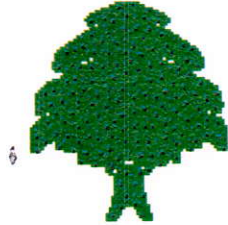


**POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS  
SECTOR-11, CHANDIGARH**



**COURAGE TO KNOW**

**Name of the Department-Home Science  
(Session: 2017-18)**

**INDEX**

S.No.	Activity	Date	Page No.
1	Talent Hunt	17 <sup>th</sup> August, 2017	1
2	Nutrition week celebration	5 <sup>th</sup> September, 2017	2
3	Youth and Heritage Festival	22 <sup>nd</sup> September to 25 <sup>th</sup> September, 2017	3

*Shikharani*

*Shankar*  
**Principal**  
Post. Graduate Govt. College for Girls  
Sector-11, Chandigarh

## **Talent Hunt**

Talent Hunt Contest, open to whole college, was held on **17<sup>th</sup> August, 2017** in 17 events like Rangoli, Mehendi, Knitting, Crochet, Phulkari, Bagh, Pakhi weaving, Dasuti, and Heritage items. Around 60 students took part in these events. Students showed good response in their participation by showing their talent in various events. Principal, Dr. Anita Kaushal, graced the occasion and motivated the participants to exhibit their hidden talents and showcase it with pleasure and allurement.



**Principal and staff members judging the Rangoli**



**Prize distribution to the winners**

## **Nutrition week celebration**

Department of Home Science observed Nutrition Week on **5<sup>th</sup> September, 2017**. The Nutrition Week Celebration included various events like Cookery Contest; preparation of Nutritious recipes and Poster Making Competition was held on the theme “Nutritious Breakfast for Overall Well Being”. A Lifestyle and Wellness clinic was also inaugurated by the principal. Around 50 students took part in the competitions with great enthusiasm. The winners were given prizes by the principal and their efforts were appreciated by the principal.



**Principal and staff members judging the posters**



**Principal Prof Anita Kaushal and staff members judging the dishes**

## Youth and Heritage Festival

Students of Home Science Department actively participated at Youth Festival from **22<sup>nd</sup> September to 25<sup>th</sup> September, 2017**. Talented and enthusiastic students participated in various categories/events i.e. Rangoli, Mehendi designing and application, Knitting, Crochet work, Phulkari, Cross stitch and Pakhi making. Although all the participants had put in their best efforts, four students have won prizes during Youth Festival.

S.No.	Roll No.	Name	Event	Prize
1.	8348	Ms. Sunaina Jindal	Rangoli	1 <sup>st</sup>
2.	1316	Shivani	Knitting	1 <sup>st</sup>
3.	7329	Jaspreet Kaur	Mehendi Designing and Application	1 <sup>st</sup>
4.	862	Monika	Crochet Work	2 <sup>nd</sup>



**Certificates of prize winning participants**