental health is indeed the central force or power that guides our beliefs, behaviors, decisions and even our motivations in our life. Basically, it affects all aspects of our life. Mental health is a fundamental principle of life and hence, is essentially important. Taking care of our mental health should always be prioritized above all other dimensions. Our mental health and physical health both are very closely associated and hence affect each other. Considering the situation of recent times, mental health awareness is the need of the hour. These times are mentally exhausting and not easy on most of us. Most of us are struggling mentally and physically and hence mental health awareness and guidance is strongly needed. I believe that the three major principles for a happy and healthy person starts knowing about, taking care and healing.

Sheereen Khan

B.A 2

देखो

देखो....

प्रकृति ने हमारे इन तत्वों को कितना श्रेष्ठ बनाया...
हर चीज़ में है इसके सीख देना समाया...
इस शरीर को कितनी बारीकी से सजाया
कुदरत ने ये क्या अद्भुत करिश्मा बनाया।
हाथों की उंगलियों से कितना कुछ सीखने को है मिलता
पाँचों उंगलियों से ही सफलता का लड्डू खिलता
हाथ की मुट्ठी होती है यूनिटी का प्रतीक
यही यूनिटी है हमारे आगे बढ़ने की रीत।
पाँव से सीखा.. कभी घमंड ना करना मेरे भाई
एक पाँव ने आगे जाकर सफलता है पाई
फिर पीछे आकर देह अभिमान की कर दी सफाई
दोनों पाँवों ने इकट्ठे मिलकर अपने सफ़र पर जीत है पाई।
यह जीभ ही है... जिसने हड्डियां तुड़वाई और जुड़वाई
इसलिए होठों की है धनुष जैसी शेष बनाई
और जिह्वा बाण जैसी है दिखाई
बाण का सही तरह से उपयोग करो.. यह बात भगवान ने हमें समझाई।
आंखों रूपी दर्पण को कितना श्रेष्ठ है बनाया
जिसमें सबके गुणों को देखने का नूर समाया।
इन कानों को दिया कितना श्रेष्ठ आकार
जिनसे सुन पाये हम प्रभु की महिमा अपरम अपार।
नाक को देखो... क्या कमाल है कर डाला
इन सांसों ने है.. इस शरीर को संभाला।
इस शरीर के चलाने का तरीका बड़ा ही निराला
कैसे हार्ट से ब्लड अंग - अंग तक पहुंचा डाला।

कुदरत ने है इस शरीर को कितना बेहद का है बनाया
आज तक ज़माने में इसे कोई ना बना पाया
लाखों रुपए खर्च करके भी ऐसा शरीर दुबारा ना पाया
यह सोच सोच कर इस प्रकृति के लिए दिल से शुक्रिया निकल आया।

Shobhika
M Com 1

A WISE MAN

People have been coming to the wise man, complaining about the same problems every time. One day he told them a joke and everyone roared in laughter. After a couple of minutes, he told them the same joke and only a few of them smiled. When he told the same joke for the third time no one laughed anymore

* The wise man smiled and said:

“You can’t laugh at the same joke over and over. So why are you always crying about the same problem?”

Moral of the story:

Worrying won’t solve your problems, it’ll just waste your time and energy.

Heena
B Com 2

QUIZ

1. RBI is going to introduce new batches for settlement of payments through this transaction.

NEFT

2. Which company becomes first to hit \$800 billion market valuation?

APPLE

3. Tagline of Sony?

LIKE NO OTHER

4. "India's family store" is the punchline of which brand?

PANTALOONS

5. "Net safe credit card" is introduced by which bank?

HDFC bank

6. After getting a minimum subscription of shares, the company has to allot shares in how many days?

120 days

7. All direct and indirect expenses related to business are charged?

TRADING ACCOUNT AND PROFIT AND LOSS ACCOUNT

8. Which company launched 'Savdhan Rahein, Safe Rahein' a public awareness campaign on financial fraud risks?

BAJAJ FINSERV

9. Which company has partnered with a not-for-profit organization, SEEDS to launch a community COVID-19 vaccination drive and set up COVID care centre?

PEPSICO

10. Which company has regained its position as the 3rd largest Indian IT services company by market capitalization of Rs. 2.65 trillion?

WIPRO

Cherry Sharma

B Com 2

LIFE: A BOOK

Life is like a book
with lots of chapters

Including all the happier
to the adventurous time.

Each day teaching a lesson
to lower down the depression
Every meet to dilute the heat
and telling them how to treat.

All the pages filled with ink
giving them the pride not to shrink
Composed with the new words
to use them as sword.

Every page having a twist
with a better reason to exist
There's no repetition,
in the creation
to stand up for the competition

The book is enclosed
In a beautiful envelope
For a beautiful soul
To live the life
And enjoy to the fullest.

Arshdeep Kaur

B Com 2

खुदको पहचानो

लोगों की आहटों में,
उनकी मुस्कुराहटों में।
तारों भरे आस्माँ में,
जिंदादिली की दासताँ में।
रंगबिरंगे गुब्बारों में,
पुराने घर के चौबारों में।
नन्हे-मुन्नों की खिलखिलाहट में,
कवियों की लिखावट में।
खेतों में लहराती हवाओं में,
उन नदियों के बहवों में।
सूरज की तपती गर्मी में,
सर्दी की रातों की नमी में।
मन्दिरों की आवाज़ों में,
और मस्जिद की नमाज़ों में।
होली के गुलालों में,
उस मासूम के सवालों में।
दिवाली के दीपों में,
अलग-अलग रितों में।
बारिश की बूंदों में,
थकावट भरी नींदों में।
शोर मचाते मेलों में,
रोमांच भरे खेलों में।
इन छोटी-बड़ी खुशियों में खुद को तू मजानो,
और अपने आपको पहचानो।

Kirti Sharma
B Com 2

Dr. B.R. AMBEDKAR

(Life should be great rather than long)

Dr. Bhimrao Ambedkar popularly known as Baba Saheb was born on 14th April 1891. He was an Indian jurist, economist, a politician and a social reformer, he was born of a Dalit Mahar family of western India, he was humiliated by his high caste school fellows. Dr. Ambedkar's life and legacy, however remains an inspiration for many who believe that caste hierarchy should cease to exist, and formation of an equal society is the way forward.

Ambedkar's legacy as a social – political reformer had a deep effect on modern India. His reputation as a scholar led to his appointment as free India's first law minister and chairman of the committee for drafting the constitution. Dr. Ambedkar launched various acts such as Poona pact (1932), Bahishkrit Bharat (1927). In 1950, he founded the Bharatiya Bauddha Mahasabha. He was India's first labor minister, first minister of law and justice, chief architect of constitution of India and chairman of constituent draft committee. His opinion was that education is the right weapon to cut the social slavery, economic betterment and political freedom. He gave the slogan "Educate – Agitate – Organize". He advocated a society based on three fundamental principles of liberty, equality and fraternity. He believed that equal rights should be given to the women. On one occasion he said "I measure the progress of a community by the degree of progress which women have achieved".

He is remembered as a symbol of equality. He played an important role in framing the constitution of India. He believed in a country where equality, friendship and brotherhood exist. However, he had suffered many problems due to his caste in the initial days, he struggled a lot throughout his life.

After India's Independence on 15th August, 1947, he became the first law minister and gave a strong law to India on 26th January, 1950 his written constitution came into force and with the view of Ambedkar, RBI was established. The Bharat Ratan, India's highest civilian award, was awarded to Ambedkar in 1990.

Since 1948, Ambedkar has suffered from diabetes. He was bed ridden from June to October in 1954 due to medication side effects and poor eyesight. On 6th December 1956 he passed away in Delhi. He is still remembered for his good deeds and his work for the betterment of society.

Ritika
B Com 1

Education and mental health

In the beginning of 2020, our lives came to a standstill. Humans whose natural tendency to build trust is through human and physical contact, were barely getting any. No colleges, no schools, no canteens, no classrooms, no curiosity, no questions, no exposure. I noticed that during this period, the talk about mental health for students and teachers was very much in vogue. It made me question my own awareness, was this something that hit us only because of corona or was it something that we as students were crippled with even when there was no corona.

To understand this, we need to be aware of the intention behind education. When I searched the word EDUCATION on google, this was the first line that popped up:

Education is the process of facilitating learning, or the acquisition of knowledge, skills, values, morals, beliefs, and habits.

Indeed, it's a process to facilitate learning or acquisition of knowledge but about what exactly? Is it only about the things happening around us or within us as well? Indeed, it's a way to acquire skills but to do what, is it only to complete daily tasks or is it meant to serve a bigger purpose? Indeed, it's aimed at developing values, morals, beliefs and habits, but ask yourself, the way we all have been taught for as far as we can remember, does education serve its purpose well.

The answer is a big **NO!** As students, we are conditioned for years to get good grades, or grades better than others, or a job that pays better than others. Are we ever told or encouraged to work on our mental health, to work on our emotional intelligence, to work on being calm during challenging situations in our careers? No never! Are we ever taught how to manage exam stress or get back the confidence that almost each one of us is born with, NEVER!

Let me make it even clearer for you:

Why did more than 5000 graduates died by suicide in India in 2019, why more than 39 thousand students died across the nation because of suicide, did they all go through a breakup a night before? Absolutely no.

Then what is the reason behind it:

1. **TIGER PARENTING:** Studies have proven that students who are subject to tiger parenting are more prone to anxiety and stress.
2. **FEAR OF REJECTION:** It's very important to understand that for students most of the stress comes from what they link pain and pleasure to. Often students link both pain and pleasure to the same things due to which they often procrastinate. Growing up, our need for acceptance increases but our fear of rejections increases even more which impacts our confidence.
3. **CONSTANT COMPARISON:** In schools, colleges as well as in homes, students are often compared to their fellow classmates. It's high time to understand that every child doesn't have to be the same, you are developing humans and not robots. The need to accept a student the way he/she is, is as important as encouraging him or her to do better.

WHAT WE CAN DO:

1. **PRIORITIZE EFFORTS OVER RESULTS:**

When your own children are small and they sing a song with all the wrong lyrics to make you smile, what do you do in return, you smile right? You appreciate and recognize their effort. So why leave this habit when they grow up. We all make efforts but the education system is itself so much driven by results that we in one way or the other fail to acknowledge the efforts.

While writing this it's extremely important to give examples of people who have proven these techniques. In PGGCG-42, there was an economics professor who used to appreciate students for simply standing up and speaking in whatever language they used to be comfortable in. We would give examples of potatoes and tomatoes to describe the law of demand, and she used to clap for us. We all were grown up individuals but that recognition encouraged the whole class to participate even more.

2. TEACH EMOTIONAL INTELLIGENCE:

Emotions are a two-edged sword they can either heal you or break you. They must be channelized in an emotional manner to get the best results out of them. It's a way to understand your emotions well and then use them to relieve stress.

I would again cite an example of a teacher in our own college named dr. RITU SEKHRI, she was the warden of our hostel and one day she, on her own, invited some of the researchers from US to come to the hostel and teach the girls something about emotional intelligence. It was the first time when I saw someone talking about it with such emphasis. Until this becomes a natural part of our system, initiatives like these can help students a lot.

3. Mental exercises:

Students must be exposed to the vast literature that's there about mental health. So that they can make the best use of it and cope with their stress, anxieties and depression.

The list can be as long as we want it to be, but we must not forget that the collective role of teachers, parents and students can make education very healthy. The best example that comes to my mind is Marva Collins who used to motivate impoverished children to perform better by making them create strong positive beliefs about themselves. And we must never forget that there is a brilliant child inside every student.

Rushali Malhotra

M Com 2

1. Bollywood movie titles ft. Terms used in commerce

Original- Munna bhai MBBS

Now- Munna bhai MBA

Original- Kabhi khushi kabhi gham

Now- Kabhi shares kabhi debentures

Original-Pyaar kiya toh darna kya

Now- CA kiya TOH darna Kya

Original- Zindagi sheet na milegi dobara

Now- Balance sheet na milegi dobara

Original- Student of the year

Now- Profit of the year

2. Someone: Where is the highest death rate?

Le Commerce student: Accounts chapter - Death of a partner

Shubhangi Jangra

B Com 1

JOKES

Words whose meaning changed after taking commerce

Capital

No, it isn't related to our country's capital Delhi,

It's the money invested in the company

Drawings

No, it isn't related to art,

It's the money you withdraw from your company

Dr.

No, it does not stand for doctor,

It stands for debit

Insolvent

Again, it's not related to science,

It's a person who is unable to pay his debts

Shubhangi

Bcom 1

ਕਿੱਥੋਂ ਮਿਲਦੇ ਆਜਿੱਤ ਦੇ ਨਿਸ਼ਾਨ ਸਾਥੀ

ਕਿੱਥੋਂ ਮਿਲਦੇ ਆਜਿੱਤ ਦੇ ਨਿਸ਼ਾਨ ਸਾਥੀ,
ਕਿੱਥੋਂ ਜੁੜਦੇ ਟੁੱਟੇ ਤੀਰ-ਕਮਾਨ ਸਾਥੀ,
ਢਲੇ ਸੂਰਜਾਂ ਨੂੰ ਕਿੱਥੋਂ ਅਰਗਚੜਾਏ ਜਾਂਦੇ,
ਕਿੱਥੋਂ ਗਰੀਬ-ਅਮੀਰ ਇੱਕ ਸਮਾਨ ਸਾਥੀ,
ਕਿੱਥੋਂ ਲਹਿਰਾਂ ਡੁੱਬਦੀਆਂ ਸਮੁੰਦਰਾਂ 'ਚ,
ਕਿੱਥੋਂ ਅਕਾਸ਼ਾਂ 'ਚ ਹਵਾਵਾਂ ਰੁਕਣ ਸਾਥੀ,
ਕਿੱਥੋਂ ਆਉਂਦੀਆਂ ਚਿੱਠੀਆਂ ਹੁਣਤਰਸਣ ਅੱਖਾਂ,
ਦੱਸ! ਕਿੱਥੋਂ ਜਾ ਕੇ ਆਸਾਂ ਮੁੱਕਣ ਸਾਥੀ,
ਕਿੱਥੋਂ ਰਾਹਾਂ ਸਵਰਗਾਂ ਨੂੰ ਜਾਂਦੀਆਂ ਨੇ,
ਕਿੱਥੋਂ ਮੁੜ ਕੇ ਆਉਂਦੇ ਮਰਗਏ ਯਾਰ ਸਾਥੀ,
ਕਿੱਥੋਂ ਨਫਰਤਾਂ ਨੂੰ ਖੋਫ਼ ਮੁੱਹਬਤ ਤੋਂ,
ਕਿੱਥੋਂ ਕੋਈ ਕਰਦਾ ਹੁਣ ਕਿਸੇ ਤੇ ਇਤਬਾਰ ਸਾਥੀ,
ਸਭ ਬਦਲ ਗਿਆ ਮੇਰੇ ਹਮਦਰਦਾਂ,
ਚੱਲ ਆਪਾਂ ਵੀ ਮਾਰਚ ਲੀਏ ਉੱਚੀ ਉਡਾਰ ਸਾਥੀ!!

Raveena Rani

Bcom 2

LOCKDOWN: ECONOMIC DOWNTURN

2020 being the toughest year brings a lot of negative consequences for Indian Economy. To control the spread of COVID-19 government of India announced a 21 day nationwide lockdown on March 25, 2020, which has been extended till 30th May with progressive changes in restrictions in time.

India's growth in the fourth quarter of 2020 went down to 3.1% according to the 'Ministry of Statistics'. The World Bank and rating agencies had initially revised India's growth for financial year 2021 with lowest figures India has seen in three decades since India's economic liberalization in 1990's. SBI also stated a contraction of 40% in GDP in quarter 1 but it will not be uniform.

During the lockdown, an estimated 140 million people lost jobs while salaries were cut for many others. More than 45% of households across the nation have reported an income drop. Up to 53% of businesses in the country were significantly affected. Major companies in India such as Larsen and Toubro, Bharat Forge, Tata Motors, Aditya Birla Group, BHEL temporarily suspended or significantly reduced operations. Young startups have been impacted as funding has fallen.

When lockdown was announced Petrol price in Delhi used to cost Rs.69.59 per liter while Diesel used to Retail at Rs.62.29 per liter. In September, when things were heading as they were used to and there was surge in demand for fuel, petrol in Delhi used to retail at Rs.82.08 per liter and diesel Rs.73.56 per liter. Main reason behind the fuel hike is that India imports 80% of oil prices in the international market. But one reason is also high tax, currently central and sales taxes make up 60% of retailing selling price of petrol and over 54% diesel.

In a nutshell, due to pandemic and lockdown imposed to save lives of people, it negatively impacts Indian economy and also increases great stress among poor and middle-class communities due to rise in prices.

Monalika

B Com 2

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Monalika

B Com 2

EXPERIENCE AT PGGCG-11

Greetings to all at PGGCG-11,

I am Pragya. I was a personality that someone would love to be, so confident and so brave. But as we know scenarios change and people change, this personality of mine was lost a few years back. When I was in 9th standard, I was locked in situations where I felt suffocated, it felt as if I had lost all my energy to fight against all odds, my grades dropped, I lost friends, had no wish to go to school and felt depressed. But I never wanted to lead that life. I am speaking of this maybe for the first time, just because I realized that with time there are many people who face similar situations and I wish I can help them so they don't waste their time whenever such circumstances arise in front of you. Just relax, calm down, take a deep breath and think of the purpose of your survival. And if it gets grave, talk to your parents. This is what I did whenever I felt upset. Never take depression lightly. Even the smallest symptoms are not meant to be ignored. But be careful of never being afraid of this darkness. Just have the courage to fight. The main reason of me coming here in this article section was to tell you how this campus helped me change my life. The first day I came to the college, I was so scared to see faces in large numbers. I was afraid of facing them, having an eye contact and moreover making new friends. I was all alone in the crowd. The words of my parents echoed in my ears, "Pragya, be confident. You are no less! For us you are the best." and then I went ahead with my head held high. A few times my heart trembled and refrained me from being who I was. Here in GCG I have spent 5 years- 3 of graduation and then 2 of post-graduation. The first day I had never expected to be what I am today. In a batch of around 140 students during my graduation years, I made only 3 friends. I tried hard but wasn't very successful in regaining what I lost. But during the last two years, I found people who were so different. In the MCom batch we are 39 girls and half a dozen teachers. We were just like a family who always used to motivate each other. I found a friend, Kiran who told me that I could do anything. I remember, when the HOD asked in the class if anyone was interested for the post of class representative, Kiran pushed me to stand for the Class Representative in the Student Council and herself stood for the CR. I knew I could do it, but did not have the courage. So, I call Kiran as my light. In this batch there are all I want to name- Rushali, Stanzin, Preksha, Suman, Nisha, Meghna, Namarta, Anjali and each one of them who have been so much motivating, supportive, friendly and so warm hearted. I felt so much like the old person I was. They praised my talents, and told me that I was capable. In short, I'm thankful that I found them. I have never met such people before. The decision of mine to take admission into this course was life changing. PGGCG-11 was a chance provider and my friends were the companions for me to reach my destination. I felt more confident, participated in more events, winning or losing did not bother me, I was happy with my performance and now I always assure myself that I am becoming the person I was, even a modified version of myself. All thanks to this batch 2021 of 39 masters in commerce, all my teachers, PGGCG-11 and most importantly my breathing sessions with myself. So, at the end I would say that just introspect yourself and realize your potential. Feel free to say anything to anyone. Just be yourself and know that you can do anything. This is what my friends taught me and I want to share this with you all and every woman I meet in my life. This will be empowerment of women in true terms.

Pragya
M Com 2

ABOUT BANKING

- | | |
|--|------------------------|
| • First bank set up in India | Bank of Hindustan 1770 |
| • First Indian Bank got ISO | Canara Bank |
| • First Bank to introduce ATM in India | HSBC |
| • First Bank to introduce Saving Account | Presidency Bank |
| • First Bank to introduce cheque system | Bengal Bank (1784) |

- First Bank to introduce Internet Banking ICICI Bank
- First Bank to introduce Mutual Funds State Bank of India
- First Bank to introduce Credit card Central Bank of India
- First Governor of RBI Mr. Osborne Smith
- First Indian governor of RBI Mr. C. D Deshmukh
- First Rural regional Bank Prathama Bank
- Total Private Sector Banks in India 19
- Total Public Sector Banks in India 12
- Total Foreign Bank in India 46 (as on 5th Aug., 2021)

Janvi

M Com 2

POWER OF EFFECTIVE COMMUNICATION

As we all know about communication and we eagerly want to have remarkable communication skills. Experts have already defined the tricks, tips and theories of communication. Some of you have read the books on communication but all these things have their theoretical importance. The practical aspect of communication is not explicitly defined. The word communication is derived from the word “**commune**”. The meaning of commune is “**to share**”. So, basically the meaning of communication is to share the ideas, thoughts and feelings of one person to another person. The first step of having absolute communication is to listen. To listen carefully is the root of having phenomenal communication. Here the question arises ‘**how to listen carefully?**’ When we shuffle the alphabets in the word ‘**listen**’ it emerges to be ‘**silent**’. We must listen to the words silently so that we can figure out the elements of communication.

When we understand the facts of communication then we can express our point of view clearly. The well calculated answer has worthy meat. The problem of our generation is that we do not want to listen to the speaker.

We only want to speak whether it is effective or not. Our perception is that we know everything and we are always right. Our attitude is earning attitude instead of learning attitude. This leads to absurd or we can say ridiculous communication. The day we start learning things and know their significance in practical life, we will talk meaningfully and our communication skills shall improve. Sometimes, the speaker fails to judge the subject matter of the discussion. The subject matter should be according to the taste of the audience. So, the content plays a crucial role. There must not be unnecessary bombarding of questions, this will surely ruin the communication. Some people raise their volume and literally start roaring. These types of stereotypes definitely spoil the communication. They want to dominate the other person. Dominance is never acceptable. So, we must take care of our words. For proper communication, we should listen patiently. If we are able to understand, then we can solve the problem and can make our point of view attractive. Only the exchange of ideas can be worthy.

Communication is all about understanding the other person, not about winning arguments or forcing your opinion on others.

Janvi

M Com 2

POETRY DEALER

Why I am a "poetry dealer"

I want to inspire people,

I want to share the burning, flaming passion and

Feelings and

Sunlight intertwined with

Raw, humane honesty and gravity which we call

Poetry nowadays,

I want to share it till we all understand how

Human souls keep us tied

To this spinning, whirling planet, and that

Our emotions are powerful enough

To create (or defy)

Anshu
B Com 1

UNEXPECTED

We all have certain people in our lives who mean the world to us and we just can't survive without them. We all think about how we'll spend our lives with them, what we'll do with them in the future. Basically, we think about everything good and positive. We never think; what if we lose that person how will our life be after them. Well, because we don't want to lose that person. We would never think of something ill happening to them.

But life brings unexpected, never thought about situations, the situations that cost us that one person. And then our life changes, it seems to be over. The pain can't be cured. This void cannot be filled by any other person. And the thing that bothers the most is that it doesn't feel like they have left and when the reality hits we know, the person once gone, is gone forever. Neither can you nor me understand what the person suffering through the situation is dealing with. You and I can be there for them but we can't understand their pain.

Losing someone is very personal; we don't know what relationship the two shared. The loss is difficult to deal with but it can only be dealt by the one who has suffered the loss. This is the way life works, the hard way. We can't help it. There will be a day when we'll be the one's suffering through the same loss and no one would be able to make us feel the comfort of being at home the way that ONE PERSON did.

The ultimate truth of life is DEATH. Acceptance is hard and no one accepts, they just learn to live with it. The pain does lessen day by day but it never vanishes and neither does one move on, it's always there and they just adjust to life without that one person.

We don't know what will happen to any of us tomorrow. We love and fight with the people who mean to us the most but we shouldn't stay mad at them forever because when we realize, it'll be too late for it and you know that you've lost someone who meant the world.

So, spend as much time as you can with that one person who matters to you the most and make your life meaningful.

Yashvi Dhir

B Com 2

THE MORAL DILEMMA

I was at the bus stop, with a cigarette in hand.
A heavily-accented voice asked: "Give me one my friend."
I was well-trained, so I instinctively said no.
He offered to buy one for me and I said sorry again. Oh!

Why didn't I give him a smoke; I debated?
Have I become mean, or is it all stress-related?
Is it something that really matters?
This moral dilemma my mind ponders.

The bus reached my stop and I alighted.
As I neared my front door I was interrupted.
There stood a young man sweating like a pig!
Begging me for money with a story ever so big!

A little startled, again, I was unobliging.
So, he took off in a flash, almost running.
Why didn't I help him out with some money?
This moral dilemma is far from funny.

I want to continue to be generous and kind.
To opportunists though, I don't want to be blind.

Anshu
B Com 1

EXAM DAYS

Sticky notes on the wall
Half written notes
Heavy books around me
Which are hard to understand
For my brain
My handwriting
Looks like a doctor's description
And in middle of them
I sit with droopy eyes
Sighs
My brain is numb
I'm tired
Just tired
& Then it's raining
I wished to wash away
From inside and out
It's just everything is heavy
This heart and head

Anshu

Bcom 1

ACT OF SACRILEGE

Superstitions are neither a vital part of belief, faith and religion, nor are they crucial to our survival. Most superstitions stand in the way of social progress and spiritual evolution. They hinder rather than engender progress to higher dimensions.

Some superstitions could have started off as protective measures, like not walking under a ladder to avoid getting hurt, or to not keep a cracked mirror at home to rule out risk of injury. But when superstitions acquire a life of their own and are followed irrationally, they become unscientific and dangerous. These superstitious practices need to be discarded totally, like that of feeding wild birds, for instance, being touted by quack faith healers among the vulnerable and the ignorant, as a cure for serious illness.

Kilos of rice and other grain are scattered on rooftops, verandas and public spaces, to feed wild birds. Pigeons and parrots come swooping down to eat their fill. Since this is not part of their natural diet, their digestive systems get compromised; they get fat and lazy; they forget how to forage for worms and seeds and worse, they tend to excrete in copious quantities. There's more. Leftover grain is eaten by squirrels and rats who also nibble at cables and wires that crisscross rooftops and balconies. There are reports of exposed electrical wires that are hazardous, causing fires and creating risk to life.

In the garb of performing an act of compassion or charity, by feeding birds food they are not meant to eat and in large quantities on a daily basis, what are superstitious offenders achieving, both for themselves and for the birds? The birds are easy prey, as they do not have the power of discrimination that human beings have, and so will happily eat food that is being made available to them easily, abundantly and regularly. Since they are too full with grain to eat the varied diet, they are otherwise used to, they become malnourished. There has been evidence of unnatural territorial aggression as well.

The bird feeding frenzy causes a great deal of inconvenience and poses health risks to neighbors and the general public as bird excreta is concentrated in these spots and could give rise to bacterial infections. And the increase in rodents, insects and other pest traffic could pose further health risk as they are potential carriers of disease transmitted through the body fluids they leave behind.

Cats are stoned when they cross one's path, birds are tortured in the name of charity – all because of ignorance and superstitious beliefs – and people's lives are placed at risk, and sanitation and hygiene are ignored. These are important enough reasons to educate the ignorant and create public awareness, especially in dense urban areas, about the need to let the wildlife live their lives the way they were meant to, without human interference. And to not romanticize the fact that scores of beautiful parrots assemble on one's terrace, whereas a great disservice is being done to the birds.

As for belief that the sick get well by feeding wild birds, there is no scientific evidence to support this belief. Perhaps "compassion" to birds can take the form of rejuvenating water bodies like tanks, ponds and rivers, so that birds get access to clean drinking water which is now increasingly in short supply.

KARMA

Karma Says,
We all have pasts.
We all made choices that maybe we
weren't the best ones.
None of us are completely innocent,
but we get a fresh start every day to be a better person than we were yesterday
Your past is just a story
And once you realize this it has no power
to rule on you,
Also past is a good place to visit
But certainly not a good place to stay.
You can spend minutes, hours, days, weeks,
or even months over-analyzing situation;
trying to put the pieces together, justifying what could've,
would've happened.
or you can just leave the pieces on the floor and move on

Anshu

B Com 1

MASTERPIECE

God took the strength
of a mountain,
The majesty of a tree,
The warmth of a summer sun,
The calmness of a quiet sea,
The generous soul of nature,
The comforting arm of night,
The wisdom of the ages,
The power of eagle's flight,
The joy of a morning in spring,
The faith of a mustard seed,
The patience of eternity,
The depth of a family's need,
Then God combined these qualities,
And then there was nothing more to add,
He knew his Masterpiece was complete,
And so, he called him-DAD

Anshu
Bcom 1

NATURE

Of the dust of Earth,
and softened spring rains;
flowers erupting,
colorful arrays
dancing on a breeze.
They beautify
all of nature
with beguiling
vivid blossoms.
View flora,
breathe blossoms,
pick bouquets.
Nature
gifts them
All.

Anshu
Bcom 1

STORIES AND LIFE

Consider, your life is a story. You're the one in control. You're the one cruising through it. You're the one who's going to decide who and what will be the part of your story. Then why waste time, trying to live on the terms of people who bring you down? Why drain your energy for things that who defuel your soul. Life is a short story that only can be lived through once. You are the who is cruising through your story. Don't just skip through the chapters, live each moment like it's the last. Live on your terms. Do what fills your soul with purpose and liveliness. Appreciate each build up, and every high and low of your story. And remember, stories aren't meaningless, if yours was written, it was written for a purpose.

Sheereen Khan
B.A 2

THE NIGHTMARE RESIDUE

I pressed a tissue to my brain
And felt the pulse within my vein
But through this dank, translucent fog
I knew it's my nightmare's epilogue.
The lack of breath inside my lung
but still my heart's melody strung
Into the fear that from here risen
This broken epidermal prison.
I pulled the tissue back, behold
my dreams are rotten with a mold
No cleanliness could dare provide
a second chance at breath of life.
I lost my mortality in the mist
Forever suspended in timelessness
And now I am but nightmare crud:
A stream of consciousness and blood

Anshu
B Com 1

A CURVY SMILE

A curvy smile on a face
For all the others to embrace
Just under the nose
To glow like a rose.

Hiding the pain
And healing the scars
Energizing the veins
To shine like a star.

Wrinkling the face
With those beautiful dimples
For the lovely eyes
To twinkle.

Wear it everyday
With confidence
To cheer up every moment
And spreading happiness all around.

Arshdeep Kaur

B Com 2

FORGIVENESS

Often the key to realizing our demons start with forgiveness.

Forgiving others isn't always that way but I've found myself enabling little empathy.

"What on earth happened to that person to make them do what they did to me?"

From here I can take a compassionate stance and find a way to forgive.

Forgiveness never means what someone that did with you was okay. It means you are realizing yourself from the power the situation has had over you. If it is you who needs forgiveness, remind yourself that at the time it really did seem like the best thing; we learn from our mistakes, and each day moves forward. We can begin to make better choices and find other solutions that are bothering us.

Anshu
B Com 1

TEACHER

To all the teachers
They have no superpowers
But had taken us above the skyline.
When we're underground
They crossed all the bounds
They are the super creatures
Which are known as TEACHERS

Anshu
B Com 1

SHE

She wants to dive in skies
Like a free bird
But starved eagles wreck her hopes
Lurk upon her to snatch
her flesh with their edgy claws
She smelt temptation in their intentions
To trim her wings
Cage her hopes
And walk on lands
They assume her as dust
whom everyone lusts and feast
She walks upon the streets
Scented with tempted eyes and hearts

And she is a diehard
But no one knows
She is a pure dove whom the Angel guards
And She learned one thing
"She isn't a prey whom they betray"

Anshu
B Com 1

TEENAGE

Follow the path of age and time, it will address,
Blissful ignorance, sentiments youth once possessed.
Follow leaders of power for we can't discern,
Greed, arrogance, authority often does churn.
Follow large masses, amongst the crowded we'll stand,
Misguided, off-course, stripping away our own stance.
Follow the logic of wisdom and then we'll see;
That not everything is what it appears to be.
Follow the unfortunate and terminal lives,
Ask what they desire? Nothing, just to survive.
Follow your heart when you're lost and a flounder;
Know you have choices, support from those around you.
Face these reflections, mirrors can only foresee;
The one looking back is who you are meant to be.

Anshu
B Com 1

DYING STAR

Is it bad that your dream is to be
a bright star of the universe,

When you know that you're nothing more, than the dimmest star of your own
constellation,

And when you know that you could end up,
being the dying star in the midst of this process of trying,
to make this dream come true?

Don't people usually wish on dying stars, when they are falling down to fade away?
So, isn't it better to turn into a dying star while trying,
than regret remaining the dimmest one when you decide to give up,
where you could fulfill your purpose till the very end?

Anshu

B Com 1

BITCOIN- AN INVESTMENT OR DIVESTMENT

Is Bitcoin a good investment in 2020?

If you have keen interest in banking, investment
crypto currency and stock market you must have
heard the word Bitcoin. Before Getting into the
detail whether it is a good investment option in
2020 or not, let me give you an overview of Bitcoin.

Bitcoin is virtual or digital currency launched in 2009
by Satoshi Nakamoto. Bitcoin works on blockchain
mechanism. It is operated by a decentralized
authority so that no single person has full control
over it unlike government- issued currency.

Bitcoins are not in physical form they are kept on a
public Ledger that everyone has a transparent
access to.

In 2017, Bitcoin had a spectacular year. It was in bull
period and rewarded investors with 1350 percent

return. It blew everyone's mind. However, in 2018 and 2019, the scenario was bit different. It dropped from \$14000 to just \$4000 which is 70% drop in value. Many companies suffered and were out from the market.

In 2020 investors began with a bullish mood and considered May as a catalyst for new profits but it went exactly opposite as prices fell under \$4000. All credit goes to co-vid pandemic.

Despite the heavy losses global markets have recovered exceptionally well. Stock market have responded positively to the news that vaccines are on the way. So, stock market is going up, the gold prices are stalling on vaccine news.

If you are not sure to invest in bitcoin or any other cryptocurrency, you should have a look over these few reasons.

1. Increase in Bitcoin adoption: Bitcoin adoption is increasing worldwide. The number of users of crypto wallets have also increased throughout 2020. The data shows an increase from 43 million to over 58 million wallets in past 12 months. Also, Bitcoins are scarce just as gold, therefore, they are highly profitable. Moreover, they are very useful. Bitcoins can be sent from anywhere in the world to anywhere else in the

world. No bank can block the payments or interfere in the transaction.

2. Wall Street is going crypto: Bitcoin on the track is one of the best performing assets of 2020.

Bitcoin's strong performance has not escaped notice of Wall Street analysts, investors and companies.

3. Bitcoin has always surpassed its all-time

High after the price crash: Finally, for anyone who's asking that should I invest in bitcoin or not because of its highly volatile nature, he should look back at the historical price data. Bitcoin has seen many ups and downs but has always surpassed its all-time highs after lows.

CONCLUSION: We need to understand what benefits cryptocurrency provides us and what are its drawbacks. Benefits are that it is transparent, it is very easy to operate, decentralized, highly secured. The primary drawback is it is highly volatile, the values changed quite frequently. Thus,

despite being the latest in the series of technology marvel, crypto currencies are still untested waters and only time will tell if they strike gold.

Cherry Sharma

B Com 2

A NOTE AFTER STRUGGLE

I see a bright light, in the sky

Time to end this chapter of my life

Memories whizzing past my mind,

Nothing.

I look at the past,

How I wasted all my life.

Out from the depths of my mind,
I see memories of my pain,
My torture.
And how no one cared.
Waves of bad thoughts,
Now they're gone.
But the happy ones are too...
Now there's this force taking over me,
I can't breathe.
But I won't struggle against it.

Anshu
B Com 1

A POET'S PEN

You drain me of my ink,
Drown me, at your behest.
Day and night, I bleed,
So, I cry these words of help.
I'm ephemeral
I will never have a way.
Please,
Realize my torture
And end this eternal decay...

Anshu
B Com 1

AGONY OF GOD'S OWN CHILD

Have you ever tried being desperate for looking into the eyes;
of a poor little child walking barefoot and half-dressed,
towards his unknown destiny, fighting against his own fate?

Have you ever heard the cry of that child who wakes up;
In the middle of the night, feeling the grumbling hungry tummy
Over an open roof and empty plate?

Have you ever seen the lean musculature of those;
Poverty-struck people who even cannot protect their own self from harm?

Have you ever thought what a weary time all those years would have been;
For those needy people who have the desire and need to live but are even
Toiling harder, wondering what if the world would ask them to pay for a single breath?

Have you ever imagined that the dreams you dream are still a dream for them?

Because for them dreaming costs the price of gold.
Have you ever known the fact that there are some people in the world so hungry;

That God cannot appear to them except in the form of bread?
Have you ever seen their helpless hands pleading before the ignorant rich;

Squandering in wealth and abundance that were supposed to be only raised to pray to God?
Do you even know that their death is so ill-starred that their withered body;

Doesn't even get a chance to rest inside a coffin?

But I am glad that Mother Nature is not as cruel as heartless humans,
She sets her child's soul free of torment and makes them sleep peacefully on her lap.

Now I think it's high time, not to work for charity

But to fight for Justice!

Fight until the Children of the poor eat better than the dogs of the so-called Rich.

Anshu
B Com 1

DREAMS

Close your eyes and let your imagination fly away.
See a picture of where you wish to be one day.

Let the colors of your heart
take command to paint
the picture of your dream
and place it in your hand.

Hold on tightly and nurture it,
but allow it room to grow.
When you reach your dream,
open your hand and let it go.

Close your eyes and search for another, caring for it as before.
Never stop searching, achieving and letting go,
for that's what dreams are for.

Anshu
B Com 1

DARKNESS

Darkness doesn't destroy the Light,
It defines it, gives it meaning,
It's just how people reacts to Darkness,
With Horror and cast it aside.
Darkness is full of possibilities
Darkness is Silence, Solitude & Peace.
I see now,
The beauty of Darkness,
It's Comforting,
To my Solitary Heart
Ever imagined that the most of the beautiful things are,
Entwined deeply more with death than with life itself!
I became friends with my Nightmares,
I now consider them my Personal Artworks,
My Twisted reality of Dreams and Nature
Even the Moon has a Dark side,
that even the Stars couldn't Shine on it;
A side so Cold,
that even the Sun couldn't Burn on it.
If you are in Dark and Scared,
Look on the bright side, I'm with you there.

Anshu

DON'T STOP DON'T QUIT

You wake up every day, and the world will say hey to you.
They wanted you to quit, they wanted you to stop.
But don't give up.
Go and rise e the sun
Let your heart burn
Take new oaths, take w birth.
Go and fight to make your place on earth.
You'll see faces all around you.
But who will stand with you are veryn few?
Go and fight, to take up your right.
Don't wait for your luck, go ride in your huck.
No more violence.
Work in the silence, let success be your voice
Don't give them choice,
Hard work, a little more bit
But don't stop, don't quit

Anshu
B Com 1

THE CONQUERING OF SELF

Self-acceptance is something that is the core element of shaping a healthy personality. The power you have within yourself is the greatest one you can aspire to bag. Conquering over your mind and subconscious is the highest form of achievement. Knowing your strengths, weaknesses, abilities and wrongdoings not only channelizes your full potential, but also gives you enough space for correction. Remember, awareness and criticism are different. Trusting yourself and being patient with yourself is a key element of happiness. Your main aim of life should be to master the chaos in you, to guide yourself, to know yourself and in turn to strengthen yourself. Always remember, the only thing that will ever be true to you is yourself.

Sheereen Khan
BA 2

दुआ

दुआ

दुआऐसीदवाहै... जोकरतीवहांकाम

जहाँनादेपाएकोईस्थूलदवाआराम

दुआपत्थरकोपिघला.... पारसहैबनाती...

दुआआसानीसेहरबातकोपारकरनेकीशक्तिदिलाती

दुआमाना 'दिया'(देना)

जबहमारेतनमनधनद्वाराजाताहैदिया...

वहदियाजगमगादेता हैहमाराआत्मारूपीदिया

यहपंखलगाकरउड़नेकादेतीउमंगउत्साह...

यहीखोलतीहैदेवताबननेकीराह।

दुआवो...जोसबसेस्नेहबढ़ातीहै

दुआवो... जोदूसरोकेगुणोंकोधारणकरवातीहै।

दुआवो... जोजन्मोंजन्मोंकेविकर्मविनाशकरातीहै...

दुआवो... जोपुरुषार्थकोबलदेसफलताकीराहदिखातीहै।

दुआसिर्फमुखकेबोलनहीं, नाहैकोईसाज़..

दुआतोहै... निकलेहुएसुखीदिलकेअल्फ़ाज़

यहहमारीमुश्किलराहकोबनादेतीहैख़ास

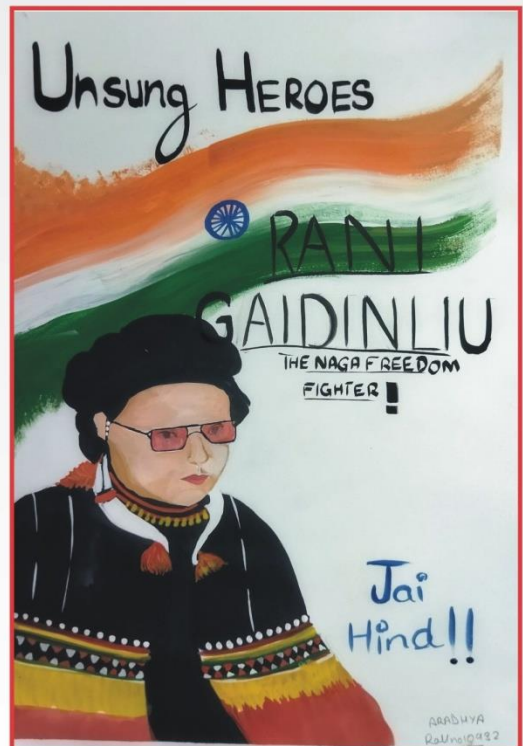
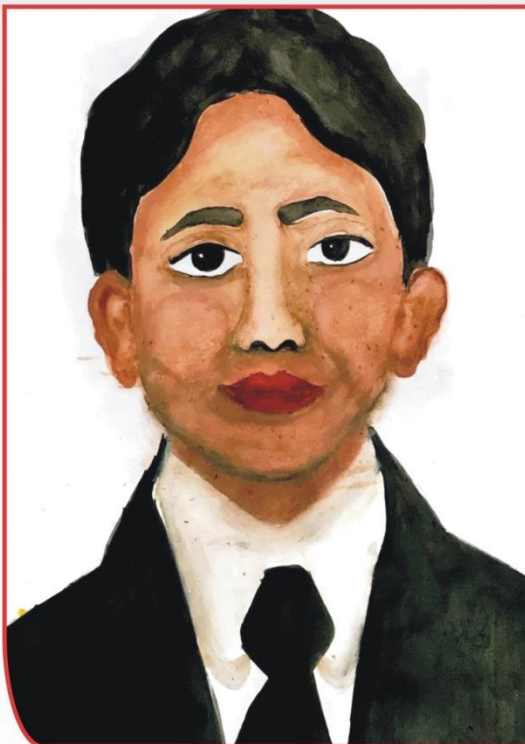
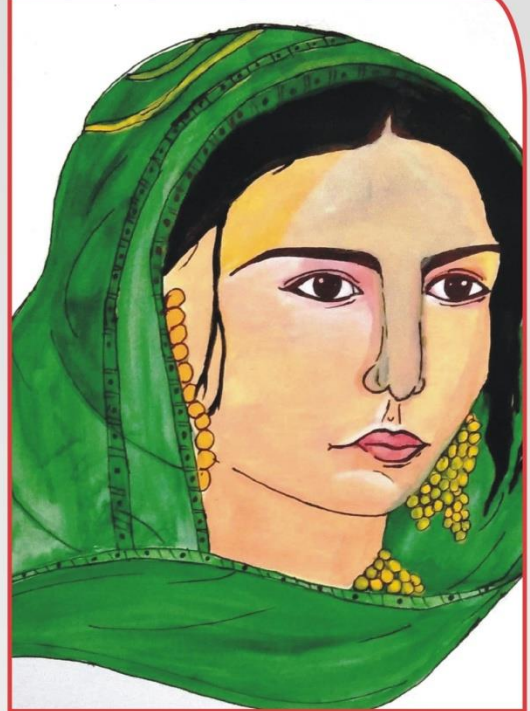
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Shobhika Garg

M Com 1

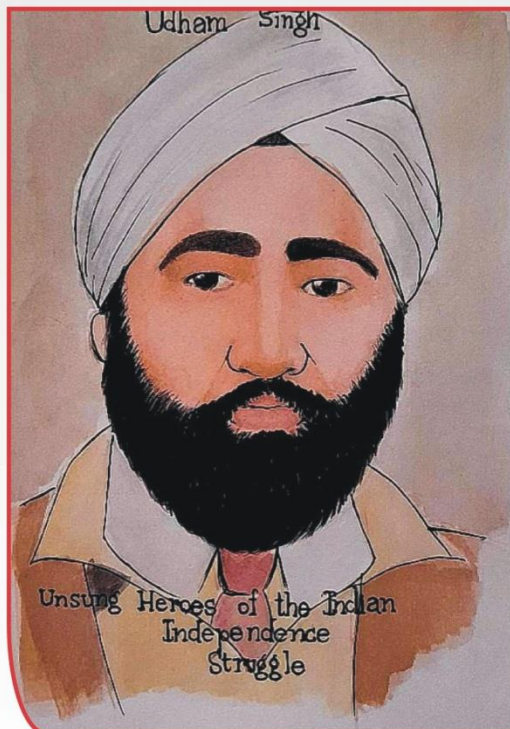
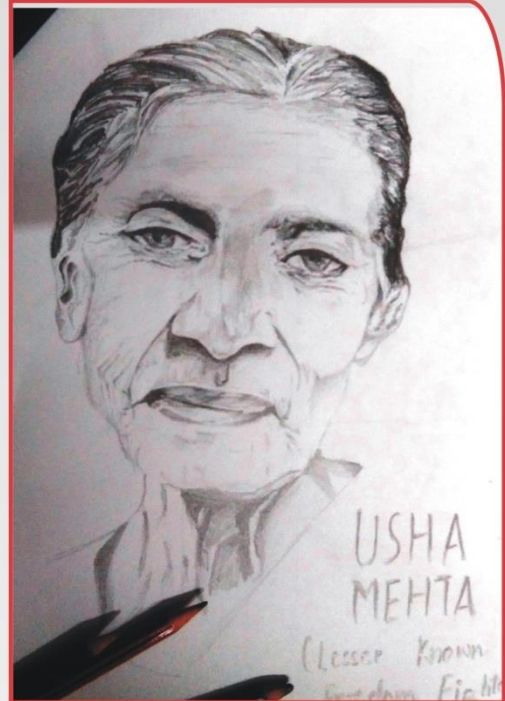
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Unsung/Lesser Known Heroes of Indian Independence Struggle



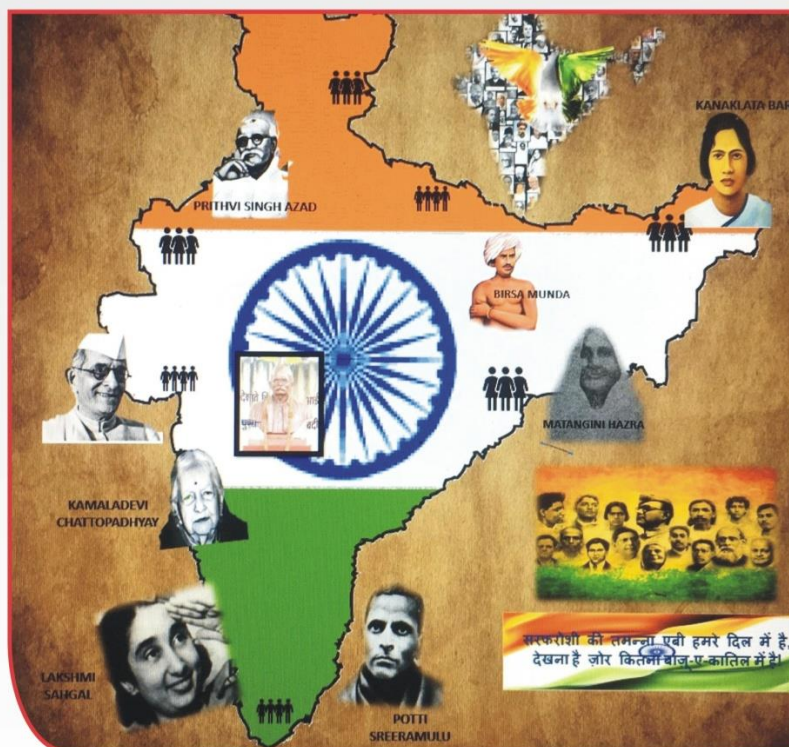
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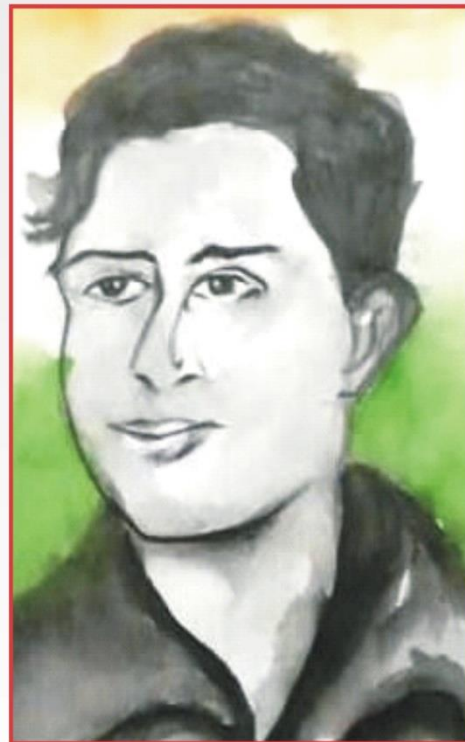
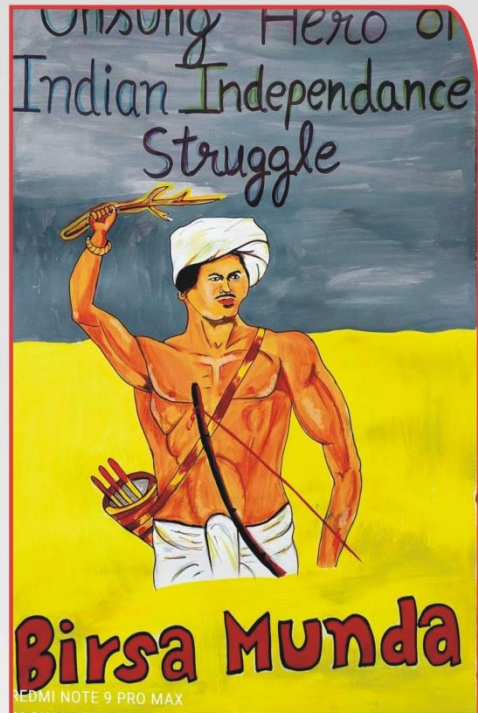
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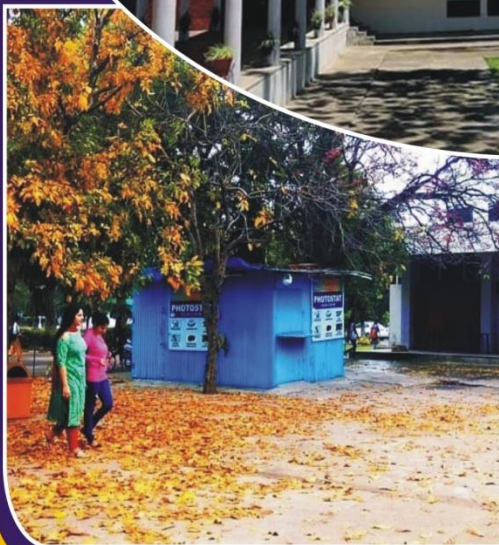


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Unsung/Lesser Known Heroes of Indian Independence Struggle



Glimpses of P.G.G.C.G-11



Glimpses of P.G.G.C.G-11



SCIENCE SECTION

FROM THE DESK OF THE STAFF EDITOR



PLANTS TO THE RESCUE: 7 HOUSE PLANTS THAT ARE NATURAL AIR PURIFIERS

Many scientists have suggested that choosing the right air purifying plants for your home can help detoxify the air in your living spaces, meaning your houseplants not only look lovely but work a little harder to clean the air you breathe in.

NASA's *clean air study* found that there are a number of air purifying plants that can detoxify your home from the airborne toxins, dusts and germs that can be found in a variety of household products, materials and furniture. 7 such plants are as follows

1. Barberton Daisy

As well as injecting a cheerful burst of red, yellow, orange or pink into your home, the Barberton Daisy is an effective cleanser of the toxins formaldehyde, trichloroethylene, and benzene, found in a range of household materials from paints to synthetic fibres.

Care advice: place the plant in a room with plenty of natural light and keep the soil moist but well-drained.



2. English Ivy

This easy-growing perennial vine is particularly effective at reducing airborne faecal particles which makes it the perfect air purifier for your bathroom or en suite. In addition, studies have shown that the ivy can also help combat mould levels in the home.

Care advice: provide this plant, generous watering and four hours of direct sunlight a day, and it will return the love to you with clean, detoxified air.



3. Snake plant or mother-in-law's tongue

With this plant in your bedroom, you're in for a great night's sleep. Also known as mother-in-law's tongue, this yellow-tipped succulent releases oxygen at night, helping you to breathe better while sleeping. It is one of the best plants for filtering the air of formaldehyde, xylene, benzene, toluene, and trichloroethylene.

Care advice: be mindful not to overwater, as the roots are prone to rot in moist soil.



4. Chrysanthemum

Brighten up your kitchen or living room with a chrysanthemum. These pretty blooms help to filter out a host of toxins including ammonia and benzene, which is often found in plastics, detergents, and glue.

Care advice: this plant loves sunlight, so place it in a spot near a sunbathed window.



5. Spider plant

The resilient spider plant is the perfect choice for houseplant newbies. It will quietly battle toxins including carbon monoxide and xylene, a solvent used in the printing and rubber industries. It is one of the few houseplants that is non-toxic to animals.

Care advice: one can repot the tiny 'spiderettes' and grow a whole family of plants that will pretty much take care of themselves and you.



6. Aloe Vera

A healing aloe plant is a lovely addition to your kitchen windowsill, as it loves a sunny spot. While being on hand to soothe any kitchen burns, this succulent will be purifying the air of formaldehyde and benzene, found in varnishes, floor finishes, and detergents.

Care advice: this plant will thrive in a sunny location.



7. Broad Lady Palm

This is one of the few plants that can help reduce levels of ammonia that can be found in a range of cleaning products. They are expensive to buy fully-grown so one can start from seed.

Care advice: humidity-loving, this plant will be very happy in your bathroom.



Clean and purified air is a necessity in wake of rising air pollution. House-planting is one of the most affordable, easy and natural means to keep our home free of foul air and paves way towards a healthy lifestyle.

Happy house-planting!

Dr. Anurita Sharma
Assistant Professor
Department of Botany

FROM THE DESK OF STUDENT EDITOR



HOW TO DEVELOP A KITCHEN GARDEN

A kitchen garden contains plants that are grown to be eaten. Kitchen vegetable gardens can range from simple potted plants to raised-bed gardens and can also be part of larger, multipurpose gardens. They are usually near the house for quick and easy access to fresh vegetables for cooking. One can develop their own kitchen garden by following these steps:

1. Decide on the location.
 - A kitchen garden should be in a sunny spot with a water source nearby and easy to access.

- A protected area, such as one near the house or near a fence, will help to keep animals and pests from the garden while attracting pollinating insects such as bees.



2. Determine the type and size of your garden.

- This will be influenced by the location.
- Kitchen gardens can be small or large and can be in containers, a raised bed or in the ground.
- Raised garden beds are an easy way to start your garden, since they are smaller and do not involve tilling.



3. Prepare the area.

- Kitchen gardens should have rich, fertile soil that is well drained.
- Use a shovel or spade to turn over the dirt in the area. If necessary, till the area and break up large clumps of dirt to allow for better drainage. Remove weeds, including their roots, to prevent them from returning.
- Amend the soil as necessary by adding compost or topsoil. Use a hand till to mix the dirt.



4. Pick the type of plants and flowers you want to have in your garden.

- Take your climate and the growing season in your area into consideration when choosing vegetables.
- Include plants that you plan to use in your cooking. Example-tomatoes, snap peas, peppers, cucumbers, lettuce and herbs.
- Buy seeds online or find seeds or seedlings at your local nursery.
- Combine flowers and vegetables for healthy partnerships and an aesthetically pleasing look. This is known as a “potager” style garden.
- Perennial fruit trees and flowers can be used as border plants and will return each year.



5. Plan the arrangement of your plants and hardscape elements.
 - a. Consider the mature height and spread required for the different plants. Remember to leave room to access your plants for harvesting.
 - b. Determine how you will use plants and hardscape edging to define your garden space and design any pathways for your kitchen garden.



6. Plant your vegetables and flowers.
 - a. Water your plants before planting to loosen the root balls.
 - b. Pay attention to plant spacing and timing, which will vary by plant. Plant the vegetables or flowers by digging holes with a plant spade that are wider than the root ball and just as deep. Fill dirt back into the hole around the plants and pat the soil down.
 - c. Water the new plants immediately. Continue watering regularly, but do not over water.



7. Harvest your kitchen garden as the vegetables mature.
 - a. Harvest times will vary depending on the vegetables, the timing of plantings and your location. If you include a variety of plants, you can enjoy fresh vegetables and flowers from your garden throughout the growing season.



Happy gardening!

Nikhita
BSc. Medical III
Student Editor

WHY DO BATS HANG UPSIDE DOWN?



At night, bats (mammals not birds) swoop through the air, snatching up hundreds of insects and small animals. But during the day, they hardly move at all. Instead, bats pass the time hanging upside down from roof of a cave, underside of bridge etc.

There are a couple of reasons why bats roost this way. First of all, it puts them in an ideal position for takeoff. Unlike birds, bats can't launch themselves into air from ground. Their wings don't produce enough lift to takeoff and their hind legs are small and underdeveloped that they can't run to build up the necessary takeoff speed. Instead, they use front claws for climbing, then fall into flight. By sleeping upside down, they are all set to launch if they need to escape the roost. Secondly, hanging upside down is also a great way to hide from danger. During the hours when most predators are active, bats congregate when few animals would think to look and most can't reach. This allows them to disappear from the world until night comes again. There's also little competition for these roosting spots, as other flying animals don't have the ability to hang upside down.

A bat that dies while roosting will continue to hang upside down until something (such as another bat) jostles it loose.

Sanjna

BSc. Medical II

THE WORLD OF SCIENCE

As we look back in the ancient times we see so much development in the world. The world is full of gadgets and machinery. Machinery does everything in our surroundings. How did it get possible? How did we become so modern? All this has been possible with the help of science. Science has played a major role in development of our country. Furthermore, science has made our lives easier and carefree. In a nutshell, science has transformed our lives. First of all, transportation has become easier. With the help of science it has now become easy to travel long distances. Moreover, the time of traveling has also reduced as many high speed vehicles are available these days. These vehicles have totally changed the face of our society from great steam engines and electric engines in earlier times to motorcycles and electric cars today. This saves time and effort and this has been possible with the help of science. Secondly, Science has made us reach the moon but we haven't stop there. It has also given us a glance at Mars. This is one of the greatest achievements. This has been possible due to science. These days' scientists make many satellites due to which we are able to use high speed Internet. These satellites revolve around the earth day and night. Even without making us aware of it, science has become the backbone of our society. Science has given us so much in present times. Due to this, we are taught science from an early age. Thus it holds true that the "The science of today is technology of tomorrow."

Shreya
BSc. Medical I

GIFT OF SCIENCE – ELON MUSK'S NEURALINK

Astrologers, anthropologists, geologists and many other scientists have made mind boggling breakthroughs in the world of science. From super massive black holes to treatment for Ebola virus to launching a spacecraft into orbit that's powered by sunlight, to discovering a hidden continent and send probe to an asteroid 5.5 million miles away from earth. We associate 2020 with COVID-19 but it has been a time of great achievement in space exploration, neuro technologies and the most interesting one which is Elon Musk's Neuralink. It is a neuro technology company aimed to develop progressive implantable brain machine interfaces. A wide range of application of these devices is far reaching. It will connect human brain to an intuitive machine interface. This would essentially allow progress with medical diagnostics and health monitoring as well as tracking activities concealed from regular machine devices. Despite certain ethical considerations, its presentation to a broader public on August 28 was definitely worth mentioning as iconic inventor Elon Musk's Neuralink became one of the most notorious achievement.

Anshika Vohra
BSc. Non Medical I

GREEN CRACKERS

What are green crackers?

Green crackers are environment friendly firecrackers that contain a lesser amount of chemicals and cause less pollution.

Discovery

As we know during the festive season mostly on 'Diwali' crackers are burned as a sign of joy and happiness by us. By using crackers air is polluted to a great extent. So to reduce the air pollution CSIR and NEERI jointly made these Eco-friendly crackers.

Unique features of green crackers

- Pollute less as particulate matter is reduced by 30-50%.
- Release water vapor and/or air as a dust suppressant.
- Release diluents for gaseous emissions.
- Do not leave ash.
- In these crackers potassium nitrate and zeolite is used instead of barium nitrate.
- They emit 110-125 decibels of sound against 160 by conventional ones.

Green crackers in INDIA

There are three types of green crackers available in INDIA- SWAS, STAR, SAFAL.

Identification of green crackers

The crackers cover carry a QR code and logo for 'green fireworks'. The logo also has the stamp of CSIR-NEERI-INDIA.

So the conclusion is that by using these green crackers, we can celebrate our festivals and protect our environment to some extent.

Usha Rani
BSc. I

CYBER AND INFORMATION SECURITY
**“FOR EVERY LOCK, THERE IS SOMEONE OUT THERE TRYING TO PICK IT OR
BREAK IN.”**

In today's world, technology has evolved to the point where a large amount of information is stored in cyberspace. It is because of this type of storage, people around the world have an easier time at accessing information than ever before.

The time before the late 20th century gathering information was long and tedious to get a book that the library did not own would take at least a couple of weeks depending on the time period or it may not have been possible to obtain that book. But now people can access a vast amount of information in a matter of minutes. Now, the internet is virtually transforming and revolutionizing the world.

But the information technology is a double-edged sword, consistently presenting us with benefits and hindrances. As people share their personal information online, most of their accounts get hacked by cyber-criminals and so, trusting internet nowadays isn't a wise thing to do. The internet has brought so many benefits to the society but it has also brought some problems and cyber crimes are one of them.

Cyber crimes have emerged rapidly in the last few years and have major consequences. The most prominent forms of cyber crime are cyber theft, phishing, pharming, hacking, cracking, spreading viruses & worms to damage computers connected on the internet and committing frauds. There are more such software and viruses such as firewalls, cryptography, data diddling, logic bomb, and Trojan horses, etc. that are being used to interfere in somebody's personal life for their benefit and enjoyment.

Stoppage of cyber crimes is a major concern today. Cyber and Information Security was once not a serious issue. But, now many people are complaining about spamming, spoofing, etc. and so it has become urgency in this world as if now life without internet is not possible and every human being relies on it.

The terms Cyber Security and Information Security are often used interchangeably. The Center for Cyber and Information Security is defined as the process of protecting information and its systems against unauthorized access, disclosure, disruption, destruction, modification, all for offering confidentiality, integrity, and availability.

Also, cyber ethics and cyber laws are being formulated to stop cyber crimes. It is the responsibility of every individual to follow cyber ethics and cyber laws so that the increasing cyber crimes shall reduce. Security software like antivirus and anti spywares should be installed on all computers, in order to remain secure from cyber crimes. Internet Service Providers should also provide high level of security at their servers in order to keep their clients secure from all types of viruses and malicious programs. It is important to remember that no system can ever be completely secure. The goal for securing your system should be to balance security with accessibility.

“THEY WANT WHAT YOU'VE GOT. DON'T GIVE IT TO THEM.”

Sukhpal
BSc. Non-Medical II

SUSTAINABILITY SCIENCE: THE EMERGING RESEARCH PROGRAM

The last decade has witnessed the emergence of an array of increasingly vibrant movements to harness science and technology (S&T) in the quest for a transition toward sustainability. In seeking to help meet this sustainability challenge, there are multiple

movements to harness science and technology for sustainability focus on the dynamic interactions between nature and society, with equal attention to how social change shapes the environment and how environmental change shapes society. The research and applications program that has begun to emerge from these movements has been called “sustainability science”[±] by the National Research Council.

Activities to advance the sustainability science program are moving forward on a number of fronts and at scales from the global to the local. The lists of programs and projects are maintained on the Forum on Science and Technology for Sustainability. As an indication of the range of activities underway internationally, the International Council for Science, Third World Academy of Sciences, Initiative on Science and Technology for Sustainability, and other organizations have formed a Consortium for promoting a coordinated international program of research, capacity building, and applications.

Sustainability science is not yet an autonomous field or discipline, but rather a vibrant arena that is bringing together scholarship and practice, global and local perspectives from north and south, and disciplines across the natural and social sciences, engineering, and medicine. Its scope of core questions, criteria for quality control, and membership are consequently in substantial flux and may be expected to remain so for some time.

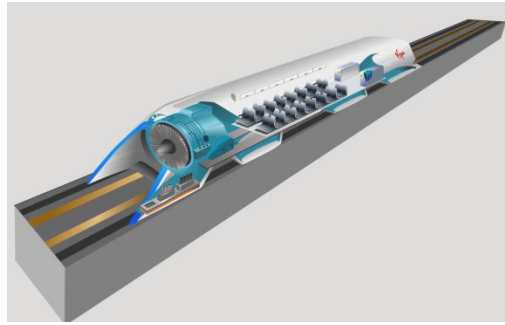
Shriya Upadhyay
BSc. Non-Medical II

CLIMATE FORCING

Climate Forcing is an imposed, natural, or anthropogenic perturbation of the Earth's energy balance with space. Increasing anthropogenic green house cause the largest positive (warming) forcing. It is crucial to reduce uncertainties in our understanding of the climate impacts of short – lived climate forcers, in the context that their emissions are anticipated to decrease significantly in the coming decades worldwide . Using the Community Earth System Model (CESM1), we performed time – slice experiments to investigate the effective radiative forcing (ERF) and climate response to 1970 – 2010 changes in well – mixed green house gases (GHGs), anthropogenic aerosols, and tropospheric and stratospheric ozone. Once the present – day climate has fully responded to 1970-2010 changes in all forcings, both the global mean temperature and precipitation responses are twice as large as the transient ones, with wet regions getting wetter and dry regions drier. The temperature response per unit ERF for short – lived species varies considerably across many factors including forcing agents and the magnitudes and locations of emission changes. This suggests that the ERF should be used carefully to interpret the climate impacts of short – lived climate forcers. Changes in both the mean and the probability distribution of global mean daily precipitation are driven mainly by GHG increases. However, changes in the frequency distributions of regional mean daily precipitation are more strongly influenced by changes in aerosols, rather than GHGs. This is particularly true over Asia and Europe where aerosol changes have significant impacts on the frequency of heavy –to – extreme precipitation. Our results may help guide more reliable near – future climate projections and allow us to manage climate risks more effectively.

Anshu Verma
BSc. Non-Medical I

THE HYPERLOOP



Today's science is tomorrow's technology - Edward Teller

Hyperloop is a futuristic transport technology. Its potential pace would be 700 mph, thereby minimizing travel time. In 2012, the famous entrepreneur Elon Musk officially unveiled a hyperloop design. It is "Open - sourced" and invites people to foster innovation. Several companies developed and multi-disciplinary student-led teams are focusing to bring technology in reality.

Hyperloop is an enclosed metallic low-pressure tube system in which the pod can ride considerably free and it resembles a vactrain design that technically reduces air resistance or friction by way of maglev trains in tubes that are evacuated or partly evacuated by tunnels. However, the massive prices of magnetic levitation (maglev) and the challenge of sustaining a vacuum over large distances have stopped the implementation of this kind of project. Only Virgin Hyperloop successfully completed the first human trial at a speed of 107 mph. The suggested routes in India are between Chennai and Bengaluru, Amaravati and Vijayawada, Mumbai and Pune.

Hyperloop would have resistance to earthquakes and extreme weather, but would still face scrutiny, as it would be an enticing target for criminals, disrupted by constant mud, grime, and a single point of failure will be tragic for the whole system. It's going to be pretty hard to travel in a window-less pod in a steel tunnel. Like it says, it's not just about the destination, it's about the journey.

Preyanshi Sharma
BSc. Non-Medical I

DOCTORS FIND NEW ORGAN IN THROAT 1.5 INCHES IN LENGTH!

Scientists have found a new organ in the upper part of the throat. The researchers at the Netherlands Cancer Institute found an organ 1.5 inches in length on average, according to the journal *Radiotherapy and Oncology*. "Histology and 3D reconstruction confirmed the presence of PSMA-expressing, predominantly mucous glands with multiple draining ducts, predominantly near the torus "tubarius," the journal said in its report."The human body contains a pair of previously overlooked and clinically relevant macroscopic salivary gland locations," the study said while proposing to name it tubarial glands. The researchers reportedly found the new organ accidentally when they were using a combination of CT scans and positron emission tomography (PET) scans called PSMA PET-CT to study prostate cancer. The doctors had injected a radioactive "tracer" into the patient. The researchers studied images of 100 patients and found that all of them had the glands."Sparing these glands in patients receiving RT may provide an opportunity to improve their quality of life," it said. The doctors said the new discovery would help in cancer treatment since damage to these glands can impact the quality of life due to radiation impact.

Archisha
Bsc Medical III

ARTIFICIAL INTELLIGENCE

Introduction

If a machine can successfully pretend itself to be human, then you must consider it “intelligence”. System based on artificial intelligence are now used in daily routine in several field such as machine, economic, military, engineering and. Also in several commonly used software applications, conventional strategy games and many more.

Types of artificial intelligence systems and their application.

Artificial intelligence is demonstrated by any artificial entity as a system that is commonly assumed as a computer. You can find AI system In your daily life such as Software apps, video games and computer chess games.

Different categories of artificial intelligence system

Normally, an AI system is classified into 2 main groups. These are conventional AI and computational intelligence .

Conventional AI

Conventional AI is seen to be involved method that is classified in the form of machine learning. It is characterized by statistical analysis and formalism .This is referred to as neat AI, Logical AI, systematic AI, odd an old style artificial intelligence.

Computational intelligence

Computational intelligence, on the other hand involves learning or iterative development. Learning is linked to non symbolic AI, soft computing and scruffy AI based on “empirical data”.

Areas where AI method is used. - Face recognition, Speech recognition, Chats bots, Robotics ...etc

Ruchi
Bsc. Medical III

DISCOVERIES, INVENTIONS, SCIENTIFIC DEVELOPMENTS OF 21ST CENTURY

According to the past centuries, there have been countless developments and advancements in the world. Scientists and researchers have continued to discover new things and expand our understanding and knowledge of natural phenomena happening around us. Science makes progress when it stimulates additional research in the field and also develops when it attracts new people to work on an important research problem. In the 21st century, there are thousands of scientific breakthroughs which help us in improving our way of living while some are key to the greater innovation in future. These developments have occurred in different sectors such as healthcare, agriculture, space research and nuclear power. For instance, India is gradually becoming self-reliant in nuclear technology.

Recently, ISRO launched space technology incubation centre in Tripura, Agartala and has recently planned 36 missions including satellites and launch vehicle FY21. The “detection of gravitational waves” is the greatest discovery of 21st century. Albert Einstein first predicted in his theory of relativity that time travel will be possible and now it has been proven by recent findings. The LIGO project based in the United States has detected the gravitational waves that could allow scientists to develop a time machine and we can travel to the earliest and darkest parts of the universe. Another greatest discovery is that scientists have devised robotic parts through the help of biomechanics and engineering. The university of Twente has developed robotic arms that can aid those individuals affected by Duchenne muscular dystrophy. And In 2006, a team of researchers have found evidence that proves the existence of dark matter.

German Clean Tech. Company has developed a futuristic machine that converts water into fuel. Through power to liquid Technology, they can convert water and CO₂ into liquid hydrocarbons which take form of synthetic diesel, petrol and kerosene.

Science also contributes in medical science. In September 2020, Sree Chitra Tirunal Institute for medical sciences and Technology developed a technology to safely handle the infected respiratory secretions via canister bags containing an effective disinfectant to safeguard health workers who are at high risk due to contagious diseases such as influenza, COVID-19, tuberculosis.

The stem cell research has paved the way to greater access to organs, instead of waiting for donors or taking harsh medications. Scientists from Massachusetts General Hospital and Harvard Medical School have discovered how to regenerate the function of human heart tissue through adult skin cells. Through stem cells, human can grow another organ. Recently, various researches all around the world enable growing fallopian tubes, heart, brain, lungs and kidney among others through stem cells.

However, there is another application of science that has been largely ignored, but that has enormous potential to address the challenges facing humanity in present day education. It is the time to seriously consider how science and research can contribute to education at all the levels of society not just to engage more people in research and teach them about scientific knowledge but crucially to provide them with a basic understanding of how science has shaped the world and human civilization.

Hence, we conclude that scientific developments, inventions and discoveries have made our life easy and are developing ways to address issues and solve problems by improving prevention or treatment of diseases, improving health care delivery systems and also in space technologies etc.

AIR NAVIGATION

The basic principles of air navigation are identical to general navigation, which includes the process of planning, recording, and controlling the movement of a craft from one place to another place.

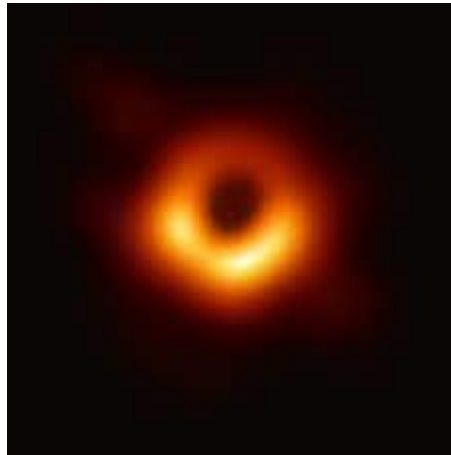
Successful air navigation involves piloting an aircraft from place to place without getting lost, not breaking the laws applying to aircraft, or endangering the safety of those on board or on the ground. Air navigation differs from the navigation of surface craft in several ways; Aircraft travel at relatively high speeds, leaving less time to calculate their position en route. Aircraft normally cannot stop in mid-air to ascertain their position at leisure.

The first step in navigation is deciding where one wishes to go. A private pilot planning a flight under VFR will usually use an aeronautical chart of the area which is published specifically for the use of pilots. This map will depict controlled airspace, radio navigation aids and airfields prominently, as well as hazards to flying such as mountains, tall radio masts, etc. It also includes sufficient ground detail – towns, roads, wooded areas – to aid visual navigation. In the UK, the CAA publishes a series of maps covering the whole of the UK at various scales, updated annually. The information is also updated in the notices to airmen, or NOTAMs.

The pilot will choose a route, taking care to avoid controlled airspace that is not permitted for the flight, restricted areas, danger areas and so on. The chosen route is plotted on the map, and the lines drawn are called the track. The aim of all subsequent navigation is to follow the chosen track as accurately as possible. Occasionally, the pilot may elect on one leg to follow a clearly visible feature on the ground such as a railway track, river, highway, or coast

Vishakha
BSc. Medical III

BLACK HOLES



Black holes are some of the strangest and most fascinating objects in outer space. They're extremely dense; with such strong gravitational attraction that even light cannot escape their grasp if it comes near enough. This can happen when a star is dying. Because no light can get out, people can't see black holes. The largest black holes are called "supermassive." These black holes have masses that are more than 1 million suns together. Scientists have found that a super massive black hole at the centre of the Milky Way galaxy known as Sagittarius A. Scientists think that smallest black holes are as small as just one atom, formed when the universe began. These black holes are very tiny but have the mass of a large mountain. Earth will not fall into a black hole because no black hole is close enough to the solar system for Earth to do that. The sun will never turn into a black hole. The sun is not a big enough star to make a black hole. Black holes are still blowing the minds of scientists who study them. Despite decades of research, these monstrous cosmological phenomena remain shrouded in mystery.

Niti

BSc. Medical III

DEVELOPMENT OF INDIAN SCIENCE

Introduction

India ranks third among the most attractive investment destinations for technology transactions in the world. Dr Harsh Vardhan, Union Minister of Department of Science and Technology, has reiterated that technology is a strong priority area for the Government, and it aims to make people science centric.

India is likely to take a leading role in launching satellites for the SAARC nations, generating revenue by offering its space facilities for use to other countries.

RECENT DEVELOPMENTS

Some of the recent developments in the field of science and technology in India are as follows:

- India Space Research Organisation (ISRO) launched space technology incubation centre in Tripura, Agartala. ISRO has planned 36 missions including satellites and launch vehicles in FY21.
- In September 2020, India successfully flight-tested its hypersonic technology demonstration vehicle (HSTDV) and joined the list of few countries having capabilities for next-generation hypersonic cruise missiles.
- In September 2020, Sree Chitra Tirunal Institute for Medical Sciences and Technology developed a technology to safely manage/handle the infected respiratory secretions via canister bags containing an effective disinfectant to safeguard health workers who are at high risk due to contagious diseases such as influenza, COVID-19 and tuberculosis (TB).
- In September 2020, Tech Mahindra announced a strategic collaboration with Amazon Web Services (AWS) to build Blockchain technology solutions across verticals, including telecom, healthcare, aviation and aerospace.
- In September 2020, according to the US-India Science and Technology Endowment Fund, a team of 11 members (India-US scientists) will be collaborating to propose new innovative ideas to address coronavirus challenges.
- In September 2020, the US-India-Israel announced to collaborate on a trilateral partnership focused on developing a next-gen technology (5G communication network)
- In August 2020, Raman Research Institute, an autonomous institute under the Department of Science & Technology, Govt. of India, found a new way for quantum state estimation, 'Quantum State Interferography', to make crucial quantum operations simpler.

The Union Budget 2020–21

- Under the Union Budget 2020–21, the Government announced the largest ever allocation of Rs 6,302 crore (US\$ 901.70 million) to the Ministry of Science and Technology. It has also allocated Rs 2,787 crore (US\$ 398.77 million) to the Department of Biotechnology and Rs 5,385 crore (US\$ 770.50 million) to the Council for Scientific and Industrial Research.

THE ROAD AHEAD

India is aggressively working towards establishing itself as a leader in industrialisation and technological development. Significant developments in the nuclear energy sector are likely as India looks to expand its nuclear capacity. Moreover, nanotechnology is expected to transform India's pharmaceutical industry.

Aradhana
BSc. Non-Medical III

AUGMENTED REALITY IN HEALTHCARE

It is the 21st century, the era of new thinking and new possibilities. Hence the addition of AUGMENTED REALITY into our healthcare system can be groundbreaking and we would be witnessing the beginning of what AR/VR can collectively do on a larger basis because it has clearly the potential to change healthcare and everyday medicine completely for physicians and patients alike.

AR technology lets user see the real world and project digital information onto existing environment. Basically the users do not lose touch with reality and it puts information into eyesight as far as possible. These features enable AR to become a driving force in future.

Hence I strongly believe that along with the present technologies we have, involving AR can be our NEXT STEP to provide real time vital patient information to doctors.

- It will change the way a doctor sees a patient and the provided data can be used to perform accurate and low risk surgeries.
- Not only this, it can help surgeons to save time in case of an emergency surgery. Instead of searching records, the doctor can have all the information on their AR screen within a second.
- Sometimes patients find it difficult to describe their symptoms, but AR again will come to our rescue.
- Not only this, it will lead to a greater shift in the medical education i.e. taking things from 2-D to 3-D.
- Doctors in training can practice on anything and everything that may come up in real life medical situation. [A shift from dissection labs]
- Allow them to visualize and practice those theories based on medicine.

E.g.: A 3D human skeleton/heart etc.

Talking about the startups in this field, one can really find some of the good augmented practices like, TOUCH SURGERY, IMMERSIVE TOUCH, ACCU VEIN, ATHEER are the pioneers of augmented interactive reality.

Hence one of the first steps that can be taken in this direction is to take that big leap.

"It's our choices, harry, that show what we truly are, far more than our abilities."

JK ROWLING

- ✓ Taking these ideas from these startups or inviting these startups can be one thing. Starting it here under schemes like Make in INDIA can be an affordable way.
- ✓ Professionals having knowledge in this technology can be hired and interactive sessions can be held.
- ✓ More than that, adding these new technologies into our Graduation/Higher Education syllabus should be given priority.

Our country is known for the JUGAAD INNOVATION. The need of the hour is to popularize these technologies to a larger extent as the benefits that AR can bring to the field of medicine are revolutionary and cannot be ignored.

Prachi
BSc. Non-Medical III

READ TO GAIN

There are hundreds and thousands of species on earth. Some of them have evolved very intelligently that they are breaking all the records of exploration. And rest of them have DNA mutations which limits their ability to explore and think. The first type of species is of humans. Earth had many ancient civilizations. All of them have left the traces of their brilliant minds whether it is in the form of architecture, techniques for preserving the things etc. But there was one thing common in all of them that is their curiosity towards the space. The ancient drawings of the constellations on the walls of caves, evidences of stars and galaxies in the Holy Scriptures etc. All of these are the proof of interest and love of human minds for the exploration of space it was forth October 1957 when we have sent our first satellite to the space i.e., Sputnik 1. Then we have sent animals and then finally we were able to send the humans to the space after many hardships and loss of many astronauts but now we have International Space Station (ISS) which revolve around Earth 24×7 . It was year 2004 only when all the humans were together on earth. Since then the ISS never orbited earth without humans on it. Sir, Einstein once said "We owe a lot to Indians because they have invented zero (0)". India has made many contributions to the field of science. In fact it was our mission Chandrayaan - 1 which confirmed the presence of water on moon. And now we Indians are achieving another milestone. India's first Human Space Mission is planned for the year 2022. ISRO has said that 4 astronaut candidates have been selected for its first human mission to space. The mission is named "Gaganyaan". If it will be successful then India will become the 4th country to achieve the feat. Our astronauts will be trained by the Russian Space Agencies. And the crew capsule will be launched with the help of Geo - Synchronous Launch Vehicle (GSLV). This mission will surely make new pathways for young Indian minds to explore in space which may become the future for survival of human race.

Also, the collaborations like VIRTUAL LAB VISIT to Compact Muon Solenoid (CMS) experiment*. One of the major discoveries of CMS experiment, is the discovery of the famous *Higgs boson*, also known as the *"God particle"*, in 2012 (in Collaboraton with ATLAS experiment).

Navjot Kaur
BSc. Non-Medical III

HERBALVEDA

Ayurveda is considered as one of the oldest traditional systems of medicine accepted worldwide. With the enormous knowledge of nature based medicine, the relationship of human body constitution and function to nature and the elements of universe that act in coordination and affect the living beings, this system will continue to flourish in ages still to come. In this era, several types of diseases have affected the humankind. Taking example of diseases like HIV, COVID-19, SARS, Ebola virus, common flu, and many others have affected the mankind. There are different types of herbs discovered that are able to fight these diseases.

Ginger has impressive, antiviral, anti- bacterial properties, and are effective for avian influenza, irritable bowel syndrome, nausea caused by HIV/AIDS treatment. Garlic is low in calories, rich in vitamins and boosts the immune system. *Oscimum* (tulsi) is used in mitigating stress and conditions like diabetes, high blood pressure etc. It is rich in antioxidants, has linoleic acids which is extremely beneficial for skin, help to fight allergies, infections and pathogens.

The pandemic corona virus (COVID-19) which has “no vaccine till now” can be prevented by using herbs in managed proportion. Some are –*Withaniasomnifera* (ashwaganda) which is said to curb corona virus infection . *Tinosporacordifolia* (Giloy) can also boost immunity to fight against virus.

According to ancient hymns these herbs can cure all the diseases, flush out all the poison from blood, the need is to study and discover their benefits with proper safety concern.

Bhawna
BSc. Medical III

SCIENCE AND TECHNOLOGY

Science and technology are important parts of our day to day life. We get up in the morning from the ringing of my alarm clocks and go to the bed at night after switching of light off. All these luxuries that we are able to afford are a resultant of science. In India there has been a long and distinct tradition of scientific research and technological advancement since ancient times. Since Independence, we have accelerated our speed and efforts in this field and have established many research laboratories, institution of higher learning and technical education. The result has been such that can make anybody's heart swell with pride, confidence and a sense of fulfillment. The best however is yet to come. In the field of agriculture, our scientific and technological research has enabled us to be self reliant there and self-sufficient in food grains. Today we can withstand droughts and natural calamities. Now we are in a position to export grains. Our Atomic Research Commission, set up in 1948, is engaged in valuable nuclear research for peaceful purposes. The successful launching of Polar Space Launching Vehicle (PSLV-D-2) in October 1994 marked India's entry into the league of the world's major space powers. Obviously, technology has been used effectively as a tool and instrument of national development and yet must remain in order to make its benefits reach the masses.

Shiwani
BSc. Medical III

GRAVIOLA A NATURAL CANCER CURE STRONGER THAN CHEMO?

In laboratory studies, Graviola extracts can kill some type of liver and breast cancer cells. These cells are resistant to some chemotherapy drugs. A more recent study showed that Graviola pulp extract has an effect on prostate cancer cells in mice. But there have not been any studies in human. ACGs seem to work in different ways to kill, block, or otherwise fight different types of cancer.

Graviola (*Annona muricata*) also known as guanaba, soursop, custard apple and Brazilian paw paw is a fruit tree that grows in tropical rainforests. People have long used its fruit, roots, seeds and leaves to treat all kinds of ailments, including cancer. Graviola contains hundreds of chemicals called acetogenins (ACGs). In lab tests, ACGs kill many types of cancer cells without harming healthy ones. They can even treat tumors that have not responded to cancer medicines.

How Does It Work?

Modern scientists have been studying the plant for about 50 years. They see potential promise in Graviola. They found it kills cancer cells in test tube and in animal studies.

The pathway includes:

Cell Death

Block metastasis

Scramble signals

ATP

A 2016 study found that a crude extract of leaves from the Graviola tree had an anticancer effect on a breast cancer cells line. Researchers called it a promising candidate for breast cancer treatment, and noted that it should be evaluated further. They also noted that the potency and anticancer activity of Graviola might differ according to where it was grown. Research shows a significant inhibition of Colon Cancer cells with the use of Graviola leaf extract. A 2017 study used Graviola extract against colon cancer cell line. They found that it may have an anticancer effect.

How can you have it?

Graviola comes in the form of fruit powder, leaf or stem powder, and extract.

A word of caution: It is understandable that you might want to try anything if you think it might help treat or cure your cancer. Only you can decide whether to use an alternative cancer therapy such as Graviola.

You could harm your health if you stop your cancer treatment for an unproven treatment. Many websites promote Graviola as a cure for cancer. But no reputable scientific cancer organizations support any of these claims.

Ishu Sharma
BSc. Medical III

Emmanuelle Charpentier and Jenifer Doudna are awarded the NOBEL PRIZE FOR CHEMISTRY 2020 for discovering one of gene's technology sharpest tools- The CRISPR/ Cas9 genetic scissors. Researchers can use these to change the DNA of animals, plants and microorganisms with extremely high precision. This technology has revolutionized the molecular life sciences, brought new opportunities for plant breeding, is contributing to innovative cancer therapies and may make the dream of curing inherited disease come true. The majority of Emmanuelle Charpentier research has one common denominator: pathogenic bacteria. In 2002, she started her own research group at University of Vienna, where she focused on one bacteria that cause greatest harm to humanity: Streptococcus Bacteria . In parallel world JENNIFER DOUDNA, had attention on RNA. In 2006, she was leading a research group at the University of California, Berkeley on exciting new field: RNA INTERFERENCE. In 2006, Doudna got a call from her colleague who was microbiologist, regarding the new discovery: When researchers compare the genetic material of vastly different bacteria, as well as archaea (type of microorganisms), they find repetitive DNA sequence that are surprisingly well preserved. The same code appears over and over again, but between the repetitions there are unique sequence that differ. These arrays of repeated sequence are called CRISPR (clustered regularly interspaced short palindromic repeats). In addition to CRISPR sequence, researchers find special genes that they abbreviated as CRISPR- associated or Cas. Doudna finds that these genes are very similar to genes that codes for already known proteins that specialises in unwinding and cutting DNA. So can Cas protein cleave Virus DNA? In another part of world, Emmanuelle was working on small RNA's found in S.pyogenes. She found that the genetic code of this RNA is very close to CRISPR sequence. Careful analysis of their genetic codes also reveals that one part of small and unknown RNA molecule matches the part of CRISPR that is repeated. She further shows that the unknown RNA molecule (tracr RNA) has a decisive function. To keep her investigation continued on CRISPR – Cas 9 she needs to co-operate with a Biochemist. JENNIFER DOUDNA was the natural choice. Their suspicion is that CRISPR- RNA is needed to identify a virus DNA, and that Cas 9 is the scissor that cuts of the DNA molecule. However, nothing happens when they test in vitro. The DNA molecule remains intact. After a great deal of brainstorming and numerous failed experiments , the researchers finally add tracr RNA to their test, once Cas9 had access to tracr RNA the DNA Molecule was cleaved into two parts. Charpentier and Doudna had uncovered a fundamental mechanism in a bacterium that causes great suffering for Humanity that discovery was astounding in itself but chance favors the prepared one.

Samiksha Malik
B.Sc Non- Medical III

MARIJUANA

This plant is fascinating to some, and evil to others! Personally, I think it is misunderstood and truly is a wonderful plant! Marijuana has a long history that goes back further than Christ himself, 8000 years to be exact. The Latin name for marijuana is "Cannabis Sativa". Cannabis means "flowering plant", Sativa (feminine) meaning "sown" or "cultivated". Cannabis Sativa has two faces marijuana and hemp. Hemp is and was grown for many uses: to make rope, canvas, and even clothes. Hemp is grown in fields and then soaked in water, after soaking in water; then they beat the stalks making the hemp fibers stronger. The fibers are left to dry in nearby fields where they get ready to be broken down and weaved. Once dried, the breaking and weaving process begins. An experienced hemp breaker can break down 100- 200 pounds a day! After the hemp is weaved, it is made into clothes, rope and even canvas Marijuana and hemp are one of the most ancient plants cultivated by mankind. The Chinese took this plant and used it for many things in their culture. They had around 5000 uses for marijuana and hemp plants, the major ones being paper, fishing nets, clothes and even food. Hemp seeds have high levels of amino acids, and amino acids are really beneficial to us. From hemp seeds you can make porridge, flour or even popcorn and unsaturated oil, which can be used for cooking. Lots of people also wore hemp clothes because it was cheaper than silk and was an excellent work cloth, very strong and durable. A Chinese scribe named Cai Lun in the Imperial Court in Newel was the first to discover the art of making paper from hemp in 105 A.D; this was considered to be one of the four greatest inventions by the Chinese culture. The Chinese did not pass on the skill of papermaking with hemp until the fifth century, only reaching Europe in the eight century. Gutenberg's first bible was printed on hemp paper in the years of the 1470's. Hemp and marijuana were the first crop to be used for war. The Chinese used bamboo bowstrings but then switched to hemp because they found it to be stronger and longer lasting than the previous bamboo. They also set immense plots of land aside for hemp and marijuana production. They would use the hemp for their bowstrings and the marijuana leaves for bandages while on the battlefield. They believed that the leaves had a magical power to heal sickness, wounds and disease. Marijuana has been used medically since the year 2800 BC. The Romans used marijuana to keep their troops happy during depressing times. The Cannabis Sativa plant has two sexes, male and female. The male plant has strong fibers, a tall stock and has a small amount of foliage. Male plants are used more for hemp because of their attributes. Where the female plant is bushy and produces a bud, which contains THC. THC is "a crystalline compound that is the main active ingredient of

cannabis” (K). THC is an abbreviation of tetrahydrocannabinol. The chemical compound for THC is Carbon 21 Hydrogen 30 Oxygen 2. The bud from the female bud can be smoked or eaten. Each will give you a different high. When smoked it will give you a mental high and when you eat the bud it will give you a body high, which will have an effect on your limbs, causing them to feel different. These feelings can be classified as sedatives or a stimulant. Today’s uses for marijuana are quite different from the past. Today marijuana is used mostly just to get high. People get high off the bud, and Hash. They get high off the hash by smoking the hashish Marijuana compound. Hashish is “an extract of the cannabis plant, containing concentrations of the psychoactive resins” (D). Hash is made by taking the buds and leaves from the marijuana plant and putting them into nylon bags that have different gauging at the bottom and fit into each other nicely. These bags go into a bucket of ice-cold water. Once in the cold water the resin crystals fall off the leaves and buds, and because they are heavier than water they sink to the bottom of the bags and some go through the screens at the bottom. The water must be agitated for the resin to sink to the bottom. The screen sizes range from two hundred to forty microns. Hash makers say that the best hash is from the screens with seventy to seventy-five micron levels. The bags are to be left for ten to thirty minutes after being agitated for the right amount of time. The bags are removed from the bucket of water, and then sprayed with water to be cleaned off. Once the bags are clean they scrape off the hash that is left on the bottom. It is then placed out to dry and becomes hard after a couple hours of sitting.

Guneet

B.Sc Non- Medical III

SPINNING BLACK HOLES

On November 22, 2014, the first of X-rays were detected by ASASSN (All Sky Automated Survey for Super Novae.) But this wasn't a supernova. The signal came from the centre of a galaxy around 290 million light-years away from earth and what we now believe happened was a star that came too close to a supermassive black hole with a mass million times that of our Sun and it was eaten. The black hole fed on the star. Events like these are thought to be occurring maybe once in 10,000 to 1, 00,000 years in a galaxy. They are called Tidal disruption events or Tidal disruption flares. As the star approached, the side closest to the black hole experienced a much stronger gravitational pull than the other side, ripping the star to shreds. Matter spiraling into the black hole formed an accelerating disc and annular disc of gas and dust that is accelerating and heating up emitting visible light, UV and X-rays observable from Earth. Now what's remarkable about this event is that it transformed a dormant or quiescent black hole, one that wasn't really feeding into one that we can observe (thanks to the matter falling in from the star). Three X-ray telescopes were used to observe this part of the sky for that event and found s a strong and regular pulse of X-rays brightening and dimming every 131 seconds (examined data from all three telescopes). They observed periodically days but the pulse maintained this rhythm and didn't get weaker. As time went, the relative strength got stronger, modulating the X-ray signal by around 40%. Black holes are beautifully, mysterious objects in the universe and are characterized only by two and spin. Their mass is relatively easy to determine using Newtonian Physics (by measuring the gravitational Black Hole on other bodies). But how/ why does it spin? Since black holes are collapsing stars and all known stars rotate, all black holes should also be rotating. And then, additional matter falling into the black hole contributes its angular momentum. Taking an example of a spinning ballerina, pulling her arms inwards to increase her spinning intensity, you can imagine a black hole spinning pretty fast. But spin is harder to measure as it only affects those objects, present relatively close to it. We also have three ways to actually measure their spin and to understand the procedure we need to know about isco (Innermost Stable Circular Orbit.) According to our beloved theory of general relativity, there is 'isco' with radius 'r-isco'. Closer than this, no orbits are stable. They all fall into the black holes. So, while looking at a black hole that's feeding the innermost edge of the acceleration disc is at 'r-isco' which depends on the spin of the black hole. The faster it is spinning, the smaller 'r-isco' becomes (shrinking by a factor of 6, down to the size of Event Horizon), assuming its spin in the same direction as matter in the acceleration disc. Spin supports the particles against the relentless pull of gravity. And this sets what many scientists think is the maximum spin black hole can have because, stable orbit were the size of the event horizon, then light could have easily escaped from the black hole, allowing us to see into the singularity. This is called a 'naked singularity'. Now, why is this even important? Well, they certainly help us to understand the origins of any black hole. If supermassive black holes grow in size mainly by sitting on a steady stream of matter from within their own Galaxy, you'd expect their spins to be very large because the angular momentum of matter would be more or less aligned. So it'd add up over time. But, if a supermassive black hole grows predominantly by merging with another black hole, you might expect their spins to will lower because the spins of two black holes are likely to be randomly oriented rather than aligned. As we can measure the spin of more black holes in different ways, farther out and therefore further back in time, we should be able to better understand then growth. And since supermassive black holes lies at the centre of galaxies they also lie at the centre of understanding how these are formed and evolved over billions of years!

SAGITTARIUS A

Objects having gravitational fields, which are too strong for light to escape, were first considered in 18th century by John Michelle and Pierre-Simon Laplace. Sagittarius A is a black hole having too much strong gravitational field. It is a region of space-time where gravity is so strong that neither practical nor electromagnetic radiation such as light can escape from it. The theory of general relativity has predicted that a compact mass can deform space time to form a black hole. The boundary of the region from which no escape is possible is known as event horizon. According to general relativity, black hole has no detectable features but the event horizon has enormous effect on circumstances of an object crossing it. As a black hole reflects no light, it acts like an ideal black body. Black holes of stellar mass are expected to form when very massive stars collapse at the end of their life cycle. When it has formed, it can continue to grow by absorbing mass from its surroundings. If there are other stars orbiting a black hole, their orbits can be used to determine the black hole's mass and location. In this way, many astronomers have identified numerous stellar black hole candidates in binary systems and established that the radio source known as Sagittarius A*, at the core of the Milky way galaxy, contains a super massive black hole of about 4.3 million solar masses.

Vaishali
Bsc I

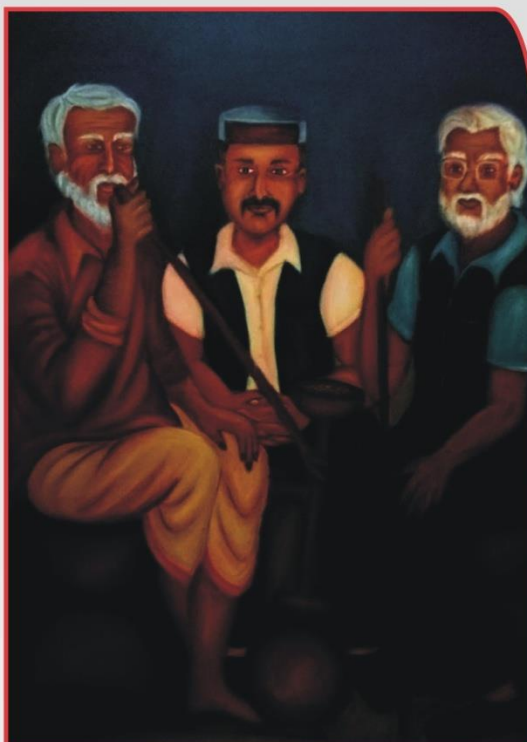
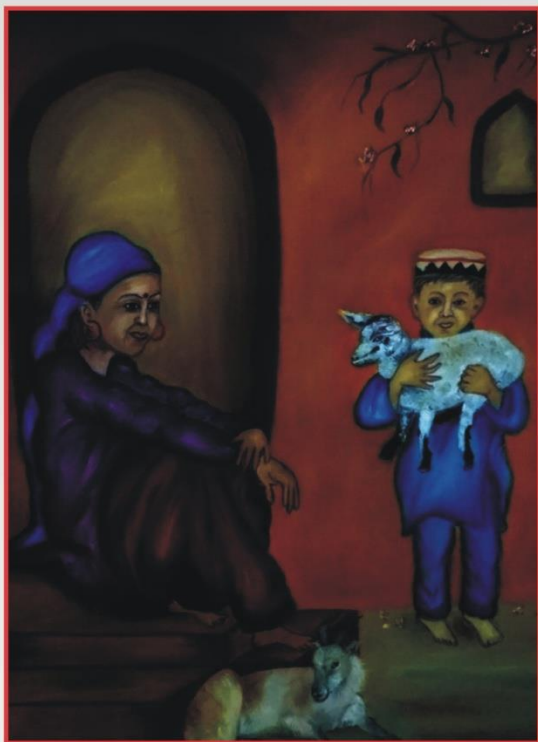
FASTER THAN AEROPLANE: HYPERLOOP TRAINS

In earlier times, we used camels, horses and bullocks for transport. Basically, there are four modes of transport of which the fastest is Airplane. A new fastest transport has been invented i.e. HYPERLOOP TRAINS. It is called Hyperloop because it functions in loops. It is fitted with a linear motor which pushes it forward. A fan is placed behind it which pushes the remaining little air backwards and the train moves forward. Same fan is used for braking. A solar panel is used for electricity which runs the vacuum pump on the fan. There are two problems with it i.e. air drag and friction. Magnets are used to overcome the friction problem and magnets of the same poles are placed on the train and train tracks so that the train rises in the air. For Air Drag, vacuum is created in the tube. It is not adversely affected by the weather and is environment friendly. There is less need of maintenance and traveling fare is very low. Its speed is 1200 km per hour. But it requires high investment. The biggest problem in it is that brakes do not apply immediately due to high speed.

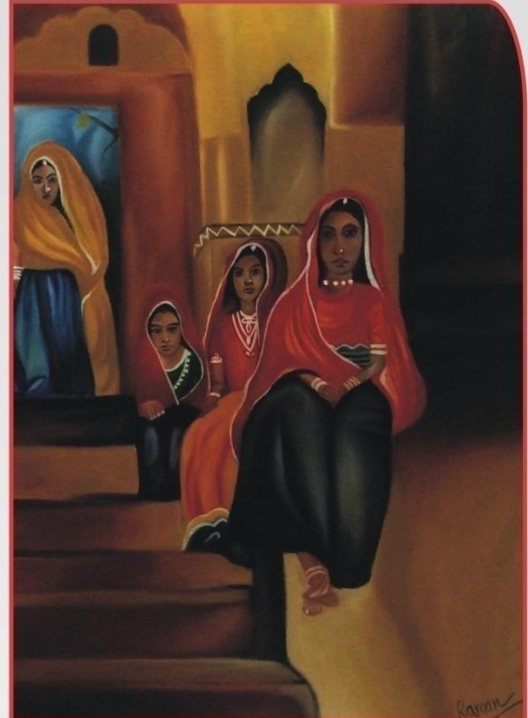
Overall it is a good invention if implemented properly. It would save our time and money.

Ritu
B.Sc Computer Science III

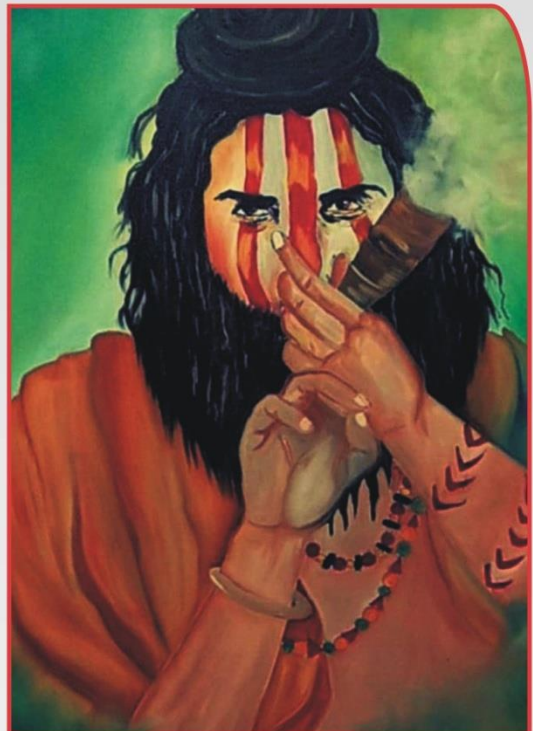
Aesthetic Expressions



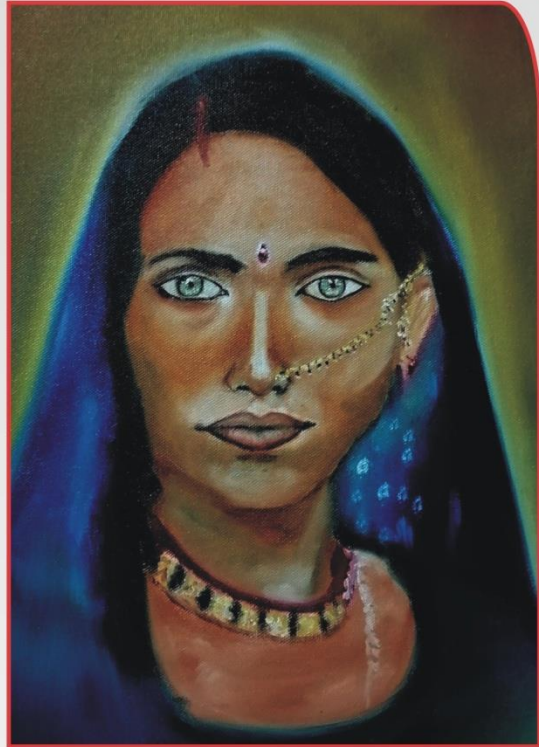
Aesthetic Expressions



Aesthetic Expressions

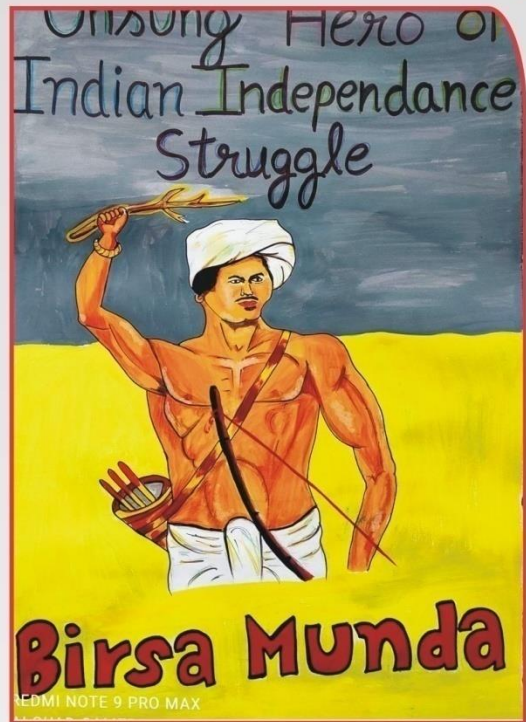


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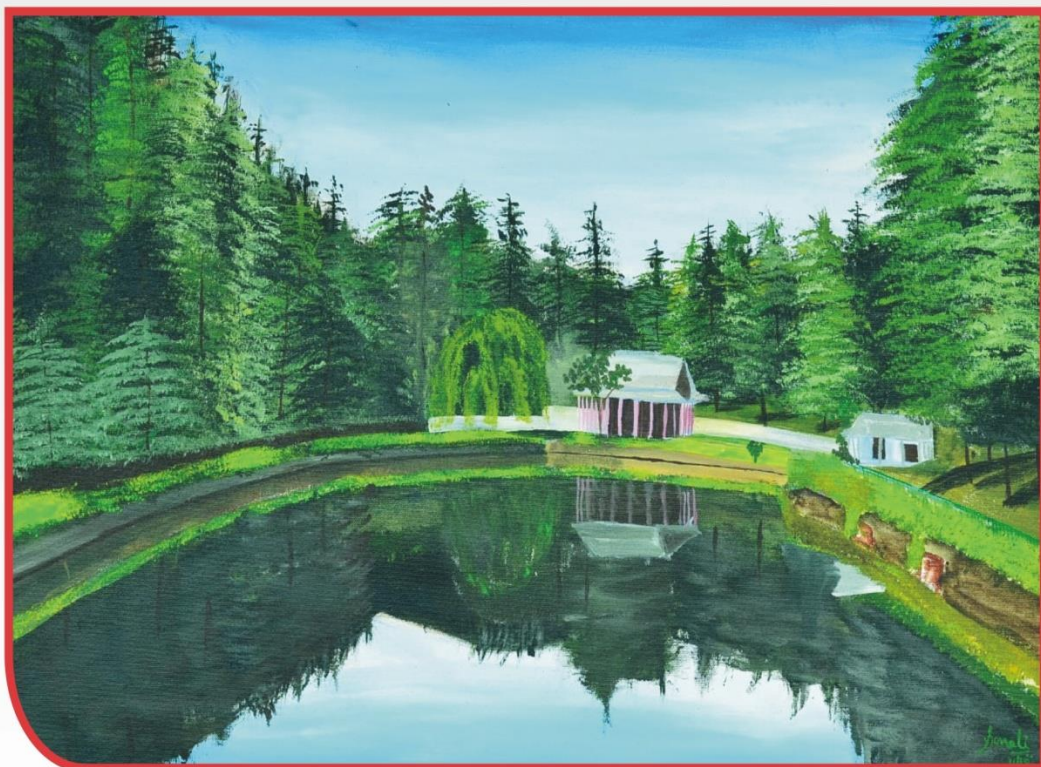
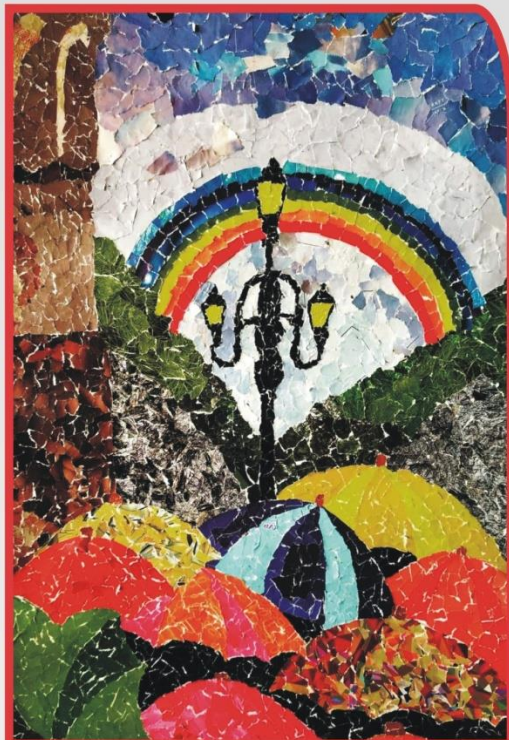
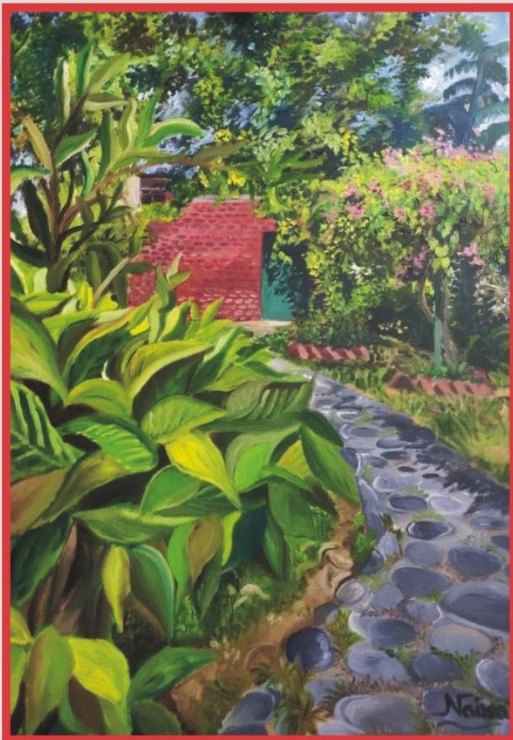


Azadi Ka Amrut Mahotsav India @75

Unsung/Lesser Known Heroes of Indian Independence Struggle



Aesthetic Expressions



COMPUTER APPLICATIONS SECTION

One Step Forward

One step forward is the philosophy of life; atleast of my life. Every step taken in right direction takes you closer to your goals. Life isn't a straight road taking you to your destiny. It's like a curvy road where every twist and turn leads you to a different challenge and also opens up a new vista. Only mantra to be successful is keep moving, taking one step ahead at a time. The stairs to success may be steep but mind you the view at the top is beautiful. We might feel frustrated, exhausted and dejected as the process to reach goal is never easy. If you ask any mountaineer who has scaled the highest peak, he would tell you that every mountain top is within your reach if you just keep climbing, one step at a time. Don't look down and just keep on climbing upward with firm foot forward.



Every problem has a solution no matter how big that problem would be. Just dissect the problem into small sets and start solving each smaller part of it and in a matter of time you will be able to find solution to that bigger problem. Think of your strengths, your capabilities and then opportunities. Set your goals high and set your course on the path of success. You have to take conscious and decisive steps to reach your goals with utmost sincerity and focus. You have to be hopeful, positive and believing in yourself at all times. Each one of us holds within us limitless energy which is ready to be unleashed; channelize it in the right direction. The hardest mountain to climb is the one within. Once you conquer your fears, you become unstoppable. The journey to success is equally fulfilling and enjoyable. Appreciate and celebrate every little success and achievement as each milestone is taking you one step closer to your goal.

Prof. Pardeep Singh Walia

HoD, PG Department of Computer Applications

SELF DRIVING CARS



A self-driving car, also known as an autonomous vehicle (AV), driverless car, or robotic car (robo-car) is a car incorporating vehicular automation, that is, a ground vehicle that is capable of sensing its environment and moving safely with little or no human input. The future of this technology may have an impact on multiple industries and other circumstances. Self-driving cars combine a variety of sensors to perceive their surroundings, such as radar, lidar, sonar, GPS, odometry and inertial measurement units. Advanced control systems interpret sensory information to identify appropriate navigation paths, as well as obstacles and relevant signage. Possible implementations of the technology include personal self-driving vehicles, shared robotaxis, and connected vehicle platoons. Several projects to develop a fully self-driving commercial car are in various stages of development, but there are no self-driving cars available for everyday consumers.

PC Magazine defines a self-driving car as "**a computer-controlled car that drives itself.**" The Union of Concerned Scientists states that self-driving cars are "cars or trucks in which human drivers are never required to take control to safely operate the vehicle. Also known as autonomous or 'driverless' cars, they combine sensors and software to control, navigate, and drive the vehicle." The British Automated and Electric Vehicles Act 2018 law defines considers a vehicle as "driving itself" if the vehicle "is operating in a mode in which it is not being controlled, and does not need to be monitored, by an individual".

With traffic congestion a thing of the past and commuters needing to spend less time actively engaged behind the wheel, we'll have more time to accomplish both personal and career goals. For those of us who will still need to commute to work, our self-driving vehicle will allow us to read, sleep, and even workout while we are traveling. Additionally, less traffic congestion means that commuters won't have to arrive at their jobs exhausted from long travel times, which should allow them to get more done at work. Driverless cars are poised to shake up multiple industries around the world, including industries like shipping, public transportation, and emergency transportation.

The benefits that driverless cars bring are real but first and foremost, current ADAS technologies still have a long way to go. For example, while many cars equipped with ADAS can clearly identify and adjust to a car in front of them, these systems still have a difficult time making adjustments at high speeds.

Additionally, if an accident occurs and the highway is littered with dangerous debris, the front-facing sensors on the vehicle might not be able to see each and every little piece of metal, fiberglass, or anything else scattered across the road, which could result in your vehicle getting a flat tire and losing control.

In the future, it's not impossible to imagine that our vehicles will be equipped with various technologies capable of monitoring the vitals of individual occupants, and if the car senses that there is a medical emergency, the vehicle can then make the decision to drive to the E.R while getting in touch with the facility and uploading its information to the medical staff.

YashicaBCA
3rdYear

CODING ERRORS

RUNNING THE CODE;
WHILE FORGETTING THE COLONS;
COMMITTING WITH AN ERROR;
WITHOUT HAVING TERROR.
BUT COMPILER COMPILING THE CODE;
DON'T HAVING ANY LODE;
IT'S NOT ONLY YOUR'S FAULT.
WHEN YOU WANTS TO RUN;
NOBODY HAVING A GUN;
SO, YOUR PROGRAM CAN RUN.
PLAYING WITH A CODE;
NOT THE EASY ONE;
BUT YOU CAN WON;
WITHOUT HAVING ANYONE.
COMPILER SAID: NO NEED TO USE RETURN;
BUT STILL GETTING ERRORS;
AND YOU HAVE TO TAKE U-TURN;
AND DOING CORRECTION,CORRECTION AND CORRECTION
ONLY.

KUMARI MEGHA

BCA-1

INTERNET ADDICTION

Incredible Urges to getaway
Not caring about what people say,
They say it is a disease
Every second I'm in need, without it I freeze
Realize the power of internet
Nothing can stop me from leaving it
Everything else means nothing
The internet is everything.
A necessity to me
Days go by why can't you see?
Day I wish I could let this go
Impossible to just get up and go
Can't keep my eyes off the screen
This has taken over me, without it I scream
I need this to avoid suffocation
Oh, I know this to avoid suffocation
Oh, I know this is a deprived condition
No, this is my internet addiction

Name:-Harmeet

BCA-II

ARTIFICIAL INTELLIGENCE (AI) and MACHINE LEARNING

Artificial intelligence and ML are very much related. According to McCarthy (2007), one of the founders of the field,

AI is “the science and engineering of making intelligent machines, especially intelligent computer programs. It is related to the similar task of using computers to understand human intelligence, but AI does not have to confine itself to methods that are biologically observable.”

This is fairly generic and includes multiple tasks such as abstractly reasoning and generalizing about the world, solving puzzles, planning how to achieve goals, moving around in the world, recognizing objects and sounds, speaking, translating, performing social or business transactions, creative work (e.g., creating art or poetry), and controlling robots. Moreover, the behaviour of a machine is not just the outcome of the program, it is also affected by its “body” and the environment it is physically embedded in. To keep it simple, however, if you can write a very clever program that has, say, human-like behaviour, it can be AI. But unless it automatically learns from data, it is not ML:

ML is the science that is “concerned with the question of how to construct computer programs that automatically improve with experience,” (Mitchell, 1997).

So, AI and ML are both about constructing intelligent computer programs, and Deep Learning, an instance of ML has achieved remarkable gains in many domains spanning from object recognition, speech recognition, and control.

This illustrates that ML and AI are indeed similar. Artificial intelligence is about problem solving, reasoning, and learning in general. Machine learning is specifically about learning—learning from examples, from definitions, from being told, and from behaviour. The crucial point is that they share the idea of using computation as the

language for intelligent behaviour. Computation neither rules out search, logical, probabilistic, and constraint programming techniques nor (deep) (un)supervised and reinforcement learning methods, among others, but does, as a computational model, contain all of these techniques.

Yashica

BCA 3rdYear

INFORMATION TECHNOLOGY

The IT professional is increasingly being called upon to be a sleuth in the quest for the competitive market intelligence that is necessary to support the enterprise's overall business strategy. In today's fast changing market place it is essential to monitor the techniques of similar businesses and it is being called upon to fulfill that functional need. IT must provide marketing with answers to vital questions such as

1. how our competitors getting business ?
2. Where does the enterprise look for new customers ?
3. How our prospects targeted ?
4. What services, products and prices do competitors offer ?
5. What images do our competitors project and how does that compare to our image?

The combined strength of marketing and IT Enterprises have depended on marketing for too long to provide competitive intelligence. Most IT professionals work with an organization and technically understand what they need in order to meet their needs, showing them what the current technology is that is available to perform their required tasks, then their current implementing technology in the setup, or creating a whole new set up. Information technology in today's world understates the scope of the critical career field. There is much-unexpected importance of Information Technology. Many companies now have IT departments to manage computers, networks and other technical areas of their businesses. IT jobs include computer programming, network administration, computer engineering, web development, technical support, and many other related occupations. Since we live in the "world of information", information technology has become a part of our daily lives. In the coming decades, many corporations will create so-called "IT departments" to manage computer technologies related to their business.

Aditi Sharma

BCA-2

INFORMATION TECHNOLOGY-

THE MOST COMMON USED WORD THESE DAYS.

Information Technology (IT), the word we use or hear now-a-days a lot, is the use of computers, storage, networking, etc. to create, manage, process and exchange information. In our day-to-day life, almost everything is dependent on technology and computers especially due to the pandemic. Preschoolers and schoolers were always advised for the less use of mobiles and computers so that they could have a good eye sight and now their whole study is in mobile and computers.

IT had made everything very easy; we can get to know about anything by just a single click but where there are pros, there are cons too. It provides a source of educational entertainment for the children, they allow children to learn new and innovative things without getting bored whereas it also provides a sedentary lifestyle to kids, they use mobile phones and computer whole day without taking care of their health, the number of children struggling with their weights has tripled. With the right guidance, IT is very helpful.

The work of most organizations would slow to a crawl without functioning IT systems. You'd be hard-pressed to find a business that doesn't at least partially rely on computers and the networks that connect them.

The three primary pillars for an IT department are:

1. IT governance: It ensures IT system are effectively running and in alignment with the organizations' needs.
2. IT operations: this includes providing tech support, network maintenance, security testing and device management duties.
3. Hardware and infrastructure: This focus area refers to all physical components on IT infrastructure.

We have great career opportunities in IT sector, for example computer support specialist, network system administrations, computer system analysts, information security analysts, etc.

If you want to opt IT career, you must have done basic course in hardware and software systems.

While researching careers in IT, you will come across a term computer science. Computer science focuses on the logic and design of the underpinnings of the components that IT experts use to assemble business systems. Computer science career involve develop algorithms, write code, handle engineering of software and hardware whereas IT career involve install, maintain and enhance computer systems.

Riddhi

BCA-1

TOP CAREERS IN INFORMATION TECHNOLOGY (IT)

The technology sector continues to grow. Tech professionals earn high salaries. It's a good time to launch a career in information technology.

By Genevieve Carlton

Information technology careers require strong technical and business skills. IT professionals work closely with business to understand their computing and technology needs. They then design custom computing solutions. Within the field of IT, professionals specialize in areas like information security, database administrations, and information management.

This article introduces the top careers in information technology.

➤ Job outlook for IT professionals:-

IT professionals benefit from a strong career outlook. Computer and information technology jobs continue to outperform other fields in terms of IT salaries and growth. In May 2020, for example, tech professionals earned a median salary of \$91,250 (Rs68,37,595.1) per year. Recent job projection data projects 13% job growth in computer and information technology occupations from 2020-2030.

➤ Top careers in IT:-

Within, IT professionals work in many areas, including information systems management, cybersecurity, and software development. We identified the top careers in IT for 2021 using salary and projected job growth rate data from the BUREAU OF LABOR STATISTICS (BLS). They are:-

Computer and information systems managers:

- **Median annual salary:\$151,150(Rs1,13,32,297.43)**
- **Job growth (2020-2030):11%**

Computer and information systems managers oversee IT professionals and direct the technology-related activities for an organization. They

manage teams that protect network security, install new software, and organize database.

Computer and information research scientists:

- **Median annual salary:\$126,830(Rs1,691.21)**
- **Job growth(2020-2030):22%**

Computer and information research scientists research problems that technology can solve. They develop new uses for existing technology and build new technologies, including new computing languages. Computer and information research scientists also run experiments on computer operations.

Computer network architects:

- **Median annual salary:\$116,780(Rs87,55,446.20)**
- **Job growth (2020-2030):5%**

Computer network architects design communication networks for organizations. From small networks to cloud computing platforms, computer network architects create custom data communication systems. In addition to technical skills, they bring business training to evaluate an organization's needs and create a network that serves those needs.

Software developers:

- **Median annual salary:\$110,140(Rs82,57,950.26)**
- **Job growth (2020-2030):22%**

Software developers design and improve software programs. They develop new software based on user needs and upgrade software to incorporate new technology or add functionalities.

Software quality assurance analysts and testers:

- **Median annual salary:\$110,140(Rs82,57,950.26)**
- **Job growth(2020-2030):22%**

Software quality assurance analysts and testers review software programs and identify problems. They conduct tests to reveal defects and errors. In addition to identifying defects, they review a software program's functionality and user experience.

Information security analysts:-

- Median annual salary:\$103,590(Rs77,66,851.89)
- Job growth(2020-2030):33%

Information security analysts implement security systems to protect private data from cyberattacks. They investigate security breaches to prevent future attacks.

Database Administrators

- **Median annual salary:\$98,860(Rs74,15,483.66)**
- **Job growth(2020-2030):8%**

Database administrators oversee data storage and security systems. They maintain databases that store health information, financial records, or retail transactions. Database administrators design custom databases and restore lost data.

Computer systems analysts:

- **Median annual salary:\$93,730(Rs70,30,682.61)**
- **Job growth(2020-2030):7%**

Computer systems analysts evaluate an organization's computing systems to create more efficient and effective procedures. Drawing on IT and business knowledge, computer systems analysts evaluate an organization's IT needs, research upgrades, and design new systems.

Computer programmers:

- **Median annual salary:\$89,190(Rs66,90,37.44)**

- **Job growth(2020-2030):-10%**

Computer programmers write code to run software programs. Working closely with software developers and software engineers, programmers test the code to make sure it functions as expected. Programmers then identify and correct mistakes. Computer programmers specialize in many programming languages, including Python, C++, and Java.

Network and computer systems administrators:

- **Median annual salary:\$84,810(Rs63,61.593.86)**
- **Job growth(2020-2030):5%**

Network and computer systems administrators design and monitor computer networks for organizations. They built networks to transfer and protect data. Network and computer systems administrators also install and upgrade hardware and software.

➤ Advantages:-

According to BLS data, computer and information technology careers will grow much faster than other occupations. The field also offers a median salary of more than double the national median salary.

Outside of technology skills, professionals require strong problem-solving and communication skills to thrive in IT. A detail-oriented outlook also helps tech professionals. With a mix of hard and soft skills, technology professionals can advance their careers in IT.

➤ Challenges:-

IT jobs come with several challenges. First, IT careers require strong technical and computing skills. Tech professionals must constantly expand their information technology skills to remain current in the field. They must be able to learn new technologies or technologies throughout their career.

After entering the technology field, professionals rely on their communication skills. Tech professionals may also need to communicate with customers who do not have a strong

technology background.

Sujata Verma

BCA-II

YOUR SWEET MEMORIES WILL NEVER FADE

DEAR SHRUTI

there are times when one wonders how much little loss language can effectively contain - or carry,
and whether words weigh too much or too in the wake of such want.
how to express the engulfing of an entire existence -
especially one so entire and explicit in its promise -
now utterly unfulfilled.
what to say of a wound no words can withstand?
death a dirge no throat can unstring -
let the silence speak for itself.



'The one time we chatted for a while, we ended up discussing her family. The incident declared was quite fun because she fought tooth and nail with her elder sister and also loved her deeply.'

She also told me about some relative of hers whose marriage had been fixed at 26. I nonchalantly said that that seemed like the right-ish age to get married. And she was aghast.

She said "God! I'll be a baby at 26."

So I jokingly asked, "When will you feel like an adult then?"

And she said "Meh... I am going to remain this chilled out kid always. Marriage makes me shudder."

This incident still makes me smile.'

~ Tanya Talwar, MA 2 English

"I've a memory.

When we used to study in the gazebo, she asked me to take care of her bag and when the monkeys surprised us and we ran inside,

I forgot her bag and she asked me, "bag?"

I said "mai toh bhool hi gyi," and she showed me a hand half-threateningly, but then she smiled heartily and ran for her bag.

When I said sorry she just smiled and said "koi baat nhi," and we laughed together.

I still remember her face that time.

And how our timings coincided and we used to meet at the college gate and then walk to class talking."

~ Vaishali Taneja, MA 2 English

"Shruti was always so subtly and self-assuredly herself - it was a trait I always admired.

Words fail when you need them most, but I will always remember the grace with which she spoke to me, and the grit with which she conducted herself after her diagnosis.

*She pulled what light she could from unimaginable grief -
now we must do the same."*

~ Trishala Vardhan,

A tribute by friends to:

SHRUTI of English M.A. II WHO PASSED AWAY AFTER PUTTING UP A BRAVE FIGHT AGAINST CANCER

THOSE TENUOUS TWO YEARS: REFLECTIONS

Having wrapped up for the day, leaving the college campus with colleagues, I switched on the WhatsApp on an impulse of habit. Amongst the other unread messages, it was a hurriedly written query from a recently retired friend on the college group, endearingly named 'Dear All', that caught our attention. It read, "The two-year extension done away with....is it???" Within minutes a plethora of news clippings of the Punjab budget, online remarks and dubious notifications flooded the app. Yes, it was true that the government had withdrawn the scheme of optional two-year extension in service across cadres. Obviously, it followed that our tenure as college faculty, too, would terminate at 58 years.



It set us reflecting how in the initial years, the extension scheme had been fraught with uncertainty. It continued to see-saw between empty state coffers and the urgency of employment for the youth. Every year, close to the presentation of the budget, there were whispers in the corridors of the colleges about its termination. The buzz of imminence changed into a sigh of relief once the budget session wound up. In all its tenuousness the policy persisted year after year and the extension period became a part of the planning, not only of individuals, but also of departments and institutions. In the college cadres, very few opted out and a taken-for-granted lull had set in towards the offer.





The suddenness of the announcement, that eternally loomed large over nearly a decade, took all by surprise. Somewhat caught unaware, many on extension were to promptly reimagine a future to repurpose their energy. Neither those relinquishing, nor those taking charge seemed prepared for the moment. The *en masse* exit of associates/professors in colleges is sure to shake up setups and change the trajectories of events. With the notification of the nullification of the policy, all psychic and practical transitions fell on the *ides of March*, giving the semester a mid-way jerk before it would regain its balance. A clamour for the completion of curriculums, midterm exams, convocations and other annual events took over. Not to mention the 'mass farewell' functions that would take place in institutions with perfunctory summing up of long dedicated tenures. Those of us who may have a few years to go before we retire, have to give up the mental habit of quietly doing some addition. All envisaged career-end plans stand preponed by 'those two years.'

In pedagogy, the yearning for an outlet for the outpouring of accumulated ideas and knowledge is strong due to deeply embedded oratorical routines. In the past, many colleagues, on superannuation after the extension period, sought reemployment to be meaningfully engaged. Some increased supervision of research work to channelize their expertise and remain in touch with innovative concepts. Habits die hard as Samuel Johnson says, "the chains of habit are too weak to be felt until they are too strong to be broken" - a gradual weaning off smoothens transition in all professions, more so in teaching.

Maninder Sidhu
Professor, Dept. of English

WISH YOU WONDERFUL DAYS AFTER RETIREMENT

STUDENTS SPEAK

Thank you for your endless patience, motivation and persistence which helped all to become better persons.	 Dr. Anita Khosla
You taught us to be kind, humane and aspire for the moon.	 Dr. Davinderjit Kaur
You will forever be remembered not only as a teacher but also as a great mentor.	 Ms. Davinder Kaur
Your memory as an inspiring figure will forever remain etched in the hearts of many.	 Dr. Gurinder Kaur
Thank you for being a truly inspirational teacher.	 Dr. Harvinder Singh

Thanks for being a teacher so passionate and caring.



Ms. Inderveena Sharma

You encouraged all with your words full of hope and support.



Mr. Kanwar Iqbal Singh

Salute your selfless dedication towards duty.



Ms. Krishna Rani

You were the kind of teacher who could inspire students even in her absence.




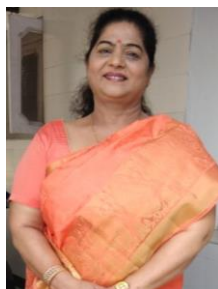



Dr. Madhu Gosain

Much appreciative of your wisdom, patience, lessons taught.



Dr. Rajinder Kaur

<p>Your lessons not only helped us pass exams with flying colours but also taught us to be kind and humane in our personal lives.</p>	 <p>Dr. Renu Somal</p>
<p>Giving your best day in and day out, that's you !.</p>	 <p>Dr. Sangita Nohria</p>
<p>It has been an honour to learn so much from an incredible teacher like you.</p>	 <p>Dr. Sandip Sarang</p>
<p>Your lessons will forever be treasured.</p>	 <p>Ms. Shashijeet Virdi</p>
<p>Thank you for your guidance and encouragement.</p>	 <p>Ms. Suman Gupta</p>

BEST WISHES ON THE NEW PHASE OF YOUR LIFE

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College Canvas



Covid robbed one of experience and the learning that comes with it and brought everything to a grinding halt. Nevertheless, we didn't stop learning but changed the way of learning.

College Canvas



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