

**POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS
SECTOR-11, CHANDIGARH**



COURAGE TO KNOW

**Department of Psychology: Manorang Society
(Session: 2019-20)**

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Manohar
Principal

Post. Graduate Govt. College for Girls
Sector 11, Chandigarh

Orientation Program and Interactive session

The 'Manorang Society' of the Post Graduate Government College for Girls, Sec-11 organized an Orientation Program for BA I on **20th August 2019** and its annual Interactive Session for the new batch of 2019-20 on **30th August, 2019**, with the aim of introducing the freshers to the Department of Psychology and the Manorang Society. The Interactive Session ended with a vote of thanks by the council members to all the teachers and students who attended the session and the volunteers who helped in making this event a memorable one, and also extended their best wishes to all the first-year students for their new journey ahead. The Department also organized the interactive session for new batch of Post-Graduation students. The session was named as NOVATO'19. 280 students in all attended and participated in these events.



Orientation Program & Interactive session

Rang-e- Riwayat: An Annual Activity

The Manorang Society of the Psychology Department at the Post Graduate Government College for Girls Sec-11 organized its Annual Activity Forum, held on **21st September, 2019** for the first time under the name “Rang-e-Riwayat”. This annual forum is an intra department activity which aims to engage its students in different events so as to explore and encourage their abilities and talents. Our honorable Principal Madam, Dr. Anita Kaushal inaugurated the poster exhibition. The activities which were in this forum were ‘Creative Writing’, ‘Debate Competition’, ‘Poster Making Competition’ and ‘Folk Song’. 350 students participated in this event.



Department Activity under Manorang Society Rang-e- Riwayat

Talk on Assessment and Diagnosis

The ‘Manorang Society’ of the Post Graduate Government College for Girls, Sector 11, Chandigarh organized an talk on the topic “Assessment and Diagnosis in Clinical Psychology” by Dr. Krishan Soni on **26th September, 2019** students of BA II, BA III, MA I and MA II attended the event and interacted with Dr. Krishan Soni. Dr. Krishan Soni “Department of Psychiatry, PGIMER, Chandigarh graced the event as the resource person. 75 students attended the session.

Dr. Krishan Soni gave an insight about the field of Clinical Psychology with the help of a Powerpoint Presentation. He made sure that everyone should know what is Clinical Psychology and how one can pursue it as a career. He also shared his personal experiences in this field.



Talk by Dr. Krishan Soni

SCERT Internship

Internship program for Add-on- Course (GUIDANCE AND COUNSELING) students was organized in State Council of Sector Educational Research and Training (SCERT), Sector 32 Chandigarh from **21st October 2019 to 31st October 2019**. 15 students of Advanced Diploma of Guidance & Counselling have had an enriching internship experience and Psychology Resource Centre of State Council of Education and Research. Students gained practical experience and knowledge about conducting and interpreting psychological tests for assessment and diagnosis purposes.



Internship at SCERT, Chandigarh

Workshop on Statistical Techniques

Aiming to provide an intense knowledge of SPSS and statistical techniques to the Post graduate Psychology students, Department of psychology of Post Graduate Government College for Girls organized a workshop on ‘Statistical techniques using SPSS’ on **2nd November, 2019** in the department premises. This talk cum workshop was organized especially for 35 Post Graduate Students to facilitate and enhance their understanding of data analysis through SPSS, as it’s a part of their syllabi. The resource person for this workshop was Dr. Suresh Kumar who is a professor of statistics in Punjab University, Chandigarh and who has conducted numerous such workshops along the length and breadth of India.



Workshop cum Talk on Statistical Techniques by Dr. Suresh

Field visit to GRID

Fifteen students of Advanced Diploma, Guidance and Counselling of PGGCG, Sector 11 were given the opportunity to visit the Govt. Rehabilitation Institute for Intellectual Disabilities, Sector- 31 organized on **6th November, 2019**. Dr. Vijay Kumar accompanied the students for the visit. After a small introduction about the institute with Mr. Yashwinder, students gathered in the seminar hall where they were informed about how the institution began with just a handful mentally challenged students in 1964, which gradually grew with passing time and continuous awareness.



Field visit to GRID, Sec-31, Chd

Career Talk

The college students of Add-On Certificate course in Guidance and Counselling participated in a Career Talk presentation for 30 secondary level school students at the Government Model Senior Secondary School, Sector8-B, Chandigarh. The talk was held on **28thJanuary, 2020** at 10 a.m. at the lecture hall provided by the school's administration. The hall was equipped with necessary provisions for the students to deliver their presentations via Power Point.



Career talk by students

Expert Talk

The ‘Manorang Society’ of the Post Graduate Government College for Girls, Sector 11, Chandigarh organized a Talk on the topic “Behaviour Problems of Students with Special Needs and Interventions” which was attended by 98 students of BA III, MA I and MA II on **13th February, 2020**. Mr. Yashvinder Kapil who is presently working as Special Educator cum Incharge Community Outreach Programme (CBR) at Government Rehabilitation Institute for Intellectual Disabilities (GRIID) Chandigarh graced the event as the resource person.



Expert talk delivered by Mr. Yashvinder Kapil

Zeitgeist: Inter-college Psychology Fest

The Inter college Annual Fest, 'ZEITGEIST', of the Manorang Society of Psychology Department was held on **26th February, 2020**. The event took place on the 30th of March in the Auditorium of the College and the participating college teams started arriving as early as 9:30 a.m. for the registration purposes. This is the event which the psychology students of the tricity look forward to every year. 350 students participated in the event including the 120 participants in different competitions. Various off-stage and on-stage events were organized for the inter-college competition, like face painting, photography, poster making, paper presentation, psychodrama, debate, charismatic personality, and quiz. Principal Ma'am Prof. Dr. Anita Kaushal, Vice Principal Ma'am, Dr. Anita Khosla, Mrs. G.K. Dhir, Mrs. Simrat Rana, Dr. Sudha Banth inaugurated 'ZEITGEIST' by lighting the lamp. The theme for Psychodrama was 'Positive Psychology'. The content and theatrical performance of the contestants was much appreciated by the students and the faculty. The Prize Distribution was held after this. Prof. Dr. Anita Kaushal, Principal, gave away the prizes to all the winners and lauded the efforts of the students and faculty of Dept. of Psychology.



Zeitgeist 2020

One day online National Seminar

The Department of Psychology under the able guidance of worthy Principal Prof. (Dr.) Anita Kaushal, organized one day Online National Seminar on “Reshaping Education amidst Corona: Psychosocial Concerns” on **30th June, 2020**. Madam Principal Prof. (Dr.) Anita Kaushal inaugurated the seminar by welcoming esteemed speakers, respected chairpersons of four different technical sessions and the participants from all across the country and abroad. Prof. Girishwar Mishra who is Former Vice Chancellor, Mahatma Gandhi Antar rashtriya, Hindi Vishwavidyalaya, Wardha, Maharashtra and Prof. (Dr.) Rajbir Singh Hooda, Former Dean Student Welfare and Head, Dept. of Psychology, MDU, Behavioural Sciences, SGT University, Gurugram were the key note speakers for inaugural and valedictory sessions. 16 participants from different parts of country presented their research papers online in 4 technical sessions. 200 participants attended the seminar.



Professor Girishwar Misra

Online National Seminar