



KNOW THYSELF

DEPARTMENT OF PHILOSOPHY



COURAGE TO KNOW

POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS,
SECTOR- 11, CHANDIGARH
(NAAC ACCREDITED GRADE 'A' CGPA 3.52)

DEPARTMENT OF PHILOSOPHY
WALL- MAGAZINE

REFLOSOPHY

2021-2022



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REFLOSOPHY

Etymology: The word Reflosophy is a combination of words, reflection and philosophy.

About the word: This word has no dictionary meaning, yet, it is one of the most vital words for the people associated with the Philosophy Department of P.G.G.C.G-11. It is so because this word reflects the emotions, feelings and hard work put in by everyone involved in making this wall-magazine what it is today. This word is used only because there was no other word which could have done justice to represent Mother of all sciences "Philosophy". It was pointless to think of a word with an equivalent meaning to philosophy but our aim for the wall-magazine was reflection and that led to the formation of the word REFLOSOPHY.

Aim: This edition of our wall-magazine deals with "reflection" and our current feature reflects upon the best of movies and books that students of the Philosophy Department have come across. We aim to portray reflections of the contributors they developed while reading a book or a magazine.

Vision: Our vision is to fulfil the aim of the wall-magazine and provide the content from different perspectives and creative reflections to the readers. With this wall-magazine, we also want to motivate others to reflect on their choices by becoming a rational human being. We believe that everything can teach us a lesson or help us grow in life only if we can reflect and accept change.

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PRINCIPAL'S MESSAGE



It is a matter of pride that the students of philosophy has put in their best efforts to bring out the third edition of their wall magazine 'Reflosophy' for the academic year 2021-2022.

I congratulate the contributors and the editorial team for their significant effort. I am sure this will provide creative space for engaging innovative ideas and will be useful in shaping their writing and thinking skills.

Prof. (Dr.) Anita Kaushal
Principal

HOD'S MESSAGE



Questions are the essence of any philosophy. It is important to raise questions than to provide a satisfactory answer because it widens the space of our understanding about the subject and inspires us to take a journey in discovering the truth and different meanings.

The articles and poetries shared by the students in this issue of the wall magazine raises wonderful and insightful questions. We need to keep the idea of questioning alive in us.

I congratulate all the contributors and the editorial team for the brilliant effort.

Dr. Ambuj Sharma
Department of Philosophy

EDITORIAL BOARD

B.A. III



SHEEREEN KHAN



TANVI CHAUHAN



KINJAL BIR SINGH

B.A. II



SIMRAN

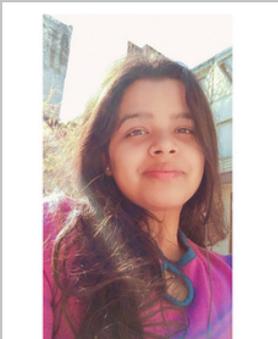


BHARTI RAO



MUSKAN

B.A. I



SUDI KSHA



**Khumbongmayum
Manju**



MEGHA



NOREEN

EPISTLES FROM THE EDITORS

Dear Readers,

"Healing Journey" sounds like a really cliché concept. Even though it might be, the phrases include a lot of conflicting feelings and hopes that point to a person's journey toward improvement. Our inner child's early mending is the beginning of a big portion of our healing process. Have you ever given the inner voice in your head any attention? the one who might bring back memories of your youth? First off: awareness and acceptance are the first steps on this journey.

You need awareness of what has happened so that you can accept it—and then move forward with change and actionable steps. Now hit pause on everything else in life so that we can rest from all these new feelings coming at us from every direction—everywhere we turn there seems like something else waiting just beyond our reach but no worries because once we've rested awhile then all those things out there won't seem so scary anymore because remember when I said earlier "I'm here now!"? Well guess what: YOU ARE HERE NOW TOO!!!



-Sheereen Khan
B.A.III

Hey readers! It gives me immense pleasure to come with yet another edition of the annual magazine Reflosophy 2022- 23. As I write for the last time for the magazine I would talk about the very important but not so much discussed issue which is about "learning". There are days in your life filled with emptiness, your heart leaked from pain and washed away with soreness. When you were young you did not get what you wanted, at times you would be alone and felt deep in madness and tears dropped wet into your pillow. Your life had no stairs or ladders to climb up nor did it sailed smoothly to the destination. Moonlight brightened you across the window but no one enough close to hug or care. Nothing can be done and you have to live with your personality. You watched others who had everything in life but it did not bring you jealousy, even a smile was away from reality and darkness hugged too closely. I just want to give this message to you all that learning is a lifelong process. As the saying goes, "today is your opportunity to build a tomorrow you want", so motivation is not only to activate a person's life energy but also to awake his/her creative enthusiasm. Good motivation comes from the desire to improve yourself and realize your potential; satisfy your curiosity, take pride in your achievements etc. Sometimes the fear of failure, lack of challenge and may be your anger becomes a cause of your downfall but remember nothing lasts forever. You might get motivated and inspired by someone but the real motivation lies in yourself. Think about your own life, plan and make your own strategies , set realistic goals and not something which is just an illusion. No matter what you do it's all about persistence, no matter how big or small it is. As long as you persist you will definitely gain a different self. Learning is the same doesn't matter what you learn, what matter is how and until when do you persist. So today what is learnt is that accept your life and live with it without counting the hatches for nothing. For every evil under the sun there is a remedy or none; if there is one try to find it, if there is none never mind.



Tanvi Chauhan
B.A. III



- Kinjal Bir Singh
B.A. III

Who is called a Pure woman ? A women behind the curtains of shame and fear or a women above all narrow mindedness free of fear high to touch the sky !!You tell people . Is the world fair with every women the one who come out of the door of narrow mind set and the one who is struck behind the door . I will let the world give me this answer to open up the heart in front of is right or just keeping the heartache in is right ? We humans live our lives in fear and eternal agony of not letting our feeling come outside .If we do know people will take advantage of it . I am not a feminist . I am just the women who is venting out her inner self to give the world a reality check . No doubt we live in reality but humans kind does not want to keep it forth . He just wants to live in a virtual world full of his dreams, achievements and a very complex status . I have seen ,the one who raises his / her voice in contemporary world is crushed down by feet .This world has eyes ,but it needs vision too .

Have you noticed that we mutter to ourselves? Sometimes we make judgments about our surroundings or criticize someone's behavior. But something which is of most critical is what we say to ourselves? Lately, I have realized that self talk is of the most critical subject, it brings huge shift to our actions. For instance, if I said to myself that I can perform better in this exam.

Consequently, my positive mindset will help me to endure, to find possibilities to score better and be cautious and not miss the opportunity by failing into silly mistake. On the other hand, if I said to myself that I am not good enough. Certainly, my depressive behavior will lead me to fall in to the prey of bad marks. Our self talk has a huge impact on our confidence and self-esteem. Subjects like philosophy gives us a moment to ponder and think on our thoughts .Put us into curious question and segregate us into rational or irrational thoughts. I hope that we say kind words to ourselves and grow into flowers.



-Simran
B.A. II



-Bharti Rao
B.A. II

Dear readers,

I feel privileged to be a part of the editorial board of the philosophical society. This edition of wall magazine deals with reflection. As Margaret J. Wheatley once quoted," without reflection we go blindly on our way, creating more unintended consequences and failing to achieve anything useful."This edition reflects on the best of movies, books and self written poetry which help us view them from different perspectives. This widens the horizon of our knowledge. I'm eternally grateful to be a part of this and addressing you is one of best part for me.

We aim to seek knowledge from the very beginning of our lives. This journey of exploring knowledge lasts till the very end. The love of wisdom is 'Philosophy'. It's a comprehensive subject that deals with notions and beliefs about life. This edition of wall magazine deals with 'Reflection'. Reflection is a perception. It's a phenomenon of returning, it can be returning or Exchanging our thoughts, ideas or beliefs and how they might relate to the future. Glimpsing at ordinary thinking in general as a subject evaluates our philosophical reflection. Now, Philosophical reflection is very important in life as it enables us to look into concepts with a deeper perspective or philosophy. It facilitates us to comprehend more about ourselves and others, including our personal beliefs, values, and notions.



-Muskan
B.A. II



-Noreen
B.A.I

I feel privileged to have an opportunity to be one of the sub -editors of Reflosophy , the Wall- Magazine of the Department of Philosophy, P.G.G.C.G.-II. I would like to express gratitude to the HOD of Philosophy Department, Dr. Ambuj Sharma for providing me the opportunity to express my opinions and to reflect upon my views. The wall Magazine led me to think and reflect upon what I was reading. I believe that reading a variety of material is very important. Reading a lot and then reflecting upon what you read can provide you with insight which you otherwise wouldn't have. I feel that apart from reading articles and texts providing information; reading stories and novels can also immensely help you know yourself better. It can help you become more aware of your own views and formulate opinions on topics of social importance which you otherwise may not have ever thought about. It can also help you be more understanding and empathetic towards others. At last I would like to say, read as much as you can and anything you want to, as even reading stories can help you be a better person.

Hello readers!

Welcome to this year's Reflosophy Magazine issue. I introduced myself as khumbongmayum Manju, one of the sub -editors of the annual wall magazine, "Reflosophy" of the philosophy department. I love to read books (but mostly dropped off after the first few chapters. A huge procrastinator) discuss things with friends, deep conversations and teas. I always thought a good conversation with a cup of tea is where most of the biggest changes in the world start. Though I haven't had that opportunity to really make a change, I hope I will somewhere in the future and it impacts the society in a positive way. Through this column, I would like to appreciate the contributors for their amazing work. I hope you enjoy the contents!



Khumbongmayum Manju
B.A. I

ARE MASKS REALLY THE NEW NORMAL??

As a student of Post Graduate Government College for Girls, Sector-11, Chandigarh, it is an honor to be a member of the Philosophical society's editorial board and present its wall magazine "REFLOSOPHY" for the year 2021-2022. Since, the last two years, a number of things have changed, including our lifestyle, work habits, relationships and many more. We have been told that wearing masks is the new normal. But, how is it new? People have been wearing masks since months of Sundays. Masks of being happy, of being at peace. What they forget is they hurt their loved ones and themselves the most by doing so. They keep their emotions to themselves but it distant them from everyone which leads to acting out, messed up relations and other adverse physical consequences. All of us are in it together. Getting better at expressing your emotions is not getting it right 100% of the time, so do not beat yourself up if you fall back into old habits sometimes. You deserve to have strong relationships. You deserve to not fear reaching out for support from your loved ones. Fortunately, you can learn how to build these bonds yourself .



-Sudiksha
B.A. I



Dear Readers,

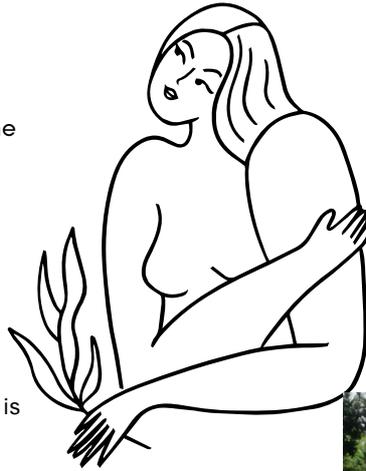
I'd like to thank everyone behind the making of this wall-magazine and thanks to you all out there for reading it .I am a person who is always in doubt and also I 'd like to express my thoughts on the same. Feeling doubt isn't a sin. Life will always be uncertain, and the correct decision isn't always obvious. It's better to learn to live with doubts, and act anyways, than to try to eliminate them altogether. One piece of advice I dislike about traditional self-help, is the focus on eliminating all doubt. Yes, it is easier to act with complete certainty. It's also easier to stay afloat if you're tied to a buoy. But that won't help you swim faster. Life is inherently uncertain. If you took on a goal without any doubts, the goal was either very easy, or you were completely delusive.

-Megha
B.A.I

Poetry

Being Skinny

I love my body we know that's a lie
Because I can't wear leggings as the show my big thighs I don't
conform to society's rules but it sure would be nice to look thin by the
pool
I am chubby and proud I say that loud but staring at my fat is not
allowed.
I'll pull up my tights and wear baggy tops
and google the calories in lollipop..
They say be healthy, be happy, and I am neither but I don't want to
munch salad either And satisfaction of scoffing is just so short
even while munching there are those thoughts I know that everyone is
beautiful
a bit of tub doesn't matter at all!
When I look at people I see their hope their smiles and happiness how
well they cope.
Arms and legs that you could snap a slender neck, a stomach that's flat
Give me a jaw bone, make me feather light slice off some thickness
and melt cellulite
Oh! make me princess, a size zero fairy,
but that just can't happen unless I give up dairy .
Nothing taste's better than skinny feels,
tell that to my mouth as I greenify my meals
May be I'll go for a run today or eat and ice cream until I feel okay!!



-Tanvi Chauhan
B.A.III

WHAT ARE WE

What are we if not the sky with clouds that makes you wanna sit and watch for hours? What are we if not the
dandelions we wish upon?
What are we if not the smiles we pass to someone we are happy to see? What are we if not the escape we
seek out of everything?
What are we if not the overwhelming urge to hug someone who show us even the slightest bit of kindness?
What are we if not the roads that lead us to unexpected places and people? What are we if not the places
we have been to or the people we have met?
What are we if not the foggy nights that we spend sitting under the sky or starrng at the ceiling?
What are we if not the windows that has seen it all from the loneliness, brokenness to all the humanness?
What are we if not a heavy head in need of a shoulder?
What are we if not the books we've read or the songs we've heard or the songs we sing on the top of our
voices?
What are we if not the vague memory of someone from the past? What are we if not the gaps that exist in
between the stories?
What are we if not the wildflowers that sway with the wind? What are we if not what exists in between the
moments?
What are we if not the void we try to fill with everything?
What are we if not the touch starved people longing for a touch of affection? What are we if not the
wanderers who chase longingly through forests?
What are we if not the stardust that has been through space and time?
What are we if not some kindred souls looking for our pieces in everything? What are we if not the ashes of
our past
What are we if not just some lonely people in a room full of people?
What are we if not the little things that amuses us and makes us wanna live? What are we if not the happy
endings we seek in every story?
What are we if not everything and nothing at all?

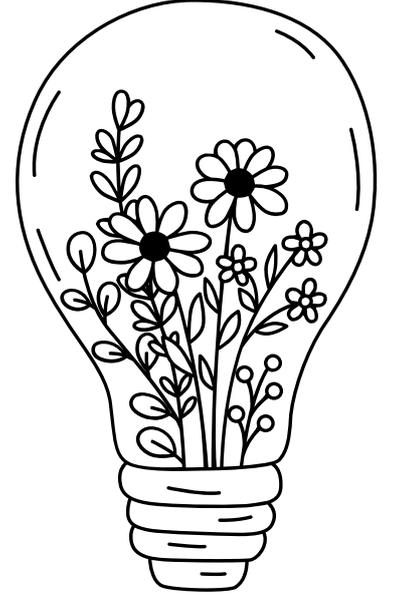


-Chandini
B.A. I

Manjil

अगर मंजिलें पाना इतना ही आसान होता,
तो शायद इस दुनिया में,
हर किसी के ख्वाब,
यूं ही बस सोचने से पूरे हो जाते।

मंज़िल भी उसी मुसाफिर को मिलती है,
जो अपने कर्मपथ पर चलने की हिम्मत दिखाता है।
जो उस पथ पर बार बार गिरने के बाद भी,
फिर खड़े होने का साहस रखता है।
जो उस मंज़िल के लिए इतना जनून रखता है,
कि वो मंज़िल नहीं बदलता,
बस हर बार हारने पर वो,
एक नया रास्ता उस मंज़िल तक पहुंचने के लिए बनाने की
दृढ़ता रखता है।
ज़िंदगी का सफर इतना आसान भी नहीं होता,
पर मंज़िल तक वही पहुँच पाता है,
जो खुद ही ज़रूरत पड़ने पर अर्जुन बन कर एक सटीक लक्ष्य
साध सके,
और खुद ही इस कर्मभूमि में चलते रहने के लिए कृष्ण बन कर
खुद को मार्ग दिखा सके।।



-Shivani
B.A.III



-Sheereen Khan
B.A.III



The Spring

Spring will have soft winds of love and acceptance. Acceptance towards ourselves and maybe a little love. Maybe we'll be a little less harsher on ourselves. Maybe we'll smile a bit more, the genuine ones. Now i know we're quite far from here but just like the seasons, the spring will come, the flowers will bloom. And maybe when the spring comes, the world might be a little better. Till then, we could just sit under the winter sky and still admire because, even the so called dead snowflakes are beautiful.

BOOK REVIEWS

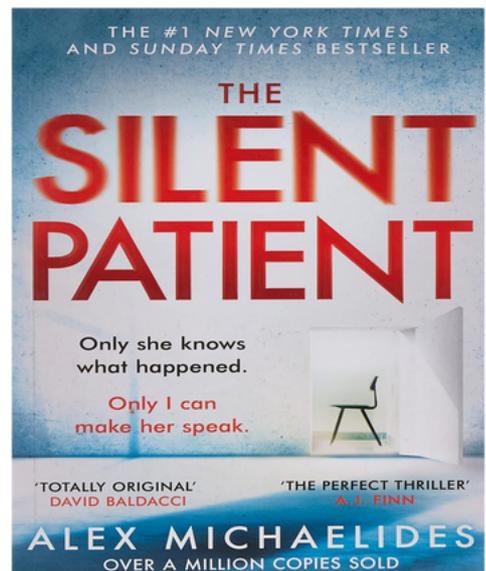
The Silent Patient **(by Alex Michaelides)**

Alex Michaelides's "The silent patient" is his debut novel which is a psychological narrative with an unexpected twist. Centering around a psychologist, Theo Faber's efforts to make Alicia Berenson, a painter, talk after years of staying silent following her husband's death, the story starts by making the readers question themselves "why did Alicia killed her husband..." The story reflects how childhood traumas and environment a child grew up in affects them when they grow up. The amount of insecurities they have about their feelings and how much they are sensitive to certain words that brings back their childhood traumas. It also shows the different pictures of how humans fooled themselves in lust taking it wrong for love and how one's impulsive action could lead to ending of one's life. It also makes us go through a journey where a person who we dearly love, wish we were dead and how that hatred turned into something that no one ever thought would happen.

Besides that, it shows the readers the extent of emotional damage a person feel when they get betrayed. The author takes the readers to a roller coaster ride of deciding the reasons behind why Alicia killed her loving husband, making us hooked onto the book for hours and finally landed into the most unexpected one.

Favorite quote in the book: "unexpressed feelings will never die. They are buried alive and will come forth in uglier ways"- Sigmund Freud.

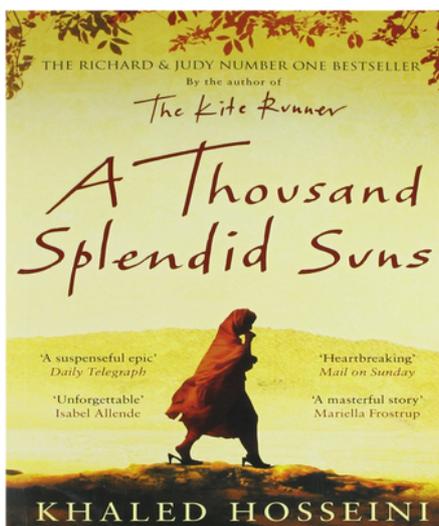
Words and actions of our loved ones can be rain and make our world filled with flowers and make us feel alive but it also has the power to destroy EVERYTHING.



-KHUMBONGMA YUM MANJU

B.A 1

A Thousand Splendid Suns **(by Khaled Hosseini)**



I first read it when I was in 12th class around the end of that session during our library period and I happened to find it very interesting. Unfortunately I couldn't finish it that year. Then after two years I strangely remembered it one day and bought it.

It is a novel, written by Khaled Hosseini, a renowned writer, set in the war torn neighbourhood of 1990s Kabul. When battle upends her family, beautiful Laila must seek shelter first in the home and in the arms of her older neighbour, Rasheed. Both Mariam and Laila, the two women protagonists of the novel faced unbearable pains in the hands of their husband Rasheed with whom their fates were compelled to intertwined in an ill fated way

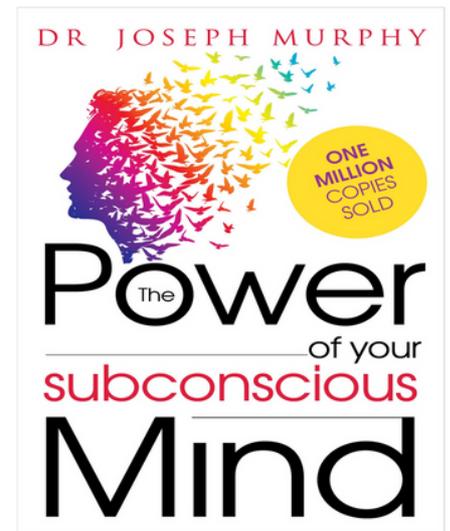
They were the characters that displayed how women were treated there and then and that they absolutely had no power in their marriage. But Laila was an exception and later on Mariam followed her spirit too. Throwing all odds, they both mustered up against their husband. The most amazing thing I found in here was the unprecedented yet affectionate relation between Mariam and Laila and the fact that Laila finally ended with her lover ,Tariq,that her suffering ceases after all those years of torture. So, I would really love to recommend this amazing book if you haven't read it .I'm pretty sure that you all are going to find it interesting.



- **YUMNAM JYOTI CHANU**
B.A 3

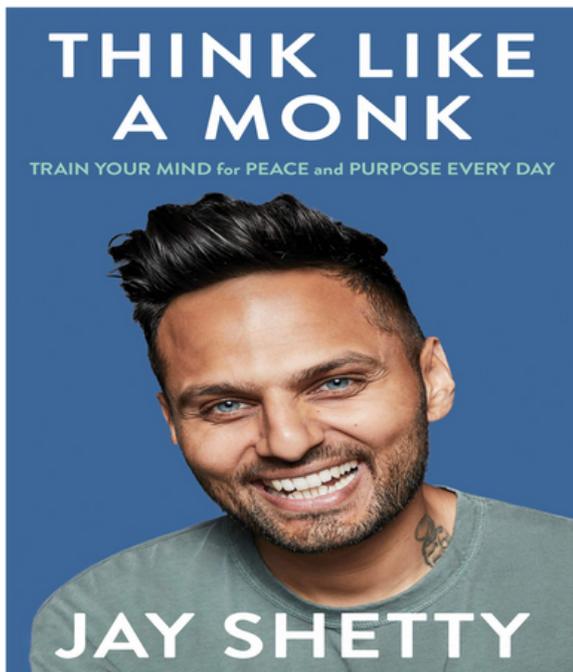
The Power of Your Subconscious Mind
(by Joseph Murphy)

Currently i am reading this book " The power of your Subconscious mind " by Dr. Joseph Murphy. The book focuses on the miracle working power of our Subconscious mind and how it works in everyday life . It has the power to heal us from sickness, heal our body and mind as the things are made possible by how we think and how we believe , what we believe. There are lot's of real life examples given by the writer in this book and explained that how our prayers, thoughts and beliefs help us in healing and curing the incurable diseases or problems . It shows us how manifestation of assertive thoughts can create miracles in our lives. Recommending this book to all who want to train their Subconscious mind to help them in everyday life and problem solving .



- **PARNEET KAUR WAHLA**
B.A 2

THINK LIKE A MONK
(By JAY SHETTY)



"Think Like A Monk" is a self help book. It teaches us to live a life with purpose and peace. As the author has provided many personal experiences it helps a reader to connect with the book positively. The book enables one to comprehend the purpose of life, overcome negativity, stop overthinking, and other fascinating concepts.

"Think Like A Monk" is divided into three parts which include: Let Go, Grow, and Give. These parts are further divided into subtopics such as Identity, Fear, Purpose, Ego, Gratitude and other interesting topics that Help an individual to grow in their life.

Jay has written about his journey of Thinking Like A Monk and has advised several strategies and meditation to think like a monk. He portrays Monk's Mind as focused, compassionate, disciplined, enthusiastic, determined and other traits.

This book is a journey and we can all relate to it and we all can think like a monk.

NEW NOTIONS AND BLOOMING CONCEPT:

The Novel implicates many new and intriguing concepts. The Author gives a very different meaning and use of fear. Jay states that Fear isn't bad; it's just a warning flag and what we do with that warning signal matters. He explains that Fear motivates us. It motivates us toward what we want and sometimes it limits us with what we think will keep us safe. He signifies that Instead of judging a fearful moment one should accept it. Slow down, accept fear and gain clarity.

Another exquisite idea was Monk Mind and Monkey Mind. Jay defined Monk Mind as focused on the root of the issue, analysing and articulating, committing to a vision or goal, being patient, looking for meaning, and looking for genuine solutions. And a Monkey mind is contrary to a Monk mind. A Monkey mind is overwhelmed by multiple branches, complaints, compares, criticizes, self-centred and obsessed, looking for pleasure and temporary fixes.

Jay's concept of Value and Identity was another impressive concept from the book. He affirms that we should surround ourselves with the people who have the values that we wanted. Values stay forever with us. He denotes a very famous quote by Charles Horton Cooley " I am not what I think I am, and I am not what you think I am. I am what I think you think I am". The quotes blow our minds for a moment but it simply means that we care a lot about what others think of us and ultimately we become how they want us to be. But the author says that one should listen to what one wants. Jay says that "Your Identity is a mirror covered with dust. When you first look in the mirror, the truth of who you are and what you value is obscured. Clearing it may not be pleasant, but only when that dust is gone can you see your true reflection."

The author has given many delightful concepts about Intention, Purpose, Mind, Ego etc which are incredible to read.

" Cancer of the Mind: Comparing, Complaining, Criticizing"

Jay has involved the obstacles in our minds which were given by his teacher Gauranga das, that stop us from growing. If a person stops comparing, complaining and criticizing then nothing can prevent them from progressing. One has to avoid these three hurdles in their life.

WHAT DID I ENJOY?

Most of the concepts in this book were new to me and were quite interesting to read. The author has offered us a variety of activities to do after every chapter which was a fun thing to do. He also included Meditation after each part of the book which was comforting and soothing. His personal experiences help to connect with the book more. It is fascinating to read about the journey of an 18-year-old boy who fell in love with the words of a Monk. The personal anecdotes make the book more engaging and impressive to read.

Think Like A Monk is a Spiritual Self-Help book and it can encourage to overcome fear, negativity, stress, anxiety etc and find happiness. It includes examples from the author's personal life and The epic Mahabharata. The book advises being with people who have good values. It teaches plenty about Identity and how our identity should be determined by ourselves and not by another point of view. It also helps to overcome fear and negativity. It includes different aspects of success. Jay states 'Success leads to happiness is an Illusion' money and fame are only a facade because our search is never for a thing, but for the feeling, we think the thing will give us. The book motivates us to focus on self-esteem. This book can be recommended to everyone who needs self-help. It can encourage a better happier and more positive life.

-MUSKAN
B.A 2

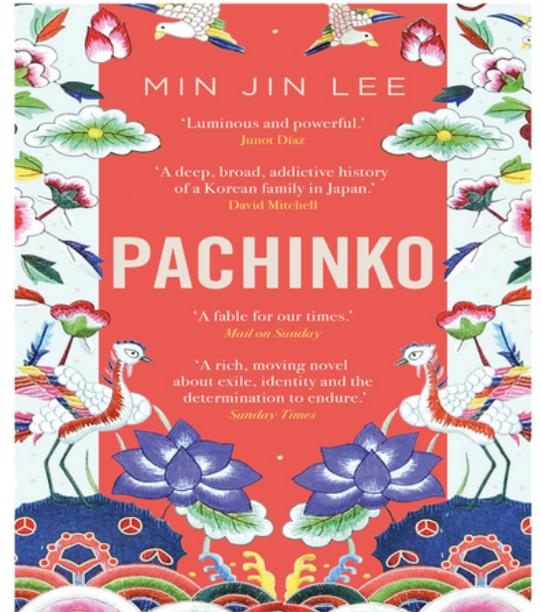


Pachinko **(by Min Jin Lee)**

Pachinko is a book that narrates the reflection of society. The book narrates the full heart of life's struggles, ups and downs, challenges, survivals and kindness. The author portrays a distance of light over the people of Korea who live in Japan and the issues of multi-generational epic, an immigrant saga. Most importantly the celebration of women's capacity to survive even the darkest circumstances.

The story opens up in the 1910s, when Korean immigrants move to Japan with a flashy financial playground. The story takes us to the character of Sun-ja who we meet in three incarnations [a young girl, a teen and a old lady]. This shows us each of the three version from the shrewd perception to the longing of oneself at home. The story then constructs a gap that shifts between the clan's of generations.

As it holds the differences of family life against the changing landscape.



The character in the story portrays the strength as well as weakness of life. As alongside with luck, survival and sacrifice Sun-ja's character takes everything in without the idea of end. This idea clashes with the means of oneself as the character too faces the series of racism, and discrimination that can preclude one from being fully accepted in society.

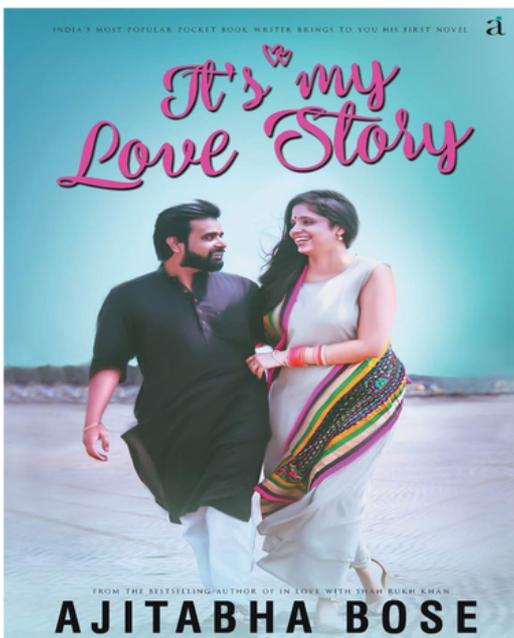
The story gracefully slips back and forth through timelines. The story explored the roles of men and women in society, the familial loyalty and love, and the themes of change and discrimination, and even some interesting ideas on what it means to be alive. The protagonist, Sun-ja, too felt like a shell as the character faced some unfortunate events that did cultivate to the character's development.

Overall the story shows how hard work pushes the family of Sun-ja to work harder, as it can lead to a successful climbing for a person to pit out from the circle of poverty and hatred to whole new idea if ambition.



-Ridam
B.A.III

It's my love story **(by Ajitabha Bose)**



INTRODUCTION

It's a story inspired from real life. A story based on the college life of 6 friends. It's a love story of Aditya and Janvi. Aditya is from Jamshedpur and moves to Delhi for his graduation. He aspires to become a successful filmmaker. Janvi is a Delhiite and loves traveling. She dreams to settle in Italy someday. Life takes a different turn when love brought them together.

BOOK OVERVIEW

The book is cool college romance with different attractive features. The story beautifully revolves around Aditya and Janvi who are shown very different and reluctant at the same time. The story moves slowly unfolding many truths and a life full of struggles. I love the way how the author touches the readers' heart by expressing each and every small emotion in a beautiful way.

.Initially, the book does has a common story but it is presented in an uncommon way. The end of the story was heart touching and I literally got tears in my eyes while reading.The ones who are very much interested in reading a light romantic stories, this book is best for them.

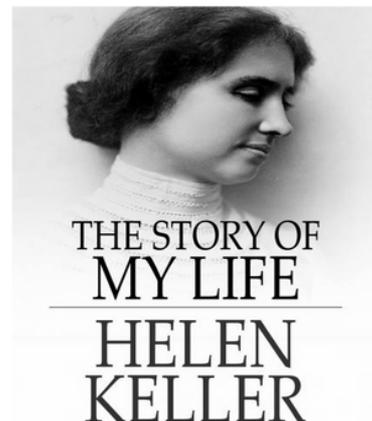
-Vanshika
B.A.I



The story of my life **(by Helen Keller)**

The Story Of My life is the autobiography of Helen Adams Keller published in the year 1903. She was born in Tuscumbia on 27th June 1880. When she was 19 months old, she was diagnosed with a disease due to which she became blind and deaf. She was an author, disability rights advocate and a political activist. The story of my life gives us the detailed accounts of Keller's life experiences, how she got blind and deaf, what difficulties she had to face, role of her teacher ~ Anne Sullivan in her life, the first words and phrases she spoke, her schooling and her family etc. Helen when she was 22 years old, wrote this book which is truly inspiring and shows how with perseverance one can achieve anything one aspires for in life.

Helen being blind and deaf, achieves Bachelor of Arts degree along with the indomitable efforts of Anne Sullivan, her teacher who taught her literally everything.



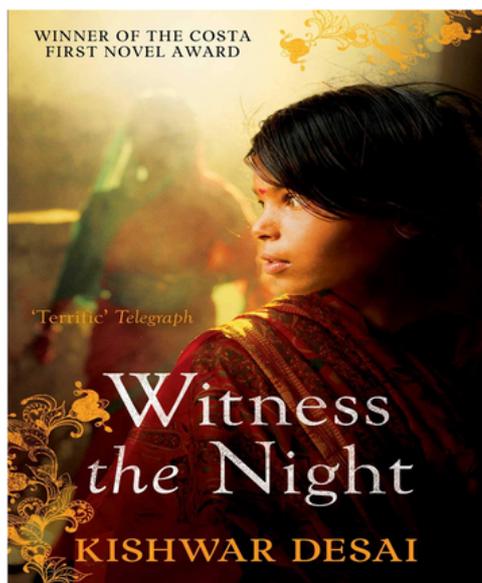
In her early years it was frustrating for her that nobody was able to understand her but with the help of Anne Sullivan she was able to learn language. The thing I loved the most about the book was Miss Sullivan teaching Helen 'what is love'. She says that "You cannot touch the clouds, you know; but you feel the rain and know how glad the flowers and the thirsty earth are to have it after a hot day. You cannot touch Love either, but you feel the sweetness that it pours into everything. Without love you would not be happy or want to play."

This book is worth reading because it makes one feel motivated, inspired and positive towards life. With perseverance and determinism, nothing is impossible. Also we shall always be grateful for everything we have.



-Simran
B.A.I

Witness the Night (***by Kishwar Desai)***



The Book witness the night which I chose to write is about a fourteen year old girl durga, found all done in a sprawling house in Punjab silent, terrified and the sole suspect in the mass murder of thirteen member of her family .Its not based on true event, it's fiction created by kishwar Desai .Simran ,a chain- smoking social worker from Delhi ,she is Durga's sole hope ,for simran is the only one who believes that she may be more a victim than a suspect .As simran tries to unravel the mystery of what really happened that night of the multiple murders, She comes in close and often uncomfortable contacts with Jullundur and it's people ,from Durgaenigmatic tutor Harpreet and his disfigured wife to the picture-perfect high society Arminster and her superintendent husband Ramnath .The prejudice she encounters are deep-seated and the secrets manifold and simran knows she cannot rest until she has encountered the whole truth.

I like how it gets to the heart of tradition-bound India .I really like the concept of how it show the high- society people lives,and how they work for each other for name ,money and prestige and to get on good sides of each other.This books gives energy page inspire us to read more about it and made me curious about what will happened next .I really like the word or phrase on the first cover of book "sometimes the truth is too much to bear" I can already feel the pain of the girl though it's fiction but it is indeed really inspiring.

In the end ,I just want to say that this book is really good , inspiring , appreciative though it's based on criminal stories but it's show how a poor get hold on the bully side ,how a poor girl overcome from all this nonsense .I really want to give this book a full review 5 stars ,it's was my first book which I finished reading for the first time ,and I gave my very first review.



-Stanzin
B.A. I

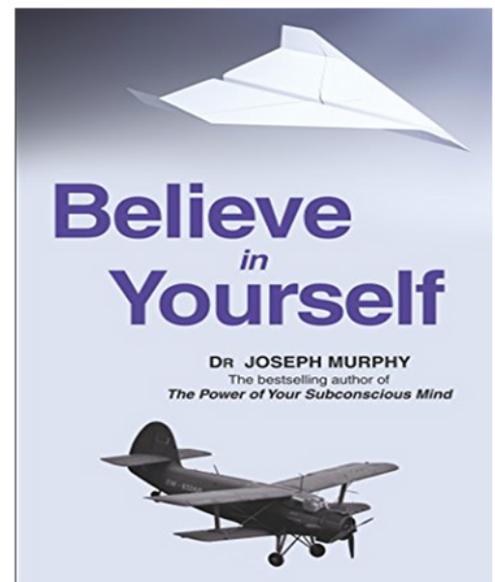
Believe in yourself **(by Dr Joseph Murphy)**

Introduction

In believe yourself, Dr Murphy stresses about having faith in one abilities, believing in the inner self and on having the courage to chase your dream, come what may. The book was first published in 1955 .The authors point out various by which one can overcome defeat , hardship and keep on the righteous track to succeed by using only fair means. People who are low in confidence ,needa direction in life.

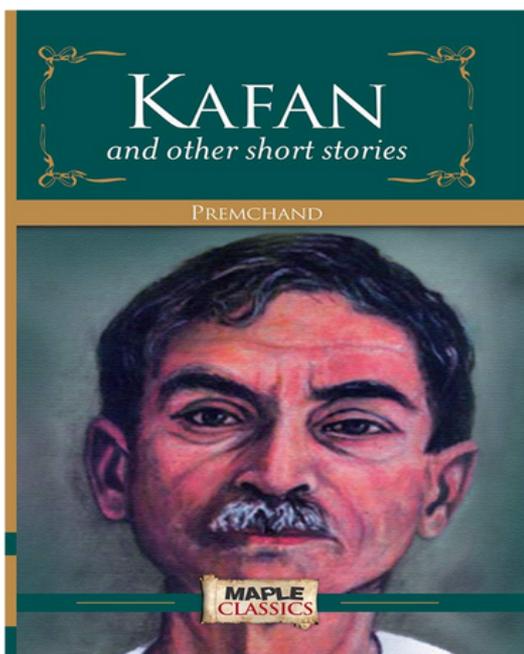
Book Overview

I really enjoyed every moment reading This book, short but very informative and knowledge is there for deep understanding in belief in yourself. This is great book telling you about the power of visualization to create your greatest life a very powerful book that shakes your inner self. This book has proved highly motivational has enabled many readers to overcome low self-esteem and achieve their objective in life.



-Stanzin
B.A. I

KAFAN **(By Premchand)**



INTRODUCTION

MunshiPremchand (1880-1936) was born with a name DhanpatRaiSrivastav, in Lemhi near Benares. He is one of the greatest fiction writers in hindi.

REVIEW

Without a doubt,"kafan" is one of his best short stories. It depicts the emotions and struggles of Ghisuand Madhav. The poor father and son duo, which are too lazy and possive to do anything about their situation. This story is truly heart touching. It realses us that how poverty can make inhuman and senseless to the human heart.

-Priya
B.A. I

It ends with us
(by colleen hoover)

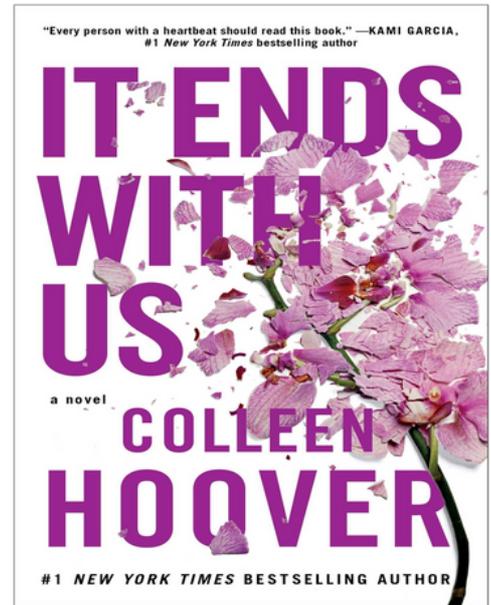
It Ends With Us by Colleen Hoover is one of the most powerful book and the most raw, honest, inspiring and profoundly beautiful stories I've ever read. It's a story of unshakable love and finding the strength to make the right choice in the hardest situation.

The romance between by Colleen Hoover focuses on Lily Bloom, a young college graduate who moves to Boston and open her floral business. She develops feelings for a surgeon Ryle Kincaid, who is initially reluctant toward having a serious relationship with her. As their relationship blossoms, Lily has a sudden encounter with her first love Atlas Corrigan. This reintroduction of Atlas threatens her relationship with Ryle, and forces her to come to terms with Ryle, and forces her to come to terms with the trauma of her past and present. . As Atlas becomes more prominent within the novel, it reveals Ryle's life and his personality that the novel, it reveals Ryle's life and his personality that were once concealed to Lily.

Lily is forced to make a difficult decision between her two loves and what is the best for her life'

"Fifteen seconds. That's all it takes to completely change everything about a person Fifteen seconds that we'll never get back."

In order to write this review, I went back over the book a second time and one thing I noticed strongly was how many intricate layers there were to the story that I couldn't possibly have known about in my first read. I love that this one of those books you experience differently (in a good way) everytime you read it. I highly recommend this book. It's a really good place. You must read it!



-Greta Yendrebam
-B.A.III

Magic Forged
(By K. M. Shea)
Series - Book 1 of 'Hall of blood and mercy'



This novel is a work of fantasy and as such has supernatural elements in it. The universe of the story is such in which there exist a number of magical species, namely - wizards, werewolves, fae and vampires. These species exist in harmony with humans.

The book has an intriguing plot. The world- building is very creative. The elements of the world are unique and interesting .The world- building is certainly great for those readers who like the universe of the story to be simple and not too complex to grasp

The novel provides just enough as the background of the story. But if you like deep, complex and thorough world; this book is not for you.

The supernatural society in the novel is just like any other society where there are disparities and poor people suffer. Here being poor does not mean lacking material wealth, but having lesser magical abilities than the others. .

The state of the society can be easily inferred from the following lines - "At twenty-two, you'd think I'd be past the age of bullying, but the supernatural community reflects the wild, I guess. The strongest thrive while the rest are all dinner. With my tiny sliver of magic, I was lower than dinner. I wasn't even a snack.

"The story of the novel continuous as the female protagonist, Hazel loses her parents, is betrayed by a member of her house and is forced to seek refuge before vampires, is accepted as a servant for the Drake family by Killian Drake who is the ruler of the family and the Vampire Eminence of the region. Hazel decides to bid her time until she could find a way to defeat the traitor and save her house and house members. This novel is about Hazel's journey as she discovers some secrets about her powers and her growth as she unlocks her potential.

Hazel is a very sassy and entertaining character. She is friendly, witty, smart and intelligent. She has got a system of moral values which she follows no matter the cost. This can be inferred from the following lines which are part of Hazel's internal monologue - "Tradition said I needed to survive for the sake of House Medeis. But I believed in doing what was right. It didn't matter how grim my prospects were. I couldn't let Bea sacrifice herself for us. It wasn't right."

Aside from that she is a strong female lead character but she is not in any way a Mary Sue character. She has her moments of doubt, she is at times feeling low and awkward which makes her character more believable.

Killian Drake has a somewhat dark personality. He is the most feared and hated vampire. He isn't feared just because he's good at smoldering. His general disregard for any life except vampires has gotten him a pretty dark reputation.

The secondary characters are engrossing as well. Their unique personalities are reflected in their conversations.

Moving on to the language of the book, the novel is written in a conversational tone. The language is simple and appropriate for every age group even children as it does not include offensive words such as cursing or swearing. The story has a humorous edge to it.

The dialogue is very interesting. The conversations between various characters are chuckle-some and enthralling. There is a lot of friendly banter and teasing which would make any reader read every line carefully so as not to miss out on the fun. Below given is an example of such conversations which when read in a particular context is quite funny -

[I set the tray on his impersonally bare desk.

"Not one I understand. They seemed to think you need to be entertained—though I'm not sure what they expect me to do." Up went the edges of Killian's lips in that mocking almost-a-smile. "Given your unique personality, to be amusing all I imagine you have to do is exist."

I pressed my lips together, making them thin. "It's not like I go around doing stupid things." "No," he agreed. "It's your propensity to hiss and puff up like a startled kitten when prodded."]

Overall, it is a quick and fabulous read filled with a lot of fun especially for those readers who are unsettled by too much violence yet want the books they read to be action filled and quick paced. Certain things have been left unsolved which will encourage the reader to get the next instalment of the series.

**-Noreen
B.A.I**



13 Reasons Why ***(By Jay Asher)***

It is an amazing book, because it covers so many issues young people go through everyday, and it teaches how to cope with these situations.

Thirteen Reasons Why by Jay Asher is a mysterious, eerie book yet it is both hard hitting and powerful. It is based around Hannah Baker, an intelligent, rather popular and what first appears an ordinary school girl, however recently she committed suicide. She could no longer cope with the cruel, harsh world she lived in and simply gave up on all the disloyal people around her, who constantly disappointed her. Another big character in the book is Clay Jensen, a high school student, who was one of the thirteen reasons why Hannah Baker took her life.

Clay Jensen returns home one day, not long after Hannah's death, to find a package full of cassette tapes that she recorded. All of the tapes include the reason why she died and who caused them.



Each person who was the cause of her death was sent the tapes, where they had no choice but to listen to them and pass them on. If anyone failed to pass on the tapes, it was given out to the public and of course anyone who makes an appearance would be a disgrace forever, so Hannah gave them the benefit of the doubt.

Thirteen Reasons Why is truly remarkable because each word fits perfectly and you are constantly wanting to find out who is next on Hannah's list. Also, it is an amazing book, because it covers so many issues young people go through everyday, and it teaches how to cope with these situations. The story is told by Hannah, but there is a mix with Clay's thoughts which gives a balance. At first Clay is portrayed as being confused, however he begins to understand Hannah's view on the world, as well as becoming frustrated because he missed the signs of her suicide.

Furthermore, Jay Asher's book is definitely a story you remember because you start to think about life and different people's attitudes and behaviour. You begin to learn that the actions you do can potentially affect someone's life. I recommend this book to everyone as it truly is amazing! It is beautifully written, with so many emotions and feelings portrayed. Moreover, this book is life changing!

It is a must read book for the teenagers. In a very simple and lucid manner, the novel makes us engrossed and keeps up turning pages late in the night!

-Megha
B.A.I



Movie Reviews

Juvenile Justice



DIRECTED BY: Hong Jong-chan

Juvenile Justice is a character driven legal thriller revolving around Shim Ebn Seok and her appointment as a judge of the Juvenile Criminal Settlement Division of the Yonhwa District court. Her profound hatred of juvenile delinquent provides the backdrop of her approach to dispensing justice upon the minors charged in the court of law as she presides over a variety of deeply complicated and convoluted cases.

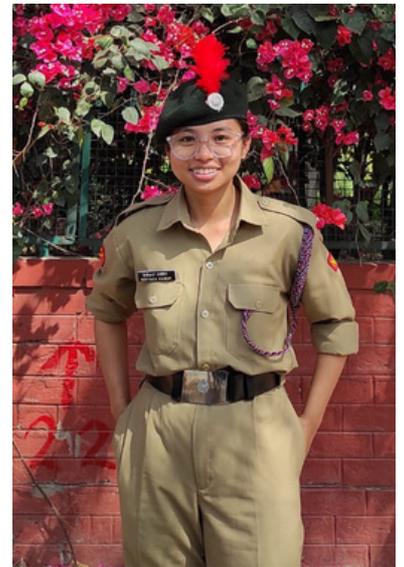
The screenplay is written by Kim Min Seok and directed by Hong Jong Chan with Kim Tae Sung serving as composer. The drama is rated Rank-18 in South Korea due to references to drugs, suicide, physical and sexual violence. The complexities of the human drama are juvenile offenders in terms of their difficult family backgrounds and dynamics as well as the suffering endured by the victims and their own families.

Offender, Criminal and Killer, "what comes to your mind when you hear these words? Maybe, a maniac, a psycho or as monster and disgusting adult human being? But what about a child?" In most of the drama movies, we see adults committing crimes but young offenders exit too. And this is what "Juvenile Justice" wants to remind us that a criminal can be anyone, even a little child.

What I like most about this drama is how daringly it tackled the complex and staggering psychological and social circumstances of juvenile court- system and the effects it has on the victims, the juvenile delinquents themselves, their families and even society as a whole. The thought that the stories may be tell someone's reality is heart crushing. As much as I enjoyed the drama some episodes were hard to watch, almost cruelly so, especially how desensitized society has become to the pain and injustice to others. The drama was thought provoking. It made me question myself and how I would react to the many uncomfortable situations. I have a newfound respect and admiration for juvenile delinquent judges, counsellors, social, workers and everybody who works with and around children. The whole time I watched the drama, I kept thinking that how parents cover up for their children or their own sake. I also couldn't stop thinking how children as young as nine could be so disconnected from their community and society that they could commit such atrocities; where and how does it go wrong, be it with the children, the parents strongly discipline their children but love is what they need. It's far more helpful in the long run than covering up those mistakes, no matter how bad.

Juvenile delinquency isn't just a legal issue that can be taken care of by law, but a major social problem that requires urgent attention. I pray this drama in its ten episodes succeeds in casting the needed attention, and more importantly to relay the message that punishment shouldn't only be about imprisonment, but also development and reform. As Shim Euk Seok, says in the drama, it takes a village to raise a child. It's why we still need the "village" strengthening support mentality for our children today. Is Juvenile Justice a perfect drama, perhaps not, but it does a darn good job expressing how the inadequacy of the criminal and judicial justice system the breakdown of the family unit, particularly parental guidance and resulting trauma as well as society neglect exacerbate serious youth crimes.

Overall, as long as one can handle child abuse and exploitations of children, this is a drama most people should watch. Understanding that kids are capable of doing evil acts is a first step to figure out how to prevent tragedies from happening. Turning a blind eye and giving excuses is not a solution, as it gives only one message, no matter how drastic measures you will take no one will care. Supporting them through their struggles while punishing for the wrong actions should become a standard.



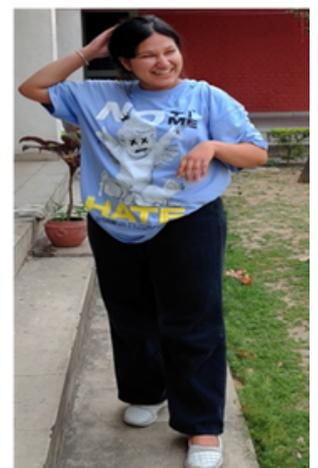
**-Babysana Naorem
B.A.III**

Neerja



DIRECTED BY: Ram Madhvani

The film Neerja is a biopic which was released in the year 2016. It is directed by Ram Madhvani, starring Sonam Kapoor as Neerja Bhanot. It is a family film. Neerja, who is often called laado (beloved) by her parents is a flight attendant and has had modelling projects also. She is a very strong, intelligent, compassionate and kind girl who has great presence of mind. In 1986 she boards the Pan Am flight 73 which gets hijacked by terrorists in Karachi. Neerja risks her life for saving the lives of passengers and while saving three children she gets shot to death. She saved the lives of 359 people. Her 23rd birthday was just 2 days away! Neerja was awarded the Ashok Chakra, India's highest civilian honour for peacetime bravery, Pakistan's Tamgha-e-Insaniyat and some awards in the United States for her valour and bravery. We also see Neerja reflecting on her unhappy arranged marriage in which she is abused by her husband for dowry and lack of domestic skills which she ends and then focuses on her modelling projects and her job as an air hostess. She is the youngest in her family and is always loved and supported by her family and her father gives her the lesson that "never let anyone kill your spirit." Neerja is also a big fan of Rajesh Khanna and is inspired by his dialogue "Zindagi badi honi chahiye, lambi nahi" and Neerja's life exemplifies the same. This is my favourite dialogue also from the movie also and I found this movie really inspiring and worth watching.



**-Simran
B.A.I**

5 centimeters per second



**-Khumbongmayum
Manju
B.A.I**

DIRECTED BY: Makoto Shinkai

Makoto Shinkai's *5 Centimeters per Second* is a 2007 Japanese animation movie. It is a movie with three parts that tells the story of Takaki Tohno and Akari Shinohara from their elementary school life to adult life with each part representing how they managed their long distance relation and how with time they drifted apart and become kind of strangers who were once and wish to be part of each other's life. The movie starts with a conversation about cherry blossom between the two. They met at a school in Tokyo and have been friends since then but one of them transferring schools made them distant from each other. They communicate with each other through letters initially and inform each other about the changes and also were well wishers in each other's life. However it evolves into calls and texts reflecting the passage of time and how technology evolves through short period of time. The first part starts with the journey of Takaki to meet Akari in which the train got delayed several times due to bad weather which represents the things that hold them back from meeting. In spite of that, Takaki met Akari and it turns out to be the last day that they met and have a conversation. How we see people's life and the reality differs.

In the second part, Sumida Kanae appears as a schoolmate of Takaki Tohno who also had a crush on him. Kanae thinks Takaki as a perfect figure, different from others and that he doesn't have anything to worry about which turns out to be wrong after a conversation with him. Well Kanae! (and to everyone) It's being humane to have worries. Takaki was often found typing texts and Kanae hopes the texts would be addressed to her, little did she know that the texts were sent to nobody but typing was just a habit of Takaki. Kanae was a hardworking person and give her all to achieve things. When the day she decided to confess her feelings to Takaki, she couldn't and there's a reason behind it too.

The third and the last part starts with the two main characters Takaki and Akari meeting unexpectedly at a railway line (crossing), however now they become strangers even though they feel each other's presence. And Makoto also gives the viewers a hint of both the characters living their own romantic life even if a part of their hearts still have their childhood stories. Akari was shown to be getting married by focusing on her hands wearing a ring and Takaki having a girlfriend of three years which it seems like he's not interested in. The last few scenes describe how both Takaki and Akari want to be with each other and how they still wish to be together but couldn't which gives us a taste of reality where everything we wish for isn't what we get. Takaki lived his life feeling incomplete and as if his "childhood love" has taken a piece of him with her. Favorite line from the movie: "It must really be a lonelier journey than anyone could imagine. To just press forward through the true pitch darkness barely encountering even a single hydrogen atom wholeheartedly believing you'll come closer to discovering the secrets of the universe within the unfathomable abyss of space".

Raazi



DIRECTED BY: Meghna Gulzar

An amazing masterpiece from Meghna Gulzar, unlike typical spy movies, refrains from showing indo Pakistan animosity in black and white, but showcases things with more realism, where the enemy is shown not just as a heartless monster but human being with feelings and emotions. The story is gripping right from the beginning and no where does the movie loses its pace. Dialogues are carefully thought out and will make you think more than what is said. Alia drives yet another women centric movie so beautifully that you never feel that she is playing the character. It feels she is living the character. She has dexterously portrayed the various emotions her character undergoes, from an innocent daughter who gets married across border for her dying father's last wish, from a caring bride who loves her new family as much as her parents, from a patriot who sees her loved ones going away one after the other, and a proud spy who is content with her role, no matter what all she suffered . Vicky Kaushal wins your heart despite playing the role of her husband from other side of the border. The entire supporting cast deserves an applause for giving so much finesse to their characters. The screenplay is fantastic with attention given to even the smallest of the details. The song Ae Watan sung soulfully by Sunidhi Chauhan and Arijit on music led by Shankar Ehsaan Loy is surely going to give you goosebumps. RAAZI is a heartfelt tribute to those names that get lost somewhere amidst victory celebrations of the wars they made us to win. It's one of the best spy movies as it talks not about the war but mostly of humans who suffer on both sides of the war.



***-Megha
B.A.I***

Gifted



DIRECTED BY: Marc Webb

It is an emotional 2017 film under the direction of Marc Webb that I watched recently starring Chris Evans, Mckenna Grace, Lindsay Duncan, Octavia Spencer and Jenny Slate. It's about a kid, Mary, played by Mckenna Grace who had already developed an extraordinary academic progress at the very young age. Frank Adler (Chris Evan) is a single man raising her in a coastal town in Florida. His plans for a normal school life for Mary are foiled when the seven year olds' mathematical abilities come to the attention of Frank's formidable mother, Evelyn (Lindsay Duncan) whose plan for her granddaughter threaten to separate Frank and Mary. In a scene of Mary in her class, she was asked and so she multiplied 57×135 in her head and told the correct answer was 7695 and even volunteered that the square root was 87.7 which shocked her teacher. Once Mary said "He (Frank) can be pretty annoying but he is a good person. Because he wanted me before I was smart" which is my favourite line in it. But Evelyn was just blinded by her granddaughter's abilities that she denied to see the child in Mary and instead tried everything in her power to bring her (Mary) under her custody. I really liked the film and anyone would love it too if they watch it. Moreover you will also find really funny scenes and Mary's character is entertaining to see by the way. So,do take a glimpse of this beautiful and amazing film.

-Yumnam Jyoti Chanu
B.A.III



Gangubai Kathiawadi



Directed by :- Sanjay Leela Bhansali

Gangubai Kathiawadi is one of the most influential movies of 2022. The movie, starring Alia Bhatt, revolves around the life of one of the famous and daring ladies, Ganga, who came to Bombay to fulfill her dream of acting but fate decided something else, and she was stuck in the infamous streets of Bombay as a prostitute. Somehow she, along with her other ladies, managed to fight for her rights and earn respect in a profession that belonged to the downtrodden. Along with great cinematography and excellent acting skills, this movie was not just entertaining, but also stirred a thought in our minds. Along with all the other messages it delivers, we also get the idea of respecting every profession. Gangubai's life was not dedicated to glorifying prostitution but respect. She wanted to give prostitution the respect that every profession has. She was the first lady in India to file a petition to legalise prostitution in India and to give every lady, no matter what her profession is, respect. This movie will soon become the symbol of feminism in Bollywood. Nevertheless, this movie and Gangubai herself were a slap across the faces of patriarchy and misogyny.

***-Ritika
B.A.III***



MOHENJO DARO



Directed by:- Ashutosh Gowariker

Hrithik Roshan and Pooja Hegde, played main role in this movie. This movie is all about ancient indus valley civilization. They showed us how people lived in ancient time and they also introduced us to their culture and beliefs. Mohonjo daro is the biggest and important city of Indus valley civilization. In the ending they even showed that how such a huge city is destroyed in seconds, but that's not exacty true. There are several reasons behind the destruction of this movie. If you are really interested In Indian history than you have to watch this movie.

**-Palak
B.A.I**

Mission Mangal



This film was released on independence day 2019. Mission Mangal is a film based on the real story of the scientists of INDIAN SPACE RESEARCH ORGANIZATION (ISRO) who contributed to India's first interplanetary expedition Mars Orbiter Mission (MOM).

A team of Indian scientists at ISRO take on the apparently impossible task of successfully sending a satellite into the orbit of planet Mars, it was India's first attempt. The film highlights their problems and their success and narrates the story in a way in which ordinary audience could understand the hard work of the scientists at that time.

The conflict is about the struggle of the scientists to succeed, while at the same time dealing with tiny budgets, criticism from their colleagues and pressure from various places. It is an extreme patriotic film.

In this film, the personal and professional life of scientists is shown clearly. Several messages are given in this movie for example; BE PASSIONATE ABOUT YOUR GOALS, A MAN/WOMAN CAN'T BE SUCCESSFUL ALONE A LOT OF PEOPLE ARE BEHIND THEIR SUCCESS, KIDS SHALL UNDERSTAND THE IMPORTANCE OF BUDGET and many more messages are there in this movie. One should must watch MISSION MANGAL once in his/her life. Truly inspiring movie along with humour.

-Vanshika
B.A.I



Masaan



Directed By : Neeraj Ghaywan

Masaan is a 2015 Indian Hindi-language independent drama film and starring Richa Chadda and Vicky Kaushal in lead roles. Masaan means crematorium. Four individuals dealing with personal traumas encounter discrimination, a rigid moral code, and a harsh caste structure along India's Ganges River. A low caste boy hopelessly in love, a daughter burdened with guilt over a sexual encounter that ended tragically, a helpless father with fading morals, and a spirited child longing for a family and longing to escape the moral framework of a small-town are the four lives that cross paths along the Ganges. Sanjay Mishra portrays Devi's father, a former Sanskrit instructor who gets hunched over in embarrassment and helplessness. And Jhonta, a strong-willed youngster who, like Devi and Deepak, does not allow his surroundings to define him. Varanasi itself, which is steeped in history, death, caste, and corruption, serves as the fifth character. With equal precision, Neeraj and his cameraman Avinash Arun Dhaware depict both the beauty and the violence.

The screenplay is essential to the success of different narratives. Neeraj and Varun successfully weave together the four lives with little difficulty. The transitions between the drama, romance, and sorrow are made easier by poetic interludes and Indian Ocean's eerie soundtrack. One should be ready to experience repeated chills down their spine as they watch and finish this gripping drama that features two parallel stories on life, love, and death. A young, irresponsible woman, the daughter of an elderly professor from the fiercely traditional city of Varanasi, makes a mistake while crossing the gap between love and lust. The second story, about teenage love, is just as endearing as its two main figures. My personal favorite moment in the whole film was a dialogue where, A character, remarks that there are 68 trains that don't stop at Varanasi, but there are 28 trains that do.

"Matlab yahaan aana aasan hai, par yahan se jaana mushkil."

-Sheereen Khan
B.A.III



Jersey



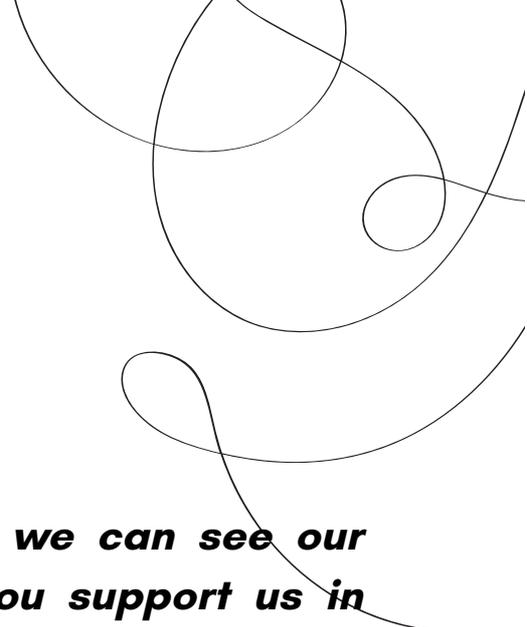
Directed By : Gowtam Naidu Tinnanuri

I just watched this movie last month I really loved it and i have learned a lot from this movie. Movie is directed my Gowatam Tinnanuri Jersey is an emotional heart touching movie which is serious in nature. One of the best movies released this year. This is an emotional film which portrays a person who is struggling to make it big in life at a later stage in his life. This film motivates us with a strong message that it's never too late to achieve as long as there's hardwork and dedication. Nani , made men cry in theaters, for the touching subtle yet emotional outburst different ways, especially when it comes to emotions.

Nani's performance was outstanding! I don't know whether any other actor would be able to do justice to the role as Nani did. The title 'Natural Star' suits him like a glove. Hats off to Nani. Acting is so real and that make audience feel very good and ia a must watch movie. This days there are many movies but then this movie is a masterpiece because it is a real life story also I liked it so much. I have learned that life is too short for what you dream to do something great in life. so it's very important to do everything in your present life then waiting for any big opportunities. Life is uncertain and you never know what will be the next in your life so to live it to it's fullest is very important. I have also learned that we should never judge someone on there situation unless you know the truth behind it because truth must be very strong to digest so please don't judge anyone. Overall a very wonderful movie i would like to recommend it to everyone one out there it will help you to respect and understand that how important and previous our life is. Amazing movie

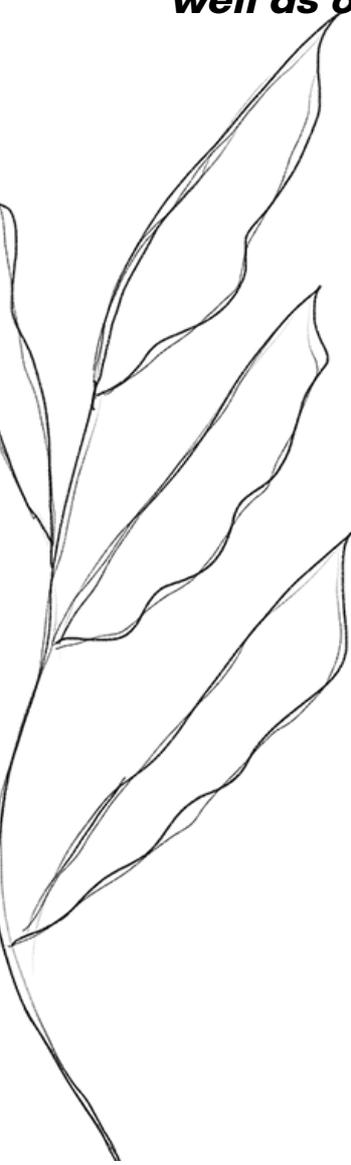
-Chuskit Dolma
B.A. III





Readers serve as the writer's reflection; we can see our words and concepts reflected in you. You support us in creating them, putting ideas into words, and communicating them to you.

We greatly appreciate you taking the time to communicate with our readers. We thank the Editor and Reviewers once more for their generosity in making the manuscript better. This is a revised edition of our magazine that has been reviewed and approved for submission by all authors as well as our HOD, Dr. Ambuj Sharma.



Thank you

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