

**POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS
SECTOR-11, CHANDIGARH**



COURAGE TO KNOW

Unnat Bharat Abhiyaan

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S. Me

Mandhal

Principal
Post. Graduate Govt. College for Girls
Sector 11, Chandigarh

Orientation Programme for Participating Institutions

PG Govt College for Girls, Sector 11, and Chandigarh was chosen under Unnat Bharat Abhiyan, a scheme of Ministry of Human Resources & Development in the year 2018. An Orientation Program for Participating Institution (PIs) under Unnat Bharat Abhiyan (UBA) on **25th April, 2018** at All India Council for Technical Education, (AICTE) Auditorium, Vasant Kunj, New Delhi. Dr Manoj Kumar, Associate Professor in Sociology and Dr Seepana Prakasam, Associate Professor in Economics represented the college in the orientation programme. They were explained the objectives and opportunities with Unnat Bharat programme.



25th April 2018 at UBA training programme in AICTE, New Delhi

Composition of UBA Cell-PGGCG-11

For coordinating the UBA work, the college appointed Dr Manoj Kumaras Unnat Bharat Coordinator. It was decided that a team of faculty members and students will be formed for carrying forward the work of UBA in the selected villages. A meeting of the staff members volunteering for the UBA was held on **3rd May, 2018**.

The members were apprised about the ambition and structure of UBA. As per guidelines of UBA, the members selected five villages for development work by the college. The villages chosen were Sarangpur, Khuda Jassu, Khuda Lahora, Khuda Ali Sher, and Dhanas. These villages are found in the vicinity of the city of Chandigarh. For coordinating the UBA work, It was decided to enrol 500 student volunteers to work as volunteers for Unnat Bharat Abhiyan Scheme as 100 students are allotted to each village. The teacher Incharges were appointed to carry out the activities in the villages along with the student volunteers in each village.

Dr. Dhrakshayani /Dr. Salil	-	Village Khudda Jassu
Dr. Anoop Singh/ Dr. Anju	-	Village Khudda Lahora
Dr. Prakasam/Mr. Suresh	-	Village Khudda Ali Sher
Dr. Vijay Kumar/Dr. Narinder	-	Village Sarangpur
Dr. Pallavi/Dr. Raman	-	Village Dhanas

Unnat Bharat Abhiyan Cell was established in the college. The cell contains the space for meeting of the executive council of UBA. It also has Almirah for storing the banners and other documents related to UBA. The volunteers remained active in the chosen villages throughout the year.

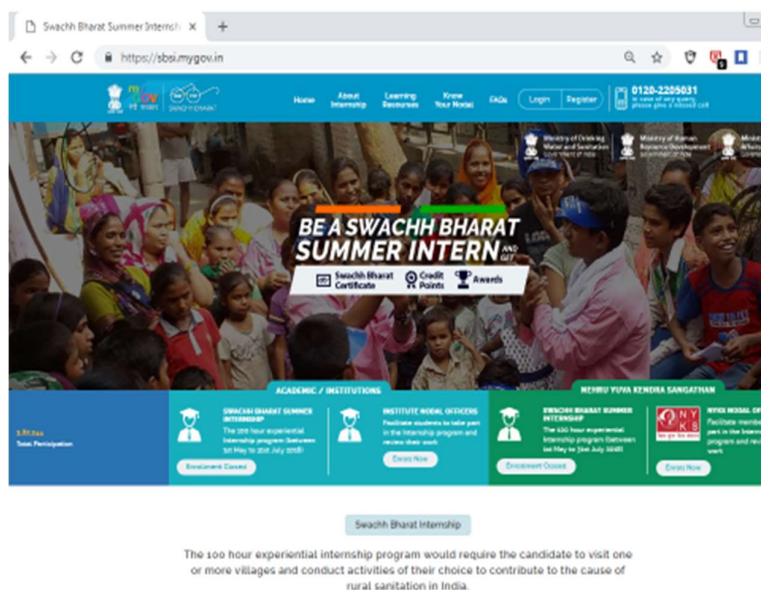
Village and Household Survey

In the month of **June to September, 2018**, the first important step was to perform a village survey and household survey as per guidelines. The teacher in-charges and student volunteers carried out the survey in the village. The needs of the village and the households were identified. Collection of data related to the requirement of the villages through household survey form getting information about awareness of various government schemes, source of water, energy, electricity and status of land under agriculture etc. Village survey form containing details of basic facilities like school, college, hospital, and connectivity of the village etc. The data was compiled and submitted online on the portal provided by MHRD on its website.

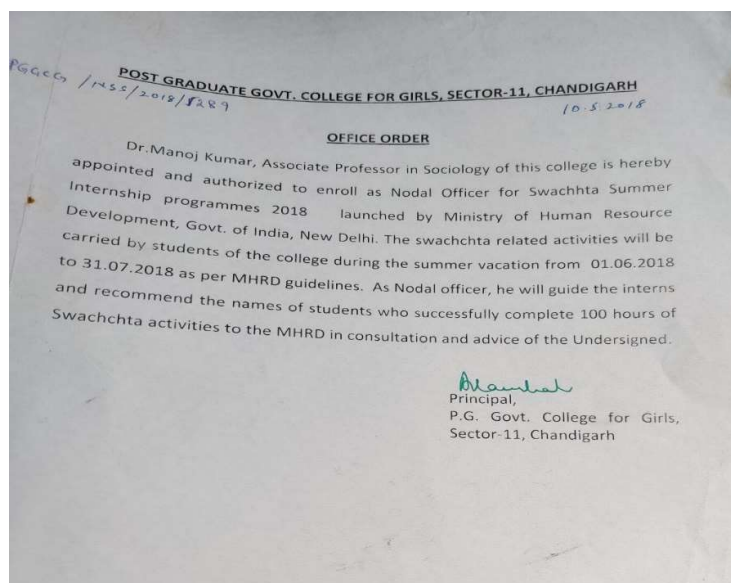
As per survey most of the villagers and village headsmen were asked about their needs and expectations from student volunteers in Unnat Bharat Abhiyaan Scheme.

Swachh Bharat Summer Internship

1st June, 2018 to 31st July, 2018, 50 students performed Swachh Bharat Summer Internship in these villages. Every student spent 100 hours on doing awareness generation and performing Swachhta related activities in the village.



Dr Manoj Kumar was appointed Nodal officer for coordinating the Swachh Bharat Summer Internship from **1st June, 2018 to 31st July, 2018**



The students were encouraged to perform Swachhta related activities in the villages selected by the college. However, they could also do such activities in nearby villages and get themselves certified from the village headmen. Some of the student volunteers chose to work as individuals while other made teams to devote an average of 100 hours for creating awareness related to hygiene, Swachhta awareness and solutions to the problems related to water, plantation activities etc.

INDIVIDUAL

DHANAS saksi Heena sudha Jyotika vaishali Suman Amandeep Akansha Ankita Anshul	BEHLANA Yashpreet Vaishali Tammna Sneha Sagrika Ritika Ambika Rani	KHUDA JASSU Anamika Lakhpatri Kavitaankita sharma Sneha joshi Ashish Babita Bhawna Himani Laishram gracy Neha verma	KHUDA ALI SHER Pratishtha Ritika Sudha Pratishtha Jyoti Rimpy	KHUDA LAHORA Yashpreet Tanya Sakshi yadav Niharika Babita
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TEAMS

DHANAS	BEHLANA	KHUDA ALI SHER	KHUDA JASSU
ANKITA GARCHA	KAJAL	MUSKAN	RADHIKA
ANKITA KAUSHAL	KAVITA	PARNEET KAUR	PRIYANKA
DAMANJIT KAUR	KIRAN KUMARI	POOJA	ROSHNI
DIKSHA	MANSI	PREETI	RIMPY
GARIMA GARG		PREETI RAWAT	RICHA
JYOTI	MRIDULA	PRIYA	SALONI

Activities by Swachhta Team Dhanas

The UBA trainees for Swachh Bharat Summer Internship divided themselves into teams and were sometimes accompanied by students from NSS units of the college. They conducted several activities like rally, poster making etc. to generate awareness regarding Swachhta.



Activities in Dhanas



Village Khudda Jassu



Distribution of clothes to the needy in Behlana



Village Behlana

SWACHH BHARAT RALLY



Two Day Capacity Building Workshop on Hygiene Management among Adolescents

A two-day capacity building workshop on the theme “Hygiene management among Adolescents” was organised by volunteers from Unnat Bharat Abhiyaan cell in the Post Graduate Government College for Girls, Sector 11, Chandigarh on **12th and 13th September 2018**. The workshop was conducted by a team of experts from Department of Social Work, Panjab University, Chandigarh. More than 80 students participated in the workshop. The Inaugural session was chaired by Professor Nirupma Luthra, Vice Principal of the college and attended by several faculty members of the college. In her inaugural address, Dr Navdeep Sharma from Panjab University, Chandigarh described the importance of Hygiene amongst adolescents. She urged the girls to shed the myths relating to Menstrual Hygiene and practise safe hygiene practices. Dr Manjushree from UIAMS, PU, Chandigarh explained the biological processes and changes in the adolescents which need to be understood in the right perspective for the healthy body of the adolescents. Dr Gaurav Gaur, Assistant Professor in Social Work from PU, Chandigarh conducted a session explaining how it is important for both the male as well female members of the society to understand the problems of the adolescents. Dr Amritpal Kaur and Dr Anupam Bahri from UILS, PU Chandigarh also acted as resource persons during the workshop. They discussed at length about the problems faced by the adolescent girls and gave suggestions related to proper sanitary practices to be followed by them.

The experts screened several short movies and team building exercises leading to discussion on the topic. The students thanked Dr Manoj Kumar and Ms Karun Lekha for coordinating and arranging workshop on such an important issue

Workshop on Hygiene Management among Adolescents





Workshop on Hygiene Management among Adolescents

Felicitation of the Student Volunteers

On **22nd September 2018**, the mayor of the city Shri. Daves Moudgil, felicitated more than 60 Volunteers from the college who participated in the Swachh Bharat Summer Internship 2018 today. The function was arranged in the college under “Swachhata Hi Sewa Hai’ Abhiyaan of Government of India. Dr. Navdeep Sharma, Programme Coordinator, NSS, PU Chandigarh and Dr. Gaurav Gaur, Department of Social Work, PU Chandigarh also graced the occasion.

Principal, Prof. (Dr.) Anita Kaushal welcomed the Chief Guest and other dignitaries. She highlighted various activities carried out by the college under the Swachhata Bharat Abhiyaan. Under this Abhiyaan, the students are being encouraged to adopt healthy practices related to hygiene management and are being sensitized for the segregation of waste into wet and dry.

Dr Manoj Kumar, Nodal Officer for Swachh Bharat Summer Internship highlighted the activities of the volunteers who participated as individual and as teams. Each student devoted 100 hours to the Swachhta related activities in the nearby villages viz. Behlana, Khuda Jassu, Dhanas, Khuda Lahora,

The Chief Guest Shri Daves Moudgil thanked and congratulated the institution for spreading the Swachhta awareness amongst the students and citizens. He motivated the students to make Swachhta as a part of their culture. Further, he urged the students to make consistent efforts to make the city clean and make Swachhta as a part of every debate, discussion and activity.

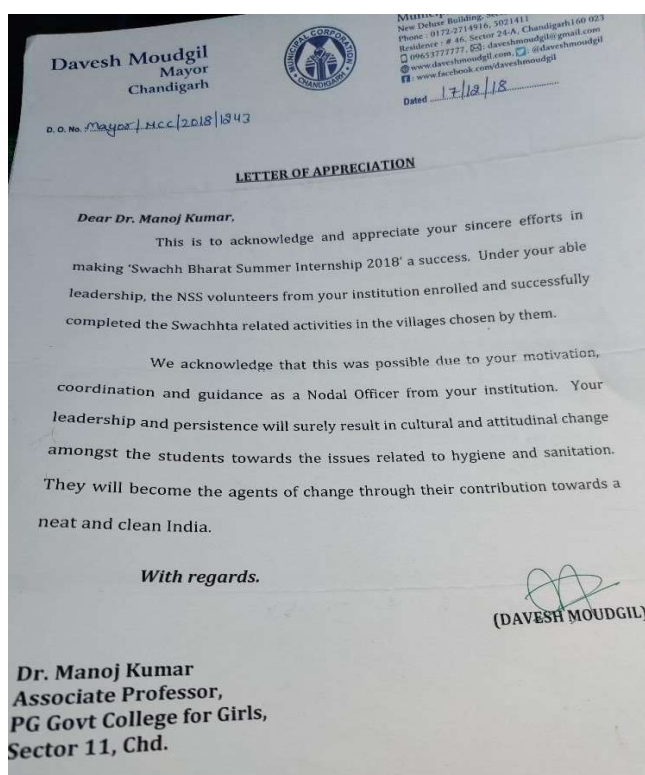
He highlighted the efforts made by Municipal Corporation Chandigarh under Swachhta Abhiyaan and his aim to make Chandigarh BIN FREE. He requested the citizens to incorporate the 3Rs Reduce, Reuse and Recycle along with the Refusal to use plastic and disposable products.



Student getting certificate



Dr Manoj Kumar, Nodal officer from the college was honoured for encouraging students for Swachh Bharat Summer Internship programme 2018.



EDP Programme in the Villages under UBA

Entrepreneurship Development Programmes were organized by the UBA Cell of the college between **19th March, 2019 to 29th March, 2019** for the youth in the five villages in collaboration with the Department of Industries, Chandigarh Administration. The youth from the village were apprised of the various opportunities for self-employment. The UBA volunteers from the college also participated in the programme. They also encouraged the youth to participate in the EDP programmes through rallies. The experts informed about the financial support available with different departments in order to encourage the youth for starting their own industries. The queries of the participants regarding the requirements of industries like food industry, beauty parlours, skilled development etc. were answered by the experts.



Unnat Bharat Abhiyaan Awareness Rally in Sarangpur 19th March, 2019



Village Khuda Jassu



On 20th March, 2019



Village Khudda Lahora 22nd March, 2019



Rally for Awareness on Swachhta





Village Dhanas 26th March, 2019



Awareness Generation at Village Khudda Ali Sher 29th March, 2019