

POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS

SECTOR-11, CHANDIGARH



COURAGE TO KNOW

Mehfooz – Drug De-addiction Society (Session: 2017-2018)

Committee Members

Prof. Renu Somal (Incharge)

Dr.Mitika Kanwar

Aim

1. To spread awareness and to curb the menace of drug abuse which is prevalent extensively in the presentday society.
2. To develop new and improved strategies to prevent drug use and its consequences.

Objectives

1. To educate people in general about biological, social, and psychological hazards related to drug abuse.
2. To enlighten people about the ways to overcome their addiction.
3. To motivate people to live a happy and healthy life by staying away from substance abuse.

INDEX

S. No.	Activity	Date	Page No.
1.	Orientation & Registration	17 th August, 2017	1
2.	Poster and Slogan writing Competition	20 th September, 2017	2
3.	Street Rally and play	8 th February, 2018	3
4.	Outcome		4

MS

Manish

Principal
Post. Graduate Govt. College for Girls
Sector 11, Chandigarh

Orientation & Registration

Registration and orientation program of the Mehfooz society for the new students in the new session 2017-2018 was organized on **17th August, 2017**. New students of BA 1 came to know more about the Society and the various activities that are organized within the College and around the campus. Students were showed inspiring videos and thought-provoking presentations to give them a better understanding about the menace of Drug Abuse. Chart paper and markers were circulated through the audience to gather their views and knowledge about Drugs and any De-Addiction methods they might suggest.



Orientation Program

Poster and Slogan Writing Competition

On 20th September, 2017 Mehfooz society organized Poster and Slogan Writing Competition in the college on the theme of "Drug Abuse and its ill effects". Students from all courses had participated enthusiastically. Students displayed their innate creativity in the colorful posters and thought-provoking slogans. It was evident that the students had a deep understanding about the drug menace and it showed in their art work. Many students claimed that being a part of the Mehfooz Society had instilled in them a deep aversion to any and every form of substance abuse and they wished to spread that same feeling amongst other individuals through their creative skills. Sixty Students participated. Mrs. Harpreet of the Geography Department held the tough responsibility of the jury. Dr. O.P. Parmeshvaram had been the Judge for the previous session's Poster Making – Slogan Writing as well. He deemed that the talent of the participants was awe-worthy in any case. The overall event was of a creative nature that polished the students' artistic abilities and innovative thought-process and was carried out smoothly.



Display and judgement of Posters and Slogans

Rally and Street Play

The students of Drug De-Addiction society, “The Mehfooz Society”, of Post Graduate Government College for Girls, Sector 11, Chandigarh had organized a Rally and a Street Play on **8th February, 2018** in the college campus, Nescafe area followed by another performance in the nearby village of Khudda Jassu. The topic being, ‘Drug Abuse’, students of the Society’s core-committee enacted the life of three friends, all of whom were severely held in the clutches of drug-addiction. Two of the three friends die in the story; one from drunken driving and the other from a suicidal attempt by drug-overdose. The third addict, after losing both her friends and any semblance of respect in the society, determines to bring her life around and start afresh. With the help of doctors in the Drug Rehabilitation Center, she finally gets cured of the drug menace and herself chooses the path of becoming a psychologist and helping others who continue to suffer like she had suffered. The students (70) took out a rally with Anti-drug use slogans throughout the College premises before the play and resultantly, a huge crowd of students turned up to see the play. Many students claimed that witnessing the emotionally heart-wrenching depiction of destruction of human lives due to drugs had a profound effect on them. The play instilled in them the urgent need to contribute in this anti-drug drive and do what little they can to clean our society of this drug menace. The students marched through the streets, chanting various slogans such as “Say NO to Drugs” and “Quit the Booze, Be Mehfooz” etc.



Street playRally against drug abuse

Outcome

Students got well acquainted with the working and functioning of the society and it helped them to tap their creativity and talent. Also, they learnt psychodrama through skit i.e. education & academics simultaneously as an outcome of this activity.