

**POST GRADUATE GOVERNMENT COLLEGE FOR GIRLS
SECTOR-11, CHANDIGARH**



**COURAGE TO KNOW
Red Ribbon Club
(Session:2024-2025)**

Committee Members

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Ms.Ritika**

Aims

The Red Ribbon Club/Pink Ribbon Club of the college is a committed effort of the student volunteers to generate social awareness on the malaise of HIV/AIDS and Cancer, make the society conscious and alert about its various dimensions and serve as change- agents in the interest of the citizens and nation as a whole.

Objectives

1. To sensitize young women on the causes and concerns related to HIV/AIDS and Cancer.
2. To dispel myths about HIV/AIDS and Cancer.
3. To generate awareness on the issues and suggest safeguards.
4. To carryout community-oriented and extension activities in the wider interest.
5. To develop organizational and leadership skills in the students so that they serve as change-agents in the society.
6. To organize programmes/activities inconsonance with above objectives.

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Cyclothon **11 August,2024**

Under the able guidance of Principal Madam Prof (Dr) Anita Kaushal, one team comprising of 20 student members of Red Ribbon Society participated in State Level Cyclothon (Bicycle Rally) on 11th August 2024 at 7:00AM. This event was organized by Chandigarh State AIDS Control Society. A Cyclothon rally was organized with the primary goal of raising awareness about HIV/AIDS. The event aimed to educate the public on the importance of HIV prevention, testing and treatment. Our students actively participated in this significant event, demonstrating their commitment to social causes and public health. The rally began at Sukhna Lake and traversed through key areas of the city, attracting a large number of participants and spectators. Our Students involvement not only contributed to the event's success but also underscored their dedication to community service and advocacy. Overall, the cyclothon rally served as an effective platform for spreading crucial information and promoting proactive health measures among the public.



Cyclothon

Orientation Programme

18 September,2024

The RED RIBBON Club of Government Post-Graduate College for Girls, Sector-11, Chandigarh, held its Orientation Programme for the 2024-25 session on 18th September, 2024. The event focused on raising awareness about the global issues of HIV/AIDS and cancer, particularly in India. Dr. Anurita Sharma, the society's Convenor, emphasized the alarming statistics, noting that over 40 million people worldwide are living with HIV/AIDS and cancer, with 37 million being youth.

During the orientation, B.C.A. III-year students shared their insights on the rising prevalence of these issues, discussing causes and necessary precautions. More than 100 volunteers signed up, and an executive body was formed to lead the initiative. The programme included an interactive session that aimed to dispel common myths surrounding HIV/AIDS and cancer. Participants were encouraged to suggest activities for the year ahead, and students pledged to dedicate themselves to these causes.



Orientation Programme of Red Ribbon Club

RED RUN

RED RUN

21 September, 2024

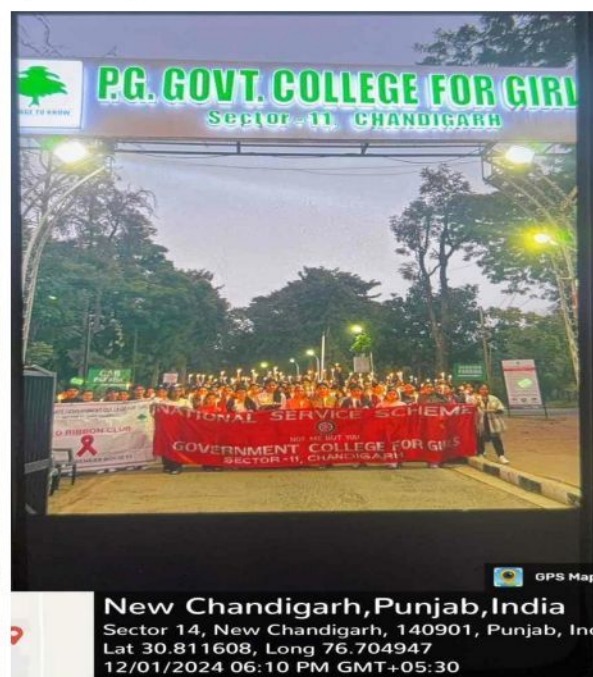
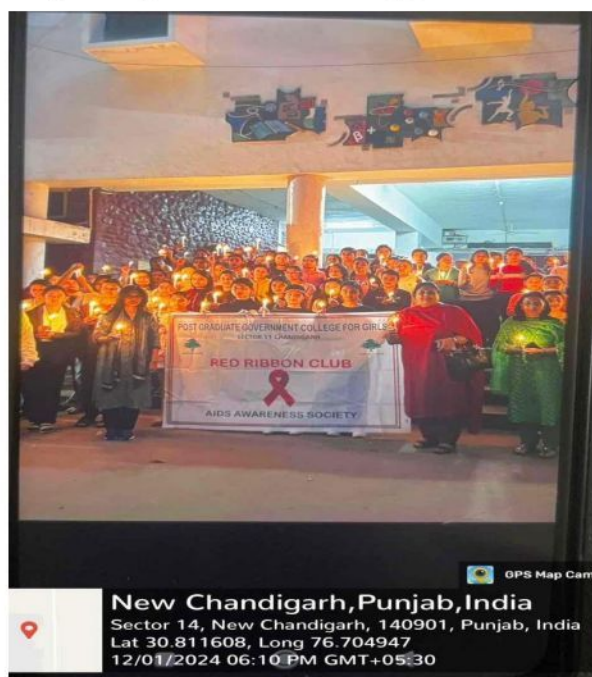
Under the guidance of Principal Prof. (Dr.) Anita Kaushal, A total of 16 student volunteers of RED Ribbon Club participated in the RED RUN, demonstrating their commitment to raising awareness about HIV/AIDS and supporting public health initiatives on 21st September, 2024. Organized by the Chandigarh State AIDS Control Society, the event aimed to raise awareness about HIV/AIDS through a 5 KM race. The run was officially flagged off by the Chief Guest, Mr. Ajay Chagti, Secretary of Health, UT Chandigarh Administration. His presence underscored the importance of this initiative and the government's commitment to combating the stigma surrounding HIV/AIDS. The race commenced and concluded at Sukhna Lake, with participants traversing various sectors of Chandigarh. The scenic route not only encouraged physical fitness but also fostered community spirit among the participants. The primary aim of the Red Run was to educate participants and the wider community about HIV/AIDS, highlighting prevention, treatment, and support for those affected. The event served as a platform to dispel myths and encourage open conversations about the disease.



RED RUN

World AIDS Day **1 December, 2024**

Under the able guidance of Principal Madam Prof (Dr) Anita Kaushal, RED Ribbon Club of PGGCG-11, Chandigarh organized Candle Light March with a Theme: "Take the rights path: My health, my right!" emphasizes the importance of healthcare access and the empowerment of individuals in managing their health. A candle march was a meaningful and impactful event. This annual observance is dedicated to raising awareness about the HIV/AIDS pandemic, supporting those living with HIV, and honoring those who have lost their lives to AIDS-related complications. Dr. Anurita Sharma coordinated the programme in Collaboration with NSS Unit of PGGCG-11. Students volunteers and faculty members came together to walk across the campus, holding lit candles. This symbolic act represented solidarity, hope, and remembrance for those affected by HIV/AIDS. The candles illuminated the night, reflecting the light of compassion and commitment to eradicating the stigma surrounding the disease. The atmosphere was likely filled with a sense of solidarity, commitment, and compassion, reminding everyone of the ongoing battle and the importance of collective effort in spreading awareness and support for those impacted by the disease.



World AIDS Day