

Post Graduate Government College for Girls Sector-11 Chandigarh (NAAC Accredited Grade 'A' CGPA 3.52)

Department of Philosophy Wall-Magazine

# REFLOSOPHY 2020-2021



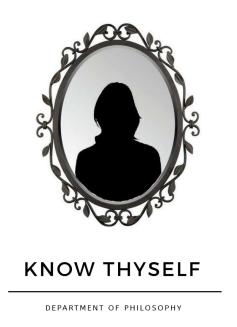
**Department of Philosophy** 

Second Edition (Reflosophy: Annual E-Wall-magazine), November 2022

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## Reflosophy

**Etymology:** The word Reflosophy is a combination of words, reflection and philosophy.

<u>About the word</u>: This word has no dictionary meaning, yet, it is one of the most vital words for the people associated with the Philosophy Department of P.G.G.C.G-11. It is so because this word reflects the emotions, feelings and hard work put in by everyone involved in making this wall-magazine what it is today. This word is used only because there was no other word which could have done justice to represent Mother of all sciences "Philosophy". It was pointless to think of a word with an equivalent meaning to philosophy but our aim for the wall-magazine was reflection and that led to the formation of the word REFLOSOPHY.

<u>Aim</u>: This edition of our wall-magazine deals with "reflection" and our current feature reflects upon the best of movies and books that students of the Philosophy Department have come across. This wall-magazine also reflects on the academic and co-curricular achievements of the students. We aim to portray reflections of the contributors they developed while reading a book or a magazine.

<u>Vision</u>: Our vision is to fulfil the aim of the wall-magazine and provide the content from different perspectives and creative reflections to the readers. With this wall-magazine, we also want to motivate others to reflect on their choices by becoming a rational human being. We believe that everything can teach us a lesson or help us grow in life only if we can reflect and accept change.

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## **PRINCIPAL'S MESSAGE**



I extend warm greetings to the faculty and students of the Philosophy Department of the College for bringing out another edition of our Students' Wall Magazine of the Department of Philosophy, 'Reflosophy'. magazine. The College continues to provide quality academic activities and programs which go a long way in the quality learning of its students. 'Reflosophy,' I am sure, will further engage the students of the Department to share knowledge in their own creative ways.

I am happy to know that the students have contributed book reviews as well as poetry to the wall-magazine. I am glad that the initiative has further augmented the passion for reading books, deep thinking, creative writing, and distinct opinion-making among budding readers, writers, and connoisseurs of Humanities, Social Sciences, and Literature. I wish the faculty and the Editorial Team, wall-magazine, of the Department of Philosophy great success in their future endeavours.

Prof. (Dr.) Anita Kaushal Principal

## **HOD'S MESSAGE**



I congratulate all the contributors for sharing their beautiful imagination and creative expressions in the current issue of the wall magazine. I appreciate the solidarity and hardwork of the editorial team for making possible this challenging task. I am sure it will generate new hopes after the struggling year of pandemic.

Dr. Ambuj Sharma
Department of Philosophy

#### **PATRON**

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#### **Sub Editors:**



Bharti Rao BA 1



Simran Kaur BA 1

## **Epistles from the Editors**

#### Dear Readers,

EVERYTHING CHANGED. We know that it has been a year and a half since the PANDEMIC and we all are locked inside the safety of our houses, away from our loved ones and even away from the thing that gave us immense joy. But now, if we take a moment and try to reflect upon the happenings of the previous year, we will realise that this year was not only about all this but also was a year of CHANGE.

Many changes occurred in almost every aspect related to our lives, from education to entertainment, from work to recreational activities, from food preferences to music & show preferences. All of it. Then another thing, it was all online, even the smallest of all was shifted to the internet last year. This brought about a drastic change in how people perceived their life, what is that which was taken for granted by them and what is it that gives them real happiness.

So this pandemic gave people time to stop and really ponder upon every little thing in their life, which was what was needed most at the moment because people got caught up living a complex life and forgot what it means to actually live a life.

No one expected it, but it's the nature's law that change is constant. So no matter how hard it was people adapted to it and made peace with the new normal of this changed world, importantly without losing hope and finding what truly matters to them the most.

Smriti Garg BA III

#### Dear Readers,

We have come to an end of an academic year, and here we've come with the first issue of our Biannual Wall Magazine 'Reflosophy'. I swear this year it is better and best, in terms of better participation and work. I am happy that we are keeping up the promise of publishing it every year. Hope that this legacy will continue forever.

Congratulations to entire philosophical society for this achievement . Wishing you good luck

Ishani Tanta BA III

#### Dear Readers.

When the pandemic hit us up, longing to be humane was the strongest urge I felt in a while. When the pandemic hit us up, I started to observe more and the first thing I noticed was probably the one we all craved for in such times I.e. the warmth of love and care that exuded from the people around me and I couldn't help but notice how different everyone's way of doing that was. While some love with every fiber of their being, impossible for them to hide it, others love quietly through small gestures which take some time to be noticed. Some love with words woven into poetry, others love with care, bottling up their emotions to protect their loved ones and make them happy. Some don't love so easily, while some adore everyone with love like they have an endless supply of it. But people love, regardless of the way, humans love and care.

So today I share this to remind you that each one of you is loved and holds the capacity to love others equally if not with more intensity. While we all lost some beautiful people to this pandemic, let's appreciate the fact that it reminded us to adore, show love, and appreciate our loved ones once again, for I think we often forgot to do so in the hustle and bustle of our busy lives. Let's not shy away from this beautiful emotion and keep on giving our world the love it deserves and believe me I won't mind if you start with yourself, for self-love is as beautifully necessary as the love we hold for others. Thank you for existing and being a part of this journey.

#### Harleen Kaur BA III

#### To our dear readers.

Addressing you all is one of the best parts for me in this magazine. These 1.5 years have definitely been a tough ride for most of us in ways we could never imagine and surprisingly, it brought out in us what we left with the monotony of lives - compassion for each other. We've started to appreciate more, believe more, care more and live more. So if you're here, reading this, congratulations! You've made it through the hardships and if things aren't right, they will be one day because when someone like you stands with a head held high, the fears run to the corners of the oblivion, to vanish in the never-ending void. All it takes, is a pinch of strength. With the book reviews and the posters, I hope this issue of our wall magazine brings a little sunshine and a lot of hope in your life.

Stay safe, stay happy and stay inquisitive!

#### Ambika Sharma

**BAIII** 

#### COMMUNAL INTERACTION

As a member of editorial board, it gives me immense pleasure to write yet again as we step forward towards the 2nd edition of Reflosophy.

"People will forget what you said, will forget what you did, but will never forget how you made them feel." Humans are social animals; "social" you see and that's how it's meant to be. So, in order to live a happy life we make social relationships which we cannot get rid of. Social relationships are crucial and adaptive for survival. Our social connections with others have powerful influences on health and longitivity and that lacking social connection qualifies as a risk factor for premature mortality. Social bonds have been used as an umbrella term to represent the multiple ways in which individuals connect to others emotionally, behaviourally and physically.

It's 2021, the phase of pandemic that has made us realise how vast place these relationships hold in our life. The time where we are longing to see and meet our near and dear ones made us discern how important these bonds are for our sustenance and constancy. We are termed as social species because we engage in cooperation that is more than just associating with mates. Social interactions are the most inclusive group process. It is a context in which the personality grows. Man cannot be called man outside this range of human interaction. Society exists only when social bonds develop, interactions take place. These social relationships involve feeling a security, reaction to situations and attempt to make effort.

So the gist of the article lies in how one is predestined to make these relationships, how one is bound to get attached to these relationships and how natural it is to create and then leave behind these bonds.

Tanvi Chauhan

**BAII** 

#### POWER OF SELF

The only thing that will ever be true to you is yourself. Your main aim of life should be to master the **chaos** in you, to guide yourself, to know yourself and in turn to strengthen yourself. Trusting yourself and being patient with yourself is a key element of happiness. Self acceptance is something that is the core element of shaping a healthy personality. Your compatibility with your own self affects your other interpersonal relationships. Knowing your strengths, weaknesses, abilities and wrongdoings not only channelizes your full potential, but also, gives you enough space for correction. Especially during difficult times like these, getting familiar with self and channelling your energies towards productivity and positive aura is of most importance. Remember to Stay patient and forgiving with yourself.

Sheereen Khan

BA II

#### Dear Readers,

It is more than privilege and honour to be a part of Philosophy department. I am happy and proud that I took philosophy as my major subject. It is a subject which incites a child's curiosity of asking question about his/her surrounding. Probably, as kids, we were bashed by our parents or an authority for asking too many questions but this subject ,as a teenager has given me an all-round perspective in understanding things around. Furthermore, it had me questioning things which are involuntary and accepted by us as majority accepts it. The subject has given me a moment to ponder things and ideas. A moment to think out of the box.

Simran Kaur BA I

#### Dear readers,

I feel privileged to be a part of the editorial team of the wall magazine "REFLOSOPHY" and would like to express my gratitude to the head of the department of philosophy, Dr Ambuj Sharma for giving us this opportunity.

I have chosen to study philosophy as it provides us with a clarity of thought to know and understand the world that we are living in , it teaches us how important it is to doubt everything as it arises from lack of knowledge and misinformation. It is also important to question everything as it gives greater vision. As a very curious and inquisitive personality, I believe we shouldn't follow or learn what is told to us or taught us without questioning or doubting in order to gain more clarity, understanding and knowledge. So I think it would be right to end with the words quoted by Confucius " The man who asks a question is a fool for a minute , the man who does not ask is a fool for life ".

Bharti Rao BA I

## **BOOK REVIEWS**

## The Heart of Winter: Emma Hannigan



The Heart of Winter by Emma Hannigan is a fiction and the sequel to her previous book The Last Christmas" . The story is based on the lives of three siblings who are brought together by their ancestral home and their parent's wish to turn it into a venue for events.

The plot basically circles around the theme of drama of the character's lives. Three siblings - Lainey, Joey and Pippa who can better be called three corners of the triangle come together to turn their countryside home - Huntersbrook , to a place perfect for a Christmas wedding. Leading lives exact opposite of each other , the real struggle begins when they're to come on the same page. Problems with life and relationships in and outside immediate family causes rifts which brings us to the main question of the story — will they be able to pull of the wedding?

The three protagonists, Lainey being the eldest is the mother of one child and a complete family woman, who is shielding herself from childhood trauma in exceptional ways. Joey being the middle child is in a happy fulfilling relationship with a prestigious job where he is hoping for things to get better – the only missing component of his life is a balance in the two worlds. Pippa being the youngest is the bubbliest and prettiest of them all but what kills her charm is her toxic work environment and city life. All the three

characters-facing personal challenges are brought on a threshold by the universe in the caring arms of family. The story encapsulates their journey in the timespan of a year.

The main theme of the story focus on relationships in general - how they work like a machine where every part has its own importance. It also brings the concepts of adaptation, coexistence and learning. The connection with the main as well as the secondary characters is set up by sharing the intimate instances from their lives, making the character vulnerable to the reader. The chapters are well framed with one character's perspective at a time giving the readers ample time to soak in the chaos in their lives. What makes this book a worthy read is its subtleness towards the reality of the situations with no sugarcoating on hard situations and also the suspense created with every passing chapter.

One of the very beautiful moments from the book is when a secondary character who has been very close to the family breaks the news of her chronic illness and explains the essence of life in the following lines: "But my gift to you all is this: a reminder that you must never forget what really matters. Family and love are the be all and end all of life. Everything else is just padding. Added to the fill in the hours, I intend to use the time I have left to all the things I love"

If you're an avid reader interested in an intelligent and beautiful storyline to take some time off your mundane lifetime, this book is highly recommended.

– Ambika Sharma BA-III

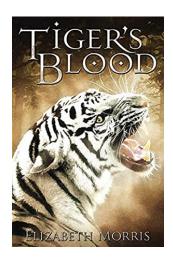
## Tiger's Blood: Elizabeth Morris

#### **ABOUT THE BOOK:**

Tiger's Blood is the first book in a fantasy series by Elizabeth Morris. A story that will appeal to young readers as well as adults. The author takes readers to a Kingdom population of bloods-characters that are half human and half animal. The kingdom is ruled by the proud Lion King Andrew. But Kira is a girl who discovered very early on that she is Tiger Blood. When she look in the mirror she sees paws, black stripes, and the white fur. sharp teeth, small round ear and a tail. Now she knew she must go; go after the ruthless rascal who brought untold suffering to her kind. She set out on a journey to murder the King and is joined by a Wolf Blood, an Eagle Blood and a disgruntled Lion Blood. With their help, she sets out to accomplish her mission.

**MY REVIEW:** 

This is one of the great fictions read in recent times which talks about the mutants. As the title suggests this has lot of action packed character's realisation. The cruel King Andrew, his elder son Jett and the younger one Ethan are well express and so servant team of the king. The story take u in different dimension when its start. The cruel king who killed his own wife because she was empathetic for the population in her kingdom, something really hard to imagine for me. And how the story line catching up. The relationship between the two young ones and further what shape it takes is a great plot to read. I really loved the way author has narrated the entire plot and overall picture has been portrayed in the simple language. The writing quality is versatile and luscious. The actual story goes as a storyline which talks about mutant families and the war between two tribes of Totem; the Tiger Tribe and the Lion Tribe. The Tiger tribe being valued liked and believed that everybody should be equal whereas the Lion tribe looking at one leader and that should be the King. The character and the plot



keeps you involved in the read throughout. Its create conviction bond between the reader and the character. This book touches the various aspects of human nature including working together, kindness, friendliness, understanding, on one hand and cruelness, communism on other hand. This book is so highly entertaining that it will make you forget that you are under home quarantine. So I recommend this book to one and all

BabysanaBA-II

## **Looking for Alaska: John Green**

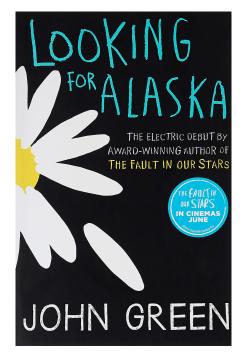
This book deals with the story of teenagers ,revolving around the main character Alaska and her friends at Culver Creek (High School) . Alaska is an enigmatic person who has lost her mother and blames herself for her mother's death .

The last words of Simon Bolivar has always stayed with her, " Damn it, how will I ever get out of this labyrinth! "

Alaska isn't sure about what exactly the labyrinth means but finds out that the most important question is "How will we escape the labyrinth of suffering?" Alaska wasn't happy and always lived with the guilt so she decided that the only way to get out of this labyrinth is " straight and fast " which means either to go through it recklessly or not to go through it at all .

That's exactly how she died " straight and fast " no one knows whether it was an accident or a suicide.

Whereas Miles who went to Culver Creek to seek the "great perhaps "really liked Alaska and had an obsession of remembering the last words of people. Miles couldn't know the last words of Alaska when she took her last breath. But to him Alaska's last words were "To be continued." He was aware of the fact that



he would never know her last words so he realises last words are not the most important words. This is how he accepts and let go of the last words, he learns to live with ambiguity and starts enjoying his journey.

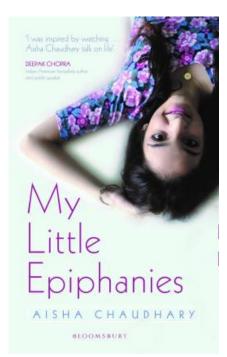
Alaska's friends were deeply affected by her death and wanted to know the reason of her death.

The students of Culver Creek lived their teenage life to the fullest where they played pranks, made fun of others ,broke rules and had a rollercoaster ride. The story deals with the questions of death, meaning of life, guilt, depression, finding your true self and where you position yourself in the world.

—Bharti Rao BA-I

## My little Epiphanies: Aisha Chaudhary

When I first saw this movie "SKY IS PINK" I was overwhelm by many emotions I really can't explain it in words, I felt lucky at first and release that life is very precious. The movie was based on real life incidence. Basically it was a short life of a beautiful girl who lived her life in such a beautiful way without having too much time, she wrote a book "MY LITTLE EPIPHANIES" this book is a master piece scribble by an eighteen year old girl who has a strong will power and a desire to live her life at its fullest, no matter what. Normally when the things are not going well, we get very upset easily and start complaining that my life is not good. I hate my life, I don't want to live this life and want to just guit on very simple problems which are very common in every ones life but Aisha the author of the book says "we should be happy about things we can do, instead of being sad about things we are not



capable of", she believes living in a moment and living in that moment can be see in her book w h e n usually if a person is ill not o r feeling well, they just get off for days a n d are depressed.

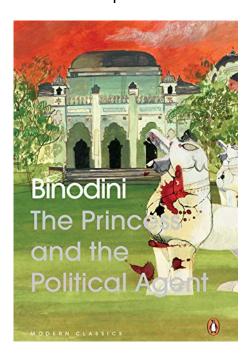
But she being suffering by S.C.I.D (severe combine immune deficiency) because of which she under went a bone marrow transplant when she was just six month old, she lived her rest of the remaining days suffering a lot by a diseases, she almost lived her life on the bed still she lived it beautifully I her own way by making wonderful sketch, doodle, poured down her heart and mind in words, introspected her self and understood what is life all about.

While reading this book I can feel her pain, fear, love, anger, sadness etc. In this book she inspired us beautifully that how to live a life in true manner. A have learned a lot by going through the book, I would love to recommend this book to everyone who are upset with this life for small silly problems. I really love this book and I will read it whenever I feel low to get some motivation, I also watched her videos on YOUTUBE and after reading and watching the movie I was really feel touched. At last but not the least the cover of the book and Aisha both are jamming beautifully and no one can believe that, that SMILE holds such a huge pain in it.

> —Chuskit Dolma BA-II

## **Binodini - The Princess And The Political Agent**

Bor Saheb Ongbi Sanatombi, a work of historical fiction based on the life of Princess Sanatombi of Manipur is a must read book. There's always a good and a bad in every society. It just happens and one can't be blamed or let them feel guilty. Sanatombi never gave up or retreat when a boy tries to overshadow her. She would do whatever she had been tried upon. Binodini's stories are know for their strong female protagonists for straddling traditional Manipuri Culture as well as its attempts at modernization.



This is the love story of Sanatombi and Lt Col. Henry St P. Maxwell, the British representative in the Tibeto - Burman kingdom of Manipur and this book also told the story of the kith and kins of manipuri kings. The British reign had taken over and Sanatombi was then married. The story was beautifully told and it triggered me to read more and more. It was then that Maxwell appeared.

Because of their relationship and mostly because of Maxwell's behaviour, people started to spread gossip which puts Sanatombi's marriage in danger and Maxwell was blamed to be the reason. Embarrassed and broken hearted Maxwell took himself aback and decided not to interfere. In the meantime he had to leave Manipur but he did returned back after 2 years. He is such a gentleman to overlook his failed love and focus onto the welfare of the people of Manipur. When he heard of Sanatombi's failed marriage and separation, he took the step of marrying Sanatombi. But another incident took a turn against their relationship, the responsibility of their people which generated a distance between them.

It feels so bad but as I read the story till the end, I realized that they were not some youngsters who would do whatever they felt was right. They were representatives of their nations and yes, they had surrendered to each other, they had surrendered their love because of the love they have for the nation.

Binodini's perspective sparkles with wit, empathy and beauty. She recovers its extraordinary history and a forgotten chapter of the British Raj. I personally highly recommend this book.

— Greta Yendrembam BA-II

## Man's Search for Meaning: Viktor E. Frankl

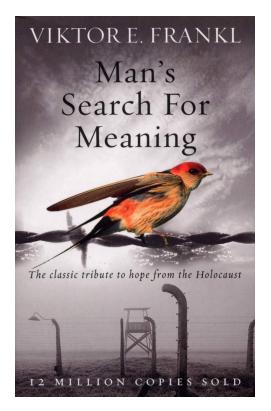
Man's Search for Meaning, a true classic tribute to hope from the Holocaust, written by Viktor E. Frankl. Man's Search for Meaning, as it reads, is Victor Frankl's story of his struggle for survival in Auschwitz and other Nazi concentration camps, while giving us his insights as a psychiatrist to the effects it had on the people's lives.

When I first laid my eyes upon it in a book fair the title and the cover instantly drawn me towards it. A book that encapsulates first-hand account of the holocaust, engages psychology and raises important questions of philosophy, all while giving a sense of hope and making the text relevant even in everyday life. One can only wonder if such a book can really exist, yet here it is, in all its glory. I mean it's a given why this book sold more than 12 million copies. The honesty of the author never fails to touch your heart yet he makes sure that this book is more than just an account of his personal experiences. As New York Times wrote, "It's an enduring work of survival literature."

The book is divided into two parts. The first part i.e. the autobiographical account deals

with the "Experiences in a Concentration Camp" and acts as the existential validations of his theories presented in the second part i.e. the theoretical part which deals with "Logo-therapy in a Nutshell", a psychotherapeutic method, which involved identifying a purpose in life to feel positive about, and then immersively imagining that outcome. The author's words are deeply humanising and have the power to transform lives.

The title "Man's Search for Meaning" is so simple yet holds such complexity within that it compels us to reach out to it for this title somehow translates to one of the biggest question known to mankind and gives us a hope that we'll find the answer somewhere between the pages of this book. The bird on the cover symbolizes a hymn to the phoenix rising in each one of us who choose life after rising from the ashes instead of flight i.e. the triumph of humanity over adversity. This book is for sure a must read for everyone and an absolute treasure.



-Harleen Kaur BA-III

## Tess Of D'urbervilles: Thomas Hardy

"Just like when it seems life is getting good, something always has to come along and ruin it"

She was unable to elope from her hard times. Tess being so responsible and a brilliant girl, was entrapped in the fate of worse luck and agony. Reading this novel gave a heartbreak with courage and wisdom. Tess died in the story but lived in my heart. She actually belonged to a rich and royal family of D'urbervilles but was totally unaware of this fact. The D'urbervilles is known to be an old royal family of England's history. Tess was not financially well still she never was sad rather worked for her family in many places. She got to work in the family of the D'urbervilles as a garden keeper. Alec D'urbervilles had an evil eve on her. She never got the respect she always wanted. She was even robbed of her body by the devil Alec. Although she gave birth to his child and left him.

Tess loved a lad named Angel Clare but her bad luck was like her shadow that even the boy she loved didn't accept her due her past. Angel left her but realized that he did wrong to her. Angel tries to tie up with Tess but it was late as she already was with Alec. A huge argument between Alec and Tess led to the murder of Alec. Angel and Tess ran from there and hid themselves in a palace. They were happy to be together but this happiness didn't last long. Tess was arrested by the police and was hanged to death for murdering Alec. This was the end of Tess's life.

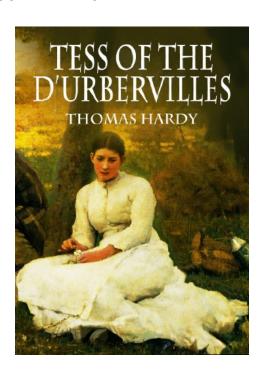
This tragedy happened where one was punished for the sin one never committed. My experience after reading the novel was the best one with a feeling of anguish and fulfilment. I felt like i was the one who was watching all this but was helpless, and

helplessness is the one of the worst feelings of this world. I felt i was the one with whom all of it happened but the difference was that i am alive and Tess is no more.

What I like about British writers is that they wrote something in that era which is nowadays new and relatable. Their works are not only famous but with a topic of human essence. I think they knew what will future be like. I loved the novel and would hope nobody shall be a part or victim of this bad fate and agony.

"You can never cross the ocean until you have the courage to lose the sight of the shore."

A MUST READ NOVEL



—Kinjal BA-II

## Dear Stranger, I Know How You Feel: Ashish Bagrecha

#### About the author:

Ashish Bagrecha is an Indian entrepreneur, Instagram poet, and author. He started as poet on Instagram and rose to fame by his poems and "stranger letters". He started writing about life and love in high school with dream to become an author someday. He wrote these "stranger letters" during his own fight with depression. He is a strong believer in

the universe and its magic. He currently lives in Surat and is married to bestselling author as well as best storyteller Savi Sharma. Together, they dream to inspire millions through their stories and poems.

#### About the book:

"Dear stranger I know how you feel" is a collection on a few poems and letters written by the author, addressed to a stranger, i.e. the readers. The author, Ashish Bagrecha, wrote these "stranger letters" during his own dilemma and battle with depression. He wrote these to help and support people who were going through similar situations and emotions, to heal. These letters or chapters of the book carefully unfold all layers of depressed feelings and



anxiety. Each chapter/ letter shows a comforting tone and ends with a hopeful message. This book is a form of self care for those who are actually going through some kind of mental trauma.

### My views:

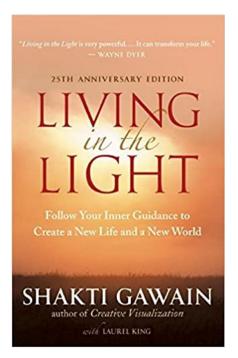
Reading this book has been an actual self analytical and self help experience for me. This book feels like an actual conversation and a venting session with someone.

The chapters/letters speak on a personal level and helps you understand the feelings someone might be going through. These letters very delicately explains and targets your inner feelings and emotions. Reading this book, indeed gives you a feeling of belonging and the reassurance that someone's there. It gives you a reassurance that someone understands and listens to you. The hopeful tone of the text gives a healing relief to the reader and again, a reassurance that everything will indeed turn out to be fine. This book is technically a self-help healing guide and I overall liked the book and is definitely worth reading.

> - Sheereen Khan BA-II

## Living in the Light: Shakti Gawain

The book "living in the light" is written by "Shakti Gawain". The book divided into two parts. The first part is the principles and the second part is living in the principles. The first edition of this book was published in 1986. Since that time it has sold over a million copies and it has been translated into many languages. Living in the has given literally millions of people clear and gentle guidance to create a new way of life. In this book she introduced a powerful new way of life; that of listening to one own intuition. In the newly revised edition of this book, she elaborates on her original ideas. In the introduction of the book she describes about her whole life and how her journey was started in writing. The key lies in bringing the light of our awareness to every aspect of ourselves, including our disowned energies – our shadow side. With great insight and clarity, she shows us the transformative



power of bringing awareness to every part of ourselves. Simple yet powerful exercises on subjects including creativity, relationships, parenting, health, money and transforming the world help us put these teachings to practical use in our daily lives. In this book she used term 'New world' and 'Old world', here the old world means 'the old way of living that we are relinquishing and world she meant 'the new one we are creating'. In the every chapter of the book she talks about 'MEDITATION', how we can meditate and how it helps to make our body calm and balance. In the other chapter of the book she talks about the Intuition, how are intuition works in every phase of life. The most interesting thing of this book is that she describes the every small thing of life in her own way. She talks about how we can become more creative in our life. The most interesting topic of this book is 'THE WORLD AS OUR MIRROR' its my personally favourite because in this chapter she talks that everyone have their own version of the world she says the world is our mirror it can help us see our lives

as a reflection of our beliefs, attitudes and emotional patterns. She says the most common problem she encountered in her work is that so many people are out of touch with their feelings – when we have suppressed and closed off our feelings, we cannot contact the universe within us, we cannot hear our intuitive voice, certainly cannot enjoy being alive.

Living in the light is a comprehensive map to growth, fulfilment and consciousness. As we grapple with personal, national and global challenge on many fronts, this classic work is timelier than ever. The book have total twenty-three chapters and every chapter is very interesting and helpful for making our life more better and this book gave you a new way to see the life and its problem.

### Kafka on the Shore: Haruki Murakami

Kafka on the Shore by Haruki Murakami is the author's way of writing to convey a message of the wealth of emotions for describing the matters of the world and to capture its beauty. Kafka on the shore is a journey of thought-provoking emotions. The story is told from two different perspectives each moving forward with the same outcome along with a similar timeline. Driven by desire Kafka and Nakata throughout the novel represent the transformation of identity as Murakami points out the Nature



of human consciousness alongside the idea of finding themselves in the world. The concept that Murakami explores is the character of Nakata who's perception depends upon the individual's way of understanding abstract and complex problems as the characters rely on the words of others. Despite their explanation both the characters are unable to understand anything that lies in the outside world. Thus throughout the story Kafka and Nakata expresses their notion that everything is a metaphor which in turn can be perceived through ourselves as these perspectives are constructed by who we are and what we know in connection to our surroundings. The storyline also offers us an experience to reflect the beauty that lies within ourselves or in regards with the story through the characters, narration etc...

Another thing that I loved in this book is its reference to classical music and its elaborated discussion over the likeness of characters .The author talks outside of the world with his imagination. In the end Murakami does not show perfect picture of the characters but also shows feeling of maturity and wisdom that crept into in order to changes our views of the world .

## The Power of Subconscious Mind: Dr. Joseph Murphy

DR JOSEPH MURPHY

subconscious

Why is one human sad, another human happy? Why is one human joyous and prosperous and

other human poor and miserable? Why is one human fearful and anxious and another full of faith and confidence? Why does one human have a beautiful. luxurious home while another human lives out a merger existence in a slum? Why is one human a great success and another an object a failure? Why is one human genius in his work or profession while other human toils and moils all his life without doing or accomplishing anything worldwide? Why is one human healed of a so called incurable disease and another isn't? Why is one woman happily married and her sister very unhappy

and frustrated? Is there any answer to this question in the workings of your conscious and subconscious minds? There most certainly is.

Here I would take you to the question of mind and brain. Basically in a lame sense one could consider brain is a just a stuffing of muscles but what primarily takes into mind is how we lead our life, how we question things and answer them is what basically put by our mind in our brain. Dr.Murphy in his book the power of subconscious mind narrates that we as a human being has indomitable power inside us or creative intelligence (if someone is not into LOA or does not like it.)

Essentially, the law of life is a law of belief and belief could be summed up through briefly as a thought in your mind. As a man thinks, feels, and believes and so is the condition of his mind, body and circumstances. Our subconscious mind is actually a worker of our words. We as a human being have magnetized personality. Remember the day when you want to wake up for an important event even before the sound of alarm, you was awake? Your subconscious mind has answer to all your problems. If you suggest to your subconscious prior to sleep, "I want to get up at 6am," it will awaken you at that time. You are a captain of your soul (subconscious mind) and the master of your fate. Remember, you have the capacity to choose. Choose life! Choose love! Choose health! Choose happiness

Now the question arise how we need to energize or wake the subconscious power, basically our subconscious mind wakes day and night. But the climax is ,your business is with conscious mind and not your subconscious mind. Just keep your brain busy with the expectation of best and make sure the thoughts you habitually think are based on whatsoever things are lovely, true, just, and of

> good report. Because the thing with subconscious mind is, it is a silent procedure, therefore we directly work with conscious mind.

> It is important to note that our life revolves on law of action and reaction. F or instance you are frustrated because you have not meet some deadlines, now if you dwell on obstacles, delays, and difficulties, your subconscious respond accordingly, and you are blocking your own good.

I would like to end this book review as I want to keep it precise and keep you ended so as you grab a copy of it and

share your experiences with me. Though it would sound bit informal to quote my experience but it is magical to me and I could not stop myself sharing with you. So one day I thought of doing cycling in the morning those were initial days of lockdown .So I gave myself target that by 6:15am I will be out of my home. Before sleeping I said to myself that you have to be on the bike at 6:15. So the thing happened with me was I got up at 5:50am and after watching the time I thought of sleeping for 10 more minutes and as by my habits I was at the seat of bike at 6:25. Now with this whole incident I realized that my subconscious power exactly knows how much time I take to get ready and it made me woke up at 5:50 so that I fulfil my word. I don't know this may sound magical to you or not but it was for me who always struggle in getting up early. You may try with yourself also say to your pillow or say to yourself wake me up at 6 or 7 and the most important thing have faith in yourself and consider that god who has created such beautiful mountains, sun ,moon and universe. He may not have compromise with you.

I would leave you with this bible verse having hidden powerful message:

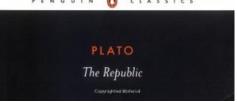
Whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report, if there be any virtue and if there be any praise, think on these things. PHIL.4:8

## The Republic: Plato

In the Republic, Plato, speaking through his teacher Socrates, set out to answer two questions."What is justice?" Why should we be just?; second question is "is the just person happier than the unjust person?" or "what's the relation of justice to happiness?" Given the two central questions of the discussion, Plato's philosophical concerns within the dialogue are ethical and political.

The Republic is said to be one's of Plato's masterworks and one of the most influential and widely read books within the history of philosophy. I found it to be devilishly difficult to really understand. However there are some very good nuggets in the book. There are any number of reasons for this, but one among them is that the sheer breath of topics and issues that Plato introduces over the course of the dialogue. As you read, you want to add up not only of these issues in their title but must also understand them in reference to the larger theme and argument of the work. This is, to be sure, a daunting task, particularly for those that are approaching the dialogue for the primary time.





So basically here is the plot, Socrates and Plato's brother, Glaucon, are traveling home from a festival once they encounter another brother of Plato named Adeimantus, who was also traveling with an Athenian named Polemarchus. Polemarchus invites everyone to his home where they meet his elderly father, Cephalus.

As the men banter, they start to debate the meaning of justice, and what it means to be just, like being honest and following the law. Socrates takes each idea a part and this sets the theme for the rest of the book. The primary questions the lads attempt to answer are what justice is and does it make someone happier if they're just.

Plato's ideas are bold and controversial and really much relevant even today. Whether you accept as true with Plato or not, he's an outstanding writer and thinker. It's an easy read but some of the concepts and thought are not easy to grasp on first read. Reading Plato should be easy ,but understanding Plato can be difficult.

- Shivangi Rana BA-III

## **Wuthering Heights: Emily Bronte**

"He's more than myself than I am. Whatever our souls are made of, his and mine are the same"

This in a way very well sums up the story of Catherine and Heathcliff at Wuthering Heights and their tragic love that destroys them and everyone around them burns as well. People, who have read this book, often say that it portrays the undying love between Catherine and Heathcliff, but on the contrary, it describes what and how love shouldn't be. The author wanted us to know that there are different shades of love and that love has no correct definition. It deals with how abuse creates monsters, how misguided love burns lives and how jealousy and revenge can blight lives of innocent people.

Heathcliff was adopted by Catherine's father as a child, but upon Mr. Earnshaw's death, he is bullied by Catharine's brothers. Eventually, under the incorrect assumption that his love for Catharine is nor returned, Heathcliff abruptly leaves the house only to return years later as a wealthy man, poised to exact his revenge for his previous sufferings.

"Wuthering Heights" without a doubt is a chaotic novel, beautiful in its complexity but terrible in its wickedness. The novel is exceptional in a way that none of its characters are likeable. From narrator to the side characters to the main characters, each one of them is presented in such a manner that highlights their faults. One cannot help but search for redemption to be found within these characters and, upon being disappointed, pity their existence. However, Emily Bronte described the feeling and emotions of each character so deeply, yet so realistically that as every new character was built, she made sure to perfectly describe both their physical well-being and mental wellbeing, with helped the readers paint an extraordinary picture of each of these characters. This little detail makes us realise that how even small and kind of 'unimportant' characters actually matter, how everyone has a different story to tell about the same event and how each and everyone is the protagonist of their own story.

Another point that came to notice while reading this novel was the time in which it was written; Bronte wrote the novel in 1847 i.e. in the middle of the Victorian Era. In a time in which morality and acting proper were a necessity, she wrote a novel where the characters were jealous, spiteful and monstrous. She went against the societal norms and challenged the societal beliefs. She



even portrayed the evident class conflict present at the times where people are treated and respected in accordance to their social class. Bronte showed the darkest aspects of the society and ultimately, she reflected upon the most ignored aspects of that era.

Emily Bronte was brave to tell an original story at her time with characters so deep, that get you and bewitch you. Wuthering Heights is a honest, perplexing book about two characters without makeup. They are raw, monstrous at times and fantastically memorable. They love each other deeply, yet, they enjoy making the other suffer. Paradise was doomed the day they met and the generation to follow met the same ill-fate. Their unfulfilled love and obsession seeks revenge and ruined everything possible. This book is filled with tragedy and darkened and there is no sign of relief till the very end, but then it gives a different perspective of live and people.

- Smriti Garg BA-III

## Midnight's Children: Salman Rushdie

Year of publishing: 1981 Publisher: Jonathan Cape

Characters: Saleem Sinai (main protagonist)

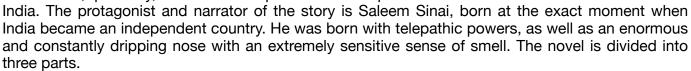
Aadam Aziz (Saleem's grandfather) Ahmed Sinai (Saleem's father) Amina Sinai (Saleem's mother) Mary (Saleem's surrogate mother) Padma (Saleem's future wife)

Other characters: Naseem, Alia, Nadir Khan, Hanif Zafar etc...

It portrays India's transition from British colonialism to independence and the partition of India. It is considered an example of postcolonial, postmodern, and magical realist literature. The story is told by its chief protagonist, Saleem Sinai, and is set in the context of actual historical events. The preserving history with fictional accounts is self-reflexive.

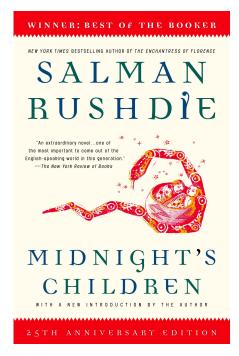
#### SUMMARY

Midnight's Children is a loose allegory for events in India both before and, primarily, after the independence and partition of



The book begins with the story of the Sinai family, particularly with events leading up to India's Independence and Partition. Saleem is born precisely at midnight, 15 August 1947, therefore, exactly as old as independent India. He later discovers that all children born in India between 12 a.m. and 1 a.m. on that date are imbued with special powers. Saleem, using his telepathic powers, assembles a Midnight Children's Conference, reflective of the issues India faced in its early statehood concerning the cultural, linguistic, religious, and political differences faced by a vastly diverse nation. Saleem acts as a telepathic conduit, bringing hundreds of geographically disparate children into contact while also attempting to discover the meaning of their gifts. In particular, those children born closest to the stroke of midnight wield more powerful gifts than the others. Shiva "of the Knees", Saleem's nemesis, and Parvati, called "Parvati-the-witch," are two of these children with notable gifts and roles in Saleem's story.

Meanwhile, Saleem's family begin a number of migrations and endure the numerous wars which plague the subcontinent. During this period he also suffers amnesia until he enters a quasi-mythological exile in the jungle of Sundarban, where he is re-endowed with his memory. In doing so, he reconnects with his childhood friends. Saleem later becomes involved with the Indira Gandhi-proclaimed Emergency and her son Sanjay's "cleansing" of the Jama Masjid slum. For a time Saleem is held as a political prisoner; these passages contain scathing criticisms of Indira Gandhi's over-reach during the Emergency as well as a personal lust for power bordering on godhood. The Emergency signals the end of the potency of the Midnight Children, and there is little left for Saleem to do but pick up the few pieces of his life he may still find and write the chronicle that encompasses both his personal history and that of his still-young nation, a chronicle written for his son, who, like his father, is both chained and supernaturally endowed by history.



#### **THEMES**

· British Colonialism and Post-colonialism:

Born at exactly midnight on the eve of India's independence from British colonialism, Saleem Sinai is the first free native citizen born on Indian soil in nearly a hundred years. After a century of British rule, in addition to a century of unofficial imperialism before that, Saleem's birth marks the end of a two-hundred-year British presence in India. Using their considerable power and influence, the British impose their Western culture and customs onto the Indians.

#### · Sex and Gender:

Salman Rushdie's Midnight's Children is a harsh critique of the gender-related power struggles of postcolonial Indian society. After generations of purdah—the belief that Muslim and Hindu women should live separately from society, behind a curtain or veil, to stay out of the sight of men—postcolonial women are encouraged to become "modern Indian women" and remove their veils. Countless years in the domestic sphere has branded them as weak, demure, and dependent on men.

#### · Identity and Nationality:

From the moment Saleem Sinai is born on the eve of India's independence from Great Britain, he becomes the living embodiment of his country. Saleem is India, and his identity metaphorically represents the identity of an entire nation; however, Saleem's identity is complicated and conflicted. A nation, generally understood as the same people living in the same place, only loosely applies to India's diverse population. Instead, multiple religions, languages, and political beliefs divide postcolonial India.

#### • Fragments and Partitioning:

Following their 1947 independence from British rule, India begins to break up in a process known as partitioning. British India splits along religious lines, forming the Muslim nation of Pakistan and the secular, but mostly Hindu, nation of India. India continues to fracture even further, dividing itself based on language and class. Meanwhile, Saleem Sinai, the living embodiment of India, is also cracking—and dying. Saleem, born at the exact moment of independence, is inescapably linked to his country and destined to thr same fate.

#### • Religion :

Religion is at the forefront of Salman Rushdie's Midnight's Children, and it drives most of the narrative throughout the entire novel. Saleem Sinai, the narrator-protagonist, is born Muslim but lives most of his life in the Hindu-steeped culture of Bombay. His lifelong ayah, Mary Pereira, is a devout Catholic, and his sister, the Brass Monkey, ultimately joins a nunnery. In the religiously pluralistic backdrop of postcolonial India, Rushdie references several religion.

#### MY PERSONAL OPINION

Wonderful story, with unique narrative technique. Although, the book is lengthy but it is full of twists and turns. The protagonist of the novel, Saleem Sinai takes birth on 15 august, 1947. Hence it is journey of a man along with the nation. The political conditions of India has direct effect on Saleeem's life. Rushdie puts the tadka of magic realism which makes the reader entering Saleem's world directly. Easily one of the greatest books of the 20th Century. Magical realism blended with historical nonfiction, with myriad layers of truth and meaning. Don't expect it to make complete sense; but as it draws towards the last few hundred pages, it all comes together, tickling the brain with mystery and suspense.

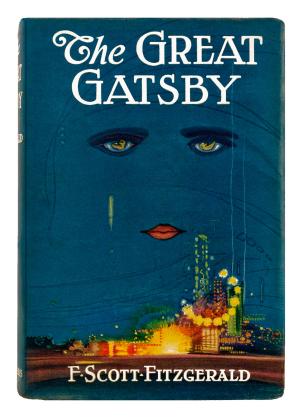
#### This is a Book to Accept on its Own Terms

Memory's truth, because memory has its own special kind. It selects, eliminates, alters, exaggerates, minimizes, glorifies, and vilifies also; but in the end it creates its own reality, its heterogeneous but usually coherent version of events; and no sane human being ever trusts someone else's version more than his own. So, it's a must read and leaves you with a constant thought of turmoils during partition.

- Tanvi Chauhan BA-II

## The Great Gatsby: F Scott Fitzgerald

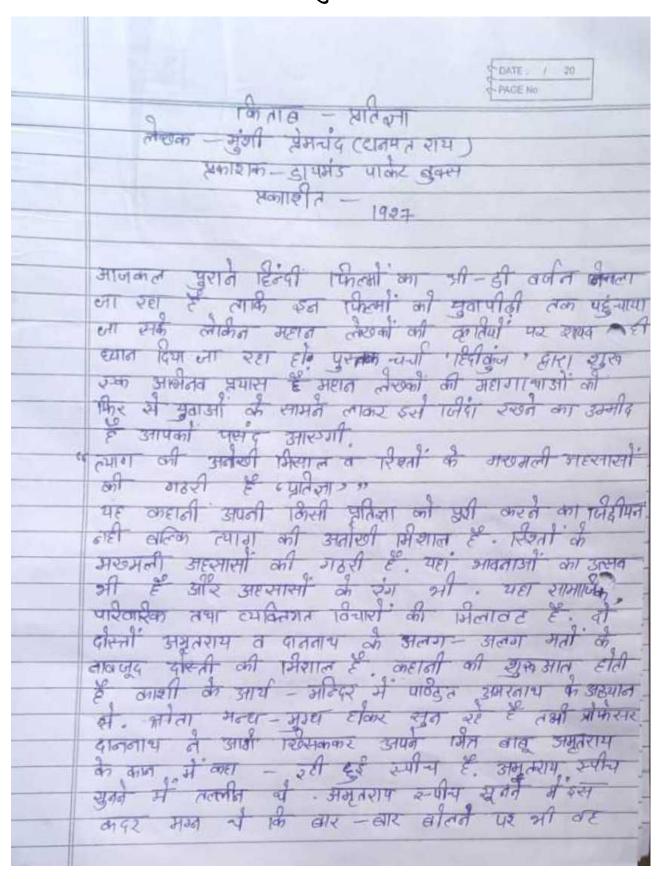
On the surface, The Great Gatsby is a story of the thwarted love between a man and a woman. The main theme of the novel. however, encompasses a much larger, less romantic scope. Though all of its action takes place over a mere few months during the summer of 1922 and is set in a circumscribed geographical area in the vicinity of Long Island, New York, The Great Gatsby is a highly symbolic meditation on 1920s America as a whole, in particular the disintegration of the American dream. The story of Jay Gatsby of West Egg is told by Nick Carraway, who is one of the legion from the Middle West who have moved on to New York and finds in Long Island a fascinating but dangerous playground. Gatsby's fortune, business, even his connection with underworld figures, remain vague generalizations. Of his uncompromising love - his love for Daisy Buchanan - his effort to recapture the past romance - we are explicitly informed. This patient romantic hopefulness against existing conditions symbolizes Gatsby. Nick Carraway had known Tom Buchanan at New Haven. Daisy, his wife, was a distant cousin. The post-war reactions were at their height, everyone was restless. Buchanan had acquired another woman. Daisy was bored, broken in spirit and neglected. Gatsby, his parties and his mysterious wealth were the gossip of the hour. At the Buchanans Nick met Jordan Baker; through them both Daisy again meets Gatsby, to whom she had been engaged before she married Buchanan. The inevitable consequence that follows is almost incidental, for in the overtones the decay of souls is more tragic. With keen psychological observation, Fitzgerald discloses in these people a meanness of spirit and absence of loyalties. He cannot hate them, for they are dumb in their selfishness, and only to be pitied. A curious book, a mystical, glamourous story of todav.



The story is powerful as much for what is suggested as for what is told. It leaves the reader in a mood of chastened wonder, in which fact after fact, implication after implication is pondered over, weighed and measured. And when all are linked together, the weight of the story as a revelation of life and as a work of art becomes apparent. And it is very great. One reason that I enjoyed reading this novel is Fitzgerald is constantly poking fun at the American Dream and the class system it has created. The American Dream is what one yearns for, and what they want to achieve. The great American Dream is of opulence, freedom and enjoyment. Gatsby's American Dream is to be with Daisy, and to spend the rest of his life with her.

> - Ishani Tanta BA-III

## प्रतिज्ञा : मुंशी प्रेमचंद



जान के देते . तर स्पीन सुन कर ही जाना नाहते वर्ष और पाननाप सी आसाती से छोड़ते जाहते ये न पाना पानाप इतती आसाती सी छोड़ती नाले आपमी न पी घड़ी भीकालकर देखी, पहलू बदला और अअरबाय की अरि देशन ली . उनका हमान ट्याडमा पर नहीं, पार्वेदनी पार्टी पर पा . उसके हिलते में उन्हें तुझा आतद आया. असी मतीरंजक ट्यारंपा तो के साथ होती है कहाती प्रातेज्ञा का आगाज . पिठ्ठत अमरताय की कथा स्वतंबर अमृतराम प्रमा को छोड़ छिसी विधा से विवाह के करते का विसम करते हैं । जिसके इदिमिंद पुमती उस कहाती के मुख्यत है-वार मुखा बिरदार है उनमूत्रशय , प्रमा , प्रमा , दानमाप . कड़े । देत्रवरूप मोड़ी के स्नाप हरू पटते की अहातीयत वढ़ जाती है . अभूत राम , प्रमा-पीनानाम की स्त्रिकोनीम प्रेम कहानी के स्नीय रमाग , पुर्णा के विद्या हीते के लाप उसका खंदना हुर, असूतराम का समर्पन और परितृ के प्राप्त प्रक्रमान की भावना इसे अहागाचा खताती है . इसके उपनाता कहाती मानना इस महागापा खुनात है. इसका उस्नाता काहाना में हित पर्संत कुमार के अत्नाता की कुछ न्यारेत हैं। जिस्से अत्मा - मत्मा ग्रारिमा है सान्य ही कई सार्थ स्वाल भी हैं. क्या अमुराय किसी विद्या से विवाह करते हैं। क्या प्रेमा अमृत्याय की पात से सम्मत होती हैं र विद्या होते के बाद क्या प्रणी का उसरा विवाह हो पाता में इस सवाती के जवाव तो आपको उपस्थास से ही प अमृतराप व पाननाथ के नेमतनही किन्तीं की गापार अमृतराप प्रमा से सेम करते हैं जो उनकी मृत पूर्ती की नहन है जिसे पान नाथ और मन ही मा जैम करते

DATE: / 20 हैं लेकिन प्रेमा के माना - पिना के नजर में प्रेमा के निरूप अमृतराय सी योग्य तर नहीं - पानवाय स्परत स्वभाव के मनुष्य हैं. जीवन के स्मरतम मार्ग प्रयू नलने में ही वह अनुष्य हैं. जीवन के स्मरतम मार्ग प्रयू नलने में ही वह अनुष्य हैं. किसी गरीहांत या आदर्श के जिस्क कहर सहना उन्होंने न सीखा था. वह स्थ्क कॉ नेज की अध्यापक हैं वस वर्ज कॉ नेज जाती मारा दिन सीर - स्पार और हंसी - सेन में कार देने आमृतराय सीहांतवादी आदमी हैं - वह ही संपम्मीत कोई व्याम निषम निरुद्ध त व्यारी धीवत व्या स्वर्धिय वैत्रीत्र हो , इसका उन्हें सर्वि ह्यात रहता था ,वकीत है पर इस प्रीश स्व उन्हें प्रीम नहीं जिम की अमीरी ट्याइया ??

जिम अमुमराया किसी विद्या से तिमाह करते की प्रतिमा

कारते हैं पानाए मिरस्कार भाव से कहते हैं कि द्या

लाते कारते ह्याप्य हो . तुम मुझाराते हो , प्रेम काहि नाजार

का सीरा है , जी जाहा निया , जी गहा म किया . प्रेम

स्क बीज है , जो स्फ बार जमकर बड़ी मुश्कित से

उखड़मा है . अभी - कभी की जात और प्रकाश और

वायु के बिना ही जीवन पर्युक्त जीविन रहता है , प्रेम

करते तुम्हारी मेजीनर कही है , वह तुम्हारी प्रेमकी भी

है. यह स्मून्यना उसी मिली मी तो उसमा हुद्दम भगन ही

जारगा . यह शहद प्रेम की गिरमा , माधुर्य को

अभी आमी ट्यासन करने हैं

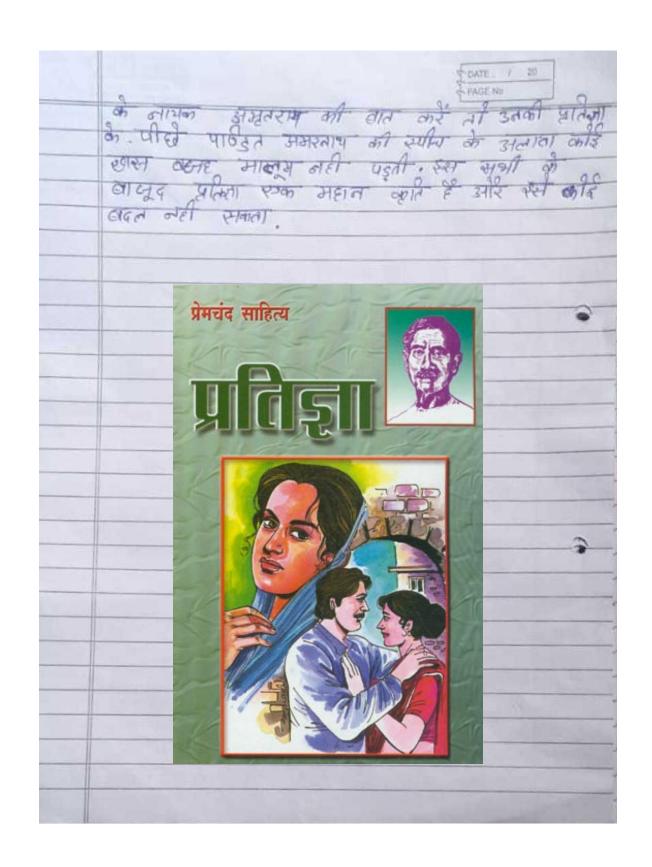
व्यविद्या विवाह के प्रांत स्मारात्मक भाव ??

जार मिमा में सिमा में विवाह से विवाह करने का विवास करने का विवास करने का विवास करने हैं।

विद्या होटी नाहते हैं दानमाम उन्हें काहते हैं होने. प्रेम की अनीछी ट्याह्या अ

DATE: / 20 दूब समझ ने ही की खड़ा मैनान मान मार आर ही अपि की प्रति की प्रति में जाते ही की का हार लेकर दुम्हार गर्म में प्रति दीई गा उने किन में नी चि रामसाना है। कि माने पर अपने साद ही की का का पर माने ही , समा चार - पत्री अपनी प्रशंका रेखना चाहने ही , समा चार - पत्री अपनी प्रशंका रेखना चाहने ही , समा चार - पत्री अपनी प्रशंका रेखना चाहने ही , सम अपने दी तम का पर सार की समी का पर सार की समी का पर की सार की समी का पर की सार की साम की समी का सार की सार की साम के घरि लोगों की वया सीच थी. स्ती वे त्याम की कार्या कहानी में प्रेमा जैसी स्त्री के मार्पम से प्रेमचंद हो स्त्री के त्याम की कत्या कही हैं. अमुन्धाय के तिराव से विवह की जान सुनने ही कर्न ही प्रेमा का कर हुप काए उठना है तें की उनके इस्त फिराने पर उसे पर उसे मुमान भी होता हैं. तीन सानों से अम्हानराम की अपने हत्य - मंदिर में स्वाधीत कर वह प्रजा करने के कांचप वह अमुन्सम् का वहीं पूर्ण भी कहानी के मुख्य किरपारों में से हैं, उसे द्वं में हिरा दर्शीया गया हैं. युर्जा किन्नता ही - वाहती भी कि कमनाप्रसाद की अपर से अपना मन हरा के, पर यह शंका उसके हृदय में समा गई वी कि कहीं इन्होंने स्वयम् सातमा - हत्या कर नी तो क्या होगा ए शन को वह कमनाप्रसाद की उपना करके न्यूनी तो आहे थी , पर शैम राम उसने वित्रों में कारती हैं. उस्ता वित्यालत हृद्धा पति - भावन संयम क्रारी हैं. उस्ता वित्यालत हृद्धा पति - भावन संयम क्रारी हैं. उस्ता वित्यालत हृद्धा पति - भावन संयम क्रारी व्रत क विरम्ह भागित - भागित की तकति क्रिकी क्टानी में प्रेम जैसी स्त्री के माद्यम से प्रेमचंद

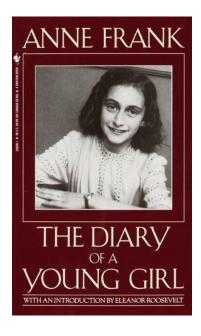
THESE NO लगता है वह सवाली की नापीट में हैं वना वह मर जाती, तो उसके धर्म पार्त पुनिर्विह न करते ? अभी उनकी उसक्या ही वना ची ? पन्नीस पन्नीस वंधी की अवस्था मैं क्या विश्वर जीवन का पालन करते आदि. प्रमानंद की आधा का जादुगर कहा जाता है जैसे शब्द उनके दास पे जी सिर्फ उनके निरु बन्ने ये प्रात्मा में प्रभाग हिस्स गरा से के द्वीरों से अभकता अवग्रीय स्वत संग्रित सरा , यी के द्वीरों से अभकता अवग्रीय जाया से प्रदीप्त , हत्की- हत्की सहरों पर स्परकता जादि शब्द विस्त तम्में हैं और आज के तेस्वत में सेसे अब्द स्त्रात तथा पढ़ते की श्रायद ही मितते हो. प्रयहमास्त के संदूर्ज में जिली विचार " हा तांकी कत्र में हैं। सीयत नहीं क्लिस की महान लेखक प्रेमचंद के कहाती- की अली-चना में यहां समीना कर सक्ष किर भी अपने कुछ विचार रखना चाहुँ शी. कहानी हित्रा भें दो तारी चील प्रेमा सीर्ट पूर्ण के चार हो को स्पष्ट तहीं किया गया . प्रेमा की सात्र करें ती उसका त्या कुछ कम त था . जन सभी अमुन्ध्या का विशेष कर रहे थे तभी वह उनके समर्थन में उत्तरी लेकिन का में प्रेमा कहीं तीन ही जाती है उसके कितर की भी अहामियत व्यट जाती है . उत्तर्क कहीं प्रभी का का मंदर होग स्वभाविक है तै कित तै खक ते यह स्पष्ट तहीं किया कि उसे ने नार्यका की मदी पर बैठाना -पाहते ये या व्यत्नायिका या फिर किसी मान्सी किसार का ताज पर्यान कर छोड़ देना चाहते थे. उत्तर कहाती



- Varsha BA-II

## The Diary Of a Young Girl' by Anne Frank

The book is a diary of a girl named Anne Frank, a Jewish girl, who went into hiding for two years with her family during the Nazi occupation of the Netherlands. But the diary was retrieved after the death of Anne Frank and given to her father, Otto Frank, the family's only known survivor.



The diary provide a poignant and a vivid glimpse into the world of a young girl(Anne), a 13 years old. In this book, she wrote many stories and her experiences during those period and it shockingly made people fall in love with her and her diary. But what really devastated me was her reason of keeping a diary - because she didn't have a 'real' friend!! and that paper has more patience than people. Honestly, I can't even think of myself in her shoes. It's really devastating how she would lived in hiding with some other families with the constant fear of being discovered and could never go outside. So, she named her diary 'Kitty', her imaginary friend and their hidden apartment was referred by her as the Secret Annex. Inside these stories, there were also her impression of the other inhabitants of the Secret Annex, her feelings of loneliness and her frustration over the lack of privacy. More than these ,she shared detailed typical issues such as crushes on boys, arguments with her sister and about the war, humanity and her own identity.

I wished to share some few quotes from this book which I really loved :

- "What is done cannot be undone, but one can prevent it happening again"
- "I don't think of all the misery but of the beauty that still remains"

And we can see that Anne who was a young girl had matured into a women an it is indeed a remarkable book. Not only did people love her but they were also revealed about the tyrannies done there by the Holocaust and the hardships people really faced. So, to everyone who has known and read her book ,she is definitely and will always be a great girl filled with the strength and a will. It is an indestructible nature of all teenage to learn from her.

Summing up everything, we can conclude that she indeed was a great girl and also a strong women who shared her own feelings, her fears and her relationship with the other dwellers. So, I, myself, would highly recommend for everyone out there who haven't read it yet because at an instant, I couldn't help to fall in love with this book. She showed us how to enjoy even the smallest bits of life and the need to have the right to freedom and how people should be really treated regardless of their religion or races. No wonder that the book, after two years of her death, became a world classic literature.

- Yumnam Jyoti Chanu BA-II

## **POETRY**

## मेरी कविता

मानवता पर कलंक लगा गया वह एक गुड़िया को जिंदा जला गया वह

क्यों दुर्गा काली बना करक्यों दुर्गा काली बनाकर उसको पूजते हो क्यों ढोंग दिखावा तुम यह रचते हो सपने उसके मिट्टी में मिला गया वह मानवता पर कलंक लगा गया वह एक गुड़िया को जिंदा जला गया वह

जानवर से भी बदतर हो फितरत जिसकी गुनाह करते भी क्यों है जीवन उसकागुनाह करते भी क्यों है जीवन उसको क्या गलती थी उस मासूम की घर की तो लौटना था उसको भी

एक भरोसा था एक आस थी एक मां ताकती बेटी की रात थी क्या बीती होगी उस मां पर जिसे अपनी बेटी का चेहरा भी देखना नसीब ना हुआ बस एक लॉकेट से अपनी लाडो की पहचान की

मानवता पर कलंक लगा गया वह एक गुड़िया को जिंदा जला गया वह

वह रात जो सुबह ना देख सकी जला लो चाहे कितनी ही मोमबत्तियां या मषाले फिर ना कभी रोशन होगी अब तो यही गुहार है यही पुकार है यू सस्ते में ना छूटे वह क्योंकि जान की कीमत तो उसकी भी कम न थी

मानवता पर कलंक लगा गया वह एक गुड़िया को जिंदा जला गया वह मानवता पर कलंक लगा गया वह एक गुड़िया को जिंदा जला गया वह

### The Puzzle Piece

Everyone thriving to be that one puzzle piece The one which completes the picture The one that eliminates the feeling of emptiness, the void But aren't we forgetting something? All similar pieces and it is not a puzzle anymore But twisting, turning and breaking Trying to fit in that broken piece of "perfect" Is that really what you wished for? Every piece of this puzzle is beautiful And self sufficient and important Like a little world in its own universe. So if you don't fit here, Maybe you belong to another puzzle More mysterious, More beautiful And no matter what, you're always the one That one piece without which the picture is incomplete.

Ambika Sharma

## Say No To Women Trafficking

You May see a pretty face Run Behind a good body and chase They May slow down their pace To gaze at their beautiful silhouette With no regret.

Whenever you cross that road
You may see how love is sold
Emotions are auctioned
And souls sacrificed
You will see living humans without a life
Those are not bodies without an identity
And without a destiny.

You should seek an apology
For having rushed so much
That you became so ignorant
Feel sorry for not seeing the wrong
And weren't so strong
Let's get up together
To stop this business of bodies
Let's spread love
Create a world where choices are given
And the evils are imprisoned.

Bharti Rao

## മുപ്പു വുന

ሮን እያ ឃን እር ምጠር የ የርሀን አማር መን አማር መመር የ መን አማር መመር የ መን አማር መመር የ መመር የ

. . . . . .

#### **MY LIFE (English Translation)**

My life just like the bird, whose wings were cut down. becoming helpless, just living for a few moments, and, waiting for the last breath. I have no capability, there is no one, for helping me. Is it called lonely life...? Is it called lonely life...? living for the last moments. just like to be falling down bank, becoming broken heart. what can do: a dying tree having dried leafs. Only standing alone..... Only standing alone..... Babysana

#### My Poetry

Sitting under shadow, Embracing the low

Walking at sinking land, Emotion to dance behold

Dancing under bluish sky, Can my dreams be as high as the sky

What to say all ideas piled up, Alas! Poem could not be written in points

- Simran

# WW.

## **Mother (English Translation)**

Love of a mother is deeper than an ocean.
Care of mother is like a sunlight to the world
Her concern is like blood to heart
May she longer than her age
She is the first teacher to every creature in the world
She is the best person to everyone.

- Chuskit

#### **Normally Abnormal**

Sometimes it's such a burden no?

That is to live normally.

When the norms of your normal are already set by the society,

how hard it must be for you to revolt just for the sake of your being.

To be who you are

When all you were ever taught, was to be normal.

Sometimes it's such a burden no?

That is to live normally.

When the path we chose is not the one we were "meant to".

When the hustle we do, is nothing but a doubt to you.

When our dreams are questioned and so is our sexual orientation.

When our minds are broken leading us to our own destruction.

Then our bodies are mocked and so is our sanity.

When our ideal is an illusion and misery is our reality.

That is the time I'll hold on most to my divinity,

My divinity is not an entity nor the holy trinity.

It's my spirit, my hustle, my abnormality,

My strength, my struggles, my love and humanity.

So hold on to your voice because so will I.

So hustle for your dreams because so will I.

Lead the path of trust and love yourself.

I'll lend you my ear, just speak yourself.

Don't let the normal hold you,

Bounded in the chains of abnormality.

You are unique my love,

You will create your own beautiful reality.

I promise you no future, no guarantee I ever gave,

But the world was never certain,

So hold on to your hope, it's the one thing you should never trade.

Do the thing you love and love the thing you do.

That's the only way happiness is construed.

Sometimes it's such a burden no? That is to not know abnormality. To think of it as a burden, when it could be just another beautiful reality.

Harleen Kaur

#### My Poetry

There is another me inside me, Who is cruel, unjust and a lie, Who is always convincing me to end up myself and to search Some ways to die,

It always argue with me
to prove me worthless
and convince me to never begin
my story from this new address,

The another me is a monster, who is eating me from within, Finishing me from inside to weaken me and win,

The another me never gets tired,
It's awaken whole day and
whole night,
I am tired of fighting with it,
I tried to make it quiet
But it again persuades me to quit,

I am sinking in my guilt, where no one can reach and save me, i am already drown half in it and shortly I'll be fully drown in this sea.

I breathe to live the death and suffocate to die at once, the another me inside me every day learns to make new turns.....

Jahanvi Mittal

## मेरी कविता

हम आज भी बच्चे हैं यार, बस मासूमियत थोड़ी कम और समझदारी थोड़ी ज्यादा हो गई। खिलौने थोड़े कम और सपने थोड़े ज्यादा हो गए, बातें थोड़ी कम और खामोशी थोड़ी ज्यादा हो गई। गुरूर थोड़ा कम और शीलता थोड़ी ज्यादा हो गई। हम आज बच्चे ही हैं यार गुस्सा उतना ही आता है पर छुपाना सीख लिया नाराजगी होती ही है बस माफी देना सीख लिया। प्यार इतना ही है बस उसे थामना सीख लिया और हिम्मत उतनी ही है बस उसे दबाना सीख लिया। हम आज भी बच्चे हैं यार, खिलौने टूटे नहीं, टूटे सपने हैं। रूठे पराए नहीं , रूठे अपने हैं। ना जाते हैं ना ही मानते हैं बस यूं ही हमें सताते हैं। हम आज भी बच्चे हैं यार, बस माता-पिता के आंचल से निकलकर लड़ना आ गया। बिना आवाज के रोना भी आ गया , सिर्फ रात काटने के लक्ष्य से सोना भी आ गया।। किंजल बीर सिंह।

#### Gender Equality

People are talking about

Gender equality since long

But they are talking

It's meaning in wrong

Time is bad by saying this

So man restrictions are Imposed on me.

Equality is when

No fear will torture me.

I will consider the quality

When from college to home

I can go alone

Without facing any gazing eyes

And bad intentions of some morons.

You are a girl by hearing this

I won't have to compromise

Equality is when

My good and bad I can decide

When there will be

No discrimination among girls and boys

I will consider equality

When I won't be treated as a toy.

Only judicial laws

Can't give me right of equality.

There is a need of changing the narrow mentality.

(Every guy need a girl and a mother! If you kill all the girls, will you marry your brother)

- Khushboo Pal

## मेरी कविता

चाहे कुछ भी हो जाए हर इम्तिहान को पार करना है।। जब ठाना है तो जिंदगी में कुछ सबसे अलग करना है।।

चाहे सफर रह जाए अधूरा ही क्यों ना जिंदगी का मेरी , जीते जी हर एक सपने को पूरा करना है।। चाहे कितनी भी मुश्किलें आन पड़े रास्ते में हर एक मुश्किल को आसान करके आगे बढ़ना है।।

जिंदगी में कुछ सबसे अलग करना है। ।

चाहे मंजिल मिलो दूर है खड़ी मेरी ,, के चाहे मंजिल मिलो दूर है खड़ी मेरी।। हर रास्ते पर सफर करके उसे ही तो सबसे नजदीक करना है।।

जिंदगी में कुछ सबसे अलग करना है। ।

अभी वक्त कुछ कठिन सा जरूर है,, के अभी वक्त कुछ कठिन सा जरूर है।।

लेकिन एक बात मैं भी कहना चाहती हूं ,, कि वह जिंदगी का वक्त ही क्या जो दो पल कठिन होकर आसान ना हो।। हर कठिन वक्त को कुछ इस तरह आसान करना है।। इस जिंदगी में ही कुछ सबसे अलग करना है,, के इस जिंदगी में ही कुछ सबसे अलग करना है।।

Pooja

#### My Poetry

A time after i shut the blinds and rest my head to drift off. I sometimes think of a world that doesn't exist.

A world where everyone lives and loves without fear. I've seen dreams and hopes of people getting murdered just like how they kill people in the streets.

I've seen a world where we normalize murder to an extent that it could be used as a metaphor.

So, i like to imagine a world that doesn't exist.

I like to think of a world in which people have finally stopped pretending. Where No one's faking happiness no more. Where people are open about the diseases that lurk within their minds.

Where people are genuinely kind and jealousy is the new taboo. I'm living in a world where basic human traits, as simple as loyalty, are worshipped as some fancy virtues.

So, i like to think of a world that doesn't exist.

I like to think of a world where we can love freely. A time where lovers don't have to dig graves of their own love stories while the society watches attending the ceremonial funeral.

I'm living in one where love is just an overrated poetic understatement. I like to imagine a world that doesn't exist.

-Sheereen Khan

### My Poetry

The bloodied wound of patriarchy swings majestically round my neck,
Wavering my thoughts of what to be and what not to be.

I look around people fight

Misogyny and mercy.

For I try to do that too

until I fall once again into a muck,

Watching crimes on daily basis,

watching acid attack victims on daily basis.

For some are too illiterate to know the meaning of the word "no",
For their egos are objection,
but they can't handle rejection.

The bloodied wound of patriarchy
hangs majestically round my whole body,
Begging me to tame it
Oh! Dear Lord, demeaning of womanhood happening all around,
With people pointing to the length of our clothes
to the pitch of our voices,
to the grade of our choices.

Tanvi Chauhan

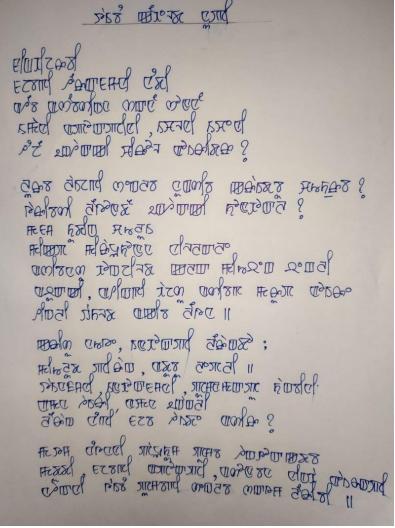
#### Demoiselles In Life's Wrestle

Oh Lady, Provenance of beauty, we phrase; Oh Brave mother, our beloved sister, we call; Is it a peal? Or is it from your tongue or your lips? Where is the filled love? Here, we go, there we went, Everywhere black and screams; Evil eyes wandering, Everywhere fear and flagitious. Still, we keep strong. Our grapple is nothing for you Wrongfully left; Eyes filled with tears. But still standing. We are to be blamed, to be casted Only ones who can bear everything Norms saying do that, do this No complain, No tiredness Is these who we are? Only time will answer everything There you will realize,

The birth-giver of beauty and weakness

ls, a Numen.

Yumnam Jyoti



## मेरी कविता

#### मेरे पापा

पापा हर फ़र्ज़ निभाते है, जीवन भर कर्ज़ चुकाते हैं, बच्चे की एक खुशी के लिए अपने सुख भूल ही जाते हैं, फिर क्यों ऐसे पापा के लिए बच्चे कुछ कर ही नहीं पाते, ऐसे सच्चे पापा को क्यों पापा कहने मे भी सकुचाते, पापा का आशीष बनाता है बच्चे का जीवन सुखदाई, पर बच्चे भूल ही जाते हैं यह कैसी आंधी है आई, जिसने सब कुछ सीख लाया है कोटि नमन ऐसे पापा को, जो हर पल साथ निभाया है प्यारे पापा के प्यार भरे सीने से जो लग जाते हैं, सच्च कहती हूं विश्वास करो जीवन में सदा सुख पाते हैं।

नाम - कोमल देवी