

**POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS
SECTOR-11, CHANDIGARH**



COURAGE TO KNOW

**Department of Psychology: Manorang Society
(Session: 2017-18)**

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Netu

Manuhal
Principal

Post. Graduate Govt. College for Girls
Sector 11, Chandigarh

Orientation Programme

An Orientation Programme was held for BA I students on **10th August, 2017**. The new students were welcomed by Mrs. Simrat Rana, Head of the department. The faculty members and the laboratory staff were introduced to the students. Mrs. Simrat Rana, Head of the department, apprised the 150 students about the working of the department, theory and practical classes, examination requirements of attendance and marks in the house examination. She motivated them to be proactive in all the activities of the department and to approach the faculty members for any sort of guidance.



Orientation Program

Interactive Session

Senior students of the Manorang Society of the department organized an Interactive Session with the new students on **5th September, 2017**. They presented a few cultural items to welcome the new students. Interesting games depicting some psychological concepts were also put forth to involve the new. Mrs. Simrat Rana, Head of the department, addressed the 200 students on this occasion and informed them about the various activities to be carried out in the session. She emphasized the active participation of the students of all the classes in the research projects.



Interactive Session on Teacher's Day

Annual Activity Forum

The Manorang Society organized the Poster Making, Debate, Creative Writing, and Folk Singing competition on **27th to 28th September, 2017**. The 200 students participated in this annual activity forum with great zest and excitement. The posters depicted a wide range of psychological themes like Emotions, Mental Health, Personality, Development, Illusion. The Creative Writing Competition drew good participation from the students of all classes. The topic for this contest was “Technology- a Trap”. The topic for debate was " The Godman Syndrome: Welfare or Business ".



Inauguration of Event



Poster Competition

Workshop on Optimizing Emotional Well-being

The Department of Psychology, organized a One Day Inter College workshop on ‘Optimizing Emotional Well-being’ held on **15th November, 2017**. The workshop was organized under the scheme of National Higher Education Mission (RUSA) for capacity building. The workshop was inaugurated by the college principal Prof. Dr. Anita Kaushal. Ex-mayor of Chandigarh, Mrs. Harjinder Kaur presented the key note address at the inaugural session. 100 participants attended the workshop.



RUSA Workshop on Emotional Well-being

Lecture on Active Ageing

Interactive Talk on Active Ageing and Screening of Nibhritachari Saurav Sarkar interacted with students and delivered a lecture on “Active Ageing” and showcased a documentary entitled “Nibhritachari” for undergraduate and postgraduate students and faculty of the college on **30th November, 2017**. 150 students attended the talk.



Students attending the Talk

Educational Trip – Jaipur

Psychology Department of PGGCG-11, organized an Educational tour to Jaipur –the pink city, for a visit to Psychiatric Centre, Jaipur for three days and two nights for Psychology students of B.A. 2nd and B.A. 3rd year to give them a closer picture of the field of Clinical Psychology on **10th March, 2018 to 14th March, 2018**. They were made aware of psychological well-being for the development of individual. 50 students accompanied by the 3 faculty members of the department.



Students' visit at Psychiatric Centre, Jaipur

Zeitgeist - Inter College Psychology Fest

The Annual Fest of the Manorang Society of the Psychology Department is called 'Zeitgeist'. It is a word of the German origins where, 'Zeit' means time and 'Geist' means spirit. Thus, 'Zeitgeist' namely stands for the spirit of the times or the 'Spiritus Mundi'. This year, the event took place on the **16th April, 2018** in the Auditorium of the College and the participating collegiate teams started arriving since as early as 9:30 a.m. for the registration purposes. 350 students were involved in the event. It was an Inter-College fest and PGGCG-11 hosted multiple colleges such as Team-A (Khalsa College Sec. 26), Team-B (DAV-10), Team-C (PGGCG-42), Team-D (PGGCG-11), Team-E (S.D. College), Team-F (Govt. College Sec. 46), Team-G (Govt. College, Panchkula), Team-H (Govt. College, Mohali), Team-I (PGGC-11) and Team-J (Dev Samaj College for Women, Sec. 45). The events had been categorized into 'On-Stage' and 'Off-Stage' Events to ease management.



Face Painting by the students



Prize Distribution by Madam Principal