

Post Graduate Govt. College for Girls Sector 11, Chandigarh



NOSTALGIA – Alumni Association

REPORTS

2023-2024

Sr. No.	Date of Activity	Name of Activity
1.	26 th August 2023	One day Skill based Training Workshop on Role of Honey Bee in conserving Biodiversity (Dept. of Zoology)
2.	2 nd September 2023	Reflections on Teaching English Literature - Panel Discussion (Dept. of English)
3.	16 th September 2023	A talk on Nitrogen Fixation (Dept. of Botany)
4.	16 th September 2023	Careers Opportunities in Home Science (Dept. of Home Science)
5.	16 th September 2023	The path towards Internship after College Education (Dept. of Economics)
6.	22 nd September 2023	A talk on Journey after PGGCG-11 (Dept. of Commerce)
7.	23 rd September 2023	An interactive session by Alumni (Dept. of French)
8.	3 rd October 2023	Blood Donation Camp (Dept. of Commerce)
9.	6 th October 2023	Knowing Indian Culture: A Reflection on the Philosophical Indicators (Dept. of Philosophy)
10.	30 th January 2024	Drug abuse prevention & strategies (Dept. of Psychology)
11.	14 th February 2024	Celebrating Vasant Panchami and Saraswati Puja (Dept. of Music)
12.	28 th February 2024	Alumni Report 2024 (Dept. of Hindi)
13.	5 th March 2024	Nostalgia Annual Alumni Meet

ACTIVITY-I: ONE DAY SKILL BASED TRAINING WORKSHOP ON ROLE OF HONEY BEE IN CONSERVING BIODIVERSITY

Date: 26th August 2023

Department of Zoology, PGGCG-11 in association with Nostalgia, the Alumni Society of the College organized a Department of Science and Technology sponsored One Day Skill Based Training Workshop on Role of Honey Bee in Conserving Biodiversity on 26th Aug., 2023.

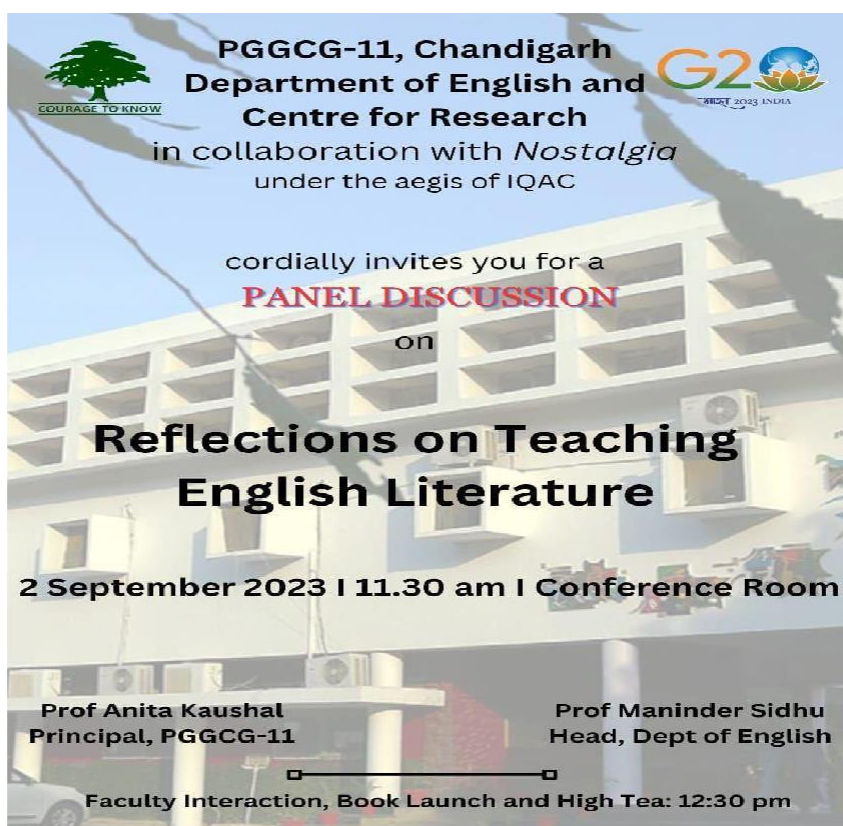
The aim of the workshop was to emphasize on the importance of honey bees and their role as pollinators in conserving biodiversity. Dr. Arul Rajan, Director, Department of Science and Technology was the Chief Guest on the occasion. The workshop began with a very interesting lecture delivered by the college alumina Prof. (Dr.) Neelima R Kumar, Ex- Chairman, Department of Zoology, Panjab University. Dr. Neelima elaborated various aspects of life cycle of honey bee and explained the intricate mechanism of honey formation. The lecture was followed by a live demonstration and hands on training on honey bee rearing by Mr. Madan Sharma. Students enthusiastically participated in this training programme.

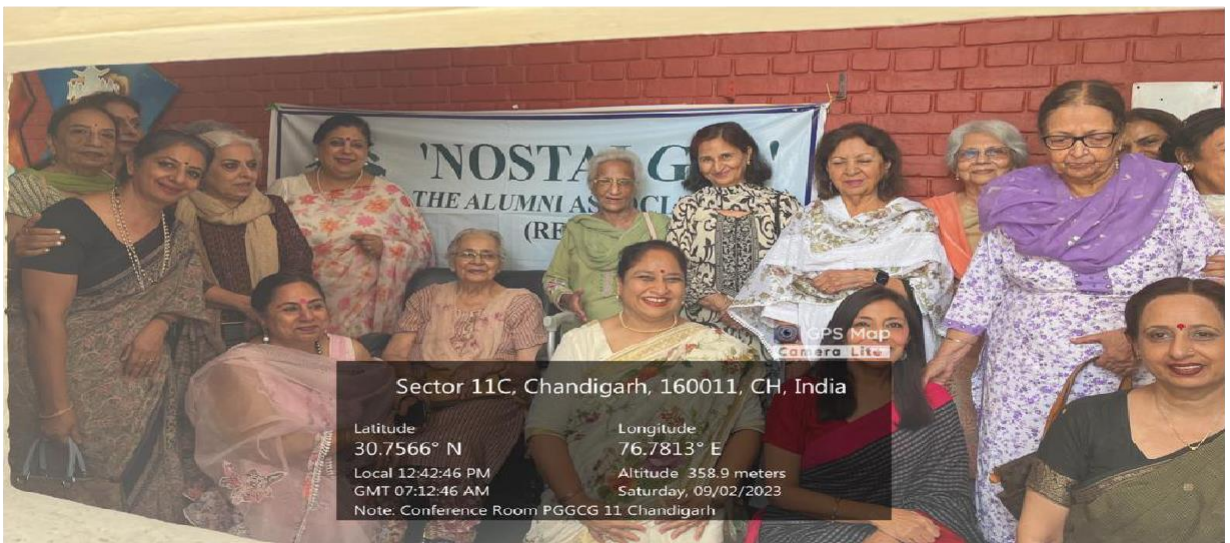


ACTIVITY-II: REFLECTIONS ON TEACHING ENGLISH LITERATURE - PANEL DISCUSSION

Date: 2nd September 2023

The Department of English, Post Graduate Government College for Girls sector 11 Chandigarh, in collaboration with NOSTALGIA (alumni association of the college) organised a Panel Discussion, under the aegis of IQAC, on September 02, 2023 in the conference room. The discussion was conducted under the title "Reflections on Teaching English Literature". The interaction began at 11:30 am that lasted for an hour and was followed by high tea. The guests for the event were cordially welcomed by Prof. Maninder Sidhu, Head of the Department of English. Among the former faculty members were Mrs. Hemprabha Sood, Mrs. Jasbir Kaur, Mrs. Satwant Grewal, Mrs. Gurmeet Malik, Mrs. Usha Prashar, Mrs. Iqbal Judge, Mrs. Shashi Malik, Mrs. Neelkamal Puri and many other veterans of the field. The discussion was moderated by Mrs. Neelkamal Puri who served as a bridge between the present faculty members and the invitees. Prof. Anita Kaushal, Principal of the college also joined the interaction. The guests reflected on their experiences of being an English teacher. The nostalgic moment revived a lot of memories on this reminiscent visit. They also shared their ideas on relevance of English Literature and made the interaction an intellectual treat. On this occasion, Prof. Maninder Sidhu, presented her recently published book titled "Nayantara Sahgal: A Century of Political Insight", to the Department of English. The event successfully concluded with a positive note of carrying on this tradition and making it an annual affair.





ACTIVITY-III: A TALK ON NITROGEN FIXATION FOLLOWED BY AN INTERACTIVE SESSION

Date: 16th September 2023

Green Thumbs – The Botanical Society in collaboration with NOSTALGIA – The Alumni Association of PGGCG-11, Chandigarh organized a talk on Nitrogen Fixation followed by an Interactive Session. The resource person was Dr. Shyna Bhalla, Assistant Professor (Life Sciences), Rayat Bahra University, Mohali. Dr. Shyna Bhalla is an alumnus of Botany from 2014-2016 batch. She gave her powerpoint presentation on an important topic “Nitrogen Fixation” from Plant Physiology. The programme started with her introduction to students by Dr. Amit Jakkhal. All the faculty of Botany along with 44 students of M.Sc. II Botany were benefitted by her expert knowledge on the topic. The presentation was followed by an Interactive session. Dr. Shyna guided M.Sc. students regarding preparation of various entrance exams including NET-JRF. She answered various queries raised by the students. She emphasized on carrying out self-assessments during the preparation. Dr. Anurita Sharma, HOD Botany along with other faculty members of Botany presented a token of appreciation to the resource person. The programme ended with vote of thanks by Ms. Ruchika, CR, MSc II Botany.

The brochure features a dark wood-grain background. At the top, there are three logos: the 75th anniversary of India (75 आजादी का अमृत महोत्सव), the 'Green Thumbs' logo with a tree and the motto 'COURAGE TO KNOW', and the 'G20' logo with the motto 'भारत 2023 INDIA'. The text in the center reads: 'POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS SECTOR 11, CHANDIGARH. Green Thumbs – The Botanical Society in collaboration with NOSTALGIA – The Alumni Association organizes A Talk on Nitrogen Fixation followed by An Interactive Session by our alumnus on 16.09.2023 (Saturday) at 10.30 am in PG Lab of Botany'. Below this, there are two portrait photos. The left one is of Dr. Shyna Bhalla, Assistant Professor at the Department of Life Sciences, Rayat Bahra University, Mohali. The right one is of Prof. (Dr.) Anita Kaushal, Principal and Patron. At the bottom, the Convener is listed as Dr. Anurita Sharma, and the Organizing Committee includes Dr. Madhumita Bhattacharjee, Dr. Anju Palwal, Dr. Amit Jakkhal, and Dr. Shikha Sharma.

Brochure of the event



Resource person along with faculty members of Botany



Dr. Shyna Bhalla giving her presentation



Dr. Shyna Bhalla during Interactive session

ACTIVITY-IV: CAREERS OPPORTUNITIES IN HOME SCIENCE

Date: 16th September 2023

Department of Home Science organized alumna talk on 16th September 2023 in Room number 120. Ms. Harmanjot (2014-17 batch) delivered an insightful speech on the topic of “Career Opportunities in Home Science”. Ms. Harmanjot began by highlighting the broad scope of Home Science, emphasizing that it encompasses various aspects of daily life, including nutrition, clothing, family resource management, and child development. Home Science professionals play a pivotal role in enhancing the overall quality of life. She emphasized the academic and research prospects in Home Science, such as pursuing undergraduate and postgraduate degrees in fields like nutrition, textiles, and family studies. Home Science graduates can work as dietitians, nutritionists, or even start their own nutrition consultancy. The growing fashion industry was highlighted as a potential area for career growth. Home Science graduates can work as family therapists, child psychologists, or counselors, contributing to the wellbeing of society. Ms. Harmanjot encouraged and motivated the students to consider starting their ventures, such as catering services, event planning, or boutique businesses, capitalizing on their expertise in various aspects of Home Science.

Ms. Harmanjot's interactive talk shed light on the numerous career opportunities available within the field of Home Science.

The poster is for a talk organized by the Department of Home Science at Post Graduate Government College for Girls, Sector 11, Chandigarh. It is under the aegis of IQAC and in collaboration with Nostalgia, The Alumni Association. The talk is on "Career Opportunities in Home Science" and is presented by Ms. Harmanjot, a 2014-17 batch alumna and faculty at Brookfield International School, New Chandigarh. The event is scheduled for 16.09.23 from 12:00-1:00 PM in Room No. 120. The poster features logos for the college, IQAC, and Nostalgia, along with a portrait of Ms. Harmanjot.

**POST GRADUATE GOVERNMENT COLLEGE
FOR GIRLS, SECTOR 11 , CHANDIGARH**

DEPARTMENT OF HOME SCIENCE
(Under the aegis of IQAC)

**In collaboration with Nostalgia
THE ALUMNI ASSOCIATION**

**is Organising a Talk on
CAREER OPPORTUNITIES IN
HOME SCIENCE**

Ms. Harmanjot
(2014-17 Batch)
Faculty
Brookfield International
School , New Chandigarh

Date
16.09.23

Time
12:00-1:00PM

VENUE
ROOM NO. 120



GPS Map Camera

Chandigarh, Chandigarh, India
11c, Madhya Marg, 11C, Sector 11, Chandigarh, 160011, India
Lat 30.75615°
Long 76.782318°
16/09/23 12:22 PM GMT +05:30

Google



GPS Map Camera

Chandigarh, Chandigarh, India
post Graduate Government College for girls, Sector 11,
Chandigarh, 160011, India
Lat 30.756085°
Long 76.782198°
16/09/23 12:38 PM GMT +05:30

Google

ACTIVITY-V: THE PATH TOWARDS INTERNSHIP AFTER COLLEGE EDUCATION

Date: 16th September 2023



**Post Graduate
Government College
for Girls Sector-11,
Chandigarh**

**PG Department of
Economics**

In Collaboration With
Nostalgia-The Alumni Association
Welcomes Our Alumnae

Preetika -interning with RBI and is assigned to the National Accounts Analysis Division (NAAD).

Vishaka- interning with the Competition Commission of India.

Mantisha -interning with the Competition Commission of India.

For an interactive session with students of post graduation on

“The Path towards Internship after College Education.”

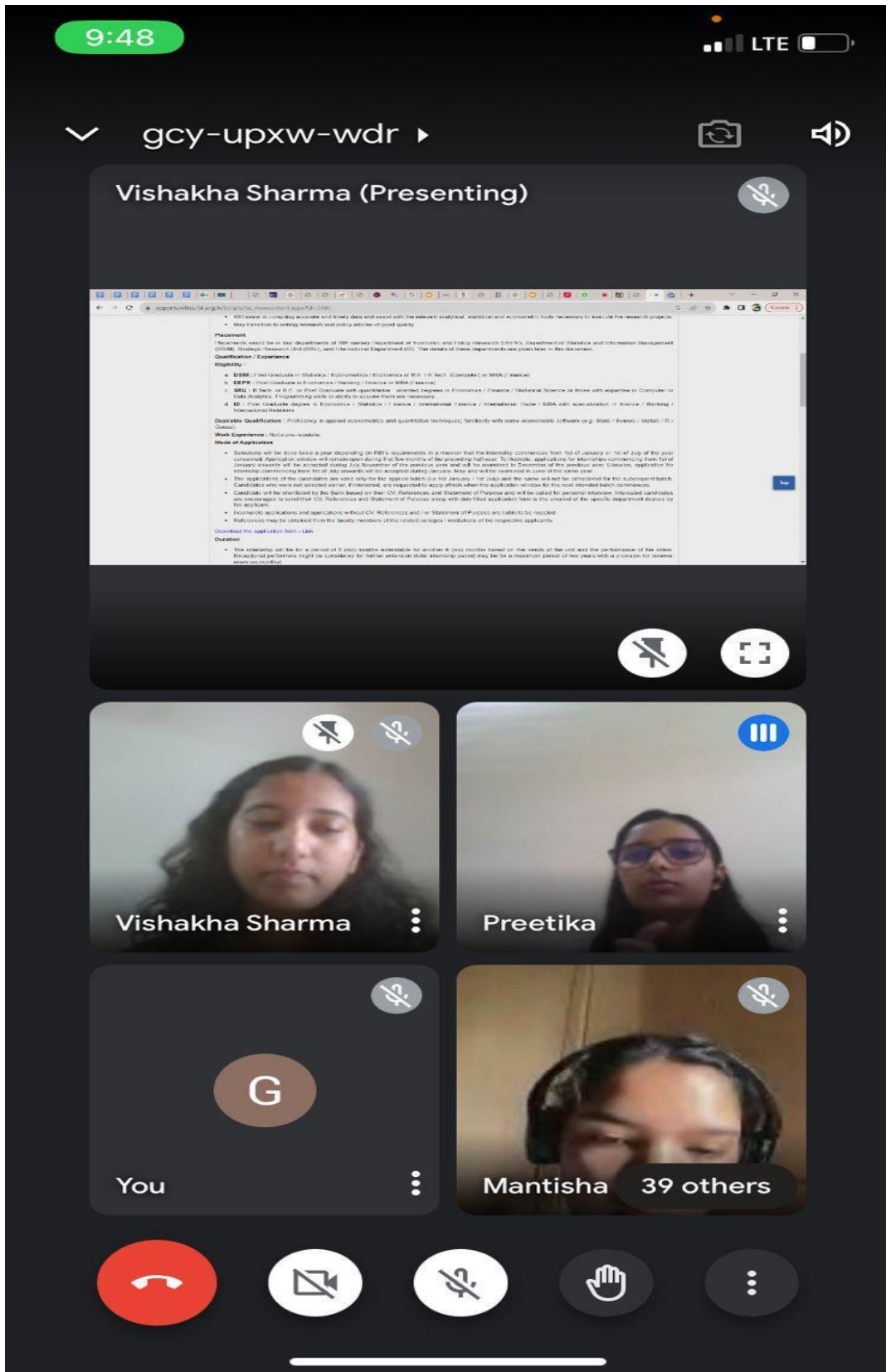
In Collaboration with Nostalgia (The Alumni Association of PGGCG-11), the Post Graduate Department of Economics organized an interactive session with our Alumnae on “The Path towards Internship after College Education.” The session guided the students how to get an internship which suits their interest and current qualification.

The session was a joint effort of three of our successful alumnae.

1. Preetika (Roll No. 7357), who is currently interning with RBI and is assigned to the National Accounts Analysis Division (NAAD).
2. Vishaka (Roll No. 7364), currently pursuing her internship with the Competition Commission of India.

3. Mantisha (Roll no. 7361), currently pursuing her internship with the Competition Commission of India.

The students of M.A I & M.A II attended the event. The session was knowledgeable and guided the students on the process of how to go about it. Speakers were able to satisfy them by providing answers to their queries. It was a successful event as students felt enlightened by knowing the pre-requisites of getting into internships.



ACTIVITY-VI: A TALK ON JOURNEY AFTER PGGCG-11

Date: 22nd September 2023

A talk on the “PATHWAY TO SUCCESS” by Alumnae of PG Department of Commerce in association with “NOSTALGIA” of Post Graduate Government College for Girls Sector 11, Chandigarh was organized on 22ND SEPTEMBER 2023 at 12:00 PM. Our Alumnae Shivangi Walia (Batch 2012-15), well renowned TV and Radio Presenter shared her journey and experiences. Dr. Meenu Verma HOD, Commerce welcomed the alumnae.

The purpose of the talk was to motivate the students to work hard and to provide information about career as content writer and content producer. She shared her views about the skills required to be successful in this career and ways and means to sharpen the same. She also enlightened the students about the start-ups and the problems encountered in setting up the start-up projects. She also guided the students about funding of start-up projects.

She highlighted that Commerce Department has always been wind beneath wings of the students and umbrella over their heads. She underlined that all the teachers of Commerce Department have always been willing to help and guide.

She emphasized that one needs to believe in oneself and have some “Me Time”. She also highlighted that you never know what you can achieve unless and until you try. It is important to set goals as early as possible and to start working towards attainment of the same. She also added that don't crib as life is always tough and it keeps on going. Overall lecture was very entertaining and students learnt so many things.



ACTIVITY-VII: AN INTERACTIVE SESSION BY ALUMNI

Date: 23rd September 2023

Under the able guidance and support of Prof. (Dr.) Anita Kaushal, Principal, Post Graduate Govt. College for Girls, Sector-11, Chandigarh, the Arc-en ciel Society (Department of French) in collaboration with NOSTALGIA-The Alumni Association, PGGCG-11, Chandigarh, organised an Alumni Talk on 23rd September, 2023 at 12 p.m, in room no. 210. Our alumnae, Ms. Gurjinder Kaur, Assistant Superintendent of Police, Central Jail, Patiala (Punjab) and Ms. Shivani Sharma, Educator, Strawberry Fields High School, Sector-26, Chandigarh, were welcomed by Ms. Simran Kaur of B.A-III. Both the speakers talked about their experience of learning French and motivated the students to work hard. They also addressed the questions and queries of our students. The students felt really motivated and encouraged. It was an engaging talk. Around 45 participants were present. Dr. Asha Kiran, Head (Dept of History), Dr. Chandan Lala Gupta, Head (Dept. Of Sanskrit) and Dr. Ambuj, Head (Dept of Philosophy) graced the occasion with their presence. At the end, the vote of thanks was presented by Dr. Nidhi Sharma, Head (Dept of French) and Nikita of B.A-III.

The poster features logos for the 75th anniversary of India's independence, the college's motto 'COURAGE TO KNOW', and the G20 India 2023 logo. It lists the speakers: Gurjinder Kaur (Assistant Superintendent of Police, Patiala) and Shivani Sharma (Educator, Strawberry Fields High School). The event is organized by the Arc-en-ciel Society in collaboration with NOSTALGIA-The Alumni Association. The date is 23 September 2023 at 12:00 P.M. in Room No. 210. The convener is Dr. Nidhi Sharma (HOD, Deptt of French) and the patron is Prof. (Dr.) Anita Kaushal (Principal, PGGCG-11, Chandigarh).



11c, Madhya Marg, 11C, Sector
11, Chandigarh, 160011, India
23 Sep 2023 12:17 pm

clear sky
26.0 °C



ACTIVITY-VIII: BLOOD DONATION CAMP

Date: 3rd October 2023

The Blood Donation Society of Post Graduate Government College for Girls, Sector-11 Chandigarh in collaboration with Department of Transfusion Medicine, PGI, Chandigarh and Lions Club Panchkula Premier organized a Blood Donation camp in association with the NSS Unit of the college and NOSTALGIA the Alumni Association of college. Students enthusiastically gathered and registered for blood donation. Principal Prof. (Dr) Anita Kaushal was the chief guest for the occasion she motivated and applauded the donors. A total of 217 students were registered and 108 unit of blood was collected. Each donor was accorded with a certificate, gift and refreshments. The camp received an overwhelming response from the college staff, students and ended on a successful note.





ACTIVITY- IX: KNOWING INDIAN CULTURE: A REFLECTION ON THE PHILOSOPHICAL INDICATORS

Date: 6th October 2023

The Department of Philosophy, PGGCG11, Chandigarh, under the patron ship of Principal, Prof. Dr. Anita Kaushal and with encouragement from HOD, Department of Philosophy, Dr. Ambuj Sharma, organized a seminar as a continuation of "Dialogue" series.

The topic of discussion for this seminar was 'Knowing Indian Culture: A Reflection on the Philosophical Indicators' and respected Dr. Shivani Sharma, faculty, Department of Philosophy, Panjab University Chandigarh was the speaker. The session was chaired by Neha a student from BA First year. It was an hour long session which began with the chairperson introducing herself and making the attendees familiar with the rules and agenda of the seminar. This was followed by the felicitation of the speaker with little saplings by the Philosophical Society. After which the chair introduced the audience to the speaker by a giving a brief account on her professional life as well as her interests and hence letting the speaker have her time to

The speaker began with setting the basics straight by making the audience familiar with the neutral approach to perspectives and views of different people. She then explained how for the longest times philosophy has been seen through the lens of Western philosophers because of which it took a while for Indian philosophy to come to light which means that it has always existed and has one of the oldest living histories. Then she went on to explain various aspects of Indian Culture and how it has progressed. And in regards to this she then mentioned about historical approach and ways of living associated to Indian Culture. Further she added more talking about various terms from religious texts like Upanishads and Vedas as well as Buddhist texts.

The attendees were then invited for their queries and feedbacks which were well cleared and heard by the speaker. Then Ayushi Gill (BAII) was called in by the chairperson for the vote of thanks after which Dr. Ambuj Sharma expressed his gratitude for mostly to the speaker for enlightening everyone. The seminar was then concluded by the chairperson with a short note on her thoughts for the seminar and expressing her gratitude for the opportunity of chairing the seminar. The seminar was a great success with the participation of faculty members such as Dr. Deepak Rawat, Dr. Prakash Chandra, Dr. Asha Kiran from Department of History.



Students during the session

ACTIVITY-X: VADA - INTERACTIVE SESSION ON DRUG ABUSE PREVENTION & STRATEGIES

Under the able guidance of our worthy principal Prof Dr Anita Kaushal, the members of VADA Club organised an Interactive session on drug abuse prevention and its strategies by the Resource persons MS Lavisha Dalal and MS Himanshi Aggarwal. Ms. Lavisha being our own alumna graced our students with her presence and expertise.

Both are the founders of ALPAS Therapy - a reputed platform which provides drug and alcohol addiction counselling to individuals and families.

To mark as a token of respect on Martyrs Day today, Students also took a pledge under the Nasha Mukta Bharat Abhiyaan to make Chandigarh drug-free.

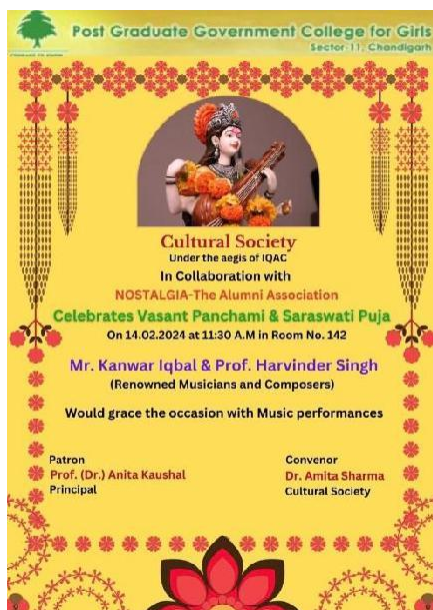
Overall the session offered engaging and relevant content throughout. The session allowed ample time for questions and discussion, fostering an environment for knowledge sharing and exchange of ideas. Students were encouraged to actively participate, share insights, and contribute to the conversation. The session was well-paced, with the facilitator effectively managing time to cover all planned topics without rushing.





ACTIVITY-XI: CELEBRATING VASANT PANCHAMI AND SARASWATI PUJA

Date: 14th February 2024



The Cultural Society of P.G. Government College for Girls Sector 11 Chandigarh in collaboration with Nostalgia, the Alumni association of the college celebrated the Basant Panchmi in the music department on 14.02.2024. The cultural society organized music performances by Mr. Kanwar Iqbal & Prof. Dr. Harvinder Singh. The function was started with the lighting of lamp and offering flowers to Maa Saraswati. Principal Professor Dr. Anita Kaushal, Dean Mr Ajay Sharma. Vice Principal Dr. Guneeta Chadha welcomed the guest artists with a bouquet. Mr. Kanwar Iqbal performed raga Basant Mukari and Thumri Chalo Hato Bhayia and Prof Harvinder Singh performed vilambit and drut khayal in raga Basant, Bahar and raga basant bahar. It was memorizing musical experience.



The Performance was highly appreciated by all the listeners and the students in particular. Head of Music Instrumental department Dr. Amita Sharma thanked the guest musicians for motivating the students and sharing such precious knowledge.



ACTIVITY-XII: ALUMNI REPORT 2024

Date: 28th February 2024

स्नातकोत्तर राजकीय कन्या महाविद्यालय,सेक्टर -11, चंडीगढ़ के हिन्दी विभाग की ओर से 'एलुमनाई मीट 2024'का आयोजन दिनांक 28.02.2024 को किया गया . इस मीट का शुभारम्भ प्राचार्य प्रो. अनिता कौशल के निर्देशन में हुआ . अपने स्वागत संबोधन में डॉ. मोहन लाल जाट,विभागाध्यक्ष-हिंदी विभाग ने सभी वक्ताओं,विद्यार्थियों, और प्राध्यापकों का स्वागत किया . इस मीट की मुख्य वक्ता डॉ. मनीषा प्रियंवदा ,पूर्व असोसिएट प्रोफेसर & विभागाध्यक्ष -हिंदी विभाग, एम सी एम डी ए वी महाविद्यालय सेक्टर-36 ,चंडीगढ़ ने अपने प्रेरणात्मक विचार रखते हुए कहा कि हमें हमेशा क्रियात्मक रहना चाहिए और निरंतर आगे बढ़ाते रहना चाहिए. सभी गर्ल्स खूब मेहनत करो,आत्मविश्वास रखो हमेशा और गुरुजनों का मार्गदर्शन लेते रहे .

उन्होंने कहा कि जब वे इस महाविद्यालय में आई तो उन्हें गाने,बजाने,पढ़ने,नृत्य,अभिनय का बहुत शौक था. उस समय के प्रोफेसर्स ने मेरी बहुत हेल्प की और मैं निरंतर निखरती चली गई.मुझे हिंदी विभाग की तरफ से ' आभा' पत्रिका का सम्पादक बनाया गया और मैं लिखने लगी . आज मैं जो कुछ भी हूँ, सब उन प्रोफेसर्स की बदौलत हूँ जिन्होंने मुझ पर विश्वास किया और कार्य करने की प्रेरणा दी. आप सबको भी ऐसे आगे बढ़ना है और खुद को स्थापित करना है.

इस मीटिंग में हिंदी विभाग की 153 छात्राएं जुड़ी रही और उन्हें जीवन में आगे बढ़ने की प्रेरणा मिली .

कार्यक्रम का संचालन सुश्री आकांक्षा ने किया तथा धन्यवाद डॉ मीना रानी ने ज्ञापित किया. इस कार्यक्रम में डॉ कमल कृष्ण डा. चंदनलाल गुप्ता,डा.निधि शर्मा, डा. अमनप्रीत कौर और भी उपस्थित रहे .

कुछ झलकियाँ





पोस्ट ग्रेजुएट गवर्नमेंट कॉलेज फॉर गर्ल्स, सेक्टर-11, चंडीगढ़

(NAAC Accredited Grade 'A' 3.16)

हिंदी विभाग द्वारा IQAC के अंतर्गत 28 फरवरी 2024 को 01.00 बजे व्याख्यान आयोजन एवं एल्मनाई मीट में "छात्रार्थ प्रेरणात्मक उद्बोधन"

विषय : नई शिक्षा नीति में मातृभाषा का महत्व



संरक्षिका : प्राचार्या
प्रो. (डॉ.) अनिता कौशल



एल्मनाई वक्ता: डॉ. मनीषा पंचवदा
पूर्व एसोसिएट प्रोफेसर
एम सी एम डी ए वि कॉलेज
सेक्टर-36, चंडीगढ़



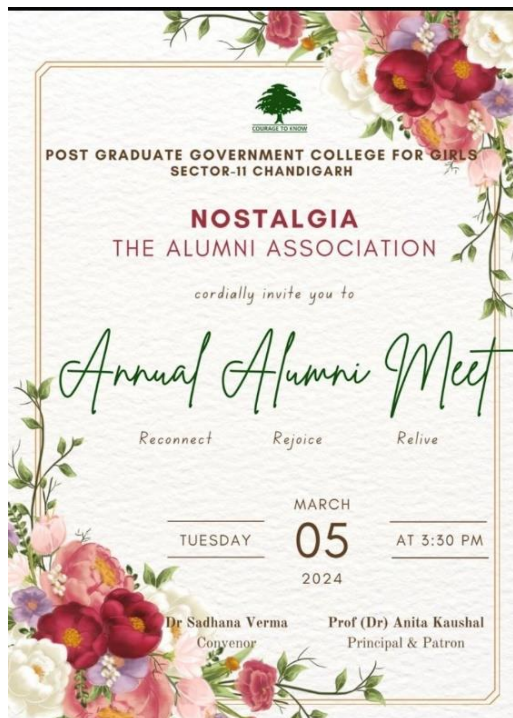
व्याख्यान वक्ता :
प्रो. (डॉ.) अशोक कुमार सर्मवाल
अध्यक्ष - हिंदी विभाग
पंजाब विश्वविद्यालय, चंडीगढ़

सहयोगी : डॉ. कमल कृष्ण
डॉ. मीना रानी

समन्वयक : डॉ. मोहन लाल जाट
हिंदी विभागाध्यक्ष

ACTIVITY-XIII: NOSTALGIA- ANNUAL ALUMNI MEET

Date: 5th March 2024



Nostalgia- Alumni Association of Post Graduate Government College, Sector 11, Chandigarh organised its alumni meet on 5th March, 2024. The Principal, Prof. (Dr.) Anita Kaushal, herself an alumna, was the Chief Guest on the occasion. She has rendered 38 years of exemplary service in the field of education. Close to 100 alumni from various walks of life attended the function. The students put up a scintillating display of dance performances like Rajasthani folk dance- Ghoomar and Manipuri dance, medley of songs adding to the spirit of bonhomie among the members.





The event spread a lot of cheer and laughter among the members who came together for their college reunion. The alumni were seen catching up with old times cherishing the warm bonds of friendship and pleasant memories associated with their college years making it a very refreshing experience for all the attendees. Fun and laughter was recreated with games like Tambola, Antakshri and Musical Chairs; for which prizes as a token of appreciation were also given.



PGGCG-11 Chandigarh has a very active Alumni Association who keep in touch with their alma mater and contribute meaningfully to the institution long after they leave. Many of our distinguished alumni return to the institution to deliver talks and interactive sessions to motivate and encourage the current students of the college.



Also, the release of Newsletter of Nostalgia-2024 was done by worthy Principal Prof. (Dr.) Anita Kaushal along with distinguished alumna. Monika Chawla, alumna from the department of Chemistry of PGGCG-11, Chandigarh expressed her feelings and emotions for the alma mater through reciting Kabir doha and unfolded poetry. She expressed gratitude towards the institution for inculcating skills like commitment, courage, persistence and perseverance in one's life. The alumni ended with some dance on Bollywood beats they recollected the times gone by with nostalgia and wished to be a part of many more such meets which enlivened and enthused them.

