## POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS SECTOR-11, CHANDIGARH



#### **COURAGE TO KNOW**

Red Ribbon Club (Session: 2017-2018)

Committee Members
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#### **Aims**

The Red Ribbon Club/Pink Ribbon Club of the college is a committed effort of the student volunteers to generate social awareness on the malaise of HIV/AIDS and Cancer, make the society conscious and alert about its various dimensions and serve as change-agents in the interest of the citizens and nation as a whole.

#### **Objectives**

- To sensitize young women on the causes and concerns related to HIV/AIDS and Cancer.
- 2. To dispel myths about HIV/AIDS and Cancer.
- 3. To generate awareness on the issues and suggest safeguards.
- 4. To carry out community-oriented and extension activities in the wider interest.
- 5. To develop organisational and leadership skills in the students so that they serve as change-agents in the society.
- 6. To organize programmes/activities in consonance with above objectives
- 7. Rallies, Human chain formation, awareness generation programmes in collaboration with NSS in the adopted village Khudda Jassu.

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Principal
Post. Graduate Gevt. Cellege for Ghis
Sector 11. Chandigarh

#### Orientation

Red Ribbon Club of Govt. Post-Graduate College for Girls, Sector-11, Chandigarh organized its Orientation Programme for the session-2017-18 on 12<sup>th</sup> August, 2017. During the orientation, the students were sensitized about the menace of HIV/AIDS the world over and especially in India. Addressing the volunteers, Mrs. Shashi Joshi, Convenor of the club stressed that more than forty million people are living with HIV/AIDS all over the world. Out of these thirty-seven million people are youth, which shows the gravity of the situation. The students from B.A-IIIrd year also expressed their views on HIV/AIDS and Red Ribbon Club. They highlighted the causes of the growing problem and elaborated the precautions that need to be undertaken.

More than three hundred volunteers enrolled as members and an executive body of the club was constituted. Addressing the volunteers and staff members, Prof. (Dr.) Anita Kaushal, Principal of the college inspired the students to work vigorously for creating awareness regarding this problem among the peers and society. She highlighted that the members of Red Ribbon Club must show solidarity with those affected with HIV. On this occasion, the students took an oath to work sincerely in this direction.



**Orientation** 

#### **Workshop on Cancer Awareness**

Red Ribbon Club and National Service Scheme organized a lecture cum workshop on Cancer Awareness on 10<sup>th</sup>November, 2017 as a part of Cancer Awareness Programme from 9th - 11th Nov, 2017. A team headed by Prof.(Dr) Sushmita Ghosal, HOD, Department of Radio Therapy, PGI other faculty members along with the students visited the college for Cancer Awareness Campaign. Dr. Renu Madan delivered a lecture on Breast Cancer and Cervix Cancer to UG and PG students. In her lecture she sensitized the students about the early signs and symptoms of these two types of cancers and how these can be prevented at an early intervention. Lecture was followed by an interactive session by Dr. Sushmita Ghosal, HOD in which she answered various queries of the students regarding the topic. Props and display boards showing symptoms and preventive measures of different types of cancers as Colon Cancer, Cervix Cancer, Breast Cancer and Oral Cancers were displayed. The lecture cum workshop was very informative and about 20 faculty members and 100 students attended this event.





**Talk on Cancer Awareness** 

**Workshop on Cancer Awareness** 

#### **Awareness lecture on Vector Borne Diseases**

Red Ribbon Club and Community Hygiene and Public Health Society of Post Graduate Govt. College for Girls, Sector-11, Chandigarh organized on **28**<sup>th</sup> **November**, **2017** an Awareness lecture on Vector Borne Diseases under the able guidance of Principal Dr. Anita Kaushal. The speaker, Dr. Gaurav Aggarwal, Anti-Malaria Officer, Chandigarh Administration, Chandigarh, sensitized the audience about the control of various diseases prevalent in the tricity these days.

Vector-borne diseases are illnesses caused by pathogens and parasites in human population. Every year there are more than 1 billion cases and over 1 million deaths from vector-borne diseases such as malaria, dengue, schistosomiasis, leishmaniasis, yellow fever, Japanese encephalitis. About 200 students and faculty members attended the talk and the interactive session was enjoyed by the students.





**Poster Presentation on Vector-borne diseases** 

Talk on Vector-borne diseases

# Candle March for awareness about the preventive measures regarding HIV/AIDS

A Candle March was organized on 1<sup>st</sup> December, 2017 to make the students and the society aware about the preventive measures that can be taken regarding HIV/AIDS. The students and the adjoining locality people were sensitized about the importance of HIV/AIDS awareness. More than 85 students participated in the candle march.





**Candle March Rally** 

## Outcome

Students were made aware about the vector borne diseases, about cancer and about HIV AIDS. More than 400 students participated in the various activities organized by the society.