

**POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS  
SECTOR-11, CHANDIGARH**



**COURAGE TO KNOW  
Red Ribbon Club  
(Session:2023-2024)**

**Aims**

The Red Ribbon Club/Pink Ribbon Club of the college is a committed effort of the student volunteers to generate social awareness on the malaise of HIV/AIDS and Cancer, make the society conscious and alert about its various dimensions and serve as change-agents in the interest of the citizens and nation as a whole.

**Objectives**

1. To sensitize young women on the causes and concerns related to HIV/AIDS and Cancer.
2. To dispel myths about HIV/AIDS and Cancer.
3. To generate awareness on the issues and suggest safeguards.
4. To carryout community-oriented and extension activities in the wider interest.
5. To develop organizational and leadership skills in the students so that they serve as change-agents in the society.
6. To organize programmes/activities inconsonance with above objectives.

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1.	Orientation	1 August, 2023	1
2.	Red Run (5Km Long Race )for HIV/AIDS AWARENESS	10 September, 2023	2
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6	<b>Outcome</b>		6

## **ORIENTATION PROGRAMME**

RED RIBBON SOCIETY/ PINK RIBBON SOCIETY of Post-Graduate Govt. College for Girls, Sector-11, Chandigarh organized its Orientation Programme for the session 2023-24 on 1<sup>st</sup> August, 2023. During the orientation, the students were sensitized about the risk of HIV/AIDS/CANCER the world over and especially in India. Addressing the volunteers, Dr. Anurita Sharma, Convener of the society stressed that more than forty million people are living with HIV/AIDS/CANCER all over the world. Out of these thirty-seven million people are youth, which shows the gravity of the situation. The students from BCA -3<sup>rd</sup> year also expressed their views on HIV/AIDS/CANCER. They highlighted the causes of the growing problem and elaborated the precautions that need to be undertaken.

More than 200 volunteers enrolled as members and an executive body of the society was constituted. An Interactive-session was also a major component of the programme which shattered many myths about HIV/AIDS/CANCER being propagated in the society. Suggestions were invited from the volunteers regarding proposed activities to be undertaken by them during the session.

On this occasion, the students took an oath to work sincerely in this direction.



**Orientation Programme of Red Ribbon Club**

## RED RUN

Under the able guidance of Principal Madam Prof (Dr) Anita Kaushal, one team Comprising of 12 student members of Red Ribbon Society participated in RED RUN for HIV/AIDS AWARENESS on 10<sup>th</sup> September, 2023. This event was organized by Chandigarh State AIDS Control Society. The idea behind this event was to create awareness about HIV/AIDS through the 5KM Race. The Chief Guest for the event was Dr. Dharampal IAS, Advisor to the Administrator, UT, Chandigarh. Dr. Dharampal flag off the 'RED RUN'. The 5km long races started from the Sukhna Lake and conclude at the Sukhna Lake while passing through different sectors of Chandigarh.



**RED RUN to Create AIDS Awareness**

## Rangoli Making Competition

Under the able guidance of Principal Madam Prof. (Dr.) Anita Kaushal a Rangoli competition was organised on 26<sup>th</sup> September, 2023 by Red Ribbon Society of PGGCG-11, Chandigarh in Collaboration with Microbiologists Society of India. Around 20 students participated in the activity. Beautiful Rangoli was made by the participants. Objective of this activity was to perpetuate the awareness about information regarding HIV/AIDS and spread of water borne viral diseases and precautions that should be adapted by common man. First, Second and Third positions were bagged by Nikita of M.Sc. II (Botany), Anchal of B.Sc. 3<sup>rd</sup> (Medical) and Jasbir Kaur of B.Sc.3<sup>rd</sup> (Medical). This activity was judged by Dr. Sadhna Verma of Chemistry Department. The students were motivated by the presence of chief guest of the activity Respected Madam Principal Prof.(Dr.) Anita Kaushal.



## Rangoli Making Competition for AIDS Awareness

## Cyclothon

Under the able guidance of Principal Madam Prof (Dr) Anita Kaushal, one team Comprising of 20 student members of Red Ribbon Society participated in State Level Cyclothon (Bicycle Rally) for HIV/AIDS AWARENESS on 27<sup>th</sup> November 2023. This event was organized by Chandigarh State AIDS Control Society. The idea behind this event was to create awareness about HIV/AIDS through the Cyclothon. A question answer session on HIV/AIDS awareness was also a part of the rally and prizes were distributed among the winning participants.



## Cyclothon to Create AIDS Awareness

## World AIDS Day

Under the able guidance of Principal Madam Prof (Dr) Anita Kaushal, RED Ribbon Club of PGGCG-11, Chandigarh organized Candle Light March with a theme “Rock the Ribbon” in collaboration with NSS (National Service Scheme) to mark the World Aids Day in the college campus on 1<sup>st</sup> December, 2023. Dr. Anurita Sharma, Convenor, Red Ribbon Society, Dr. Ritu Sekhri, NSS Program Officer coordinated the programme. 150 NSS Volunteers also contributed to make the programme successful. World Aids Day is the perfect time for us to raise much needed awareness about HIV. Activities like Nukkad Natak, Mass Rally and Candle lighting were organized under the guidance of Prof. (Dr.) Anita Kaushal, Principal, PGGCG-11, Chandigarh. The students were sensitized about the progress in ending Acquired Immune Deficiency Syndrome and progress towards attaining universal health to achieve an AIDS-free generation.



## Candle March to Mark World AIDS Day

## **Outcome**

Awareness regarding global solidarity and shared responsibility was spread through various activities like poster making and slogan writing. We will be able to understand how social, economical and cultural factors affect the exposure of the HIV disease.