Traffic Awareness Report.

On July 22, 2022 An Awareness Talk on Helmet wearing was organized in Past Graduate Government Collegs for Girls, Sector-11, Chandigarh under the vibrant leadership of Prof. Dr. Anita Kaushal. Approximately 100 NSS Volunteers participated in the awarenes talk with gar enthusiasta. DSP (Traffic mad safety) Jaswinder Singh and his team of Chandigarh Traffic Police imparted training about traffic rules and road safety with the help of power point presentation. Clasmom demonstrations were also specified regarding use of seat belts, helmets, road crowing and traffic indes,

NSS Program Officer Dr. Rita Sekhri behalf of PGGCG-11, Chandigarh delivered a vote of thanks to Chandigarh Traffic Police Team and along with other students took a pledge for road safety.



Adventure camp

at Narkanda Himachal Pradesh

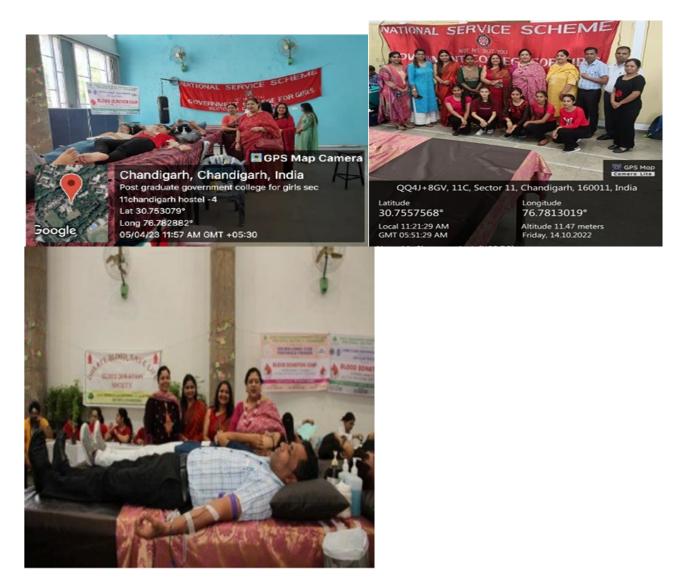
from 12 September to 21 September as contingent incharge

An adventure camp was attended by the nss students from 12 September to 21 September at Narkanda, Himachal Pradesh.The adventure camp organized by NSS proved to be a transformative experience for the participating students. It not only provided a break from routine but also facilitated personal and interpersonal development. The skills acquired and memories created during this camp will undoubtedly contribute to the holistic growth of the NSS students, preparing them for future challenges and instilling a sense of responsibility and leadership.



BLOOD DONATION CAMP

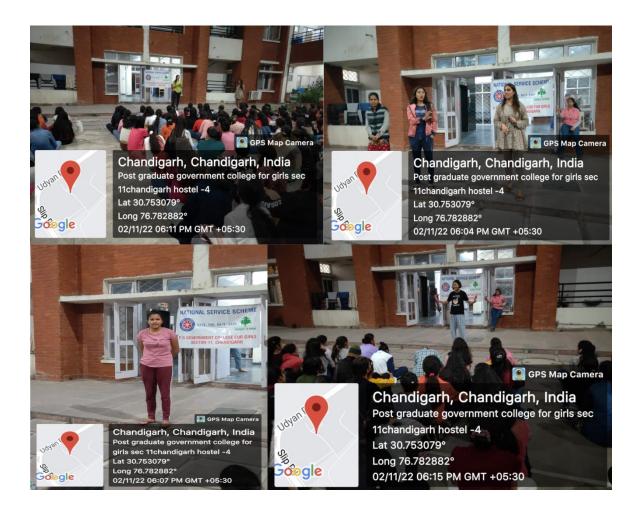
A Blood Donation Camp was organized by the Blood Donation Society along with NSS, and NOSTALGIA the Alumni Association of Post Graduate Government College for Girls, Sector-11 in collaboration with Lions Club Panchkula Premier and Department of Transfusion Medicine, PGI, Chandigarh on 14th October, 2022. The total of 194 students were registered to donate the blood. Arrangements were made for refreshments. Each donor was accorded with a certificate from PGI and a gift along with medicinal plants. The camp received an overwhelming response from the college staff, students and ended on a successful note.



Vigilance Awareness Week October 31-November 6, 2022

Report

An Open House activity was organized under National Service Scheme (NSS) in Post Graduate Government College for Girls, Sector-11, Chandigarh in the premises of the Hostel Campus on 2nd November, 2022. The theme of event was 'Corruption Free India for a Developed Nation'. NSS volunteers have expressed their views on Corruption. Basically, they discussed how they see corruption happening around them by referring to real-life instances. Further, many students shared the various life situation in which corruption happens or situations in which they have seen or heard of corruption. Students also believed that it is important to address the social issues like Corruption because they impact our life and society as a whole. They also believe that we should create a corruption free society. And for that we must start with ourselves, by being honest with ourselves and with others; and never accepting corrupting activities around themselves. The activity was facilitated by NSS Program officer Dr. Ritu Sekhri.



<u>Rajiv Gandhi National Institute of Youth Development, sector 12</u> <u>Chandigarh</u>

Capacity Building Program on Entrepreneurship Development Camp 4 Day-Night Camp (15-18 November,2022)

Submitted by NSS Volunteer Divya sharma and Taranum chugh from PGGCG 11,,chd

Total 38 students from Jammu & Kashmir, Punjab, & Chandigarh region Attended this camp.

15-Novemeber,2022

On day 1 of camp. I reported at RGNIYD at @9:15am, after a small registration process rooms are allotted to us, where we are going to stay for the next 4 days. We got room no 106 along with two roommates. After freshening up we gathered at the conference hall.

Then we were introduced by our program officers and other students from different regions of North India. With a video session, we were introduced to the schedule of the camp. Then after a group photo, the different session on entrepreneurship development, SWOT analysis, and Youth skills with practical exercises was taken by Thokchom Reganchandra Singh Sir and his team.

After all the seminars we all go for a local outing to the sector 17 market and have fun with all volunteers.

16-Novemeber,2022

The day started at @4:50 Am we all went for a morning walk to Sukhna Lake and come back to the hostel at @8:00am.

The seminars start @ 9:30 am With an exercise of concentration and till the end of the day, we understand about skills of youth, listening exercises, and the Pilot Drop Project. We also participated in Tug of war and pick the hanky game.

After all the seminars we all go for a local outing to the sector 22 market and have fun with all volunteers.

17-Novemeber,2022

The day started at @4:50 Am we all went for the morning walk to Sukhna Lake and come back to the hostel at @8:00pm.

The seminars start @ 9:30 am with an exercise of concentration and till the end of the day, we understand leadership quality, made an architectural model of a monument, and also take knowledge of the prime minister employment generation program (PMEGP). After all the sessions we were instructed to participate in the Cultural Night of the camp. All volunteers take part in this event and represented their cultural talent.

18-November-2022

The day started at @8:00 Am after freshening up we reached at the seminar hall at 9 pm.

The seminars start at @9:30am with an exercise of concentration after that the seminar final paperwork of the camp start. RGNIYD facilitate us with one group photograph, a camp certificate, and a lot of good memories to us.



REPORT

STOP RAGGING

On 20.11.2022 an Anti-Ragging program in the form of Nukkad Natak was organized under National Service Scheme (NSS) in Post Graduate Government College for Girls, Sector-11, Chandigarh. The natak was performed in the premises of the Hostel Campus under the vivacious guidance of Prof. (Dr). Anita Kaushal. The NSS Program Officer, Dr. Ritu Sekhri aimed at making students aware with respect to ragging and how it affects the lives of people victimized by it through this performance.





POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS, SECTOR-11, CHANDIGARH

A Brief Report on World Aids Day-2022

PGGCG-11, Chandigarh organised Candle Lighting Programme with a theme "Rock the Ribbon m collaboration with RED Ribbon Society and NSS National Service Scheme making the World Aids Day in the college campus on 1" December, 2022. Dr. Anarita Sharma. Convenor, Red Ribbon Society, Dr. Ritu Sekdri, NSS Program Officer coordinated the programme. 150 NSS Volunteers also contributed to make the programme inccessfel. World Aids Day is the perfect time for us to raise much needed awareness about HIV. Activities like Nukkad Natak, Mass Rally and Candle ligheing were organised under the guidance of Prof. (Dr.) Anita Kashal, Principal, PGGCG-11, Chandigarh. The students were sensinized about the progress in ending Acipired Immune Deficiency Syndmune and progress towards attaining universal health to achieve an AIDS-free genention.



SEVEN DAY NIGHT CAMP (2022-23)

Post Graduate Government College for Girls Sector-11 Chandigarh organised Seven Day/ Night Camp under the able guidance of Principal (Dr.) Anita Kaushal on the Theme "Youth for National Integration, Social Responsibility and Cleanliness" which officially kicked off 24th December to 30th December 2022. Several activities were organised in this camp as Stone Painting Competition, Cleanliness drive, Awareness rallies against Covid-19 in the adopted village Khuda Jassu, bookmard Making competition and expert talk by resource person.

23RD RASHTRIYA KATHA SHIVIR

11FEBRUARY TO 19 FEBRUARY 2023

AT VILLAGE PRANSLA DISTRICT RAJKOT GUJARAT

NSS students attended the 23rd Rashtriya Katha Shivir from 11th February to 19th February at pranshala district Rajkot Gujarat. Many great leaders inculcated the feeling of patriotism in students. The Rashtriyata Shivir at Pransala Village in Gujarat served as a transformative experience for NSS students, molding them into individuals with a deep sense of patriotism, discipline, and a commitment to the principles of a soldier. The camp successfully bridged the gap between theoretical knowledge and practical application, leaving an indelible mark on the hearts and minds of the participants.



WOMEN'S DAY

Small seminar was conducted in pic about the women's day celebration on 8tg March, 2023. We talked about the increasing role of women in scientific and technology sector. The chief guest was Dr. Rishemjeet Kaur, Principal scientistat CSIR, she gave a very motivating lecture to the students of NSS. It was an interactive session, students also presented their point of views about the women empowerment.

SURVEY

The National Service Scheme (NSS) students conducted a comprehensive survey on 1 April, 2023 at the adopted village Khuda Jassu to assess the employment and educational status of individuals between the ages of 15 and 29. The objective was to gain insights into the demographic's engagement in either employment or educational pursuits, shedding light on the opportunities and challenges faced by this age group. The NSS survey offers valuable insights into the employment and educational landscape of individuals aged 15-29. The findings will serve as a foundation for targeted initiatives and policies aimed at addressing challenges and maximizing opportunities for this demographic.





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BLOOD DONATION CAMP

The Blood Donation Society of Post Graduate Government College for Girls, Sector-11 Chandigarh in collaboration with Department of Transfusion Medicine, PGI, Chandigarh and Lions Club Panchkula Premier organized a Blood Donation camp in association with the NSS units of the college and NOSTALGIA the Alumni Association of college on 05th April, 2023. Students enthusiastically gathered and registered for blood donation. A total of 51 unit of blood was collected. Arrangements were made for. Each donor was motivated and accorded with a certificate, gift and refreshments. The camp received an overwhelming response from the college staff, students and ended on a successful note.